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11 applications for Clinical Pharmacist A5556-25-0007

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Clinical Pharmacist A5556-25-0007

AR-250323-96513

Saira Sami Khan

sairasamikhan@hotmail.com

PROFILE:

I am a highly motivated, friendly, helpful, and positive-minded person. I have excellent communication skills and work experience with the colleague which made me self-possessed and calm under stress. I can work as part of a team. I am always prepared to go an extra mile in whatever I am asked to do. I love to meet new people and focus on new challenges. I am punctual, hardworking, and trustworthy person.

EXPERIENCE:

Heliosx, (Jun 2024 current)

Clinical Pharmacist Prescriber

Duties:

Examine Patient Skin conditions

Prescribe appropriate treatment

Patient consultation

Gladstone Surgery, (Jun 2023 Nov 2023)

Pharmacist Independent Prescriber trainee (Scope of Practice Asthma)

Duties:

Annual Asthma reviews

Diagnosis monitoring and managing asthma.

Patient Medication review,

Minor alignment

Patient consultation Face to Face or on telephone

Tesco Pharmacy, (Oct 2022 Current)

Pharmacy Manager

Duties:

Labelling medication in accordance with the patient's prescription

Ensure all dispensary routines and Standard Operating Procedures

Supervising, motivating, and developing the pharmacy staff

Building working relationships with Primary Care Organisations (PCOs) and GP surgeries

Oversee the procurement and supply of medicines.

Tesco Pharmacy, (Sep 2022 Sep 2022)

Locum Pharmacist

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Duties:

Dispense medicine according to patient prescription.

Giving advice and information to the public to ensure the safe use of medications.

Advising patients on over-the-counter treatments for minor ailments

Signposting patients to useful services and treatment options

Providing health services such as blood pressure measurement, Pharmacy First services, contraception service

Fairoak Pharmacy (Part of Pearl Chemist), (Aug 2021 Aug 2022)

Trainee Pharmacist

Duties:

Labelling medications according to patient prescription

Ensure all dispensary routines and Standard Operating Procedures

patient counselling, OTC sale, CPCS, EHC, HTN case finding, NMS, end of month, MDS, flu vaccination, PGD documentation, stock ordering, PQS, clinical governance, risk management, audits.

St Georges Hospital, (Nov 2021 Nov 2021)

Trainee Pharmacist

Duties:

Labelling medications according to patient prescription

Dispensing inpatient, outpatient, patient counselling, ward round with senior pharmacist, discussion with clinician about patients current antibiotic therapy, medicine information, CD room entering data, DMS, patient data clinical screening, observed clinical trials lab, observed technical lab and processing of chemotherapy.

ACADEMIC BACKGROUND

Pharmacist Foundation Training Year

Fairoak Pharmacy (Part of Pearl Chemist),
270 Mitcham Lane, London, SW16 6NU

OSPAP (Overseas Pharmacists Assessment Programme)

University of Hertfordshire,
College Lane, Hatfield, AL10 9AB

Master of Philosophy in Pharmacology

Riphah International University

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Pakistan

Doctor of Pharmacy (Pharm-D)

The Hajvery University

Lahore, Pakistan

ADDITIONAL INFORMATION:

Research Contributionfinal year project:

M.phil pharmacology research work was Anti Parkinsonian Activity of Ethanolic Extract of Astragalus sarcocolla.

Pharm-D final Project was on Preparation of Ibuprofen and Lidocaine HCl Gel, this is innovative form of gel formula that is nonexistent in Pakistan.

Project to conduct clinical study based on survey over The Evaluation of Adherence to WHO Standard Treatment Guidelines in Tuberculosis in The Mayo Hospital Lahore.

Awards:

Gold medal was awarded on achieving 1st position with 3.95 CGPA, by Honorable Chairman of Hajvery University on convocation of pharm-D on 27 Feb. 2016.

Certificate of Merit awarded on 17th Nov. 2012 for outstanding 3.95 cGPA of five semesters

The Honor Roll Certificate given by Hajvery University on 20th july 2012 for the best Academic Performance.

Award of The Best Academic Performance of the Year conferred upon me by Hajvery University on 1st Annual Gala Dinner held on 3rd June 2011 by Honorable Dr. Muhammad Jamshed (Ex-Dean of Pharmacy department Hajvery University).

Subjects of Interests:

Molecular pharmacology, Chemotherapeutics, Basic principles of pharmacology, System pharmacology, Clinical pharmacology and toxicology, Pharmaceutics, Pharmaceutical Technology, Medicinal chemistry.

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AR-250325-02481

I am a qualified Pharmacist with GPhC registration, with experience within community, hospital and primary care. I have the following skills: problem solving, customer orientated, excellent verbal, written communication, and the ability to work hard under pressure.

A hard-working nature, coupled with my commitment will enable me to work to the best of my ability. My ambition has always been to seek positions that would allow me to combine my clinical knowledge and a passion for patient care.

CAREER HISTORY

Feb 2024- June 2024, Clinical Pharmacist, Esher Green Surgery

Prescription requests with queries- resolving queries with requests

Medication Reconciliation- reconciling clinic and discharge letters

Medication Reviews- reviewing medical notes and taking appropriate action

MHRA alerts- searches for patients affected by alerts and taking appropriate action

QOF- inviting patients to have drug monitoring

July 2023- Feb 2024, Pharmacist (Ad hoc basis), Centre for Pharmacy Postgraduate Education, (CPPE)

Designing new programme- took part in the discussion of the information, activities and learning that should be included in the programme.

April 2023-July 2023, Practice Pharmacist, Cambridge Practice

Telephone consultations- long term condition reviews

Medication Management- screening prescription requests for appropriateness

Resolving queries- from other healthcare professionals

Medication reconciliation- reconciling medication from clinic letters

August 2022- September 2022, Primary Care Network Pharmacist, Farnham Dene Medical Practice
Farnham Primary Care Network, Farnham Integrated Care Services

Telephone consultations- answering patient queries

Medication Reviews- conducting reviews via telephone

Medication Optimisation- recommending changes to medication to optimise treatment and maximise benefits for patients.

April 2021- July 2022, Primary Care Network Pharmacist, Boundaries Surgery

A31 Primary Care Network

Telephone consultations- answering patient queries, completing structured medication/medication reviews.

Medication reconciliations- ensuring medication is accurate and kept up to date when patients move from secondary to primary care.

Audits- completing reviews on medication that are commonly associated with errors.

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September 2020- March 2021, Primary Care Network Pharmacist, Swan Medical Group
East Hampshire Primary Care Network

Telephone consultations- answering patient queries, completing medication reviews

Searches- using EMIS searches to find patients that are at risk and are suitable for a structured medication review.

Impact and Investment Fund- identifying patients that are at risk from not having a PPI.

July 2020- August 2020, Clinical Pharmacist, Swan Medical Group

Swan Surgery, Petersfield, Hampshire, GU32 3AB

Solving day to day issues with prescriptions- finding suitable alternatives when medication not available.

Answering medication related queries from patients over the phone- looking through records and documents to solve queries.

Acting on MHRA alerts- creating searches on EMIS to find patients that may be affected and having a procedure in place to make both patients and prescribers aware.

January 2020- March 2020, Bank Dispensary Pharmacist, Queen Alexander Hospital

Southwick Hill Road Portsmouth, Hampshire PO6 3LY

Accuracy checking- ensuring that the prescription has been dispensed accurately.

