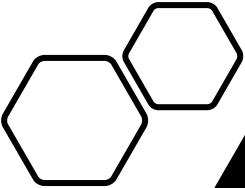


Getting Better at Getting Better



A toolbox for
continuous
learning in the tech
industry

Mike Ritchie
mike@evolved.dev





Peak Disorient

The Plateau Of Sustainability

Confidence

**The Valley
Of Despair**

The Slope Of Enlightenment

Experience

Bootcamp Context #1

“A fast route into a tech career doesn’t mean a fast route through a tech career.”

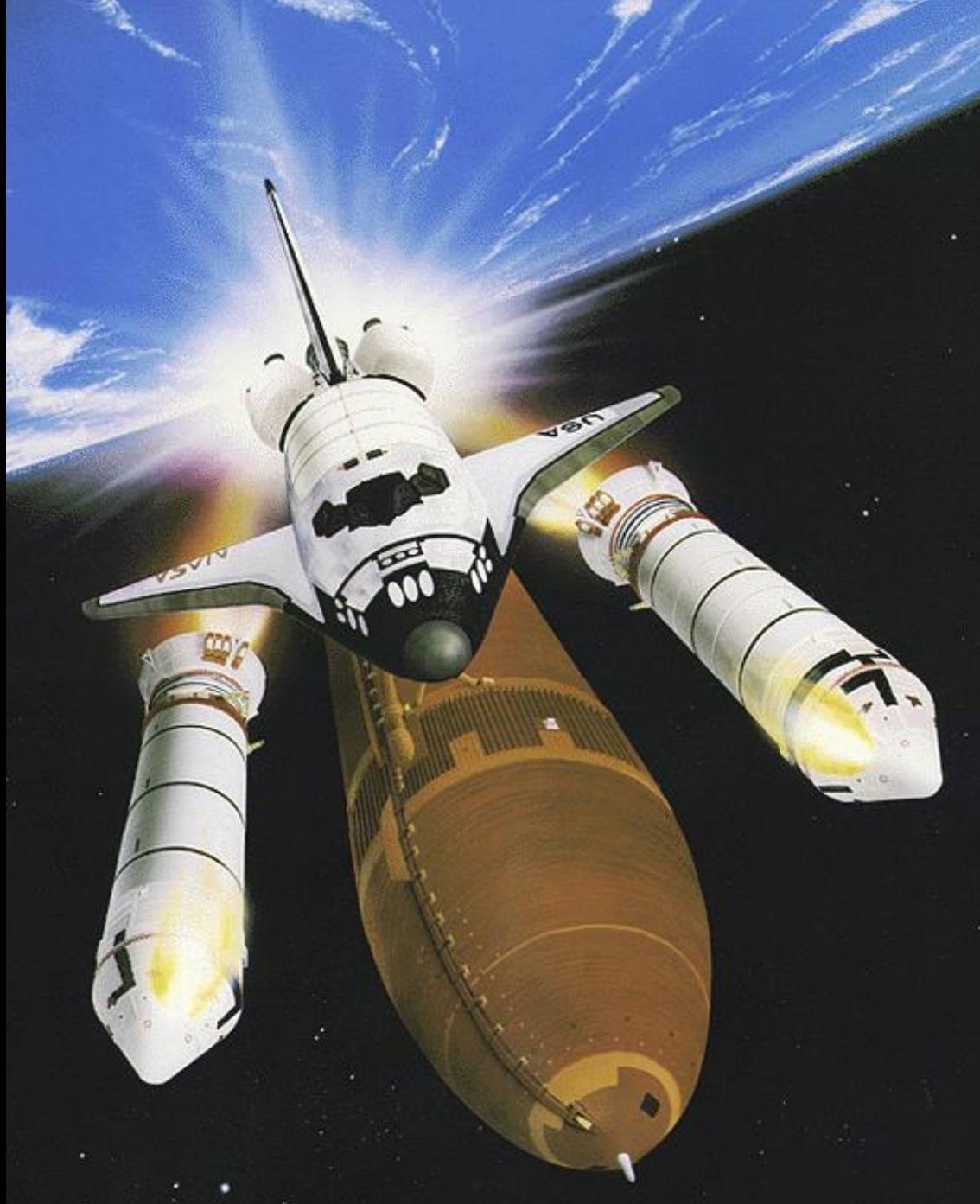


Image © NASA Goddard
Space Flight Center

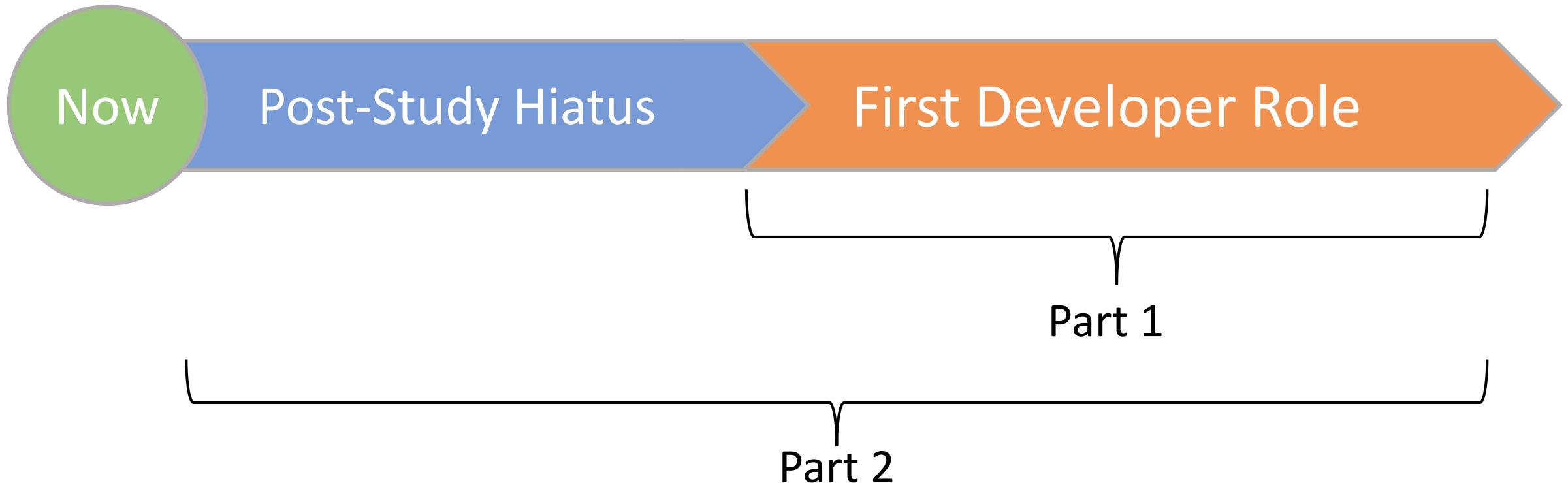
Bootcamp Context #2

“You won’t be able to recreate the bootcamp environment outside of the bootcamp.”

Bootcamp Context #3

“You have breadth. Depth is going to take time, effort, and tough calls.”

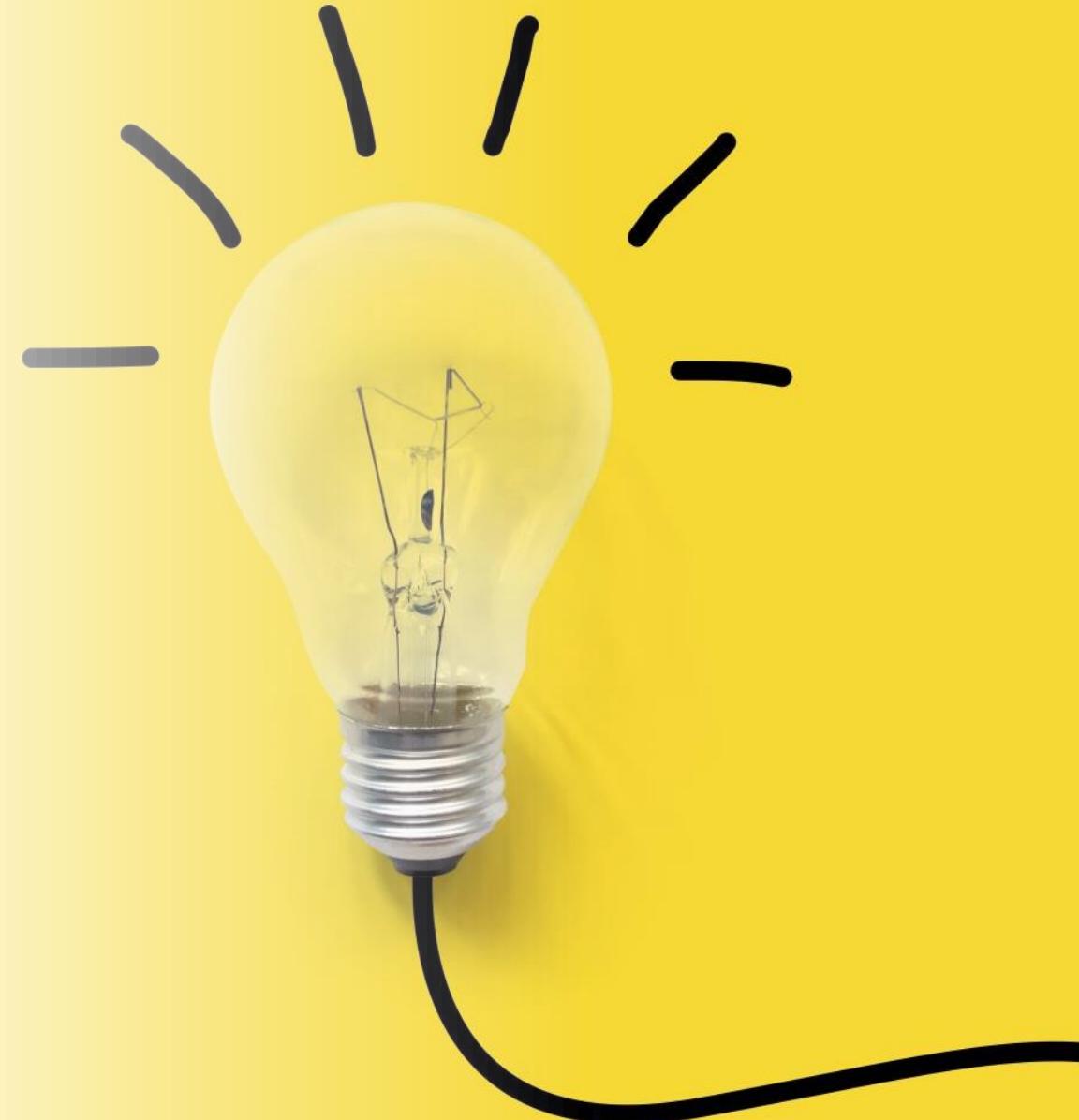
One Talk, Two Timeframes





Developing situational awareness of your skills

Techniques to help focus on the things that matter most.



Differentiators: what makes “great”

Great engineers

Have an accurate perception of their own skills

Are situationally aware of the skills landscape in their domain

Learn intentionally, practice deliberately

Value long-term portable skills most highly

Prioritise what they work on in their learning time

Alice Intern Learning Board

Later

- Performance
- Machine learning
- Security
- Automation

+ Add a card

C++ Language

- C++ functional features
- STL algorithms
- C++17 standards
- C++ lambdas
- Concurrency in C++
- Modules (C++20)

+ Add a card

Software Design

- Static polymorphism
- Policy-based class design
- Coroutines
- GoF Patterns
- Const-ness and immutability

+ Add a card

TDD

- Baby steps
- Mocks and stubs
- Arrange-act-assert
- Test setup and teardown
- Different kinds of test double

+ Add a card

Doing

- Functional programming basics

+ Add a card

Done

- Making a test list
- Templates
- Red-green-refactor
- STL containers
- STL iterators
- OO fundamentals
- Ping-pong pairing

+ Add a card

Board | Default | Private | MR | Share | Power-Ups | Automation | Filter | Show

C++ Language

...

