



NutriEdu

# Empowering Minds Through health Education

Start learning



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8:30



# Sign Up

Username

Enter your Username

Email

Enter your Email

Password

Enter your Password

Register

or sign in with



Sign in with Google

8:30



# Sign In

Email

Enter your Email

Password

Enter your Password

[Forgot Password?](#)

Login

or sign in with



Sign in with Google

Don't have an account? [Register](#)

# Let's Begin –

## Education Meets Wellness for a Brighter Future4

Name

Enter your Name

Gender

Female



male



Other



Date of Birth

25-04-2004



Age

20

Height

Enter your height

Weight

Enter your Weight

Allergy / Disease(if any )

Enter

Submit



# WELCOME



Knowledge for Well-being  
– Smarter Learning,  
Healthier You





Good Morning,  
Bharti!



Nutritionists' Secrets for Student Success



4.8



Nutritionist

Dr. Sara  
Smith



Available slot 7

BOOK Slot

Mon

12

Tue

13

Wed

14

Thu

15

Fri

16

Sat

17

Sun

18



Dr. abc  
sharma

Health Educators

🕒 2 slots left

📊 10+ years experience

Book



Dr. abc  
sharma

Nutritionist

🕒 23 slots left

📊 15+ years experience

Book



Articles



Community



Appointment



Progress

Previous sessions



Dr. abc sharma

Health Educators

🕒 2 slots left

📊 10+ years experience

Book



Dr. abc sharma

Child & Adolescent Psychiatrists

🕒 23 slots left

📊 15+ years experience

Book



Dr. abc sharma

Adolescent Medicine Specialists

🕒 23 slots left

📊 15+ years experience

Book



Dr. abc sharma

Nutritionist

🕒 23 slots left

📊 15+ years experience

Book



8:30



Dr. abc Sharma

• 10:10



Video call  
with a therapist





Gen Well Educators

Follow



In today’s fast-paced academic world, students often sacrifice sleep, hydration, and mental health for grades. But what if technology could teach healthier habits just like it teaches math or science? Enter AI-powered health education—a system that adapts to your behavior, tracks your habits, and guides you toward better well-being while you learn.



1k



221



Nutri Choice



< Communities



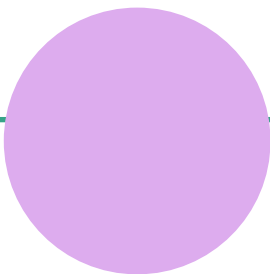
Balanced Bites



Get updates about diet.  
1.7k followers



Request to Join



The Nourish Hub



Exercise & Diet  
1M followers



Request to Join



Fuel & Flourish



Delicious as well as healthy food  
118k followers



Request to Join



< Progress



Good Morning,  
Bharti!

☐ Water intake



Target **5 Litre** ❌

Update 1 litre ^

🌙 Sleep cycle



Target **7 Hours** ✅

Update 7 hours ^

🍴 Todays Meal



Target **Healthy** ❌

Add today's meal 200 calories

🏋️ Exercise



Target **30 Min** ❌

Update 10 min ^

17  
Mar

Dr. abc sharma

Nutritionist

🕒 5 PM

Calculate  
BMI

Height :

Weight :

BMI





## Health connect

Today

R

**Ram sharma**

02:23 pm

Bro, I keep forgetting things in class.  
My brain feels foggy.

S

**Shyam**

02:23 pm

How much sleep are you getting?

R

**Ram sharma**

02:23 pm

Like 4-5 hours. 😊

S

**Shyam**

02:23 pm

That's bad! Lack of sleep = weak  
memory. You should consult a doctor.



R

**Ram sharma**

02:23 pm

You think it's serious?

S

**Shyam**

02:23 pm

Ram: Better to check now before it  
affects your exams!



Type a message



Articles



Community



Appointment



Progress



# < Progress



Good Morning,  
Bharti!

Your learning path

Settings

Profile

☐ Water intake



Target **5 Litre** ❌

Update 1 litre ^

🌙 Sleep cycle



Target **7 Hours** ✅

Update 7 hours ^

🍴 Todays Meal



Target **Healthy** ❌

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Target **30 Min** ❌

Update 10 min ^

17  
Mar

Dr. abc sharma

Nutritionist

🕒 5 PM

Calculate  
BMI

Height :

Weight :

BMI



Eat better,  
live **healthier**  
your nutrition,  
your way.

