**Laravel over Symfony**

1. Most popular PHP framework and widely used than any other PHP framework

2. php artisan command provide lots of automation features for code generations and running few services.

ex. php artisan make:model

php artisan make:controller

php artisan make:migration etc. and lot more.

3. Unit testing is very easy and provide built it setup for testing environment

4. Use blade template engine which helps for better view handling

5. Security is very strong part of Laravel

6.Github Start rating is also higer than Symfony,

Symfony have around: 22.8K   
 Laravel have around: 57.7K

1. Performance is higher than any other PHP framework
2. Learning curve is very easy as compare to other framework as lots of support and stack overflow posts available so you can fix anything very easily.
3. And thousands of library and modules are available which make your job easy to implement anything with it.
4. You can implement any platform using Laravel, like ecommece, CRM, Informative website, Any kind of portal.

Conclusion:

For my point of view, we can go with Laravel for any kind of Portals or any kind of long term project, as laravel provide long term support and it’s more stable.   
  
  
Ref. <https://hackernoon.com/php-laravel-vs-symfony-a-detailed-comparison-of-web-development-frameworks-sq493y3l>  
  
<https://opensource.com/business/16/6/which-php-framework-right-you>