



ZICAM® Cold Remedy Oral Mist – Arctic Mint - (US GHS - EN)

Safety Data Sheet

According To Federal Register / Vol. 77, No. 58 / Monday, March 26, 2012 / Rules And Regulations

Revision Date: 07/10/2022

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Version: 1.1

SECTION 1: IDENTIFICATION

1.1. Product Identifier

Product Form: Mixture

Product Name: ZICAM® Cold Remedy Oral Mist – Arctic Mint - (US GHS - EN)

Product Code: 40101701

1.2. Intended Use of the Product

Use of the Substance/Mixture: Oral Cold Remedy

1.3. Name, Address, and Telephone of the Responsible Party

Company

Church & Dwight

500 Charles Ewing Blvd

Ewing Township, NJ 08628

T 1-800-524-1328

www.churchdwight.com

1.4. Emergency Telephone Number

Emergency Number : For Medical Emergency: 1-888-234-1828 (USA and Canada), 952-853-1925 (Outside USA and Canada)
For Chemical Emergency: ChemTel LLC (800)255-3924 (North America) +1 (813)248-0585 (International)

SECTION 2: HAZARDS IDENTIFICATION

This product is labeled in accordance with regulations administered by the Consumer Product Safety Commission (CPSC) and the Food and Drug Administration (FDA). The use pattern and exposure in the workplace are generally not consistent with those experienced by consumers. The requirements of the Occupational Safety and Health Administration applicable to this SDS differ from the labeling requirements of the CPSC and FDA and, as a result, this SDS may contain additional health hazard information not pertinent to consumer use and not found on the product label.

2.1. Classification of the Substance or Mixture

Eye Dam. 1 H318

Aquatic Acute 2 H401

Aquatic Chronic 2 H411

Full text of hazard classes and H-statements : see section 16

2.2. Label Elements

GHS-US Labeling

Hazard Pictograms (GHS-US)



Signal Word (GHS-US)

: Danger

Hazard Statements (GHS-US)

: H318 - Causes serious eye damage.

H401 - Toxic to aquatic life.

H411 - Toxic to aquatic life with long lasting effects.

Precautionary Statements (GHS-US)

: P273 - Avoid release to the environment.

P280 - Wear protective gloves, protective clothing, and eye protection.

P305+P351+P338 - If in eyes: Rinse cautiously with water for several minutes.

Remove contact lenses, if present and easy to do. Continue rinsing.

P310 - Immediately call a poison center or doctor.

P391 - Collect spillage.

P501 - Dispose of contents/container in accordance with local, regional, national, and international regulations.

2.3. Other Hazards

Exposure may aggravate pre-existing eye, skin, or respiratory conditions.

2.4. Unknown Acute Toxicity (GHS-US)

No data available

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SECTION 3: COMPOSITION/INFORMATION ON INGREDIENTS

3.1. Substance

Not applicable

3.2. Mixture

Name	Synonyms	Product Identifier	%*	GHS US classification
Zinc, bis(D-gluconato-O1,O2)-	Bis(D-gluconato-O1,O2)zinc / Zinc gluconate / Zinc, bis(D-gluconato-.kappa.O1,.kappa.O2)-, (T-4)- / D-Gluconic acid, zinc complex / ZINC GLUCONATE / (T-4)-Bis(D-gluconato-.kappa.O1,.kappa.O2)zinc / zinc gluconate / Zinkgluconat	(CAS-No.) 4468-02-4	3-7	Eye Dam. 1, H318 Aquatic Acute 1, H400 Aquatic Chronic 1, H410
Zinc acetate dihydrate	Acetate, zinc, dihydrate / Acetic acid, zinc salt, dihydrate / Acetic acid, zinc(2+) salt, dihydrate / Zinc acetate, dihydrate / Zinc acetate-2-hydrate / Zinc acetate / Zinc diacetate, dihydrate / Zinc di(acetate) / zinc acetate	(CAS-No.) 5970-45-6	0.1-1	Acute Tox. 4 (Oral), H302 Skin Irrit. 2, H315 Eye Dam. 1, H318 Aquatic Acute 1, H400 Aquatic Chronic 1, H410
Ethyl alcohol	Methylcarbinol / Ethanol / ALCOHOL / Alcohol anhydrous / Alcohol / Grain alcohol	(CAS-No.) 64-17-5	0.25 – 0.375	Flam. Liq. 2, H225 Eye Irrit. 2A, H319
Menthol	Cyclohexanol, 5-methyl-2-(1-methylethyl)- / Cyclohexanol, 5-methyl-2-isopropyl- / DL-Menthol / dl-Menthol / MENTHOL / Menthol, unspecified isomer / 2-(1-Methylethyl)-5-methylcyclohexanol / dl-Menthol (isomer unspecified)	(CAS-No.) 1490-04-6	< 0.1	Skin Irrit. 2, H315 Eye Irrit. 2A, H319 Aquatic Acute 3, H402

*The specific chemical identity and/or exact percentage of composition have been withheld as a trade secret [29 CFR 1910.1200].

