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Mental Disorders Screening

Dementia: IHDS

Anxiety: GAD-2

Anxiety: GAD-7

Depression: PHQ-2

Depression: PHQ-9

PTSD: PC-PTSD-5

Substance Use Screening

Alcohol: AUDIT-C

Alcohol: CAGE

CAGE-AID

Drug Use: TICS

Opioid: Risk Tool

Clinical Calculators

APRI Calculator

BMI Calculator

CrCl Calculator

CTP Calculator

FIB-4 Calculator

FEPO4 Calculator

GFR Calculator

Patient Health Questionnaire-9 (PHQ-9)

 Share

The PHQ-9 is a multipurpose instrument for screening, diagnosing, monitoring and measuring the severity of depression.

Over the **last 2 weeks**, how often have you been bothered by the following problems?

1. Little interest or pleasure in doing things

<input type="radio"/> 0	<input type="radio"/> +1	<input type="radio"/> +2	<input type="radio"/> +3
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2. Feeling down, depressed or hopeless

<input type="radio"/> 0	<input type="radio"/> +1	<input type="radio"/> +2	<input type="radio"/> +3
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3. Trouble falling asleep, staying asleep, or sleeping too much

<input type="radio"/> 0	<input type="radio"/> +1	<input type="radio"/> +2	<input type="radio"/> +3
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4. Feeling tired or having little energy

<input type="radio"/> 0	<input type="radio"/> +1	<input type="radio"/> +2	<input type="radio"/> +3
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5. Poor appetite or overeating

<input type="radio"/> 0	<input type="radio"/> +1	<input type="radio"/> +2	<input type="radio"/> +3
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6. Feeling bad about yourself - or that you're a failure or have let yourself or your family down

<input type="radio"/> 0	<input type="radio"/> +1	<input type="radio"/> +2	<input type="radio"/> +3
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7. Trouble concentrating on things, such as reading the newspaper or watching television

<input type="radio"/> 0	<input type="radio"/> +1	<input type="radio"/> +2	<input type="radio"/> +3
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8. Moving or speaking so slowly that other people could have noticed. Or, the opposite - being so fidgety or restless that you have been moving around a lot more than usual

<input type="radio"/> 0	<input type="radio"/> +1	<input type="radio"/> +2	<input type="radio"/> +3
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9. Thoughts that you would be better off dead or of hurting yourself in some way

<input type="radio"/> 0	<input type="radio"/> +1	<input type="radio"/> +2	<input type="radio"/> +3
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Interpretation:

- Total scores of 5, 10, 15, and 20 represent cutpoints for mild, moderate, moderately severe and severe depression, respectively.
- Note: Question 9 is a single screening question on suicide risk. A patient who answers yes to question 9 needs further assessment for suicide risk by an individual who is competent to assess this risk.

Interpretation

Provisional Diagnosis and Proposed Treatment Actions

PHQ-9 Score	Depression Severity	Proposed Treatment Actions
0 – 4	None-minimal	None
5 – 9	Mild	Watchful waiting; repeat PHQ-9 at follow-up
10 – 14	Moderate	Treatment plan, considering counseling, follow-up and/or pharmacotherapy
15 – 19	Moderately Severe	Active treatment with pharmacotherapy and/or psychotherapy
20 – 27	Severe	Immediate initiation of pharmacotherapy and, if severe impairment or poor response to therapy, expedited referral to a mental health specialist for psychotherapy and/or collaborative management

Sources

- Kroenke K, Spitzer RL, Williams JB. The Patient Health Questionnaire-2: Validity of a Two-Item Depression Screener. Medical Care. 2003;41:1284-92.
- Kroenke K, Spitzer RL, Williams JB. The PHQ-9: validity of a brief depression severity measure. J Gen Intern Med. 2001;16:606-13.
- Kroenke K, Spitzer RL. The PHQ-9: a new depression diagnostic and severity measure. Psychiatr Ann. 2002;32:509-21.

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Single-Tablet Regimens
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 Nucleoside Reverse Transcriptase Inhibitors
 Non-Nucleoside Reverse Transcriptase Inhibitors
 Integrase Inhibitors
 Nucleoside Reverse Transcriptase Translocation Inhibitors

Course Modules

Screening and Diagnosis
 Basic HIV Primary Care
 Antiretroviral Therapy
 Co-Occurring Conditions
 Prevention of HIV
 Key Populations

Question Bank CNE/CME Clinical Consultation Master Bibliography

Contributors

Tools & Calculators

Clinical Calculators
 Mental Disorders Screening
 Substance Use Screening

Protease Inhibitors
Pharmacokinetic Enhancers

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