October 2019- May 2021, Pharmacist trainer, Ad Hoc basis, Opus Pharmacy Services

Providing training to delegates - presenting information, working through work books together and answering questions.

September 2019- September 2019, Pharmacist trainer, Ad Hoc basis, (Observance Training), Opus Pharmacy Services

Attended a training session on the Safe Handling of Medicines in preparation for me to deliver courses to future delegates.

July 2018- October 2019, Locum Pharmacist, (Day Lewis Pharmacy, Lloyds Pharmacy and Rowlands Pharmacy)

Responsible for the safe and efficient running of the pharmacy such as clinical and accuracy checking.

Overseeing OTC sales and consultations- providing advice and referrals when necessary.

May 2017-September 2019, Locum Pharmacist, Chase Pharmacy

60 Forest Road, Bordon, GU35 0BP

Overseeing over the counter consultations- providing advice, selling of over the counter medication when necessary.

Providing essential and advanced services- such as Medicines Use Reviews (MURs) and New

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Medicines Service (NMS).

May 2017- September 2019, Locum Pharmacist, Headley Pharmacy

Headley Pharmacy, at Badgerswood Surgery, Mill Lane, Headley, Bordon, GU35 8LH

Overseeing over the counter consultations- providing advise, selling of over the counter medication when necessary.

Carrying out clinical and accuracy checks.

Providing essential and advanced services- such as Medicines Use Reviews (MURs) and New Medicines Service (NMS).

March 2017- September 2017, Locum Pharmacist, Day Lewis Pharmacy

Responsible for safe and efficient running of the pharmacy- carrying out clinical and accuracy checks of prescriptions.

Overseeing over the counter consultations- providing advise, selling of over the counter medication or referrals when necessary.

Providing essential and advanced services- such as Repeat Dispensing.

December 2016-January 2017, Practice Pharmacist, Park Road Surgery

143 Park Road, Camberley, GU15 2NN

Medication queries- answering medication related queries from patients.

Prescription requests- resolving issues with prescription requests.

August 2016- October 2016, Bank Dispensary Pharmacist, Frimley Health NHS Foundation Trust

Frimley Park Hospital, Portsmouth Road, GU16 7UJ

Dispensing prescriptions- creating labels using JAC and assembling items by placing labels on them.

Checking prescriptions- ensuring that the prescription is legally valid, clinically safe and appropriate for both the patient and condition.

Accuracy checking- ensuring that the prescription has been dispensed accurately.

February 2016-June 2016, Bank Dispensary Pharmacist, Surrey and Sussex Healthcare Trust

East Surrey Hospital, Canada Avenue, Redhill, RH1 5RH

Screening Clinical Trial prescriptions- checking that the clinical trial prescription is valid and ensuring that all details are correct and meet the criteria set out in the protocol.

Dispensing prescriptions- using JAC to produce labels and assembling dispensed items by placing labels onto them.

Checking prescriptions- ensuring that the prescription is legally valid, clinically appropriate for the patient and accuracy checking the dispensed item against the prescription.

February 2015- June 2015, Locum Pharmacist, (Out patients Dispensary) Royal Surrey County Hospital

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Egerton Road Guildford Surrey GU2 7XX

Screening prescriptions- checking that the prescription is legally valid and clinically appropriate.

Dispensing prescriptions- using JAC to create labels and assembling dispensed items.

Serving on the counter- taking in prescriptions, checking, ordering and rotation of stock.

Counselling patients- providing advice and selling over the counter remedies.

January 2015- January 2015, Hospital Work Experience, Royal Surrey County Hospital

Egerton Road Guildford Surrey GU2 7XX

Screening prescriptions- observing the screening of prescriptions.

Querying prescribing- contacting prescribers to confirm details such as dose, name of drug.

September 2014- February 2016, Locum Pharmacist, (Day Lewis, Rowlands, Independent Pharmacies)

Responsible for the safe and efficient running of the pharmacy such as clinical and accuracy checking.

Overseeing OTC sales and consultations- providing advice and referrals when necessary

Carrying out essential and advanced services- such as Repeat dispensing, Medicines Use Review (MURs) and the New Medicines Service (NMS).

March 2014- March 2014 Queen Alexander Hospital, Pre-registration Pharmacist Cross sector placement

Southwick Hill Road Portsmouth, Hampshire PO6 3LY

Screening prescriptions- Observing pharmacists screening prescriptions, clinically checking doses and indications.

Ward rounds- Observing pharmacists checking drug charts.

Observed angioplasty- Learning the role that pharmacists take during the procedure.

No smoking campaign-Gave out information leaflets and provided advice on ways to stop smoking.

August 2013-August 2014, Day Lewis Pharmacy, Pre-registration Pharmacist

1 Alpine Court Park Road Petersfield Hampshire GU32 3FB

Serving customers- Taking in prescriptions, answering queries, selling/ supplying OTC medicines if appropriate.

Stock management- Ordering stock, checking in deliveries, reordering missing items and stock rotation.

Dispensing- Clinical and legal check of prescriptions, labelling and finding stock, preparing the dispensed item for final check by pharmacist.

Dosset boxes- Organising patients prescriptions with surgery, dispensing dosset boxes and preparing the dispensed items for delivery.

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October 2012- October 2012, Anstey Road Pharmacy, Dispenser

Anstey Road Pharmacy, Alton Health Centre, Anstey Road, Alton, Hampshire GU34 2QX

Dispensing- Labelling, finding the correct product and preparing the prescription for final check by the pharmacist.

Serving customers-Taking in prescriptions and answering queries.

June 2012-June 2012, Mortimer Pharmacy - Work experience

Mortimer Surgery, 72 Victoria Road Mortimer, Reading RG7 3SQ

Counter assistant- Serving customers by taking in prescriptions.

Dispensing- Labelling and finding the relevant stock.

Counselling patients on how to take their medicines.

June 2011-July 2011, Lloyds Pharmacy Summer Student placement

Fleet Medical Centre, Church Road, Fleet, Hampshire GU51 4PE

Maintaining the store- Making the shop floor presentable.

Store administration- Checking deliveries and prices for accuracy, placing items on the shop floor.

Serving customers- Working on the till and collecting prescriptions ready for dispensing.

Dispensing prescriptions- Labelling and finding relevant drug, reviewing prescriptions for legality.

Adhering to Data Protection regulations.

Ensured compliance in health and safety regulations.

March 2010-March 2010, Lloyds Pharmacy - Work Experience,

280b Lower Farnham Road Aldershot, Hampshire GU11 3RD

Serving customers- Taking in prescriptions and answering queries.

Observations- Making labels and assisting in different stages of the dispensing process.

EDUCATIONAL HISTORY

The University of Manchester (2020- 2022)

CPPE: Primary Care Pharmacy Education Pathway (PCPEP)

The University of Reading (2009-2013)

Degree: MPharm: Masters in Pharmacy 2:1

Higher Education: Farnham College (2006-2009): A; B; C; D

A-Levels: Information and Communication Technology, Chemistry, Biology and History

Secondary Education: Farnham Heath End School (2001-2006):

A; A; B; B; B; B; B; B; CC

GCSEs: English Literature, English Language, Maths, History, Business Studies, German, Textiles, Religious Education, Information and Communication Technology, Science (Double Award)

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KEY SKILLS

Accreditations

MUR, NMS and Repeat dispensing.

