

# LEC 12: EINSTEIN'S EQ.

23 FEB 17

TODAY: ENERGY-MOMENTUM TENSOR  
 GUESSING A FLD EQUATION  
 SKETCHING AN "HONEST" DERIVATION

btw: "conformal"  $\rightarrow \cos \theta = \frac{a \cdot b}{\sqrt{a^2 \cdot b^2}}$

ask Kroll: mag monopoles in BEC

CHENG 286

REVIEW: (CLASSICAL) EM IN COVARIANT FORMULATION



everything tensorial  
 w/rt Minkowski space  
 s.t. Lorentz transformation  
 properties are manifest

$$\nabla_\mu \epsilon^{\mu\nu\rho\sigma} F_{\rho\sigma} = j^\nu$$

$$\begin{array}{lll} \nabla F = 0 & \leftrightarrow & \partial_\mu F_{\nu\lambda} = 0 \\ *d\star F = j & \leftrightarrow & \partial_\mu F^{\mu\nu} = j^\nu \end{array} \quad \begin{array}{l} \text{BIANCHI} \\ \text{from ACTION} \end{array}$$

F is the tensor  
 that 'contains' the  
 EM field

CURRENT 4-VECTOR

CURRENT:  $j^\mu = (P, \vec{j})$

↑  
CHARGE  
DENSITY

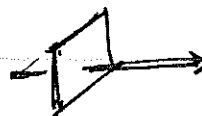
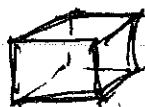
↑  
CURRENT

CHARGE PER VOL

$$\rho = \frac{dq}{dx dy dz}$$

CHARGE ~~PER~~ PER TIME, PER  
CROSS SEC. AREA

$$j^x = \frac{dq}{dt dy dz}$$



OR:  $j^\mu = \frac{dq}{dS^\mu}$



infinite 3-volume

perpendicular to  $\hat{e}_\mu$

CONSERVATION OF CHARGE:  $\partial_\mu j^\mu = 0$

$$\boxed{\dot{\rho} + \nabla \cdot \vec{j} = 0}$$

SIMILARLY: MASS IS CONSERVED, COULD WRITE

$$j_{\text{MASS}} = (P_{\text{MASS}}, \vec{j}_{\text{MASS}})$$

# 4 MOMENTUM CONSERVATION

→ ENERGY

$$P^\mu = (E, \mathbf{p})$$

$$P_x, P_y, P_z$$

←  
FOUR QUANTITIES

↑  
not a current, each of  
these is a charge

THE CURRENT is:

$$T^{\mu\nu} = \frac{dP^\mu}{dS^\nu}$$

forgive my placement of indices.

BIG PIC: WILL WANT A FIELD EQ. OF  
THE FORM

$$\underbrace{(\text{curvature})}_{\partial \cdot \partial} = (\text{energy})$$

ANALOGOUS TO:

$$\underbrace{\partial F}_{\text{DYNAMICS}} = \underbrace{j}_{\text{SOURCE}}$$

INTUITION:  $T_{00} = \frac{dE}{dx dy dz}$  energy density

$$T_{01} = \frac{dE}{dt dy dz}$$

energy flux  
ENERGY PER TIME  
CROSSING  $dy dz$

$$T_{10} = \frac{dP_x}{dx dy dz} = \text{x-momentum density}$$

↖  $T_{10}$

↖  $T_{01}$

OBSERVE : momentum density = E flux

Why : velocity :  $P^i/E = v^i$

$$\frac{dP^i}{dE} = \frac{dx^i}{dt}$$

} think of these as infinitesimals, not diff. eqs

$$\Rightarrow \boxed{\frac{dP^i}{dx^i} = \frac{dE}{dt}}$$

$$T_{01} = \frac{dE}{dt dy dz} = \frac{dP_x}{dx dy dz} = T_{10} \quad \checkmark$$

SIMILARLY :  $\frac{dP_x}{dy} = \frac{dP_y}{dx}$

↑ from, say:  $P^i = E v^i$

then  $P^i/P^j = v^i/v^j$

s.t.  $T_{ij} = T_{ji}$

$$\Rightarrow \boxed{T^{\mu\nu} = T^{\nu\mu}}$$

stress-energy tensor is symmetric

Meaning of  $T_{ij}$

$$\text{momentum flux} = \frac{\text{momentum}}{\text{area} \cdot \text{time}} = \frac{\text{Normal force}}{\text{area}} = \text{pressure}$$

↑  
perp.

