

Lecture Note 3

1 Recap: L -smoothness and m -strong convexity and its properties

Definition 1 (*L -smooth functions*) A function $f(x)$ is L -smooth if its gradient is Lipschitz continuous. For any $x, y \in \Omega$,

$$\|\nabla f(x) - \nabla f(y)\| \leq L\|x - y\|,$$

where $L \geq 0$. If $f(x)$ is both convex and L -smooth, then it has the following properties:

$$g(x) = \frac{L}{2}x^T x - f(x) \quad \text{is convex,}$$

$$f(y) \leq f(x) + \nabla f(x)^T(y - x) + \frac{L}{2}\|y - x\|_2^2,$$

$$\nabla^2 f(x) \preceq LI.$$

Definition 2 (*m -strongly convex functions*) A function $f(x)$ is m -strongly convex iff one of the following equivalent conditions holds. For any $x, y \in \Omega$,

$$g(x) = f(x) - \frac{m}{2}x^T x \quad \text{is convex,}$$

$$(\nabla f(x) - \nabla f(y))^T(x - y) \geq m\|x - y\|^2,$$

$$f(y) \geq f(x) + \nabla f(x)^T(y - x) + \frac{m}{2}\|y - x\|^2,$$

$$\nabla^2 f(x) \succeq mI.$$

2 Quadratic Lower Bound

With m -strong convexity, the following is true

$$\frac{m}{2}\|x - x^*\|^2 \leq f(x) - f(x^*) \leq \frac{1}{2m}\|\nabla f(x)\|^2$$

Implications:

- $\|\nabla f(x)\|$ is small $\implies f(x) - f(x^*)$ and $\|x - x^*\|$ are small.
- f has a unique minimizer.

Theorem 1 If $f(x)$ is m -strongly convex, and L -smooth, then for $\mu = \frac{1}{L}$, and the gradient descent update being

$$x_{t+1} = x_t - \mu \nabla f(x_t).$$

The following convergence result can be achieved

$$f(x_t) - f(x^*) \leq \left(1 - \frac{m}{L}\right)^t (f(x_1) - f(x^*))$$

Proof The quadratic bound gives us:

$$\begin{aligned}
f(x - \mu \nabla f(x)) &\leq f(x) - \mu \left(1 - \frac{\mu L}{2}\right) \|\nabla f(x)\|_{\ell_2}^2 \\
\implies f(x^+) - f(x^*) &\leq f(x) - f(x^*) - \mu \left(1 - \frac{\mu L}{2}\right) \|\nabla f(x)\|_{\ell_2}^2 \\
\implies f(x^+) - f(x^*) &\leq (1 - \mu m(2 - \mu L))(f(x) - f(x^*)) \\
&\leq \left(1 - \frac{m}{L}\right) (f(x) - f(x^*)) \\
\implies f(x_t - x^*) &\leq \left(1 - \frac{m}{L}\right)^t (f(x_1) - f(x^*))
\end{aligned}$$

which concludes the proof. ■

The convergence rate can be obtained as

$$\begin{aligned}
f(x_t - x^*) &\leq \left(1 - \frac{m}{L}\right)^t (f(x_1) - f(x^*)) \leq \epsilon \\
\implies t &\geq \frac{\log\left(\frac{\epsilon}{f(x_1) - f(x^*)}\right)}{\log\left(1 - \frac{m}{L}\right)}
\end{aligned}$$

Note: $\frac{m}{L}$ gives an upper bound on the condition number of the hessian of f .

Theorem 2 If $f(x)$ is twice differentiable, m -strongly convex, and L -smooth, then for $0 < \mu \leq \frac{2}{m+L}$, and the gradient descent iteration as

$$x_{t+1} = x_t - \mu \nabla f(x_t).$$

The following convergence result can be achieved:

$$\|x_{t+1} - x^*\|^2 \leq \left(1 - \frac{2\mu m L}{m + L}\right)^t \times \|x_0 - x^*\|^2.$$

Special case: $\mu = \frac{2}{m+L}$

$$\begin{aligned}
\|x_t - x^*\| &\leq \left(\frac{\kappa - 1}{\kappa + 1}\right)^t \|x_0 - x^*\| \\
&= \left(1 - \frac{2}{\kappa + 1}\right)^t \|x_0 - x^*\| \\
&\leq \exp\left(\frac{-2t}{\kappa + 1}\right) \|x_0 - x^*\|
\end{aligned}$$