Software Design

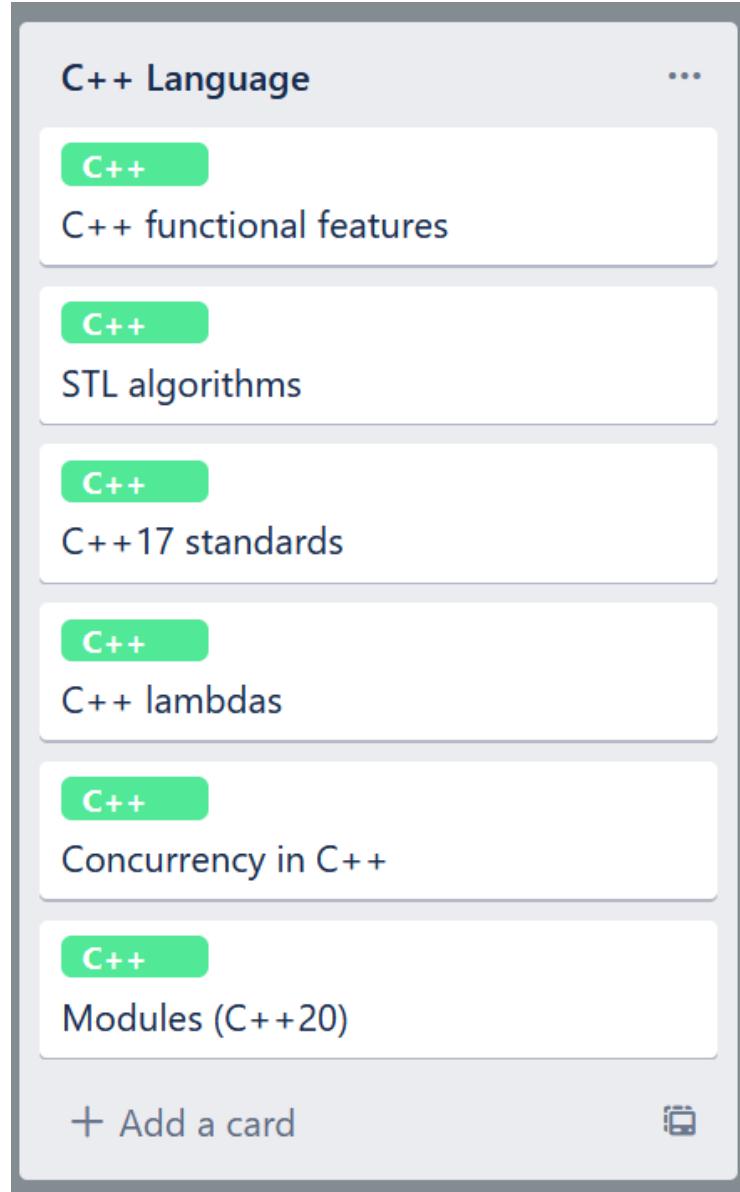
...

TDD

...

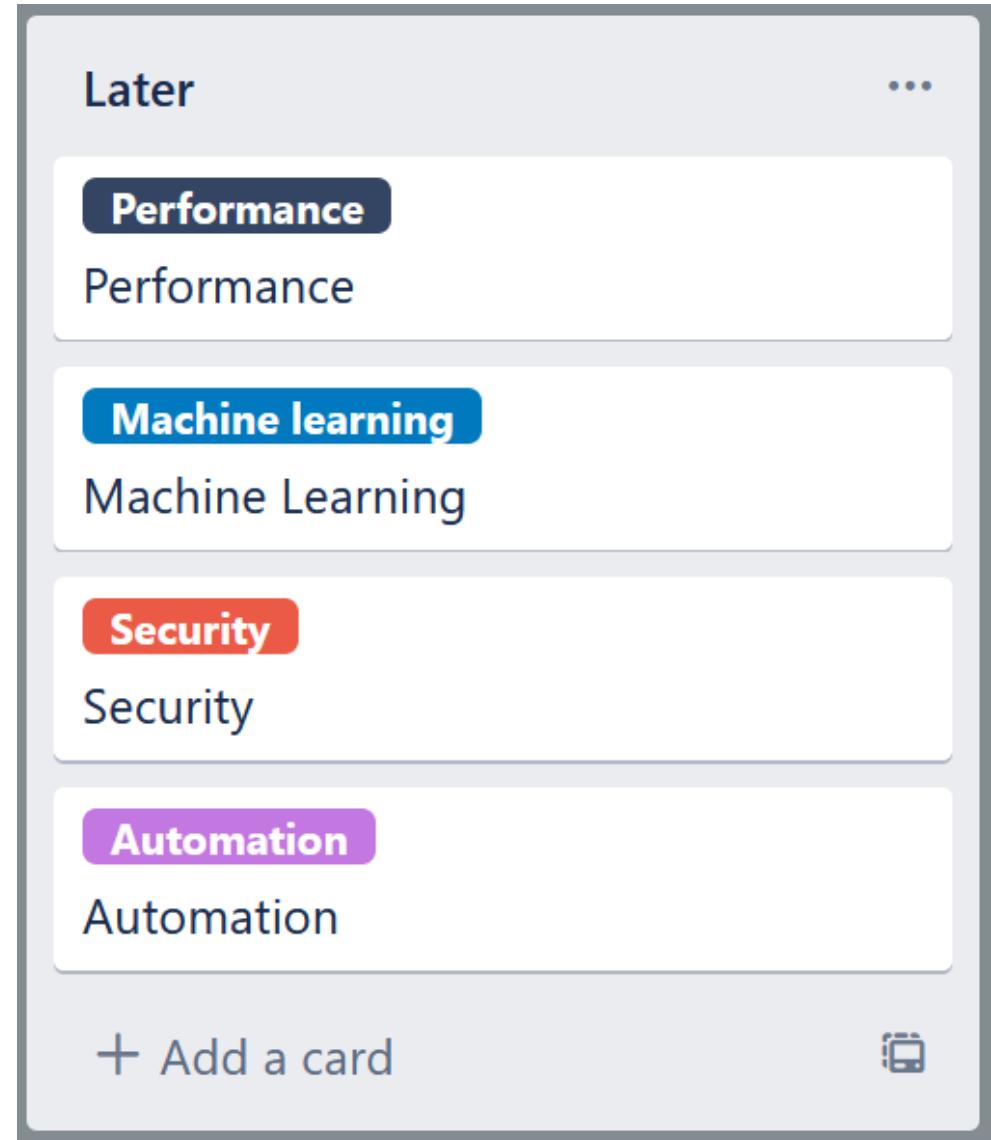
Three Focus Areas

Although the board *looks* like a lot at first glance, there are actually only three subjects that Alice is currently occupied with right now.



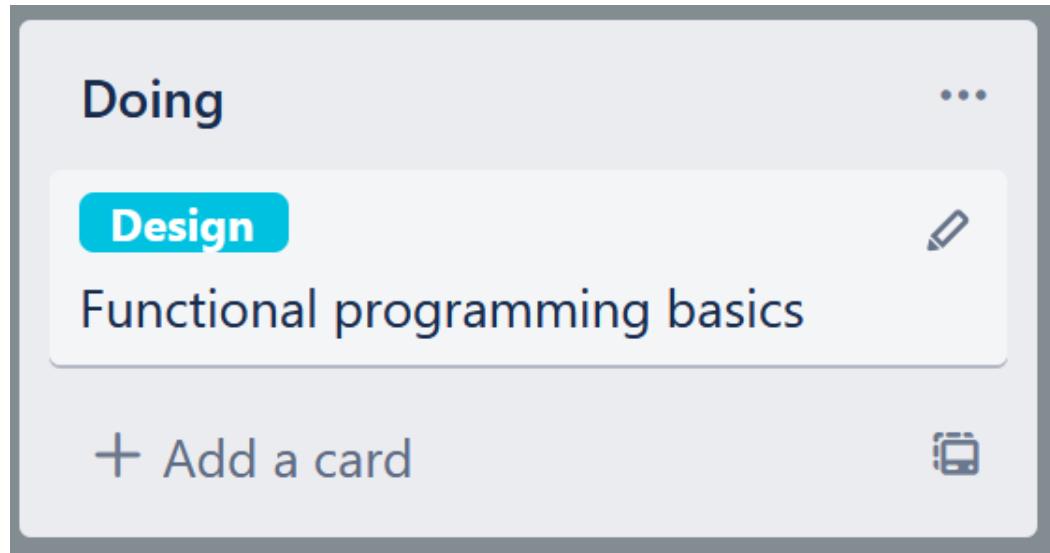
Decomposition

Each subject area is broken down into small, focussed, *achievable* chunks that Alice can work on without being overwhelmed.



Parked

Some big topics have been bookmarked for later. It's not that these are unimportant, they're just not important *right now*.



The Key To It All

Most importantly of all, she's working on a single card at a time. Two might be OK, but one is definitely best.

Your Initial Focus

Your first goal will be working to become a *productive individual contributor*:

1. What skills do team members need?
2. What level is “proficient” for those skills?
3. Where do I stand relative to “proficient”?
4. How soon will I be blocked by a skills gap?





Colleagues

Management



Help!



Tech Leadership

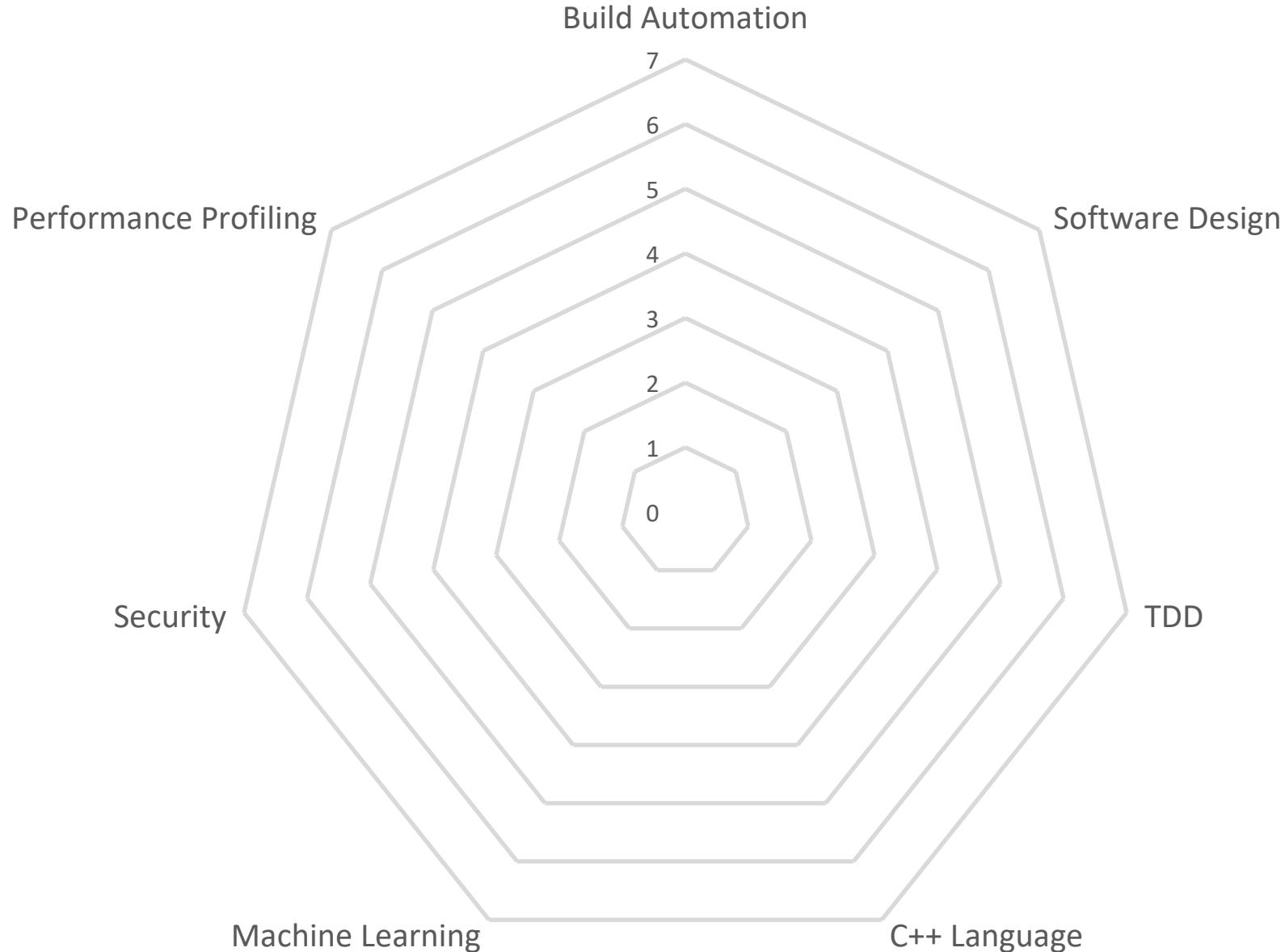
Mentoring



Your Initial Focus

Your first goal will be working to become a *productive individual contributor*:

