

Furry Friends



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Editor's Note



"There is no faith which has never yet been broken, except that of a truly faithful dog" –
Konrad Lorenz

I come from a pet-loving family and have grown into an unabashed animal person, I'm one of those introvert/extrovert mixes who usually feels more comfortable on the floor with someone's dog or cat than making conversation with the adults.

I can often be spotted out and about in my neighborhood trying to make friends with any dog who happens to be on their routine walks. I guess that is the reason my parents wanted to bring home my companion fur baby who has changed our life and brought us full of happiness and fun.

I am proud pet parent of 4 years shihtzu dog who is with me when he is only 3 months old, it is he who inspired me to write newsletter on Pet's health and wellbeing.

My journey started in this project with meeting, photographing, and interviewing few pet parents with their pet asking them questions related to their pet, food that they feed and their health challenges, followed by the interview with Veterinary doctor of Kings vet Clinic.

I concluded my work by VOX POP with university students and school students.

My aim of this Newsletter is to educate and bring awareness among Public for adopting and nurturing pets.

- "Until one has loved an animal, a part of ones soul remains unawakened"-

Glimpses on the Life of Pet Parent

By Tanushri Anand

Mrs. Rachana Shroff talks about her journey as pet parent with two pets in this exclusive Q&A



Face to Face interview was conducted by host Tanushri Anand on 24-4-2024 with a pet parent of two pets in her Resident at 6pm. Mrs. Rachana Shroff has two pets, one cat and one dog. This interview was taken to have

Hi, I'm Tanushri, your lovely host. Today we are having an interview with our wonderful guests Mrs. Rachana. Please introduce your pets.

Hi, it's very nice to see you're doing something good for the community just wanted to let you know that! I have two pets, one is a cat, and one is a dog. My cat's name is coffee he is 12 years old, and he is the Persian mix, my dog is a German spitz his name is cookie and he's 8 years old.

What are some of your favorite activities to do together with your pet?

OK so with coffee (cat) he likes to play spend a lot of time, he likes to be pampered so I keep pampering him and with my dog cookie he likes to go for long walks, swimming, he loves to play and of course the belly rub, all these are their favorite activities

Have you and your pet overcome any challenges together?

Pet parents face challenges, such as treating a cat's fungal infection that spread to their daughter, and dealing with kidney stones in their dog. Managing these issues and maintaining a healthy lifestyle is the biggest challenge in pet parenthood.

How did you and your pet first meet what made you decide to bring them into your life?

I have only one daughter and she wanted another sibling which was not possible therefore she always wanted to have pets and so we went and explored in Sharjah market, where she fell in love with a cat and then after a few years she decided to have one more pet, so we got a dog too.

How has your pet impacted your life and well-being?

When we go out and then while returning home both are waiting for us with their smiling faces and they're so happy, we always feel we should be at home more and spend our time with them. We get unconditional love from them.

How did you navigate those experiences?

It was very difficult for us, we needed to do a lot of research and had to ask many friends for information related to pets, we needed to go to a right and reliable doctor who would give us the right procedure to follow.

What unique personality traits or quirks does your pet have that make them special to you?

Coffee, a cat, has a unique bond with me, coming to me for grooming and responding to my daughter's name before hers. Cookie, a dog, is loving, caring, and jovial, enjoying playing with everyone.

In what ways does your pet communicate with you, and how do you understand their needs?

OK so with coffee(cat) he likes to play spend lot of time, he likes to be pampered so I keep pampering him and with my dog cookie he likes to go for long walks, swimming, he loves to play and of course the belly rub, all these are their favorite activities.

Have you learned anything about yourself through caring for your pet?

I would say "patience" and that's one of the things that I've learned. We need to be very patient with them, they won't act immediately on your first command, they need lot of training to understand and follow our command. So, you need to be patient, you need to give them their attention and love.

How do you ensure a strong and loving bond with your pet?

By spending a lot of time with them, knowing their needs, giving them what they need, giving them our attention and love and that's exactly what they give us back, so I guess that's something that makes our bond stronger

Do you like to have a more similar breed pet in future?

I initially wanted more pets but experienced heartbreaking moments with their dog's kidney stone. They question if they truly want to have more pets, as they dedicate their time to make their pet's lives better. They are unsure if they will have the courage to do so for another pet.

