## Curriculum Vitae

## Bethany Ann Teachman

## Personal Information

* Address: University of Virginia, Department of Psychology,

102 Gilmer Hall, P.O. Box 400400, Charlottesville, VA, 22904-4400

* Contact: [bteachman@virginia.edu](mailto:bteachman@virginia.edu), Phone: (434) 924-0676, Fax: (434) 982-4766

**Current Research Interests**

Cognitive processes that contribute to the development, maintenance, and reduction of anxiety and mood disorders; mobile sensing and digital mental health interventions.

Project Implicit Health (launched September, 2011), Principal Investigator

[www.projectimplicithealth.com](http://www.projectimplicithealth.com) Public web site to assess implicit mental health associations

MindTrails (launched Spring, 2016), Principal Investigator

<https://mindtrails.virginia.edu/> Public web site to study online cognitive bias modification

# Positions

Professor Department of Psychology, University of Virginia 2014 - present

Fellow Stanford Center for Advanced Study in the 2011 - 2012

Behavioral Sciences (CASBS)

Director of Clinical Training Department of Psychology, University of Virginia 2010 – present

(except for sabbaticals)

Associate Professor Department of Psychology, University of Virginia 2008 - 2014

Assistant Professor Department of Psychology, University of Virginia 2002 - 2008

Visiting Scholar Department of Psychology, Stanford University Fall 2005

# Education

Clinical Psychology University of Virginia 2002 – 2003

Postdoctoral Residency Clinical psychologist license (#0810003303) granted August 2003 by Commonwealth of Virginia, Department of Health Professions

Clinical Psychology Intern Massachusetts General Hospital 2001 – 2002

Cognitive Behavioral Scientist track

Ph.D., Psychology Yale University May, 2002

Doctoral thesis: *Untangling the web of fear associations: An investigation of automatic processing in spider pho*bia

Supervised by Sheila Woody, Ph.D.

M.S., Psychology Yale University May, 1999

Masters thesis: *Self-focused attention and causal attributions in evaluative social situations*

Supervised by Sheila Woody, Ph.D.

Honours B.A., Psychology University of British Columbia May, 1996

Honours thesis: *Moral development in the peer and family context*

Supervised by Larry Walker, Ph.D.

Student Exchange Program University of Melbourne, Australia 1994-1995

# Grants

President and Provost’s Fund for Institutionally Related Research

Title: Flexible care on campus and off: Improving UVA student, faculty, and staff mental health through Hoos Think Calmly

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2021-2023

The 3 Cavaliers Project

Title: Assessing anxious thinking patterns among patients with neurodegenerative movement disorders

Role: Co-Principal Investigator (with Co-PIs Jessie Gibson and Madaline Harrison)

Location of Tenure: University of Virginia

Period Held: 2021-2023

NIMH 3R01MH113752-04S1

Health Disparities Supplement for NIMH R01MH113752

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2020-2021

NIMH 3R01MH113752-03S1

Administrative Supplement for NIMH R01MH113752

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2020-2021

Center for Evidence-Based Mentoring

Title: Using technology to enhance mentors’ support of mentee’s mental health

Role: Site director for University of Virginia subcontract, Principal Investigator Jean Rhodes

Location of Tenure: University of Virginia and University of Massachusetts Boston

Period Held: 2020-2022

UVA COVID-19 Rapid Response Grant (GIDI)

Title: Online intervention to reduce COVID-19 anxiety and predict mental health trajectories over time

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2020-2021

UVA Engineering Research Innovation Bridging grant

Title: Context-aware micro-interventions for social anxiety

Role: Co-Investigator, Co-PIs Laura Barnes and Mehdi Boukhechba

Location of Tenure: University of Virginia

Period Held: 2020-2021

NIMH 3R01MH113752-02S1

Diversity Supplement for NIMH R01MH113752

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2018-2020

NIMH R01MH113752

Title: Effectiveness of interpretation training to reduce anxiety: Evaluating technology-based delivery models and methods to reduce attrition

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2017-2021

Learning Technology Incubator Grant Program, UVa College & Graduate School of Arts and Sciences

Title: Creating and disseminating evidence-based clinical psychology training resources

Role: Principal Investigator, in collaboration with multiple UVA faculty and the Committee for Advancement of Resources Supporting Evidence-based Practice (CARSEP)

Location of Tenure: University of Virginia

Period Held: 2019-2020

Society for a Science of Clinical Psychology Varda Shoham Clinical Scientist Training Initiative Grant - Innovation in Clinical Science Track

Title: A clearinghouse for effective treatment elements

Role: Principal Investigator, in collaboration with the Committee for Advancement of Resources Supporting Evidence-based Practice (CARSEP)

Location of Tenure: multi-site

Period Held: 2019-2020

Association for Psychological Science Fund for Teaching and Public Understanding of Psychological Science

Title: Creating and disseminating clinical science resources

Role: Principal Investigator, in collaboration with the Committee for Advancement of Resources Supporting Evidence-based Practice (CARSEP)

Location of Tenure: multi-site

Period Held: 2019-2020

Arts and Sciences Diversity and Inclusion Grant

Title: Using psychological science to advance diversity & inclusion at UVA

Role: Co-Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2019-2020

The 3 Cavaliers Project

Title: Automatic sensing and characterization of social interactions

Role: Co-Principal Investigator (with Co-PIs Laura Barnes and Jennifer Roe)

Location of Tenure: University of Virginia

Period Held: 2018-2019

Arts and Sciences Diversity and Inclusion Grant

Title: Educational Toolkits for Promoting a “Culture of Belonging” at UVA

Role: Co-Investigator

Location of Tenure: University of Virginia

Period Held: 2018-2019

Arts and Sciences Diversity and Inclusion Grant

Title: Partnering with graduate students to advance diversity and inclusion

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2017-2019

NIAAA R01AA24732

Title: Evaluating change in drinking identity as a mechanism for reducing hazardous drinking

Role: Co-investigator (Principal Investigator: Kristen Lindgren)

Location of Tenure: University of Washington

Period Held: 2016-2021

NIMH R34MH106770

Title: Testing target engagement & effectiveness of web-based interpretation training for anxiety

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2015-2017 (2018 No cost extension year)

University of Virginia Hobby Postdoctoral and Pre‐doctoral Fellows Grant

Title: Dynamic monitoring of college students’ mental health using big data analytics

Role: Co-Principal Investigator (along with Co-Principal Investigator Laura Barnes)

Location of Tenure: University of Virginia

Period Held: 2015-2018

Templeton Science of Prospection Award

Title: Adapting cognitive bias modification to train healthy prospection

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2014-2016

NIAAA R01AA021763

Title: Using implicit measures to improve prediction of hazardous drinking

Role: Co-investigator (Principal Investigator: Kristen Lindgren)

Location of Tenure: University of Washington

Period Held: 2012-2017

NIA R01AG033033

Title: Age differences in distress following intrusive thoughts

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2009-2014 (2015 No cost extension year)

NIH RO1MH075781

Title: Fear in the eye of the beholder: Fear and the perception of spatial layout

Role: Co-Investigator (Principal Investigator: Dennis Proffitt)

Location of Tenure: University of Virginia

Period Held: 2007-2011

Community-Based Research Grant from the University of Virginia Institute on Aging

Title: Aging and anxiety: Intrusive thoughts as a barrier to healthy aging

Role: Principal Investigator (with Joshua Magee)

Location of Tenure: University of Virginia

Period Held: 2008-2009

NIMH R03 MH068756

Title: Information processing and treatment for panic disorder

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2005-2007

Max Planck Network on Aging Junior Fellow Grant

Title: Age differences in the predictors of, and responses to, anxiety symptoms

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2006-2008

University of Virginia Institute on Aging Pilot Grant

Title: Subjective cognitive complaints as a predictor of anxiety and obsessional thinking in older populations

Role: Principal Investigator

Location of Tenure: University of Virginia

Period Held: 2004-2005

Social Sciences and Humanities Research Council of Canada

Title: Properties of disgust and fear

Role: Collaborator (Principal Investigator: Sheila Woody)

Location of Tenure: University of British Columbia

Period Held: 2001-2004

American Psychological Association Dissertation Research Award

Title: Implicit cognitive processing among individuals with spider phobia: Treatment outcome

Role: Principal Investigator

Location of Tenure: Yale University

Period Held: 2000-2001

# Natural Sciences and Engineering Research Council of Canada Fellowship

Title: Implicit associations for fear-relevant stimuli among individuals with snake & spider fears

Role: Principal Investigator

Location of Tenure: Yale University

Period Held: 1999-2001

John F. Enders Collaborative Research Grant

Title: Implicit attitudes toward phobic stimuli: Changes over treatment

Role: Co-Principal Investigator

Location of Tenure: Yale University

Period Held: 1999-2000

**Consulting/Collaborator**

Dutch Scientific Research Society (VIDI)

Title: Time for Change: Sensitivity to experimental perturbations as a predictor of anxiety improvement in treatment

Role: Collaborator (Principal Investigator: Elske Salemink)

Location of Tenure: Utrecht University

Period Held: 2019-2022

University of Sydney Lifespan Research Network

Title: Preventing the escalation of anxiety and alcohol use during the transition to young adulthood: Pilot trial of the Re-Train Your Brain cognitive bias modification program

Role: Collaborator (Principal Investigator: Katrina Prior)

Location of Tenure: University of Sydney

Period Held: 2020-2022

IDEA faculty grant

Title: Exploring the psychological aspects of recovery following ACL reconstruction in participants with low and high kinesiophobia: a mixed-methods study

Role: Collaborator (Principal Investigator: Mandeep Kaur)

Location of Tenure: University of Virginia

Period Held: 2020-2021

Sydney University Lifespan seed funding grant

Title: Preventing the exacerbation of anxiety and alcohol use comorbidity through cognitive re-training

Role: Co-investigator (Principal Investigator: Katrina Prior)

Location of Tenure: University of Sydney

Period Held: 2019-2020

Arts and Sciences Diversity and Inclusion Grant

Title: Diversifying Scholarship at UVa: Forging Interdisciplinary Connections, Empowering Students, and Promoting a Culture of Inclusivity

Role: Faculty Sponsor/Consultant (Principal Investigators: Jamie Albright, Marlen Gonzalez)

Location of Tenure: University of Virginia

Period Held: 2017

NICHD R24 LM011718

Title: Culture, Health and Adolescence Research Network (CHARN)

Role: Consultant (Principal Investigator: Emily Ozer)

Location of Tenure: University of California, Berkeley

Period Held: 2014-2015

NSF 0819240

Title: Collaborative research: A multi-method approach to stigma and status processes

Role: Consultant (Principal Investigator: Jeffrey Lucas; Co-PI: Jo Phelan)

Location of Tenure: University of Maryland, College Park and Columbia University, Mailman School of Public Health

Period Held: 2009-2014

NIMH R01MH096027

Title: Stigma associated with a high-risk state for psychosis

Role: Consultant (Principal Investigator: Lawrence Yang)

Location of Tenure: Columbia University

Period Held: 2012-2017

NIAAA R21AA021151

Title: CBM: A novel intervention for alcohol dependence and social anxiety

Role: Consultant (Principal Investigator: Elise Clerkin)

Location of Tenure: Miami University

Period Held: 2013-2015

**Mentorship on Grants and Awards**

National Science Foundation Graduate Research Fellowship

Title: Testing Accuracy of Machine Learning Approaches in Classifying Low Base-Rate Events

Role: Mentor for Ilana Ladis

Location of Tenure: University of Virginia

Period Held: 2021-2024

integrated Translational Health Research Institute of Virginia (iTHRIV) Scholars Program Mentored Career Development Award

Title: Measurement and modification of threat interpretation bias to reduce anxiety in Huntington’s Disease

Role: Mentor for Jessie Gibson

Location of Tenure: University of Virginia

Period Held: 2021-2024

AIM Youth Mental Health

Title: AIM Clinical Science Fellow

Role: Mentor for Alexandra Werntz

Location of Tenure: University of Virginia

Period Held: 2021-2022

Double Hoo Research Grant

Title: Understanding the relationship between eHealth intervention users and human supportive figures: Does gender matter?

Role: Mentor for Suraj Patel and Alexandra Silverman

Location of Tenure: University of Virginia

Period Held: 2020

iTHRIV Mentored Career Development Program

Title: Improving the understanding of depression among cancer caregivers using ecological momentary assessment

Role: Mentor for Dr. Kelly Shaffer

Location of Tenure: University of Virginia

Period Held: 2019-2022

Harrison Undergraduate Research Award

Title: Distress intolerance and catastrophizing: Testing models of the relationship between anxiety and depersonalization

Role: Mentor for Noah French

Location of Tenure: University of Virginia

Period Held: 2019-2020

American Psychological Foundation’s 2017 Randy F. Gerson Memorial Grant

Title: Development of a novel intervention for training flexible thinking in relationships

Role: Mentor for Karl Fua

Location of Tenure: University of Virginia

Period Held: 2017-2018

Presidential Fellows in Data Science Award

Title: Therapist in your pocket: Reinforcement learning approaches for contextual, personalized emotion regulation recommendations

Role: Mentor for Miranda Beltzer and Mawulolo Ameko

Location of tenure: University of Virginia

Period Held: 2018-2019

K23NR16215-01

Title: Effects of psychological stress on arterial stiffness

Role: Mentor for Jeongok Logan, PhD

Location of Tenure: University of Virginia

Period Held: 2016-2019

Presidential Fellows in Data Science Award

Title: Applying machine learning to text communications to model suicide risk in real-time

Role: Mentor for Jeffrey Glenn and Alicia Nobles

Location of tenure: University of Virginia

Period Held: 2015-2016

American Psychological Association Dissertation Research Award

Title: The age of anxiety: A multi-dimensional perspective on age and anxiety across the adult life span

Role: Principal Investigator (with Jennifer Green)

Location of Tenure: University of Virginia

Period Held: 2013-2014

K99 AA017669, R00 AA017669 NIH Pathway to Independence Award

Title: Retraining automatic biases related to problem drinking in College students

Role: Mentor for Kristen Lindgren, PhD

Location of Tenure: University of Washington

Period Held: 2008-2013

F31MH083337 NIH Ruth L. Kirschstein National Research Service Award

Title: Modifying implicit social anxiety associations: An experimental intervention

Role: Principal Investigator (with Elise Clerkin)

Location of Tenure: University of Virginia

Period Held: 2008-2009

F31 MH074166 NIH Ruth L. Kirschstein National Research Service Award

Title: Development of information processing in spider fear

Role: Principal Investigator (with Shannan Smith-Janik)

Location: University of Virginia

Period Held: 2005-2007

American Psychological Association Mental Health and Substance Abuse Services Fellowship

Title: Ethnic differences in somatic triggers of anxiety

Role: Mentor for Tynessa Gordon

Location: University of Virginia

Period Held: 2004-2007

**Scholarships, Fellowships, and Gifts**

Center for International Studies Faculty Travel award (sponsoring outreach work in Romania)

Location: University of Virginia

Period Held: 2011

University of Virginia Teaching Fellowship

Location: University of Virginia

Period Held: 2006-2007

Charlottesville-Albemarle Community Foundation: Funding for study on stigma of mental illness through the Mental Health Services Fund

Location: University of Virginia

Period Held: 2003

Yale University Fellowship (annually for 5 years)

Location: Yale University

Period Held: 1997-2002

**Honors and Awards**

Inaugural Psychology Dept. Excellence in Diversity, Inclusion, and Equity Award 2020

Fellow, American Association for the Advancement of Science 2019

Public Voices Fellowship with the Op-Ed Project 2019

American Psychological Association Presidential Citation 2019

University of Western Australia Institute of Advanced Studies Visiting Fellow 2019

Society for a Science of Clinical Psychology Lawrence H. Cohen 2018

Outstanding Mentor Award

Fellow, Association for Behavioral and Cognitive Therapies 2015

Association for Behavioral and Cognitive Therapies Outstanding Mentor Award 2014

Fellow, Association for Psychological Science 2013

American Psychological Association Distinguished Scientific Award for Early Career Contribution to Psychology (in the area of psychopathology) 2012

Programmatic Distinguished Visitor, University of Western Australia 2011-2014

International Max Planck Research School “The Life Course: Evolutionary and 2010-present

Ontogenetic Dynamics (LIFE)” Invited Faculty

Outstanding Professor Award, given to one member of the University of Virginia 2008

Psychology Department

Early Career Award from the Anxiety SIG for the Association for Behavioral 2007

and Cognitive Therapies

University of Virginia Teaching Fellowship 2006 - 2007

Max Planck International Research Network on Aging (Junior Fellow) 2005-2008

Mead Honored Faculty, University of Virginia 2004 - 2005

Teaching award from the Mead Endowment in conjunction with the Dean of the College.