1. **What skills do team members need?**
2. What level is “proficient” for those skills?
3. Where do I stand relative to “proficient”?
4. How soon will I be blocked by a skills gap?



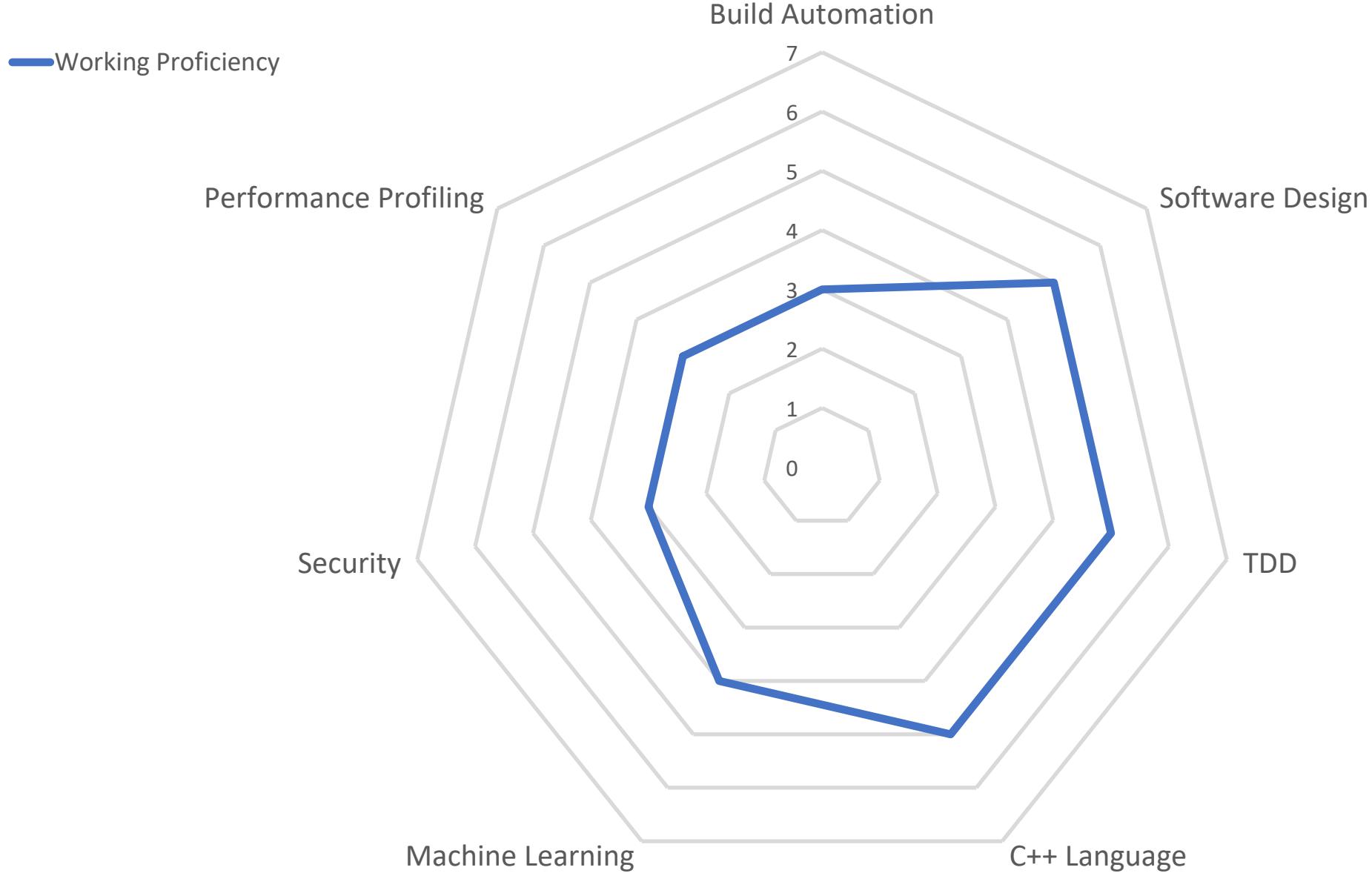
Characterising Skill Levels – Security Example

Level	Capability Expected
1	Understand why security is important, and the potential impact of insecurities in code
2	Recognise different types of vulnerability e.g. buffer overflows or reading uninitialized memory
3	Adopt programming practices to mitigate the most common types of vulnerability
4	Configuration and routine use of static analysis tools, remediating issues in own and others code
5	Configuration of dynamic memory and leak sanitizers in CI builds, remediating issues detected
6	Setting up fuzz testing for projects, integrating into CI builds, remediating issues detected
7	Team authority on secure programming, coaches others in the team on secure programming practices, defines security standards for new projects

Your Initial Focus

Your first goal will be working to become a *productive individual contributor*:

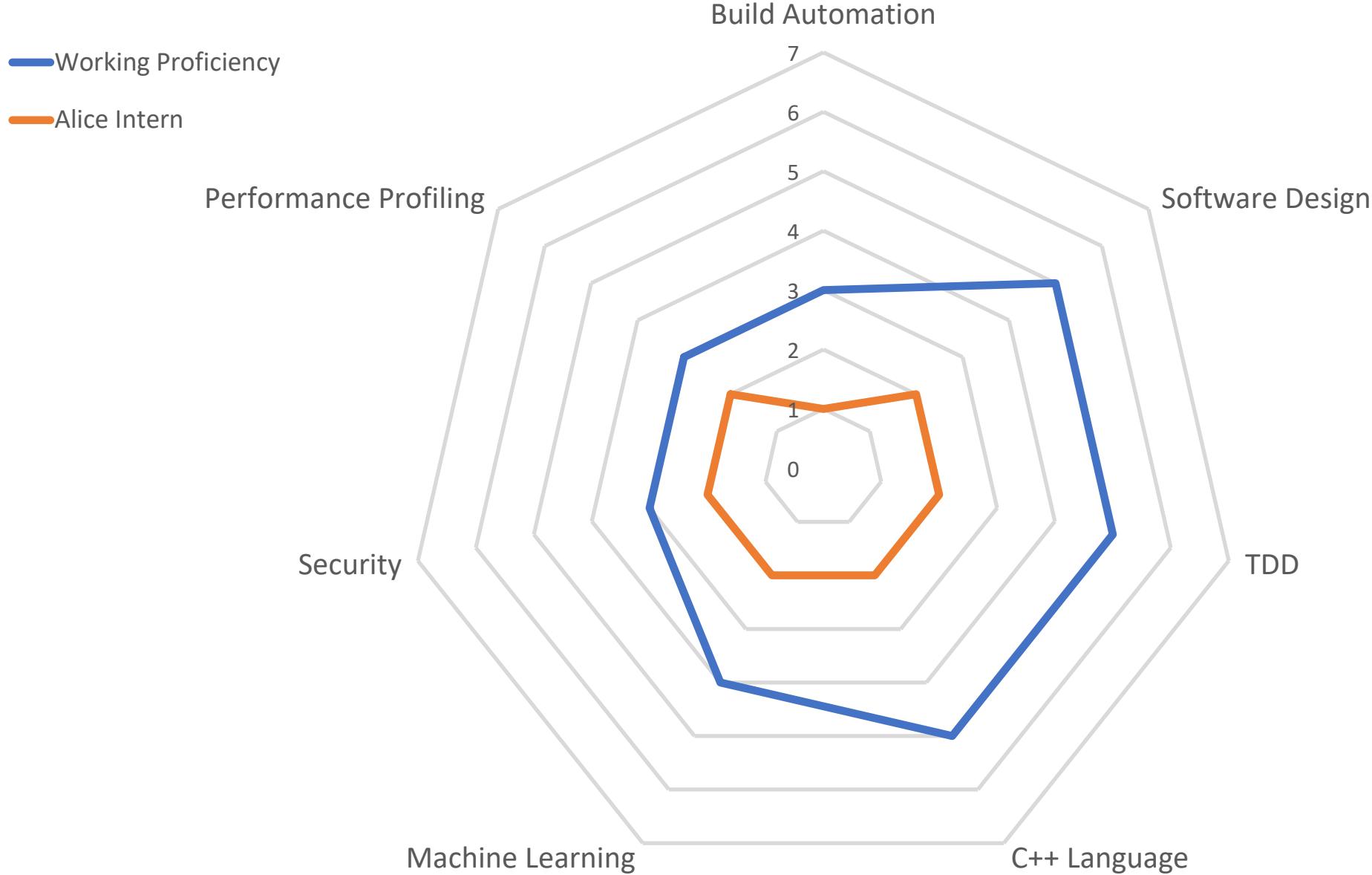
1. What skills do team members need?
2. **What level is “proficient” for those skills?**
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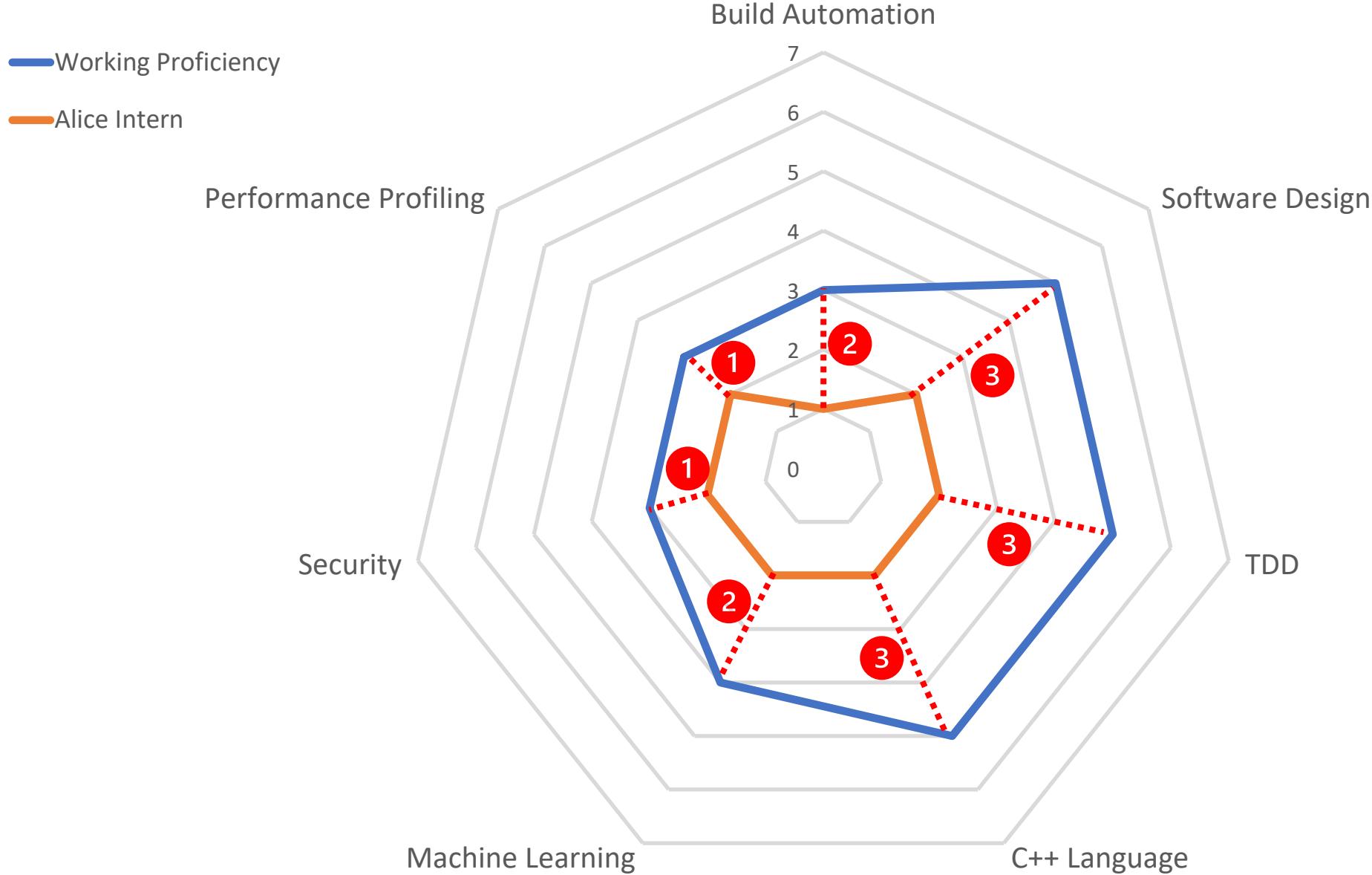


