# COMBO Ontology

Version: 20250630, Tao Team, Mayo Clinic

This document provides a structured, human-readable overview of the preliminary COMBO Ontology, which defines a comprehensive taxonomy of complementary and integrative health interventions. Concepts are organized hierarchically, with unique identifiers and detailed annotations including definitions, provenance, and synonyms (where available). The format and presentation style of this document were developed with input from PI Kilicoglu.

The structure is designed for navigability, interpretability, and multi-inheritance awareness.

Notes for Use

- Navigation Pane (Left Outline View):

• Open the document in Microsoft Word.

• Go to the View tab and check Navigation Pane.

• Click the Headings tab to explore the hierarchy.

- Table of Contents (TOC):

• Located in Part Two.

• Right-click and choose 'Update Field → Update entire table' to refresh and activate links.

- Concept IDs:

• Each concept is numbered (e.g., 1.2.3) and used in links and references.

- Multi-Inheritance Consideration:

• Concepts may appear under multiple parents.

• The first occurrence shows full detail.

• Secondary occurrences use a hyperlink: Refer to section X.Y.Z.

• Concepts with multiple parents are also listed at the end of the document (Appendix A).

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# 1 Complementary\_Medicine\_Intervention

## 1.1 Nutritional\_Intervention

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000372898

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C1882127

Synonyms:

• Nutritional therapy

### 1.1.1 Dietary\_Pattern

Definition:

• Foods and beverages that an individual or group of humans or animals habitually consume. (MSH)

• The types of food combinations that are commonly eaten by a population. (NCI)

Provenance:

• Source: MeSH

• Source: NCI

• source: NCCIH

• source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C1517289

Synonyms:

• Dietary Patterns

• Food Pattern

• Food Patterns

#### 1.1.1.1 Ketogenic\_Diet

Definition:

• [Source: Medical Subject Headings (MeSH)] A course of food intake that is high in FATS and low in CARBOHYDRATES. This diet provides sufficient PROTEINS for growth but insufficient amount of carbohydrates for the energy needs of the body. A ketogenic diet generates 80-90% of caloric requirements from fats and the remainder from proteins.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D055423

Synonyms:

• Ketogenic Diets

#### 1.1.1.2 High\_Protein\_Low\_Carbohydrate\_Diet

Definition:

• [Source: Medical Subject Headings (MeSH)] A diet that consists mainly of foods with a high content of protein and limited amounts of CARBOHYDRATES.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000076107

Synonyms:

• Atkins Diet

• Carbohydrate Restricted High Protein Diet

• Carbohydrate Restricted High Protein Diets

• Carbohydrate-Restricted High-Protein Diet

• Carbohydrate-Restricted High-Protein Diets

• High Protein Carbohydrate Restricted Diet

• High Protein Carbohydrate Restricted Diets

• High Protein Low Carbohydrate Diet

• High Protein Low Carbohydrate Diets

• High-Protein Carbohydrate-Restricted Diet

• High-Protein Carbohydrate-Restricted Diets

• High-Protein Low-Carbohydrate Diets

• Low Carbohydrate High Protein Diet

• Low Carbohydrate High Protein Diets

• Low-Carbohydrate High-Protein Diet

• Low-Carbohydrate High-Protein Diets

• South Beach Diet

#### 1.1.1.3 Gluten\_Free\_Diet

Definition:

• [Source: Medical Subject Headings (MeSH)] A diet which is devoid of GLUTENS from WHEAT; BARLEY; RYE; and other wheat-related varieties. The diet is designed to reduce exposure to those proteins in gluten that trigger INFLAMMATION of the small intestinal mucosa in patients with CELIAC DISEASE.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D055050

Synonyms:

• Gluten Free Diet

• Gluten-Free Diets

#### 1.1.1.4 Paleolithic\_Diet

Definition:

• [Source: Medical Subject Headings (MeSH)] A nutritional plan based on the presumed diet of pre-agricultural human ancestors. It consists mainly of MEAT, EGGS, NUTS, roots and fresh VEGETABLES and FRUITS, and excludes GRAIN, LEGUMES, DAIRY PRODUCTS, and refined DIETARY SUGARS.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D066046

Synonyms:

• Caveman Diet

• Caveman Diets

• Hunter-Gatherer Diet

• Hunter-Gatherer Diets

• Paleo Diet

• Paleo Diets

• Stone Age Diet

• Stone Age Diets

#### 1.1.1.5 Plant\_Based\_Diet

Definition:

• [Source: Medical Subject Headings (MeSH)] A diet that emphasizes consumption of plant foods, such as grains, fruits, vegetables, nuts, and LEGUMES while reducing intake of animal-based foods.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000095500

Synonyms:

• Plant Based Diet

• Plant Based Nutrition

• Plant-Based Diets

• Plant-Based Nutrition

##### 1.1.1.5.1 Mediterranean\_Diet

Definition:

• [Source: Medical Subject Headings (MeSH)] A diet typical of the Mediterranean region characterized by a pattern high in fruits and vegetables, EDIBLE GRAIN and bread, potatoes, poultry, beans, nuts, olive oil and fish while low in red meat and dairy and moderate in alcohol consumption.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D038441

Synonyms:

• Mediterranean Diets

##### 1.1.1.5.2 Vegetarian\_Diet

Definition:

• [Source: Medical Subject Headings (MeSH)] The dietary practice of completely avoiding meat or fish products in the DIET, consuming VEGETABLES, CEREALS, and NUTS. Some vegetarian diets called lacto-ovo also include milk and egg products.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D014676

Synonyms:

• Lacto Ovo Vegetarian Diet

• Lacto Vegetarian Diet

• Lacto-Ovo Vegetarian Diet

• Lacto-Ovo Vegetarian Diets

• Lacto-Vegetarian Diet

• Lacto-Vegetarian Diets

• Vegetarian Diets

• Vegetarianism

###### 1.1.1.5.2.1 Macrobiotic\_Diet

Definition:

• [Source: Medical Subject Headings (MeSH)] An approach to nutrition based on whole cereal grains, beans, cooked vegetables and the Chinese YIN-YANG principle. It advocates a diet consisting of organic and locally grown foods, seasonal vegetables, complex carbohydrates, and fewer fats, sugars, and chemically processed foods.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D015623

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574287

Synonyms:

• Macrobiotic Diets

• Macrobiotics Therapy

###### 1.1.1.5.2.2 Vegan\_Diet

Definition:

• [Source: Medical Subject Headings (MeSH)] Dietary practice of avoiding animal products in any form.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000067269

Synonyms:

• Vegan Diets

• Veganism

#### 1.1.1.6 Dietary\_Approach\_to\_Stop\_Hypertension

Definition:

• [Source: Medical Subject Headings (MeSH)] Dietary recommendations that promote reduction in or prevention of high blood pressure. Recommendations include increasing intake of fruits and vegetables, and high-fiber, low-fat foods and reducing the intake of DIETARY SODIUM and high fat foods.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000073601

Synonyms:

• DASH Diet

• DASH Diets

• Dietary Approaches To Stop Hypertension Diet

### 1.1.2 Gerson\_Therapy

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000453793

Synonyms:

• Gerson diet

### 1.1.3 Gonzalez\_Regimen

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000441094

Synonyms:

• N/A

### 1.1.4 Dietary\_Macronutrients\_Therapy

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574290

Synonyms:

• N/A

### 1.1.5 Antioxidants\_Therapy

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574289

Synonyms:

• N/A

### 1.1.6 Vitamin\_Therapy

Definition:

• A group of organic food substances found in animals and plants in small quantities. They must be supplied in diet or dietary supplement and are essential for normal metabolism. (NCI)

• Organic substances that are required in small amounts for maintenance and growth, but which cannot be manufactured by the human body. (MSH)

Provenance:

• Source: NCCIH

• source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0042890

Synonyms:

• Vitamin

### 1.1.7 Mineral\_Therapy

Definition:

• A solid, homogeneous, inorganic substance occurring in nature and having a definite chemical composition. (NCI)

• Native, inorganic or fossilized organic substances having a definite chemical composition and formed by inorganic reactions. They may occur as individual crystals or may be disseminated in some other mineral or rock. (Grant & Hackh's Chemical Dictionary, 5th ed; McGraw-Hill Dictionary of Scientific and Technical Terms, 4th ed) (MSH)

• naturally occurring inorganic substance that has a definite chemical composition and an orderly internal structure, crystal form, and characteristic chemical and physical properties. (CSP)

Provenance:

• Source: NCCIH

• source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0026162

Synonyms:

• Mineral

### 1.1.8 Amino\_Acid\_Therapy

Definition:

• N/A

Provenance:

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C2917660

Synonyms:

• Amino Acid

### 1.1.9 Dietary\_Supplement\_Therapy

Definition:

• Oral preparations containing dietary ingredient(s) intended to supplement the diet. Dietary ingredients include vitamins, minerals, herbs, amino acids, extracts and metabolites. (NCI)

• Orally ingested products intended as supplements to the diet, including vitamins, herbs, amino acids, and concentrates, metabolites, and extracts of these substances. (PSY)  
 something that completes a diet, offsets a dietary deficiency or strengthens the diet. (CSP)

• Products in capsule, tablet or liquid form that provide dietary ingredients, and that are intended to be taken by mouth to increase the intake of nutrients. Dietary supplements can include macronutrients, such as proteins, carbohydrates, and fats; and/or MICRONUTRIENTS, such as VITAMINS; MINERALS; and PHYTOCHEMICALS. (MSH)

Provenance:

• Source: NCCIH

• source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0242295

Synonyms:

• Dietary Supplement

#### 1.1.9.1 Vitamin\_Dietary\_Supplement\_Therapy

Definition:

• N/A

Provenance:

• source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0242295

Synonyms:

• Vitamin Dietary Supplement

#### 1.1.9.2 Mineral\_Dietary\_Supplement\_Therapy

Definition:

• N/A

Provenance:

• source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0242295

Synonyms:

• Mineral Dietary Supplement

#### 1.1.9.3 Amino\_Acid\_Dietary\_Supplement\_Therapy

Definition:

• N/A

Provenance:

• source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0242295

Synonyms:

• Amino Acid Dietary Supplement

#### 1.1.9.4 Herb\_Dietary\_Supplement\_Therapy

Definition:

• N/A

Provenance:

• source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0242295

Synonyms:

• Herb Dietary Supplement

#### 1.1.9.5 Botanical\_Compound\_Dietary\_Supplement\_Therapy

Definition:

• N/A

Provenance:

• source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0242295

Synonyms:

• Botanical Compound Dietary Supplement

#### 1.1.9.6 Probiotic\_Dietary\_Supplement\_Therapy

Definition:

• N/A

Provenance:

• source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0242295

Synonyms:

• probiotic Dietary Supplement

### 1.1.10 Prebiotic\_Therapy

Definition:

• N/A

Provenance:

• Source: NCCIH

Synonyms:

• Prebiotics

### 1.1.11 Probiotic\_Therapy

Definition:

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Probiotics are live microorganisms that are intended to have health benefits when consumed or applied to the body. They can be found in yogurt and other fermented foods, dietary supplements, and beauty products.

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/probiotics-usefulness-and-safety

Synonyms:

• Probiotics

### 1.1.12 Microbiome\_Metabolite\_Therapy

Definition:

• N/A

Provenance:

• Source: NCCIH

Synonyms:

• Microbiome Metabolite

### 1.1.13 Food\_Metabolite\_Based\_Therapy

Definition:

• N/A

Provenance:

• Source: NCCIH

Synonyms:

• Food Metabolite

### 1.1.14 Mindful\_Eating

Definition:

• N/A

Provenance:

• Source: NCCIH

Synonyms:

• N/A

### 1.1.15 Orthomolecular\_Therapy

Definition:

• The use of very large doses of vitamins or other naturally occurring substances normally present in the body, frequently for the treatment of mental disorders. (MSH)

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574288

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0029340

Synonyms:

• Orthomolecular Medicine

### 1.1.16 Phytotherapy

Definition:

• [Source: Medical Subject Headings (MeSH)] Use of plants or herbs to treat diseases or to alleviate pain.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D008517

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000372899

Synonyms:

• Botanical Therapy

#### 1.1.16.1 Phytoestrogen\_Therapy

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000372904

Synonyms:

• N/A

#### 1.1.16.2 Herbal\_Therapy

Definition:

• N/A

Provenance:

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C2240391

Synonyms:

• Herb Therapy

• Herbal Medicine

##### 1.1.16.2.1 Chinese\_Herbal\_Medicine

Definition:

• N/A

Provenance:

• Source: Read Clinical Terminology Version 2 (RCTV2)  
 http://purl.bioontology.org/ontology/RCTV2/8BF3.00

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C1273412

Synonyms:

• N/A

###### 1.1.16.2.1.1 Astragalus

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/astragalus

Synonyms:

• milk vetch

###### 1.1.16.2.1.2 Asian\_Ginseng

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/asian-ginseng

Synonyms:

• Asian ginseng

• Chinese ginseng

• Korean ginseng

• ginseng root

• red ginseng

• white ginseng

###### 1.1.16.2.1.3 Berberine

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/berberine-and-weight-loss-what-you-need-to-know

Synonyms:

• N/A

###### 1.1.16.2.1.4 Bitter\_Orange

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/bitter-orange

Synonyms:

• Seville orange

• sour orange

• zhi shi

###### 1.1.16.2.1.5 Cinnamon

Definition:

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Cinnamon is a spice that comes from the dried bark of various species of Cinnamomum trees. Ceylon cinnamon (Cinnamomum verum), known as “true” cinnamon, grows primarily in Sri Lanka. Cassia cinnamon (Cinnamomum aromaticum), grown in areas of southeastern Asia, is the most common type sold in North America.

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/cinnamon

Synonyms:

• Ceylon cinnamon

• cassia cinnamon

• cinnamon bark

###### 1.1.16.2.1.6 Dandelion

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/dandelion

Synonyms:

• blowball

• lion’s tooth

###### 1.1.16.2.1.7 Ephedra

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/ephedra

Synonyms:

• Chinese ephedra

• ma huang

###### 1.1.16.2.1.8 Ginger

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/ginger

Synonyms:

• N/A

###### 1.1.16.2.1.9 Ginkgo

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/ginkgo

Synonyms:

• Ginkgo biloba

• Japanese silver apricot

• fossil tree

• maidenhair tree

###### 1.1.16.2.1.10 Tea

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/tea

Synonyms:

• N/A

1.1.16.2.1.10.1 Green\_Tea

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/green-tea

Synonyms:

• N/A

###### 1.1.16.2.1.11 Hawthorn

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/hawthorn

Synonyms:

• English hawthorn

• harthorne

• haw

• hawthorne

• oneseed hawthorn

###### 1.1.16.2.1.12 Licorice\_Root

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/licorice-root

Synonyms:

• Chinese licorice

• gan cao

• gan zao

• licorice

• liquorice

• sweet root

###### 1.1.16.2.1.13 Milk\_Thistle

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/milk-thistle

Synonyms:

• Mary thistle

• holy thistle

###### 1.1.16.2.1.14 Mugwort

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/mugwort

Synonyms:

• St. John’s plant

• chrysanthemum weed

• common wormwood

• felon herb

• sailor’s tobacco

• wild wormwood

###### 1.1.16.2.1.15 Rhodiola

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/rhodiola

Synonyms:

• arctic root

• golden root

• king’s crown

• rose root

###### 1.1.16.2.1.16 Thunder\_God\_Vine

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/thunder-god-vine

Synonyms:

• lei gong teng

###### 1.1.16.2.1.17 White\_Mulberry\_Leaf

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/white-mulberry-leaf

Synonyms:

• Egyptian mulberry

• Russian mulberry

• common mulberry

• silkworm mulberry

##### 1.1.16.2.2 Ayurvedic\_Herbal\_Medicine

Definition:

• N/A

Provenance:

• Source: Medical News Today   
 https://www.medicalnewstoday.com/articles/ayurvedic-herbs

Synonyms:

• N/A

###### 1.1.16.2.2.1 Licorice\_Root

Refer to section 1.1.16.2.1.12

###### 1.1.16.2.2.2 Ashwagandha

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/ashwagandha

Synonyms:

• Indian ginseng

• ashwagandha

###### 1.1.16.2.2.3 Fenugreek

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/fenugreek

Synonyms:

• N/A

###### 1.1.16.2.2.4 Aloe\_Vera

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/aloe-vera

Synonyms:

• aloe

###### 1.1.16.2.2.5 Turmeric

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/turmeric

Synonyms:

• Indian saffron

• turmeric root

###### 1.1.16.2.2.6 Marijuana

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/cannabis-marijuana-and-cannabinoids-what-you-need-to-know

Synonyms:

• N/A

##### 1.1.16.2.3 Western\_Herbal\_Medicine

Definition:

• N/A

Provenance:

• Source: Cancer Coundcil   
 https://www.cancercouncil.com.au/cancer-information/living-well/complementary-therapies/individual-therapies/western-herbal-medicine/#:~:text=What%20is%20it?,effects%20of%20any%20herbal%20preparations.

