

Present Perfect Continuous Tense

Rule: Sub. + has / have + been + V-1st form - ing + Object + time

I	Have been	Working on my English language & communication skill for 1 year.
We	Have been	
You		
They		
Ram & Jhon		
He	Has been	
She		
It		
Ram		
Meera		



Present Perfect Continuous Tense

I have been living in Vadodara for 5 years. → मैं 4 साल से वड़ोदरा में रहते आ रहा हूँ।

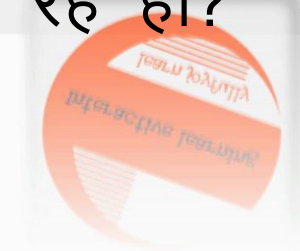
You have been teaching in school for 4 years.

He has been sleeping for 7 hours.

How long have you been waiting for the bus? → तुम कब से bus का इंतज़ार कर रहे हो?

Mom has been cooking food for 2 hours.

Tara hasn't been visiting us since March.



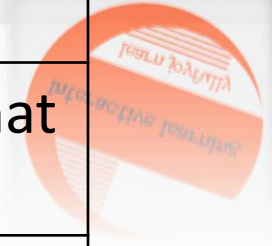
Negative of Present Perfect Continuous Tense

I have been studying for three hours.	I have not been studying for three hours.
I have been watching TV since 7 pm.	I haven't been watching TV since 7 pm.
Mia has been competing in flute competitions recently. (And she will continue to do so.)	Mia hasn't been competing in flute competitions recently.
He has been traveling around the world for a month.	He hasn't been traveling around the world for a month.
They have been playing the cricket in that field for five hours.	They haven't been playing the cricket in that field for five hours.
I have been helping him to do the task for an hour.	I haven't been helping him to do the task for an hour.



Interrogative of Present Perfect Continuous Tense

I have been studying for three hours.	Have I been studying for three hours.
I have been watching TV since 7 pm.	Have I been watching TV since 7 pm.
Mia has been competing in flute competitions recently.	has Mia been competing in flute competitions recently.
He has been traveling around the world for a month.	has He been traveling around the world for a month.
They have been playing the cricket in that field for five hours.	have They been playing the cricket in that field for five hours.
I have been helping him to do the task for an hour.	Have I been helping him to do the task for an hour.
I have been studying for three hours.	Have I been studying for three hours.



Make sentences of all kind.

: Present Perfect Continuous Tense

Affirmative / Simple Sentence	He has been sleeping for 7 hours.
Negative Sentence	He has not been sleeping for 7 hours.
Interrogative Sentence	Has he been sleeping for 7 hours?
Interrogative-Negative Sentence	Hasn't he been sleeping for 7 hours?
W-H Interrogative Sentence	Why has he been sleeping for 7 hours?
W-H Interrogative-Negative Sentence	Why hasn't he been sleeping for 7 hours?