Your Initial Focus

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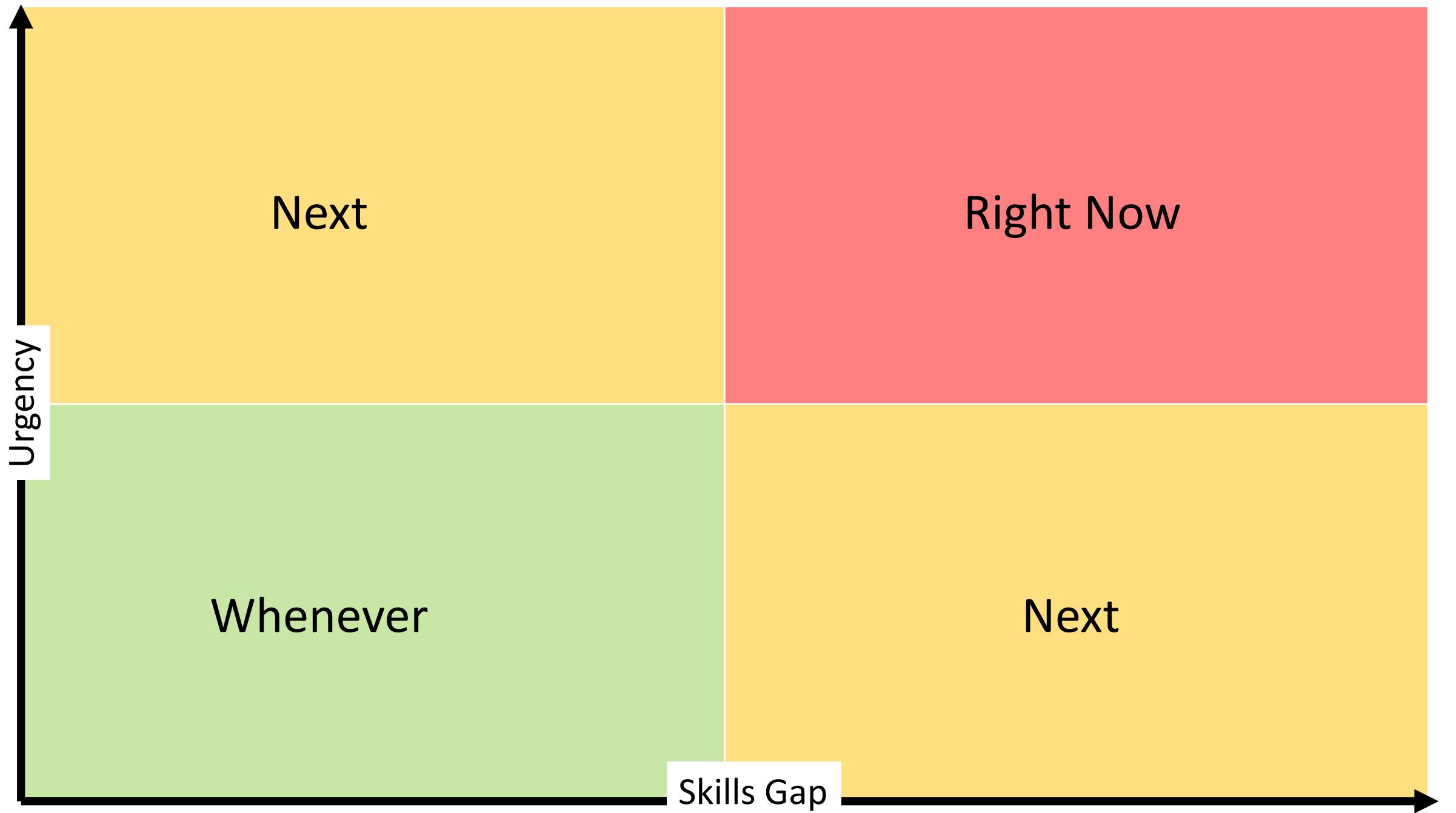




Your Initial Focus

Your first goal will be working to become a *productive individual contributor*:

1. What skills do team members need?
2. What level is “proficient” for those skills?
3. Where do I stand relative to “proficient”?
- 4. How soon will I be blocked by a skills gap?**



↑
Urgency

1

2

3

4

Next

Right Now

Whenever

Next

Skills Gap →

↑
Urgency

Skills Gap →

Performance Profiling

TDD

C++ Language

Software Design

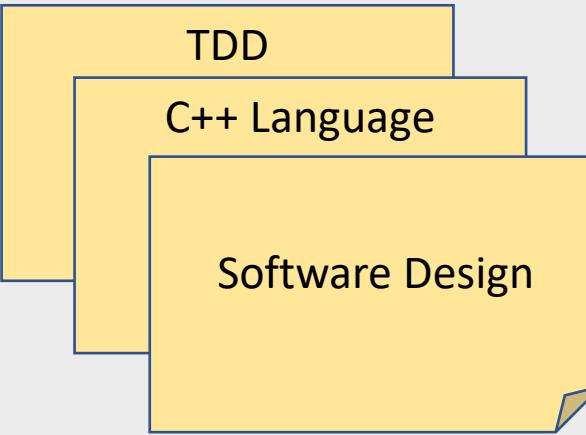
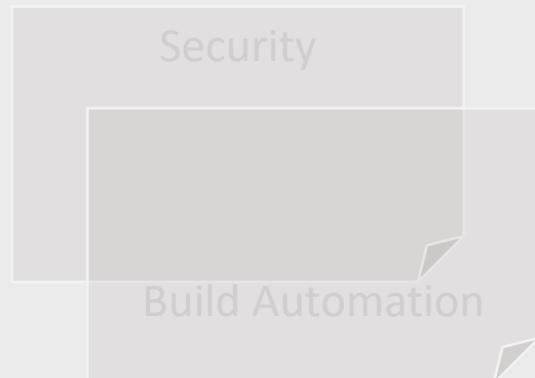
Security

Build Automation

Machine Learning

↑
Urgency

Skills Gap →







Alice Intern Learning Board

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- Machine learning
- Security
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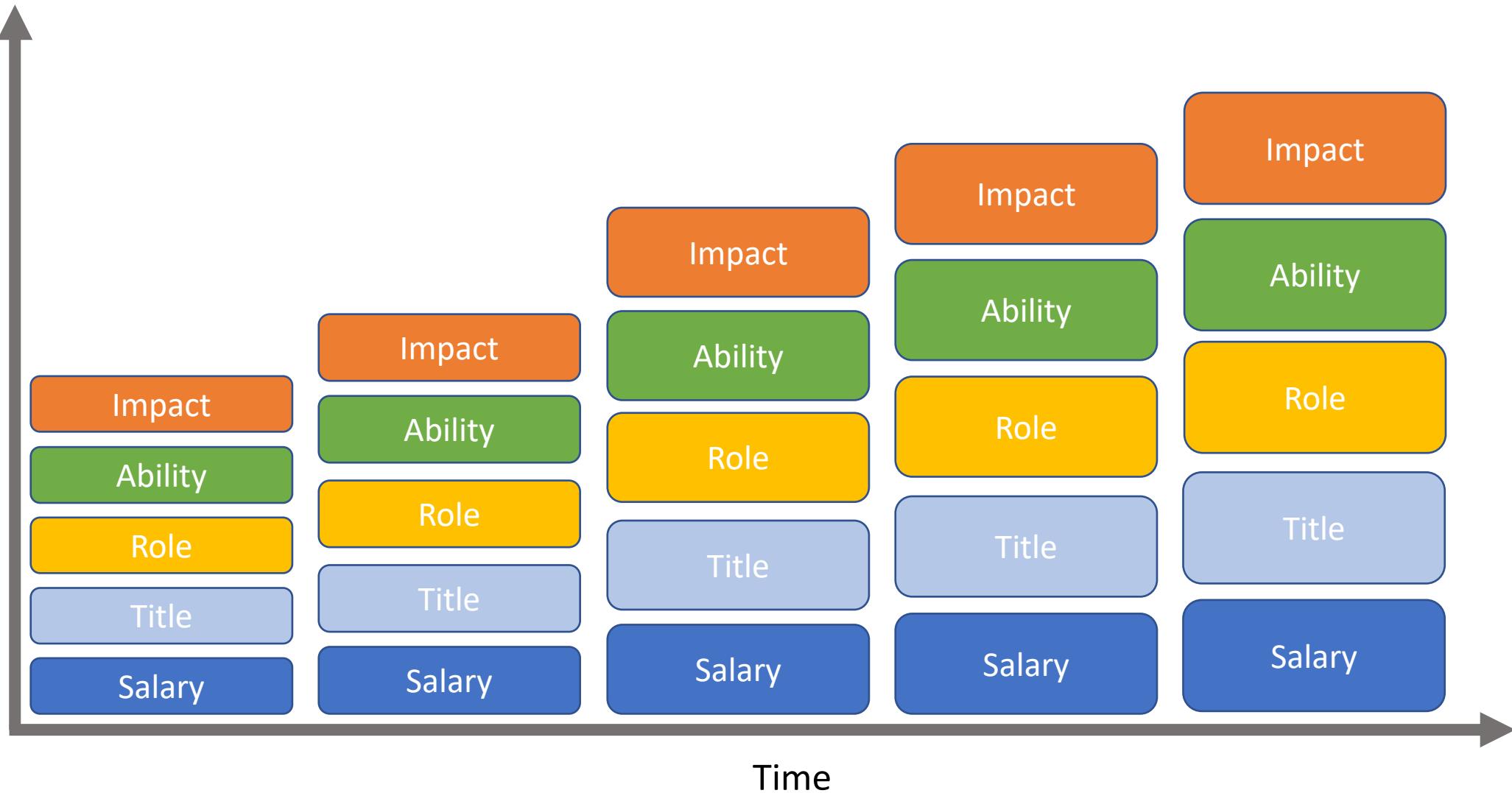
+ Add a card

