

# NUROFEN TABLETS AND NUROFEN CAPLETS

NUROFEN TABLETS  
IBUPROFEN 200 mg

**PLEASE READ ALL OF THIS LEAFLET CAREFULLY BEFORE YOU START TO TAKE YOUR MEDICINE. Keep this leaflet. You may want to read it again.**

## WHAT IS IN NUROFEN TABLETS AND NUROFEN CAPLETS?

Each tablet or caplet contains the active ingredient Ibuprofen Ph.Eur 200 mg. They also both contain: Sucrose, Sodium Citrate, Talc, Croscarmellose Sodium, Stearic Acid, Titanium Dioxide, Silicon Dioxide, Acacia, Carmellose Sodium, Sodium Laurylsulphate, Macrogol, Black Ink, (Contains Shellac, Iron Oxide Black, Soya Lecithin, Simeticone).

Nurofen Tablets are available in packs of 4, 6, 8, 12, 16, 24, 48 and 96 tablets.

Nurofen Caplets (capsule shaped tablets) are available in packs of 4, 12, 16, 24

Licence holder and Manufacturer:  
Crookes Healthcare Limited  
Nottingham NG2 3AA

Product Licence No. Nurofen Tablets: PL 00327/0147   
Nurofen Caplets: PL 00327/0148 

## HOW DO NUROFEN TABLETS AND NUROFEN CAPLETS WORK?

Nurofen Tablets and Nurofen Caplets both contain ibuprofen which belongs to a group of medicines known as non-steroidal anti-inflammatory drugs (NSAIDs). NSAIDs provide relief by changing the body's response to pain, swelling and high temperature.

Nurofen Tablets and Nurofen Caplets are for the relief of **headaches, backache, period pain, dental pain, neuralgia, rheumatic pain, muscular pain, migraine, cold and flu symptoms, feverishness and pain of non serious arthritic conditions.**

## BEFORE YOU TAKE NUROFEN TABLETS OR NUROFEN CAPLETS:

Do Not take Nurofen Tablets or Nurofen Caplets if you:

- have or have ever had a stomach ulcer, perforation or bleeding
- are allergic to ibuprofen, to any of the ingredients, or to aspirin or other painkillers
- are taking other NSAIDs pain killers, or aspirin with a daily dose above 75 mg
- are in the last 3 months of pregnancy
- are under 12 years of age.

Ask your doctor before taking Nurofen Tablets or Nurofen Caplets if:

- you have asthma or have suffered from asthma
- you have kidney, heart, or liver or bowel problems
- have Systemic Lupus Erythematosus (SLE) - a condition of the immune system affecting connective tissue resulting in joint pains, skin changes and disorder of other organs
- you are taking any regular medication, especially:
  - aspirin at low dose (ie below 75 mg daily)
  - medicines for high blood pressure and water tablets (diuretics)
  - medicines for thinning the blood (anti-coagulants)
  - corticosteroids
  - Methotrexate (an anti-cancer agent)
  - Lithium (used to treat depression)
  - Zidovudine (an anti-viral drug)
- you are in the first 6 months of pregnancy or breast-feeding.

- Nurofen belongs to a group of medicines which may impair fertility in women. This is reversible on stopping the medicine. It is unlikely that Nurofen, used occasionally, will affect your chances of becoming pregnant. However, tell your doctor before taking this medicine if you have problems becoming pregnant.

## **HOW TO TAKE NUROFEN TABLETS OR NUROFEN CAPLETS:**

Adults and children of 12 years and older:

Swallow 2 tablets/caplets with water, then if necessary take 1 or 2 tablets/caplets every 4 hours.

Do not exceed 6 tablets/caplets in 24 hours.

Not suitable for children under 12 years.

## **WHILST TAKING NUROFEN TABLETS OR NUROFEN CAPLETS:**

If you take too many tablets/caplets by mistake, talk to your doctor or pharmacist as soon as possible. If symptoms persist or if the pain or fever worsen, or if new symptoms occur, talk to your doctor or pharmacist. This product is intended for short-term use only. You should take the lowest dose for the shortest time necessary to relieve your symptoms. You should not take Nurofen Tablets or Caplets for longer than 10 days unless your doctor tells you to.

Side-effects: Nurofen Tablets and Nurofen Caplets are generally well tolerated by the majority of people, however, elderly patients are at increased risk of developing problems associated with side effects.

*Disorders of the stomach and intestines* including abdominal discomfort or pain, nausea, stomach ulcer, vomiting containing either blood or brown grit (like coffee grounds), black tarry stools, worsening of existing bowel diseases (ulcerative colitis or Crohn's disease)

*Blood disorders* resulting in unexplained or unusual bruising or bleeding, fever, sore throat, mouth ulcers, extreme pallor or weakness

*Allergic reactions* including worsening of asthma, unexplained wheezing or shortness of breath, swelling of the face and tongue, collapse. In addition, there may be skin reaction (including hives and itching): these can sometimes be severe with blistering and peeling of skin

**If you develop any of the symptoms above, stop the tablets or caplets and contact your doctor immediately**

*Liver disorders* that may be indicated by yellowing of the skin and eyes and/or pale stools and dark urine

*Kidney disorders* that may be indicated by passing less or more urine than normal, cloudy urine, blood in the urine, pain in the back and/or swelling (particularly of the legs)

*Nervous system disorders* indicated by severe headache, neck stiffness, disorientation, and light hurting the eyes.

If you experience any of these, or have any other unusual symptoms or concerns, stop taking the product and see your doctor.

## **HOW SHOULD NUROFEN TABLETS OR NUROFEN CAPLETS BE STORED?**

Do not use after the expiry date shown on the pack.

Do not store Nurofen Tablets or Nurofen Caplets above 25°C.

Store in the original packaging.

Remember: Keep all medicines out of the reach and sight of children.

## **HOW CAN YOU OBTAIN MORE INFORMATION ABOUT NUROFEN TABLETS AND NUROFEN CAPLETS?**

This leaflet gives you the most important patient information about Nurofen Tablets and Nurofen Caplets. If you have any questions after you have read it, ask your doctor or pharmacist, who will give you further information.