Yale University Psychology Department: Jane Olejarczyk Award 2000 - 2001

Awarded to a graduate student who has contributed significantly to enhance the department.

Anxiety Disorders Association of America Trainee Travel Award 2002

Award presented at annual Anxiety Disorders Association of America conference in Austin, TX.

Massachusetts General Hospital: Emerson Award 2002

Annual award recognizing the contribution of a manuscript authored by a clinical psychologist.

University of British Columbia Morris Belkin prize 1996

Awarded for Top Psychology Honors Thesis

**Editorial Positions**

**Associate Editor:**

* Perspectives on Psychological Science (2010-2015)
* Cognition and Emotion (2007-2010)

**Editorial Boards:**

* Cognitive Therapy and Research (2006-2014)
* Journal of Abnormal Psychology (2005-2010)
* Clinical Psychological Science (2016-current)
* Affective Science (2019-current)
* Stigma and Health (2021-current)

**Guest Editor:**

* Psychotherapy (2012, Special section organized by APA, Div. 12 Science & Practice cmt.)
* Journal of Behavior Therapy and Experimental Psychiatry (2005-2006, Special section)
* Clinical Psychology Review (2017-2018, Special section)

**Publications**

* **Books**

Bernstein, D. A., Teachman, B. A., Olatunji, B. O., & Lilienfeld, S. O. (2020). Introduction to clinical psychology: Bridging science and practice (Ninth edition). Cambridge University Press.

Teachman, B. A., Schwartz, M., Gordic, B., & Coyle, B. (2003). Helping your child overcome an eating disorder: What you can do at home, Oakland, CA: New Harbinger.

Woody, S., Detweiler-Bedell, J., Teachman, B. A., & O’Hearn, T. (2002). Treatment planning in psychotherapy: Taking the guesswork out of clinical care, New York: Guilford Press.

* **Peer-Reviewed Journal Articles**

Berenbaum, H., Washburn, J. J., Sbarra, D., Reardon, K. W., Schuler, T., Teachman, B. A., ... & Lee, S. S. (2021). Accelerating the rate of progress in reducing mental health burdens: Recommendations for training the next generation of clinical psychologists. Clinical Psychology: Science and Practice, 28(2), 107.

Daniel, K. E., Mendu, S., Baglione, A., Cai, L., Teachman, B. A., Barnes, L. E., & Boukhechba, M. (2021). Cognitive bias modification for threat interpretations: using passive Mobile Sensing to detect intervention effects in daily life. Anxiety, Stress, and Coping, 1-15.

French, N. J., Eberle, J. W., & Teachman, B. A. (in press). Distress intolerance, anxiety sensitivity, and negative interpretation bias strengthen the relationship between trait anxiety and depersonalization. Anxiety, Stress, and Coping.

Gruber, J., Mendle, J., Lindquist, K., Bliss-Moreau, E., Schmader, T., Akinola, M., Atlas, L., Barch, D. M., Feldman Barrett, L., Borelli, J. L., Bunge, S., Campos, B., Cantlon, J., Carter, R., Carter-Sowell, A., Chen, S., Clark, L. A., Cuddy, A. J. C., Craske, M. G., Crum, A., Davachi, L., Eiseberger, N. I., Ford, B. Q., Fredrickson, B., Goodman, S. H., Gopnik, A., Greenway, V. P., Harkness, K., Hebl, M., Heller, W., Hooley, J., Jampol, L., Johnson, S. L., Joormann, J., Kinzler, K. D., Kober, K., Kring, A., Paluck, B. L., Lombrozo, T., Lourenco, S. F., McRae, K., Monin, J. K., Moskowitz, J. T., Natsuaki, M., Oettingen, G., Pfeifer, J., Prause, N., Saxbe, D., Smith, P. K., Spellman, B. A., Sturm, V., Teachman, B., Thompson, R. J., Weinstock, L. M., & Williams, L. A. (2021) The future of women in psychological science. Perspectives on Psychological Science, 16(3), 483-516.

Ji, J. L., Baee, S., Zhang, D., Calicho-Mamani, C. P., Meyer, M. J., Funk, D., ... & Teachman, B. A. (2021). Multi-session online interpretation bias training for anxiety in a community sample. Behaviour Research and Therapy, 103864.

Moulder Jr, R. G., Daniel, K. E., Teachman, B., & Boker, S. M. (2021). Tangle: A metric for quantifying complexity and erratic behavior in short time series. Psychological Methods.

Namaky, N., Glenn, J. J., Eberle, J. W., & Teachman, B. A. (2021). Adapting cognitive bias modification to train healthy prospection. Behaviour Research and Therapy, 103923.

O’Bryan, E. M., Beadel, J. R., McLeish, A. C., & Teachman, B. A. (2021). Assessment of intolerance of uncertainty: Validation of a modified anagram task. Journal of Behavior Therapy and Experimental Psychiatry, 101671.

Prior, K., Salemink, E., Wiers, R. W., Teachman, B. A., Piggott, M., Newton, N. C., ... & Stapinski, L. A. (2021). A web-based cognitive bias modification intervention (re-train your brain) for emerging adults with co-occurring social anxiety and hazardous alcohol use: Protocol for a multiarm randomized controlled pilot trial. JMIR Research Protocols, 10(7), e28667.

Silverman, A. L., Werntz, A., Ko, T. M., & Teachman, B. A. (2021). Implicit and explicit beliefs about the effectiveness of psychotherapy vs. medication: a large-scale examination and replication. The Journal of Nervous and Mental Disease.

Teachman, B. A., Werntz, A., & Silverman, A. L. (in press). Digital mental health services: Moving from promise to results. Cognitive and Behavioral Practice.

Teachman, B. A., White, B. A., & Lilienfeld, S. O. (2021). Identifying harmful therapies: Setting the research agenda. Clinical Psychology: Science and Practice, 28(1), 101.

Ameko, M. K., Beltzer, M. L., Cai, L., Boukhechba, M., Teachman, B. A., & Barnes, L. E. (2020, September). Offline contextual multi-armed bandits for mobile health interventions: A case study on emotion regulation. In Fourteenth ACM Conference on Recommender *Systems* (pp. 249-258).

Anderson, G. E., Medina-DeVilliers, S., Namaky, N., Coan, J. A., & Teachman, B. A. (2020). Neural indicators of social and emotion regulation. The Harvard Brain, 1(1), 57–58.

Beltzer, M. L., Moulder, R. G., Starns, A. L., & Teachman, B. A. (2020). Explicit-implicit discrepancy in macro-level mental illness stigma is linked to prevalence and care. Journal of Social and Clinical Psychology, 39(8), 675-707.

Beltzer, M. L., Ameko, M. K., Daniel, K. E., Daros, A. R., Boukhechba, M., Barnes, L. E., & Teachman, B. A. (2020). Building an emotion regulation recommender algorithm for socially anxious individuals using contextual bandits. British Journal of Clinical Psychology.

Daniel, K. E., Daros, A. R., Beltzer, M. L., Boukhechba, M., Barnes, L. E., & Teachman, B.A. (2020). How anxious are you right now? Using ecological momentary assessment to evaluate the effects of cognitive bias modification for social threat interpretations. Cognitive Therapy and Research, 44(3), 538-556.

Daniel, K. E., Goodman, F. R., Beltzer, M. L., Daros, A. R., Boukhechba, M., Barnes, L. E., & Teachman, B. A. (2020). Emotion malleability beliefs and emotion experience and regulation in the daily lives of people with high trait social anxiety. Cognitive Therapy and Research, 44(6), 1186-1198.

Daros, A.R., Daniel, K.E., Boukhechba, M., Chow, P.I., Barnes, L.E., & Teachman, B.A. (2020). Relationships between trait emotion dysregulation and emotional experiences in daily life: An experience sampling study. Cognition and Emotion, 34(4), 743-755.

Glenn, J. J., Nobles, A. L., Barnes, L. E., & Teachman, B. A. (2020). Can text messages identify suicide risk in real time? A within-subjects pilot examination of temporally sensitive markers of suicide risk. Clinical Psychological Science, 8(4), 704-722.

Gorlin, E. I., & Teachman, B. A. (2020). It matters what and why we forget: Comment on Fawcett and Hulbert. Journal of Applied Research in Memory and Cognition, 9(1), 42-47.

Gruber, J., Prinstein, M.J., Abramowitz, J.S., Albano, A.M., Aldao, A., Borelli, J.L., Chung, T., Clark, L.A., Davila, J., Forbes, E.E., Gee, D. G., Hall, G.C.N., Hallion, L.S., Hinshaw, S.P., Hofmann, S.G., Hollon, S.D., Joormann, J., Kazdin, A.E., Klein, D.N., La Greca, A.M., Levenson, R.W., MacDonald, A.W., McKay, D., McLaughlin, K.A., Mendle, J., Miller, A.B., Neblett, E.W., Nock, M.K., Olatunji, B.O., Persons, J.B., Rottenberg, J., Rozek, D.C., Schleider, J.L., Slavich, G.M., Teachman, B.A., Vine, V.J., Weinstock, L.M. (2020).  Mental health and clinical psychological science in the time of COVID-19: Challenges, opportunities, and a call to action.  American Psychologist.

Hohensee, N., Meyer, M. J., & Teachman, B. A. (2020). The effect of confidence on dropout rate and outcomes in online cognitive bias modification. Journal of Technology in Behavioral Science, 1-9.

Ji, J., Meyer, M. J., & Teachman B. A. (2020). Facilitating episodic simulation in anxiety: Role of sensory scaffolding and scenario modality. International Journal of Cognitive Therapy, 1-29.

Lindgren, K. P., Baldwin, S.A., Peterson, K. P., Wiers, R. W., & Teachman, B. A. (2020). Change in implicit alcohol associations over time: Moderation by drinking history and gender. Addictive Behaviors, 107, 106413.

Logan, J. G., Teachman, B. A., Liu, X., Farber, C. R., Liu, Z., & Annex, B. H. (2020). Acute psychological stress, autonomic function, and arterial stiffness among women. International Journal of Psychophysiology, 155, 219-226.

Prior, K., Salemink, E., Wiers, R. W., Teachman, B. A., Piggott, M., Newton, N. C., ... & Stapinski, L. A. (2020). Acceptability and co‐development of an online cognitive bias modification intervention for emerging adults with hazardous alcohol use and social anxiety: A mixed methods study. Alcoholism: Clinical and Experimental Research, 44(11), 2283-2297.

Purtle, J., Marzalik, J. S., Halfond, R. W., Bufka, L. F., Teachman, B. A., & Aarons, G. A. (2020). Toward the data-driven dissemination of findings from psychological science. American Psychologist, 75(8), 1052.

Rabasco, A., McKay, D., Washburn, J. J., Teachman, B. A., Gaudiano, B. A., & Davison, G. C. (2020). Standards for professional psychology continuing education sponsors: A comparative analysis of health service professions. Professional Psychology: Research and Practice.

Werntz, A., Bufka, L., Adams, B., & Teachman B. A. (2020). Improving the reach of clinical practice guidelines: An experimental investigation of message framing on user engagement. Clinical Psychological Science, 8(5), 825-838.

Beltzer, M. L., Adams, S., Beling, P. A., & Teachman, B. A. (2019). Social anxiety and dynamic social reinforcement learning in a volatile environment. Clinical Psychological Science, 7(6), 1372-1388.

Daniel, K. E., Baee, S., Boukhechba, M., Barnes, L. E., & Teachman, B. A. (2019). Do I really feel better? Effectiveness of emotion regulation strategies depends on the measure and social anxiety. Depression and Anxiety, 36, 1182-1190.

Daros, A. R., Daniel, K. E., Meyer, M. J., Chow, P. I., Barnes, L. E., & Teachman, B. A. (2019). Impact of social anxiety and social context on college students’ emotion regulation strategy use: An experience sampling study. Motivation and Emotion, 1-12.

Dreyer-Oren, S. E., Clerkin, E. M., Edwards, C. B., Teachman, B. A., & Steinman, S. A. (2019). Believing is seeing: Changes in visual perception following treatment for height fear. Journal of Behavior Therapy and Experimental Psychiatry, 62, 1-6.

Elran-Barak, R., Dror, T., Goldschmidt, A. B., & Teachman, B. A. (2020). The implicit association of high-fat food and shame among women recovered from eating disorders. Frontiers in Psychology, 11.

Meyer, A. E., Reilly, E. E., Daniel, K. E., Hollon, S., Jensen-Doss, A., Mennin, D. S., Muroff, J., Schuler, T. A., White, B. A., & Teachman B. A. (2019). Characterizing evidence-based practice and training resource barriers: A needs assessment. Training and Education in Professional Psychology.

Rashid, H., Mendu, S., Daniel, K. E., Beltzer, M. L., Teachman, B. A., Boukhechba, M., & Barnes, L. E. (2020). Predicting Subjective Measures of Social Anxiety from Sparsely Collected Mobile Sensor Data. Proceedings of the ACM on Interactive, Mobile, Wearable and Ubiquitous Technologies, 4(3), 1-24.

Steinman, S. A., Namaky, N., Toton, S. L., Meissel, E. E., John, A. T. S., Pham, N. H., ... & Teachman, B. A. (2020). Which variations of a brief cognitive bias modification session for interpretations lead to the strongest effects?. Cognitive Therapy and Research, 1-16.

Glenn, J. J., Chow, P. I., & Teachman, B. A. (2019). How badly will I feel if you don't like me? Social anxiety and predictions of future affect. Journal of Social and Clinical Psychology, 38(3), 245-275.

Gorlin, E. I., Werntz, A. J., Fua, K. C., Lambert, A. E., Namaky, N., & Teachman, B. A. (2019). Remembering or knowing how we felt: Depression and anxiety symptoms predict retrieval processes during emotional self-report. Emotion,19(3), 465-479.

Hollon, S. & Teachman B. A. (2019). Advantages of developing clinical practice guidelines using international standards. Psychotherapy, 56(3), 340-346.

Lindgren, K. P., Baldwin, S. A., Ramirez, J. J., Olin, C. C., Peterson, K. P., Wiers, R. W., Teachman, B. A., Norris, J., Kaysen, D., & Neighbors, C. (2019). Self-control, implicit alcohol associations, and the (lack of) prediction of consumption in an alcohol taste test with college student heavy episodic drinkers. PloS One, 14(1), e0209940.