Synonyms:

• N/A

###### 1.1.16.2.3.1 Asian\_Ginseng

Refer to section 1.1.16.2.1.2

###### 1.1.16.2.3.2 Tea

Refer to section 1.1.16.2.1.10

1.1.16.2.3.2.1 Green\_Tea

Refer to section 1.1.16.2.1.10.1

###### 1.1.16.2.3.3 Milk\_Thistle

Refer to section 1.1.16.2.1.13

###### 1.1.16.2.3.4 Aloe\_Vera

Refer to section 1.1.16.2.2.4

###### 1.1.16.2.3.5 Marijuana

Refer to section 1.1.16.2.2.6

###### 1.1.16.2.3.6 Bilberry

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/bilberry

Synonyms:

• European bilberry

• huckleberry

• whortleberry

###### 1.1.16.2.3.7 Black\_Cohosh

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/black-cohosh

Synonyms:

• black snakeroot

• bugbane

• bugwort

• macrotys

• rattleroot

• rattleweed

###### 1.1.16.2.3.8 Butterbur

Definition:

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Butterbur is a shrub that grows in Europe and parts of Asia and North America. The name, butterbur, is attributed to the traditional use of its large leaves to wrap butter in warm weather. The names for this plant in some other languages translate as “rain hat” or “hat plant,” reflecting another use of the large leaves.

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/butterbur

Synonyms:

• petasites

• purple butterbur

###### 1.1.16.2.3.9 Chamomile

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/chamomile

Synonyms:

• German chamomile

###### 1.1.16.2.3.10 Chasteberry

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/chasteberry

Synonyms:

• chaste tree

• monk's pepper

• vitex

###### 1.1.16.2.3.11 Echinacea

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/echinacea

Synonyms:

• American coneflower

• coneflower

• purple coneflower

###### 1.1.16.2.3.12 European\_Mistletoe

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/european-mistletoe

Synonyms:

• N/A

###### 1.1.16.2.3.13 Feverfew

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/feverfew

Synonyms:

• European feverfew

• bachelor’s buttons

• featherfew

###### 1.1.16.2.3.14 Garlic

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/garlic

Synonyms:

• N/A

###### 1.1.16.2.3.15 Horse\_Chestnut

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/horse-chestnut

Synonyms:

• Spanish chestnut

• buckeye

###### 1.1.16.2.3.16 Lavender

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/lavender

Synonyms:

• English lavender

• French lavender

• common lavender

###### 1.1.16.2.3.17 Red\_Clover

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/red-clover

Synonyms:

• cow clover

• meadow clover

• wild clover

###### 1.1.16.2.3.18 Sage

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/sage

Synonyms:

• common sage

• garden sage

• true sage

###### 1.1.16.2.3.19 St.\_John's\_Wort

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/st-johns-wort

Synonyms:

• Klamath weed

• goatweed

• hypericum

###### 1.1.16.2.3.20 Valerian

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/valerian

Synonyms:

• all-heal

• garden heliotrope

##### 1.1.16.2.4 Native\_American\_Herbal\_Medicine

Definition:

• N/A

Provenance:

• Source:Biomedical Scientist   
 https://thebiomedicalscientist.net/2022/09/05/mystery-and-medicine-native-americans#:~:text=Tobacco%20and%20cedar,also%20have%20many%20other%20uses.

Synonyms:

• N/A

###### 1.1.16.2.4.1 Black\_Cohosh

Refer to section 1.1.16.2.3.7

###### 1.1.16.2.4.2 Echinacea

Refer to section 1.1.16.2.3.11

###### 1.1.16.2.4.3 Cat's\_Claw

Definition:

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Cat’s claw is a woody vine that grows wild in the Amazon rainforest and other tropical areas of Central and South America.

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/cats-claw

Synonyms:

• N/A

###### 1.1.16.2.4.4 Goldenseal

Definition:

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Goldenseal is a plant native to the northeastern United States and southeastern Canada. It has a bright yellow rhizome (underground stem). Wild goldenseal has been overharvested and is available in limited amounts. The plant is grown commercially but is expensive to cultivate.

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/goldenseal

Synonyms:

• goldenroot

• yellow pucoon

• yellow root

###### 1.1.16.2.4.5 Passionflower

Definition:

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Passionflower is a climbing vine that is native to the southeastern United States and Central and South America.

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/passionflower

Synonyms:

• apricot vine

• maracuja

• maypop

• water lemon

###### 1.1.16.2.4.6 Saw\_Palmetto

Definition:

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Saw palmetto is a shrublike palm native to the southeastern United States. Historically, it was used for a variety of conditions, including disorders of the male and female reproductive organs and coughs due to various diseases.

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/saw-palmetto

Synonyms:

• American dwarf palm tree

• cabbage palm

##### 1.1.16.2.5 Amazonian\_Herbal\_Medicine

Definition:

• N/A

Provenance:

• Source: Rainforest Cruises   
 https://www.rainforestcruises.com/guides/top-10-medicinal-plants-of-the-amazon

Synonyms:

• N/A

###### 1.1.16.2.5.1 Cat's\_Claw

Refer to section 1.1.16.2.4.3

###### 1.1.16.2.5.2 Passionflower

Refer to section 1.1.16.2.4.5

##### 1.1.16.2.6 Pacific\_Island\_Herbal\_Medicine

Definition:

• N/A

Provenance:

• Source: World Health Organization (WHO)   
 https://www.who.int/westernpacific/health-topics/traditional-complementary-and-integrative-medicine#tab=tab\_1

Synonyms:

• N/A

###### 1.1.16.2.6.1 Kava

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/kava

Synonyms:

• ava pepper

• ava root

• kava kava

• kawa

##### 1.1.16.2.7 African\_Herbal\_Medicine

Definition:

• N/A

Provenance:

• Source:Intechopen   
 https://www.intechopen.com/chapters/64851

Synonyms:

• N/A

###### 1.1.16.2.7.1 Marijuana

Refer to section 1.1.16.2.2.6

###### 1.1.16.2.7.2 Hoodia

Definition:

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Hoodia is a cactus-like plant that grows in Africa’s Kalahari Desert. Historically, the San Bushmen are believed to have used hoodia to suppress appetite.

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/hoodia

Synonyms:

• Kalahari cactus

• Xhoba

###### 1.1.16.2.7.3 Yohimbe

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/yohimbe

Synonyms:

• johimbi

##### 1.1.16.2.8 Southeast\_Asian\_Herbal\_Medicine

Definition:

• N/A

Provenance:

• Source: World Health Organization (WHO)   
 https://www.who.int/southeastasia/health-topics/traditional-complementary-and-integrative-medicine#:~:text=Traditional%20medicine%20in%20the%20South,Effective%20communication

Synonyms:

• N/A

###### 1.1.16.2.8.1 Kratom

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/kratom

Synonyms:

• N/A

#### 1.1.16.3 Aromatherapy

Definition:

• [Source: Medical Subject Headings (MeSH)] The use of fragrances and essences from plants to affect or alter a person's mood or behavior and to facilitate physical, mental, and emotional well-being. The chemicals comprising essential oils in plants has a host of therapeutic properties and has been used historically in Africa, Asia, and India. Its greatest application is in the field of alternative medicine. (From Random House Unabridged Dictionary, 2d ed; from Dr. Atiba Vheir, Dove Center, Washington, D.C.)

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Aromatherapy is the use of essential oils from plants (flowers, herbs, or trees) as a complementary health approach. The essential oils are most often used by inhaling them or by applying a diluted form to the skin. Many essential oils are used in aromatherapy, including those from Roman chamomile, geranium, lavender, tea tree, lemon, ginger, cedarwood, and bergamot.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D019341

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/aromatherapy

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000441095

Synonyms:

• Aroma

• Aroma Therapies

• Aroma Therapy

• Aroma Treatment

• Aromatherapies

• Aromatic Therapy

• aromatherapy and essential oils

##### 1.1.16.3.1 Essential\_Oil\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Essential Oils

###### 1.1.16.3.1.1 Peppermint\_Oil\_Therapy

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/peppermint-oil

Synonyms:

• Peppermint Oil

• peppermint

###### 1.1.16.3.1.2 Tea\_Tree\_Oil\_Therapy

Definition:

• N/A

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/tea-tree-oil

Synonyms:

• Australian tea tree oil

• Tea Tree Oil

• melaleuca oil

• tea tree

• tea tree essential oil

##### 1.1.16.3.2 Scent\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.1.16.4 Phytochemical\_Therapy

Definition:

• A broad range of biologically active compounds which occur naturally in plants having important medicinal and nutritional properties. (MSH)

• The term 'phyto' originated from a Greek word meaning plant. Phytonutrients are certain organic components of plants, and these components are thought to promote human health. Fruits, vegetables, grains, legumes, nuts and teas are rich sources of phytonutrients. Unlike the traditional nutrients (protein, fat, vitamins, minerals), phytonutrients are not 'essential' for life, so some people prefer the term 'phytochemical'. (USDA Agricultural Research Service) (NCI)

Provenance:

• Source: NCCIH

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0577749

Synonyms:

• Phytochemical

### 1.1.17 Immunoaugmentative\_Therapy

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574093

Synonyms:

• N/A

### 1.1.18 Antineoplastons\_Therapy

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574092

Synonyms:

• N/A

### 1.1.19 Chelation\_Therapy

Definition:

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Chelation therapy is a process in which a substance is delivered intravenously (through the veins) to bind metals or minerals so they can be removed from the body via urination. When it’s used as a complementary treatment for heart disease, a course of treatment can require 20 to 40 weekly infusions lasting several hours each. Patients also typically take high-dose pills of vitamins and minerals.

Provenance:

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/chelation-for-coronary-heart-disease-what-you-need-to-know

Synonyms:

• N/A

### 1.1.20 Natural\_Product\_Therapy

Definition:

• Any whole or part of a plant (including plant exudates), animal or microorganism that is unprocessed (raw material), or that has been processed, pulverized or extracted. Many of the natural products have some biological and/or pharmacological activity or are used for a specific purpose, not necessarily medicinal (food, aroma therapy, research and etc.). This class does not include any individual substance derived from plants/animals or other organisms with specific pharmacologic activity (See Drug, Natural Product). (NCI)

Provenance:

• Source: NCCIH

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C1566558

Synonyms:

• Natural Product

### 1.1.21 Practitioner\_Guided\_Detoxification

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

## 1.2 Physical\_Intervention

Definition:

• N/A

Provenance:

• Source: NCCIH

Synonyms:

• N/A

### 1.2.1 Acupuncture

Definition:

• [Source: Medical Subject Headings (MeSH)] Treatment of disease by inserting needles along specific pathways or meridians. The placement varies with the disease being treated. It is sometimes used in conjunction with heat, moxibustion, acupressure, or electric stimulation.

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Acupuncture is a technique in which practitioners insert fine needles into the skin to treat health problems. The needles may be manipulated manually or stimulated with small electrical currents (electroacupuncture). Acupuncture has been in use in some form for at least 2,500 years. It originated from traditional Chinese medicine but has gained popularity worldwide since the 1970s.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D015670

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/acupuncture-effectiveness-and-safety

• Source: Natural Medicine

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000372888

• Source: Read Codes, Clinical Terms Version 3 (CTV3)  
 http://purl.bioontology.org/ontology/RCD/856..

Synonyms:

• ACP - Acupuncture

• Acupotomies

• Acupotomy

• Acupuncture Therapy

• Acupuncture Treatment

• Acupuncture Treatments

• Pharmacoacupuncture Therapy

• Pharmacoacupuncture Treatment

#### 1.2.1.1 Acupuncture\_for\_Anesthesia

Definition:

• N/A

Provenance:

• Source: Read Codes, Clinical Terms Version 3 (CTV3)  
 http://purl.bioontology.org/ontology/RCD/8561.

Synonyms:

• N/A

#### 1.2.1.2 Acupuncture\_for\_Analgesia

Definition:

• [Source: Medical Subject Headings (MeSH)] Use of ACUPUNCTURE to block the afferent nerve impulses from reaching the brain to reduce the sensation of pain for surgery. Analgesia produced by the insertion of ACUPUNCTURE needles at certain ACUPUNCTURE POINTS on the body. This activates small myelinated nerve fibers in the muscle which transmit impulses to the spinal cord and then activate three centers - the spinal cord, midbrain and pituitary/hypothalamus - to produce analgesia.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D015667

• Source: Read Codes, Clinical Terms Version 3 (CTV3)  
 http://purl.bioontology.org/ontology/RCD/8562.

Synonyms:

• N/A

#### 1.2.1.3 Ear\_Acupuncture

Definition:

• [Source: Medical Subject Headings (MeSH)] Acupuncture therapy by inserting needles in the ear. It is used to control pain and for treating various ailments.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D020831

• Source: Natural Medicine

Synonyms:

• Auricular Acupuncture

• Auricular Acupunctures

• Ear Acupunctures

#### 1.2.1.4 Electroacupuncture

Definition:

• [Source: Medical Subject Headings (MeSH)] A form of acupuncture with electrical impulses passing through the needles to stimulate NERVE TISSUE. It can be used for ANALGESIA; ANESTHESIA; REHABILITATION; and treatment for diseases.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D015671

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000372889

Synonyms:

• Electro-acupuncture

• electro acupuncture

• electroacupuncture therapy

##### 1.2.1.4.1 Electroacupuncture\_After\_Voll

Definition:

• N/A

Provenance:

• Source: Read Codes, Clinical Terms Version 3 (CTV3)  
 http://purl.bioontology.org/ontology/RCD/X00Kg

Synonyms:

• N/A

##### 1.2.1.4.2 Vega\_Electroacupuncture\_Therapy

Definition:

• N/A

Provenance:

• Source: Read Codes, Clinical Terms Version 3 (CTV3)  
 http://purl.bioontology.org/ontology/RCD/X00Kh

Synonyms:

• N/A

#### 1.2.1.5 Japanese\_Acupuncture

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.1.6 Laser\_Acupuncture

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

• Source: Read Codes, Clinical Terms Version 3 (CTV3)  
 http://purl.bioontology.org/ontology/RCD/X00KZ

• Source: SNOMED

Synonyms:

• Laser acupuncture therapy

#### 1.2.1.7 Korean\_Acupuncture

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.1.8 Single\_Point\_Acupuncture

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.1.9 Hand\_Acupuncture

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.1.10 Foot\_Acupuncture

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.1.11 Acu\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Acu-Moxi

##### 1.2.1.11.1 Needle\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.1.11.1.1 Warm\_Needle\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.1.12 Chinese\_Acupuncture

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

### 1.2.2 Trigger\_Point\_Acupuncture

Definition:

• N/A

Provenance:

• Source: NCCIH

• Source: CIHLex

• Source: MESH

• Source: Natural Medicine

Synonyms:

• N/A

### 1.2.3 Auriculotherapy

Definition:

• [Source: Medical Subject Headings (MeSH)] Treatment of pain, drug addictions, or other ailments by stimulating the various points on the external ear (EAR AURICLES). It is based on the ancient Chinese practices of EAR ACUPUNCTURE, but sometimes magnets and other modes of stimulation are used.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D055097

Synonyms:

• N/A

#### 1.2.3.1 Ear\_Acupuncture

Refer to section 1.2.1.3

### 1.2.4 Acustimulation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: UMLS

Synonyms:

• N/A

#### 1.2.4.1 Transcutaneous\_Electrical\_Acustimulation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.4.2 Acupoint\_Stimulation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

### 1.2.5 Percutaneous\_Collagen\_Induction

Definition:

• [Source: Medical Subject Headings (MeSH)] An alternative treatment for skin dysfunctions that stimulates COLLAGEN production by encouraging normal WOUND HEALING that occurs after any trauma by inducing microlesions.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000097244

Synonyms:

• Microneedling

• Skin Needling

### 1.2.6 Mind–body\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] Treatment methods or techniques which are based on the knowledge of mind and body interactions. These techniques can be used to reduce the feeling of tension and effect of stress, and to enhance the physiological and psychological well-being of an individual.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D026441

Synonyms:

• Mind Body Therapies

• Mind-Body Medicine

#### 1.2.6.1 Breathing\_Exercise

Definition:

• [Source: Medical Subject Headings (MeSH)] Therapeutic exercises aimed to deepen inspiration or expiration or even to alter the rate and rhythm of respiration.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D001945

Synonyms:

• Respiratory Muscle Training

##### 1.2.6.1.1 Buteyko\_Breathing\_Technique

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Buteyko Breathing Training

• Buteyko Institute Method

• Buteyko Method

• Buteyko Technique

• Eucapnic Breathing Technique

• Eucapnic Buteyko Breathing

##### 1.2.6.1.2 Deep\_Breathing

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Breathwork

#### 1.2.6.2 Relaxation\_Technique

Definition:

• [Source: Medical Subject Headings (MeSH)] Treatment to improve one's health condition by using techniques that can reduce PHYSIOLOGICAL STRESS; PSYCHOLOGICAL STRESS; or both.

