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Nov 5, 2025, 12:00 pm EST

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Oct 16, 2025, 12:00 pm EDT

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## Keep Kids Safe In The Sun And Lower Their Skin Cancer Risk

Sep 18, 2025, 2:21 pm EDT

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## How To Limit Skin Cancer Risk When Working Outside

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Board-certified family physician Dr. Tess Thomas reveals why just 10 minutes of strategic sunshine exposure daily...



## Rainwater On Your Skin: Nature's Facial Or Hidden Hazard?

Sep 3, 2025, 3:14 pm EDT

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Board-certified dermatologist Dr. Leela Athalye answers the two biggest SPF questions every makeup wearer has been...



## What's Wrong With American Sunscreen?

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Think your sunscreen has you fully protected? Think again! Many American sunscreens don't meet international...



## Don't Skip Sunscreen With Your Sun Shirt

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As UPF-rated clothing has gained popularity recently, some are wondering if they can skip sunscreen entirely. Experts...



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