Thank you for your lovely interview, it was good to hear from the heart about your pets and your experience, it was lovely having a wonderful interview with you thank you for your time.



Balanced diet recipe for dogs







Each dog needs plenty of protein, easily processed from a high-quality meat source, like muscle tissue. Your pet can also benefit from fruits, vegetables, and healthy fats for body maintenance. The combination of these creates what every pet parent is looking for: a balanced diet for their pet.

Balanced Dog Food Should Meet Your Dog's Energy Requirements

Energy requirements for dogs can vary depending on many factors. It is important to meet your dog's specific energy requirement to sustain their daily lifestyle. Some factors include:

- Growth
- Reproduction (intact vs. altered)
- Adult age groups (young, middle, and older)
- Activity level
- Breed
- Medical and behavioral conditions

There are six essential nutrients that are required to support life and function in dogs.

1. Water  It aids digestion and absorption, sources are food and extra water
2. Carbohydrates (including fiber)  It supply energy, source are Rice, oats, potatoes, Apples, wheat
3. Vitamins  creation of DNA, bone development, blood clotting, normal eye function, and neurologic function. Natural sources with the highest amounts of vitamin A, D, E, and k are Fish oil, Liver, Egg, Dairy products other sources include freshwater fish, beef, Vitamin D.
4. Minerals  The macrominerals recognized as essential to a pet's diet at certain amounts are calcium, phosphorus, sodium, magnesium, potassium, and chloride.
5. Fat  Provides energy and helping with the absorption of fat-soluble vitamins. Sources of Fat are flaxseed, canola, and marine fish oils are good sources of omega-3
6. Protein 

Adults: 18% crude protein minimum
Senior dogs: 28% crude protein minimum
Sources of Protein are Turkey, Duck, Beef, Lamb, Pork, Venison, Rabbit, Bison, Eggs and Fish (salmon, tuna, whitefish)
Common Plant based protein are
Soy, Peas, Lentils, Rice, Potato, Chickpeas, Quinoa, Barley, Oats, Buckwheat.

Simple Recipe for Dog food



Ingredients

500 gms of minced meat/salmon fish/chicken/turkey/beef
250 gms of brown/white rice/sweet potatoes
250 gms of vegetables (carrot, green peas, green beans, broccoli, Pumpkin)
10 gms of liver
1 tsp of virgin coconut oil/cod liver oil
Water double the amount of Rice quantity
Pinch of turmeric

Pet food recipev

Pressure cook all the ingredients with sufficient amount of water with pinch of turmeric and 1 tsp of coconut oil.

Note: Combination of vegetables or two to three available fresh vegetables can be used for meal preparation.

Egg shells baked and powdered can be used to add extra nutrition in the meal.

A veterinarian Dr Rizwan Malik says treating pets is satisfying career.

By Tanushri Anand



Dr. Rizwan Malik, a veterinary surgeon at Kings Vet Clinic Dubai, discussed pet health, wellbeing, and veterinary life experience

Q Doctor!! Tell me a little bit about yourself, your experience and about your clinic?

I am Dr. Rizwan, a Pakistani veterinarian with a DVM degree since 2012, has been providing exceptional care to diverse animals in the UAE for the past decade, utilizing a broad perspective and adaptability in veterinary challenges.

Q Can you tell us What education or skills are needed to do be a veterinarian?

Achieving veterinarians must complete a fiveyear Doctor of Veterinary Medicine degree and a six-month internship after high school to become respected professionals in the field.

How did you get started as a veterinarian?

A Growing up with backyard poultry and parrots, my love for animals ignited a passion for veterinary medicine, leading me to make this decision in high school.

What is most challenging about this job?

Veterinarians face unique challenges due to patients' inability to communicate verbally, requiring their diagnostic skills and experience to make critical decisions. For instance, during an orthopedic surgery, creative post-surgical management techniques were implemented, requiring observation, patience, and understanding of animal behavior.

Q Doctor What is most rewarding about being a veterinarian?

The most rewarding aspect of being a veterinarian is witnessing the profound impact we have on animal lives. Witnessing the transformation of a pet from a lethargic to a trusting one is heartwarming. The satisfaction of seeing a sick pet become healthy is the most satisfying aspect of the job.

what is the most common health problem these fur babies face and how to prevent it?