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Relaxation techniques are practices to help bring about the body’s “relaxation response,” which is characterized by slower breathing, lower blood pressure, and a reduced heart rate. The relaxation response is the opposite of the stress response.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D012064

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/relaxation-techniques-what-you-need-to-know

Synonyms:

• Ecotherapies

• Ecotherapy

• Nature Therapies

• Relaxation Practice

• Relaxation Techniques

• Relaxation Therapy

• Therapeutic Relaxation

##### 1.2.6.2.1 Art\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] The use of art as an adjunctive therapy in the treatment of neurological, mental, or behavioral disorders.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D001155

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574226

Synonyms:

• Art Stimulation

• Art Therapies

• Artistic therapies

###### 1.2.6.2.1.1 Visual\_Art\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.6.2.1.1.1 Pottery

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

1.2.6.2.1.1.2 Chinese\_Calligraphy\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.6.2.1.1.3 Clay\_Art\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.6.2.1.1.4 Mandala\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Mandalas

###### 1.2.6.2.1.2 Creative\_Art\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Creative Arts Therapy

1.2.6.2.1.2.1 Creative\_Art\_Intervention

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• Creative Arts Intervention

1.2.6.2.1.2.2 Creative\_Expression

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.6.2.1.2.3 Artistic\_Therapy\_Painting

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• artistic therapies-painting

###### 1.2.6.2.1.3 Phenomenological\_Art\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.1.4 Mindfulness\_Based\_Art\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.1.5 Psychodynamic\_Group\_Art\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.1.6 Anthroposophic\_Art\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.6.2.2 Humor\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

###### 1.2.6.2.2.1 Laughter\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] A form of exercise involving use of laughter and breathing exercises in order to improve physical and mental health. Therapeutic use of humor and laughter to improve emotional well being and health. Healthcare provider use of clown or other comedic image or costumes to reduce patient anxiety or fear.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D027641

Synonyms:

• Clown Therapies

• Clown Therapy

1.2.6.2.2.1.1 Laughter\_Yoga

Definition:

• N/A

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D027641

Synonyms:

• N/A

##### 1.2.6.2.3 Music\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] The use of music as an adjunctive therapy in the treatment of neurological, mental, or behavioral disorders.

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Music therapy is a health profession in which music is used within a therapeutic relationship to address physical, emotional, cognitive, and social needs. The term “music therapy” is not a description of a specific type of intervention. Instead, it indicates the education, training, and credentials of the therapist who is delivering the intervention.  
  
 Music therapy may involve a variety of different activities, including music improvisation, music listening, song writing, music performance, and learning through music. Music therapists may work in many different settings, such as hospitals, outpatient clinics, nursing homes, senior centers, rehabilitation facilities, or schools.  
  
 Some of the music-based interventions described in this fact sheet fit the definition of music therapy, but others do not. For example, music-based interventions that involve listening to recorded music are often delivered by health professionals other than music therapists (such as nurses), and therefore do not fit the definition of music therapy.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D009147

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/music-and-health-what-you-need-to-know

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000526238

Synonyms:

• Music In Therapy

• Music Intervention

• Music-Based Intervention

###### 1.2.6.2.3.1 Musical\_Game

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Musical Games

###### 1.2.6.2.3.2 Orff\_Based\_Music\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.3 Lyric\_Analysis

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.4 Medical\_Resonance\_Therapy\_Music

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• MRT-Music

###### 1.2.6.2.3.5 Musical\_Motor\_Feedback

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.6 Evocative\_Music

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.7 Raga\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Ragas

###### 1.2.6.2.3.8 Dinner\_Music\_Intervention

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.9 Active\_Music\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.6.2.3.9.1 Interactive\_Music\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.10 Music\_Based\_Imagery

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Guided Imagery and Music

###### 1.2.6.2.3.11 Individualized\_Music\_Focused\_Auditory\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.12 Lullaby\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.13 Music\_Reinforced\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.14 Instructional\_Music\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.15 Improvisational\_Music\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.16 Group\_Chanting\_and\_Singing

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.17 Music\_Listening\_Intervention

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.18 Musicokinetic\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.19 Calming\_Music\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.20 Live\_Music\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.21 Group\_Drumming

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.22 Contingent\_Music

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.23 Music\_Video\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.24 Music\_Exposure\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.25 Music\_Assisted\_Reframing

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.3.26 Karaoke\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.6.2.4 Reflexology

Definition:

• [Source: Medical Subject Headings (MeSH)] Treatment of some morbid condition by producing a reflex action, as in the household treatment of nosebleed by a piece of ice applied to the cervical spine. (Stedman, 27th ed)

Provenance:

• "Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D012028"

• Source: CIHLex

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/reflexology

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000634136

Synonyms:

• Reflex Therapy

• reflexology procedure

• reflexotherapy

###### 1.2.6.2.4.1 Acu\_Reflexology

Definition:

• N/A

Provenance:

• Source: Read Clinical Terminology Version 2 (RCTV2)  
 http://purl.bioontology.org/ontology/RCTV2/8BF2.00

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C1273536

Synonyms:

• N/A

###### 1.2.6.2.4.2 Lymphatic\_Reflexology

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.4.3 Foot\_Reflexology

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.4.4 Hand\_Reflexology

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.4.5 Ear\_Reflexology

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.6.2.5 Progressive\_Muscle\_Relaxation

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Progressive Muscular Relaxation

• Progressive Relaxation

###### 1.2.6.2.5.1 Abbreviated\_Muscle\_Relaxation\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.2.5.2 Music\_Assisted\_Progressive\_Muscle\_Relaxation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.6.2.6 Applied\_Relaxation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.6.2.7 Relaxation\_Training

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.6.3 Biofeedback

Definition:

• [Source: Physician Data Query (PDQ)] Biofeedback is a training technique in which people are taught to improve their health and performance by using signals from their own bodies. (AAPB) Check for "https://www.cancer.gov/about-cancer/treatment/clinical-trials/intervention/C15186" active clinical trials using this agent. ("http://ncit.nci.nih.gov/ncitbrowser/ConceptReport.jsp?dictionary=NCI%20Thesaurus&code=C15186" NCI Thesaurus)

Provenance:

• Source: CIHLex

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574223

Synonyms:

• Biofeedback Therapy

• Biofeedback Training

##### 1.2.6.3.1 Psychology\_Biofeedback

Definition:

• [Source: Medical Subject Headings (MeSH)] The therapy technique of providing the status of one's own AUTONOMIC NERVOUS SYSTEM function (e.g., skin temperature, heartbeats, brain waves) as visual or auditory feedback in order to self-control related conditions (e.g., hypertension, migraine headaches).

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D001676

Synonyms:

• Biofeedback (Psychology)

• Biofeedbacks (Psychology)

• Bogus Physiological Feedback

• Bogus Physiological Feedbacks

• False Physiological Feedback

• False Physiological Feedbacks

• Myofeedback

• Myofeedbacks

• Psychology Biofeedbacks

• Psychophysiologic Feedback

###### 1.2.6.3.1.1 Sensory\_Feedback

Definition:

• [Source: Medical Subject Headings (MeSH)] A mechanism of communicating one's own sensory system information about a task, movement or skill.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D056228

Synonyms:

• Audio Feedback

• Audio Feedbacks

• Proprioceptive Feedback

• Proprioceptive Feedbacks

• Sensorimotor Feedback

• Sensorimotor Feedbacks

• Sensory Feedback

• Sensory Feedbacks

• Visual Feedback

• Visual Feedbacks

###### 1.2.6.3.1.2 Neurofeedback

Definition:

• [Source: Medical Subject Headings (MeSH)] A technique to self-regulate brain activities provided as a feedback in order to better control or enhance one's own performance, control or function. This is done by trying to bring brain activities into a range associated with a desired brain function or status. A biofeedback during which a continuous brain wave pattern is shared with the person in order to increase the percentage of a certain type of brain wave, such as ALPHA RHYTHM, which is associated with a state of relaxation.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D058765

• Source: Natural Medicine

Synonyms:

• Brainwave Feedback

• Brainwave Feedbacks

• EEG Feedback

• Electroencephalography Biofeedback

• Neurofeedbacks

##### 1.2.6.3.2 Heart\_Rate\_Variability\_Biofeedback

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• HRV Biofeedback

###### 1.2.6.3.2.1 Heart\_Coherence

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.2.6.3.3 Electromyography\_Biofeedback

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• EMG Biofeedback

##### 1.2.6.3.4 Electroencephalogram\_Biofeedback

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• EEG Biofeedback

##### 1.2.6.3.5 Assisted\_Biofeedback

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.6.4 Exercise\_Therapy

Definition:

• A form of treatment derived from Complementary and Alternative Medicine (CAM) that uses various methods of movement in an effort to enhance physical, mental, and emotional health. (NCI)

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574239

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C4082302

Synonyms:

• CAM Exercise Therapy

##### 1.2.6.4.1 Pilates\_Based\_Exercise

Definition:

• A form of exercise, based on the teachings of Joseph Pilates (1880-1967), redesigned for rehabilitation after musculoskeletal injuries. It focuses on body mechanics, posture, and strengthening of the core (back and abdominal) muscles. (MSH)

Provenance:

• Source: CIHLeX

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C1720840

Synonyms:

• Pilate

##### 1.2.6.4.2 Tai\_Chi

Definition:

• [Source: Medical Subject Headings (MeSH)] One of the MARTIAL ARTS and also a form of meditative exercise using methodically slow circular stretching movements and positions of body balance.

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Tai chi is a practice that involves a series of slow gentle movements and physical postures, a meditative state of mind, and controlled breathing.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D026302

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/tai-chi-what-you-need-to-know

Synonyms:

• Ji Quan, Tai

• T'ai Chi

• Tai Chi Chih

• Tai Chi Chuan

• Tai Ji

• Tai Ji Quan

• Tai-Chi

• Tai-ji

• Taichi Quan

• Taiji

• Taijiquan

##### 1.2.6.4.3 Yoga\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] A major orthodox system of Hindu philosophy based on Sankhya (metaphysical dualism) but differing from it in being theistic and characterized by the teaching of raja-yoga as a practical method of liberating the self. It includes a system of exercises for attaining bodily or mental control and well-being with liberation of the self and union with the universal spirit. (From Webster, 3d ed)

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Yoga is an ancient and complex practice, rooted in Indian philosophy. It began as a spiritual practice but has become popular as a way of promoting physical and mental well-being.  
  
 Although classical yoga also includes other elements, yoga as practiced in the United States typically emphasizes physical postures (asanas), breathing techniques (pranayama), and meditation (dyana).

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D009147

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/music-and-health-what-you-need-to-know

• Source: Natural Medicine

• Source: Physician Data Query (PDQ) Terminology http://purl.bioontology.org/ontology/PDQ/CDR0000526236

Synonyms:

• Yoga Exercise

• yoga

###### 1.2.6.4.3.1 Laughter\_Yoga

Refer to section 1.2.6.2.2.1.1

###### 1.2.6.4.3.2 Kundalini\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Coiled Yoga

• Kundalini

• Yoga of Awareness

###### 1.2.6.4.3.3 Raja\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Raja

• Roya Yoga

###### 1.2.6.4.3.4 Circular\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.5 Face\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.6 Pranayama\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.7 Sudarshana\_Kriya\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.8 Kripalu\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.9 Hot\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.6.4.3.9.1 Bikram\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Bikram

###### 1.2.6.4.3.10 Ashtanga\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Ashtanga

###### 1.2.6.4.3.11 Tibetan\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.12 Chair\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.13 Sivananda\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.14 Bhakti\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Bhakti

###### 1.2.6.4.3.15 Tantra\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.16 Vinyasa\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.17 Creative\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.18 Relaxing\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.19 Power\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.20 Iyengar\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Iyengar

• yoga Iyengar

###### 1.2.6.4.3.21 Karma\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Karma

###### 1.2.6.4.3.22 Jinana\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.23 Sahaj\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.3.24 Hatha\_Yoga

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Hatha

###### 1.2.6.4.3.25 Yoga\_Nidra

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.6.4.4 Dance\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] The use of dancing for therapeutic purposes.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D003614

Synonyms:

• Dance Therapies

##### 1.2.6.4.5 Aikido

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: UMLS

Synonyms:

• N/A

##### 1.2.6.4.6 Motor\_Control\_Exercise

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.6.4.7 Facial\_Exercise

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Face Training

• Facial Training

###### 1.2.6.4.7.1 Face\_Yoga

Refer to section 1.2.6.4.3.5

###### 1.2.6.4.7.2 Facial\_Resistance\_Training

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.4.7.3 Face\_Shaping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.6.4.8 Guided\_Physical\_Activity

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.2.6.5 Meditation\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] A state of consciousness in which the individual eliminates environmental stimuli from awareness so that the mind can focus on a single thing, producing a state of relaxation and relief from stress. A wide variety of techniques are used to clear the mind of stressful outside interferences. It includes meditation therapy. (Mosby's Medical, Nursing, and Allied Health Dictionary, 4th ed)

• [Source: National Center for Complementary and Integrative Health (NCCIH)] The term "meditation" refers to a variety of practices that focus on mind and body integration and are used to calm the mind and enhance overall well-being. Some types of meditation involve maintaining mental focus on a particular sensation, such as breathing, a sound, a visual image, or a mantra, which is a repeated word or phrase. Other forms of meditation include the practice of mindfulness, which involves maintaining attention or awareness on the present moment without making judgments.

