

Medical Report: Clinical Case Review

Date: 2025-03-06

Patient Name	Susan Sandoval
Age	65
Gender	Female
Marital Status	Divorced
Medical History	Diabetes
Family History	Family history of diabetes

Diagnosis:

Hypertension

Disease Details:

Hypertension, also known as high blood pressure, is a condition where the force of the blood against the artery walls is consistently too high. Hypertension can lead to serious health complications such as heart disease, stroke, and kidney failure. It is often referred to as the 'silent killer' because it may not show obvious symptoms until it's too late. Lifestyle changes, including a healthy diet, regular physical activity, and reducing stress, are crucial for managing hypertension. Medications such as ACE inhibitors, beta-blockers, and diuretics are commonly prescribed to control blood pressure levels.

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Treatment Plan:

Daily medication for 3 months.

Doctor's Signature: _____

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Official Clinic Stamp