A Common dog and cat health concerns include parvovirus, intestinal parasites, Feline Panleukopenia, upper respiratory infections, and feline leukemia virus. These can be prevented through vaccinations and control routines. Skin conditions like ringworm are also prevalent. The satisfaction of seeing a patient recover is significant.

Q Doctor in your experience which pet/animal is coming more to you as patient?

Kings Veterinary Clinic provides comprehensive care for a diverse range of companion animals, including cats, dogs, turtles, birds, amphibians, reptiles, and snakes. The unique challenges and rewards of treating exotic pets make it fascinating.

Q How do you think we can prevent this disease?

Kings Veterinary Clinic advocates for a preventative healthcare approach consisting of vaccinations, parasite control, and regular checkups. Vaccinations protect against diseases like parvovirus, parasite control prevents discomfort, and regular checkups detect potential issues early. Educating pet owners about these measures is crucial.

Q Doctor, what advice would you offer someone considering this career?

Veterinarian work is demanding but rewarding, with the joy of witnessing animal recovery and reuniting them with families. Kings Veterinary Clinic promotes a healthy work-life balance. The field offers diverse career paths, from small animal practice to large animal care, wildlife rehabilitation, research, and public health. Qualified veterinarians are in high demand, making veterinary medicine a secure and rewarding career choice.

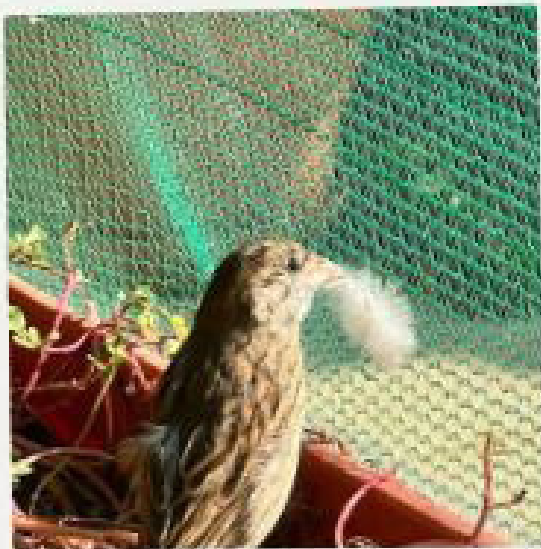
So yeah, at last, before winding up this interview can you tell us What are your goals/dreams for the future?

A The professional goal is to enhance veterinary medicine skills, focusing on developing minimally invasive surgical techniques to minimize pain and discomfort for animals. They also aim to educate pet owners about responsible pet ownership, promoting responsible adoption practices, and contributing to a future where

The meeting was filled with valuable information about pet health and wellbeing, facilitated by a veterinary doctor, who expressed gratitude for his valuable time and knowledge.