Board | Default | Private | MR | Share | Power-Ups | Automation | Filter | Show

Coaching and Mentoring

Career Mentoring

Once Upon a Time, In a Land Far Away



IMPACT

TWICK

ABILITY

BANG

BOOM

SALARY

POW

ROLE

QFOOM

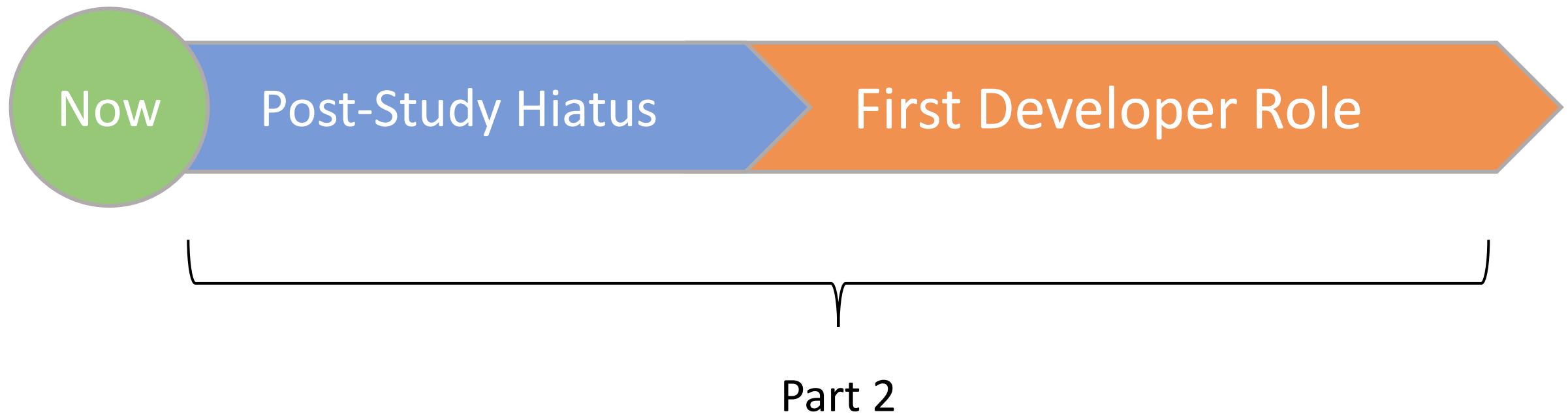
TITLE

KABOOM



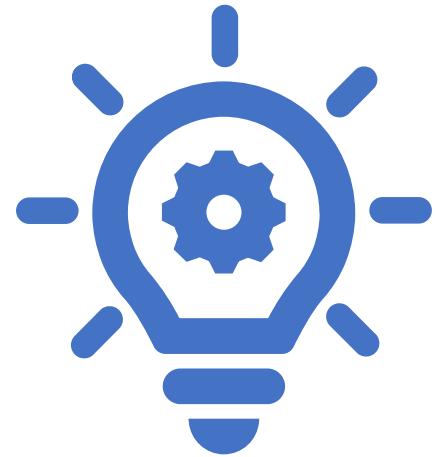
gif-finder.com

Part 2 – Learning and Practice Approaches



nothing

nothing new



Consolidate

- Solve bigger problems with what you already know
- Delve deeper into the frameworks you've used
- Extend your knowledge of your language + core lib
- Use the full capability of your test frameworks
- Make your tools work harder for you
- Be curious - peek under the hood!

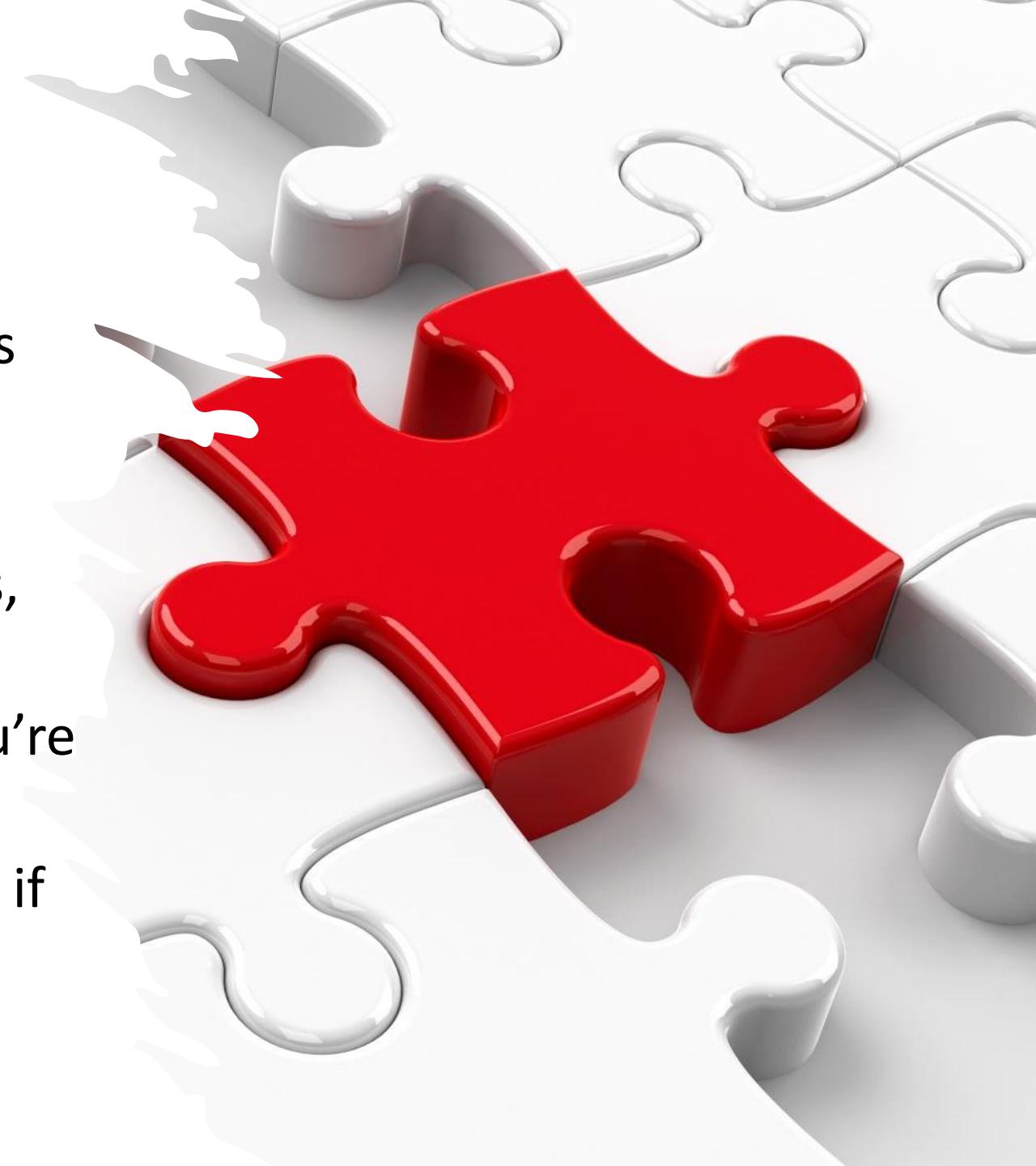
A photograph showing a person's hands working on a color palette. One hand holds a yellow pencil, pointing at a specific color square. The other hand is resting on the palette. The palette contains a grid of various colors, including blues, greens, yellows, and reds. In the background, there are some books and papers.

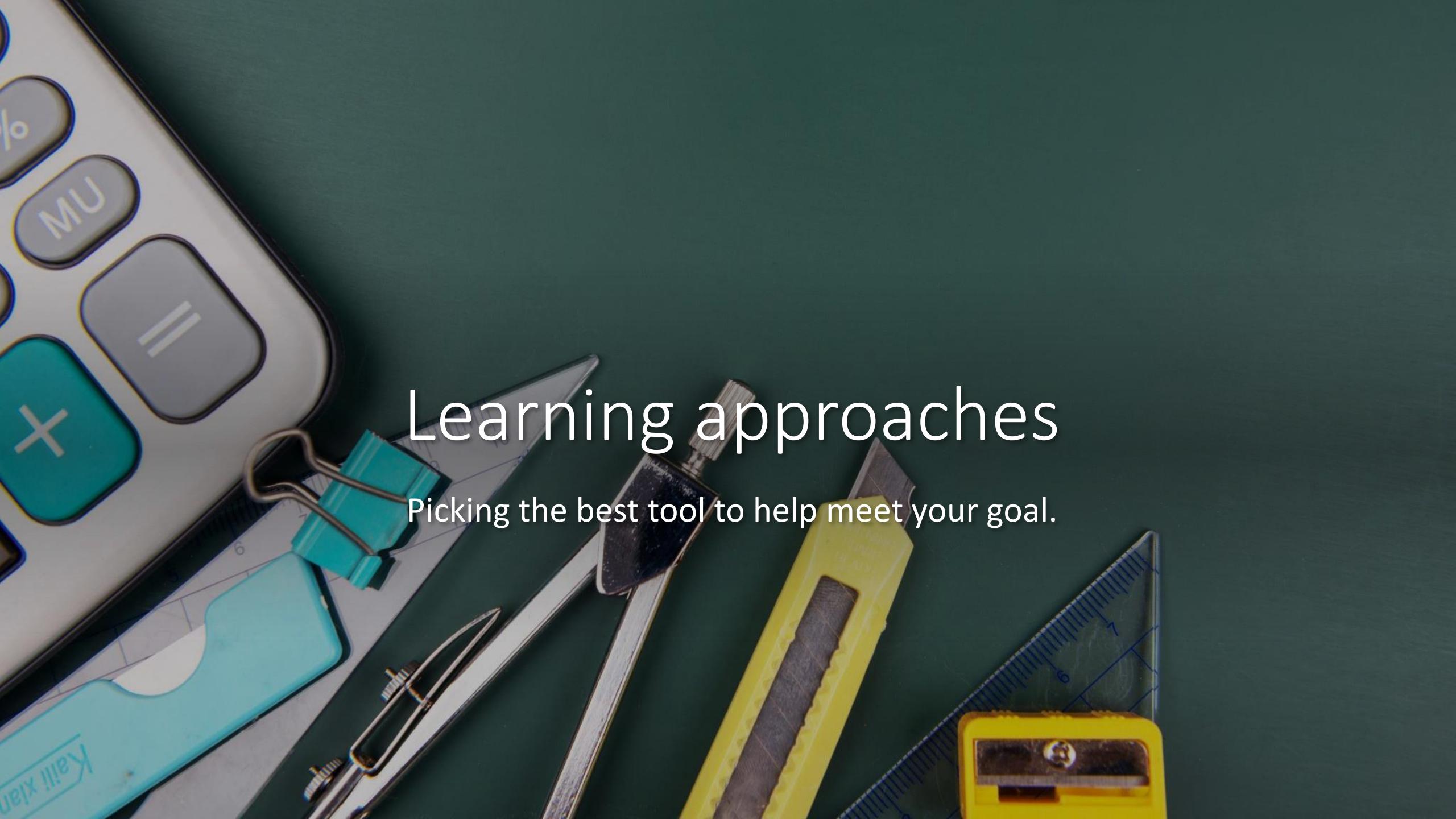
Build Fluency

- ...in solving harder problems
- ...in software design
- ...in using your language to best effect
- ...in test-driven development
- ...in source control workflows
- ...in critiquing and refactoring code
- ...with your tools of choice

Connect

- Connect with companies, individuals and communities
- Scotland has [some great meetups](#)
- Go along to company-hosted events, chat with the hosts
- Go to meetups, let people know you're a new programmer
- Join meetup Slack/Discord channels if they have them



A collage of various school supplies arranged on a dark green surface. From left to right, there is a white electronic calculator with blue buttons for percentage, multiplication, division, and other functions. Next to it is a clear protractor with a blue binder clip attached. Below the calculator is a blue pencil case with a yellow pushpin. A silver compass is positioned next to the pencil case. To the right of the compass is a long metal ruler. In front of the ruler is a yellow utility knife with a serrated blade. Further to the right is a blue triangular ruler. At the bottom right is a yellow pencil sharpener. The background is a solid dark green.