Magee, J. C., Dreyer-Oren, S. E., Sarfan, L. D., Teachman, B. A., & Clerkin, E. M. (2019). Don’t tell me what to think: Comparing self- and other-generated distraction methods for controlling intrusive thinking. Journal of Obsessive-Compulsive and Related Disorders, 23*,*100368.

Moulder, R. G., Daniel, K. E., Teachman, B. A., & Boker, S. M. (2019). Tangle: A new measure of time series complexity. Abstract published in Multivariate Behavioral Research.

Phelan, J., Lucas, J. W., Teachman, B. A., Braverman, B., Namaky, N., & Greenberg, M. (2019). A comparison of status and stigma processes: Explicit and implicit appraisals of "mentally ill people" and "uneducated people." Stigma and Health, 4(2), 213-224.

Sarfan, L. D., Clerkin, E. M., Teachman, B. A., & Smith, A. R. (2019). Do thoughts about dieting matter? Testing the relationship between thoughts about dieting, body shape concerns, and state self-esteem. Journal of Behavior Therapy and Experimental Psychiatry, 62, 7-14.

Steinman, S. A., Portnow, S., Billingsley, A. L., Zhang, D., & Teachman, B. A. (2019). Threat and benign interpretation bias might not be a unidimensional construct. Cognition and Emotion, 1-10.

Teachman, B. A. (2019). Commentary on Hofmann and Hayes: The Water Looks Inviting, but How and When Do We Jump in?. Clinical Psychological Science, 7(1), 57-59.

Teachman, B. A., Clerkin, E. M., Cunningham, W., Dreyer-Oren, S. E., & Werntz, A. J. (2019). Implicit cognition and psychopathology: looking back and looking forward. Annual Review of Clinical Psychology, 15, 123-148.

Teachman, B. A, Daniel, K. E., & Eberle, J. W. (2019). Using advances from cognitive science to understand the etiology and maintenance of psychopathology. Clinical Psychology Review, 69, 1-3.

Teachman, B. A., McKay, D., Barch, D. M., Prinstein, M. J., Hollon, S. D., & Chambless, D. L. (2019). How psychosocial research can help the National Institute of Mental Health achieve its grand challenge to reduce the burden of mental illnesses and psychological disorders. American Psychologist, 74(4), 415-431.

Washburn, J., Lilienfeld, S. O., Rosen, G. M., Gaudiano, B. A., Davison, G. C., Hollon, S. D., Otto, M., Penberthy, J. K., Sher, K., Weinand, J., Teachman, B. A., Peris, T. (2019). Reaffirming the scientific foundations of psychological practice recommendations of the Emory meeting on continuing education. Professional Psychology: Research and Practice, 50(2), 77-86.

Boukhechba, M., Chow, P. I., Fua, K., Teachman, B. A., & Barnes L. E. (2018). Predicting social anxiety from GPS traces of college students. Journal of Medical Internet Research, 5(3).

Chow, P. I., Portnow, S., Zhang, D., Salemink, E., Wiers, R. W., & Teachman, B. A. (2018). Comorbid interpretation and expectancy bias in social anxiety and alcohol use. Anxiety, Stress, and Coping, 31(6), 669-685.

Edwards, C. B., Portnow, S., Namaky, N., & Teachman, B. A. (2018). Training less threatening interpretations over the Internet: Impact of priming anxious imagery and using a neutral control condition. Cognitive Therapy and Research, 42(6), 832-843.

Geyer, E. C., Fua, K. C., Daniel, K. E., Chow, P. I., Bonelli, W., Huang, Y., Barnes, L. E. & Teachman, B. A. (2018). I did ok, but did I like it? Using ecological momentary assessment to examine perceptions of social interactions associated with severity of social anxiety and depression. Behavior Therapy, 49(6), 866-880.

Lindgren, K. P., Baldwin, S. A., Olin, C. C., Wiers, R. W., Teachman, B. A., Norris, J., Kaysen, D., & Neighbors, C. (2018). Evaluating within-person change in implicit alcohol associations: Increases in implicit alcohol associations predict changes in drinking risk and vice-versa. Alcohol and Alcoholism, 1-18.

Lindgren, K. P., Ramirez, J. J., Wiers, R. W., Teachman, B. A., Norris, J., Olin, C. C., Gasser, M. L. Kaysen, D., & Neighbors, C. (2018). Mood selectively moderates the implicit alcohol association–drinking relation in college student heavy episodic drinkers. Psychology of Addictive Behaviors, 32(3), 338-349.

Millner, A. J., Coppersmith, D. D., Teachman, B. A., & Nock, M. K. (2018). The Brief Death Implicit Association Test: Scoring recommendations, reliability, validity, and comparisons with the Death Implicit Association Test. Psychological Assessment, 30(10), 1356.

Montes, K. S., Olin, C. C., Teachman, B. A., Baldwin, S. A., & Lindgren, K. P. (2018). Hazardous drinking has unique relationships with implicit and explicit drinking identity. Addictive Behaviors, 87, 155-161.

Muñoz, R. F., Chavira, D. A., Himle, J. A., Koerner, K., Muroff, J., Reynolds, J., Rose, R. D., Ruzek, J. I., Teachman, B. A., & Schueller, S. M. (2018). Digital apothecaries: A vision for making health care interventions accessible worldwide. mHealth, 4.

Chow, P. I., Fua, K., Huang, Y., Bonelli, W., Xiong, H., Barnes, L. E., & Teachman, B. A. (2017). Using mobile sensing to test clinical models of depression, social anxiety, state affect, and social isolation among college students. Journal of Medical Internet Research, 19(3), e62.

Chow, P. I., Gorlin, E. I., Beadel, J. R., Thomas, S., Vrana, S., Roberson-Nay, R., & Teachman, B. A. (2017). Examining the association between trait mindfulness and distress in response to a repeated CO2 challenge. Mindfulness, 1-14.

Fua, K. C., & Teachman, B. A. (2017). Dynamically tracking anxious individuals’ affective response to valenced information. Emotion, 17(6), 1030-1045.

Glenn, J. J., Werntz, A. J., Slama, S. J. K., Steinman, S. A., Teachman, B. A., & Nock, M. K. (2017). Suicide and self-injury-related implicit cognition: A large-scale examination and replication. Journal of Abnormal Psychology, 126(2), 199-211.

Gorlin, E. I., & Teachman, B. A. (2017). The “How” and the “Why” of restoring goal-pursuit after a failure. Journal of Experimental Psychopathology, 8(2), 88-109.

Maresh, E. L., Teachman. B. A., & Coan, J. A. (2017). Are you watching me? Interacting effects of fear of negative evaluation and social context on cognitive performance. Journal of Experimental Psychopathology, 8(3), jep-059516.

Namaky, N., Beltzer, M. L., Werntz, A. J., Lambert, A. E., Isaacowitz, D. M., & Teachman, B. A. (2017). Moderators of age effects on attention bias toward threat and its association with anxiety. Journal of Affective Disorders, 216, 46-57

Narr, R., & Teachman. B. A. (2017). Using advances from cognitive behavioral models of anxiety to guide treatment for social anxiety disorder. Journal of Clinical Psychology, 73(5), 524-535.

Roberson-Nay, R., Gorlin, E. I., Beadel, J. R., Cash, T., Vrana, S., & Teachman, B. A. (2017). Temporal stability of multiple response systems to 7.5% carbon dioxide challenge. Biological Psychology, 124, 111-118.

Werntz, A. J., Green, J. S., & Teachman, B. A. (2017). Implicit health associations across the adult lifespan. Psychology and Health, 32(12), 1429-1448.

Beadel, J. R., Mathews, A., & Teachman, B. A. (2016). Cognitive Bias Modification to enhance resilience to a panic challenge. Cognitive Therapy and Research, 40(6), 799-812.

Beadel, J. R., Ritchey, F. C., & Teachman, B. A. (2016). Role of fear domain match and baseline bias in interpretation training for contamination fear. Journal of Experimental Psychopathology, 7(1), 49-71.

Cha, C. B., Glenn, J. J., Deming, C. A., D’Angelo, E. J., Hooley, J. M., Teachman, B. A., & Nock, M. K. (2016). Examining potential iatrogenic effects of viewing suicide and self-injury stimuli. Psychological Assessment, 28(11), 1510-1515.

Gorlin, E. I., Lambert, A. E., & Teachman, B. A. (2016). When does it hurt to try? Effort as a mediator of the links between anxiety symptoms and the frequency and duration of unwanted thought recurrence. Personality and Individual Differences, 98, 137-144.

Kulesza, M., Matsuda, M., Ramirez, J. J., Werntz, A. J., Teachman, B. A., & Lindgren, K. P. (2016). Towards greater understanding of addiction stigma: Intersectionality with race/ethnicity and gender. Drug and Alcohol Dependence, 169, 85-91.

Lindgren, K. P., Gasser, M. L., Werntz, A. J. Namaky, N., Baldwin, S. A. & Teachman, B. A. (2016). Moderators of implicit and explicit drinking identity in a large US adult sample. Addictive Behaviors, 60, 177-183.

Lindgren, K. P., Neighbors, C., Teachman, B. A., Baldwin, S. A., Norris, J., Kaysen, D., Gasser, M. L., & Wiers, R. W. (2016). Implicit alcohol associations, especially drinking identity, predict drinking over time. Health Psychology, 35(8), 908-918.

Lindgren, K. P., Ramirez, J. J., Namaky, N., Olin, C. C., & Teachman, B. A. (2016). Evaluating the relationship between explicit and implicit drinking identity centrality and hazardous drinking. Addictive Behaviors Reports, 4, 87-96.

Rowell, S. F., Green, J. S., Teachman, B. A., & Salthouse, T. A. (2016). Age does not matter: memory complaints are related to negative affect throughout adulthood. Aging and Mental Health, 20(12), 1255-1263.

Werntz, A. J., Steinman, S. A., Glenn, J., Nock, M., & Teachman, B. A. (2016). Characterizing

implicit mental health evaluations across clinical domains. Journal of Behavior Therapy and Experimental Psychiatry, 52*,*17-28.

Cody, M. W., Steinman, S. A., & Teachman, B. A. (2015). True and false memories in social anxiety disorder: Effects of speech anticipation and social content. Cognitive Therapy and Research, 39(6), 797-807.

Emeh, C., Mikami, A. Y., & Teachman, B. A. (2015). Explicit and implicit positive illusory bias in children with attention-deficit/hyperactivity disorder. Journal of Attention Disorders. Advance online publication. doi:10.1177/1087054715612261

Gorlin, E. I., & Teachman, B. A. (2015).Inhibitory control as a moderator of threat-related interference biases in social anxiety.  Cognition and Emotion, 29(4), 723-735.

Gorlin, E. I., & Teachman, B. A. (2015).Threat interference biases predict socially anxious behavior: The role of inhibitory control and minute of stressor. Behavior Therapy, 46(4), 493-509.

Green, J. S., Magee, J. C., Steiner, A., & Teachman, B. A. (2015). When the “Golden Years” turn blue: Using the healthy aging literature to elucidate anxious and depressive disorders in older adulthood. International Journal of Behavioral Development, 41(2), 295-307.

Kulesza, M., Teachman, B. A., Werntz, A. J, Gasser, M. L., & Lindgren, K. P. (2015). Correlates of public support toward federal funding for harm reduction strategies. Journal of Substance Abuse Treatment, Prevention and Policy, 10, 25.

Lindgren, K. P., Neighbors, C., Teachman, B. A., Gasser, M. L., Kaysen, D., Norris, J., & Wiers, R. W. (2015). Habit doesn’t make the predictions stronger: Implicit alcohol associations and habitualness predict drinking uniquely. Addictive Behaviors, 45, 139-145.

Lindgren, K. P., Neighbors, C., Wiers, R. W., Gasser, M. L., & Teachman, B. A. (2015). Evaluating implicit drinking identity as a mediator of drinking motives and drinking outcomes. Addictive Behaviors, 43, 33-38.

Lindgren, K. P., Wiers, R. W., Teachman, B. A., Gasser, M. L., Westgate, E. C., Cousijn, J., Enkema, M. C, & Neighbors, C. (2015). Attempted training of alcohol approach and drinking identity associations in us undergraduate drinkers: Null results from two studies. PLOS ONE. 10(8), e0134642.

Mikami, A. Y., Schad, M. M., Teachman, B. A., Chango, J. M., & Allen, J. P. (2015). Implicit versus explicit rejection self-perceptions and adolescents' interpersonal functioning. Personality and Individual Differences, 86, 390-393.

Roberson-Nay, R., Beadel, J. R., Gorlin, E. I., Latendresse, S. J., & Teachman, B. A. (2015). Examining the latent class structure of CO2 hypersensitivity using time course trajectories of panic response systems. Journal of Behavior Therapy and Experimental Psychiatry, 47, 68-76.

Savage, J. E., McMichael, O., Gorlin, E. I., Beadel, J. R., Teachman, B. A., Vladimirov, V. I., Hettema, J. M., & Roberson-Nay, R. (2015). Validation of candidate anxiety disorder genes using a carbon dioxide challenge task. Biological Psychology, 109, 61-66.

Steinman, S. A., & Teachman, B. A. (2015). Training less threatening interpretations over the Internet: Does the number of missing letters matter? Journal of Behavior Therapy and Experimental Psychiatry, 49, 53-60.

Teachman, B. A., Norton, M. I., & Spellman, B. A. (2015). Memos to the president from a “Council of Psychological Science Advisors”. Perspectives on Psychological Science, 10, 697-700.

Beadel, J. R., Smyth, F. L., & Teachman, B. A. (2014). Change processes during cognitive bias modification for obsessive compulsive beliefs. Cognitive Therapy and Research, 38, 103-119.

Cabeleira, C., Steinman, S. A., Burgess, M. M., Bucks, R., MacLeod, C., Melo, W., & Teachman, B. A. (2014). Expectancy bias in anxious samples. Emotion, 14, 588-601.

Clerkin, E. M., Fisher, C. R., Sherman, J. W., & Teachman, B. A. (2014). Applying the Quadruple Process Model to evaluate change in implicit attitudinal responses during therapy for panic disorder. Behaviour Research and Therapy, 52, 17-25.

Clerkin, E. M., Teachman, B. A. Smith, A. R., & Buhlmann, U. (2014). Specificity of implicit shame associations: Comparison across body dysmorphic, obsessive compulsive, and social anxiety disorders. Clinical Psychological Science, 2, 560-575.

Clerkin, E. M., Werntz, A. J., Magee, J. C., Lindgren, K. P., & Teachman, B. A. (2014). Evaluating age differences in coping motives as a mediator of the link between social anxiety symptoms and alcohol problems. Psychology of Addictive Behaviors, 28, 880-886.

Cody, M. W., Clerkin, E. M., Stevens, E. S., Gasser, M. L., Pasciuti, M. L., & Teachman, B. A. (2014). Social anxiety disorder and global/local performance on a visuospatial processing task. Journal of Experimental Psychopathology, 5, 83-96**.**

Gordon, T. L., Steiner, A. R. W., & Teachman, B.A. (2014). Physical triggers of anxiety in African Americans. The Journal of Black Psychology. 0095798414535637.

Gorlin, E. I., Beadel, J. R., Roberson-Nay, R., & Teachman, B. A. (2014). The self-fulfilling panic prophecy: Anxiety-related control attributions uniquely predict reactivity to a 7.5% CO2 challenge. Cognitive Therapy and Research, 35, 585-599.

