



## Interpreting our Behaviour

Total points 7/10

Pair Task - Discuss the following questions and agree on the best answers among the alternatives given against each question

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7 of 10 points



✓ What is the role of Self-confidence in being Assertive?

1/1

☒ Essential



☐ Desirable

☐ Not Required

✗ Assertive Behaviour requires

0/1

☐ Forcing our view

☐ Repeating our view if necessary

☒ Giving our view only once but clearly



Correct answer

☒ Repeating our view if necessary



✓ Can self confidence be developed to become assertive in difficult situations? 1/1

☐ Yes

☐ No

☒ Depends on Person



✓ Will being assertive always result into successful solution to the difficult situation? 1/1

☐ Yes

☒ No



✓ What mode of communication should we be more conscious about, to be more assertive 1/1

☐ Verbal

☒ Non Verbal ( Voice, tone, Body Language)



✓ Which is most critical in developing self confidence ( choose one from below list) 1/1

☐ Grooming well - Physical appearance

☐ Becoming a Subject Matter Expert

☒ Belief in Oneself



✗ What type of behaviour do the following statement / questions reflect ? .... "Developer to his team mate" ..... if you don't tell me what you are looking for in the output now, how can you expect me to complete the coding by end of the day 0/1

☒ Aggressive



☐ Passive

☐ Assertive

Correct answer

☒ Assertive



✗ On site Developer to the customer " I understand Sir your concerns, i will report your issues to the head office" 0/1

☐ Aggressive

☐ Passive

☒ Assertive ✗

Correct answer

☒ Passive

✓ Project leader to a customer who is upset with the functionality " we are sorry this happened, I would like to set things right. However, in order to help, may i request you for some details please ? 1/1

☐ Aggressive

☐ Passive

☒ Assertive ✓



✓ Manager to the team member who requests for a 2 day leave extension. I want you right now or you will be issued a warning letter 1/1

☒ Aggressive ✓

☐ Passive

☐ Assertive

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