Competent using the following software:

ProScript

JAC

EMIS

Information technology

Microsoft Office: Advanced

Languages

English: Native, Bengali: Fluent

ACHIEVEMENTS

Duke of Edinburgh Award: Trident Organisation (July 2005)

Heath End Pharmacy- Work experience.

VOLUNTEERING

Frimley Park Hospital: Shadowed Doctors and Nurses in Clinical Investigations

Observed tests- lung function, exercise tolerance, ultrasounds.

Observed angioplasty.

Examined findings to indicate diagnosis.

References provided upon request

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AR-250327-10505

Personal Profile I am a conscientious and motivated newly qualified pharmacist, seeking a challenging and successful opportunity within a fast paced environment. I am a hardworking individual who is passionate about working as part of a team. Having 4 years of experience within different sectors of pharmacy, both customer orientated and patient facing within hospital and GP. I have proven to be adaptable and evident that I take a methodical approach along with attention to detail. I am looking to seek a challenge which will drive me to bring in innovative ideas, contributing towards continual improvement on processes and approaches to the pharmaceutical industry.

Work Experience June 2017 - April 2018 Merchants Inn Hotel Customer Assistant and waitress Glasgow (Family Business) **Roles & Responsibilities** Answering customer enquiries or passing them on to the appropriate department. Giving information and helping to solve customer problems instantaneously Arranging services for customers, such as booking hotel rooms or arranging car hires for customers Showing excellent communication skills with customers Developing healthy relationships with all customers and respecting the reputation of the business Meeting and greeting Customers, building strong relationships and taking orders Communicating with kitchen staff ,relaying special requests and feedback Advising customers on meal choices Opening and closing of restaurant ,setting up and cleaning equipment Communicating with host and bar staff to ensure continuity of service for customers.

Swaran Clinic General Practitioners Assistant March 2016 April 2016 (India, Punjab) **Roles & Responsibilities** Helping in washing and dressing patients Helping people to move around including toileting Making patient beds so the patients feel in a comfortable clean environment Talking to patients and ensuring they feel restful Monitoring and observing the patients' in taking levels of blood pressure, temperatures, pulse rates, respirations and weight checks Assisting the doctors and surgeons with the sterilised equipment required in the operation theatres

Lloyds Pharmacy, Southampton Pharmacists assistant July 2018 October 2018 **Roles and Responsibilities** Printing labels for the medicines using the database in the computers. Using strong communication skills between patients and colleagues Organising new stock of medicines to the correct places Using mathematical skills to ensure that the patient receives the correct amount of dosage Processing and dispensing prescriptions

Fair Oak Village Pharmacy Pharmacy Assistant July 2019 - January 2022 **Roles and Responsibilities** Ensuring that prescriptions have been clinically, contractually and legally checked. Dispensing medications and carrying out thorough checks, ensuring patient safety. Completing special services such as; emergency supply and veterinary prescriptions. Observing new medicine consultations. Providing patients with advice and treatment for responding to symptom medications. Using my mathematical skills to calculate doses for prescriptions.

Southampton General Hospital Trainee pharmacist July 2023 - July 2024 **Roles and Responsibilities**

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Working as a part of the medicines management team and completing drug histories on various wards Informing patients about their medications on the ward and outpatient dispensary Making key clinical decisions and understanding how to optimise patient care Working in a multidisciplinary team including doctors and nurses to address any concerns, dose adjustments, drug interactions, significant contraindications Clinically screening drug charts and addressing any interventions Monitoring and reviewing blood tests accordingly Building strong relationships across the multidisciplinary team Clinical ward cover on a rotational basis including: medicines in older people, paediatrics, cardiology, surgery, respiratory and women's health. Completed transition into practice phase in hepatology and gastroenterology Worked on a 2 week rotation in medicines information and answering the patient helpline Using a variety of different clinical databases to find a thorough clinical answer to all enquiries recorded via the helpline.

Living Well Partnership GP Trainee pharmacist July 2023- July 2024 (3 months split placement) Roles and Responsibilities Consulting with patients and providing them with the support and information required to use their medications safely Carried out blood pressure clinics - this included manually measuring blood pressure and adjusting medication accordingly as per NICE guidelines Completing fully structured medication reviews and providing advice to those taking multiple medicines to reduce polypharmacy Responding to e-consults and educating patients on medication use and side effects Reviewing repeat requests and identifying if medication is still appropriate. De-prescribing appropriately especially in the elderly population. Conducted an audit based on sick day rules and whether diabetic patients understand how to apply them Successfully created and launched a sick day rule leaflet across all 8 surgeries within the Living Well Partnership Trust Communicated with multiple healthcare professionals and presented the results and conclusion of my research project. Completed patient focused health interventions where relevant throughout clinical reviews Familiar with the EMIS and AccuRX programme Communicating with prescribers about any amendments and recommendations, recognising when a situation is out of my expertise and needs to be passed on to an appropriate healthcare professional. Liaising and recommending alternatives and solutions to queries raised by others, working well as a team. Medicines reconciliation post discharge from hospital, raising any unexplained changes and managing this accordingly.

Locum Pharmacist - Self employed October 2024 - January 2025 Roles and responsibilities Reviewing prescriptions and accurately checking them before handing them out Providing advice on minor ailments to patients Completing pharmacy first service where appropriate Referring to other healthcare professionals where necessary Ensuring records are kept where required Completing blood pressure reviews Ensuring medicines are delivered safely and effectively

Witterings Medical Centre Clinical pharmacist February 2025 - present day Roles and responsibilities Completing medication reviews with patients face to face and over the telephone Running hypertension and cholesterol clinics and advising on medications and monitoring where

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appropriate. Working in a multidisciplinary team to provide the best outcomes for patients. Referring to other healthcare professionals where appropriate. Review the ongoing need for medicines of patients facing long term conditions. Reconcile medicines following discharge from hospitals. Actioning clinic letters and following this up with patients Familiar with system one Identify and rectify any unexplained changes to medications and work with patients to ensure they receive the medicines they need post discharge. Monitoring medication safety in those taking high risk drugs Making recommendations based on local, national and formulary guidelines to optimise treatment and management. Focusing on polypharmacy and de-escalating where appropriate specifically in the elderly population. Provide advice to patients regarding medications and answering any queries or questions they may have.