• [Source: Physician Data Query (PDQ) Terminology] Continuous and profound contemplation or musing on a subject or series of subjects of a deep or abstruse nature; contemplation of spiritual matters Check for "https://www.cancer.gov/about-cancer/treatment/clinical-trials/intervention/C51975" active clinical trials using this agent. ("http://ncit.nci.nih.gov/ncitbrowser/ConceptReport.jsp?dictionary=NCI%20Thesaurus&code=C51975" NCI Thesaurus)

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D019122

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/meditation-and-mindfulness-effectiveness-and-safety

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574221

Synonyms:

• meditation

##### 1.2.6.5.1 Concentrative\_Meditation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.5.1.1 Mantra\_Meditation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.6.5.1.1.1 Transcendental\_Meditation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

• Source: SNOMED

Synonyms:

• N/A

###### 1.2.6.5.1.2 Zen\_Meditation

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

###### 1.2.6.5.1.3 Breath\_Medication

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

###### 1.2.6.5.1.4 Guided\_Medication

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.2.6.5.2 Mindfulness\_Meditation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.6.5.2.1 Body\_Scanning\_Meditation

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

###### 1.2.6.5.2.2 Mindful\_Intervention

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Mindfulness-Based Intervention

1.2.6.5.2.2.1 Mindful\_Eating

Refer to section 1.1.14

1.2.6.5.2.2.2 Mindfulness\_Based\_Art\_Therapy

Refer to section 1.2.6.2.1.4

1.2.6.5.2.2.3 Mindfulness\_Based\_Stress\_Reduction\_Meditation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• MBSR meditation

1.2.6.5.2.2.3.1 Cognitive\_Behavioral\_and\_Mindfulness\_Based\_Stress\_Reduction

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.6.5.2.2.4 Walking\_Medication

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

1.2.6.5.2.2.5 Mindfulness\_Based\_Relapse\_Prevention

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• MBRP

1.2.6.5.2.2.6 Adapted\_Mindfulness\_Based\_Intervention

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.6.5.2.2.7 Mindfulness\_and\_Acceptance\_Based\_Group\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.6.5.2.2.8 Mindfulness\_Awareness\_Practice

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

1.2.6.5.2.2.9 Mindfulness\_Based\_Cognitive\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.6.5.2.2.10 Mindfulness\_Based\_Alzheimer\_Stimulation

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

1.2.6.5.2.2.11 Mindfulness\_Based\_Exposure\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.2.6.5.3 Vipassana\_Meditation

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.2.6.5.4 Analytical\_Meditation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

Synonyms:

• N/A

#### 1.2.6.6 Movement\_Education

Definition:

• N/A

Provenance:

• Source:NCCIH

Synonyms:

• N/A

##### 1.2.6.6.1 Alexander\_Technique

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• AT

• FM Alexander Technique

• Technique Alexander

###### 1.2.6.6.1.1 Alexander\_Proprioception

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.6.6.2 Aston\_Patterning

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.2.6.7 Art\_of\_Living

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Art of Living Foundation

• Art of Living Foundation(AOLF)

• Art of Living(AOL)

##### 1.2.6.7.1 5h\_Program

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.6.8 Eurythmy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.2.6.9 Feldenkrais\_Method

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Awareness Through Movement

• Feldenkrais Bodywork

• Gestalt Synergy

##### 1.2.6.9.1 Functional\_Integration

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.6.10 Flotation\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.2.6.11 Sophrology

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

### 1.2.7 Movement\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.2.7.1 Continuous\_Passive\_Movement\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] Movement of a body part initiated and maintained by a mechanical or electrical device to restore normal range of motion to joints, muscles, or tendons after surgery, prosthesis implantation, contracture flexion, or long immobilization.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D015915

Synonyms:

• CPM Therapies

• CPM Therapy

• Continuous Passive Motion Therapy

### 1.2.8 Energy\_Based\_Therapy

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000372897

Synonyms:

• Energy medicine

• energy filed work

• energy healing

• energy therapies

• energy therapy

• energy work

#### 1.2.8.1 Putative\_Energy\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.8.1.1 Tai\_Chi

Refer to section 1.2.6.4.2

##### 1.2.8.1.2 Biofield\_Therapy

Definition:

• [Source: Physician Data Query (PDQ) Terminology] A form of therapy which involves systems that use "subtle energy" fields in and around the body for medical purposes. Examples include Therapeutic Touch, Reiki, Hunna, laying-on-of-hands, external Qi-Gong, etc. Included are: Therapeutic Touch, Healing Science, Healing touch, Natural healing, SHEN, Mariuel, Reiki, Huna, External QiGong, Biorelax. Check for "https://www.cancer.gov/about-cancer/treatment/clinical-trials/intervention/C15910" active clinical trials using this agent. ("http://ncit.nci.nih.gov/ncitbrowser/ConceptReport.jsp?dictionary=NCI%20Thesaurus&code=C15910" NCI Thesaurus)

Provenance:

• Source: CIHLex

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574167

Synonyms:

• Bioenergy Healing

• Biofield Energy Therapy

• Biofield Medicine

• Biofields

###### 1.2.8.1.2.1 Reiki\_Therapy

Definition:

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Reiki is a complementary health approach in which practitioners place their hands lightly on or just above a person, with the goal of directing energy to help facilitate the person’s own healing response. It’s based on an Eastern belief in an energy that supports the body’s innate or natural healing abilities.

• [Source: Physician Data Query (PDQ) Terminology] An alternative medical practice. The practitioners of reiki believe that health and disease are a matter of the life force being disrupted. Reiki healers claim to channel reiki into "diseased" individuals for "rebalancing." (from Skeptic's Dictionary) Check for "https://www.cancer.gov/about-cancer/treatment/clinical-trials/intervention/C15728" active clinical trials using this agent. ("http://ncit.nci.nih.gov/ncitbrowser/ConceptReport.jsp?dictionary=NCI%20Thesaurus&code=C15728" NCI Thesaurus)

Provenance:

• Source: CIHLex

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/reiki

• Source: Natural Medicine

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574168

• Source: Read Clinical Terminology Version 2 (RCTV2) http://purl.bioontology.org/ontology/RCTV2/8BF5.00

Synonyms:

• Reiki

1.2.8.1.2.1.1 Japanese\_Reiki

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.8.1.2.1.2 Buddhist\_Reiki

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.1.2.2 Therapeutic\_Touch

Definition:

• [Source: Medical Subject Headings (MeSH)] Placing of the hands of the healer upon the person to be cured with the intent of spiritual energetic healing.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D019124

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000470290

Synonyms:

• Laying-on-of-Hands

###### 1.2.8.1.2.3 Healing\_Touch

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• [Source: Natural Medicines]   
 https://naturalmedicines.therapeuticresearch.com/databases/health-wellness/professional.aspx?productid=1448

Synonyms:

• N/A

###### 1.2.8.1.2.4 Zero\_Balancing

Definition:

• [Source: Natural Medicines] Zero balancing is a type of bodywork that originated in the 1970s from an osteopath, medical doctor, and acupuncturist named Frederick Fritz Smith. Zero balancing is said to be different from other types of bodywork because it is designed to focus on both body structure and energy flow at the same time. Zero balancing incorporates both Eastern and Western approaches to integrate and balance "body energy," or life force, with the body's physical structure. Smith claims that his methods and theories are rooted in modern physics and firm scientific data.

Provenance:

• Source: CIHLex

• [Source: Natural Medicines] https://naturalmedicines.therapeuticresearch.com/databases/health-wellness/professional.aspx?productid=1421

Synonyms:

• Core Zero Balancing

###### 1.2.8.1.2.5 Polarity\_Therapy

Definition:

• [Source: Natural Medicines ] Polarity therapy, a form of energy medicine, uses several techniques to manipulate energy flow and energy balance in the body. The most common technique involves touch or physical manipulation of patient-specific trigger points. Additional techniques might sometimes include movement and exercise, nutritional changes, counseling, and other methods.

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.8.1.3 Qigong\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] An ancient Chinese system of postures, exercises, breathing techniques, and meditations designed to improve and enhance the body's QI.

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Qigong, pronounced “chi gong,” was developed in China thousands of years ago as part of traditional Chinese medicine. It involves using exercises to optimize energy within the body, mind, and spirit, with the goal of improving and maintaining health and well-being. Qigong has both psychological and physical components and involves the regulation of the mind, breath, and body’s movement and posture.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D064906

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/qigong-what-you-need-to-know

Synonyms:

• Ch'i Kung

• Chi Kung

• Qi Gong

• Qi Gong Therapy

• Qigong

###### 1.2.8.1.3.1 Hua\_Gong

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.1.3.2 Medical\_Qigong

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.8.1.3.2.1 External\_Qi\_Gong\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.8.1.3.2.2 Dongeui\_Qigong

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.8.1.3.2.3 Guolin\_Qigong

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Guolin

1.2.8.1.3.2.4 Qigong\_Healer

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.1.3.3 Chan\_Mi\_Gong

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.1.3.4 Yi\_Jia\_Gong

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.1.3.5 Biyun\_Qi\_Gong

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.1.3.6 Daoyin\_Qi\_Gong

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.1.3.7 Qi\_Gong\_Yangsheng

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.1.3.8 Baduanjin\_Qi\_Gong

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Baduanjin

• Eight-Section Brocades Qi Gong

###### 1.2.8.1.3.9 Five\_Animals\_Qi\_Gong

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.8.1.4 Color\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] A form of phototherapy using color to influence health and to treat various physical or mental disorders. The color rays may be in the visible or invisible spectrum and can be administered through colored lights or applied mentally through suggestion.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D016500

• [Source: Natural Medicines]   
 https://naturalmedicines.therapeuticresearch.com/databases/health-wellness/professional.aspx?productid=1213

Synonyms:

• Chromatotherapy

• Chromotherapy

• Color Medicine

• Colorology

###### 1.2.8.1.4.1 Aura\_Soma\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.2.8.1.5 Crystal\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• [Source: Natural Medicines]   
 https://naturalmedicines.therapeuticresearch.com/databases/health-wellness/professional.aspx?productid=1228

Synonyms:

• Crystal Healing

###### 1.2.8.1.5.1 Electrocrystal\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.1.5.2 Gemstone\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Gem Therapy

##### 1.2.8.1.6 Chakra\_Balancing

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.2.8.1.7 Jin\_Shin\_Jyutsu

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.2.8.1.8 Radionics

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.2.8.2 Veritable\_Energy\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.8.2.1 Bioresonance

Definition:

• [Source: Medical Subject Headings (MeSH)] A form of holistic medicine in which ELECTROMAGNETIC WAVES are used to diagnose and treat human and animal illness via manipulation of endogenous electromagnetic oscillations corresponding to the patient's current physiological condition.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D066236

Synonyms:

• Bio-Physical Information Therapy

• Bio-Resonance Therapy

• Bioresonance Therapy

• MORA Therapy

##### 1.2.8.2.2 Cranial\_Electrical\_Stimulation

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000643527

Synonyms:

• CES

##### 1.2.8.2.3 Magnet\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLEx

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/magnets-for-pain-what-you-need-to-know

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574171

Synonyms:

• magnetic therapy

###### 1.2.8.2.3.1 Static\_Magnet\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.8.2.3.1.1 Biomagnetic\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.2.3.2 Electromagnetic\_Based\_Therapy

Definition:

• [Source: Physician Data Query (PDQ) Terminology] The unconventional use of electromagnetic fields for medical purposes. Check for "https://www.cancer.gov/about-cancer/treatment/clinical-trials/intervention/C16207" active clinical trials using this agent. ("http://ncit.nci.nih.gov/ncitbrowser/ConceptReport.jsp?dictionary=NCI%20Thesaurus&code=C16207" NCI Thesaurus)

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574169

Synonyms:

• Bioelectro-Magnetics

• Bioelectromagnetic Therapies

• Bioelectromagnetic-Based Therapy

• Bioelectromagnetics

• Electromagnetic Therapy

1.2.8.2.3.2.1 Pulsed\_Electromagnetic\_Fields\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574172

Synonyms:

• Pulsed Electromagnetic Therapy

1.2.8.2.3.2.2 Transcranial\_Magnetic\_Stimulation

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• TMS

1.2.8.2.3.2.2.1 Repetitive\_Transcranial\_Magnetic\_Stimulation

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• rTMS

##### 1.2.8.2.4 Electrical\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLEx

Synonyms:

• N/A

##### 1.2.8.2.5 Anodyne\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.8.2.6 Bioacoustics\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.2.8.2.7 Cellubike

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.2.8.2.8 Light\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Light Treatment

• Photomedicine

• Photophoresis

• Phototherapy

###### 1.2.8.2.8.1 Ultraviolet\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.8.2.8.1.1 Bath\_Puva

Definition:

• N/A

Provenance:

• N/A

Synonyms:

• N/A

###### 1.2.8.2.8.2 Photodynamic\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• PDT Photo Therapy

1.2.8.2.8.2.1 Ocular\_Light\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.2.8.3 Balneophototherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.8.2.8.3.1 Dead\_Sea\_Climatotherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.2.8.4 Led\_Phototherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.8.2.8.4.1 Light\_Emitting\_Diode\_Phototherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.8.2.8.4.2 Bright\_Light\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.2.8.5 Fiber\_Optic\_Phototherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.2.8.6 Nontargeted\_Light\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.2.8.7 Targeted\_Light\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.2.8.8 Acu\_Light\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.2.8.9 Esogetic\_Colorpuncture

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.8.2.8.10 Reprocessing\_Light\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.8.2.9 Low\_Level\_Laser\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Cold Laser Therapy

### 1.2.9 Speleotherapy

Definition:

• [Source: Medical Subject Headings (MeSH)] The use of CAVES, mines, or other subterranean environments in treatment of diseases. Speleotherapy is used in some Central and Eastern European countries to treat CHRONIC OBSTRUCTIVE AIRWAY DISEASE.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D055161

Synonyms:

• Speleotherapies

### 1.2.10 Diffuse\_Noxious\_Inhibitory\_Control

Definition:

• [Source: Medical Subject Headings (MeSH)] A physiological process by which the perception of pain at a local area of the body is inhibited by a second painful stimulus administered at a distal body site

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D059328

Synonyms:

• Diffuse Noxious Inhibitory Control(DNIC)

### 1.2.11 Mesotherapy

Definition:

• [Source: Medical Subject Headings (MeSH)] The application of medicine, vitamins, extracts, or other bioactive substances for a localized effect via multiple subcutaneous injections or perfusion of substances into the various layers of the skin below the EPIDERMIS.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D057748

Synonyms:

• N/A

### 1.2.12 Moxibustion

Definition:

• [Source: Medical Subject Headings (MeSH)] The burning of a small, thimble sized, smoldering plug of dried leaves on the SKIN at an ACUPUNCTURE point. Usually the plugs contain leaves of MUGWORT or moxa.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D009071

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000765492

Synonyms:

• N/A

#### 1.2.12.1 Acu\_Moxibustion

Refer to section 1.2.1.11

##### 1.2.12.1.1 Needle\_Moxibustion

Refer to section 1.2.1.11.1

###### 1.2.12.1.1.1 Warm\_Needle\_Moxibustion

Refer to section 1.2.1.11.1.1

#### 1.2.12.2 Mild\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.12.2.1 Cake\_Separated\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.2.1.1 Aconite\_Cake\_Separated\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.2.1.2 Angelica\_Cake\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.2.1.3 Cake\_Separated\_Mild\_Warm\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.12.2.1.3.1 Monkshood\_Cake\_Separated\_Mild\_Warm\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.12.3 Bird\_Pecking\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Pecking Moxibustion

• Sparrow-Pecking Moxibustion

#### 1.2.12.4 Cone\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Moxa-Cone Moxibustion

##### 1.2.12.4.1 Direct\_Cone\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.12.5 Indirect\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.12.5.1 Suspended\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.1.1 Circling\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.1.2 Hand\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.1.3 Hanging\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.1.4 Dynamic\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Moving Moxibustion

###### 1.2.12.5.1.5 Heat\_Sensitive\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.1.6 Electric\_Heating\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.1.7 Electronic\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.1.8 Electrothermal\_Bian\_Stone\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.1.9 Laser\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.12.5.1.9.1 Infrared\_Laser\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.1.10 Warming\_Cup\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.1.11 Warming\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.12.5.2 Substance\_Partitioned\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.1 Crude\_Herb\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.2 Dogbi\_(st35)\_and\_\_Sulan\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.3 Drug\_Separated\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.4 Du\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.5 Garlic\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.6 Ginger\_Indirect\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.7 Ginger\_Partitioned\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Ginger-Separated Moxibustion

###### 1.2.12.5.2.8 Ginger\_Salt\_Partitioned\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.9 Herb\_Cake\_Seperated\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.10 Herb\_Partitioned\_Spread\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.11 Herbal\_Moxa\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Isolated-Herbal Moxibustion

###### 1.2.12.5.2.12 Grain\_Shaped\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.13 Cotton\_Sheet\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.14 Thin\_Cotton\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.15 Thunder\_Fire\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.16 Tortoise\_Shell\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.17 Partition\_Bran\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.18 Partition\_Herb\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.12.5.2.19 Isolated\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.12.5.3 Mild\_Warm\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.12.5.4 Moxa\_Stick\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.12.5.5 Governor\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.12.5.6 Fu\_Yang\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.12.6 Snake\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Panlong Moxibustion

##### 1.2.12.6.1 Long\_Snake\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.12.7 Medicated\_Thread\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.12.7.1 Medicated\_Threads\_Moxibustion\_of\_Zhuang\_Nationality

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.12.8 Zhuang\_Medicated\_Thread\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.12.9 Rice\_Sized\_Direct\_Moxa

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.12.10 Solar\_Term\_Moxibustion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

### 1.2.13 Organotherapy

Definition:

• [Source: Medical Subject Headings (MeSH)] Historically, the treatment of disease by the administration of animal organs or their extracts (after Brown-Sequard). At present synthetic preparations substitute for the extracts of a gland. (From Stedman, 26th ed)

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D009945

Synonyms:

• Organotherapies

#### 1.2.13.1 Historical\_Tissue\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] Historically, substances that are produced in isolated animal and vegetable tissues in the process of adapting to adverse conditions, that when injected into the body stimulate and accelerate tissue regeneration. Historically, tissue transplantation, especially of refrigerated tissue (after Filatov). It was theorized that nonspecific substances, capable of initiating restorative processes, formed in tissues when refrigerated. Cell therapy (after Niehans) refers to implantation of tissue by injection. Originally this involved fresh cells but later frozen or lyophilized cells.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D014023

Synonyms:

• Biogenic Stimulator

• Biogenic Stimulators

• Historical Cell Therapy

### 1.2.14 Prolotherapy

Definition:

• [Source: Medical Subject Headings (MeSH)] Treatment of MUSCULOSKELETAL PAIN by injecting a substance into a joint space, ligament, or tendon to promote the growth of new tissue.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000075527

Synonyms:

• Proliferation Therapies

• Proliferation Therapy

• Prolotherapies

### 1.2.15 Bodywork\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Bodyworks

#### 1.2.15.1 Reflexology

Refer to section 1.2.6.2.4

##### 1.2.15.1.1 Acu\_Reflexology

Refer to section 1.2.6.2.4.1

##### 1.2.15.1.2 Lymphatic\_Reflexology

Refer to section 1.2.6.2.4.2

##### 1.2.15.1.3 Foot\_Reflexology

Refer to section 1.2.6.2.4.3

##### 1.2.15.1.4 Hand\_Reflexology

Refer to section 1.2.6.2.4.4

##### 1.2.15.1.5 Ear\_Reflexology

Refer to section 1.2.6.2.4.5

#### 1.2.15.2 Cupping\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] A traditional practice, most notably in traditional medicine, which involves placing cups on the skin to create suction believed to help increase blood flow and promote healing associated with chronic neck and low back pain in the short term (From National Center for Complementary and Integrative Health, https://nccih.nih.gov/news/cupping (Accessed 11/5/2018)).

