

Dr. Ritesh Gupta, MD (AIIMS)H-11, Sector 25 Jalvayu Vihar 201301
Noida UP**Dr. Ritesh Gupta**
MD, MBBS**Name:** Jitender Kumar
Age/Sex: 51y / M
Office ID: RG1285**Date:** 28-12-2022 07:48 pm
Mobile: 9873603522**Symptoms:** Last consultation on (Sep 1, 2022)**Findings:** weight (89.9 kg), BP (126/76), HbA1c (7.1), Hemoglobin (15.5), Lipid profile, Urine routine and microscopy (3-4 WBC/HPF), urine microalbumin (ACR 7.5 mg/g), KFT (normal), TSH (0.92)**Diagnosis:** Type 2 Diabetes Mellitus (15 years), Bronchial Asthma (mild intermittent), COVID-19 (took steroids, did not need oxygen, Apr 21, again mild disease in Jan 22), Anxiety (for long), Normal coronary angiography (2015), Normal ACR (Dec 22), No retinopathy, Normal LVEF (Nov 22), History of recurrent balanoposthitis (Better now), Vertebral Fracture (L2 fracture, following RTA, 21/11/22, taking Pregab M 75 OD)

Rx	Name	Frequency	Duration	Notes
1	Tablet Xigduo XR (10/1000) DAPAGLIFLOZIN(10 MG) + METFORMIN(1000 MG)	½ tablets - Once a day		After Food, after breakfast
2	Tablet Zavamet 50/500 VILDAGLIPTIN 50 MG+METFORMIN 500 MG	1 tablet - Twice a day		After Food, after breakfast and dinner
3	Tablet Xilia (1 mg) GLIMEPIRIDE(1 MG)	½ tablets - Once a day		30 minutes before breakfast
4	Tablet Rozucor (10 mg) ROSUVASTATIN(10 MG)	1 tablet - Once a day		After Food, dinner
5	Capsule D Rise 60K CHOLECALCIFEROL 60000 IU	1 capsule - Once a month		
6	Tablet Augmentin Duo 1000 AMOXICILLIN(875 MG) + POTASSIUM CLAVULANATE(125 MG)	1 tablet - Twice a day	5 Days	After Food

Advised Investigations: HbA1c Test, DEXA Scan (3 sites)**Instructions:**

- Check sugars as advised
- Be careful about low sugars as discussed
- Investigations after 3 months
- Consult surgeon

MG