



# OptiVision Test Report

**Test Details:**

Test Name: Watch Dot

Test Date: 2024-12-23 18:32:57

Eye	Score
Overall Score	12 / 20

**Feedback:**

Moderate peripheral vision. Consider consulting an eye care professional.

**Our Recommendations:**

- 1. Take regular breaks during screen time.
- 2. Ensure adequate lighting when reading or working.
- 3. Follow up with an eye care professional if issues persist.
- 4. Keep your eyewear prescription up to date.
- 5. Maintain a balanced diet with eye-healthy nutrients.