Learning approaches

Picking the best tool to help meet your goal.

Meet Professor Tanenbaum

- His entire professional life has been focused on education
- He specialises in low-level computing: computer architecture, operating systems, networking
- He has researched, taught, and collaborated with other experts in his field for decades
- He's the author of many textbooks, some regarded as standards



Image CC-BY-SA, user Jantangring @ Wikipedia

Meet Professor Tanenbaum's Book

- First published in 1976
- Continuously improved, revised, and updated, and now in its 6th edition
- Exhaustively peer-reviewed by experts and editors
- Carefully structured for most effective learning by readers
- Field-tested in thousands of computer science and software engineering courses

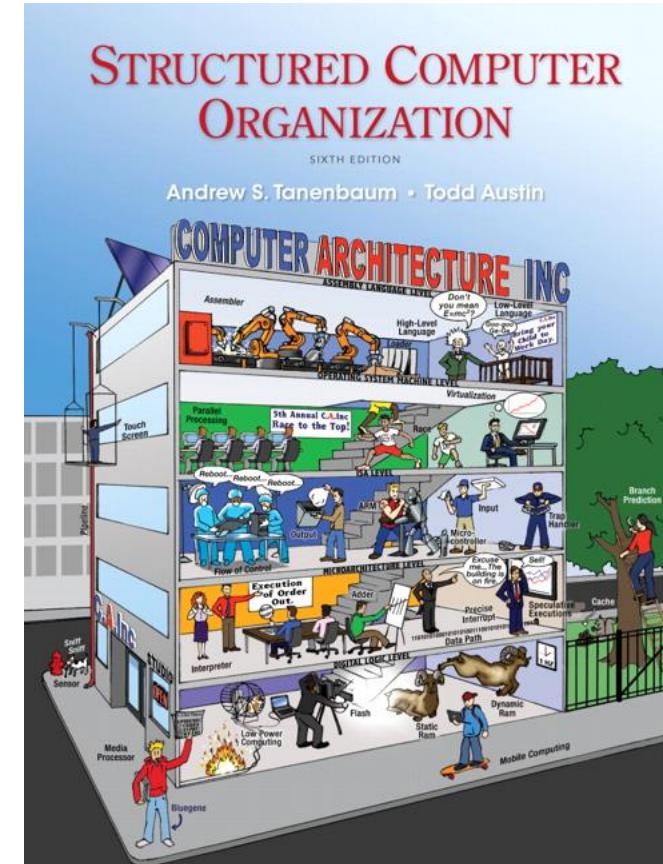
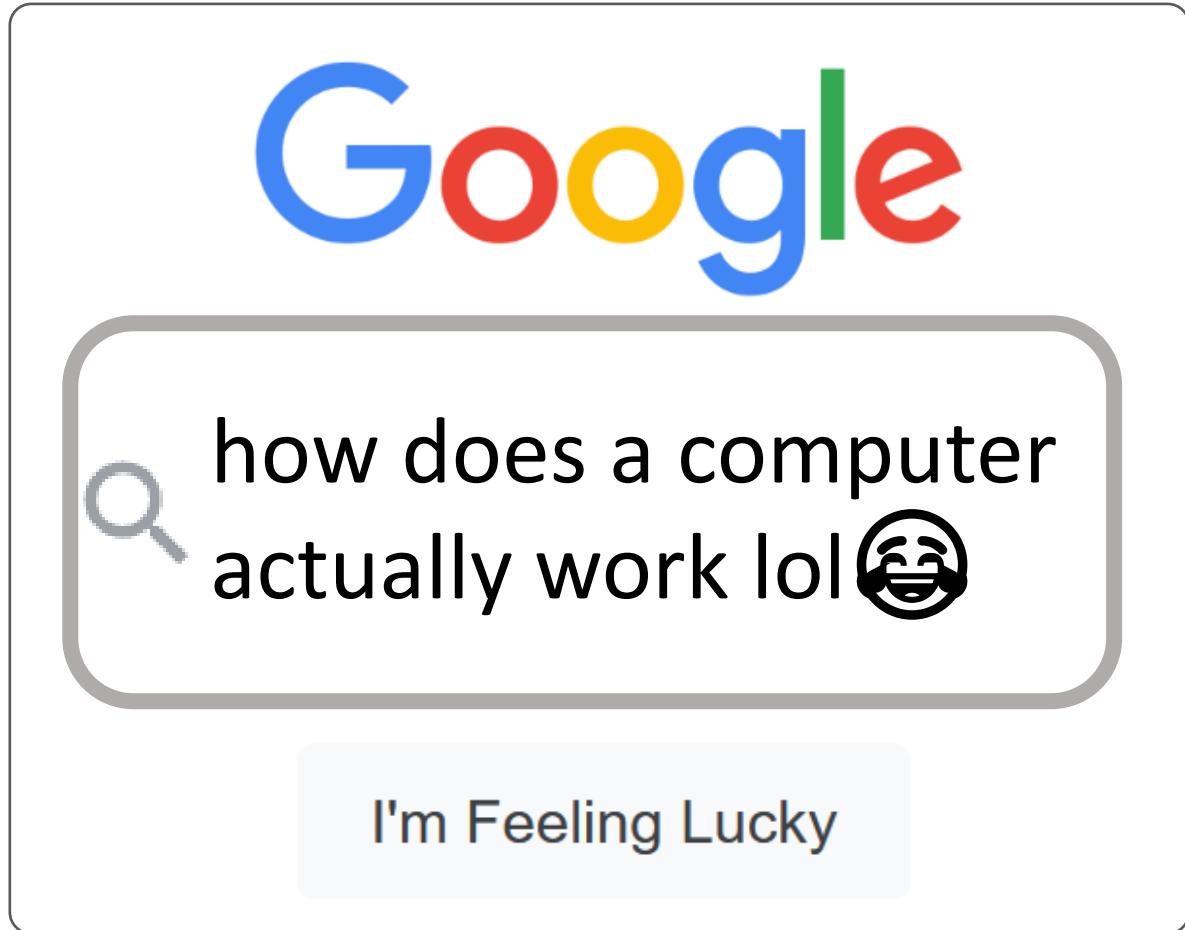


Image © Pearson

So....which of these do you think is the best option...



or

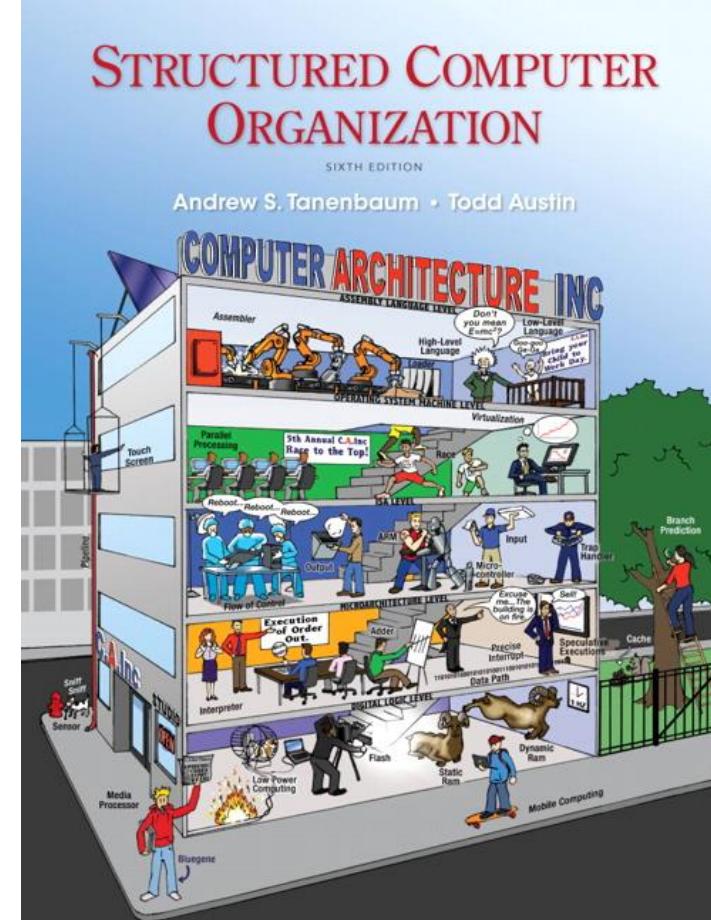
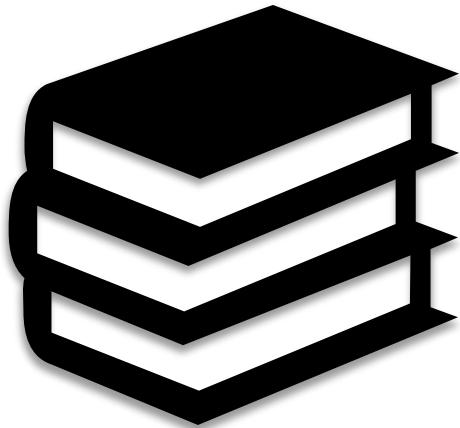


Image © Pearson

Adopting XYZ-lang: a hypothetical

“Welcome to your new job! Oh, we’ve just adopted XYZ-lang here. Sorry, we forgot to mention that in the interview. It’s great, you’ll love it...”

“OMG I need to learn XYZ-lang...”



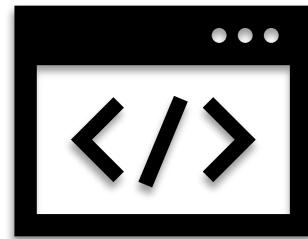
Books



PLURALSIGHT

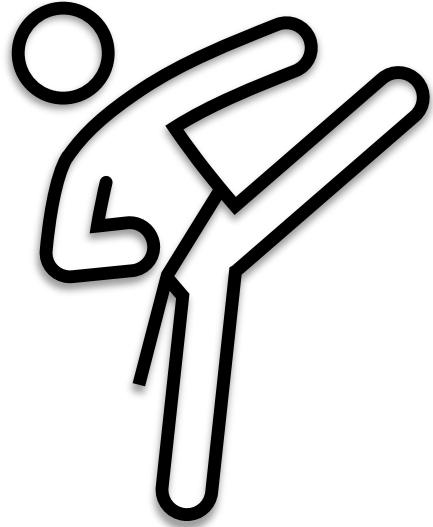
Online Courses

<https://www.xyz-lang.org/>



Official Site

“I wish I was more fluent in XYZ-lang...”