Adorable

♥♥ memories



Our best moments



By - Tanushri.Anand

Soft and fluffy

cookie a 1yrs 8months ,house
sparrow sitting a plants leaf

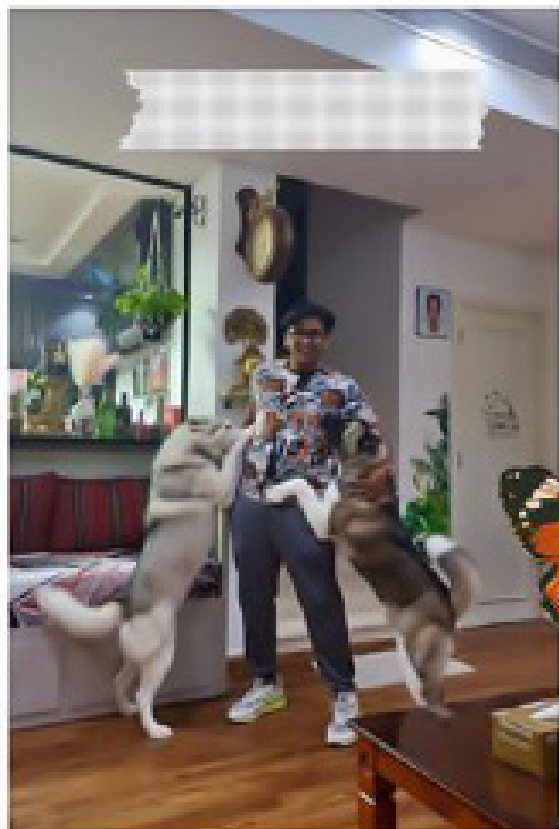


A 3 yrs old Maltese,
captain on his birthday



coffee a 12 yrs old Persian mix
cat posing for the camera

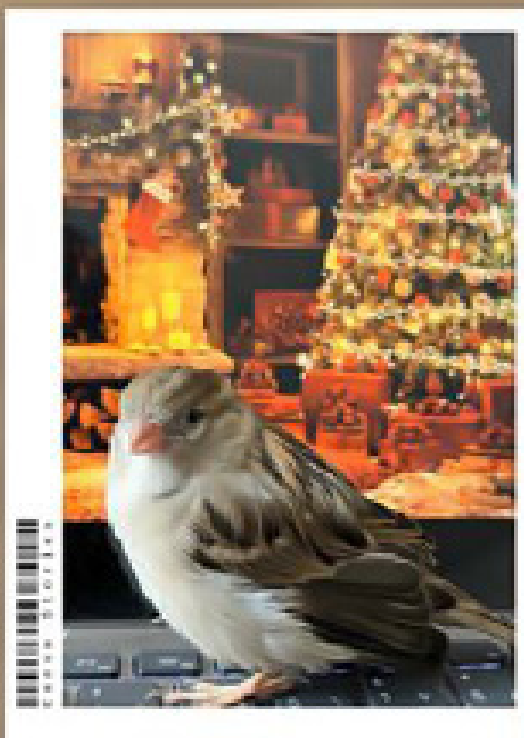
Cute !!



On the left is Aspin 3 yr old (Siberian husky)
and on the right is duke 1yr old (American Akita)
welcomming their owner after a long day
at university



Brownie,
2.5 years
Arabian Mau cat resting on sofa



cookie standind
on the laptop's
keypad



VOX POP.

PET LOVING SOCIETY

What kind of Pet will you adopt if you get a chance to adopt, and why?



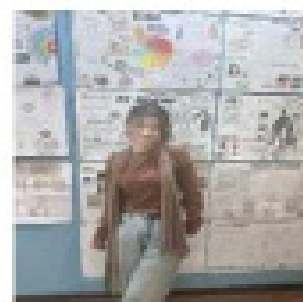
Vinodh Radhakrishnan

"My name is Vinod. I am an entrepreneur here in Dubai. I would like to adopt a dog because I was thinking way back in India to adopt a dog. But I think here in Dubai it's more secure, therefore I thought if need to adopt I will adopt a dog."



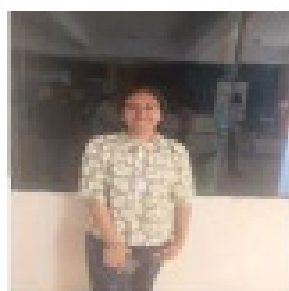
Zeha Zoya

"My name is Zeha, and I am studying interior design. I am a first-year student. I would like to adopt a rabbit as a pet because they are kind of hygienic and they are cute and chubby as well."



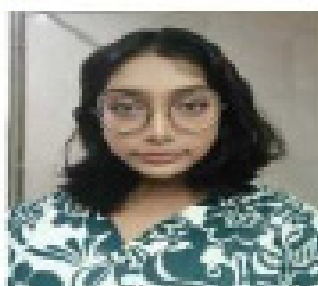
Mahzun

"My name is Mahzun and I'm from Pakistan. I am in my first year of interior design. I love to adopt hamsters because they are super cute and small, and they are easy to take care of."



Angelina

"My name is Angelina and I'm studying at Manipal Academy of Higher Education. And I am in my first year of nutrition science. I like to adopt a dog because they are very loyal to us for a lifetime."



Ahsana

"I'm Ahsana. I'm 15 years old and I'm a student. If I had the chance to adopt a pet, I would choose both a dog and a cat. Adopting both a cat and a dog means experiencing the best of both. It's about enriching your life with love and joy which only this wonderful animal can provide."



Najah Fathima

"I'm Najah Fathima. I'm doing my first year of BBA. I would like to adopt a cat. Because I love cats. I always wanted to touch their fur, smell them, and I wish that was literally, like a dream for me."



Thank You

thank you for time and attention

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