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Cupping is a practice used in traditional medicine in several parts of the world, including China and the Middle East. It involves creating suction on the skin using a glass, ceramic, bamboo, or plastic cup. Negative pressure is created in the cup either by applying a flame to the cup to remove oxygen before placing it on the skin or by attaching a suction device to the cup after it is placed on the skin. In “wet cupping,” the skin is pierced, and blood flows into the cup. “Dry cupping” doesn’t involve piercing the skin.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000079742

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/cupping

Synonyms:

• Cupping

• Cupping Massage

• Cupping Therapies

• Cupping Treatment

• Cupping Treatments

• Medicinal Cupping

• Traditional Cupping

##### 1.2.15.2.1 Wet\_Cupping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Wet-Cupping

###### 1.2.15.2.1.1 Blood\_Letting\_Cupping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Bleeding Cupping

##### 1.2.15.2.2 Retained\_Cupping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.15.2.3 Multiple\_Cupping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.15.2.4 Dry\_Cupping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.15.2.5 Needle\_Cupping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.15.2.6 Water\_Cupping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Liquid Cupping

• Shuiguanfa

##### 1.2.15.2.7 Flash\_Cupping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Momentary Cupping

##### 1.2.15.2.8 Fire\_Cupping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Fire-Cupping

##### 1.2.15.2.9 Moving\_Cupping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.15.2.10 Pulsating\_Cupping

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.15.3 Dry\_Needling

Definition:

• [Source: Medical Subject Headings (MeSH)] Intervention that uses a thin filiform needle to penetrate the skin and stimulate underlying myofascial trigger points, muscular, and connective tissues for the management of neuromusculoskeletal pain and movement impairments.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000079245

• Source: Read Codes, Clinical Terms Version 3 (CTV3)  
 http://purl.bioontology.org/ontology/RCD/X00KT

Synonyms:

• Dry needle acupuncture

#### 1.2.15.4 Bowen\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Bowen Manipulative Therapy

• Bowen Technique

• Technique Bowen

#### 1.2.15.5 Manual\_Therapy

Definition:

• A physical treatment primarily used to treat musculoskeletal pain and disability through physical manipulation of the body. (NCI)

Provenance:

• Source: NCCIH

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0454525

Synonyms:

• N/A

##### 1.2.15.5.1 Musculoskeletal\_Manipulation

Definition:

• [Source: Medical Subject Headings (MeSH)] Approaches that emphasize manipulation and realignment of the body's structure in order to improve function as well as mental outlook. Cerebrospinal fluid flow stimulation by massage of the head and spine. Developed by William Sutherland in the early 1900's. Various manipulations of body tissues, muscles and bones by hands or equipment to improve health and circulation, relieve fatigue, promote healing.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D026201

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000372893

Synonyms:

• Manipulation Therapies

• Manipulation Therapy

• Manipulative Therapies

• Manipulative Therapy

• manipulative and body-based interventions

• manual healing medicine

• muscuoloskeletal manipulations

###### 1.2.15.5.1.1 Chiropractic\_Therapy

Definition:

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Chiropractic is a licensed health care profession that emphasizes the body’s ability to heal itself. Treatment typically involves manual therapy, often including spinal manipulation. Other forms of treatment, such as exercise and nutritional counseling, may be used as well.

• [Source: Physician Data Query (PDQ) Terminology] An alternative medical system that focuses on the relationship between bodily structure (primarily that of the spine) and function, and how that relationship affects the preservation and restoration of health. Chiropractors use manipulative therapy as an integral treatment tool. Check for "https://www.cancer.gov/about-cancer/treatment/clinical-trials/intervention/C15204" active clinical trials using this agent. ("http://ncit.nci.nih.gov/ncitbrowser/ConceptReport.jsp?dictionary=NCI%20Thesaurus&code=C15204" NCI Thesaurus)

Provenance:

• Source: CIHLex

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/chiropractic-in-depth

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574277

• Source: Read Codes, Clinical Terms Version 3 (CTV3)  
 http://purl.bioontology.org/ontology/RCD/82D1.

Synonyms:

• Chiro Therapy

• Chiropractic

• Chiropractic Medicine

• Chiropraxy

• Chirotherapy

1.2.15.5.1.1.1 Chiropractic\_Manipulation

Definition:

• [Source: Medical Subject Headings (MeSH)] Procedures used by chiropractors to treat neuromusculoskeletal complaints.

Provenance:

• Source: Medical Subject Headings (MeSH)  
http://purl.bioontology.org/ontology/MESH/D026882

Synonyms:

• Adjustment, Chiropractic

• Adjustment, Chiropractic Spinal

• Adjustments, Chiropractic Spinal

• Chiropractic Adjustment

• Chiropractic Spinal Adjustment

• Chiropractic Spinal Adjustments

• Manipulation, Chiropractic

• Spinal Adjustment, Chiropractic

• Spinal Adjustments, Chiropractic

###### 1.2.15.5.1.2 Applied\_Kinesiology

Definition:

• [Source: Medical Subject Headings (MeSH)] The study of muscles and the movement of the human body. In holistic medicine it is the balance of movement and the interaction of a person's energy systems. Applied kinesiology is the name given by its inventor, Dr. George Goodheart, to the system of applying muscle testing diagnostically and therapeutically to different aspects of health care. (Thorsons Introductory Guide to Kinesiology, 1992, p13)

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D018953

Synonyms:

• AK

• Kinesiology, Applied

1.2.15.5.1.2.1 Kinesiology\_Muscle\_Test

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

###### 1.2.15.5.1.3 Orthopedic\_Manipulation

Definition:

• [Source: Medical Subject Headings (MeSH)] The planned and carefully managed manual movement of the musculoskeletal system, extremities, and spine to produce increased motion. The term is sometimes used to denote a precise sequence of movements of a joint to determine the presence of disease or to reduce a dislocation. In the case of fractures, orthopedic manipulation can produce better position and alignment of the fracture. (From Blauvelt & Nelson, A Manual of Orthopaedic Terminology, 5th ed, p264)

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D008349

Synonyms:

• Manipulation,Orthopedic

###### 1.2.15.5.1.4 Osteopathic\_Manipulation

Definition:

• [Source: Medical Subject Headings (MeSH)] Musculoskeletal manipulation based on the principles of OSTEOPATHIC MEDICINE developed in 1874 by Dr Andrew Taylor Still.

Provenance:

• "Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D026301

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

• Source: Read Codes, Clinical Terms Version 3 (CTV3)  
 http://purl.bioontology.org/ontology/RCD/82D3."

Synonyms:

• Manipulation, Osteopathic

• Osteopathic Manipulative Treatment

• Osteopathic Manipulative Treatments

• Treatment, Osteopathic Manipulative

• Treatments, Osteopathic Manipulative

###### 1.2.15.5.1.5 Spinal\_Manipulation

Definition:

• [Source: Medical Subject Headings (MeSH)] Adjustment and manipulation of the vertebral column.

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Spinal manipulation is a technique where practitioners use their hands or a device to apply a controlled thrust to a joint of your spine. The amount of force can vary, but the thrust moves the joint more than it would on its own.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D020393

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/spinal-manipulation-what-you-need-to-know

Synonyms:

• Cervical Manipulation

• Lumbar Manipulation

• Manipulation, Cervical

• Manipulation, Lumbar

• Manipulation, Spinal

• SMT

• Spinal Manipulation

• Spinal Manipulative Therapy

##### 1.2.15.5.2 Mobilization

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.2.15.5.3 Soft\_Tissue\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] The assessment, treatment, and management of soft tissue injury or dysfunction. Therapy is designed to reduce tension and irritation in affected tissues and may include MASSAGE; muscle stretching, or direct pressure on muscles, connective tissue, and TRIGGER POINTS.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D064746

Synonyms:

• N/A

###### 1.2.15.5.3.1 Acupressure\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] A type of massage in which finger pressure on specific body sites is used to promote healing, relieve fatigue, etc. Although the anatomical locations are the same as the ACUPUNCTURE POINTS used in ACUPUNCTURE THERAPY (hence acu-), no needle or other acupuncture technique is employed in acupressure. (From Random House Unabridged Dictionary, 2d ed). Shiatsu is a modern outgrowth that focuses more on prevention than healing.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D019050

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000372888

• Source: Read Codes, Clinical Terms Version 3 (CTV3)  
 http://purl.bioontology.org/ontology/RCD/X00Kt

Synonyms:

• acupressure

###### 1.2.15.5.3.2 Emmett\_Technique

Definition:

• N/A

Provenance:

• Source: Read Clinical Terminology Version 2 (RCTV2)  
 http://purl.bioontology.org/ontology/RCTV2/8BF6.00

Synonyms:

• N/A

###### 1.2.15.5.3.3 Myofascial\_Release\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] A massage therapy which focuses on releasing MUSCLE TIGHTNESS often used to relieve muscular pain from myofascial tissues (e.g., MYOFASCIAL PAIN SYNDROME).

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000089803

Synonyms:

• MFR Therapy

• Myofascial Release

• Myofascial Release Therapies

• Myofascial Release Treatment

• Myofascial Release Treatments

• Myofascial Treatment

• Myofascial Treatments

• Therapy, Myofascial Release

• Treatment, Myofascial

• Treatment, Myofascial Release

###### 1.2.15.5.3.4 Myotherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

###### 1.2.15.5.3.5 Soft\_Tissue\_Mobilization

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

###### 1.2.15.5.3.6 Naprapathy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Oakley Smith Naprapathic Method

###### 1.2.15.5.3.7 Massage\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] The systematic and methodical manipulations of body tissues best performed with the hands for the purpose of affecting the nervous and muscular systems and the general circulation.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D008405

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/massage-therapy-what-you-need-to-know

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000372895

Synonyms:

• Massage

• Massage Therapies

• Therapies, Massage

• Therapies, Zone

• Therapy, Massage

• Therapy, Zone

• Zone Therapies

• Zone Therapy

• therapeutic massage

1.2.15.5.3.7.1 Therapeutic\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.1 Manual\_Lymphatic\_Drainage

Definition:

• [Source: Medical Subject Headings (MeSH)] The application of massage to control EDEMA and improve circulation by manually moving excess lymph out of a tissue.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000073297

Synonyms:

• Lymphatic Drainage Massage

• Manual Lymph Drainage

1.2.15.5.3.7.1.2 Deep\_Tissue\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Deep tissue bodywork

1.2.15.5.3.7.1.2.1 Deep\_Transverse\_Friction\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.3 Connective\_Tissue\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.4 Neuromuscular\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.5 Trigger\_Point\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.6 Rhythmical\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.7 Perineal\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.8 Prostate\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.9 Infant\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.10 Sport\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• sports massage

1.2.15.5.3.7.1.11 Roll\_Stretch\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.12 Aston\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

Synonyms:

• N/A

1.2.15.5.3.7.1.13 Ice\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.14 Skin\_Rehabilitation\_Massage\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.15 Integrative\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.1.16 Neuromuscular\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Neuromuscular Massage

1.2.15.5.3.7.2 Oriental\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

Synonyms:

• N/A

1.2.15.5.3.7.2.1 Chinese\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

1.2.15.5.3.7.2.1.1 Tui\_Na

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

Synonyms:

• N/A

1.2.15.5.3.7.2.1.2 Acupuncture\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.2.1.3 Qigong\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.2.2 Anma

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

1.2.15.5.3.7.2.3 Tibetan\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.2.4 Thai\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.2.5 Shiatsu\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Chih Ya

• Movement Shiatsu

• Shi-astsu

• Shiatsu

• Shiatsu Massage

• Shiatsu Ryoho

• Shiatzu

• Zhi Ya

1.2.15.5.3.7.2.5.1 Namikoshi\_Shiatsu

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.2.5.2 Tao\_Shiatsu

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.2.5.3 Meridian\_Shiatsu

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.2.5.4 Quantum\_Shiatsu

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.2.5.5 Japanese\_Shiatsu

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.2.5.6 Ohashiatsu

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.2.5.7 Zen\_Shiatsu

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.2.5.8 Tsubo\_Shiatsu

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.3 Indian\_Head\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.4 Foot\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.4.1 Foot\_Reflexion\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.5 Hand\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.6 Abdominal\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.6.1 Abdominal\_Meridian\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.7 Aromatherapy\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.8 Hot\_Stone\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.9 Chair\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.10 Marma\_Massage\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.11 Lomilomi\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.12 Esalen\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.13 Oil\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.14 Swedish\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• classical massage

1.2.15.5.3.7.14.1 Effleurage\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.2.15.5.3.7.15 Soft\_Tissue\_Massage

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

Synonyms:

• N/A

###### 1.2.15.5.3.8 Rolfing\_Theray

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• Rolfing

• Rolfing Method

• Rolfing Structural Integration

###### 1.2.15.5.3.9 Hellerwork

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

###### 1.2.15.5.3.10 Trager\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Trager Psychophysical Integration

###### 1.2.15.5.3.11 Trigger\_Point\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

1.2.15.5.3.11.1 Trigger\_Point\_Massage

Refer to section 1.2.15.5.3.7.1.5

##### 1.2.15.5.4 Craniosacral\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Cranial Therapy

• Craniosacral Approach

• Craniosacral Treatment

• Upledger Therapy

##### 1.2.15.5.5 Neurocranial\_Restructuring

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

### 1.2.16 Spa\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.2.16.1 Balneotherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.2.16.2 Hydrotherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.2.16.2.1 Aquatic\_Exercise

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Aquatic Physical Therapy

• Motion-Based Hydrotherapy

• Pool Therapy

###### 1.2.16.2.1.1 Aqua\_Lymphatic\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.16.2.2 Ice\_Pack

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Ice packs

##### 1.2.16.2.3 Thermal\_Bath

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Thermal baths

##### 1.2.16.2.4 Soak\_in\_Hot\_Spring

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• soaks in hot springs

### 1.2.17 Thermal\_Therapy

Definition:

• N/A

Provenance:

• Source: UMLS

Synonyms:

• N/A

#### 1.2.17.1 Cold\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Cold Therapies

#### 1.2.17.2 Heat\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Heat Therapies

##### 1.2.17.2.1 Hot\_Compress

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Hot Compresses

##### 1.2.17.2.2 Sauna\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Sauna

### 1.2.18 Colon\_Irrigation

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Colon cleansing

### 1.2.19 Ear\_Candle\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• Auricular Candles

• Chandelles Auriculaires

• Ear Candle

• Ear Candle Treatment

• Ear Candling

• Ear Coning

• Thermal-Auricular Therapy

### 1.2.20 Shirodhara\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Ayurvedic Shirodhara

• Shirodhara

#### 1.2.20.1 Jaladhara\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Jaladhara

#### 1.2.20.2 Thyladhara\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Thyladhara

#### 1.2.20.3 Ksheeradhara\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Ksheeradhara

#### 1.2.20.4 Thakradhara\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Thakradhara

### 1.2.21 Ultrasonic\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

### 1.2.22 Vibration\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Vibration Medicine

• Vibrational Medicine

• Vibrational Therapy

• Vibrotherapy

#### 1.2.22.1 Local\_Vibration\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.2.22.1.1 Focal\_Muscle\_Vibration

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.22.2 Direct\_Vibration

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.22.3 Low\_Frequency\_Sound\_Stimulation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.22.4 Vibroacoustic\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Physioacoustic Vibration

#### 1.2.22.5 Rhythmic\_Sensory\_Stimulation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.22.6 Sound\_Vibrational\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Sound Wave Vibrational Therapy