So:  $T_{xx}$  is a pressure in x-dir  
 $T_{xy}$  is a shear force

### EXAMPLES

uniform density  
↓

DUST: non interacting particle cloud  
 modeled as a continuous medium

COMOVING COORDINATES: rest frame of the cloud

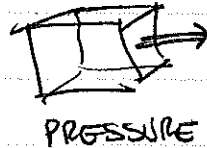
$$T^{\mu\nu} = \begin{pmatrix} \rho & & & \\ & 0 & & \\ & & 0 & \\ & & & 0 \end{pmatrix} \quad \leftarrow \text{not tensorial}$$

$$= \rho U^\mu U^\nu \quad \left\{ \begin{array}{l} U = (1, \vec{v}) \\ \text{4-velocity} \\ \text{of cloud} \end{array} \right.$$

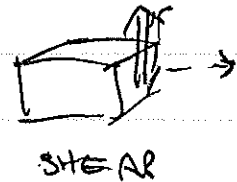
↑  
tensor eq.

IDEAL FLUID: "dust" w/ only perpendicular interactions

→ no shear



but  
not



$$T^{\mu\nu} = \begin{pmatrix} P & & & \\ & P & & \\ & & P & \\ & & & P \end{pmatrix}$$

PRESSURE

not covariant

$$= \rho U^\mu U^\nu - P \eta^{\mu\nu} + P U^\mu U^\nu$$

$$- \begin{pmatrix} P & & & \\ & -P & & \\ & & -P & \\ & & & -P \end{pmatrix}$$

$$= (P + P) U^\mu U^\nu$$

CONSERVATION OF  $p^\mu \rightarrow \boxed{\partial_\mu T^{\mu\nu} = 0}$

maybe  
do  
field  
theory?

eg. rederiving fluid mechanics  
from nonrelativistic limit of ideal fluid

$$\begin{aligned}\partial_\mu T^{\mu\nu} &= \partial_\mu (p + \rho) U^\mu U^\nu \\ &+ (p + \rho) (\partial_\mu U^\mu) U^\nu \\ &+ (\text{---}) U^\mu \partial_\mu U^\nu \\ &+ \text{---} \\ &- \partial^\nu \rho\end{aligned}$$

Strategy: many components. let's project  
onto 2 subspaces:

$\parallel$  to  $U^\mu$  (1D)

$\perp$  to  $U^\mu$  (3D)

①  $U$  is already a normalized projector  
ie  $U \cdot V$  gives projection of  $V$  onto  $U$

$$\begin{aligned}U_\nu (\partial_\mu T^{\mu\nu}) &= \partial_\mu (p + \rho) U^\mu \\ &+ (p + \rho) U_\nu [U^\nu \partial_\mu U^\mu \\ &\quad + U^\mu \partial_\mu U^\nu] \\ &- U_\nu \partial^\nu \rho\end{aligned}$$

USE:  $U^2 = 1$

$$\partial_\nu (U^\mu U_\mu) = 0 = 2U^\mu \partial_\nu U_\mu$$

$$U_\nu (\partial_\mu T^{\mu\nu}) = U \cdot \partial (P + \underline{E}) + (P + E) U^2 \partial \cdot U + (P + E) \underline{U^\mu U_\nu \partial_\mu U^\nu} - \underline{(U \cdot \partial) P} \int = 0$$

$$= \underline{U \cdot \partial P} + P(\partial \cdot U) + E(\partial \cdot U)$$

$$\partial_\mu (P U^\mu) - P(\partial \cdot U) = 0 \quad \text{if } \partial T = 0$$

