

Fantasy Football Defense vs. Position Rankings (Updates Weekly)

ESTABLISH THE RUN STAFF // SEP 11, 2025 LAS VEGAS RAIDERS, MAXX CROSBY, DEFENSE VS. POSITION RANKINGS, IN-SEASON PACKAGE, NFL DRAFT KIT PRO



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Our Defense vs. Position table shows each defense's *projected fantasy points allowed over expectation* against each position in the near future (roughly their next four games). If a team's DvP against QBs is 10%, this means we'd expect that defense to inflate opposing QB performances by 10%. If a team's DvP against QBs is -10%, this means we'd expect that defense to deflate opposing QB performances by 10%.

For example, if we would expect Patrick Mahomes to score 20 fantasy points in a neutral matchup, we'd expect him to score 22 points against a defense with a 10% DvP and 18 points against a defense with a -10% DvP.

Our DvP is based on the defense's last eight games. It is adjusted for opponent strength and weighs recent games more strongly.

































Our DvP is based on full-PPR scoring and is data only, so it **does not** take into account personnel changes or injuries. You'll notice that the DvP numbers for defenses against WR/TE are generally smaller than the DvP numbers for defenses against QB/RB. That is intentional because WR/TE DvP is more volatile, and past defensive performance is relatively less predictive of future defensive performance for these positions, so they get regressed further.

Using the DvP tables should allow you to gain an edge in identifying the strength of schedules for fantasy players over the next several weeks. For specific game matchups, we recommend looking more at our [projections](#).

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Defense vs Position

TEAM	(%)					
	QB	RB	WR	TE	K	DST
 Cleveland Browns	-1.3	-6.4	-1.3	-2.3	-3.1	29.3
 Tennessee Titans	-0.9	5.0	1.3	-1.4	2.0	30.4
 New York Giants	-0.8	7.2	3.0	-0.8	2.0	18.0
 Las Vegas Raiders	1.3	-2.3	0.9	0.6	3.2	18.2
 New England Patriots	-1.2	2.6	0.3	-2.4	-1.6	23.9
 New York Jets	-2.1	-1.0	-3.3	0.3	6.9	12.6
 Chicago Bears	0.1	5.5	-2.1	1.2	1.3	3.4
 Carolina Panthers	1.1	8.2	-0.4	0.9	2.8	6.6
 Seattle Seahawks	-3.0	1.2	-2.4	3.4	-2.8	3.3
 Minnesota Vikings	-3.9	-1.8	1.8	-1.6	1.5	8.5
 Miami Dolphins	2.3	-0.0	-0.6	4.4	1.1	8.9
 New Orleans Saints	-0.3	3.5	0.7	-2.4	1.4	6.8
 Indianapolis Colts	0.8	2.0	0.2	1.3	0.7	-12.1
 Dallas Cowboys	6.7	-0.2	5.1	-1.3	0.4	0.4
 Jacksonville Jaguars	4.0	0.6	2.4	-0.1	0.1	-4.7
 Denver Broncos	-2.0	1.6	-1.3	0.9	4.0	-9.5
 Houston Texans	-0.7	0.1	-0.7	0.2	-1.5	8.0
 Philadelphia Eagles	-2.1	-6.2	-0.9	-3.4	-2.6	-15.5
 Atlanta Falcons	3.4	-2.4	-0.5	-2.8	2.5	7.3
 Los Angeles Chargers	-0.6	-4.9	0.0	-2.7	-1.4	-9.8
 Los Angeles Rams	0.4	-8.0	1.7	1.1	1.9	-3.6
 Cincinnati Bengals	2.3	5.5	-0.6	6.3	0.8	14.4
 Tampa Bay Buccaneers	5.5	-5.6	2.8	1.8	0.1	-10.8
 Kansas City Chiefs	-2.1	-5.1	-3.0	-0.4	-5.8	-16.3
 Arizona Cardinals	0.5	5.3	-0.2	-1.3	1.4	-5.0
 Green Bay Packers	-6.2	-1.8	-3.4	1.6	-3.4	-14.4
 Washington Commanders	2.3	-2.4	1.3	0.1	0.8	-11.1
 Pittsburgh Steelers	-1.6	-2.7	-0.7	4.0	-2.0	4.5
 Detroit Lions	4.8	-4.3	2.7	0.1	-1.7	-25.6
 San Francisco 49ers	-4.3	1.0	-2.0	-2.4	-1.1	-3.9
 Buffalo Bills	-2.0	1.5	-0.2	-4.1	-5.5	-33.8
 Baltimore Ravens	-0.3	4.2	-0.4	1.3	-2.3	-28.2



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