#### 1.2.22.7 Vibration\_Foam\_Rolling

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.22.8 Vibration\_Healing

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.22.9 Vibration\_Training

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.2.22.10 Whole\_Body\_Vibration\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Whole-body vibration therapy

##### 1.2.22.10.1 Whole\_Body\_Vibration\_Exercise

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

## 1.3 Psychological\_Intervention

Definition:

• N/A

Provenance:

• Source: NCCIH

Synonyms:

• N/A

### 1.3.1 Mind–body\_Therapy

Refer to section 1.2.6

#### 1.3.1.1 Breathing\_Exercise

Refer to section 1.2.6.1

##### 1.3.1.1.1 Buteyko\_Breathing\_Technique

Refer to section 1.2.6.1.1

##### 1.3.1.1.2 Deep\_Breathing

Refer to section 1.2.6.1.2

#### 1.3.1.2 Relaxation\_Technique

Refer to section 1.2.6.2

##### 1.3.1.2.1 Art\_Therapy

Refer to section 1.2.6.2.1

###### 1.3.1.2.1.1 Visual\_Art\_Therapy

Refer to section 1.2.6.2.1.1

1.3.1.2.1.1.1 Pottery

Refer to section 1.2.6.2.1.1.1

1.3.1.2.1.1.2 Chinese\_Calligraphy\_Therapy

Refer to section 1.2.6.2.1.1.2

1.3.1.2.1.1.3 Clay\_Art\_Therapy

Refer to section 1.2.6.2.1.1.3

1.3.1.2.1.1.4 Mandala\_Therapy

Refer to section 1.2.6.2.1.1.4

###### 1.3.1.2.1.2 Creative\_Art\_Therapy

Refer to section 1.2.6.2.1.2

1.3.1.2.1.2.1 Creative\_Art\_Intervention

Refer to section 1.2.6.2.1.2.1

1.3.1.2.1.2.2 Creative\_Expression

Refer to section 1.2.6.2.1.2.2

1.3.1.2.1.2.3 Artistic\_Therapy\_Painting

Refer to section 1.2.6.2.1.2.3

###### 1.3.1.2.1.3 Phenomenological\_Art\_Therapy

Refer to section 1.2.6.2.1.3

###### 1.3.1.2.1.4 Mindfulness\_Based\_Art\_Therapy

Refer to section 1.2.6.2.1.4

###### 1.3.1.2.1.5 Psychodynamic\_Group\_Art\_Therapy

Refer to section 1.2.6.2.1.5

###### 1.3.1.2.1.6 Anthroposophic\_Art\_Therapy

Refer to section 1.2.6.2.1.6

##### 1.3.1.2.2 Humor\_Therapy

Refer to section 1.2.6.2.2

###### 1.3.1.2.2.1 Laughter\_Therapy

Refer to section 1.2.6.2.2.1

1.3.1.2.2.1.1 Laughter\_Yoga

Refer to section 1.2.6.2.2.1.1

##### 1.3.1.2.3 Music\_Therapy

Refer to section 1.2.6.2.3

###### 1.3.1.2.3.1 Musical\_Game

Refer to section 1.2.6.2.3.1

###### 1.3.1.2.3.2 Orff\_Based\_Music\_Therapy

Refer to section 1.2.6.2.3.2

###### 1.3.1.2.3.3 Lyric\_Analysis

Refer to section 1.2.6.2.3.3

###### 1.3.1.2.3.4 Medical\_Resonance\_Therapy\_Music

Refer to section 1.2.6.2.3.4

###### 1.3.1.2.3.5 Musical\_Motor\_Feedback

Refer to section 1.2.6.2.3.5

###### 1.3.1.2.3.6 Evocative\_Music

Refer to section 1.2.6.2.3.6

###### 1.3.1.2.3.7 Raga\_Therapy

Refer to section 1.2.6.2.3.7

###### 1.3.1.2.3.8 Dinner\_Music\_Intervention

Refer to section 1.2.6.2.3.8

###### 1.3.1.2.3.9 Active\_Music\_Therapy

Refer to section 1.2.6.2.3.9

1.3.1.2.3.9.1 Interactive\_Music\_Therapy

Refer to section 1.2.6.2.3.9.1

###### 1.3.1.2.3.10 Music\_Based\_Imagery

Refer to section 1.2.6.2.3.10

###### 1.3.1.2.3.11 Individualized\_Music\_Focused\_Auditory\_Therapy

Refer to section 1.2.6.2.3.11

###### 1.3.1.2.3.12 Lullaby\_Therapy

Refer to section 1.2.6.2.3.12

###### 1.3.1.2.3.13 Music\_Reinforced\_Therapy

Refer to section 1.2.6.2.3.13

###### 1.3.1.2.3.14 Instructional\_Music\_Therapy

Refer to section 1.2.6.2.3.14

###### 1.3.1.2.3.15 Improvisational\_Music\_Therapy

Refer to section 1.2.6.2.3.15

###### 1.3.1.2.3.16 Group\_Chanting\_and\_Singing

Refer to section 1.2.6.2.3.16

###### 1.3.1.2.3.17 Music\_Listening\_Intervention

Refer to section 1.2.6.2.3.17

###### 1.3.1.2.3.18 Musicokinetic\_Therapy

Refer to section 1.2.6.2.3.18

###### 1.3.1.2.3.19 Calming\_Music\_Therapy

Refer to section 1.2.6.2.3.19

###### 1.3.1.2.3.20 Live\_Music\_Therapy

Refer to section 1.2.6.2.3.20

###### 1.3.1.2.3.21 Group\_Drumming

Refer to section 1.2.6.2.3.21

###### 1.3.1.2.3.22 Contingent\_Music

Refer to section 1.2.6.2.3.22

###### 1.3.1.2.3.23 Music\_Video\_Therapy

Refer to section 1.2.6.2.3.23

###### 1.3.1.2.3.24 Music\_Exposure\_Therapy

Refer to section 1.2.6.2.3.24

###### 1.3.1.2.3.25 Music\_Assisted\_Reframing

Refer to section 1.2.6.2.3.25

###### 1.3.1.2.3.26 Karaoke\_Therapy

Refer to section 1.2.6.2.3.26

##### 1.3.1.2.4 Reflexology

Refer to section 1.2.6.2.4

###### 1.3.1.2.4.1 Acu\_Reflexology

Refer to section 1.2.6.2.4.1

###### 1.3.1.2.4.2 Lymphatic\_Reflexology

Refer to section 1.2.6.2.4.2

###### 1.3.1.2.4.3 Foot\_Reflexology

Refer to section 1.2.6.2.4.3

###### 1.3.1.2.4.4 Hand\_Reflexology

Refer to section 1.2.6.2.4.4

###### 1.3.1.2.4.5 Ear\_Reflexology

Refer to section 1.2.6.2.4.5

##### 1.3.1.2.5 Progressive\_Muscle\_Relaxation

Refer to section 1.2.6.2.5

###### 1.3.1.2.5.1 Abbreviated\_Muscle\_Relaxation\_Therapy

Refer to section 1.2.6.2.5.1

###### 1.3.1.2.5.2 Music\_Assisted\_Progressive\_Muscle\_Relaxation

Refer to section 1.2.6.2.5.2

##### 1.3.1.2.6 Applied\_Relaxation

Refer to section 1.2.6.2.6

##### 1.3.1.2.7 Relaxation\_Training

Refer to section 1.2.6.2.7

#### 1.3.1.3 Biofeedback

Refer to section 1.2.6.3

##### 1.3.1.3.1 Psychology\_Biofeedback

Refer to section 1.2.6.3.1

###### 1.3.1.3.1.1 Sensory\_Feedback

Refer to section 1.2.6.3.1.1

###### 1.3.1.3.1.2 Neurofeedback

Refer to section 1.2.6.3.1.2

##### 1.3.1.3.2 Heart\_Rate\_Variability\_Biofeedback

Refer to section 1.2.6.3.2

###### 1.3.1.3.2.1 Heart\_Coherence

Refer to section 1.2.6.3.2.1

##### 1.3.1.3.3 Electromyography\_Biofeedback

Refer to section 1.2.6.3.3

##### 1.3.1.3.4 Electroencephalogram\_Biofeedback

Refer to section 1.2.6.3.4

##### 1.3.1.3.5 Assisted\_Biofeedback

Refer to section 1.2.6.3.5

#### 1.3.1.4 Exercise\_Therapy

Refer to section 1.2.6.4

##### 1.3.1.4.1 Pilates\_Based\_Exercise

Refer to section 1.2.6.4.1

##### 1.3.1.4.2 Tai\_Chi

Refer to section 1.2.6.4.2

##### 1.3.1.4.3 Yoga\_Therapy

Refer to section 1.2.6.4.3

###### 1.3.1.4.3.1 Laughter\_Yoga

Refer to section 1.2.6.2.2.1.1

###### 1.3.1.4.3.2 Kundalini\_Yoga

Refer to section 1.2.6.4.3.2

###### 1.3.1.4.3.3 Raja\_Yoga

Refer to section 1.2.6.4.3.3

###### 1.3.1.4.3.4 Circular\_Yoga

Refer to section 1.2.6.4.3.4

###### 1.3.1.4.3.5 Face\_Yoga

Refer to section 1.2.6.4.3.5

###### 1.3.1.4.3.6 Pranayama\_Yoga

Refer to section 1.2.6.4.3.6

###### 1.3.1.4.3.7 Sudarshana\_Kriya\_Yoga

Refer to section 1.2.6.4.3.7

###### 1.3.1.4.3.8 Kripalu\_Yoga

Refer to section 1.2.6.4.3.8

###### 1.3.1.4.3.9 Hot\_Yoga

Refer to section 1.2.6.4.3.9

1.3.1.4.3.9.1 Bikram\_Yoga

Refer to section 1.2.6.4.3.9.1

###### 1.3.1.4.3.10 Ashtanga\_Yoga

Refer to section 1.2.6.4.3.10

###### 1.3.1.4.3.11 Tibetan\_Yoga

Refer to section 1.2.6.4.3.11

###### 1.3.1.4.3.12 Chair\_Yoga

Refer to section 1.2.6.4.3.12

###### 1.3.1.4.3.13 Sivananda\_Yoga

Refer to section 1.2.6.4.3.13

###### 1.3.1.4.3.14 Bhakti\_Yoga

Refer to section 1.2.6.4.3.14

###### 1.3.1.4.3.15 Tantra\_Yoga

Refer to section 1.2.6.4.3.15

###### 1.3.1.4.3.16 Vinyasa\_Yoga

Refer to section 1.2.6.4.3.16

###### 1.3.1.4.3.17 Creative\_Yoga

Refer to section 1.2.6.4.3.17

###### 1.3.1.4.3.18 Relaxing\_Yoga

Refer to section 1.2.6.4.3.18

###### 1.3.1.4.3.19 Power\_Yoga

Refer to section 1.2.6.4.3.19

###### 1.3.1.4.3.20 Iyengar\_Yoga

Refer to section 1.2.6.4.3.20

###### 1.3.1.4.3.21 Karma\_Yoga

Refer to section 1.2.6.4.3.21

###### 1.3.1.4.3.22 Jinana\_Yoga

Refer to section 1.2.6.4.3.22

###### 1.3.1.4.3.23 Sahaj\_Yoga

Refer to section 1.2.6.4.3.23

###### 1.3.1.4.3.24 Hatha\_Yoga

Refer to section 1.2.6.4.3.24

###### 1.3.1.4.3.25 Yoga\_Nidra

Refer to section 1.2.6.4.3.25

##### 1.3.1.4.4 Dance\_Therapy

Refer to section 1.2.6.4.4

##### 1.3.1.4.5 Aikido

Refer to section 1.2.6.4.5

##### 1.3.1.4.6 Motor\_Control\_Exercise

Refer to section 1.2.6.4.6

##### 1.3.1.4.7 Facial\_Exercise

Refer to section 1.2.6.4.7

###### 1.3.1.4.7.1 Face\_Yoga

Refer to section 1.2.6.4.3.5

###### 1.3.1.4.7.2 Facial\_Resistance\_Training

Refer to section 1.2.6.4.7.2

###### 1.3.1.4.7.3 Face\_Shaping

Refer to section 1.2.6.4.7.3

##### 1.3.1.4.8 Guided\_Physical\_Activity

Refer to section 1.2.6.4.8

#### 1.3.1.5 Meditation\_Therapy

Refer to section 1.2.6.5

##### 1.3.1.5.1 Concentrative\_Meditation

Refer to section 1.2.6.5.1

###### 1.3.1.5.1.1 Mantra\_Meditation

Refer to section 1.2.6.5.1.1

1.3.1.5.1.1.1 Transcendental\_Meditation

Refer to section 1.2.6.5.1.1.1

###### 1.3.1.5.1.2 Zen\_Meditation

Refer to section 1.2.6.5.1.2

###### 1.3.1.5.1.3 Breath\_Medication

Refer to section 1.2.6.5.1.3

###### 1.3.1.5.1.4 Guided\_Medication

Refer to section 1.2.6.5.1.4

##### 1.3.1.5.2 Mindfulness\_Meditation

Refer to section 1.2.6.5.2

###### 1.3.1.5.2.1 Body\_Scanning\_Meditation

Refer to section 1.2.6.5.2.1

###### 1.3.1.5.2.2 Mindful\_Intervention

Refer to section 1.2.6.5.2.2

1.3.1.5.2.2.1 Mindful\_Eating

Refer to section 1.1.14

1.3.1.5.2.2.2 Mindfulness\_Based\_Art\_Therapy

Refer to section 1.2.6.2.1.4

1.3.1.5.2.2.3 Mindfulness\_Based\_Stress\_Reduction\_Meditation

Refer to section 1.2.6.5.2.2.3

1.3.1.5.2.2.3.1 Cognitive\_Behavioral\_and\_Mindfulness\_Based\_Stress\_Reduction

Refer to section 1.2.6.5.2.2.3.1

1.3.1.5.2.2.4 Walking\_Medication

Refer to section 1.2.6.5.2.2.4

1.3.1.5.2.2.5 Mindfulness\_Based\_Relapse\_Prevention

Refer to section 1.2.6.5.2.2.5

1.3.1.5.2.2.6 Adapted\_Mindfulness\_Based\_Intervention

Refer to section 1.2.6.5.2.2.6

1.3.1.5.2.2.7 Mindfulness\_and\_Acceptance\_Based\_Group\_Therapy

Refer to section 1.2.6.5.2.2.7

1.3.1.5.2.2.8 Mindfulness\_Awareness\_Practice

Refer to section 1.2.6.5.2.2.8

1.3.1.5.2.2.9 Mindfulness\_Based\_Cognitive\_Therapy

Refer to section 1.2.6.5.2.2.9

1.3.1.5.2.2.10 Mindfulness\_Based\_Alzheimer\_Stimulation

Refer to section 1.2.6.5.2.2.10

1.3.1.5.2.2.11 Mindfulness\_Based\_Exposure\_Therapy

Refer to section 1.2.6.5.2.2.11

##### 1.3.1.5.3 Vipassana\_Meditation

Refer to section 1.2.6.5.3

##### 1.3.1.5.4 Analytical\_Meditation

Refer to section 1.2.6.5.4

#### 1.3.1.6 Movement\_Education

Refer to section 1.2.6.6

##### 1.3.1.6.1 Alexander\_Technique

Refer to section 1.2.6.6.1

###### 1.3.1.6.1.1 Alexander\_Proprioception

Refer to section 1.2.6.6.1.1

##### 1.3.1.6.2 Aston\_Patterning

Refer to section 1.2.6.6.2

#### 1.3.1.7 Art\_of\_Living

Refer to section 1.2.6.7

##### 1.3.1.7.1 5h\_Program

Refer to section 1.2.6.7.1

#### 1.3.1.8 Eurythmy

Refer to section 1.2.6.8

#### 1.3.1.9 Feldenkrais\_Method

Refer to section 1.2.6.9

##### 1.3.1.9.1 Functional\_Integration

Refer to section 1.2.6.9.1

#### 1.3.1.10 Flotation\_Therapy

Refer to section 1.2.6.10

#### 1.3.1.11 Sophrology

Refer to section 1.2.6.11

### 1.3.2 Animal\_Assisted\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000536030

Synonyms:

• AAT

• Animal Assisted Activities(AAA)

• Animal-Assisted Activities

• Animal-Assisted Education

• Animal-Assisted Intervention

• Animal-Assisted Interventions(AAI)

• Animal-Facilitated Therapy

• Canine-Assisted Therapy

• Pet Therapy

• pet-facilitated therapy

#### 1.3.2.1 Equine\_Assisted\_Activity\_and\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Equine-Assisted Activities and Therapies