The convergence rate can then be obtained as

$$\begin{aligned}
\exp\left(\frac{-2t}{\kappa + 1}\right) \|x_0 - x^*\| &\leq \epsilon \\
\implies t &\geq \frac{K + 1}{2} \log\left(\frac{\|x_0 - x^*\|}{\epsilon}\right)
\end{aligned}$$

3 Strong convexity and smoothness is necessary for contractivity

Theorem 3 *Strong convexity and smoothness is necessary for contractivity, which means*

$$\Phi(x) = x - \mu \nabla f(x) \text{ is contractive if } \|\Phi(x) - \Phi(y)\| \leq \beta \|x - y\|.$$

Furthermore, if f is twice differentiable and $\Phi(x) = x - \mu \nabla f(x)$ is contractive then f must be strongly convex.

$$\frac{1}{t} \|\Phi(x) - \Phi(y)\| \leq \beta \|x - y\|$$

Let $y = x + t\Delta x$, we have

$$\begin{aligned} \beta \|\Delta x\| &\geq \lim_{t \rightarrow 0} \frac{1}{t} \|\Phi(x + t\Delta x) - \Phi(x)\|, \\ &= \lim_{t \rightarrow 0} \left\| \Delta x - \frac{\mu}{t} (\nabla f(x + t\Delta x) - \nabla f(x)) \right\|, \\ &= \|(I - \mu \nabla^2 f(x)) \Delta x\|. \end{aligned}$$

$$\|(I - \mu \nabla^2 f(x))\| \leq \beta \Rightarrow \frac{1 - \beta}{\mu} I \preceq \nabla^2 f(x) \preceq \frac{1 + \beta}{\mu} I.$$

Theorem 4 *Let f be m -strong convex and L -lipschitz in Ω . Then PGD with $\mu_s \leq \frac{2}{m(s+1)}$ obeys*

$$f\left(\sum_{s=1}^t \frac{2s}{t(t+1)} x_s\right) - f(x^*) \leq \frac{2L^2}{m(t+1)}.$$

4 Lower bounds for Black box models

In general, a black-box procedure is a mapping from “history” to the next query point, that is it maps $\{x_1, g_1, \dots, x_t, g_t\}$ (with $g_s \in \partial f(x_s)$) to x_{t+1} . Assume $x_1 = 0$ and for any $t > 0$, x_{t+1} is in the linear span of g_1, g_2, \dots, g_t , that is

$$x_{t+1} \in \text{Span}(g_1, g_2, \dots, g_t).$$

Theorem 5 *Let $t \leq n, L, R > 0$. There exists a convex and L -Lipschitz function $f(x)$ such that for any black-procedure,*

$$\min_{1 \leq s \leq t} f(x_s) - \min_{\|x\| \leq R} f(x) \geq \frac{RL}{2(1 + \sqrt{t})}.$$

There also exists an m -strongly convex and L -Lipschitz function $f(x)$ such that for any black-box procedure,

$$\min_{1 \leq s \leq t} f(x_s) - \min_{\|x\| \leq \frac{L}{2m}} f(x) \geq \frac{L^2}{8mt}.$$

Theorem 6 Let $t \leq (n-1)/2, L > 0$. There exists a L -smooth convex function $f(x)$ such that for any black-box procedure,

$$\min_{1 \leq s \leq t} f(x_s) - f(x^*) \geq \frac{3L}{32} \frac{\|x_1 - x^*\|^2}{(t+1)^2}.$$

Theorem 7 Let $\kappa > 1$. There exists a m -strongly convex and L -Lipschitz function $f(x) : \ell_2 \rightarrow \mathbb{R}$ with $\kappa = L/m$ such that for any $t \geq 1$ one has,

$$f(x_t) - f(x^*) \geq \frac{m}{2} \left(\frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1} \right)^{2(t-1)} \|x_1 - x^*\|^2.$$