Lai, C. K., Marini, M., Lehr, S. A., Cerruti, C., Shin, J. L., Joy-Gaba, J. A., Ho, A. K., Teachman, B. A., Wojcik, S. P., Koleva, S. P., Frazier, R. S., Heiphetz, L., Chen, E., Turner, R. N., Haidt, J., Kesebir, S., Hawkins, C. B., Schaefer, H. S., Rubichi, S., Sartori, G., Dial, C. M., Sriram, N., Banaji, M. R., & Nosek, B. A. (2014). Reducing implicit racial preferences: I. A comparative investigation of 17 interventions. Journal of Experimental Psychology: General, 143, 1765-1785.

Lambert A. E., Hu, Y., Magee, J. C., Beadel, J. R., & Teachman B. A. (2014). Thought suppression across time: Change in frequency and duration of thought recurrence. Journal of Obsessive-Compulsive and Related Disorders, 3, 21-28.

Magee, J. C., Smyth, F. L., & Teachman, B. A. (2014). A web-based examination of responses to intrusive thoughts across the adult lifespan. Aging and Mental Health, 18, 326-339.

Reuland, M. M., & Teachman, B. A. (2014). Interpretation bias modification for youth and their parents: A novel treatment for early adolescent social anxiety. Journal of Anxiety Disorders, 28, 851-864.

Steinman, S. A., & Teachman, B.A. (2014). Reaching new heights: Comparing interpretation bias modification to exposure therapy for extreme height fear. Journal of Consulting and Clinical Psychology, 82, 404-417.

Teachman, B.A. (2014). No appointment necessary: Treating mental illness outside the therapist’s office.Perspectives on Psychological Science, 9, 85-87.

Beadel, J. R., Green, J. S., Hosseinbor, S. & Teachman, B. A. (2013). Influence of age, thought content, and anxiety on suppression of intrusive thoughts. Journal of Anxiety Disorders, 27, 598-607.

Green, J. S. & Teachman, B. A. (2013). Predictive validity of explicit and implicit threat overestimation in contamination fear. Journal of Obsessive-Compulsive and Related Disorders , 2, 1–8. doi:10.1016/j.jocrd.2012.09.002

Lambert, A. E., Smyth, F. L., Beadel, J. R., & Teachman B .A. (2013). Aging and repeated thought suppression success. PLoS ONE 8(6): e65009. doi:10.1371/journal.pone.0065009

Lindgren, K. P., Kaysen, D., Werntz, A. J., Gasser, M. L., & Teachman, B. A. (2013). Wounds that can’t be seen: Implicit trauma associations predict posttraumatic stress disorder symptoms. Journal of Behavior Therapy and Experimental Psychiatry, 44, 368-375.

Menatti, A., Smyth, F. L., Teachman, B. A., & Nosek, B. A. (2013). Reducing stigma toward individuals with mental illnesses: A brief, online manipulation. Stigma Research and Action.Retrieved from <https://osf.io/eafhs/>.

Smith-Janik, S., Green, J. S., & Teachman, B. A. (2013). Age differences in information processing biases in spider fear. International Journal of Cognitive Therapy, 6, 401-420*.*

Steinman, S. A., Hunter, M. D., & Teachman, B. A. (2013). Do patterns of change during treatment for panic disorder predict future panic symptoms? Journal of Behavior Therapy and Experimental Psychiatry, 44(2), 150-157. doi:10.1016/j.jbtep.2012.09.003

Steinman, S. A., Smyth, F. L., Bucks, R., MacLeod, C., & Teachman, B. A. (2013). Anxiety-linked expectancy bias across the adult lifespan. Cognition and Emotion, 27, 345-355. doi:10.1080/02699931.2012.711743

Graydon, M., Linkenauger, S., Teachman, B. A., & Proffitt, D. R. (2012). Scared stiff: The influence of anxiety on the perception of action capabilities. Cognition and Emotion, 26(7), 1301-1315. doi:10.1080/02699931.2012.667391

Green, J. S. & Teachman, B. A. (2012). Is ‘cootie’ in the eye of the beholder? An experimental attempt to modify implicit associations tied to contamination fears. Journal of Experimental Psychopathology, 3(3), 475-495. doi:10.5127/jep.026111

Lindgren, K. P., Neighbors, C., Teachman, B. A., Wiers, R., Westgate, E., & Greenwald, A. G. (2012). I drink therefore I am: Validating alcohol-related implicit association tests. Psychology of Addictive Behaviors, 27, 1-13.

Lindgren, K. P., Westgate, E., Kilmer, J., Kaysen, D. & Teachman, B. A. (2012). Pick your poison: Stimuli selection in alcohol-related implicit measures. Addictive Behaviors, 37(8), 990-993. doi:10.1016/j.addbeh.2012.03.024

Magee, J. C., Harden, K. P., & Teachman, B. A. (2012). Psychopathology and thought suppression: A quantitative review. Clinical Psychology Review, 32*,*189-201. doi:10.1016/j.cpr.2012.01.001

Magee, J. C., & Teachman, B. A. (2012). Distress and recurrence of intrusive thoughts in younger and older adults. Psychology and Aging, 27, 199-210. doi:10.1037/a0024249

Teachman, B. A., Drabick, D., Hershenberg, R., Vivian, D., Wolfe, B., & Goldfried, M. (2012). Bridging the gap between clinical research and clinical practice. Psychotherapy, 49, 97-100. doi:10.1037/a0027346

Teachman, B. A., Joormann, J., Steinman, S. A., & Gotlib, I. H. (2012). Automaticity in anxiety disorders and major depressive disorder. Clinical Psychology Review, 32, 575-603. doi:10.1016/j.cpr.2012.06.004

Vivian, D., Hershenberg, R., Teachman, B. A., Drabick, D., Goldfried, M., & Wolfe, B. (2012). A translational model of research-practice integration. Psychotherapy, 49, 143-151. doi:10.1037/a0027925

Buhlmann, U., Teachman, B. A.,& Kathmann, N.(2011). Evaluating implicit attractiveness beliefs in body dysmorphic disorder using the Go/No-go Association Task. Journal of Behavior Therapy and Experimental Psychiatry, 42, 192-197. doi:10.1016/j.jbtep.2010.10.003

Cody, M. W., & Teachman, B. A. (2011). Global and local evaluations of public speaking performance in social anxiety. Behavior Therapy, 42(4), 601-611. doi:10.1016/j.beth.2011.01.004

Clerkin, E. M., & Teachman, B. A. (2011). Training interpretation biases among individuals with symptoms of obsessive compulsive disorder. Journal of Behavior Therapy and Experimental Psychiatry, 42, 337-343. doi:10.1016/j.jbtep.2011.01.003

Saporito, J., Ryan, C., & Teachman, B. A. (2011). Reducing stigma toward seeking mental health treatment among adolescents. Stigma Research and Action, 1, 9-21. doi:10.5463/sra.v1i2.26

Steinman, S. A., & Teachman, B. A. (2011). Cognitive processing and acrophobia: Validating the Heights Interpretation Questionnaire. Journal of Anxiety Disorders, 25, 896-902.

Steinman, S. A., Teachman, B. A. (2011). A new measure of cognitive processing: Heights Interpretation Questionnaire. Journal of Anxiety Disorders, 25*,* 896-902. *Corrigendum*, *26*, 258-259.

Teachman, B. A., & Treat, T. A. (2011). Reactions to the call to reboot psychotherapy research and practice: Introduction to special series of comments on Kazdin and Blase. Perspectives on Psychological Science, 6, 475-477*.*

Teachman, B. A., Marker, C. D., & Clerkin, E. M. (2010). Catastrophic misinterpretations as a predictor of symptom change during treatment for panic disorder. Journal of Consulting and Clinical Psychology, 78, 964-973. doi:10.1037/a0021067

Clerkin, E. M., & Teachman, B. A. (2010). Training implicit social anxiety associations: An experimental intervention. Journal of Anxiety Disorders, 24, 300-308. doi:10.1016/j.janxdis.2010.01.001

Cody, M. W., & Teachman, B. A. (2010). Post-event processing and memory bias for performance feedback in social anxiety. Journal of Anxiety Disorders, 24, 468–479. doi:10.1016/j.janxdis.2010.03.003

Steinman, S. A. & Teachman, B. A. (2010). Modifying interpretations among individuals high in anxiety sensitivity. Journal of Anxiety Disorders, 24, 71-78. doi:10.1016/j.janxdis.2009.08.008

Wilhelm, S., Steketee, G., Fama, J., Buhlmann, U., Teachman, B., & Golan, E. (2009). Modular cognitive therapy for obsessive-compulsive disorder: A waitlist-controlled trial. Journal of Cognitive Psychotherapy, 23, 294-305*.* doi:10.1891/0889-8391.23.4.294

Teachman, B. A., & Gordon, T. L. (2009). Age differences in anxious responding: Older and calmer, unless the trigger is physical. Psychology and Aging, 24, 703-714. doi:10.1037/a0016813

Olatunji, B. O., Woods, C., de Jong, P. J., Teachman, B., Sawchuk, C. N., & David, B. (2009). Development and initial validation of an abbreviated Spider Phobia Questionnaire using item response theory. Behavior Therapy, 40, 114-130. doi:10.1016/j.beth.2008.04.002

Joormann, J., Teachman, B. A., & Gotlib, I. H. (2009). Sadder and less accurate? False memory for negative material in depression. Journal of Abnormal Psychology, 118, 412-417. doi:10.1037/a0015621

### Clerkin, E. M., & Teachman, B. A. (2009). Automatic and strategic measures as predictors of mirror gazing among individuals with body dysmorphic disorder symptoms. Journal of Nervous and Mental Disease, 197, 589-598. doi:10.1097/NMD.0b013e3181b05d7f

Teachman, B. A., & Smith-Janik, S. B. (2009). Relationship between disgust and memory biases in spider fear. International Journal of Cognitive Therapy, 2, 16-36. doi:10.1521/ijct.2009.2.1.16

Teachman, B. A., & Saporito, J. (2009). I am going to gag: Disgust cognitions in spider and blood-injury-injection fears. Cognition and Emotion, 23, 399-414. doi:10.1080/02699930801961731

Clerkin, E. M., Cody, M. W., Stefanucci, J. K., Proffitt, D. R., & Teachman, B. A.(2009). Imagery and fear influence height perception. Journal of Anxiety Disorders, 23, 381-386. doi:10.1016/j.janxdis.2008.12.002

Buhlmann, U., Teachman, B. A., Naumann, E., Fehlinger, T. & Rief, W. (2009). The meaning of beauty: Implicit and explicit self-esteem and attractiveness beliefs in body dysmorphic disorder. Journal of Anxiety Disorders, 23, 694-702. doi:10.1016/j.janxdis.2009.02.008

Teachman, B. A., Stefanucci, J. K., Clerkin, E. M., Cody, M. W., & Proffitt, D. R. (2008). A new mode of fear expression: Perceptual bias in height fear. Emotion, 8, 296-301. doi:10.1037/1528-3542.8.2.296

Teachman, B. A., Marker, C. D., & Smith-Janik, S. B. (2008). Automatic associations and panic disorder: Trajectories of change over the course of treatment. Journal of Consulting and Clinical Psychology, 76, 988-1002. doi:10.1037/a0013113

Teachman, B. A., & Addison, L. M. (2008). Training non-threatening interpretations in spider fear. Cognitive Therapy and Research, 32, 448-459. doi:10.1007/s10608-006-9084-z

Smith-Janik, S., & Teachman, B. A. (2008). Impact of priming on explicit memory in spider fear. Cognitive Therapy and Research, 32, 291-302. doi:10.1007/s10608-007-9122-5

Peris, T. S., Teachman, B. A., & Nosek, B. A. (2008). Implicit and explicit stigma of mental illness: Links to clinical care. Journal of Nervous and Mental Disease, 196, 752-760. doi:10.1097/NMD.0b013e3181879dfd

Gordon, T. L., & Teachman, B. A. (2008). Ethnic group differences in affective, behavioral, and cognitive markers of anxiety. Journal of Cross-Cultural Psychology, 39, 424-446. doi:10.1177/0022022108318224

Clerkin, E. M., Teachman, B. A., & Smith-Janik, S. B. (2008). Sudden gains in group cognitive-behavioral therapy for panic disorder. Behaviour Research and Therapy, 46, 1244-1250. doi:10.1016/j.brat.2008.08.002

Clerkin, E. M., & Teachman, B. A. (2008). Perceptual and cognitive biases in individuals with body dysmorphic disorder symptoms. Cognition and Emotion, 22, 1327-1339. doi:10.1080/02699930701766099

Buhlmann, U., Teachman, B. A., Gerbershagen, A., Kikul, J., & Rief, W. (2008). Implicit and explicit self-esteem and attractiveness beliefs among individuals with body dysmorphic disorder.  Cognitive Therapy and Research, 32, 213–225. doi:10.1007/s10608-006-9095-9

Wiers, R. W., Teachman, B. A., & De Houwer, J. (2007). Implicit cognitive processes in psychopathology: an Introduction. Journal of Behavior Therapy and Experimental Psychiatry, 38, 95-104. doi:10.1016/j.jbtep.2006.10.002

Teachman, B. A., Smith-Janik, S. B., & Saporito, J. (2007). Information processing biases and panic disorder: Relationships among cognitive and symptom measures. Behaviour Research and Therapy, 45, 1791-1811. doi:10.1016/j.brat.2007.01.009

Teachman, B. A., Siedlecki, K. L., & Magee, J. (2007). Aging and symptoms of anxiety and depression: Structural invariance of the tripartite model. Psychology and Aging, 22, 160-170. doi:10.1037/0882-7974.22.1.160

Teachman, B. A., & Clerkin, E. M. (2007). Obsessional beliefs and the implicit and explicit morality of intrusive thoughts. Cognition and Emotion, 21, 999-1024. doi:10.1080/02699930600985576

Teachman, B. A., & Allen, J. P. (2007). Development of social anxiety: Social interaction predictors of implicit and explicit fear of negative evaluation. Journal of Abnormal Child Psychology, 35, 63-78*.* doi:10.1007/s10802-006-9084-1

Teachman, B. A. (2007). Linking obsessional beliefs to OCD symptoms in older and younger adults. Behaviour Research and Therapy, 45, 1671-1681. doi:10.1016/j.brat.2006.08.016

Teachman, B. A. (2007). Evaluating implicit spider fear associations using the Go/No-go Association Task. Journal of Behavior Therapy and Experimental Psychiatry, 38, 156-167. doi:10.1016/j.jbtep.2006.10.006

Otto, M. W., Teachman, B. A., Cohen, L. S., Soares, C. N., Vitonis, A. F., & Harlow, B. L. (2007). Dysfunctional attitudes and episodes of major depression: Predictive validity and temporal stability in never-depressed, depressed, and recovered women. Journal of Abnormal Psychology, 116, 475-483*.* doi:10.1037/0021-843X.116.3.475

Magee, J. C., & Teachman, B. A. (2007). Why did the white bear return? Obsessive-compulsive symptoms and attributions for unsuccessful thought suppression. Behaviour Research and Therapy, 45, 2884-2898. doi:10.1016/j.brat.2007.07.014

Haeffel, G. J., Abramson, L. Y., Brazy, P. C., Shah, J. Y., Teachman, B. A., & Nosek, B. A. (2007). Explicit and implicit cognition: A preliminary test of a dual-process theory of cognitive vulnerability to depression. Behaviour Research and Therapy, 45, 1155-1167. doi:10.1016/j.brat.2006.09.003

Teachman, B. A., Woody, S. R., & Magee, J. (2006). Implicit and explicit appraisals of the importance of intrusive thoughts. Behaviour Research and Therapy, 44, 785-805. doi:10.1016/j.brat.2005.05.005

