

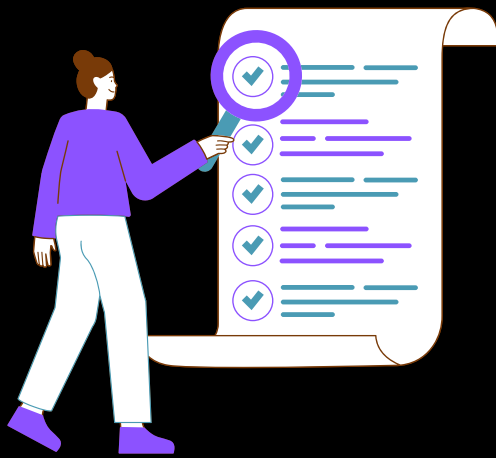
Managing Matters!

Day: Thursday,
September 25, 2025

Time: 14:30

Place: UC3M Auditorium

*Managing
your time
matters!*



- Learn to prioritize
- Learn time management techniques
- Create effective to-do lists
- Overcome procrastination
- Set goals and reflect
- Become more productive