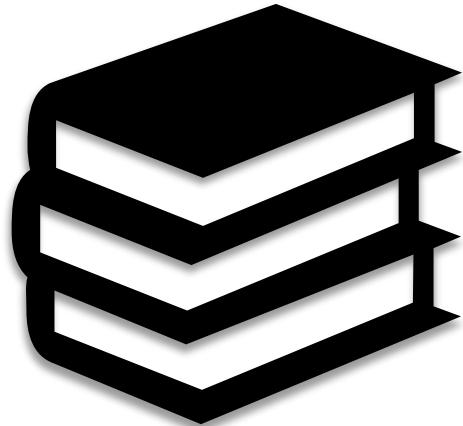


Kata Practice



Pair Programming

“I can work in XYZ-lang...but where now?”



“Effective XYZ”



Advanced Courses

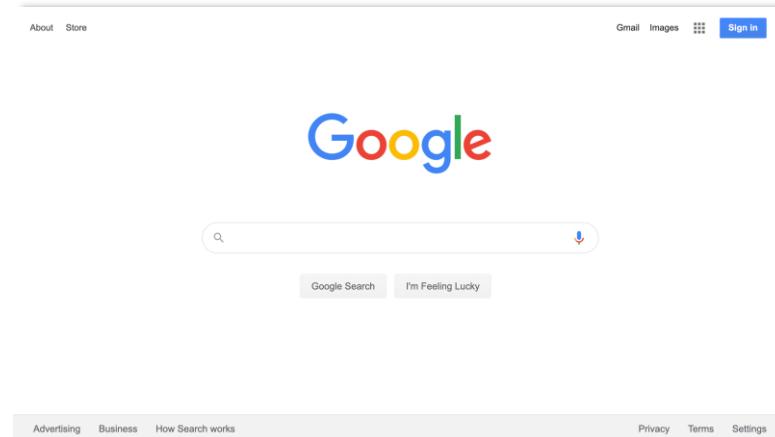


Conference Videos

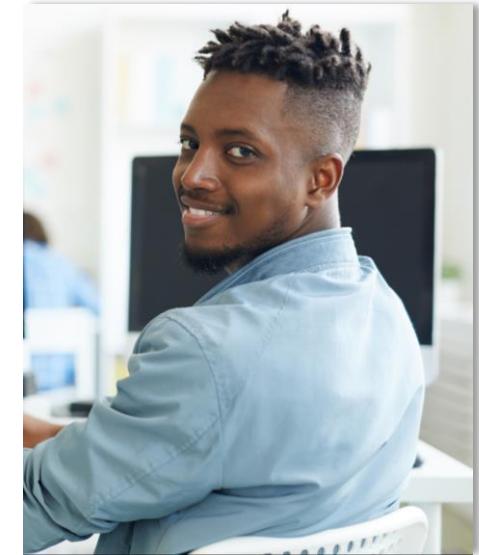
“I can’t get this f thing working in XYZ-lang”



Q&A Sites



Web Searches



Colleagues

Yak Recognition: A Guide



Yak shaving

[MIT AI Lab, after 2000: orig. probably from a Ren & Stimpy episode.] Any seemingly pointless activity which is actually necessary to solve a problem which solves a problem which, several levels of recursion later, solves the real problem you're working on.

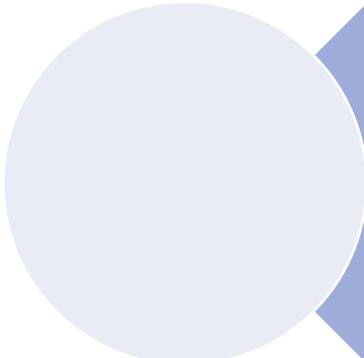
<http://www.catb.org/jargon/html/>



Full stack project with database, microservices, front end, user authentication and cloud deploy.



Build a microservice with a SQLite database, test using a REST client.



Simplest possible project, just code, unit tests and zero platforms or frameworks.

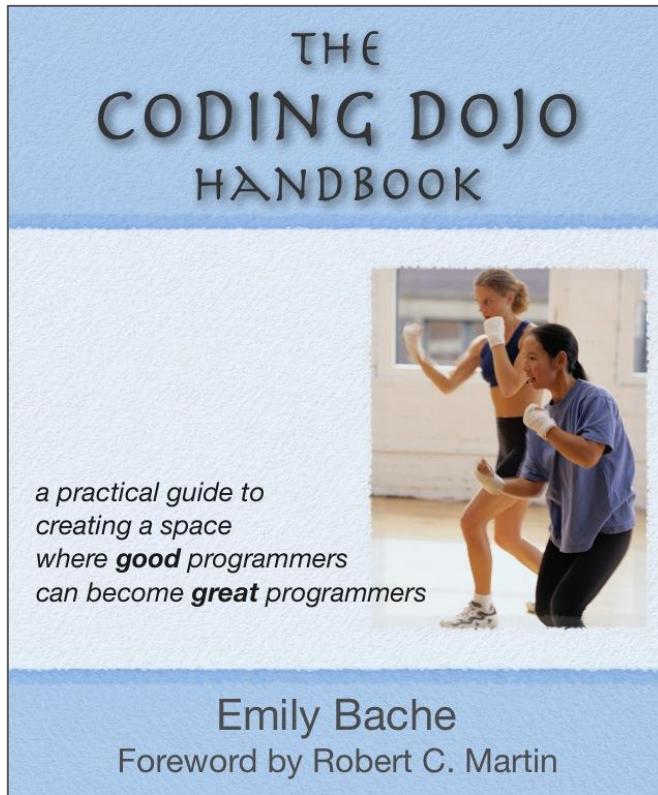


Full stack,
hairy yak

“You are bad at
anything you don’t
practice.”

-- Alex Bolboaca

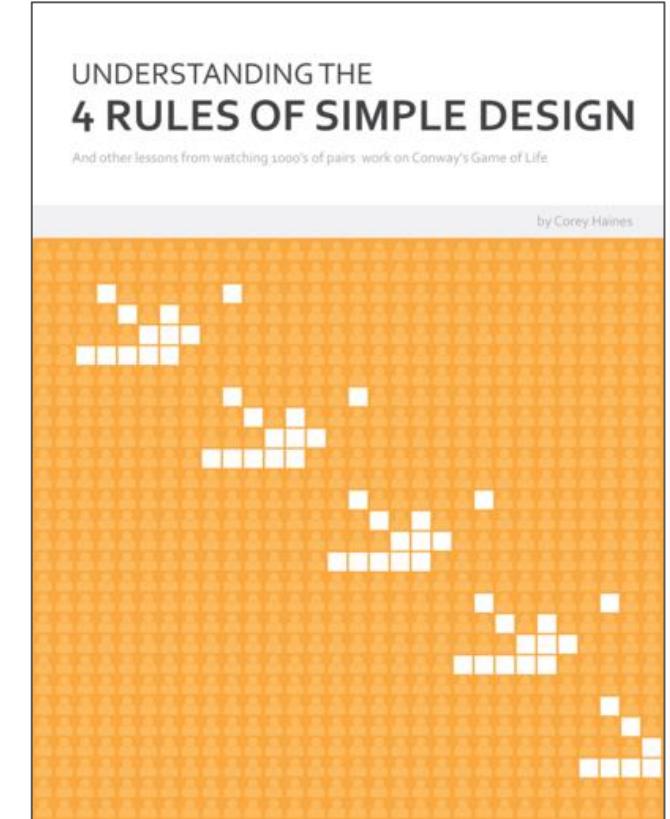
Deliberate Practice: yak-free experimentation



<https://leanpub.com/codingdojohandbook>

A screenshot of the 'Kata Descriptions' page from Samman Coaching. The top navigation bar includes icons for a clock, a plus sign, a gear, and a rocket, followed by links for Home, Kata Descriptions, Learning Hours, Activities, Reference, Society, and Contact. The main content area is titled 'Kata Descriptions' and contains text about the purpose of katas and a list of kata names. The list includes: Bank Account, Calculate Stats, Closest To Zero, Filename Range, FizzBuzz, Fractions, Instavoice, Leap Years, Lift, Lift Button, Mars Rover, Monty Hall, Parse Command-Line Args, RecentlyUsedList, RPG Combat, Shopping Basket, String Calculator, Supermarket Receipt, Tennis, Theatrical Players, Tire Pressure, Vending Machine, Word Wrap, and Yahtzy.

https://sammancoaching.org/kata_descriptions/index.html



<https://leanpub.com/4rulesof simplesdesign>



The goal of this program is to model a vending machine and the state it must maintain during its operation. How exactly the actions on the machine are driven is left intentionally vague and is up to the implementor.

What does a vending machine do ?

The machine works like all vending machines : it takes money into a slot, then gives you items. The vending machine accepts money in the form of:

nickels (5 cents), **dimes** (10 cents), **quarters** (25 cents) and **dollars** (100 cents). Assume everything is a coin rather than a paper note for this kata, to keep things simple.

You must have at least 3 primary items that cost \$0.65, \$1.00, and \$1.50. The user may hit a “coin return” button to get back the money they’ve entered so far. If you put more money in than the item’s price, you get change back.

Specification

The valid set of actions on the vending machine are:

NICKEL(0.05), DIME(0.10), QUARTER(0.25), DOLLAR(1.00) – insert money

COIN RETURN – returns all inserted money

GET-A, GET-B, GET-C – select item A (\$0.65), B (\$1), or C (\$1.50)

SERVICE – a service person opens the machine and sets the available change and items

The valid set of responses from the vending machine are:

NICKEL, DIME, QUARTER – return coin

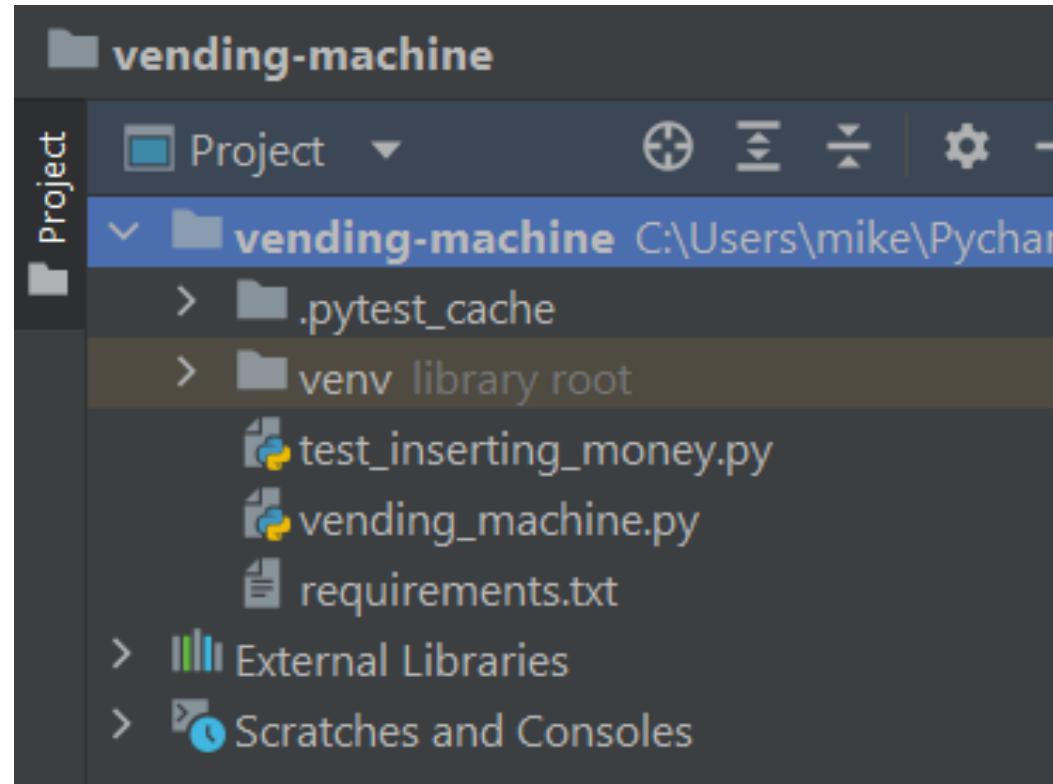
A, B, C – vend item A, B, or C

The vending machine must track the following state:

