Antiretroviral Course Modules Question Bank Tools & Clinical Consultation Consultation

# Mental Disorders Screening Dementia: IHDS Anxiety: GAD-2 Anxiety: GAD-7 Depression: PHQ-2 Depression: PHQ-9 PTSD: PC-PTSD-5 Substance Use Screening

Alcohol: AUDIT-C	
Alcohol: CAGE	
CAGE-AID	
Drug Use: TICS	
Opioid: Risk Tool	

Clinical Calculators

APRI Calculator
BMI Calculator
CrCl Calculator
CTP Calculator
FIB-4 Calculator
FEPO4 Calculator
GFR Calculator

# Patient Health Questionnaire-2 (PHQ-2)

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The PHQ-2 inquires about the frequency of depressed mood and anhedonia over the past two weeks. The PHQ-2 includes the first two items of the PHQ-9.

- The purpose of the PHQ-2 is to screen for depression in a "first-step" approach.
- Patients who screen positive should be further evaluated with the PHQ-9 to determine whether they meet criteria for a
  depressive disorder.

Over the <u>last 2 weeks</u>, how often have you been bothered by the following problems?

1. Little interest or pleasure in doing things

O 0 +1 O +2	+3
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2. Feeling down, depressed or hopeless

O 0 +1	O +2	O +3	
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PHQ-2 score obtained by adding score for each question (total points)

# Interpretation:

- A PHQ-2 score ranges from 0-6. The authors identified a score of 3 as the optimal cutpoint when using the PHQ-2 to screen for depression.
- If the score is 3 or greater, major depressive disorder is likely.
- Patients who screen positive should be further evaluated with the PHQ-9, other diagnostic instruments, or direct interview to determine whether they meet criteria for a depressive disorder.

Operating Characteristics of PHQ-2 as a Screener for Depressive Disorders in 580 Patients Who Had an Independent Mental Health Professional Interview

Major Depressive D	isorder (7% Prevalenc	e)		
PHQ-2 Score	Sensitivity	Specificity	Positive Predictive Value (PPV*)	
1	97.6	59.2	15.4	
2	92.7	73.7	21.1	
3	82.9	90.0	38.4	
4	73.2	93.3	45.4	
5	53.7	96.8	56.4	
6	26.8	99.4	78.6	

Any Depressive Dis	essive Disorder (18% Prevalence)			
PHQ-2 Score	Sensitivity	Specificity	Positive Predictive Value (PPV*)	
1	90.6	65.4	36.9	
2	82.1	80.4	48.3	
PHQ-2 Score	62.3 Sensitivity 50.9	95.4 <b>Specificity</b> 97.9	75.0  Positive Predictive Value (PPV*)	

# Patient Health Questionnaire-2 (PHQ-2) - Mental Disorders Screening - National HIV Curriculum

5	31.1	98.7	84.6
6	12.3	99.8	92.9

### Notes:

• \*Because the PPV varies with the prevalence of depression, the PPV will be higher in settings with a higher prevalence of depression and lower in settings with a lower prevalence.

# Sources

Kroenke K, Spitzer RL, Williams JB. The Patient Health Questionnaire-2: Validity of a Two-Item Depression Screener. Medical Care. 2003;41:1284-92.

# 1 This calculator operates entirely from your device.

No input variables or data is transmitted between your computer and our servers.

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# **Antiretroviral Medications**

Single-Tablet Regimens
Entry Inhibitors
Long-Acting Injectable Regimens
Nucleoside Reverse Transcriptase
Inhibitors
Non-Nucleoside Reverse
Transcriptase Inhibitors
Integrase Inhibitors
Nucleoside Reverse Transcriptase
Translocation Inhibitors
Protease Inhibitors
Pharmacokinetic Enhancers

### **Course Modules**

Screening and Diagnosis Basic HIV Primary Care Antiretroviral Therapy Co-Occurring Conditions Prevention of HIV Key Populations

# Question Bank CNE/CME Clinical Consultation Master Bibliography

### Contributors

### **Tools & Calculators**

Clinical Calculators Mental Disorders Screening Substance Use Screening

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