



Prices

Anyone over the age of 14 can use the pools by paying for lane swimming on arrival.

Non-members

- ✓ Access to an Olympic-sized pool with other keen swimmers
- ✓ Premier swimming pool experience

£9
per session

Timetable

Members

- ✓ Free access to equipment such as kickboards, buoys and fins
- ✓ Free 12-week training plan written by an expert mentor
- ✓ Free access to training classes
- ✓ Priority pool times

£40
per month

Join now

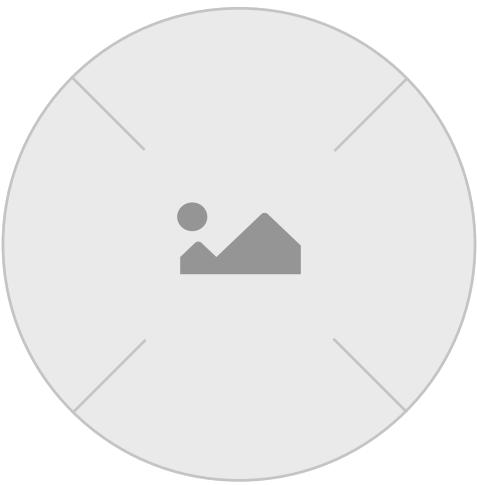
Training classes

We offer the following 1hr training classes, all of which are **FREE** to members and **£15** to non-members. No booking required.



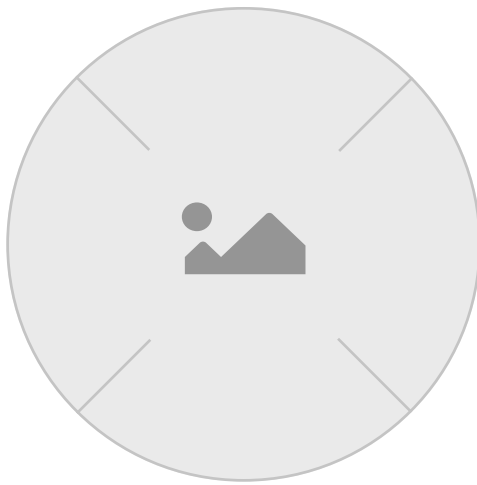
Kick

Learn how to create the most powerful and efficient kick possible.



Stroke

Master your stroke and see huge improvements in your abilities.



Speed

High intensity training in the pool will help you improve every facet of your swimming.

See Timetable





[Home](#) [About](#) [Timetable](#) **[Pricing](#)** [Contact](#)

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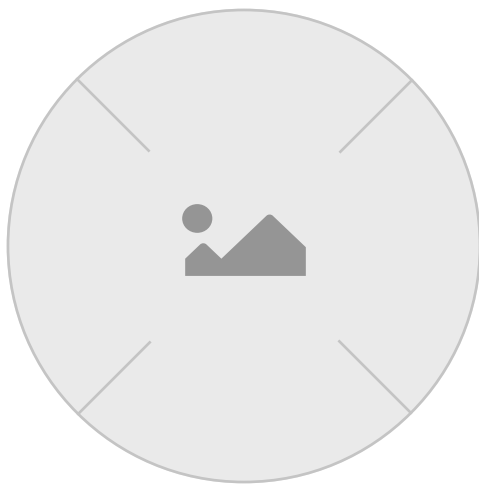
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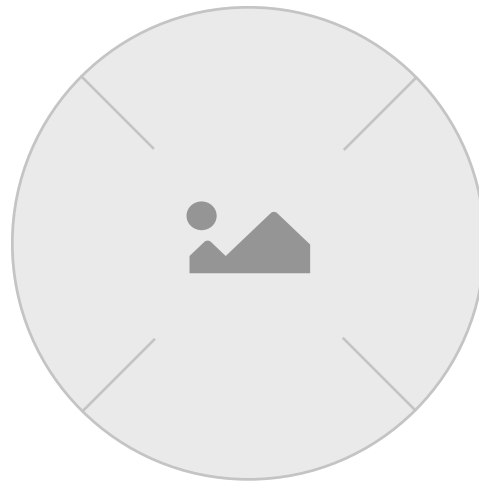
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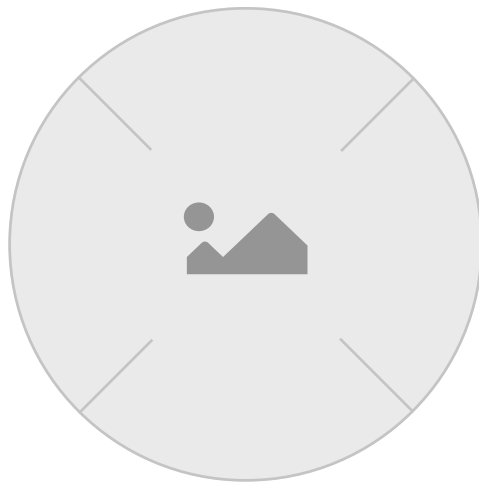
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Pricing
How to get to us





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