Education University Of Reading - Masters in pharmacy : Upper second - class honours Richard Tauntons Sixth Form College, Southampton September 2016 July 2018 Wyvern College, Fair Oak, Southampton March 2013 July 2016 Have achieved 10 GCSES A*- C. Languages English Punjabi Hindi Urdu

Hobbies & Interests As I belong to the Sikh community, the local temple contributes to a free kitchen where food is prepared for the community completely free, so I always take part as I enjoy helping those in need. Keeping active and experimenting in the kitchen - enjoying learning new cooking recipes Travelling to other countries and embracing different cultures and traditions

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AR-250310-53081

EDUCATION AND QUALIFICATIONS Qualified Pharmacist University of Bradford MPharm (Hons) Pharmacy (First Class Honours) Sep 2017- 2022 I have completed both Part A and Part B of the NPA course with the university. Clinical Sciences/ Foundation in Medicine Sep 2016-Sep 2017 Kendrick School, Reading 2014-2016 A Levels: Biology (A), Maths (A) and Chemistry (B) Extended Project Qualification on the NHS (B) AS levels: Biology (A), Maths (A), Religious Studies (A) and Chemistry (B) Newlands Girls School, Maidenhead 2009-2014 GCSEs: 11 (2A*s, 7As, 2Bs) including Mathematics and English

EMPLOYMENT McParland Pharmacy (Relief Pharmacist Manager- May 2023- current, Dispenser November 2022- May 2023) Provided healthcare advice to patient when handing out prescriptions to patients Dealt with over-the-counter queries In charge of NMS calls and signing up patients for the service Ensured that all legal and professional requirements are held to Communicated effectively with patients regarding their needs Dispensed prescriptions daily (including dosette boxes) and clinically and accuracy checking prescriptions and used my ability to help strengthen medicines safety within the dispensing process I was aware of the importance of keeping records such as the CD register and POM register and completed these in a timely manner, including CD balance checks Answered queries on the phone and dealt with any complaints Always maintained patient confidentiality Carried out consultations with patients in the consultation room regarding the morning after pill and other queries Identified and managed risks to the patients, the public and staff members by evaluating and improving procedures and standards already in place and implementing new procedures Completed cashing up the tills and calculating profits made by the company in several different stores Able to use Pharmoutcomes and provide several different services via Pharmoutcomes Liaising with other healthcare professionals to provide effective healthcare advice to patients Have a smartcard with locum access Worked closely with senior leadership teams to identify opportunities and improve services within the pharmacy Built a good rapport with other staff members and worked efficiently as a team Boots, Guiseley Leeds (Pre-registration pharmacist) January 2022- July 2022 Bradford Royal Infirmary, hospital (Pre-registration pharmacist) July 2020- January 2021 Carried out drug histories on the wards Worked as part of the MDT on several different wards including, cardiology, paediatrics, renal, ICU and contributed to ward rounds Carried out the medicines reconciliation process Worked with the pharmacy team where I dealt with queries from doctors as part of the late night team Dispensed prescriptions (both TTOs and inpatient prescriptions) Counselling patients on their medicines on discharge e.g. rivaroxaban counselling Completed an audit regarding medical gas cylinders Moores Pharmacy, London (Counter assistant) July 2019- September 2019 Provided over the counter advice to patient and managed my time effectively as I had to multitask in this role due to staff shortages Maintained high standard of services during high volumes Resolved any complaints efficiently and professionally Ability to adhere to health standards and standards (SOPs) I had the responsibility of ordering stock for the pharmacy and had to be cost effective Dealt with several different queries from patients and referred them if necessary I was involved in the training process of new staff members

SKILLS PROFILE Communication skills-developed through various work experience opportunities and experience of liaising with different patients. My role consisted of communicating with patients effectively taking into consideration their needs and level of

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understanding. I used various techniques to explain the different medications. For instance, I have communicated with patients who are hard of hearing in which I had to use non-verbal communication. Teamwork- worked as part of a team to receive early morning deliveries, made sure the checkout area does not become too busy and provided excellent patient service. Time management- had specific deadlines to work towards, for instance, completing orders on time and being able to multitask, therefore, all tasks are completed in a timely manner. Problem solving- listened to complaints from customers and dealt with them in a professional manner and referred to suitable colleagues if necessary. IT/Computing- proficient user of Microsoft Office : Word and PowerPoint and various dispensing systems e.g Analyst, RxWeb Other Languages- Tamil (fluent) I am fully flexible, and I feel drawn towards an intellectually stimulating career path which is active, creative, and constantly challenges me as I am always keen to learn and improve. I am a determined, self-motivated, confident individual and I have a great interest in pharmacy and thoroughly enjoy working in this environment. REFERENCES References are available upon request

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AR-250308-48979

Aug 2023 - Aug 2024: Pharmacy Foundation Training Year

Berkshire Healthcare NHS Foundation Trust Prospect Park Hospital:

Completed foundation training year in a mental health trust. Participated in various clinical activities such as legal, safe and efficient supply and administration of medicines within the dispensary. Attended MDT ward rounds, conducted consultation with empathy and professionalism and pharmaceutical interventions under the supervision of senior colleagues.

My role includes:

Delivering clinical pharmacy service to mental health and community health inpatients, optimising medication for the individual patient

Medicines reconciliation at all stages of the patient journey

Making and recording clinical interventions

Clinically validate prescriptions for safety, appropriateness and legality

Participated in ward stock top-ups and monitored stock usage

Participated in and led clinical pharmacy meetings, including communicating with all members of the wider pharmacy team

Work alongside clinical pharmacy technicians to deliver an efficient service whilst promoting the use of patients own drugs (PODs) and self-administration where appropriate

Recorded medication incidents and errors to encourage open and honest reporting and a culture of learning

Worked with members of the multidisciplinary team to deliver high-quality patient-centred care

2024: GPhC registration assessment

Passed and registered with the General Pharmaceutical Council (GPhC)

2018 - 2023: Master of Pharmacy with Foundation (MPharm) Degree

University of Reading, Reading

Passed: First class

Acquired a solid understanding of the fundamental sciences that underpin pharmacy, including chemistry, biology and physiology

Obtained knowledge of the development, manufacturing and formulation of pharmaceutical products as well as drug delivery systems

Increase awareness and participation in the promotion of public health issues

2018: A-Levels

3A Tutors, Bristol

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Passed in 2 subjects (including Chemistry and psychology)

2018: Counter Intelligence Pharmacy Assistant Course

Lloyds Pharmacy, Bristol

Passed all units

2013 Access to Higher Education Diploma Science

South Gloucestershire and Stroud College, Bristol

Units Passed: English, Biology, Information Communication Technology

Study

Skills, Chemistry, Maths and Physics

2010: 11 GCSEs Bristol Metropolitan Academy

11 GCSEs (7 GCSEs A*-C) Including Math, English, and Science

Professional Experience

Summer 2022 Mendip Vale Medical Group Langford Surgery: Pharmacy Undergraduate Summer Placement

Completed a six-week summer placement in general practice and had the opportunity to gain key experience and insights into the role of clinical pharmacists as part of the multidisciplinary team.

Key responsibilities:

Developed communication and consultation skills to interact effectively with patients and their careers and healthcare professionals

Responded to simple medication queries and observed medication reviews

Contributed to a patient care plan and completed a case-based discussion

Dispensing practice, accurately and safely dispensed medication

Observed basic clinical assessment skills and discussed the rationale for undertaking them, including how to interpret and use results to inform patient care

Used software such as EMIS

Summer 2019

Old School Surgery (pharmacy) Dispenser Bristol

Worked on the counter, supplying OTC medicines and providing advice to patients on their prescription medicines, P-medicines and queries about their health

Labelled and dispensed medications using pharmacy software

Maintaining dispensary inventory and ordering medications from the appropriate manufacturers

2016-2018

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Lloyds Pharmacy, Sales Assistant/Dispenser, Bristol

Provided patients with advice on common minor ailments, healthcare products
Taking in prescriptions, dispensing prescriptions and handing out dispensed items

Achievements

Completed clinical audit on high-dose antipsychotic therapy to further improve standards of care for patients in the Trust
Delivered teaching sessions to support the development of other colleagues within the trust

Skills

Excellent development of research skills through gathering information for numerous assignments and coursework for College and University studies
Able to work under pressure and with the capability to meet deadlines successfully
The ability to collaborate as a team member on group assignments throughout College and University studies, as well as working autonomously

Covering letter

As a newly qualified pharmacist, I am interested in the clinical pharmacist position. After reviewing the position requirements, I was excited to find that my qualifications and personal strengths align with your needs and values at Maidenhead Primary Care Network (PCN). I bring a comprehensive set of skills that I believe will be valuable to Maidenhead Primary Care Network (PCN).

