



CONTACT ME

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Malanday Marikina City

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📱 Tara Mia

EDUCATION

Primary: Sta. Elena High School

Secondary: Dee Hwa Liong Academy

Tertiary: Technological University of
the Philippines

PERSONAL INFO

Nickname: Tara

Civil Status: Single

Age: 20

Religion: Roman Catholic

Gender: Female

Birthday: June 19, 2004

Place of Birth: Manaoag, Pangasinan

Citizenship: Filipino

Tara Mia Q. Bernardo

PROFILE

Developed expertise in Communication and Attention to detail. Team-oriented, dedicated, and committed to continuous craft development. Active listener with superb oral and written communication skills, dependable, responsible, and enthusiastic with extensive experience. Very driven and experienced student looking to use my expertise. Proven track record of designing effective methods that have greatly improved leadership, volunteerism, and worker engagement.

EXTRA-CURRICULAR ACTIVITIES

Registrar Office TUP Manila

2022-2023 || Registrar Student Assistant

Tzu Chi Buddhist Organization

2023-Present || Volunteer

TUP Bandista

2023-Present || Member

1kaDito

Present || Leader

Disaster Risk Reduction and Management

Present || Social Service Committee

TUP Manila - College of Science Student Council

Present || Marketing and Promotional Committee

SEMINARS ATTENDED

2022 || Leadership

2024 || Seminar of 1kaDito for Leaders

2024 || Disaster Risk Reduction Management Basic Life Support and First Aid Seminar