

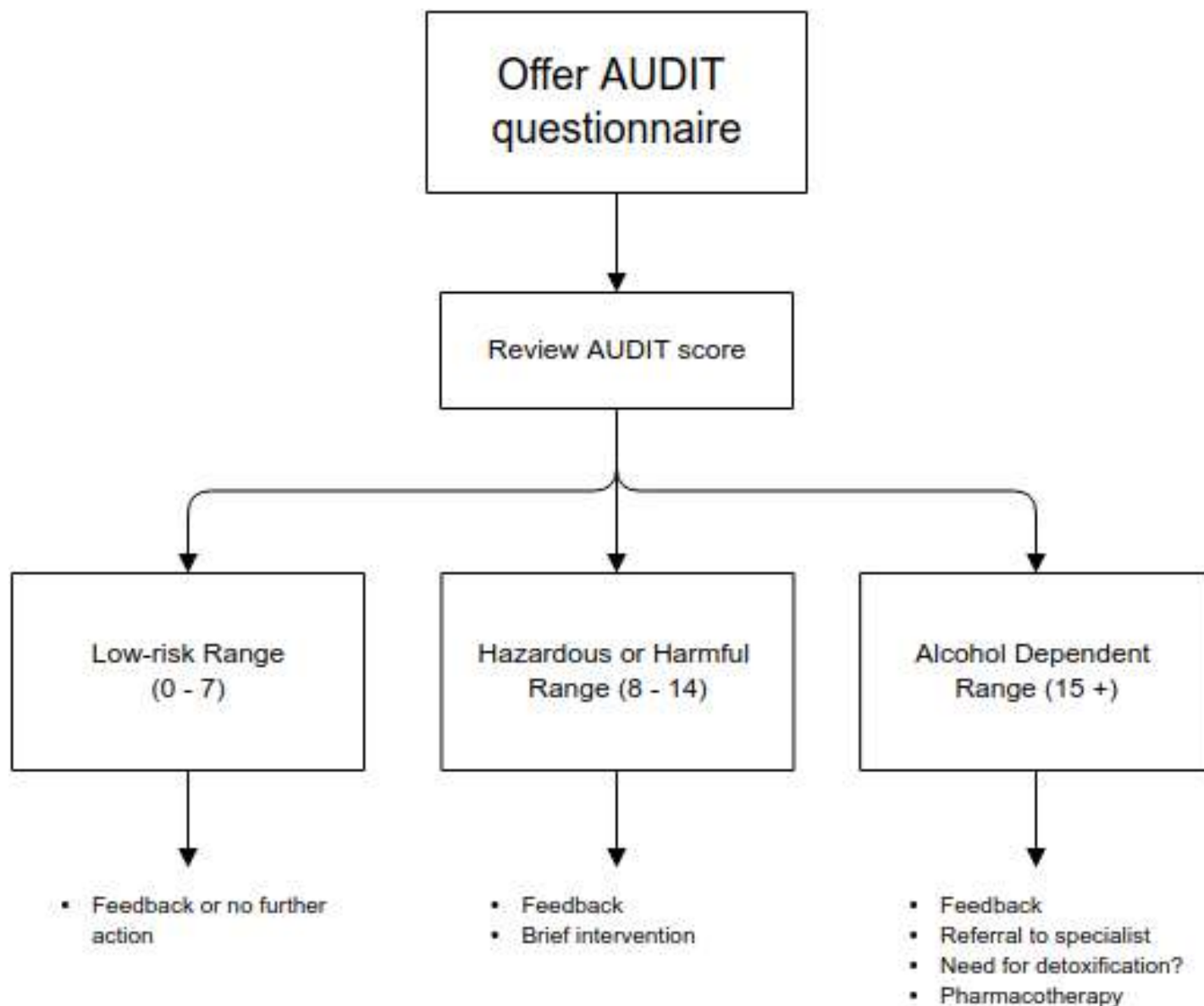
AUDIT Decision Tree

The AUDIT Decision Tree is a simple method of putting **Screening, Brief intervention and Referral to treatment (SBIRT)** into practice.

On the basis of the AUDIT score, the health practitioner provides feedback on the category of alcohol use in which the person fits. At this point an intervention is suggested.

For those with a score of **8-14** this would typically be a brief intervention (see the Drink-Less Program (/drink-less-program/)). For those with a score of **15+**, options include referral for specialist treatment, detoxification, enrolment in a therapy program and pharmacotherapies (medication), and engagement with a self-help fellowship.

The AUDIT Decision Tree: from screening, scoring and assessment, to taking action

**For further information contact:**

JOHN B. SAUNDERS, MD, FRACP, FAFPHM, FACHAM, FRCP

Professor and Consultant Physician in Internal Medicine and Addiction Medicine.

Email: office@jbsaunders.net (mailto:office@jbsaunders.net) | Visit: jbsaunders.net (https://jbsaunders.net/)

Website by Toledoh (<http://www.toledoh.com.au>) / Blue Bay (<http://bluebaydesign.com.au>)