During my pre-registration training, I had the opportunity to participate in various clinical activities, such as legal and safe medicine supplies within the dispensary. I also attended multidisciplinary team (MDT) ward rounds under the supervision of senior colleagues. MDT consists of diverse healthcare professionals working together to deliver high-quality, person-centred care and support the patients needs. The meeting aimed to discuss each patients treatment plan, complete any required actions, and provide expertise in medicine-related issues.

I am excited to contribute my talents and proficiency in communication skills to the team. During my pre-registration training within mental health wards, I was able to conduct consultations, adapting and adjusting my communication skills to ensure I demonstrated empathy by validating the patients' experiences and emotions related to their illness and medications. Furthermore, communicating with other healthcare professionals about patients' care promoted effective teamwork and good working relationships.

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During my training year, I applied effective strategies to manage multiple priorities, such as completing clinical audit, attending local learning sets, completing evidence for my portfolio, and studying for the GPHC exam. I was able to implement effective strategies to manage several priorities as this enhances patient safety and outcomes, reduces errors and increases the well-being of staff. This experience allowed me to demonstrate resilience and flexibility,

As part of my training year, I was required to complete an audit project on high-dose antipsychotic therapy (HDAT). Overall, this audit allowed me to develop various skills, such as project management, research, Excel, report writing, and presentation. Additionally, my knowledge of antipsychotic doses increased, improving patient care and services.

During my training, I delivered a teaching session to the pharmacy technicians and pre-registration pharmacy technicians about palliative care and end-of-life care. I completed my rotation in palliative care wards, which provided a valuable learning experience. My knowledge of medications used for symptom control in palliative care patients has enhanced my understanding of syringe drivers. These activities allowed me to participate in the training and development of others to ensure high-quality patient care is delivered and pharmacy services run smoothly.

I am eager to immerse myself in the diverse healthcare setting. I am confident that my dedication, willingness to learn, and passion for patient safety make me a strong candidate for this pharmacy opportunity.

Thank you for considering my application. I am enthusiastic about the opportunity to join the Maidenhead Primary Care Network (PCN) team as a clinical pharmacist and contribute my skills and experience to the pharmacy department.

Clinical Pharmacist A5556-25-0007

AR-250325-03362

07909104517 saratavares2003@yahoo.com.br SKILLS Multi-tasking Emergency medical response Patient communication Medication Administration Chronic disease management Organisational skills Chemistry Mathematics General medicine Verbal communication Written communication Medical information explanation Relationship building Quality assurance Accuracy Timeliness Personable nature Professional demeanour Leadership ability PRE-REGISTRATION TRAINING Pharmacy Nova de Monsanto, 2005-10- 01, 2006-04-01, Successful 6 months in- course placement, assisting in dispensing of prescribed medicines, drugs and others pharmaceutical products as needed for adequate patient care. Ensuring every patient receives friendly, knowledgeable and efficient service. Dispensing medicines, pricing, monitoring inventory and record keeping., A good confidence and ability to act on own initiative and make quick, effective decisions when necessary., Willingness and curiosity to learn about new medicines and treatments., Desire and enthusiasm to assist the public with their healthcare needs., Excellent listening, communication and Experienced and dedicated pharmacist with a robust background in both community and clinical settings. Proven expertise in delivering comprehensive patient counselling, medication management, and pharmaceutical care. Demonstrated ability to build professional relationships, enhance patient outcomes, and maintain up-to-date knowledge of medical products. Skilled in emergency medical response, chronic disease management, and quality assurance. Adept at training and mentoring staff to maximise team performance. Committed to continuous professional development and improving healthcare services through proactive collaboration with healthcare professionals. Career goal: To leverage extensive experience to advance patient care standards within a dynamic healthcare environment. WORK EXPERIENCE January 2022 - Current Resident Pharmacist Asda Pharmacy, Tilehurst, Reading, England Delivered insightful information on clinical aspects of medicines to patients and healthcare professionals. Provide detailed and timely clinical and pharmaceutical information in response to queries from medicines management staff, other healthcare professionals, service users, and their carers. Maintaining up-to-date knowledge of products and medication in order to proactively disseminate relevant scientific news, information, and updates to customers and patients. Enabled completion of care episodes for seven common conditions via Pharmacy First consultation service. Developed and maintained professional relationships with colleagues across the healthcare sector to enhance collaboration and patient outcomes. July 2019 - January 2022 Community pharmacist Lloyds Pharmacy, Benson, Oxfordshire Provided guidance on appropriate usage, precautions, storage requirements, and side effects. Facilitated safe medicine use through comprehensive patient counselling. Built and maintained courteous and effective working relationships. Resolved customer queries and problems using effective communication and providing step-by-step solutions. Handled customer concerns and escalated major issues to supervisor. Enhanced working relationships by participating in team-building activities. Actively listened to customers to fully understand requests and address concerns. Demonstrated consistent hard work and dedication to achieve results and improve operations. Trained and mentored employees to maximise team performance. Met schedule using excellent planning and coordination skills. Prepared range of written communications, documents and reports.

Clinical Pharmacist A5556-25-0007

AR-250321-91539

Work Experience:

Community Pharmacist: 13/1/25 14/2/25

Clinically and accurately checking prescriptions, advising patients with minor ailments, measuring BP and conducting DMS & NMS services.

Foundation Trainee Pharmacist at Somerset NHS foundation 31/7/23 30/7/24

Based at Musgrove Park Hospital in Taunton, an acute hospital providing care and specialist services in Somerset. I trained in clinical/ward-based pharmacy, medicines optimization, inpatient and outpatient dispensing. I participated in regional training & internal training sessions with healthcare professionals.

Professional Development Training:

Trained in Mortimer Pharmacy in Reading on a Sunday for 14 hours - January 2025

Trained in Herman (Osbon) Pharmacy in Stanwell for 7 days - January 2025

Trained in Well Pharmacy in Galmington for 7 days - May 2024

Shadowing in Brighton Boots Pharmacy & Brigstock GP practice for one day - Feb & May 2023

Trainee at Khoula Hospital Pharmacies in Muscat, Oman - June 2021 - July 2021

Trainee at NPI (National Pharmaceutical Industries) in Oman - May 2021

Trainee at Muscat Private Hospital Pharmacy Group in Muscat, Oman - February 2021 - April 2021

Trainee at Bawshar Polyclinic Pharmacy in Muscat, Oman - January 2021 - February 2021

Trainee at Aster Al Raffah Pharmacy in Sohar, Oman - February 2018 - March 2018

Qualifications:

GPhC Registered Pharmacist Number Registration number: 2238182 - First Reg on 15/09/24

Postgraduate Diploma with merit in Pharmacy (OSPAP) 2022-2023 - University of Brighton

Bachelor of Pharmacy 2017-2021 - National University of Science & Technology in Muscat, Oman.