• Equine-Assisted Activities and Therapies (EAAT)

##### 1.3.2.1.1 Equine\_Assisted\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Equine Therapy

###### 1.3.2.1.1.1 Horse\_Riding\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.3.2.1.1.1.1 Psychoeducational\_Horseback\_Riding

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.3.2.1.1.1.2 Hippotherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

1.3.2.1.1.1.3 Therapeutic\_Horseback\_Riding

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.3.2.1.2 Equine\_Assisted\_Activity

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.2.2 Animal\_Companionship

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.2.3 Animal\_Visitation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.2.4 Dolphin\_Assisted\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.2.5 Canine\_Visitation\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Canine Visitation Therapy (CVT)

#### 1.3.2.6 Companion\_Animal\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.2.7 Dog\_Assisted\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Canine Therapy

##### 1.3.2.7.1 Canine\_Assisted\_Ambulation

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.2.8 Animals\_in\_Human\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

### 1.3.3 Psychodrama

Definition:

• [Source: Medical Subject Headings (MeSH)] Primarily a technique of group psychotherapy which involves a structured, directed, and dramatized acting out of the patient's personal and emotional problems.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D011577

Synonyms:

• Drama Therapy

• Dramatherapy

#### 1.3.3.1 Role\_Playing

Definition:

• [Source: Medical Subject Headings (MeSH)] The adopting or performing the role of another significant individual in order to gain insight into the behavior of that person.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D012381

Synonyms:

• Role Playings

### 1.3.4 Sensory\_Art\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] Therapies using arts or directed at the senses.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D026421

Synonyms:

• Sensory Art Therapies

#### 1.3.4.1 Aromatherapy

Refer to section 1.1.16.3

##### 1.3.4.1.1 Essential\_Oil\_Therapy

Refer to section 1.1.16.3.1

###### 1.3.4.1.1.1 Peppermint\_Oil\_Therapy

Refer to section 1.1.16.3.1.1

###### 1.3.4.1.1.2 Tea\_Tree\_Oil\_Therapy

Refer to section 1.1.16.3.1.2

##### 1.3.4.1.2 Scent\_Therapy

Refer to section 1.1.16.3.2

#### 1.3.4.2 Color\_Therapy

Refer to section 1.2.8.1.4

##### 1.3.4.2.1 Aura\_Soma\_Therapy

Refer to section 1.2.8.1.4.1

#### 1.3.4.3 Acoustic\_Stimulation

Definition:

• [Source: Medical Subject Headings (MeSH)] Use of sound to elicit a response in the nervous system.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000161

Synonyms:

• Auditory Stimulation

#### 1.3.4.4 Play\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] A therapeutic method involving the use of sandtray or sandbox, and the nonverbal imageries created by sandplay. A treatment technique utilizing play as a medium for expression and communication between patient and therapist.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D010989

Synonyms:

• Play Therapies

• Play based Mental Health Intervention

• Sandplay

• Sandplay Therapies

• Sandplay Therapy

#### 1.3.4.5 Expressive\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Creative Arts Therapies

• expressive therapies

##### 1.3.4.5.1 Art\_Therapy

Refer to section 1.2.6.2.1

###### 1.3.4.5.1.1 Visual\_Art\_Therapy

Refer to section 1.2.6.2.1.1

1.3.4.5.1.1.1 Pottery

Refer to section 1.2.6.2.1.1.1

1.3.4.5.1.1.2 Chinese\_Calligraphy\_Therapy

Refer to section 1.2.6.2.1.1.2

1.3.4.5.1.1.3 Clay\_Art\_Therapy

Refer to section 1.2.6.2.1.1.3

1.3.4.5.1.1.4 Mandala\_Therapy

Refer to section 1.2.6.2.1.1.4

###### 1.3.4.5.1.2 Creative\_Art\_Therapy

Refer to section 1.2.6.2.1.2

1.3.4.5.1.2.1 Creative\_Art\_Intervention

Refer to section 1.2.6.2.1.2.1

1.3.4.5.1.2.2 Creative\_Expression

Refer to section 1.2.6.2.1.2.2

1.3.4.5.1.2.3 Artistic\_Therapy\_Painting

Refer to section 1.2.6.2.1.2.3

###### 1.3.4.5.1.3 Phenomenological\_Art\_Therapy

Refer to section 1.2.6.2.1.3

###### 1.3.4.5.1.4 Mindfulness\_Based\_Art\_Therapy

Refer to section 1.2.6.2.1.4

###### 1.3.4.5.1.5 Psychodynamic\_Group\_Art\_Therapy

Refer to section 1.2.6.2.1.5

###### 1.3.4.5.1.6 Anthroposophic\_Art\_Therapy

Refer to section 1.2.6.2.1.6

##### 1.3.4.5.2 Music\_Therapy

Refer to section 1.2.6.2.3

###### 1.3.4.5.2.1 Musical\_Game

Refer to section 1.2.6.2.3.1

###### 1.3.4.5.2.2 Orff\_Based\_Music\_Therapy

Refer to section 1.2.6.2.3.2

###### 1.3.4.5.2.3 Lyric\_Analysis

Refer to section 1.2.6.2.3.3

###### 1.3.4.5.2.4 Medical\_Resonance\_Therapy\_Music

Refer to section 1.2.6.2.3.4

###### 1.3.4.5.2.5 Musical\_Motor\_Feedback

Refer to section 1.2.6.2.3.5

###### 1.3.4.5.2.6 Evocative\_Music

Refer to section 1.2.6.2.3.6

###### 1.3.4.5.2.7 Raga\_Therapy

Refer to section 1.2.6.2.3.7

###### 1.3.4.5.2.8 Dinner\_Music\_Intervention

Refer to section 1.2.6.2.3.8

###### 1.3.4.5.2.9 Active\_Music\_Therapy

Refer to section 1.2.6.2.3.9

1.3.4.5.2.9.1 Interactive\_Music\_Therapy

Refer to section 1.2.6.2.3.9.1

###### 1.3.4.5.2.10 Music\_Based\_Imagery

Refer to section 1.2.6.2.3.10

###### 1.3.4.5.2.11 Individualized\_Music\_Focused\_Auditory\_Therapy

Refer to section 1.2.6.2.3.11

###### 1.3.4.5.2.12 Lullaby\_Therapy

Refer to section 1.2.6.2.3.12

###### 1.3.4.5.2.13 Music\_Reinforced\_Therapy

Refer to section 1.2.6.2.3.13

###### 1.3.4.5.2.14 Instructional\_Music\_Therapy

Refer to section 1.2.6.2.3.14

###### 1.3.4.5.2.15 Improvisational\_Music\_Therapy

Refer to section 1.2.6.2.3.15

###### 1.3.4.5.2.16 Group\_Chanting\_and\_Singing

Refer to section 1.2.6.2.3.16

###### 1.3.4.5.2.17 Music\_Listening\_Intervention

Refer to section 1.2.6.2.3.17

###### 1.3.4.5.2.18 Musicokinetic\_Therapy

Refer to section 1.2.6.2.3.18

###### 1.3.4.5.2.19 Calming\_Music\_Therapy

Refer to section 1.2.6.2.3.19

###### 1.3.4.5.2.20 Live\_Music\_Therapy

Refer to section 1.2.6.2.3.20

###### 1.3.4.5.2.21 Group\_Drumming

Refer to section 1.2.6.2.3.21

###### 1.3.4.5.2.22 Contingent\_Music

Refer to section 1.2.6.2.3.22

###### 1.3.4.5.2.23 Music\_Video\_Therapy

Refer to section 1.2.6.2.3.23

###### 1.3.4.5.2.24 Music\_Exposure\_Therapy

Refer to section 1.2.6.2.3.24

###### 1.3.4.5.2.25 Music\_Assisted\_Reframing

Refer to section 1.2.6.2.3.25

###### 1.3.4.5.2.26 Karaoke\_Therapy

Refer to section 1.2.6.2.3.26

##### 1.3.4.5.3 Dance\_Therapy

Refer to section 1.2.6.4.4

##### 1.3.4.5.4 Expressive\_Writing\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• journaling

### 1.3.5 Hypnosis

Definition:

• [Source: Medical Subject Headings (MeSH)] Therapeutic intervention in which a person is induced through clinical guidance into a hypnotic state. A state of increased receptivity to suggestion and direction, initially induced by the influence of another person or oneself.

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Hypnosis (also called hypnotherapy) has been studied for a number of conditions, including irritable bowel syndrome (IBS), state anxiety (e.g., before medical procedures or surgeries), menopausal symptoms, hot flashes in breast cancer survivors, headaches, and post-traumatic stress disorder. It has also been studied for pain control and smoking cessation.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D006990

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/hypnosis

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000470289

Synonyms:

• Clinical Hypnosis

• Hypnoanalysis

• Hypnotherapies

• Hypnotism

• Mesmerism

• hypnotherapy

#### 1.3.5.1 Autogenic\_Training

Definition:

• [Source: Medical Subject Headings (MeSH)] Technique based on muscle relaxation during self-hypnotic exercises. It is used in conjunction with psychotherapy.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D001326

• Source: Natural Medicine

Synonyms:

• Autogenic

• Autogenic Relaxation

• Autogenic Relaxation Technique

• Autogenic Relaxation Training

• Autorelaxation Concentrative

• Progressive Muscle Relaxation

• Progressive Relaxation

• Standard Autogenic Training

#### 1.3.5.2 Suggestion

Definition:

• [Source: Medical Subject Headings (MeSH)] The uncritical acceptance of an idea or plan of action.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D013404

Synonyms:

• Suggestions

##### 1.3.5.2.1 Autosuggestion

Definition:

• [Source: Medical Subject Headings (MeSH)] Suggestion coming from the subject himself.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D001346

Synonyms:

• N/A

##### 1.3.5.2.2 Post\_Hypnotic\_Suggestion

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.5.3 Hypnoanalgesia

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.5.4 Auto\_Hypnosis

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Autohypnosis

• Self-Hypnosis

#### 1.3.5.5 Hypnobirthing

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.3.5.5.1 Antenatal\_Self\_Hypnosis

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.5.6 Cognitive\_Hypnotherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

### 1.3.6 Imagery\_Psychotherapy

Definition:

• [Source: Medical Subject Headings (MeSH)] The use of mental images produced by the imagination as a form of psychotherapy. It can be classified by the modality of its content: visual, verbal, auditory, olfactory, tactile, gustatory, or kinesthetic. Common themes derive from nature imagery (e.g., forests and mountains), water imagery (e.g., brooks and oceans), travel imagery, etc. Imagery is used in the treatment of mental disorders and in helping patients cope with other diseases. Imagery often forms a part of HYPNOSIS, of AUTOGENIC TRAINING, of RELAXATION TECHNIQUES, and of BEHAVIOR THERAPY. (From Encyclopedia of Human Behavior, vol. 4, pp29-30, 1994)

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D019018

Synonyms:

• Directed Reverie Therapies

• Directed Reverie Therapy

• Guided Health Imagery

• Guided Imagery

• Guided Visualization

• Imagery

• Imagery (Psychotherapy)

• Imagery Psychotherapy

• Psychotherapeutic Imagery

• Psychotherapy Imagery

• Visualisation

• Visualization

• Visualization Therapy

#### 1.3.6.1 Relaxation\_Mental\_Imagery

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

### 1.3.7 Spiritual\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] Practice of evicting demons or other spiritual entities from a person or area believed to be possessed.

• [Source: Physician Data Query (PDQ) Terminology] Mystical, religious, or spiritual practices performed for health benefit.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D026443

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000372891

Synonyms:

• Spiritual Intervention

#### 1.3.7.1 Therapeutic\_Touch

Refer to section 1.2.8.1.2.2

#### 1.3.7.2 Faith\_Healing

Definition:

• [Source: Medical Subject Headings (MeSH)] The use of faith and spirit to cure disease.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D029221

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574293

Synonyms:

• Prayer Healing

##### 1.3.7.2.1 Native\_American\_Faith\_Healing

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.7.3 Laying\_on\_of\_Hands\_with\_Prayer

Definition:

• N/A

Provenance:

• Source: Read Clinical Terminology Version 2 (RCTV2)  
 http://purl.bioontology.org/ontology/RCTV2/8BF0.00

Synonyms:

• N/A

#### 1.3.7.4 Prayer

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.3.7.4.1 Intercessory\_Prayer

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

##### 1.3.7.4.2 Compassionate\_Intention

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: NCCIH

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.7.5 Magic

Definition:

• [Source: Medical Subject Headings (MeSH)] Beliefs and practices concerned with producing desired results through supernatural forces or agents as with the manipulation of fetishes or rituals.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D008273

Synonyms:

• Magics

##### 1.3.7.5.1 Witchcraft

Definition:

• [Source: Medical Subject Headings (MeSH)] An act of employing sorcery (the use of power gained from the assistance or control of spirits), especially with malevolent intent, and the exercise of supernatural powers and alleged intercourse with the devil or a familiar. (From Webster, 3d ed)

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D018599

Synonyms:

• N/A

#### 1.3.7.6 Meditation

Definition:

• N/A

Provenance:

• N/A

Synonyms:

• N/A

#### 1.3.7.7 Mental\_Healing

Definition:

• [Source: Medical Subject Headings (MeSH)] The use of mind to cure disease, particularly physical illness.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D008602

Synonyms:

• N/A

#### 1.3.7.8 Radiesthesia

Definition:

• [Source: Medical Subject Headings (MeSH)] Therapeutic cult concerned with intangible energies surrounding the living body and based on the detection of these intrinsic radiations by dowsing, or divining, or the use of more elaborate instruments (radionics).

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D011844

Synonyms:

• N/A

#### 1.3.7.9 Shamanic\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] An intermediate stage between polytheism and monotheism, which assumes a Great Spirit, with lesser deities subordinated. With the beginnings of shamanism there was the advent of the medicine man or witch doctor, who assumed a supervisory relation to disease and its cure. Formally, shamanism is a religion of Ural-Altaic peoples of Northern Asia and Europe, characterized by the belief that the unseen world of gods, demons, ancestral spirits is responsive only to shamans. The Indians of North and South America entertain religious practices similar to the Ural-Altaic shamanism. The word shaman comes from the Tungusic (Manchuria and Siberia) saman, meaning Buddhist monk. The SHAMAN handles disease almost entirely by psychotherapeutic means; he frightens away the demons of disease by assuming a terrifying mien. (From Garrison, An Introduction to the History of Medicine, 4th ed, p22; from Webster, 3d ed)

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D019423

Synonyms:

• Shamanic Healing

• Shamanism

• Shamanism medicine

#### 1.3.7.10 Distance\_Healing

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000372892

Synonyms:

• Absent Healing

• Remote Healing

#### 1.3.7.11 Noetic\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.7.12 Divining

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.7.13 Psychic\_Healing

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.3.7.14 Sound\_Healing

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.3.7.15 Spiritual\_Healing

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D026443

Synonyms:

• Spiritual Healings

##### 1.3.7.15.1 Exorcism

Definition:

• N/A

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D026443

Synonyms:

• Exorcisms

### 1.3.8 Stress\_Management\_Therapy

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574229

Synonyms:

• N/A

#### 1.3.8.1 Aromatherapy

Refer to section 1.1.16.3

##### 1.3.8.1.1 Essential\_Oil\_Therapy

Refer to section 1.1.16.3.1

###### 1.3.8.1.1.1 Peppermint\_Oil\_Therapy

Refer to section 1.1.16.3.1.1

###### 1.3.8.1.1.2 Tea\_Tree\_Oil\_Therapy

Refer to section 1.1.16.3.1.2

##### 1.3.8.1.2 Scent\_Therapy

Refer to section 1.1.16.3.2

#### 1.3.8.2 Laughter\_Therapy

Refer to section 1.2.6.2.2.1

##### 1.3.8.2.1 Laughter\_Yoga

Refer to section 1.2.6.2.2.1.1

### 1.3.9 Support\_Group\_Therapy

Definition:

• N/A

Provenance:

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574225

Synonyms:

• N/A

### 1.3.10 Psychotherapy

Definition:

• A generic term for the treatment of mental illness or emotional disturbances primarily by verbal or nonverbal communication. (MSH)

• A method of treating disease, esp. psychic disorders, by mental rather than pharmacological means (e.g., suggestion, re-education, hypnotism, and psychoanalysis). (Taber's) (NCI)

• treatment of emotional, behavioral, personality, and psychiatric disorders based primarily upon verbal or nonverbal communication and interventions with the patient. (CSP)

Provenance:

• Source: NCCIH

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0033968

Synonyms:

