

A 45-year-old male presents with a 3-month history of burning, gnawing pain in the upper abdomen that typically occurs 2-3 hours after meals and frequently awakens him at night. The pain is temporarily relieved by antacids or food consumption. He reports worsening of symptoms with spicy foods, alcohol, and during periods of stress. The patient has been taking ibuprofen regularly for knee pain. Physical examination reveals epigastric tenderness. Upper endoscopy shows a 1.2 cm ulcer in the duodenal bulb with no signs of malignancy.