High School General Education Diploma - Bilingual, Class of 2016-2017 - Sohar International School

Languages: Arabic & English

References: To be provided

Clinical Pharmacist A5556-25-0007

AR-250320-86562

Professional Summary

I am the Superintendent Pharmacist and Manager at a community pharmacy in Lancashire, overseeing the sale and supply of medicines, ensuring accurate and timely dispensing to meet individual health needs. In addition to my duties as the responsible pharmacist, I manage day-to-day operations, including customer interactions, troubleshooting, and creating staffing schedules for optimal coverage. Given our diverse patient population, with a significant proportion being elderly, I prioritise implementing services tailored to their needs. I have a flexible approach to all work situations and can easily adapt. My key strengths include thriving in high-pressure environments and maintaining exceptional service standards.

Key Qualifications

GPhC Registered Pharmacist with over three years of experience in community pharmacy.

Extensive knowledge of UK pharmacy laws and regulations.

Proven leadership and management skills.

Strong communication and interpersonal skills.

Excellent organisational and multitasking abilities.

Professional Experience

Superintendent Pharmacist The Clitheroe Pharmacy, BB7 2EP November 2022 Present

Manage daily pharmacy operations while ensuring compliance with all legal and professional regulations

Manage and train pharmacy staff, ensuring high standards of service and efficiency.

Develop and implement policies and procedures to optimise pharmacy operations.

Monitor inventory levels, order supplies, and manage budgets effectively.

Provide clinical services, including medication therapy management and patient counselling.

Liaise with healthcare professionals to ensure integrated patient care.

Pharmacist Manager The Clitheroe Pharmacy, BB7 2EP May 2021 Present

Accurately check dispensed medications and provide counselling on proper use.

Conduct medication reviews and advise patients on health maintenance and disease prevention.

Collaborate with healthcare providers to optimise medication therapy.

Manage inventory, including ordering and restocking medications.

Ensure compliance with all pharmacy laws and regulations.

Education

The University of Manchester Independent Prescribing Course In Progress September 2024 - Aston University, Birmingham MPharm Undergraduate Degree Second Class Upper, 2014 2018

Professional Licences

General Pharmaceutical Council (GPhC) Registered Pharmacist, Registration number 2225753, Obtained in 2021

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Skills

Leadership and Management

Clinical Pharmacy Services

Patient Counselling

Inventory Management

Regulatory Compliance

Budget Management

Interpersonal Communication

Problem-Solving

Professional Affiliations

Conflict Resolution

Member of the Royal Pharmaceutical Society (RPS)

Member of The Pharmacists Defence Association (PDA)

Member of the PDA Black, Asian and Minority Ethnic (BAME) Network

Skills and Interests

IT Skills: Proficient in Microsoft Office and Internet navigation.

Communication: High-quality communication skills developed through work experience.

Workforce planning, scheduling, and training staff

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AR-250328-14612

Profile

I am used to unfamiliarity and a natural problem solver.

I see the positive light and growth opportunities in even the direst of situations.

I like to dot all the i's and cross all the t's.

Employment History

Shop assistant (Work Experience Year 10) at Sainsburys, London

July 2014 July 2014

Foundation for customer service.

I served customers at tills for the first time.

A little bit of effort can go a long way; a simple smile to the customers can make their whole day.

Maturity increased; positive attitude when serving customers regardless of their moods.

Pharmacy Shadowing (Work experience Year 12) at Superdrug, London

June 2016 July 2016

First exposure to pharmacies various services provided, from the cosmetic section to various prescriptions, including dental ones.

I shadowed the pharmacist, watching how he carried out tasks such as checking MDS (dosette) boxes.

I appreciated the high level of responsibility that pharmacists have.

Pharmacy Assistant at Day Lewis Pharmacy (Brixton), London

October 2017 April 2022

My customer service skills were strengthened in situations under pressure eg: having multiple situations occurring at once, people in a rush and angry customers.

Learned to focus on one situation at a time only to avoid mistakes.

I can deescalate angry patients by asking them what made them angry and providing a solution.

Skills

Self-motivated Very organised Good listener Manual dexterity

Interpersonal skills (compassion, sense of humour, assertiveness, positive attitude, amalgamation)

Composure under pressure

Languages

English, Spanish

Hobbies

Exercising - a healthy body equals a healthy mind. Equals more productivity and better connections.

Musical Instrument - I play the cello, which helps me unwind after a day of hard work, increases my

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AR-250328-14612

creativity and manual dexterity. It helps me get into a flow state.

Pre-registration at Day Lewis Pharmacy (South Norwood), London

October 2022 October 2023

I acquired clinical skills such as consulting, taking medical history, diagnosing people with likely ailments and recommending the best course of action.

I improved my soft skills; assertiveness, adapting communication to different people and different environments

Responsibility - Supervising pharmacist picked up a mistake that could have resulted in death of a child.

Locum Pharmacist

February 2024 November 2024

Helping me deal effectively with unfamiliarity and I have cultivated the skill of thinking on my feet
Able to settle into new and different environments quickly.

Different environments allowed improvement of culturally competent communication.

Cultivated leadership and ownership of everything that happens in the chemist by all staff members

Boots Relief Pharmacist

December 2024 -March 2025

Building on from working as a Locum Pharmacist, I learned how to develop a structure and plan for each day to ensure smooth running of the pharmacy.

Task delegation making use of multidisciplinary team

Work pace and efficiency.

Navigating difficult conversations with patients and co-workers, when to withhold services they ask for (if theyre not suitable), assertiveness, professional judgement.

Education

Undergraduate - Secondary School, Orchard Park High School, London

September 2010 June 2017

GCSE's (2015)

English Language B English Literature B Mathematics A* Statistical Mathematics A ICT A*

Core Science A Additional Science A

Further Additional Science B Geography A*

History A

Religious Education (Human Experience) A* Religious Education (Life Issues) A*

Advanced Subsidiary (AS) (2016)

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Mathematics A Physics A Chemistry A

Biology - B

A levels (2017) Mathematics A Physics B Chemistry A Biology - A

MPharm, University College London, London

September 2018 September 2022

Graduated with Second Class Honours (Upper Division) (2:1)

Extra-curricular activities

Generating Genius

June 2012

We were put into groups and were asked to build an item of our choice out of newspaper.

Had conflicting ideas at first; but we were mature enough to listen to everyone's ideas individually and weigh up pros and cons for each one.

We combined all the strong points of each idea into one very strong idea, far greater than anyone's individual ideas.

I learned that members of the team may not always agree but there is always something that someone knows that you don't.

First Aid Training at St John Ambulance

I learnt how to help people in emergency situations, including handling unconscious people and how to possibly bring them back to life (CPR).

I was also taught how to handle choking patients using the Heimlich manoeuvre. A very important lesson was to follow up after squeezing the stomach in.

This training gave me more confidence as a future pharmacist as I know these emergency situations will not take me aback in the unlikely event should they happen as I'm practicing.

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AR-250327-12079

Personal Statement

I am a conscientious, committed and responsible individual, who can adapt to any working environment. I am openly willing to contribute my ideas as a creative thinker, which I feel is important in a customer cooperation. I am trustworthy and value the importance of honesty. I am able to work well individually in school as well as with my classmates. I challenge myself at every given opportunity; hence I complete extension tasks during class. I am well organised and take initiative in prioritising my tasks during school with a positive outlook.

Key Strengths/Skills

When completing homework and other assignments, I use resources from the internet to extend my learning and improve my knowledge. I am punctual and manage my time wisely to complete tasks at hand efficiently. I am computer literate which will allow me to deal effectively with the management of any IT issues. I have great communication skills and feel that my experiences throughout the years gave enabled me multi-task effectively and work well under pressure.