Teachman, B. A., Wilson, J., & Komarovskaya, I. (2006). Implicit and explicit stigma of mental illness in diagnosed and healthy samples. Journal of Social and Clinical Psychology, 25, 75-95. doi:10.1521/jscp.2006.25.1.75

Teachman, B. A. (2006). Pathological disgust: In the thoughts, not the eye, of the beholder. Anxiety, Stress and Coping, 19, 335-351. doi:10.1080/10615800601055923

Teachman, B. A. (2006). Aging and negative affect: The rise and fall and rise of anxiety and depression symptoms. Psychology and Aging, 21, 201-207. doi:10.1037/0882-7974.21.1.201

Teachman, B. A. (2005). Information processing and anxiety sensitivity: Cognitive vulnerability to panic reflected in interpretation and memory biases. Cognitive Therapy and Research, 29, 479-499. doi:10.1007/s10608-005-0627-5

Teachman, B. A., & Woody, S. (2004). Staying tuned to research in implicit cognition: Relevance for clinical practice with anxiety disorders. Cognitive and Behavioral Practice, 11, 149-159. doi:10.1016/S1077-7229(04)80026-9

Teachman, B. A., & Woody, S. (2003). Automatic processing among individuals with spider phobia: Change in implicit fear associations following treatment. Journal of Abnormal Psychology, 112, 100-109. doi:10.1037/0021-843X.112.1.100

Teachman, B. A., Gapinski, K., Brownell, K., Rawlins, M., & Jeyaram, S. (2003). Demonstrations of implicit anti-fat bias: The impact of providing causal information and evoking empathy. Health Psychology, 22, 68-78. doi:10.1037/0278-6133.22.1.68

Shafran, R., Frampton, I., Heyman, I., Reynolds, M., Teachman, B. A., & Rachman, S. (2003). The preliminary development of a new self-report measure for OCD in young people. Journal of Adolescence, 26, 137-142. doi:10.1016/S0140-1971(02)00083-0

Teachman, B. A., Gregg, A., & Woody, S. (2001). Implicit processing of fear-relevant stimuli among individuals with snake and spider fears. Journal of Abnormal Psychology, 110, 226-235. doi:10.1037/0021-843X.110.2.226

Teachman, B. A., & Brownell, K. (2001). Implicit anti-fat bias among health professionals: Is anyone immune? International Journal of Obesity, 25, 1525-1531. doi:10.1038/sj.ijo.0801745

Radomsky, A., Rachman, S., Thordarson, D., McIssac, H., & Teachman, B. A. (2001). The Claustrophobia Questionnaire. Journal of Anxiety Disorders, 15, 287-297. doi:10.1016/S0887-6185(01)00064-0

Woody, S., & Teachman, B. A. (2000). Intersection of disgust and fear: Normative and pathological views. Clinical Psychology: Science and Practice, 7, 291-311. doi:10.1093/clipsy/7.3.291

Teachman, B. A., & Brownell, K. (2000). Fearful cognitions associated with eating pathology: Psychometric properties of a new scale. Eating Disorders: Journal of Treatment and Prevention, 8, 291-305.

Shafran, R., Teachman, B. A., Kerry, S., & Rachman, S. (1999). A cognitive distortion associated with eating disorders: Thought-shape fusion. British Journal of Clinical Psychology, 38, 167-179.doi:10.1348/014466599162728

Radomsky, A., Rachman, S., Teachman, B. A., & Freeman, W. (1998). Why do episodes of panic come to an end? Journal of Anxiety Disorders, 12, 263-270. doi:10.1016/S0887-6185(98)00014-0

Rachman, S., Shafran, R., Mitchell, D., Trant, J., & Teachman, B. A. (1996). How to remain neutral: An experimental analysis of neutralization. Behaviour Research and Therapy, 34, 889-898. doi:10.1016/S0005-7967(96)00051-4

* **Chapters**

Teachman. B. A., & Narr, R. (2019). Integrating basic research into a phase approach to guide clinical practice. Invited chapter. In S. Dimidjian (Ed.), Evidence-based practice in action. New York: Guilford Press.

Teachman, B. A., Beltzer, M. L., & Werntz, A. J. (2019). Panic disorder and agoraphobia. In B. Olatunji (Ed.), Handbook of anxiety and related disorders part IV: Etiology and phenomenology of specific anxiety disorders. New York: Cambridge University Press.

Reuland, M. M., Steinman, S. A., & Teachman, B. A. (2015). Cognitive Bias Modification: A novel treatment for psychopathology. In R. Scott and S. Kosslyn(Eds.), Emerging Trends in the Social and Behavioral Sciences: An Interdisciplinary, Searchable, and Linkable Resource*.* Hoboken, NJ: John Wiley and Sons. doi:10.1002/9781118900772

Cruz, J. R., & Teachman, B.A. (2015). Arachnophobia (fear of spiders). In R. McCabe and I. Milosevic (Eds.), Phobias: The psychology of irrational fear, an encyclopedia. ABC-CLIO, Inc.

Steinman, S. A., Gorlin, E., & Teachman, B. A. (2014). Cognitive biases among individuals with social anxiety. In J. Weeks (Ed.), The Wiley Blackwell Handbook on Social Anxiety Disorder.Wiley Blackwell.

Steinman, S. A., & Teachman, B.A. (2015). Information processing biases. In R. McCabe and I. Milosevic (Eds.), Phobias: The psychology of irrational fear, an encyclopedia. ABC-CLIO, Inc.

Teachman, B.A. (2015). Fear in the Laboratory:The Program for Anxiety, Cognition and Treatment. In R. McCabe and I. Milosevic (Eds.), Phobias: The psychology of irrational fear, an encyclopedia. ABC-CLIO, Inc.

Teachman, B.A., Beadel, J. R., & Steinman, S. A. (2014). Mechanisms of change in CBT treatment. In P. M. G. Emmelkamp and T. Ehlring (Eds.), The Wiley Handbook of Anxiety Disorders, 824-839. Wiley Blackwell.

Teachman, B. A., Goldfried, M., & Clerkin, E. M. (2013). Panic disorder and phobias. In L. G. Castonguay and T. F. Oltmanns (Eds.), Psychopathology: Bridging the gap between basic empirical findings and clinical practice. New York: Guilford Press.

Teachman, B. A., Cody, M. W., & Clerkin, E. M. (2010). Clinical applications of implicit social cognition theories and methods. In B. Gawronski and K. Payne (Eds.), Handbook of implicit social cognition: Measurement, theory, and applications. New York: Guilford Press.

Teachman, B. A., & Clerkin, E. M. (2009). A case formulation approach to resolve treatment complications. In M. Otto and S. Hofmann (Eds.), Treatment failures in the anxiety disorders. Springer Publishing Company, New York, NY. doi:10.1007/978-1-4419-0612-0\_2

Teachman, B. A., Woody, S. R., & Friedman, M. A. (2005). Focus of attention and causal attributions in social anxiety. In P. Gower (Ed.), New Research on the Psychology of Fear, New York: Nova Science Publishers.

Teachman, B. A., & Smith-Janik, S. (2005). Extinction and habituation. In M. Hersen, and J. Rosqvist, (Eds.), Encyclopedia of behavior modification and cognitive behavior therapy, Volume 1: Adult clinical applications, Thousand Oaks, CA: Sage Publications.

Teachman, B. A., & Mallett, R. (2005). **Measurement of bias (pp. 121-133). In** K. D. Brownell, R.M. Puhl, M. B. Schwartz, & L. Rudd (Eds.), Weight bias: Nature, consequences and remedies. New York: Guilford Press.

* **Peer Reviewed Papers in Published Conference Proceedings**

Ameko, M. K., Cai, L., Boukhechba, M., Daros, A., Chow, P. I., Teachman, B. A., Gerber, M., & Barnes. L. E. (2018). Cluster-based approach to improve affect recognition from passively sensed data. The IEEE Conference on Biomedical and Health Informatics (BHI 2018). Nevada.

Boukhechba, M., Cai, L., Chow, P. I., Fua, K., Gerber, M. S., Teachman, B. A., & Barnes L. E. (2018). Contextual analysis to understand compliance with smartphone-based ecological momentary assessment. Proceedings of the ACM PervasiveHealth, New York.

Boukhechba, M., Daros, A. R., Fua, K., Chow, P. I., Teachman, B. A., & Barnes, L. E. (2018). DemonicSalmon: Monitoring mental health and social interactions of college students using smartphones. Proceedings of the IEEE/ACM International Conference on Connected Health: Applications, Systems and Engineering Technologies (CHASE 2018). Washington, DC.

Boukhechba, M., Gong, J., Kowsari, K., Ameko, M. K., Fua, K., Chow, P. I., Huang, Y., Teachman, B. A., Gerber, M., & Barnes. L. E. (2018). Physiological changes over the course of cognitive bias modification for social anxiety. Proceedings of the IEEE Conference on Biomedical and Health Informatics (BHI 2018). Nevada.

Cai, L., Boukhechba, M., Wu, C., Chow, P. I., Teachman, B. A., Barnes, L. E., & Gerber, M. S. (2018). State affect recognition using smartphone sensing data. Proceedings of the IEEE/ACM International Conference on Connected Health: Applications, Systems and Engineering Technologies (CHASE 2018). Washington, DC.

Nobles, A., Glenn, J., Kowsari, J., Teachman, B. A., & Barnes, L. E. (2018). Identification of imminent suicide risk among young adults using text messages. Proceedings of the 2018 CHI Conference on Human Factors in Computing Systems, Montréal, QC, Canada.

Salekin, A., Eberle, J. W., Glenn, J. J., Teachman, B. A., & Stankovic, J. A. (2018). A weakly supervised learning framework for detecting social anxiety and depression. Proceedings of the 2018 ACM on Interactive, Mobile, Wearable and Ubiquitous Technologies (IMWUT).

Ameko, M. K., Cai, L., Boukhechba, M., Daros, A., Teachman, B. A., Gerber, M., & Barnes. L. E. (2017). Multimodal profiling for affect prediction. Black in AI Workshop in conjunction with NIPS 2017. California.

Boukhechba, M., Huang, Y., Chow, P. I., Fua, K., Teachman, B. A., & Barnes, L. E. (2017). Monitoring social anxiety from mobility and communication patterns. The 2017 ACM International Joint Conference on Pervasive and Ubiquitous Computing (UBICOMP 2017). Hawaii.

Huang, Y., Gong, J., Rucker, M., Chow, P., Fua, K., Gerber, M. S., Teachman, B. A., & Barnes, L. E. (2017). Discovery of behavioral markers of social anxiety from smartphone sensor data. Proceedings of the 1st ACM Workshop on Digital Biomarkers (pp. 9-14).

Nobles, A. L., Glenn, J. J., Teachman, B. A., & Barnes, L. (2017). Novel methods to predict suicide attempts by young adults using personal communication and social media data. Proceedings of the 2017 Computing and Mental Health Workshop, CHI: ACM Conference on Human Factors in Computing Systems.

Chow, P. I., Bonelli, W., Huang, Y., Fua, K., Teachman, B. A., & Barnes, L. E. (2016). DEMONS: An integrated framework for examining associations between physiology and self-reported affect tied to depressive symptoms.  Proceedings of the 2016 ACM International Joint Conference on Pervasive and Ubiquitous Computing.

Chow, P. I., Fua., K., Xiong., H., Bonelli, W., Teachman, B. A., & Barnes, L. E.  (2016). SAD: Social anxiety and depression dynamic monitoring system. Proceedings of the 2016 Computing and Mental Health Workshop, CHI: ACM Conference on Human Factors in Computing Systems (pp. 1-4).

Huang, Y., Xiong, H., Leach, K., Zhang, Y., Chow, P., Fua, K., Teachman, B. A., & Barnes, L. E. (2016). Assessing social anxiety using GPS trajectories and point-of-interest data. Proceedings of the 2016 ACM International Joint Conference on Pervasive and Ubiquitous Computing (pp. 898-903).

* **Book Reviews**

Teachman, B. A., & Gordon, T. L. (2004). Chicken soup for the psychologists' soul. Review of Psychology 1011/2: The Unspoken Rules for Success in Academia by Robert Sternberg. Contemporary Psychology: The APA Review of Books, 49, 792-794. doi:10.1037/004885

Teachman, B. A. (2004). Choosing a yellow brick road. Review of Beginnings: The art and science of planning psychotherapy by Mary Jo Peebles-Kleiger. Contemporary Psychology: The APA Review of Books, 49, 496-498. doi:10.1037/004413

* **Other Published Work**

Teachman, B. A. (2021, May). Going beyond ‘back to normal’ – 5 research-based tips for emerging from pandemic life. Published in The Conversation. Retrieved from <https://theconversation.com/going-beyond-back-to-normal-5-research-based-tips-for-emerging-from-pandemic-life-161467>

Teachman, B. A. (2021, April). It is OK not to feel OK. Published in UVA Thoughts From the Lawn. Retrieved from <https://alumni.virginia.edu/learn/2021/04/02/it-is-ok-not-to-feel-ok/>

Kelly, J. interviewing Teachman, B. A. (2021, April). **W**hat is ‘doomscrolling?’ Why do we do it, and how can we stop? Published in UVA Today. Retrieved from <https://news.virginia.edu/content/what-doomscrolling-why-do-we-do-it-and-how-can-we-stop>

Teachman, B. A. (2020, November). Keep calm and carry on – but how? A psychologist offers 10 tips to manage the uncertainty and stress of election aftermath. Published in The Conversation. Retrieved from <https://theconversation.com/keep-calm-and-carry-on-but-how-a-psychologist-offers-10-tips-to-manage-the-uncertainty-and-stress-of-election-aftermath-149605>

Kelly, J. interviewing Teachman, B. A. (2020, November). Is the election stressing you out? Our anxiety expert has advice for you. Published in UVA Today. Retrieved from <https://news.virginia.edu/content/election-stressing-you-out-our-anxiety-expert-has-advice-you>

Teachman, B. A. (2020, September). **3**research-based**ways to cope with the uncertainties of pandemic life**. Published in The Conversation. Retrieved from https://theconversation.com/3-research-based-ways-to-cope-with-the-uncertainties-of-pandemic-life-144778

Teachman, B. A. (2020, May). Why anxiety should not be feared. Published in Anxiety and Depression Association of America blog. Retrieved from <https://adaa.org/learn-from-us/from-the-experts/blog-posts/consumer/why-anxiety-should-not-be-feared>

Teachman, B. A. (2020, March). Feeling overwhelmed? Approach coronavirus as a challenge to be met, not a threat to be feared. Published in The Conversation. Retrieved from <https://theconversation.com/feeling-overwhelmed-approach-coronavirus-as-a-challenge-to-be-met-not-a-threat-to-be-feared-134211>

Kelly, J. interviewing Teachman, B. A. (2020, March). Expert offers practical advice to manage your coronavirus anxiety. Published in UVA Today. Retrieved from <https://news.virginia.edu/content/expert-offers-practical-advice-manage-your-coronavirus-anxiety>

Teachman, B. A. (2019, October). Phones can help our anxiety and not just add to it. Op-ed published in The Hill. Retrieved from <https://thehill.com/opinion/healthcare/465519-phones-can-help-our-anxiety-and-not-just-add-to-it>

Teachman, B. A. (2018, February). Finding new ways to calm the anxious mind. Psychological Science Agenda, 32(2). Retrieved from [https://www.apa.org](https://www.apa.org/)

Hollon, S., Bufka, L., & Teachman, B. A. (2018, May). Clinical practice guidelines are based on the literature we have, not the literature we wish we had: Response to Henriques, Saunders, and Otto. Clinical Psychologist.