5 Momentum methods

Intuition: Look at different algorithms as differential equations. Gradient is sort of like

$$\frac{dx}{dt} = -\nabla f(x)$$

A fixed point occurs when $\nabla f(x) = 0$. But more often we have damping in the differential equation: $\alpha \frac{d^2x}{dt^2} = -\nabla f(x) - b \frac{dx}{dt}$ Discretizing the above equation gives:

$$\begin{aligned} \frac{x(t + \Delta t) - 2x(t) + x(t - \Delta t))}{\Delta t^2} &\approx -\nabla f(x(t)) - b \frac{x(t) - x(t - \Delta t))}{\Delta t} \\ \Rightarrow x(t + \Delta t) &= x(t) - \frac{\Delta t^2}{\alpha} \nabla f(x(t)) + \left(1 - \frac{b}{\alpha} \Delta t\right) (x(t) - x(t - \Delta t)) \\ \Rightarrow x_{t+1} &= x_t - \alpha \nabla f(x_t) + \eta(x_t - x_{t-1}). \end{aligned}$$

Where α, η are two parameters,

$$\begin{aligned} y_t &= x_{t+1} - x_t \\ &= -\mu \nabla f(x_t) + \eta(x_t - x_{t-1}) \\ &= -\mu \nabla f(x_t) + \eta y_{t-1} \end{aligned}$$

This can also be re-written slightly differently:

$$\begin{aligned} x_{t+1} &= x_t + y_t \\ y_t &= -\mu \nabla f(x_t) + \eta(y_{t-1}) \quad (\text{Heavy Ball}) \end{aligned}$$

6 Nesterov's Accelerated Gradient Descent

Previously, we said that the gradient descent has a rate of convergence $1/t$ after t steps for an L -smooth convex function. With Nesterov's Accelerated Gradient, we can attain a better rate of order $1/t^2$. For the case of L -smooth and m -strongly convex function, the accelerated scheme provides better convergence rate as well.

Algorithm:

$$\begin{cases} x_{t+1} = x_t + y_t \\ y_t = -\mu \nabla f(x_t + \eta_t y_{t-1}) + \eta_t y_{t-1} \end{cases}$$

or

$$\begin{cases} z_t &= x_t + \eta_t(x_t - x_{t-1}) \\ x_{t+1} &= z_t - \mu \nabla f(z_t) \end{cases}$$

Nesterov is better for general functions f , for quadratic the convergence is the same.

Theorem 8 *Let f be an L -smooth and m -strongly convex function, if we run Nesterov's accelerated gradient descent with*

$$\begin{cases} z_t &= x_t + \frac{\sqrt{\kappa}-1}{\sqrt{\kappa}+1}(x_t - x_{t-1}) \\ x_{t+1} &= z_t - \frac{1}{L} \nabla f(z_t) \end{cases},$$

then the following is satisfied

$$f(x_t) - f(x^*) \leq \frac{m+L}{2} \|x_1 - x^*\|^2 \exp\left(\frac{-t-1}{\sqrt{\kappa}}\right).$$

Theorem 9 *Let f be an L -smooth convex function, if we run Nesterov's accelerated gradient descent with*

$$\begin{cases} z_t &= x_t + \eta_t(x_t - x_{t-1}) \\ x_{t+1} &= z_t - \frac{1}{L} \nabla f(z_t) \\ \eta_t &= \theta_t(\frac{1}{\theta_t} - 1) \\ \theta_t &= \frac{1}{2} \left(-\theta_{t-1}^2 + \sqrt{\theta_{t-1}^4 + \theta_{t-1}^2} \right), \theta_0 = 1 \end{cases},$$

then the following is satisfied

$$f(x_t) - f(x^*) \leq \frac{4L}{(t+2)^2} \|x_0 - x^*\|^2.$$

7 Conjugate Gradient Method

The conjugate gradient method is an algorithm for finding the nearest local minimum of a function of n variables which presupposes that the gradient of the function can be computed. It uses conjugate directions instead of the local gradient for going downhill.

