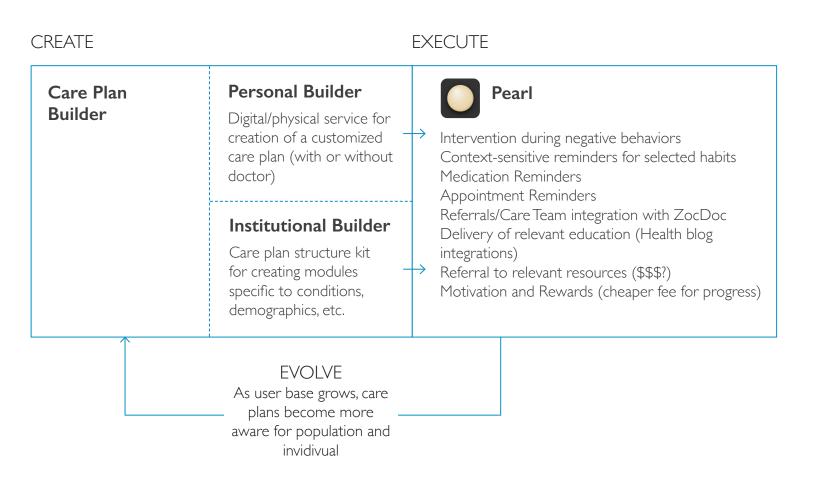
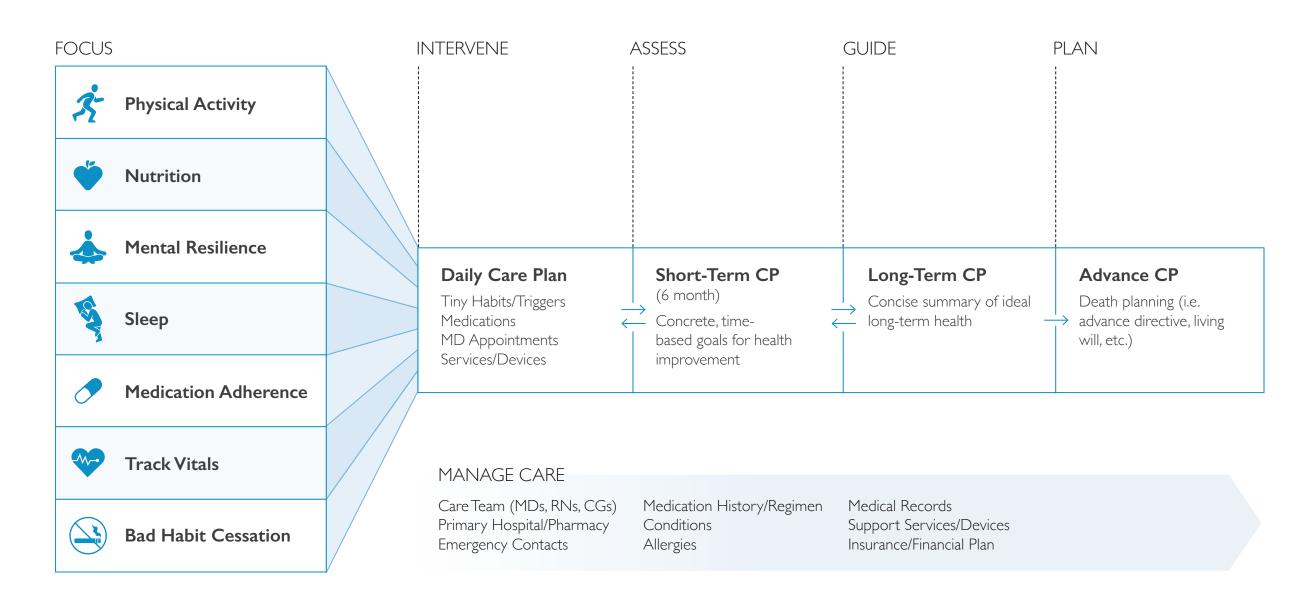
SELF CARE SERVICE