Teachman, B. A., Bufka, L., & Hollon, S. (2018, May). Advancing and disseminating the science of clinical psychology through American Psychological Association’s Clinical Practice Guidelines. Clinical Psychologist.

McKay, D., Jensen-Doss, A., Lilienfeld, S. O., Teachman. B., & White, B. (2018, September). Assessing harms and benefits in psychological interventions: Update from the Coalition for the Advancement and Application of Psychological Science (CAAPS). The Behavior Therapist.

Teachman, B. A., Prinstein, M., McKay, D., Barch, D., & Hollon, S. (2017). Gaps in our understanding about how to reduce the burden of mental illness that psychosocial research can help fill. Brief submitted to the National Institute of Mental Health.

Teachman. B. A. (2017, February). Working together to promote clinical science. The Behavior Therapist, 40(2), 54-55.

Teachman. B. A. (2016, June 22). This is how I work [Web log post]. Retrieved from <https://howiwork-sci.com/2016/06/22/bethany-teachman/>

Werntz, A. J., Kline, E., & Teachman. B. A. (2016, October 20). A therapist-free intervention that offers promise for reducing feelings of anxiety [Web log post]. Retrieved from https://www.anxiety.org/cognitive-bias-modification-internet-based-treatment-for-anxiety-disorders

Lilienfeld, S., & Teachman. B. A. (2015, November 17). What is clinical science? [Web log post]. Retrieved from http://alumni.virginia.edu/learn/2015/11/17/what-is-clinical-science/

Teachman. B. A. (2015, December 2). [Jeb Bush was wrong: There are many careers for psychological scientists](http://www.psychologicalscience.org/index.php/publications/observer/obsonline/many-careers-for-psychological-scientists.html) [Web log post]. Retrieved from http://www.psychologicalscience.org/index.php/publications/observer/obsonline/many-careers-for-psychological-scientists.html

Teachman. B. A. (2014). Society for a Science of Clinical Psychology Presidential Column: Everyone should be so lucky! Clinical Science, *fall issue*.

Teachman. B. A. (2014). Society for a Science of Clinical Psychology Presidential Column: Thinking about our future. Clinical Science, *spring issue*.

Teachman. B. A. (2014). Society for a Science of Clinical Psychology Presidential Column: Don’t just talk amongst yourselves, talk to someone new. Clinical Science, *winter issue,* 2-3.

Teachman. B. A. (2012). Awards biography and bibliography. American Psychologist, 67, 644-646.

# Teachman, B. A. (2011). Training grants encourage integration of clinical science and practice. Invited article for Association for Psychological Science Observer, 25(1).

Teachman, B. A. (2011). SSCP and APS team up to develop new job mentorship program. Invited article for Clinical Science, 14(3), 7.

Teachman, B. A., & Steinman, S. A. (2010). Challenges andrewards of teaching and learning about evidence based practice.Invited article for Clinical Science, *fall issue,* 9-11.

Teachman, B. A. (August, 2010). Understanding the interplay between anxiety and cognition from a lifespan perspective. Invited article for The Life Course: Evolutionary and Ontogenetic Dynamics (LIFE) Newsletter.

Teachman, B. A. (2008, April). Information processing in anxiety disorders: Automatic and insidious. Invited article for the Association for Behavioral and Cognitive Therapies Anxiety Disorder Special Interest Group Newsletter.

Teachman, B. A. (2008). What to expect from cognitive behavioral therapies. Invited article for Association for Behavioral and Cognitive Therapies web site.

**Dissemination:**

Fleischmann, M. R., Namaky, N., & Teachman, B. (2020, May 25). Behavioral activation techniques while physical distancing. <https://doi.org/10.17605/OSF.IO/RH7NT>

French, N. J., & Teachman, B. (2020, April 17). Social anxiety exposures while physical distancing. <https://doi.org/10.17605/OSF.IO/B2E5N>

**Invited Talks, Podcasts, Webinars and Colloquium**

It has been a tough 17 months: Managing stress and mental health in a pandemic

Northside Library, Charlottesville, Virginia August, 2021

Mental health in Virginia during COVID: Scope of the challenge & need for innovative solutions

Virginia State of Reform Health Care Policy Conference 2021, April

New Year, Same Anxiety? What 2020 taught us about managing stress that can help us start 2021 off strong!

Between the Columns UVA College Spotlight Speaker Series 2021, January

Managing the mental health impact of COVID-19

Invited speaker for UVA Second Year Council Speaker Series 2021, February

Invited speaker for UVA course Pandemics Beyond the Headlines  2021, January

Will 2020 ever end? Managing stress when the stressors never seem to stop

University of Virginia, Faculty Guide program 2020, October

On embracing an open-science mindset

Research Matters Podcast 2020, August

Managing the roller coaster of emotions during COVID-19

Student Impact Summer Community Leadership Program Guest Speaker 2020, August

Anxiety and Depression Association of America webinar 2020, May

Managing anxiety when the world is upside down

Between the Columns UVA College Spotlight Speaker Series 2020, May

Panel on Student Resilience and Motivation During the Pandemic

Student Impact and Resiliency Project 2020, May

Managing Mental Health During COVID-19

Webinar sponsored by UVA Provost’s Office 2020, April

MindTrails: Using technology to change anxious thinking in the real world

Florida International University, Ctr. for Children and Families Speaker Series 2021, January

Yale University, Psychology Colloquium 2020, February

Boston University, Psychology Colloquium 2019, October

Center for Clinical Interventions, Government of Western Australia 2019, April

Institute of Advanced Studies, University of Western Australia 2019, March

American Psychological Association (APA) Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts

Presentation to the APA Council in Washington, DC 2019, February

Webinars sponsored by APA (two presented) 2019, February

MindTrails: Using technology to shift anxious thinking

UVA Dynamics of Healthy Development Blitzarama 2018, October

Understanding anxiety in college students: Using technology to shift anxious thinking

UVA College Foundation 2018, October

Moving from the clinic to a screen near you: Changing anxious thinking in the real world

College Foundation New York Regional Board Meeting 2018, May

When conflict arises: Understanding the options available to faculty to raise & address complaints

University of Virginia, Faculty Guide program 2018, April

Faculty-Senate Retirement workshop

University of Virginia, Faculty Guide program 2018, March

Can I think about this a different way? Using digital technology to change anxious interpretations

University of Virginia, Social Psychology Seminar, Charlottesville, VA 2017, December

Am I done yet? Planning the right path to retirement ~Annually

University of Virginia, Faculty Guide program 2017-2020

Using technology to promote innovative Lithuanian mental health solutions

Lithuanian Ministry of Health Forum on Mental Health Innovations 2017, September

Taking a Break: Understanding the Different Types of Faculty Leaves

University of Virginia, Faculty Guide program ~Annually

2017-2019

Psychological First Aid

University of Virginia, Clinical Psychology Seminar, Charlottesville, VA 2017, September

Anxiety and its management

University of California, Davis Men’s Basketball Team 2016, December

Responding to critical incidents [related to acts of bigotry on campus] 2016, December

University of Virginia, Faculty Senate meeting

Moving from the clinic to a screen near you: Challenges in disseminating interpretation training

University of Virginia, Computer Science Department Colloquium, 2016, December Charlottesville, VA

University of Virginia, Center for Behavioral Health and Technology, 2016, November Charlottesville, VA

Association for Behavioral and Cognitive Therapies, 2016, October

50th Anniversary Invited Panel, New York, NY

Teacher’s College, Columbia University Psychology Department Colloquium, 2016, October New York, NY

University of Virginia, Clinical Psychology Seminar, Charlottesville, VA 2016, October

Adapting Cognitive Bias Modification to Train Healthy Prospection

Templeton Science of Prospection Award Retreat 2016, August

Memos to the President From a “Council of Psychological Science Advisers”

Society for Personality and Social Psychology’s Presidential Plenary on Policy, 2016, January

Social Psychology, & You

Coming soon to a computer near you: Changing threat interpretations to reduce anxiety

Society for a Science of Clinical Psychology’s Virtual Clinical Lunch 2015, October

Thinking without fear: The science behind anxiety reduction

University of Virginia’s “More than the Score” Lifetime Learning 2015, September

It’s not a heart attack, you’re just out of breath: Changing threat interpretations to reduce anxiety

Virginia Commonwealth University, Positive Psychology Research Group 2014, October

University of Washington, Center for the Study of Health and Risk Behaviors 2014, June

Society for a Science of Clinical Psychology Presidential Address at the annual meeting of the Association for Psychological Science 2014, May

University of Virginia, Behavioral Medicine, Charlottesville, VA 2014, January

Regaining control: Interventions for automatic & strategic cognitive biases in adult anxiety

National Institute of Mental Health “Brain Camp” 2014, May

Implicit anxiety associations: Can you regain control?

University of Virginia psychology department colloquium, Charlottesville, VA 2013, February

Changing thinking to reduce anxiety: Implications of a lifespan perspective

LIFE Fall Academy (Int’l Max Planck Research School), Charlottesville, VA 2012, October

Reducing symptoms by changing implicit associations tied to anxiety disorders

University of Virginia, Behavioral Medicine, Charlottesville, VA 2012, October

Invited address at the 23rd Annual Conference on Psychology in the Public

Sector, Western State Hospital, Staunton, VA 2012, October

Changing thinking to reduce anxiety: Translational potential of cognitive bias modification

Virginia Commonwealth University, Virginia Institute for Psychiatric and Behavioral Genetics 2012, December

University of Groningen 2012, June

University of Western Australia psychology department, Perth, Australia 2012, May

Interactive Model of Anxious processing (IMAP): I think therefore I panic

University of California Berkeley, Institute of Personality & Social Research 2012, February

Stanford University, Department of Psychology, Affective Area Seminar 2011, October

Stanford University, Department of Psychology, Social Area Seminar 2011, October

Mental disorder: What’s that?

Presenter and panelist at the Center for Advanced Study in the Behavioral Sciences (CASBS) “Crosstalk” series at Stanford University 2011, October

Dissemination of evidence based treatment

Presenter and panelist at the Center for Advanced Study in the Behavioral Sciences (CASBS) “Looking Ahead” series at Stanford University 2011, September

Treating anxiety disorders in adults

Invited workshop for Romanian psychologists sponsored by the Alexandru Ione

Cruz University in Iasi, Romania 2011, July

Aging and emotional health: Relieving stress and managing negative moods

Charlottesville Senior Center (invited workshop) 2010, November

Aging and emotional reactions: Not a simple story

Guest Lecture for University of Virginia’s Art & Aging Class in Psychology 2010, September

Understanding cognitive processing in anxiety disorders from a developmental perspective

LIFE Spring Academy (Int’l Max Planck Research School), Charlottesville, VA 2010, May

I think therefore I panic: Biased cognitive processing in panic disorder

University of Virginia, Women’s Work Program, Charlottesville, VA 2010, December

University of Virginia, Social Psychology Seminar, Charlottesville, VA 2010, March

University of Virginia, Psychology Research Class, Charlottesville, VA 2010, March

The PACT Lab Sampler Plate: A taste of anxiety, and an amuse-bouche of biased cognitive processing and intervention in a lifespan perspective sauce

University of Virginia, Cognitive Psychology Seminar, Charlottesville, VA 2009, November

It’s out of my control: Automatic processing in anxiety disorders

University of CO at Boulder psychology department colloquium, Boulder, CO 2008, February

Washington University psychology department colloquium, St Louis, MO 2008, October

Dickinson College psychology department colloquium, Carlisle, PA 2009, January

University of Virginia psychology department colloquium, Charlottesville, VA 2009, February

University of Western Australia psychology department, Perth, Australia 2009, March

Concordia University psychology department colloquium, Montreal, QC 2009, March

Facing the mirror again: Body dysmorphic disorder assessment and treatment 2009, March

Workshop for the Australian Association of Cognitive Behaviour Therapies, Perth, Australia

Treatment planning in clinical psychology: An evidence-based approach 2009, March

Workshop for the Australian Association of Cognitive Behaviour Therapies, Perth, Australia

Obsessional beliefs and responses to intrusive thoughts: A lifespan perspective 2008, November

University of Virginia, Developmental Psychology Seminar, Charlottesville, VA

Managing anxiety problems among patients and caregivers 2008, February

Virginia Conference on Geriatric Care: ‘Sharing the Challenge: Tools for Successful Caregiving’

Emotional influences on perception and cognition: Be afraid…be very afraid 2008, February

University of Virginia psychology department colloquium

Anxiety disorders: Assessment, etiology, and treatment 2006-2008 (annually), February

Guest Lecture for University of Virginia’s Curry Programs in Clinical and School Psychology

Automatic perceptual biases: A novel mode of fear expression 2007, December

FWO Scientific Research Community Meeting, Ghent, Belgium

Information processing in anxiety disorders: Automatic and insidious 2007, November

Early Career Award Address: Anxiety SIG, Association for Behavioral and Cognitive Therapies

Aging, bodily threat and anxiety

Maxnet Aging International Research Network meeting, Stockholm, Sweden. 2007, June

Changing interpretations: Consequences for anxiety disorders

University of Virginia, Cognitive Psychology Seminar, Charlottesville, VA. 2006, November

Aging, arousal and anxiety

Maxnet Aging International Research Network meeting, Charlottesville, VA. 2006, May

Aging and cognitive theories of anxiety

Maxnet Aging International Research Network meeting, Marbella, Spain. 2005, November

Obsessional beliefs and implicit appraisals of intrusive thoughts

.

Stanford University, Psychology Department Personality Seminar, Stanford, CA. 2005, October

Using implicit associations to test cognitive theories of anxiety

Implicit Cognition and Attention in Experimental Psychopathology and Health 2005, August

research meeting, Netherlands.

Cognitive processing in anxiety disorders: Untangling the web of fear associations

Virginia Polytechnic Institute and State University, Blacksburg, VA. 2004, November

Cognitive processing in anxiety disorders: Why spiders are so creepy

Washington and Lee University, Lynchburg, VA. 2004, April

Using implicit cognition to examine changes following treatment for phobias and panic disorder Implicit Cognition in Psychopathology Meeting, Belgium. 2003, August

Supporting your loved one: Coping and resources

Annual meeting of the National Eating Disorders Association, St. Charles, IL. 2003, October

Untangling the web of fear associations: An investigation of automatic processing in spider phobia University of Wisconsin, Madison, WI. 2001, May

University of Pennsylvania, Philadelphia, PA. 2001, November

University of Waterloo, Waterloo, ON. 2002, January

University of Western Ontario, London, ON. 2002, January

University of Virginia, Charlottesville, VA. 2002, February

University of Missouri, Columbia, MO. 2002, February

Harvard University, Cambridge, MA 2002, March

Massachusetts General Hospital, Boston, MA 2002, June

The skinny on automatic anti-fat bias

University of Wisconsin, Madison, WI. 2001, October

University of Pennsylvania, Philadelphia, PA. 2001, November

Implicit fearful attitudes toward critters that creep and crawl

Yale University, Current Topics in Clinical Psychology, New Haven, CT. 1999, November

What you lookin’ at? Self-focused attention, causal attributions and social anxiety

Yale University, Current Topics in Clinical Psychology, New Haven, CT. 1999, January

Yale University, Current Topics in Social Psychology, New Haven, CT. 1999, February

**Invited Meetings and Consulting**

Co-leader of the annual Multidisciplinary Mental Health Summit on behalf of the Coalition for the Advancement and Application of Psychological Science 2018-present

Invited Chair for Association for Behavioral and Cognitive Therapies’ Inaugural Think Tank on Advancing Digital Technologies to Provide Evidence-Based Care 2017, 2018

A conversation with NIMH leadership about the role of psychosocial research 2017

Coalition for the Advancement and Application of Psychological Science Virtual Town Hall (Organizer and moderator)

Coalition for the Advancement and Application of Psychological Science 2016-present

(Chair bi-annual half-day meetings in spring and fall)

Clinical Science Summits sponsored by Association for Psychological Science 2015 (August, October)

“Champions of psychology.” Invited participant by the Association for Psychological Science Student Caucus at the annual meeting of the Association for Psychological Science, Washington D.C. 2013

Expert witness 2010-2012

**“Schizophrenia prevention: Using the tools of cognitive neuroscience to understand stigma associated with the risk label in the community.”** Supported by the Irving Institute for Clinical and Translational Research of Columbia University 2010-2011

“Stigma Associated with a High-Risk State for Psychosis: Potential Adoption of a Controversial Diagnosis for DSM-V.” Supported by Columbia University School of Public Health, Calderone Prize awarded to Lawrence Yang 2009-2011

Research Community of the Flemish Science Foundation (FWO-Vlaanderen): 2007-2012

“Automatic Processes in Psychopathology and Health Related Behavior”

‘B’ is for Bias, Southern Poverty Law Center 2006

American Psychological Association Science Leadership Conference 2005, 2007

**Selected Conference Presentations (since 2010)**

Muran, J. C. & Teachman, B. A. (Moderators; June 2021). Recommendations for a transdiagnostic clinical practice guideline on emotion regulation. Invited semi-plenary for the Society for Psychotherapy Research (virtual convention).