Algorithm:

1. Initialize $p_1 = -\nabla f(x_0)$
2. In step t , $p_t = -\nabla f(x_t) + \beta p_{t-1}$ and $x_{t+1} = x_t + \alpha p_t$,
where

$$\alpha = \underset{\eta}{\operatorname{argmin}} f(x_t + \eta p_t) \text{ and } \beta = \frac{\|\nabla f(x_{t-1})\|_{\ell_2}^2}{\|\nabla f(x_{t-2})\|_{\ell_2}^2}$$

The most famous variant of conjugate gradient is applied to quadratic losses where

$$f(\mathbf{x}) = \frac{1}{2} \mathbf{x}^T \mathbf{A} \mathbf{x} - \mathbf{b}^T \mathbf{x}.$$

In this case the algorithm takes the following form

- **Initialization:** $\mathbf{x}_0 = 0$ and $\mathbf{r}_0 = \mathbf{b}$
- FOR $t = 1, 2, \dots$

1. If $t = 1$, take $\mathbf{p}_t = \mathbf{r}_0$; otherwise, take

$$\mathbf{p}_t = \mathbf{r}_{t-1} + \beta \mathbf{p}_{t-1} \quad \text{where} \quad \beta = -\frac{\mathbf{p}_{t-1}^T \mathbf{A} \mathbf{r}_{t-1}}{\mathbf{p}_{t-1}^T \mathbf{A} \mathbf{p}_{t-1}}$$

2. Compute

$$\alpha = \frac{\|\mathbf{r}_{t-1}\|_{\ell_2}^2}{\mathbf{p}_t^T \mathbf{A} \mathbf{p}_t}, \quad \mathbf{x}_t = \mathbf{x}_{t-1} + \alpha \mathbf{p}_t, \quad \mathbf{r}_t = \mathbf{b} - \mathbf{A} \mathbf{x}_t.$$

ENDFOR

8 Newton's method

8.1 Newton's method for solving equations

Want $f(x) = 0$.

$$\phi(x) = \phi(x_0) + \phi'(x_0)(x - x_0) + o(|x - x_0|)$$

Plugging in $x = x_0 + \Delta x$ we get,

$$\phi(x_0 + \Delta x) = \phi(x_0) + \phi'(x_0)\Delta x + o(|\Delta x|)$$

If we can solve

$$\phi(x_0) + \phi'(x_0)\Delta x = 0$$

then $\phi(x_0 + \Delta x) = o(|\Delta x|)$ and we get fast convergence. So we want,

$$\Delta x = -\frac{\phi(x_0)}{\phi'(x_0)}$$

Hence the iteration becomes:

$$x_{t+1} = x_t - \frac{\phi(x_t)}{\phi'(x_t)}$$

8.2 Newton's method in \mathbb{R}^d

Given a non-linear map $F : \mathbb{R}^d \rightarrow \mathbb{R}^d$ and we want to solve $F(x) = 0$. With $J_F(x)$ being the jacobian of F at x , the first order Taylor's approximation is:

$$F(x + \Delta x) = F(x) + J_F(x)\Delta x + o(\|\Delta x\|)$$

Solving this for $F(x + \Delta x) = 0$ we get,

$$\Delta x = -J_F^{-1}(x)F(x)$$

Iteration: $x_{t+1} = x_t - J_F^{-1}(x_t)F(x_t)$

In general for solving $\nabla f(x) = 0$,

$$\begin{aligned}\nabla f(x + \Delta x) &\approx \nabla f(x) + \nabla^2 f(x)\Delta x \\ x_{t+1} &= x_t - \nabla^2 f(x_t)^{-1}\nabla f(x_t)\end{aligned}$$

More generally one uses the damped iterations

$$x_{t+1} = x_t - \mu_t[\nabla^2 f(x_t)]^{-1}\nabla f(x_t)$$

Theorem 10 *If the following are true:*

- f is twice continuously differentiable
- $\nabla^2 f$ is L -Lipschitz in the operator norm:

$$\|\nabla^2 f(x) - \nabla^2 f(y)\| \leq L\|x - y\|$$

for all x and y

- $\nabla f(x^*) = 0, \nabla^2 f(x^*) \succeq mI, mn > 0$
- $\|x_0 - x^*\| \leq \frac{2m}{3L}$

then Newton's method shows the following properties:

1. $\|x_t - x^*\| \leq \frac{2m}{3L} \quad \forall t$
2. $\|x_{t+1} - x^*\| \leq \frac{2m}{3L} \|x_t - x^*\|^2 \quad \forall t$

Some points to observe about Newton's method:

- If f is not convex, we get a local minimum in the neighborhood.
- This method has quadratic convergence i.e. it has $O(\log \log \frac{1}{\epsilon})$ iterations required for ϵ -optimality.