Get started

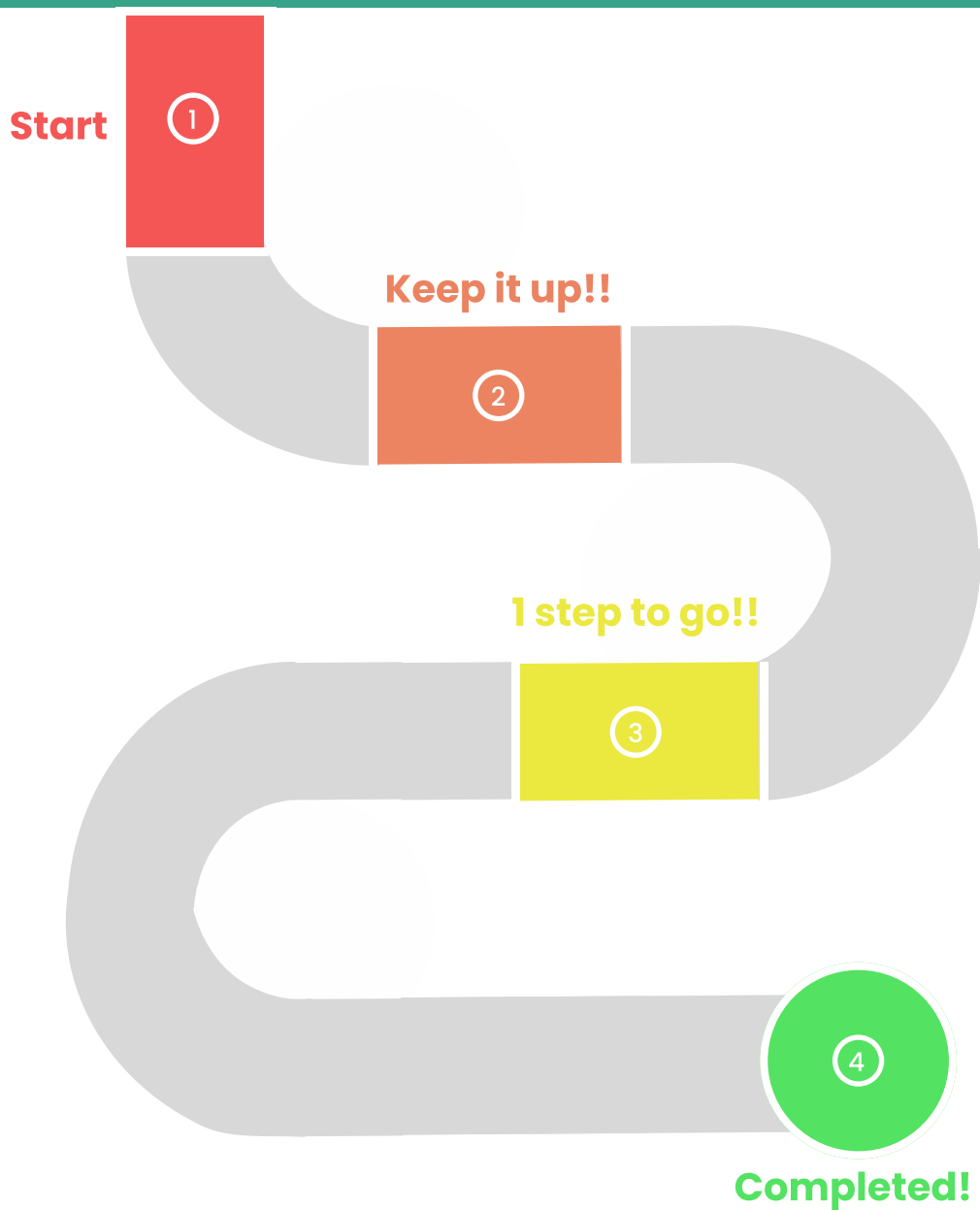


Eat better,  
live **healthier**  
your nutrition,  
your way.

Get started



# < Your Learning Path



**100  
points**

**Congratulations!**

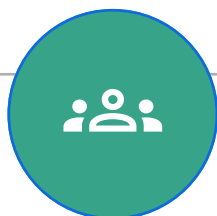
Your have successfully  
completed your path.



Articles



Community



Appointment



Progress

Eat better,  
live **healthier**  
your nutrition,  
your way.

Get started



Eat better,  
live **healthier**  
your nutrition,  
your way.

Get started



Eat better,  
live **healthier**  
your nutrition,  
your way.

Get started



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