NR LIMIT:  $U = (1, \underline{v})$

$$|\underline{v}| \ll 1$$

$$U^2 = 1 + O(v^2)$$

$$E \ll P$$

low press.

$$\partial_t P + \nabla \cdot (P \underline{v}) = 0$$

CONTINUITY EQ FOR ENERGY DENSITY

- ② ALSO WANT TO PROJECT  $\partial_\mu T^{\mu\nu}$  onto 3D SUBSPACE  $\perp$  to  $U$ .  
 $\uparrow$  PROJECTION TENSOR

$$(\text{Proj})^\alpha_\nu = \delta^\alpha_\nu - U^\alpha U_\nu \quad \text{eg. check in}$$



8)

$$(P_{\text{ros}})^{\mu\nu} \partial_\mu T^{\mu\nu} =$$

$$\begin{aligned} & \cancel{\partial_t(P+E)U^tU^\alpha} - \cancel{\partial_t(P+E)U^tU^\alpha} \\ & + \cancel{(P+E)(\partial_t U^t)U^\alpha} - \cancel{(P+E)(\partial_t U^t)U^\alpha} \\ & + \cancel{(-\pi)U^t\partial_t U^\alpha} - \cancel{(-\pi)U^tU^\alpha(\partial_t U^\nu)} \\ & - \partial^\alpha P + U^\alpha U_\nu \partial^\nu P = 0 \end{aligned}$$

NR limit

$$\underline{P(U \cdot \partial)U^\alpha} - \partial^\alpha P + U^\alpha (U \cdot \partial)P = 0$$

$\alpha = i$

$$P(\partial_t \underline{V} + (\underline{V} \cdot \underline{\nabla})\underline{V}) - \underline{\nabla} P + \underline{V} (\partial_t + \underline{V} \cdot \underline{\nabla})P = 0$$

higher  $\Theta$  in  $V \nabla P$

$$P(\partial_t \underline{V} + (\underline{V} \cdot \underline{\nabla})\underline{V}) = \underline{\nabla} P$$

↑  
EULER EQ.

CONNECTIVE  
DERIV.

$$\frac{d\underline{V}}{dt} = \frac{\partial \underline{V}}{\partial t} + \underbrace{\frac{dx^i}{dt} \frac{\partial \underline{V}}{\partial x^i}}_{(\underline{V} \cdot \underline{\nabla})\underline{V}}$$

ANALOG OF  
 $\underline{F} = m \underline{a}$  in  
fluids  
↑  
 $\underline{a} = \underline{\dot{v}}$

THIS COMES UP IN GALAXY EVOLUTION

REM: to go to curved space,  
good rule of thumb:  $2 \rightarrow D$

eg: MAXWELL IN CURVED SPACE

$$\frac{dU^\mu}{d\tau} = g F^{\mu\nu} U_\nu \quad \text{FORCE LAW}$$

$$\left( \frac{dU^\mu}{d\tau} \right)$$

analogy  
in GRAM  
IS  
BIANCHI,  
too

$$\rightarrow \text{BIANCHI: } \partial_\mu \epsilon^{\mu\nu\rho\sigma} F_{\rho\sigma} = 0 \rightarrow D_\mu \dots = 0$$

$$\text{EULER-LAG: } \partial_\mu F^{\mu\nu} = j^\nu \rightarrow D_\mu \dots = j^\nu$$

eg

$$\partial_\mu + \Gamma_{\mu\lambda}^\lambda F^{\lambda\nu} + \Gamma_{\mu\nu}^\nu F^{\mu\lambda} = j^\nu$$

so: NOW WE HAVE THE SOURCE OF GRAVITY,  
T<sub>μν</sub>. WANT TO WRITE UTS

↑ something like  $\partial\Gamma$  ( $\leftarrow$  analogy of  $F \sim \partial A$ )  
↑  
this is  $\sim R$ !

$$f(R \dots) = K T_{\mu\nu}$$



4 indices!