Education

The subjects I have taken for my GCSEs are: Maths, English, Triple Science, Chemistry, Biology, Physics, French, Computing, Geography and R.E. Subject Predicted Grade Actual Grade Date
English Language A B October 2016 English Literature A A May 2016 Physics A* A May 2016
Chemistry A* A May 2016 Biology A* A May 2016 Geography A A May 2016 R.E A B May 2016
French A A May 2016 Triple Science A* A May 2016 Computing A* A May 2016 Maths A* A May
2016 Ballet Grade 3 N/A Pass July 2014 Piano Grade 3 (ABRSM) N/A Pass July 2015 Piano
Grade 4 (ABRSM) N/A Pass July 2016 Piano Grade 5 (ABRSM) N/A Pass July 2017 Piano Theory
Grade 5 (ABRSM) N/A Pass March 2018 A-Levels Subject Predicted Grade Actual Grade Date
Maths A AS: B A2: B June 2017 June 2018 Biology B A2: B June 2018 Chemistry A A2: B June
2018 EPQ N/A B June 2018 September 2018 - June 2022: I studied pharmacy at the University of
Reading, as an undergraduate MPharm course, and graduated with a First-Class Honours.

Employment /Work Experience/Volunteering History I was chosen to be one of 59 year 11 prefects, to represent the year and school. Every week I was allocated to a part of the school to monitor and ensure that pupils were obeying to the rules. This gave me essential management skills which is crucial to have in a working environment. An additional role I took on during school was tutoring a Year 9 student for Maths. I thoroughly enjoyed this as it was an opportunity for me to develop my leadership and listening skills, and it was rewarding to help the student with any queries they encountered during class or with homework. Also, I would give tips that could be of benefit for their GCSE exams. I have helped my mum at her work in nursery which involved setting out tables and helping the children with their activities. I enjoyed doing this as I love working with children so this gave me the opportunity to interact with them and improve my organisational and teamwork skills.

29th June 2015 Hayes Dental Practice - I have worked in a dental practice in Hayes with my dad as

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part of a Work Shadowing Day, where I shadowed dentists and saw how they work and communicate with patients, which helped me gain essential working skills and gave me an insight in to working life. I had the opportunity to work on the reception and communicate with patients which helped me exercise my communication skills. In addition, I had to communicate with the nurses and other dentists. This experience allowed me to strengthen my clinical knowledge in the dentistry field which I thoroughly enjoyed.

23rd July - 30th July 2016 Hiwa Cancer Hospital, Iraq - I was given the opportunity to shadow doctors and be a volunteer at Hiwa Cancer Hospital in Iraq. This was an amazing opportunity as I was able to learn about different types of cancer and how patients are treated. I spoke with a few patients and understood more about their treatment and how cancer had an impact on their lives. From this experience, my teamwork and communication skills expanded further. I had the chance to interact with the doctors and nurses and help with their work on the wards.

22nd-26th August, 29th August 2nd September 2016 Puri Pharmacy In these two weeks, I shadowed a pharmacist. I learnt about the various types of medication and their crucial drug interactions which as a health care profession you need to be aware of. I also learnt how to dispense and make dosette boxes, which was interesting to gain an insight into how a pharmacy runs. I observed the pharmacist counsel many patients on their medication and smoking cessation, and I now understand the importance of patient communication. I have expanded my knowledge in the clinical field and this experience has enabled me to gain more teamwork and confidence skills.

31st July 4th August 2017 Eastman Dental Hospital During this week, I had an opportunity to shadow various departments, for instance periodontics and endodontics. From this, I was able to acknowledge the fundamental differences between a dental hospital and dental practice, and interacted with different healthcare professionals. I thoroughly enjoyed this experience as I learnt a substantial amount about the numerous conditions associated with the teeth and gums, especially when shadowing a few operations in the hypodontia department.

23rd-27th October 2017- Hillingdon Hospital Paediatrics Department I undertook this experience as I wanted to consider the roles that a multidisciplinary team would encounter within a hospital environment. Therefore, I was able to achieve this by shadowing various aspects of the paediatrics department, including the neonatal wards and the outpatient and A&E clinics. From the clinics, I observed consultations regarding child patients clinical status and evaluation of their monitoring parameters, to discuss any further interventions.

7th November 2019, 23rd January 2020, 9th December 2020 Royal Berkshire Hospital - During these placements, I had an opportunity to counsel patients on the wards on the current medicines they are taking. This enabled me to acknowledge the need to precisely obtain sufficient enough information from the patient in order to conduct a medicines reconciliation process accurately. I also

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completed a pharmaceutical care plan with other students to help with noticing any further interventions required to take place to further optimise a patients care. In addition, I realised that it is important to communicate in a way patients can understand, whilst ensuring to keep them involved in the decision making.

16th January 5th March 2020 Redlands Primary School I volunteered at a Year 4 class, as part of Student in Schools scheme run by University of Reading. I thoroughly enjoyed working with the students and helping with various activities such as listening to them read, and group tasks they participated in during lessons. From this, I was able to develop my leadership skills greatly, as well improving on my self-confidence and communication skills, as I frequently had to aid the students on the work allocated.

July 2020 Ringmead Medical Practice I spent a few weeks in a GP surgery observing pharmacists and doctors during their scheduled appointments with This also involved making decisions regarding treatment for patients with long-term conditions such as asthma, COPD, diabetes and hypothyroidism. This also enabled me to observe the interactions with members of the multidisciplinary team, namely doctors, technicians and nurses. Additionally, I was able to understand the importance in liaising efficiently with the team and knowing which resources to attend to when deciding on the next treatment plan for patients. I also observed a pharmacist seeing patients in their asthma clinic, which enabled me to apply my knowledge gained from university and expand on this. Furthermore, I was involved in completing QOF work regarding patients attending their reviews as one example, or considering more cost effective alternatives to medicines that can be prescribed.

29th March-2nd April 2021 Day Lewis Pharmacy This placement was a good opportunity for me to apply the knowledge acquired from my current studies at university. For instance, I was able to assist in dispensing and labelling of prescriptions, as well as observing new medicines consultations and methadone dispensing. This also enabled to strengthen my teamwork and communication skills greatly, as I regularly interacted with other staff members, such as accuracy checking technicians, and patients. Throughout the week, I also observed the various principles put into place to minimise dispensing errors, and familiarised myself with the location of certain types of medicines. This helped to conduct the dispensing process in an efficient manner.

July 2021 Wexham Park Hospital, Barnet Hospital I undertook summer placements at both Barnet and Wexham Park Hospital. During this time, I had the opportunity to be involved in a variety of day-to-day tasks such as taking drug histories during ward rounds, medicines reconciliation, checking prescriptions in the dispensary and outpatient clinics. This also involved making decisions regarding treatment for patients with long-term conditions such as asthma, COPD, diabetes and hypothyroidism. This also enabled me to observe the interactions with members of the multidisciplinary team, namely doctors, technicians and nurses.