9 Quasi-Newton Methods

Both the gradient method and Newton's method are iterative approximations.

Gradient Method:

$$f(x) \approx f(x_t) + \langle \nabla f(x_t), x - x_t \rangle + \frac{\alpha_t}{2} \|x - x_t\|^2$$

minimizer: $x_t - \frac{1}{\alpha_t} \nabla f(x_t)$

Newton's Method:

$$f(x) \approx f(x_t) + \langle \nabla f(x_t), x - x_t \rangle + \frac{1}{2} (x - x_t)^T \nabla^2 f(x_t) (x - x_t)$$

minimizer: $x_t - (\nabla^2 f(x_t))^{-1} \nabla f(x_t)$

damped: $x_t - \mu_t (\nabla^2 f(x_t))^{-1} \nabla f(x_t)$

One interpretation of the gradient method is that it provides an approximation of the hessian as a diagonal scalar matrix. Quasi-newton methods take this analogy one step further and approximate the hessian with some other matrix B_t :

$$f(x) \approx f(x_t) + \langle \nabla f(x_t), x - x_t \rangle + \frac{1}{2} (x - x_t)^T B_t (x - x_t)$$

which leads to the update:

$$\text{damped: } x_{t+1} = x_t - \mu_t B_t^{-1} \nabla f(x_t)$$

Instead of computing B_t afresh at every iteration it can be updated in a simple manner to account for curvature measured during the most recent step.

9.1 BFGS Method

Suppose we have generated a new x_{t+1} and wish to construct a new quadratic model:

$$m_t(x) = f(x_t) + \langle \nabla f(x_t), x - x_t \rangle + \frac{1}{2} (x - x_t)^T B_{t+1} (x - x_t)$$

We can impose the following requirements on m_t to get B_{t+1} :

1. $\nabla m_t(x_t) = \nabla f(x_t)$
2. $\nabla m_t(x_{t-1}) = \nabla f(x_{t-1})$

These requirements capture the fact that if the last two gradients are correct then the hessian should also be pretty good. This gives:

$$\nabla m_t(x_{t-1}) = \nabla f(x_t) - B_t(x_{t+1} - x_t)$$

If we let $s_t = x_{t+1} - x_t$, $y_t = \nabla f(x_{t+1}) - \nabla f(x_t)$, $B_{t+1}s_t = y_t$, $H_t = B_t^{-1}$, this implies $s_t = H_{t+1}y_t$. Lastly, we want B_{t+1} to be close to B_t . This can be done in the W-norm sense to get an elegant analytical update for B_{t+1} in terms of B_t . We define W-norm as:

$$\mathbf{W}\text{-norm: } \|A\|_W = \|W^{\frac{1}{2}}AW^{\frac{1}{2}}\|_F$$

For the BFGS method,

$$W = \int_0^1 \nabla^2 f(x_t + ts_t) dt$$

If we then minimize $\|H - H_t\|_W$ we get the following update rule:

$$\begin{aligned} \mathbf{BFGS: } H_{t+1} &= (I - P_t s_t y_t^T) H_t (I - P_t y_t s_t^T) + P_t s_t s_t^T \\ \text{where } P_t &= \frac{1}{y_t^T s_t} \end{aligned}$$

It is easy to check that $s_t = H_{t+1} y_t$ is being satisfied.

BFGS Algorithm:

Given starting point x_0 . convergence tolerance $\epsilon > 0$ and inverse hessian approximation H_0 ,

$$\begin{aligned} &\text{Initialize } t = 0 \\ &\text{while } (\|f(x_t)\| > \epsilon) : \\ &\quad P_t = -H_t \nabla f(x_t) \\ &\quad \text{Choose } \alpha_t \text{ by line search obeying Wolfe} \\ &\quad x_{t+1} = x_t + \alpha_t P_t \\ &\quad s_t = x_{t+1} - x_t \\ &\quad y_t = \nabla f(x_{t+1}) - \nabla f(x_t) \\ &\quad H_{t+1} = (I - P_t s_t y_t^T) H_t (I - P_t y_t s_t^T) + P_t s_t s_t^T \end{aligned}$$