Extent of My AI Usage

1. Research Acceleration

• Literature Review: AI tools help scan and summarize large volumes of academic papers, working papers, and policy documents.
• Conference Insights: I use AI to distill proceedings (ICML, SEEQA, etc.) into thematic takeaways.
• Cross-Domain Synthesis: AI assists in linking economics, anthropology, and technical fields into integrated insights.

2. Writing & Publishing

• Drafting Support: I use AI for first-pass structuring of Substack articles, book chapters, and reports, while maintaining my own analytical tone.
• Editing & Refinement: AI highlights redundancies, improves flow, and tests readability for different audiences (board directors vs. investors vs. public).
• Content Repurposing: AI helps adapt research into multiple formats — one-pagers, checklists, LinkedIn posts, and longer policy pieces.

3. Data Handling

• Exploratory Analysis: AI supports cleaning, tagging, and organizing climate, financial, or governance data.
• Visualization: I experiment with AI-aided visuals (taxonomies, timelines, value chain maps) to communicate complex research clearly.
• Gap Spotting: AI assists in identifying missing dimensions (e.g., liability risks, stakeholder categories) during analysis.

4. Strategic Foresight

• Scenario Building: AI enables structured horizon scanning (short, medium, long-term futures).
• Governance Applications: I explore AI's role in board oversight, shareholder engagement, and regulatory risk management.
• Creative Lenses: AI helps test narratives (e.g., anthropological or cultural perspectives) that sharpen foresight for decision-makers.

5. Boundaries of Use

• Not a Substitute for Judgment: I apply AI outputs critically, cross-checking with primary sources and expert input.
• Transparency: I disclose where AI plays a role in drafting or synthesis.
• Human Voice: Final products always reflect my analytical framing, tone, and governance lens.

Closing Note

I use AI because I truly enjoy producing content, and it allows me to generate high-quality research and articles while also pursuing other personal and professional objectives. My educational background in **Economics and Financial Accountability**, combined with **7+ years of experience** in highly

professionalized environments, has sharpened my editorial ability.

With this perspective, I see AI as a tool that helps me create the kind of work I would have produced on my own — but **faster, with fewer oversights, and at lower cost**.

I hope you enjoy the work.
If you have any further questions, please feel free to reach out: **tanyamatanda@icloud.com**.