HAVE TO REDUCE TO 2

↑  
RANK - 2, SYMMETRIC  
CONSERVED ( $D_\mu T^\mu = 0$ )

WHAT WE HAVE:

$$\text{RICCI TENSOR: } R_{\mu\nu} = g^{\alpha\beta} R_{\alpha\mu\beta\nu}$$



HW?

recall: by the symmetry properties of  $R \dots$ , this is the "unique" contraction of  $R \dots$  into a 2 tensor.

(ALL OTHER NONZERO CONTRACTIONS CONTAIN THE SAME DATA)

Fact:  $R_{\mu\nu} = R_{\nu\mu} \leftarrow \text{good!}$

but: not, in general, conserved

Further: want something that is zero in the absence of sources.

there's another ~~way to make~~ a symmetric tensor floating around:  $g_{\mu\nu}$ .

BUT  $g_{\mu\nu}$  ISN'T A CURVATURE...

that's fine. JUST SLAP A SCALAR CURVATURE MEASURE NEXT TO IT.

$$\hookrightarrow R g_{\mu\nu}$$

$$\uparrow$$

$$R = R_{\mu}{}^{\mu} g^{\mu\nu}, \text{ RICCI SCALAR}$$

this is sym, related to curvature...

also not obviously covariantly constant

~~but is it zero?~~

CONSIDER, THEN,

$$\boxed{A R_{\mu\nu} + B R g_{\mu\nu}}$$

$\uparrow$

in fact: sufficient to consider

$$\boxed{R_{\mu\nu} + D R g_{\mu\nu}}$$

WANT  $D$  st.  $D_{\mu} (R_{\mu\nu} + D R g_{\mu\nu}) = 0$

WHAT you'll show on HW:  $\boxed{D = -\frac{1}{2}}$

SO WE DEFINE THE EINSTEIN TENSOR

$$\boxed{G_{\mu\nu} \equiv R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu}}$$

symmetric, conserved / cov. const.  
goes like  $\partial \Gamma$

DO WE CAN GUESS:

$$\boxed{G_{\mu\nu} = \kappa T_{\mu\nu}}$$

curvature

↑

coupling  
 $\sim G$

energy (stuff)

OBSERVE:  $T_{\mu\nu} = 0 \rightarrow G_{\mu\nu} = 0$

this means:  $\boxed{R_{\mu\nu} = 0}$

vacuum einstein eq.

eg.  $R_{\mu\nu} = 0$  for SCHWARZSCHILD  
(no sources!)

A USEFUL REFORMULATION  
for matching to Newtonian limit

$$g^{\mu\nu} (R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu}) = g^{\mu\nu} \kappa T_{\mu\nu}$$

$$R - 2R = \kappa T \leftarrow T = T^{\mu}_{\mu}$$

$$\rightarrow \boxed{R = -\kappa T}$$


then:

$$\boxed{R_{\mu\nu} = \kappa (T_{\mu\nu} + \frac{1}{2} T g_{\mu\nu})}$$

then: (HW)

$$R_{00} = + \frac{1}{2} \nabla^2 \underbrace{g_{00}}_{(1+2\phi)} \quad \text{in NEWTONIAN LIMIT}$$

sign?  $\nearrow$

RHS: 

$$\kappa (T_{00} - \frac{1}{2} T g_{00})$$

$\uparrow$   
 $T = g^{00} T_{00} + \text{SMALL}$

$\nwarrow \sim \text{PRESSURE (LOW VEL.)}$

$$\text{s.t. } \frac{1}{2} T g_{00} = \frac{1}{2} \underbrace{g^{00} g_{00}}_{=1} T_{00}$$

$$\text{so: } R_{00} = + \frac{1}{2} \nabla^2 g_{00} = \frac{1}{2} \kappa T_{00} = \frac{1}{2} \kappa \rho$$

$\uparrow$   
 $(1+2\phi)$

$$\nabla^2 \phi = \boxed{\frac{1}{2} \kappa} \rho \equiv 4\pi G \rho$$

$\uparrow$   
 $\Rightarrow \boxed{\kappa = 8\pi G}$

so: EINSTEIN EQ:

CURVATURE	COUPLING	SOURCE
$G_{\mu\nu}$	$=$	$8\pi G T_{\mu\nu}$
$\uparrow$		
$R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu}$		

See 11.1 Another Way

skip?

