

# BMI Health Report

<b>Patient Name:</b>	Tarun B K
<b>Patient ID:</b>	1
<b>Height (cm):</b>	190.0
<b>Weight (kg):</b>	78.0
<b>BMI Value:</b>	21.61
<b>BMI Category:</b>	Normal
<b>Report Date:</b>	2025-12-21 21:40:06

## Health Advice

Great! Maintain your healthy weight with regular exercise and a balanced diet.

Disclaimer: This report is for informational purposes only. Please consult a healthcare professional for personalized advice.