2 CARE PLAN STANDARD

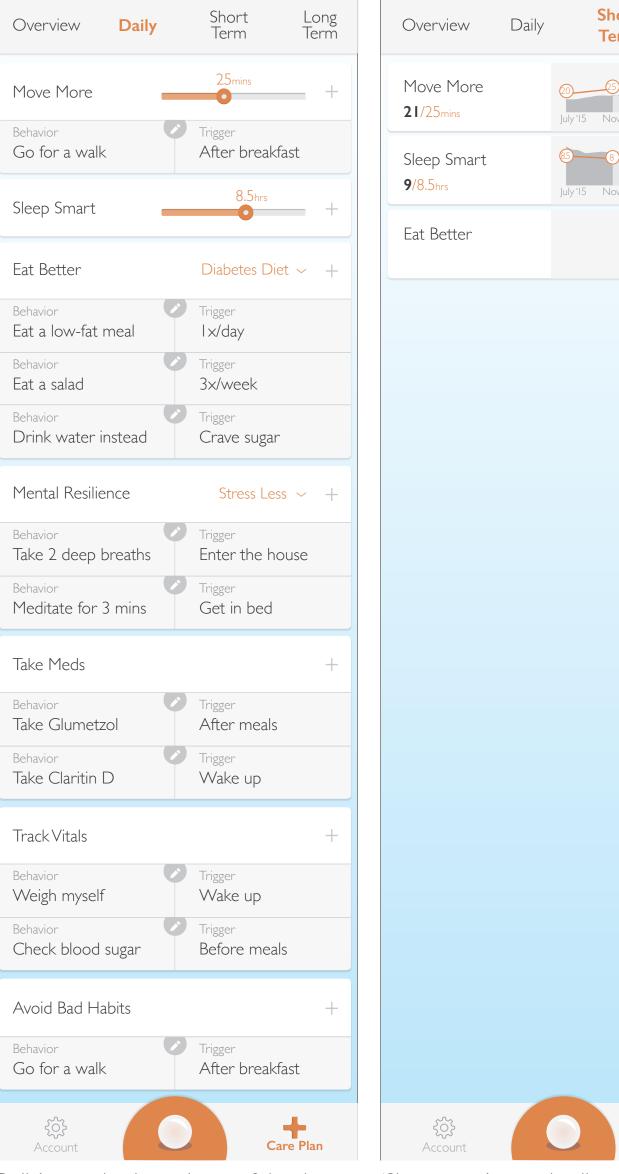


INVOLUTION PEARL + CARE PLANNING

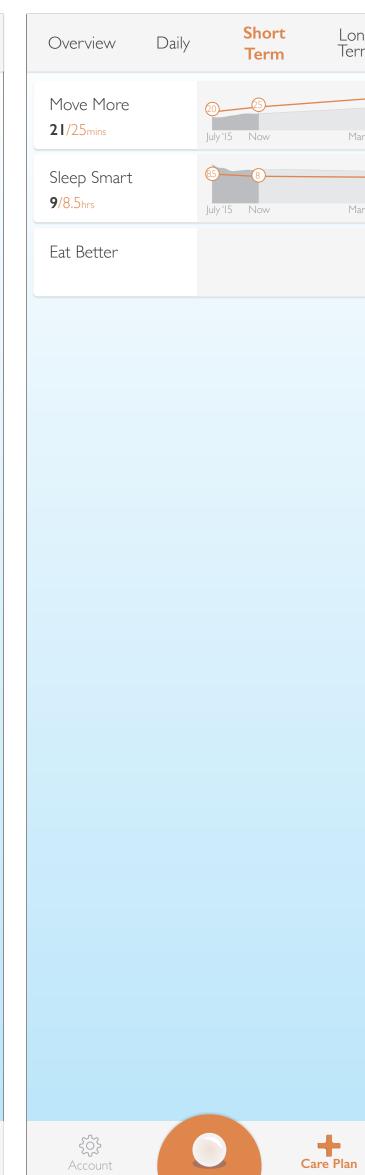
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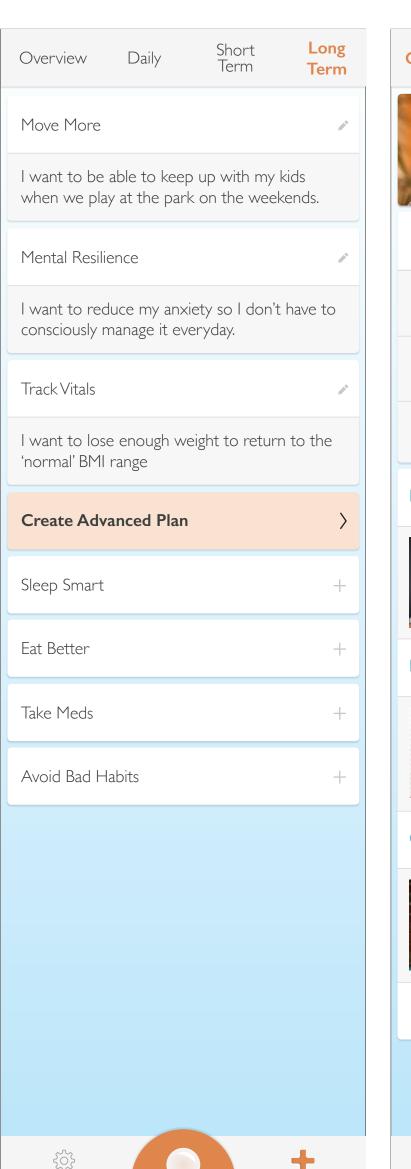
3 PEARL IMPLEMENTATION



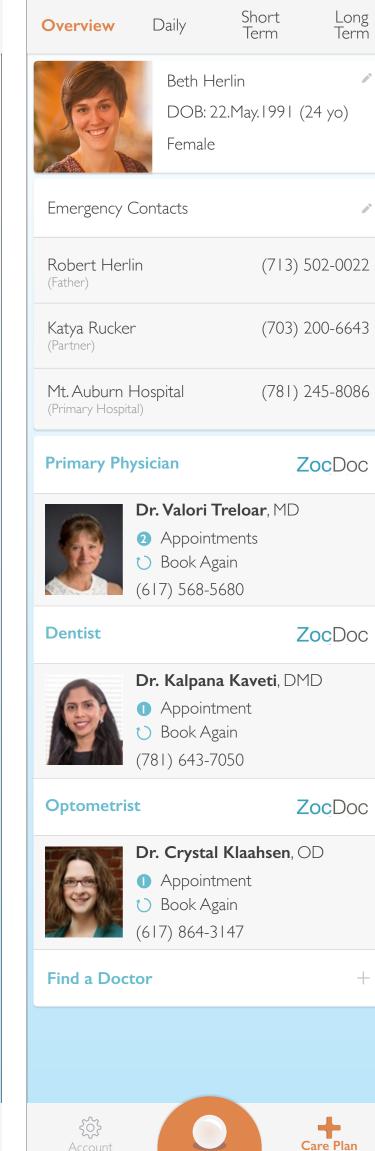
'Daily' care plan is made up of the tiny step behaviors necessary to accomplish your measurable short-term goals.



'Short-term' care plan lists the concrete goals you are trying to reach by a given period of time (around 6 months)



'Long-term' care plan includes concise statements about the general achievements in your health you wish to reach in the future



'Overvew' includes the more constant

care management items (i.e. care team,

primary hospital/pharmacy, emergency

contacts, user demographics, etc.)