Daniel, K. E. & Teachman, B. A. (November, 2020). Evaluating the impact of cognitive bias modification for social threat interpretations in daily life using ecological momentary assessment and passively sensed mobility data. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (virtual convention).

Namaky, N.,\* Eberle, J. W.,\* & Teachman, B. A. (November, 2020). Near and far transfer of online cognitive bias modification for negative prospection: Effects on expectancy bias and positive outlook but not on anxiety and performance during a speech stressor. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (virtual convention). \*authors contributed equally

Silverman, A. L., & Teachman, B. A. (November, 2020). Relationship between beliefs about mental health treatment, multi-level barriers, and use of mental health treatment. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (virtual convention).

Teachman, B. A. (November, 2020). Cognitive bias modification: novel strategies to improve access and outcomes in children, adolescents, and adults. Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies (virtual convention).

Teachman, B. A. (November, 2020). Opening the toolbox: Expanding access to clinical psychological science through open science practices. Panel chaired by M. Southward and K. Linthicum at the annual meeting of the Association for Behavioral and Cognitive Therapies (virtual convention).

Werntz, A., & Teachman, B. A. (November, 2020). Increasing the appeal of CBT: Latent Profile Analysis of reactions to different ways of describing CBT. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (virtual convention).

Beltzer, M.L., Daniel, K.E., Daros, A., Barnes, L., & Teachman, B.A. (November, 2019). Using social feedback to update expectancies of future social performance: An investigation in social anxiety. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Calicho-Mamani, C. P., Espinosa, S. A., & Teachman, B. A. (November, 2019). Reaching underserved populations: Spanish translation and modification of MindTrails, an online, anxiety-reduction cognitive bias modification program. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Daniel, K.E., Meyer, A., Reilly, E., Hollon, S., Jensen-Doss, A., Mennin, D., Muroff, J., Schuler, T., White, B., & Teachman, B.A. (November, 2019). Barriers to accessing training resources in evidence-based principles: A needs assessment. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Sarfan, L. D., Clerkin, E. M., Teachman, B. A., & Smith, A. R. (November, 2019). Am I good enough? The role of self-evaluation in the context of body image and disordered eating. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Teachman, B. A. (November, 2019). What wisdom does ecological momentary assessment offer to clinician and client stakeholders? Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Teachman, B. A. (November, 2019). Bridging the gap: Addressing barriers and improving access to evidence-based psychotherapy. Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Werntz, A., Bufka, L., & Teachman, B. A. (November, 2019). Improving the reach of clinical practice guidelines: An experimental investigation of message framing on user engagement. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Teachman, B. A. (July, 2019). Open science and reproducibility in CBT research: Where do we go from here? Panel chaired by A. Ouimet at the tri-annual meeting of the World Congress of Behavioral and Cognitive Therapies, Berlin, Germany.

Teachman, B. A. (July, 2019). Fearless: Steve Hollon’s quest to change the culture of American psychology. Symposium presented at the tri-annual meeting of the World Congress of Behavioral and Cognitive Therapies, Berlin, Germany.

Teachman, B. A. (July, 2019). Depression-linked disturbances in emotional memory - New directions in assessment and modulation. (Chair: J. Ji). Invited discussant at the tri-annual meeting of the World Congress of Behavioral and Cognitive Therapies, Berlin, Germany.

Beltzer, M.L., Ameko, M., Barnes, L.E., & Teachman, B.A. (May, 2019). Context and person matter: Building a recommender system for emotion regulation strategies. Symposium presented at the annual meeting of the Association for Psychological Science, Washington DC.

Daniel, K.E., Baee, S., Barnes, L.E. & Teachman, B.A. (May, 2019). What is effective? Assessing different aspects of emotion regulation effectiveness in daily life. Symposium presented at the annual meeting of the Association for Psychological Science, Washington DC.

Eberle, J. W., Boukhechba, M. O., Sun, J., Zhang, D., Funk, D. H., Barnes, L. E., & Teachman, B. A. (May, 2019). Online cognitive bias modification to shift negative prospection: A randomized controlled trial. Symposium presented at the annual meeting of the Association for Psychological Science, Washington DC.

Namaky, N., Glenn, J. J., Eberle, J. W., & Teachman, B. A. (May, 2019). Adapting cognitive bias modification to train healthy prospection. Symposium presented at the annual meeting of the Association for Psychological Science, Washington DC.

Teachman, B. A. (May, 2019). Enhancing the clinical training toolkit: Training today for the psychologists of tomorrow. Panel chaired by A. Werntz presented at the annual meeting of the Association for Psychological Science, Washington DC.

Teachman, B. A. (May, 2019). Large-scale collaborative efforts advancing clinical science research. Panel chaired by J. Tackett presented at the annual meeting of the Association for Psychological Science, Washington DC.

Teachman, B. A. (November, 2018). Conversation with NIMH Director Dr. Joshua Gordon on clinical psychological science, and ABCT and NIMH’s shared mission to reduce the burden of mental illness. Invited moderator at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Beltzer, M. L., Moulder, R. G., Baker, C., Comer, K., Teachman, B. A. (November, 2018). From Sandy Hook to Sutherland Springs: How mass shootings affect stigma about mental illness. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Teachman, B. A. (November, 2018). The opportunities and limitations of digital interventions for emotional difficulties. Invited panel member at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Teachman, B. A. (November, 2018). A duty to warn? A discussion of potentially harmful therapies. Invited panel member at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

Lucas, R. E., Fried, E., Kring, A., Teachman, B. A., & Wright, A. (May, 2018). Reproducibility in clinical science. Invited panel member at the annual meeting of the Association for Psychological Science, San Francisco, CA.

Gorlin, E. I., Lambert, A. E., Teachman, B. A. (April, 2018). Self-focus without self-awareness: Probing the cognitive, affective, and motivational predictors of unaware mind-wandering during a reading comprehension task. Paper presented at the annual meeting of the Anxiety and Depression Association of America, Washington, DC.

Teachman, B. A. (March, 2018). APA Clinical Practice Guidelines: Where are we now & where are we going? Invited presentation at the annual meeting of the American Psychological Association’s Practice Leadership Conference, Washington, DC.

Beadel, J. R., Mathews, A., & Teachman, B. A. (November, 2017). Increasing resilience to panic sensations through cognitive bias modification in an anxiety sensitive sample. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Beltzer, M.L., Adams, S.J., Beling, P.A., & Teachman, B.A. (November, 2017). Social anxiety and dynamic social reinforcement learning in a volatile environment. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Fua, K., & Teachman, B.A. (November, 2017). Tracking affective ratings over time: Anxious individuals' dynamic reactions to valenced information. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Steinman, S. A., Namaky, N., Thomas, S., Meissel, E., St. John, A. T., Pham, N., Werntz, A. J., Saunders, T., Gorlin, E. I., Arbus, S., Beltzer, M., Soroka, A. & Teachman, B. A. (November, 2017). Maximizing effects for cognitive bias modification for threat interpretations: Testing 15 variants of training. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Teachman, B. A. (November, 2017). Refining our understanding of cognitive biases in social anxiety: New insights based on diverse methodologies. Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Teachman, B. A. (November, 2017). New grounds to promote CBT in diverse contexts: Implications of clinical practice guidelines for clinical training, practice, research, and policy. Chair of panel at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Teachman, B. A. (November, 2017). The Virtual Research Lab: Opportunities and Challenges. Invited panelist at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Beltzer, M.L., Adams, S.J., Beling, P.A., & Teachman, B.A. (2017, October). Social anxiety and dynamic social reinforcement learning in a volatile environment: Evaluating differences in learning rate over time. Paper presented at the International Max Planck Research School on the Life Course (LIFE) Conference. Zurich, Switzerland.

Chow, P. I., Huang, Y., Gong, J., Rucker, M., Bonelli, W., Leach, K., Fua, K., Gerber, M. S., Boukhechba, M., Teachman, B. A., & Barnes L. E. (October, 2017). Using smartphone sensors to understand behavioral dynamics of social anxiety. Paper presented at the meeting of the International Society for Research on Internet Interventions, Berlin, Germany.

Beltzer, M.L., Moulder, R.L., Starns, A., Teachman, B.A. (May, 2017). Stigma in America: Large-scale effects of implicit and explicit beliefs about the dangerousness of individuals with mental illness. Paper presented at the annual meeting of the Association for Psychological Science, Boston, MA.

Werntz, A. J., Ko, T. M., & Teachman, B. A. (May, 2017). Attitudes about mental health interventions: Treatment experience relates to implicit and explicit intervention efficacy associations. Paper presented at the annual meeting of the Association for Psychological Science, Boston, MA.

Werntz, A. J., & Teachman, B. A. (2017, May). Examining implicit and explicit attitudes about mental health treatment across the adult lifespan*.*Paper presented at the International Max Planck Research School on the Life Course (LIFE) Conference. Ann Arbor, MI.

Gorlin, E. I., & Teachman, B. A. (April, 2017). The “how” and the “why” of reengaging in goal-pursuit after a stressful failure: A novel intervention strategy. Paper presented at the annual meeting of the Anxiety and Depression Association of America, San Francisco, CA.

Steinman, S. A., Namaky, N., Thomas, S., Meissel, E., St. John, A. T., Pham, N., Werntz, A. J., Saunders, T., Gorlin, E. I., Arbus, S., Beltzer, M., Soroka, A. & Teachman, B. A. (April, 2017). Which variations of cognitive bias modification for interpretations lead to the strongest effects? Paper presented at the annual meeting of the Anxiety and Depression Association of America, San Francisco, CA.

Glenn, J. J., Nobles, A. L., Barnes, L., & Teachman, B. A. (October, 2016). Applying machine learning to electronic communications to identify suicide risk in real time. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York.

McKay, D., Chambless, D., Teachman, B., Mancusi, L., Holloway, E., Jurska, J., & Grossman, S. (October, 2016). Changing funding trends from the National Institute of Mental Health: 1997-2015. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York.

Teachman, B. A. (October, 2016). Psychological risk factors for anxiety and depressive disorders: Results from the Netherlands Study of Depression and Anxiety (NESDA). Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York.

Teachman, B. A. (May, 2016). Advances in prospection research: Making the future bright. Chair, symposium presented at the annual meeting of the Association for Psychological Science, New York, NY.

Glenn, J. J., & Teachman, B. A. (November, 2015). Social anxiety and the prediction of future affect. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Gorlin, E. I., Lambert, A. E., & Teachman, B. A. (November, 2015). When does it hurt to try? Motivational and neurocognitive factors in the link between anxiety symptoms and unwanted thought recurrence. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Reuland, M. M. & Teachman, B. A. (November, 2015). Interpretation bias modification for youth and their parents: A novel treatment for early adolescent social anxiety. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Teachman, B. A. (November, 2015). Beyond reaction time bias: Neural, physiological, ecological, and clinical correlates of information processing mechanisms. Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Teachman, B. A. (November, 2015). Prospection: An examination of future thinking across anxiety, depression, and suicide. Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Lindgren, K. P., Neighbors, C., Ramirez, J., Gasser, M. L., Norris, J., Kaysen, D., Teachman, B. A., & Wiers, R.W. (June, 2015). Implicit and explicit alcohol cognitions predict alcohol outcomes prospectively. Paper presented at the annual meeting of the Research Society on Alcoholism, San Antonio, TX.

Reuland, M. M., & Teachman, B. A. (May, 2015). Interpretation bias modification for youth and their parents: A novel treatment for early adolescent social anxiety. Paper presented at the annual meeting of the Association for Psychological Science, New York, NY.

Steinman, S. A., & Teachman, B. A. (May, 2015). Internet-based cognitive bias modification: Impact of training. Paper presented at the annual meeting of the Association for Psychological Science, New York, NY.

Teachman, B. A. (May, 2015). How to get published: Guidance from journal editors. Invited panel discussion at the annual meeting of the Association for Psychological Science, New York, NY.

Beadel, J. R., Ritchey, F. C., & Teachman, B. A. (November, 2014). Importance of fear domain match in cognitive bias modification for interpretations. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Cha, C. B., Glenn, J. J., Deming, C. A., Hooley, J. M., Teachman, B. A., & Nock, M. K. (November, 2014). Any harm in asking? Examining iatrogenic effects of self-injury and suicide assessment. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Clerkin, E. M., Werntz, A. J., Magee, J. C., Lindgren, K. P., & Teachman, B. A. (November, 2014). Linking social anxiety and alcohol problems: Evaluating age differences in coping motives as a mediator. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Glenn, J. J., Steinman, S. A., Werntz, A. J., Slama, S. J. K., Teachman, B. A., & Nock, M. K. (November, 2014). Using implicit cognition tools to assess suicidal and self-injurious behaviors. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Gorlin, E. I. & Teachman, B. A. (November, 2014). Threat-related attentional biases as unique predictors of impaired social performance: When and for whom? Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Steinman, S. A., & Teachman, B. A. (November, 2014). Comparing the efficacy of cognitive bias modification and exposure therapy to reduce height fear. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Teachman, B. A. (November, 2014). Addressing controversies in empirically supported treatments: New standards on the horizon? Panel member at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Teachman, B. A. (November, 2014). New directions in information processing and psychopathology. Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Teachman, B. A. (November, 2014). Reexamining implicit cognition in psychopathology: The role of associative and propositional processes. Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Werntz, A. J., Steinman, S. A., Glenn, J. J., Nock, M. K., & Teachman, B. A. (November, 2014). Project Implicit Mental Health: Findings from a large-scale demonstration website. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Teachman, B. A. (August, 2014). Rising stars in clinical science from the Society for a Science of Clinical Psychology. Chair of symposium presented at the annual meeting of the American Psychological Association, Washington D.C.