• N/A

#### 1.3.10.1 Psychoeducation

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.3.10.2 Bibliotherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• workbooks

#### 1.3.10.3 Body\_Psychotherapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Body-Oriented Psychotherapy

##### 1.3.10.3.1 Bioenergetic\_Therapy

Definition:

• N/A

Provenance:

• source: CIHLex

Synonyms:

• Bioenergetic Analysis

• Bioenergetic Medicine

• Bioenergetics

• Bioenergy Therapy

#### 1.3.10.4 Counseling

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Psychological counseling

##### 1.3.10.4.1 Grief\_Counseling

Definition:

• N/A

Provenance:

• Source: Natural Medicine

• source: CIHLex

Synonyms:

• N/A

##### 1.3.10.4.2 Lifestyle\_Counseling

Definition:

• N/A

Provenance:

• source: CIHLex

Synonyms:

• N/A

##### 1.3.10.4.3 Biographical\_Counseling

Definition:

• N/A

Provenance:

• source: CIHLex

Synonyms:

• N/A

#### 1.3.10.5 Emotional\_Freedom\_Technique

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.3.10.6 Gestalt\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.3.10.7 Narrative\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.3.10.8 Family\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.3.10.9 Positive\_Self\_Talk

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.3.10.10 Psychotherapy\_Incorporating\_Mindfulness

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.3.10.11 Psychotherapy\_Incorporating\_Spirituality

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

### 1.3.11 Thought\_Field\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

### 1.3.12 Neurolinguistic\_Programming

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Neurolinguistic Patterning

### 1.3.13 Focusing\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Focusing

• Focusing-Oriented Therapy

• Foucsing Process

#### 1.3.13.1 Attentional\_Focus

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.13.2 Interactive\_Focusing\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.13.3 Body\_State\_Focusing

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.13.4 Attentional\_Focus\_and\_Symptom\_Management\_Intervention

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.13.5 Internal\_Focusing

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

#### 1.3.13.6 Focus\_on\_Love\_and\_Gratitude

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.3.13.7 External\_Focusing

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• N/A

### 1.3.14 Morita\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

### 1.3.15 Environmental\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

#### 1.3.15.1 Nature\_Based\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Nature Therapy

##### 1.3.15.1.1 Horticultural\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] A therapeutic approach in which the engagement of a person in gardening and plant-based activities are utilized in improving an individual's social, emotional, educational, psychological, and physical well-being.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D058611

Synonyms:

• Garden Therapy

• Gardening Therapy

• Horticulture Therapy

• Therapeutic Horticulture

##### 1.3.15.1.2 Forest\_Therapy

Definition:

• [Source: Medical Subject Headings (MeSH)] Sitting or walking in a FOREST or forested area and taking in all of the environmental stimuli of the forest - the sounds, images, atmopheric conditions, etc. as a form of therapy.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000099080

Synonyms:

• Forest Bathing

• Shinrin-Yoku

### 1.3.16 Positive\_Thinking

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

### 1.3.17 Reminiscence\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

### 1.3.18 Sound\_Therapy

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

### 1.3.19 Visualization\_Technique

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• Visualization Techniques

## 1.4 Complementary\_Care\_System

Definition:

• N/A

Provenance:

• N/A

Synonyms:

• N/A

### 1.4.1 Traditional\_Medicine

Definition:

• Knowledge, skill, and practices based on the theories, beliefs, and experiences indigenous to different cultures used in the maintenance of health or the prevention, diagnosis, improvement, or treatment of physical or mental illness. (NCI)

• Systems of medicine based on cultural beliefs and practices handed down from generation to generation. The concept includes mystical and magical rituals (SPIRITUAL THERAPIES); PHYTOTHERAPY; and other treatments which may not be explained by modern medicine. (MSH)

• Traditional medicine is the sum total of the knowledge, skill, and practices based on the theories, beliefs, and experiences indigenous to different cultures, whether explicable or not, used in the maintenance of health as well as in the prevention, diagnosis, improvement or treatment of physical and mental illness. (SNOMEDCT\_US)

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D008519

• Source: CIHLex

• Source: SNOMEDCT\_US

• Source: Source: National Cancer Institute Thesaurus (NCIT)

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0025131

Synonyms:

• Ethnomedicine

• Folk Medicine

• Folk Remedies

• Folk Remedy

• Home Remedies

• Home Remedy

• Indigenous Medicine

• Primitive Medicine

• Traditional Healing

• Traditional Medicine

#### 1.4.1.1 Historical\_Eclecticism

Definition:

• [Source: Medical Subject Headings (MeSH)] A system of medicine, most popular in the 19th century, that advocates the use of indigenous plants in the treatment of specific signs and symptoms.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D027681

Synonyms:

• N/A

#### 1.4.1.2 Traditional\_African\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] A system of traditional medicine which is based on the beliefs and practices of the African peoples. It includes treatment by MEDICINAL PLANTS and other MATERIA MEDICA as well as by the ministrations of diviners, MEDICINE MEN, witch doctors, and sorcerers.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D016488

Synonyms:

• African Medicine

• African Traditional Medicine

#### 1.4.1.3 Arabic\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] Traditional concepts of medicine and associated methods reflected in medicine in the ARAB WORLD.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D008514

Synonyms:

• N/A

##### 1.4.1.3.1 Unani\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] A modified Greco-Arabic medical system. It reflects Arabic medicine blending with Greek philosophy, science, and medicine.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D019367

Synonyms:

• Yunani medicine

#### 1.4.1.4 Traditional\_Indian\_Medicine

Definition:

• N/A

Provenance:

• Source: CIHLex

Synonyms:

• N/A

##### 1.4.1.4.1 Ayurvedic\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] The traditional medicine which is based on customs, beliefs, and practices in the subcontinent of India. A derivative of Ayurveda Rasashastra alchemy.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D008515

Synonyms:

• Hindu Medicine

• Panchakarma

• Siddha Medicine

#### 1.4.1.5 Traditional\_East\_Asian\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] Medical practice or discipline that is based on the knowledge, cultures, and beliefs of the people in EAST ASIA.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D008518

Synonyms:

• East Asia Medicine

• East Asia Medicines

• East Asian Medicine

• East Asian Medicines

• East Asian Traditional Medicine

• Far East Medicine

• Far East Medicines

• Oriental Medicine

• Oriental Traditional Medicine

• Traditional Far Eastern Medicine

• Traditional Oriental Medicine

• Traditional Oriental Medicines

##### 1.4.1.5.1 Traditional\_Chinese\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] A system of traditional medicine which is based on the beliefs and practices of the Chinese culture.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D008516

Synonyms:

• Chinese Traditional Medicine

• Chung I Hsueh

• Traditional Tongue Assessment

• Traditional Tongue Assessments

• Traditional Tongue Diagnoses

• Traditional Tongue Diagnosis

• Zhong Yi Xue

##### 1.4.1.5.2 Kampo\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] System of herbal medicine practiced in Japan by both herbalists and practitioners of modern medicine. Kampo originated in China and is based on Chinese herbal medicine (MEDICINE, CHINESE TRADITIONAL).

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D020835

Synonyms:

• Kampo

• Kanpo

• Kanpo Medicine

##### 1.4.1.5.3 Traditional\_Korean\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] Medical practice or discipline that is based on the knowledge, cultures, and beliefs of the people of KOREA.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D055670

Synonyms:

• Korean Traditional Medicine

• Sasang Constitutional Medicine

##### 1.4.1.5.4 Traditional\_Mongolian\_\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] Medical practice indigenous to the peoples of Mongolia, developed over many years according to their culture, beliefs, and traditions.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D056785

Synonyms:

• Mongolian Folk Medicine

• Mongolian Folk Medicines

• Mongolian Medicine

• Mongolian Medicines

• Mongolian Traditional Medicine

• Mongolian Traditional Medicines

##### 1.4.1.5.5 Traditional\_Tibetan\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] A system of traditional medicine which is based on the beliefs and practices of the Tibetan culture.

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D038861

Synonyms:

• Tibetan Medicine

• Tibetan Traditional Medicine

##### 1.4.1.5.6 Traditional\_Japanese\_Medicine

Definition:

• N/A

Provenance:

• Source: CIHLex

• Source: Natural Medicine

Synonyms:

• Japanese traditional medicine

#### 1.4.1.6 Traditional\_Iranian\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] Concepts of medicine and associated methods reflected in traditional Iranian medicine.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000091182

Synonyms:

• Ancient Iranian Medicine

• Iranian Traditional Medicine

• Persian Traditional Medicine

• Traditional Iranian Medicines

#### 1.4.1.7 Traditional\_Thai\_Medicine

Definition:

• [Source: Medical Subject Headings (MeSH)] A system of traditional medicine which is based on the beliefs and practices of the Thai culture.

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D000096262

Synonyms:

• Thai Massage

• Thai Massages

• Thai Medicine

• Thai Medicine Traditional

• Thai Traditional Medicine

• Traditional Thai Massage

• Traditional Thai Massages

### 1.4.2 Anthroposophic\_Medicine

Definition:

• N/A

Provenance:

• Source: Global advances in health and medicine 2013   
 https://pmc.ncbi.nlm.nih.gov/articles/PMC3865373/

• Source: SNOMEDCT\_US

• Source: UMLS   
 https://uts.nlm.nih.gov/uts/umls/concept/C0175823

Synonyms:

• anthroposophical medicine

• anthroposophy

### 1.4.3 Homeopathy

Definition:

• [Source: Medical Subject Headings (MeSH)] A system of therapeutics founded by Samuel Hahnemann (1755-1843), based on the Law of Similars where like cures like. Diseases are treated by highly diluted substances that cause, in healthy persons, symptoms like those of the disease to be treated.

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Homeopathy, also known as homeopathic medicine, is a medical system that was developed in Germany more than 200 years ago. It’s based on two unconventional theories: 1) "Like cures like"-the notion that a disease can be cured by a substance that produces similar symptoms in healthy people. 2)"Law of minimum dose"-the notion that the lower the dose of the medication, the greater its effectiveness. Many homeopathic products are so diluted that no molecules of the original substance remain.

• [Source: Physician Data Query (PDQ) Terminology] A method of treating disease with small amounts of remedies that, in large amounts in healthy people, produce symptoms similar to those being treated. Homeopathy seeks to stimulate the body's defense mechanisms and processes so as to prevent or treat illness. Check for "https://www.cancer.gov/about-cancer/treatment/clinical-trials/intervention/C15718" active clinical trials using this agent. ("http://ncit.nci.nih.gov/ncitbrowser/ConceptReport.jsp?dictionary=NCI%20Thesaurus&code=C15718" NCI Thesaurus)

Provenance:

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D006705

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/homeopathy

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574166

• Source: Read Codes, Clinical Terms Version 3 (CTV3)  
 http://purl.bioontology.org/ontology/RCD/8BA6.

Synonyms:

• Homeopathic

• Homeopathic Remedy

• Homeopathic Therapy

### 1.4.4 Naturopathy

Definition:

• [Source: Medical Subject Headings (MeSH)] A drugless system of therapy, making use of physical forces such as air, light, water, heat, massage. Treatments are often diet- and nutrition-oriented with attention given to the patient's personal history and lifestyle. (From Cassileth, Alternative Medicine Handbook, 1998, p329)

• [Source: National Center for Complementary and Integrative Health (NCCIH)] Naturopathy—also called naturopathic medicine—is a medical system that has evolved from a combination of traditional practices and health care approaches popular in Europe during the 19th century.

• [Source: Physician Data Query (PDQ) Terminology] A system of therapy based on preventative care, and on the use of heat, water, light, air, and massage as primary therapies for disease. Some naturopaths use no medications, either pharmaceutical or herbal. Some recommend herbal remedies only. A few who are licensed to prescribe may recommend pharmaceuticals in those cases where they feel their use is warranted. (MedicineNet.com) Check for "https://www.cancer.gov/about-cancer/treatment/clinical-trials/intervention/C15283" active clinical trials using this agent. ("http://ncit.nci.nih.gov/ncitbrowser/ConceptReport.jsp?dictionary=NCI%20Thesaurus&code=C15283" NCI Thesaurus)

Provenance:

• Source: CIHLex

• Source: Medical Subject Headings (MeSH)  
 http://purl.bioontology.org/ontology/MESH/D009324

• Source: National Center for Complementary and Integrative Health (NCCIH)  
 https://www.nccih.nih.gov/health/naturopathy

• Source: Physician Data Query (PDQ) Terminology  
 http://purl.bioontology.org/ontology/PDQ/CDR0000574165

Synonyms:

• Naturopathic

• Naturopathic Medicine

• Naturopathic Therapy

• Naturopathy Therapy

# Appendix A: Concepts with Multiple Parents

**Mindful\_Eating**

Refer to section 1.1.14

Child of: Nutritional\_Intervention, Mindful\_Intervention

**Asian\_Ginseng**

Refer to section 1.1.16.2.1.2

Child of: Chinese\_Herbal\_Medicine, Western\_Herbal\_Medicine

**Tea**

Refer to section 1.1.16.2.1.10

Child of: Chinese\_Herbal\_Medicine, Western\_Herbal\_Medicine

**Milk\_Thistle**

Refer to section 1.1.16.2.1.13

Child of: Chinese\_Herbal\_Medicine, Western\_Herbal\_Medicine

**Licorice\_Root**

Refer to section 1.1.16.2.1.12

Child of: Chinese\_Herbal\_Medicine, Ayurvedic\_Herbal\_Medicine

**Aloe\_Vera**

Refer to section 1.1.16.2.2.4

Child of: Ayurvedic\_Herbal\_Medicine, Western\_Herbal\_Medicine

**Marijuana**

Refer to section 1.1.16.2.2.6

Child of: Ayurvedic\_Herbal\_Medicine, Western\_Herbal\_Medicine, African\_Herbal\_Medicine

**Black\_Cohosh**

Refer to section 1.1.16.2.3.7

Child of: Western\_Herbal\_Medicine, Native\_American\_Herbal\_Medicine

**Echinacea**

Refer to section 1.1.16.2.3.11

Child of: Western\_Herbal\_Medicine, Native\_American\_Herbal\_Medicine

**Cat's\_Claw**

Refer to section 1.1.16.2.4.3

Child of: Native\_American\_Herbal\_Medicine, Amazonian\_Herbal\_Medicine

**Passionflower**

Refer to section 1.1.16.2.4.5

Child of: Native\_American\_Herbal\_Medicine, Amazonian\_Herbal\_Medicine

**Aromatherapy**

Refer to section 1.1.16.3

Child of: Phytotherapy, Sensory\_Art\_Therapy, Stress\_Management\_Therapy

**Ear\_Acupuncture**

Refer to section 1.2.1.3

Child of: Acupuncture, Auriculotherapy

**Acu\_Moxibustion**

Refer to section 1.2.1.11

Child of: Acupuncture, Moxibustion

**Mind–body\_Therapy**

Refer to section 1.2.6

Child of: Physical\_Intervention, Psychological\_Intervention

**Art\_Therapy**

Refer to section 1.2.6.2.1

Child of: Relaxation\_Technique, Expressive\_Therapy

**Music\_Therapy**

Refer to section 1.2.6.2.3

Child of: Relaxation\_Technique, Expressive\_Therapy

**Mindfulness\_Based\_Art\_Therapy**

Refer to section 1.2.6.2.1.4

Child of: Art\_Therapy, Mindful\_Intervention

**Laughter\_Therapy**

Refer to section 1.2.6.2.2.1

Child of: Humor\_Therapy, Stress\_Management\_Therapy

**Laughter\_Yoga**

Refer to section 1.2.6.2.2.1.1

Child of: Laughter\_Therapy, Yoga\_Therapy

**Reflexology**

Refer to section 1.2.6.2.4

Child of: Relaxation\_Technique, Bodywork\_Therapy

**Tai\_Chi**

Refer to section 1.2.6.4.2

Child of: Exercise\_Therapy, Putative\_Energy\_Therapy

**Face\_Yoga**

Refer to section 1.2.6.4.3.5

Child of: Yoga\_Therapy, Facial\_Exercise

**Dance\_Therapy**

Refer to section 1.2.6.4.4

Child of: Exercise\_Therapy, Expressive\_Therapy

**Therapeutic\_Touch**

Refer to section 1.2.8.1.2.2

Child of: Biofield\_Therapy, Spiritual\_Therapy

**Color\_Therapy**

Refer to section 1.2.8.1.4

Child of: Putative\_Energy\_Therapy, Sensory\_Art\_Therapy

**Trigger\_Point\_Massage**

Refer to section 1.2.15.5.3.7.1.5

Child of: Therapeutic\_Massage, Trigger\_Point\_Therapy