



## Diet plan

1	Name	User7
2	Surname	User7LN
3	Age	30
4	Gender	female
5	Height, sm	165
6	Weight, sm	50
7	Activity level	sedentary
8	Current intake, kcal	2500
9	Diet goal	keep weight
10	Date	23-07-13
11	Required intake, kcal	2500
12	Proteins, gr	105
13	Fats, gr	62
14	Carbohydrates, gr	380
15	Budget, \$	500
16	Diet created date	23-07-13