Teachman, B. A., & Werntz, A. J. (May, 2014). Project Implicit Mental Health: An online platform to discover mental health associations outside conscious control. Paper presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

Gorlin, E. I., & Teachman, B. A. (November, 2013). Attentional control as a moderator of threat-related attentional biases in social anxiety. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Teachman, B. A. (November, 2013). Cognitive bias modification for treatment of anxiety disorders: Big picture considerations for implementation in the clinical setting. Panel member at the annual meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.

Teachman, B. A. (July, 2013). It’s outside my control: Role of automatic cognitive processing in psychopathology. Moderator for Panel Discussion at the tri-annual meeting of the World Congress of Behavioral and Cognitive Therapies, Lima, Peru.

Teachman, B. A. (July, 2013). Characterizing disgust-related processes: Implications for anxiety and related disorders (Chair: B. Olatunji). Invited discussant at the tri-annual meeting of the World Congress of Behavioral and Cognitive Therapies, Lima, Peru.

Teachman, B. A. (July, 2013). Emerging contributions of cognitive bias modification (CBM) to health psychology (Chair: L. Notebaert). Invited discussant at the tri-annual meeting of the World Congress of Behavioral and Cognitive Therapies, Lima, Peru.

Steinman, S. A., & Teachman, B. A. (May, 2013). Evaluating a novel treatment for height fear: Cognitive bias modification for interpretations. Paper presented at the annual meeting of the Association for Psychological Science, Washington D.C.

Teachman, B. A. & Clerkin, E. M. (May, 2013). Regaining control of implicit anxiety associations. Invited symposium by the NIAAA (Co-chairs E. Witt and D. Falk), Implicit cognitions as modifiable targets in behavioral interventions. Paper presented at the annual meeting of the Association for Psychological Science, Washington D.C.

Lindgren, K.P., Westgate, E. C., Gasser, M., Teachman, B., & Neighbors, C. (January, 2013). Drinker + Me: Implicit drinking identity as a predictor of drinking outcomes and intervention target. Paper presented at the annual conference of the Society for Personality and Social Psychology, New Orleans, LA.

Clerkin, E. M., & Teachman, B. A. (November, 2012). Training OC-relevant interpretations: Lessons learned and extension to BDD.  Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Cody, M. W., & Teachman, B. A.  (2012, November).  Lured by illusion: Social phobia, anticipation, and false memories.  Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Steinman, S. A., & Teachman, B. A. (2012, November). Negative expectancy bias in anxious samples. Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Teachman, B. A. (November, 2012). Recollective and anticipatory processes in SAD: Two sides of the same coin? New insights from experimental and clinical studies. Invited discussant at the annual conference of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Drabick, D., & Teachman, B.A. (Co-chairs) (2012, August). [Emotion regulation from practice and research perspectives - Building an evidence-based bridge](http://forms.apa.org/convention/index.cfm?convention=Names&search=yes#2). Panelists: Eunice Chen, Marvin Goldfried, Lisa Napolitano. Invited panel at the annual meeting of the American Psychological Association, Orlando, FL.

Teachman, B. A., & Clerkin, E. M. (2012, August). Altering automatic cognitive processing biases to improve emotion regulation skills: Social anxiety as a prototype. Invited symposium at the annual meeting of the American Psychological Association, Orlando, FL.

Green, J. S.**,** & Teachman, B.A. (2012, May). The age of anxiety: A multi-dimensional perspective on age and anxiety across the adult life span. Paper presented at the international program on lifespan development, International Max Planck Research School, Berlin, Germany.

Steinman, S. A., & Teachman, B. A. (2012, April). Comparing interpretation bias modification to exposure therapy for acrophobia. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Arlington, VA.

Steinman, S. A., Teachman, B. A., & Smyth, F. L. (2011, November). Challenges of measuring implicit associations for complex clinical issues: Anxiety sensitivity as a prototype. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Teachman, B. A. (2011, November). Comorbid anxiety and disordered eating: Research findings and implications for treatment. Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

Steinman, S. A., & Teachman, B. A. (2011, May). Implicit associations in anxiety and related disorders: Stories of success and failure. Paper presented at the annual meeting of the Association for Psychological Science, Washington, DC.

Teachman, B. A. (2011, May). Using the tools of cognitive science to advance clinical theory and practice. Chair of symposium presented at the annual meeting of the Association for Psychological Science, Washington, DC.

Simpson, J., & Teachman, B. A. (2010, November). The effect of implicit association training on emotional vulnerability in contamination fearful adults. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

Steinman, S. A., & Teachman, B. A. (2010, November). Patterns and mechanisms of change in panic disorder. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

Teachman, B. A. (Chair) (2010, November). The elusive search: Finding work-life balance across stages of life and stages of career. Panelists: Bethany Teachmann Amie Grills-Taquechel, Alison McLeish, Elissa Brown. Panel presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

Teachman, B. A., & Smith-Janik; S. J. (2010, November). Disgust is a minor player in memory biases in spider fear. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

Teachman, B. A. (2010, June). Automatic associations in psychopathology: do they have surplus value? Invited discussant at the tri-annual meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

Teachman, B. A., & Clerkin, E. M. (2010, June). Training interpretation biases among individuals with symptoms of obsessive compulsive disorder.  Paper presented at the tri-annual meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

**Teaching Experience**

**Courses taught:**

Abnormal Psychology (undergraduate lecture course)

Experimental Psychopathology (graduate seminar)

Psychological Intervention (graduate seminar)

Fear and Anxiety Disorders (undergraduate seminar)

Cognitive Biases in Anxiety and Related Disorders (undergraduate seminar)

**Clinical Training and Experience**

University of Virginia’s Mary Ainsworth Psychological Clinic: Therapist and Supervisor

July 2002 – present, Director: Lee Llewellyn, Ph.D.

Massachusetts General Hospital: Clinical Psychology Fellow (cognitive-behavior track)

July 2001- 2002, Directors: Michael Otto, Ph.D., Steven Safren, Ph.D., Sheila O’Keefe, Ed.D.

Yale Psychological Services Clinic: Assistant Director

July 2000 - 2001, Primary Supervisor: Todd O’Hearn, Ph.D.

Yale Psychological Services Clinic: Anxiety Disorders Practicum

July 1999 – 2001, Primary Supervisors: Sheila Woody, Ph.D., Diane Sholomskas, Ph.D.

Yale Center for Eating and Weight Disorders: Therapist

July 1998 – 1999, Primary Supervisors: Marlene Schwartz, Ph.D., Kristin Siebrecht, Ph.D.

Yale Psychological Services Clinic: Intake Clinician

Sept. 1997 - July 1998, Primary Supervisors: Sheila Woody, Ph.D., Rhonda Adessky, Ph.D.

West Haven VA Hospital, Connecticut (interviews with inner-city adolescents to assess PTSD and substance abuse) Summer 1998, Primary Supervisor: Deborah Lipschitz, M.D.

St Paul’s Hospital (in-patient eating disorder unit), British Columbia: Assessor

Fall 1996 - Spring 1997, Primary Supervisor: Josie Geller, Ph.D.

**Leadership and Service Experience**

**National:**

2021-present Reviewer for the Society for Affective Science (SAS) 2021 Annual Conference

2020-present American Psychological Association Advisory Work Group on the Implementation of Evidence-Based Practice (EBPP) in Health Service Psychology

2019-present Co-chair, American Psychological Association Working group on Transdiagnostic Change Process Clinical Practice Guideline: Emotion Regulation

2016-present Chair, Coalition for the Advancement and Application of Psychological Science (CAAPS)

2016-2019 Chair (2017-2019), American Psychological Association Advisory Steering Committee for Development of Clinical Practice Guidelines

2015-present Chair, Committee for Advancement of Resources Supporting Evidence-based Practice (CARSEP)

2015 Association for Behavioral and Cognitive Therapies, convention program reviewer

2014-present American Psychological Association Federal Advocacy Coordinator (FEDAC) campus representative

2014, 2015 American Psychological Association Science Directorate’s Dissertation Research Award reviewer

2013-2015 President, Society for a Science of Clinical Psychology (on Board for 3-year cycle)

~2013-2018 Reviewer for Society for a Science of Clinical Psychology annual poster competition at the Association for Psychological Science convention

2013 Program chair for Society for a Science of Clinical Psychology’s programming at the 2014 American Psychological Association’s convention

2012 American Psychological Association Division 12 Program Committee

2012, 2015-2019 Council of University Directors of Clinical Psychology, (Student) Nominations Committee

2011 Association for Psychological Science, search committee for editor for new journal *Psychological Clinical Science*

2010-2014 Chair, Varda Shoham Clinical Science Training Grant Committee, Society for a Science of Clinical Psychology

2010-2016 Chair, Committee for Psychological Science Career Mentorship Program, Society for a Science of Clinical Psychology and Association for Psychological Science

2010-2011 American Psychological Association Division 12 Mentorship Program

2009-2011 At-Large Representative to the Society for a Science of Clinical Psychology Board (Division 12, Section III of the American Psychological Association)

2009-2010, Selection committee, World Congress of Behavioral and Cognitive Therapies

2012-2013 annual conference

2008-2010 Web Advisory Board, Association for Behavioral and Cognitive Therapies

2008-present ‘Ambassador’, Association for Behavioral and Cognitive Therapies (invited position to help promote the organization)

2008-present Advisory Board Member, Anxiety Special Interest Group for the Association for Behavioral Cognitive Therapies

2008, 2011 Nominations Committee, Society for a Science of Clinical Psychology

2008-2009 Society for a Science of Clinical Psychology representative to American Psychological Association Summit Committee to evaluate prescription privileges for psychologists

2007 Editor, Anxiety disorder sections for the update to the American Psychological Association Division 12 Empirically Supported Treatments web site

2005-2011 Science & Practice Committee, American Psychological Association Division 12

2002 Association for the Advancement of Behavior Therapy Program Committee

1999-2001 Clinical Representative, American Psychological Association Science Student Council

**University of Virginia:**

2020-present Member of Arts and Sciences Advisory Committee on Graduate Education

2018-2019 Chair, Arts and Sciences Committee to Implement the Future of Graduate Education

2018-2019 President Jim Ryan’s University’s Strategic Planning Committee

2018 Search committee for an Associate Dean for Diversity and Inclusion

2018 Reappointment Review Committee for Dean Ian Baucom

2017-present Psychology Department, Director of Diversity and Inclusion

(except for sabbaticals)

2017-2018 Arts and Sciences Committee to Reimagine the Future of Graduate Education

2016-2017 Arts and Sciences Committee to Imagine the Future of the Graduate School

2016-2018 Arts and Sciences Promotion and Tenure Committee

2016-2017 Psychology Department Cognitive Faculty Search Committee

2015-present Faculty Guide (appointed by Provost’s office)

2010, 2015, 2019 Departmental Promotion and Tenure Committees

2014 Vice President for Research Internal Review Committee

2014-2015 Gilmer Hall renovations committee

2010-present Psychology Department, Director of Clinical Training

(except for sabbaticals)

2010-present Chair, Psychology Department Graduate Student Well-Being Committee

(except for sabbaticals)

2012-2016 Chair, Psychology Department Clinical Area Multicultural Evaluation Committee

2010-present Psychology Department Graduate Committee (with some gaps; also 2004-2005)

2012 Faculty mentor for To Write Love On Her Arms/Students for Mental Health Awareness student groups (also 2004-~2007, 2010-2011)

2010-2011 Chair, Psychology Department Colloquium Committee

2009-2011 Student Mentor, Office of African American Affairs (also 2002-2005)

2008-2010 Graduate student mentor for Tomorrow's Professor Today program

2008-2009 Psychology Department Human Participants Committee

2006-2008 Psychology Department Steering Committee (also 2003-2005)

2006, Spring Psychology Department Computer/Shop Committee

2004-2005 Faculty mentor for College Technology Internship Program

2003-2005 Psychology Department Clinical Faculty Search Committee

2003-2004 Psychology Department Interdisciplinary Committee

2003 Faculty Marshall, commencement services

2002-~2007 Faculty Sponsor, HOPE student group for the prevention of eating disorders

**Regional**

2017-present Charlottesville Area Community Foundation, Grants Portfolio Committee

**Visiting Scholars** (hosted by the lab):

2018 Nicola Hohensee (Germany)

2010 Wilson Melo (Brazil)

2007-2008 Bogdan Tulbure (Romania)

**Professional Affiliations**

* American Association for the Advancement of Science
* Anxiety Disorders Association of America
* Association for Behavioral and Cognitive Therapies

-Anxiety Disorders Special Interests Group

-Women’s Special Interests Group

* Association for Psychological Science
* American Psychological Association

-Division 12

* Society for the Science of Clinical Psychology
* Past member- Society for Personality and Social Psychology
* Past member- Obsessive Compulsive Foundation
* Past member- Sigma Xi, The Scientific Research Society

**Ad Hoc Reviewer**

**Journals:**

* Addictive Behaviors
* American Psychologist
* Anxiety, Stress and Coping
* Behavior Therapy
* Behaviour Research and Therapy
* Biological Psychology
* Child Development
* Clinical Psychology Review
* Cognitive and Behavioral Practice
* Cognitive Therapy and Research
* Computers in Human Behavior
* Depression and Anxiety
* Emotion
* Health Psychology
* International Journal of Cognitive Therapy
* Journal of Abnormal Psychology
* Journal of Abnormal Child Psychology
* Journal of Adolescent Health
* Journal of Affective Disorders
* Journal of Anxiety Disorders
* Journal of Behavioral and Cognitive Therapy
* Journal of Behavior Therapy and Experimental Psychiatry
* Journal of Consulting and Clinical Psychology
* Journal of Psychiatric Research
* Journal of Social and Clinical Psychology
* Personality and Individual Differences
* Personality and Social Psychology Bulletin
* PLOS One
* Psychological Assessment
* Psychological Bulletin
* Psychological Medicine
* Psychological Science
* Psychology and Aging
* The Lancet Psychiatry
* Transactions on Affective Computing

**Grant Agencies:**

* National Institute of Mental Health Review Panels

ZMH1 ERB-D: Developmental/Early Phase Clinical Trials, 2016

* + ZMH1 ERB-D: Interventions/Biomarkers, 2016
  + Exploratory Clinical Trials of Novel Interventions for Mental Disorders (R61/R33), 2017
  + ZMH1 ERB-D: Special Emphasis Panel/Scientific Review Group**,** 2018 (R61/R33 early phase clinical trial applications for psychosocial/preventive interventions; R01 confirmatory efficacy for non-pharmacological interventions)
  + ZMH1 ERB-D: NIMH Special Emphasis Panel/Scientific Review Group 2019
  + ZMH1 ERB-G (08): NIMH Early Phase Clinical Trials, 2020
  + NIMH Psychosocial Clinical Trial Review, 2020
  + NIMH Psychosocial Clinical Trial Review, 2021
* International OCD Foundation Grant Review Committee
* Dutch Technology Foundation STW
* Netherlands Organisation for Scientific Research (NWO)
* National Institute for Health Research, UK
* National Science Foundation
* Research Council of the University of Ghent
* Research Foundation - Flanders (Fonds Wetenschappelijk Onderzoek - Vlaanderen, FWO)
* Romanian National Council for Research and Development
* UK Medical Research Council, London
* United States-Israel Binational Science Foundation

**Other:**

External dissertation evaluator, University of Western Australia (2008)

Center for Advanced Study in the Behavioral Sciences applicant reviewer (2011)

External dissertation evaluator, University of Haifa (2012)

External dissertation evaluator, University of Groningen (2012)

External dissertation evaluator, Ryerson University (2013, 2015, 2021)

External dissertation evaluator, University of Sydney (2014, 2015)

External dissertation evaluator, Concordia University (2016)

# Listing of Selected Conference Posters Available Upon Request