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1st August 2022 28th July 2023 Mattock Lane Pharmacy/Gordon House Surgery: I have undertaken my foundation training year following graduating with a pharmacy degree, as a community pharmacy and GP practice split sector placement, in which I spent 9 months at Mattock Lane Pharmacy, and 3 months at Gordon House Surgery. This training year has expanded my learning in the pharmacy field greatly, as I have been exposed to a variety of services and interventions that pharmacists can provide within a multidisciplinary team. One example is taking part in conducting the minor ailments service, in which patients would be referred to the pharmacy from the GP to give the best advice possible in how to treat their condition, whilst also referring them back to the GP if deemed necessary. I have also taken part in many other services, such as blood pressure checks, provision of emergency contraception and the pharmacy contraception service, opioid substitution treatment supervision and UTI and Strep A testing. This training year has enabled to equip and strengthen the skills required to pursue a career as a future pharmacist, namely leadership, listening, and and communication skills and co-operation with fellow work colleagues. A week placement at Ealing Hospital was also included, in which I was able to shadow pharmacists and other healthcare professionals within the dispensary and wards on managing medicines reconciliation and preparing the medicines required for discharge. This allowed me to expand my clinical knowledge regarding specific conditions, such as diabetes, asthma, stroke and myocardial infarction. In addition, whilst being at the GP surgery, I was able to work alongside the pharmacy manager and doctors in transferring the care of a patient effectively from one healthcare setting, with use of discharge summaries and other letters from the hospital, to decide on the best treatment plan to provide in primary care. I was also involved in working alongside clinical pharmacists at the surgery during structured medication reviews and annual reviews.

1st September 2023 Present - Locum pharmacist: After becoming registered to work as a pharmacist, I began locuming amongst various community pharmacies, both independent and larger franchise such as Boots. This has provided me with a great opportunity to familiarise myself with different primary care settings, in which I have been able to strengthen my leadership skills. My confidence has also greatly improved as I have tried to be a supportive member of the working team during the shift by working with everyone in a co-operative and respectful manner, and delegating tasks efficiently to ensure the work flow is consistent throughout the day. Also, this has enabled me to constantly apply my knowledge gained throughout my undergraduate and pre-registration years, and enhance my communication skills with both my fellow colleagues and patients. This can be demonstrated through being involved with providing numerous services, including the Pharmacy First service, flu vaccinations and contraception services.

Going forward with my career, I am determined to grasp an opportunity to undertake and complete an independent prescribing course. This will greatly equip me for future advances to be implemented within the pharmacy field, and provide me with further opportunities.

Personal Interests and other information Outside of school, I have been playing the piano since

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Year 7. I like being active, so I used to participate in ballet lessons in the weekend for 5 years, since I was 8. In addition, I like going to the gym or going for a walk, which helps me relax and keep fit and healthy. During my spare time, I enjoy reading books, listening to music and socialising with my friends and family. Also, I occasionally volunteer at a charity shop.

References:

1st Referee 2nd Referee Mr James Heale Dr Yatin Nanavati Headteacher Dentist Vyners School
Hayes Dental Practice Address: Warren Road Address: 115 Station Road Ickenham Hayes
Uxbridge Middlesex UB10 8AB UB3 4BX Tel: 01895 234342 Tel: 0208 573 3048 Email:
office@vyners.hillingdon.sch.uk E-mail: info@hayesdental.co.uk

Clinical Pharmacist A5556-25-0007

AR-250318-80770

Summary A clinical pharmacist with over 6 years of experience in managing and assisting pharmacies. I am passionate about delivering exceptional customer service and ensuring the well-being of patients. Looking to make positive impact in the healthcare industry and contribute to better patient outcomes. Professional experience Clinical Pharmacist November 2023 present Provide a clinical pharmacy service in wards as per national guidelines. Support dispensary and assist with clinical and accuracy checking of inpatient and outpatient prescriptions. Conducting medicine reconciliations, communicating with patients to check their medical history and clinically checking their current medications and on discharge medications. Support the dispensary team with stock management. Liaise with consultants and other healthcare professionals as part of a multidisciplinary team about any medicine-related issues and provide shared decisions for the best outcome for the patient. Support the pharmacy team with outpatients prescriptions and provide consultations and advice to patients and caregivers about their medicines and how to take them. Working with patients and community pharmacies to ensure patients received the medicines they need post discharge. Being part of the on-call rota and taking responsibility for answering all medical-related questions for out-of-hours. SaferCare champion of pharmacy department responsible for all dispensing incidents, near misses and creating appropriate action plan for safety practicing. Locum Pharmacist August 2023 present Conducting community pharmacy services like NMS, hypertension case finding service, and Community pharmacy consultation service (CPCS) including NHS 111 referrals, emergency supplies of medicine, and minor ailments. Conducting diabetes check and refer patients as per national guidelines criteria. Flu jab vaccinator Accuracy and clinically checks of prescription. Responsible for OTC consultation and providing patient and carer advice about medications. Clinically checking and reviewing patients long-term conditions Liaise with doctors and other healthcare professionals about any prescribing issues or if patients need referral. Ensure medicine is prescribed as per national guidelines. Trainee pharmacist Lloydspharmacy, Bedgrove, UK July 2022 July 2023 Conducting NHS services like NMS, Community pharmacy consultation service (CPCS). Responsible for blood pressure monitoring Accuracy check of prescription under supervision of the pharmacist. Liaise with doctors and other healthcare professionals about any prescribing issues or if patients need referral. Conducting OTC consultations Healthcare Partner LloydsPharmacy, Bourne End, UK April 2019 July 2022 SaferCare Champion lead for the Buckinghamshire and Oxfordshire region (15 branches) responsible for ensuring successful implementation of patient safety strategies, investigate any dispensing errors, creating an action plan and ensuring lessons learnt are shared with other branches to minimise the risk of occurrence. Managing different pharmacy audits and create an action plan if required. Responsible for training new staff members about dispensing and pharmaceutical system. Managing prescriptions and medication for multiple nursing homes. Managing Medicine Administration Record (MAR) chart for nursing home. Completing end of month financial report for NHS claims. Managing controlled drugs weekly balance. Providing additional pharmacy services such as diabetes, pain management and hypertension by measuring the patients blood pressure and blood sugar to determine diagnosis and also recommend medication for pain management. Managing patient prescription via blister packs (CDS/MDS) to help patients keep

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track of daily medicine intake. Assistant pharmacist Jays pharmacy, Egham, UK Feb 2017 Jul 2017 Accountable for dispensing prescriptions, medication and other medical products to patients. Count pills, print labels, sort bottles, and price products. Perform administrative duties including answering phones, receiving and inputting prescriptions orders, operating cash register, and stocking inventory. Pharmacist Mall pharmacy chain, Amman, Jordan May 2014 Dec 2016 Improve productivity, performance, and customer satisfaction. Ensure medicines are supplied to the customer correctly and safely following the SOPs. Liaise with doctors about patients prescribed medicines to ensure patients receive the most appropriate medication for their condition. Train junior pharmacists on how to manage medicines and advice patients about the drug usage and side effects. Education and qualifications Practice certificate in independent prescribing for pharmacists University of Leicester, UK Sep 2024 - present PgDip Overseas Pharmacist Assessment Programme (OSPAP)University of Hertfordshire, UK Sep 2021 July 2022 Pharmacy assistant course NVQ level 2 McKesson (Lloyds Pharmacy) September 2019 MSc Pharmacology and Biotechnology Sheffield Hallam University, Sheffield, UK Jan 2017 Mar 2018 BSc in Pharmacy University of Jordan, Amman, Jordan Sep 2009 Feb 2014 Languages English fluent reading, writing, speaking Arabic native speaker