available items – each item has a count, a price, and a selector (A,B,or C)

available change – # of nickels, dimes, quarters, and dollars available

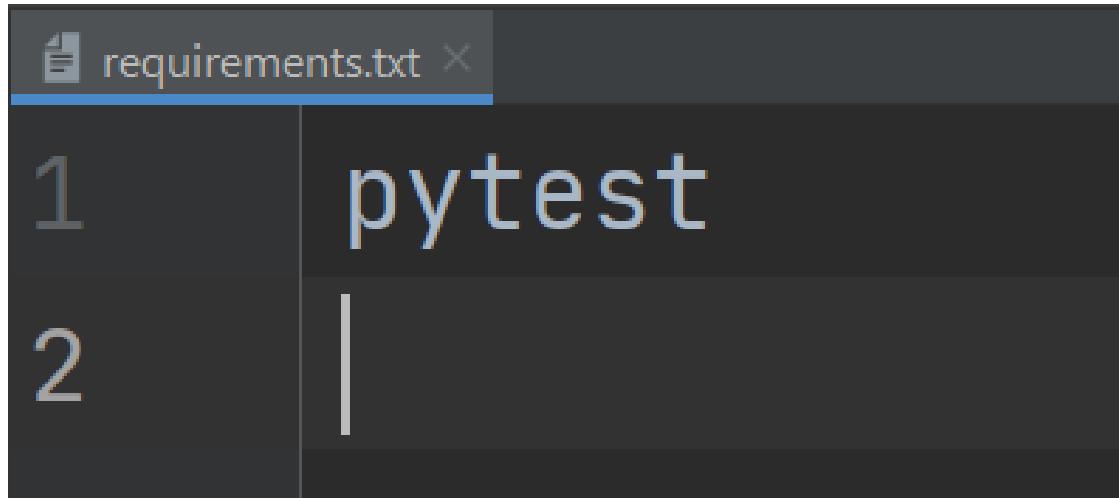
currently inserted money



Pure Vanilla Project

The most basic project structure your editor lets you create – for this Python example not even a **main!** We use the built-test runner only.

One Dependency

A screenshot of a code editor showing a file named "requirements.txt". The file contains two lines of text: "1" and "2", followed by a large space. To the right of the first line, the word "pytest" is partially visible, suggesting it is the start of a dependency entry.

Try to limit your dependencies to only a unit test framework. If you're adding technology and frameworks here, you're getting it wrong.

```
def test_has_zero_balance_when_switched_on(machine):
    assert machine.get_balance() == 0

def test_tracks_value_of_single_inserted_coin(machine):
    machine.insert_money(Coin.NICKEL)
    assert machine.get_balance() == 5

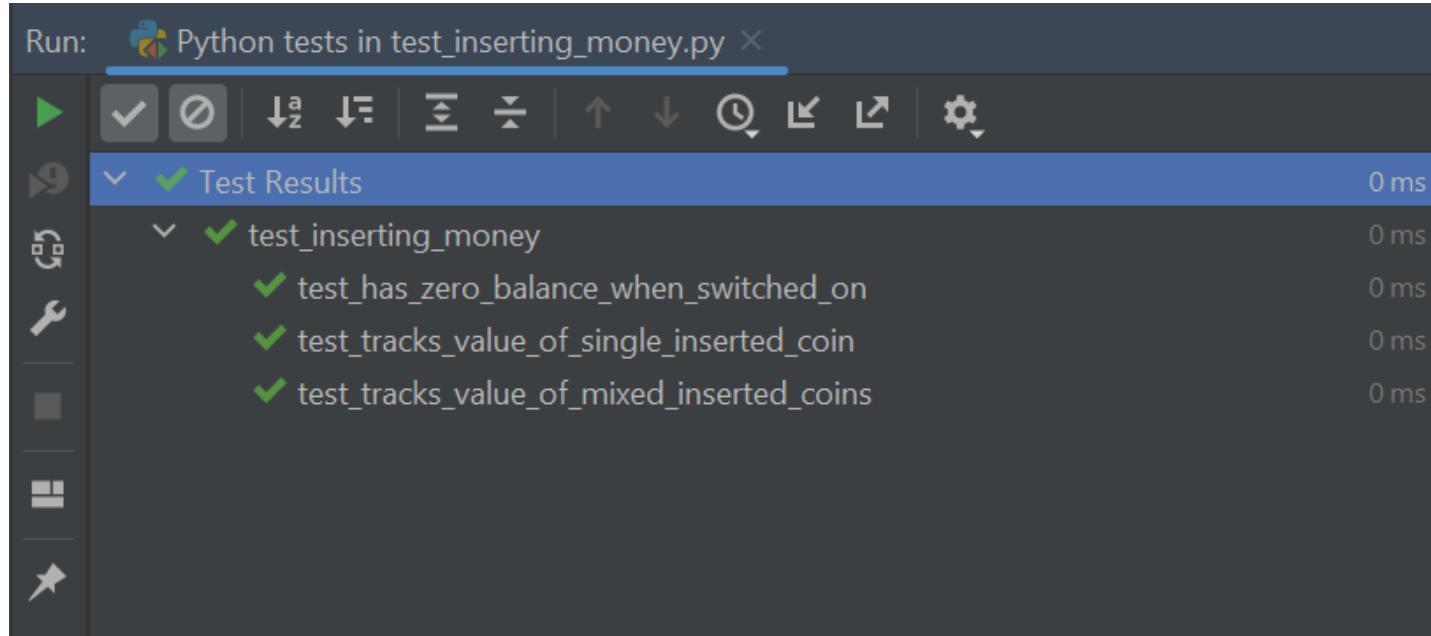
def test_tracks_value_of_mixed_inserted_coins(machine):
    machine.insert_money(Coin.NICKEL, Coin.DIME,
                         Coin.QUARTER, Coin.DOLLAR)
    assert machine.get_balance() == 140
```

Baby Steps

One test at a time,
small increments,
evolve your solution
driven by those tests.

Rinse + Repeat

And that's it. TDD,
software design,
code, no platforms,
no technologies, no
frameworks, pure
practice.



Deliberate Practice builds core fluency

Language

Core
library

TDD

Design

Refactoring

Debugging

Problem
solving

Code
critique

Wrapping Up

The career-long balancing act



Making Work Work For You

- Make it your first priority to find mentors and coaches
- Pair program with experienced devs every chance you get
- Get other people invested in your development
- Actively seek out feedback. Feedback is your friend
- Ask for feedback on specifics, not generalities
- If you're stagnating, start the job hunt....



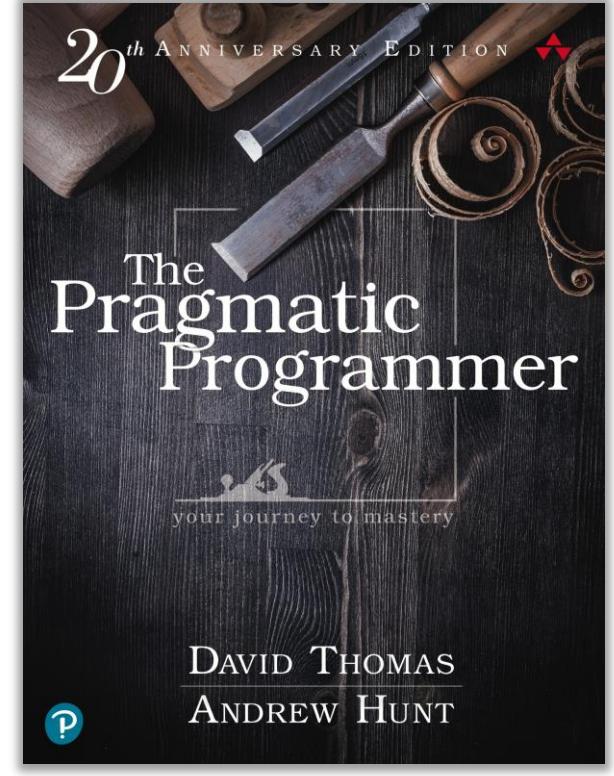
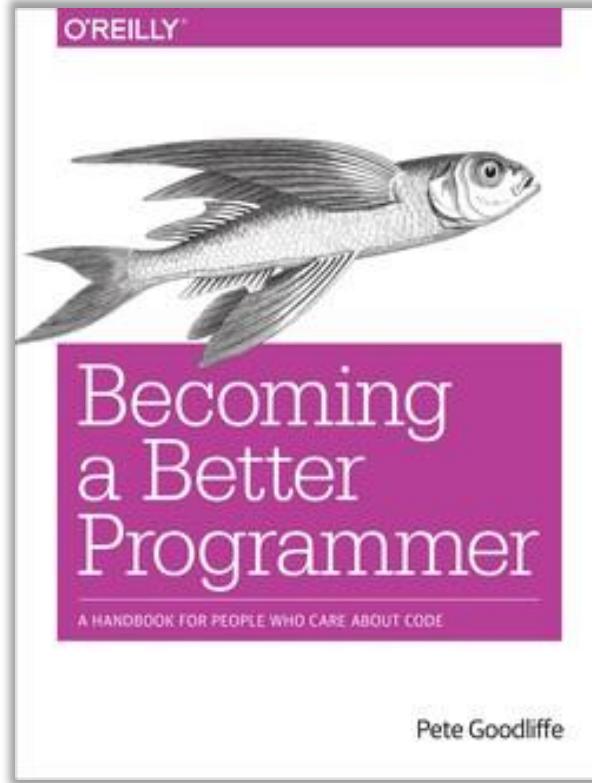
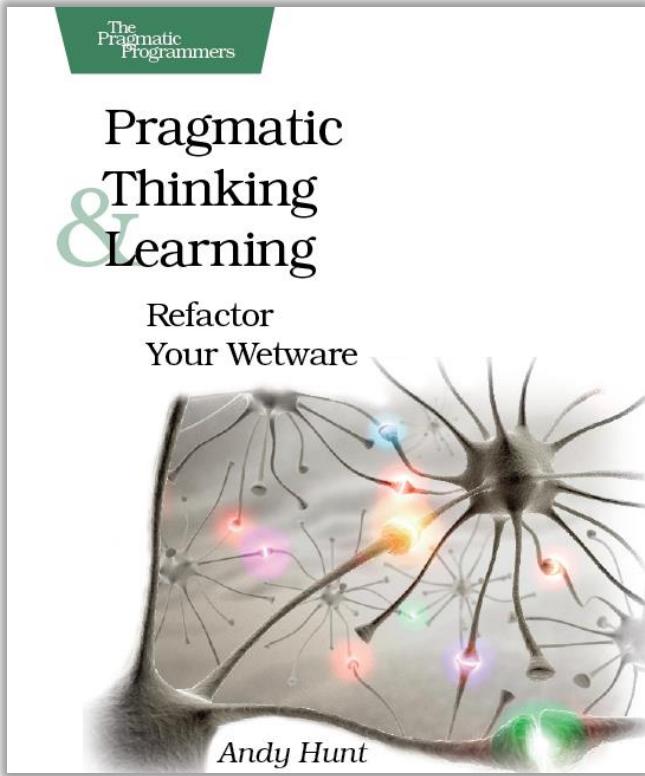
Sharpen the saw

From Stephen. R. Covey's *The 7 Habits of Highly Successful People* (1989).

This captures the core idea behind deliberate, intentional learning.

“We must never become too busy sawing to take time to sharpen the saw”

Recommended reading



Questions
please!