FREE PARTICLE ACTION

$$S = -m \int d\tau$$

$$\sqrt{\eta_{\mu\nu} dx^\mu dx^\nu}$$

elegant, covariant, ... what else could it be?

$$S \approx \int dt \left( \underbrace{m}_{\text{overall const.}} + \underbrace{\frac{1}{2} m \left( \frac{d\vec{x}}{dt} \right)^2}_{\text{KIN E.}} + \dots \right)$$

IN NR LIMIT, WE GET ORDINARY MECHANICS

$$S_{NR} = \int dt \quad \frac{1}{2} m \left( \frac{d\vec{x}}{dt} \right)^2 \quad - \underbrace{V(x)}_{\text{POTENTIAL}}$$

external forces that we stick on in "ordinary" mechanics

HOW TO INCORPORATE  $V(x)$  IN REL way?



inside ①  $S = - \int M \sqrt{\eta_{\mu\nu} dx^\mu dx^\nu} + V(x) dt$

outside ②  $S = -m \int \sqrt{\left(1 + \frac{2V}{m}\right) dt^2 - dx^2}$

$$\rightarrow -m \int \sqrt{1 + \frac{2V}{m}} dt - \frac{1}{2} \frac{1}{\sqrt{1 + \frac{2V}{m}}} \frac{d\vec{x}^2}{dt}$$

$$\approx -m \int \left(1 + \frac{V}{m}\right) dt - \frac{1}{2} \frac{d\vec{x}^2}{dt}$$

$$= \int dt \quad \frac{1}{2} m \left(\frac{dx}{dt}\right)^2 - V - m$$

↑  
?

but: neither I nor II is really LORENTZ INV!  
dt is SPECIAL vs dx.

①'  $S = \int -M \sqrt{\eta_{\mu\nu} dx^\mu dx^\nu} + \underline{A_\mu(x) dx^\mu}$

aha!

from ELECTRIC to  
ELECTROMAG.

(II') need  $dt$  &  $dx$  on equal footing:

$$S = -m \int \sqrt{g_{\mu\nu}(x) dx^\mu dx^\nu}$$

↑  
inside  $\sqrt{\quad}$

this is ~~meant~~ the action  
for a particle in a grav  
field — as we have assumed!

what about the dynamics of GRAVITY itself?

↓  
SPACETIME

$$S \sim \int d^4x \sqrt{|g|} \underbrace{R(x)}_{\substack{\text{RIEMANN SCALAR} \\ \text{ONLY CURVATURE}}}$$

↑  
UP TO  
CONSTANT

Why: "UNIQUENESS" OF EINSTEIN EQ. IS MANIFEST  
FROM DIMENSIONAL ANALYSIS

$$R \sim \partial^2 \rightarrow \text{const} \sim \frac{1}{L^2} \sim \frac{1}{G}$$

$\sim \text{MASS}^2$

other terms that are covariant  $\rightarrow$  HIGHER  $\partial$  IN  $G$

HAVING THE SOURCE-FREE EINSTEIN EQN

$$\delta S \sim \delta \int d^4x \sqrt{g} R$$

↑ VARY WRT WHAT?  $g_{\mu\nu}$

$$= \int d^4x \sqrt{g} \boxed{K^{\mu\nu}} \delta g_{\mu\nu}$$

DEFINE:

$$\text{then } \delta S = 0 \Rightarrow K^{\mu\nu} = 0$$

$$R \sim \partial^2 \Gamma \sim \partial^2 g \rightarrow \text{so } K^{\mu\nu} \text{ must have two derivatives}$$

