



Serious Gaming Assignment 1

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Pros of Gaming :

1. It is Fun.
2. It could be educational.
3. It is a social activity.
4. Helps us discover new cultures and worlds.
5. Helps us learn new skills.
6. Helps us solve problems(eg simulations).
7. Some games help us do physical activity.
8. Some games help us improve our habits.
9. Some games help us increase our mental capacity.
10. Games help us grow sportsmanship.

Cons of Gaming :

1. Could cause addiction.
2. Could cause physical harm.
3. Could cause psychological harm.
4. Could increase violent tendencies.
5. Could destroy friendships.
6. Some communities are toxic.
7. Overstimulation by games could lead to us just not enjoying real life anymore. This is especially true for fantasy games.
8. Some games lead us to spend large amounts of money on them.
9. We lose perspective on reality.
10. Some games can actually cause death.