↑ also  $\Gamma^2 \sim (\partial g)^2$

so: 2-tensor that is  $\mathcal{O}(\partial^2)$

$$\hookrightarrow \text{SAME AS BEFORE: } K^{\mu\nu} \sim R^{\mu\nu} + D g^{\mu\nu} R$$

$$\text{then } K^{\mu\nu} = 0 \Rightarrow \underline{g_{\mu\nu} K^{\mu\nu}} = 0$$

$$R + 4DR = 0$$

$$\text{either } D = -1/4, \boxed{R=0}$$

$$\downarrow$$

$$R_{\mu\nu} = 0 \quad \checkmark$$

ADDING IN stuff ↙ matter

$$S_{\text{EH}} = \frac{1}{16\pi G} \int d^4x \sqrt{g} R$$

$$S_{\text{stuff}} = \dots$$

$$\delta S_{\text{stuff}} = \frac{1}{2} \int d^4x \sqrt{g} \boxed{T^{\mu\nu}} \delta g_{\mu\nu}$$

↑

$$= \frac{2}{\sqrt{g}} \frac{\delta S}{\delta g_{\mu\nu}}$$

PROPERTIES: sym. 2-index tensor field

P. 380



P. 226

ANOTHER PICTURE:

# DENSITY CURRENT

$q_a^\mu$  is position  
of a<sup>th</sup>  
particle  
↓

$$n^\mu(x) = \sum_a \int d\tau_a \frac{dq_a^\mu}{d\tau_a} \delta^{(4)}(x - q_a(\tau))$$

↑  
sum over  
dust particles

↑  
flow of particle  
in spacetime

↙ worldline of stationary particle

$$\begin{aligned} \text{why: } \delta^{(3)}(x) &= \int d\tau \delta(x^0 - q^0(\tau)) \delta^{(3)}(x) \\ &= \int d\tau \frac{dq^0}{d\tau} \delta(x^0 - q^0) \delta^{(3)}(x - \frac{x}{c_0}) = n^0 \end{aligned}$$

τ<sub>1</sub> τ<sub>0</sub>

then electric current

$$j^\mu = \sum_a e_a \int d\tau_a \frac{dz_a^\mu}{d\tau_a} \delta^{(4)}(x - z_a(\tau_a))$$

$\uparrow$   
 charge  
 of a<sup>th</sup>  
 particle

then the 4-momentum current:

$$T^{\mu\nu} = \sum_a \int d\tau_a \frac{dz_a^\mu}{d\tau_a} (p_a^\nu) \delta^{(4)}(x - z_a(\tau_a))$$

$\uparrow$   
 plays role of  $e_a$

$$= \sum_a \int d\tau_a \left( m_a \dot{z}_a^\mu \dot{z}_a^\nu \right) \delta^{(4)}(x - z_a(\tau_a))$$

$\uparrow$   
 $\dot{\phantom{x}} = d/d\tau_a$

---

$$\text{then: } S_{\text{stuff}} = - \sum_a M_a \int d\tau \sqrt{g_{\mu\nu}(x_a) \frac{dx_a^\mu}{d\tau} \frac{dx_a^\nu}{d\tau}}$$

$$T^{\mu\nu} = \frac{2}{\sqrt{g}} \frac{\delta}{\delta g_{\mu\nu}} S_{\text{stuff}}$$

$$= \frac{1}{\sqrt{g}} \sum_a M_a \int d\tau_a \underbrace{\frac{1}{\sqrt{g_{\mu\nu} \dot{x}_a^\mu \dot{x}_a^\nu}}}_{=1 \text{ for } \tau = \text{prop. time}} \dot{x}_a^\mu \dot{x}_a^\nu \delta^{(\mu\nu)}(x - x_a(\tau))$$

$$= \frac{1}{\sqrt{g}} \sum_a M_a \int d\tau \dot{x}_a^\mu \dot{x}_a^\nu \delta^{(\mu\nu)}(x - x_a(\tau))$$



PRECISELY WHAT WE

FOUND BEFORE  $\equiv T^{\mu\nu}$

$$\uparrow \text{ so: } \delta S = 0 \rightarrow \delta S_{\text{EH}} + \underbrace{\delta S_{\text{stuff}}}_{T^{\mu\nu}} = 0$$