Full text of H-phrases: see section 16

SECTION 4: FIRST AID MEASURES

4.1. Description of First-aid Measures

First-aid Measures General: Never give anything by mouth to an unconscious person. If you feel unwell, seek medical advice (show the label where possible).

First-aid Measures After Inhalation: When symptoms occur: go into open air and ventilate suspected area. Obtain medical attention if breathing difficulty persists.

First-aid Measures After Skin Contact: Remove contaminated clothing. Immediately drench affected area with water for at least 15 minutes. Obtain medical attention if irritation develops or persists.

First-aid Measures After Eye Contact: Immediately rinse with water for at least 30 minutes. Remove contact lenses, if present and easy to do. Continue rinsing. Get immediate medical advice/attention.

First-aid Measures After Ingestion: Rinse mouth. Do NOT induce vomiting. Obtain medical attention.

4.2. Most Important Symptoms and Effects Both Acute and Delayed

Symptoms/Injuries: Causes serious eye damage.

Symptoms/Injuries After Inhalation: Prolonged exposure may cause irritation.

Symptoms/Injuries After Skin Contact: Prolonged exposure may cause skin irritation.

Symptoms/Injuries After Eye Contact: Causes permanent damage to the cornea, iris, or conjunctiva.

Symptoms/Injuries After Ingestion: Ingestion is not likely to be harmful or have adverse effects.

Chronic Symptoms: None expected under normal conditions of use.

4.3. Indication of Any Immediate Medical Attention and Special Treatment Needed

If exposed or concerned, get medical advice and attention. If medical advice is needed, have product container or label at hand.

SECTION 5: FIRE-FIGHTING MEASURES

5.1. Extinguishing Media

Suitable Extinguishing Media: Water spray, fog, carbon dioxide (CO₂), alcohol-resistant foam, or dry chemical.

Unsuitable Extinguishing Media: Do not use a heavy water stream. Use of heavy stream of water may spread fire.

5.2. Special Hazards Arising From the Substance or Mixture

Fire Hazard: Not considered flammable but may burn at high temperatures.

Explosion Hazard: Product is not explosive.

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Reactivity: Hazardous reactions will not occur under normal conditions.

5.3. Advice for Firefighters

Precautionary Measures Fire: Exercise caution when fighting any chemical fire.

Firefighting Instructions: Use water spray or fog for cooling exposed containers.

Protection During Firefighting: Do not enter fire area without proper protective equipment, including respiratory protection.

Hazardous Combustion Products: Carbon oxides (CO, CO₂). Zinc oxides. Acrolein.

Other Information: Do not allow run-off from fire fighting to enter drains or water courses.

SECTION 6: ACCIDENTAL RELEASE MEASURES

6.1. Personal Precautions, Protective Equipment and Emergency Procedures

General Measures: Do not breathe vapor, mist or spray. Do not get in eyes, on skin, or on clothing.

6.1.1. For Non-Emergency Personnel

Protective Equipment: Use appropriate personal protective equipment (PPE).

Emergency Procedures: Evacuate unnecessary personnel.

6.1.2. For Emergency Personnel

Protective Equipment: Equip cleanup crew with proper protection.

Emergency Procedures: Upon arrival at the scene, a first responder is expected to recognize the presence of dangerous goods, protect oneself and the public, secure the area, and call for the assistance of trained personnel as soon as conditions permit. Ventilate area.

6.2. Environmental Precautions

Prevent entry to sewers and public waters. Avoid release to the environment. Collect spillage.

6.3. Methods and Materials for Containment and Cleaning Up

For Containment: Contain any spills with dikes or absorbents to prevent migration and entry into sewers or streams.

Methods for Cleaning Up: Clean up spills immediately and dispose of waste safely. Transfer spilled material to a suitable container for disposal. Contact competent authorities after a spill.

6.4. Reference to Other Sections

See Section 8 for exposure controls and personal protection and Section 13 for disposal considerations.

SECTION 7: HANDLING AND STORAGE

7.1. Precautions for Safe Handling

Precautions for Safe Handling: Wash hands and other exposed areas with mild soap and water before eating, drinking or smoking and when leaving work. Avoid breathing vapors, mist, spray. Do not get in eyes, on skin, or on clothing.

Hygiene Measures: Handle in accordance with good industrial hygiene and safety procedures.

7.2. Conditions for Safe Storage, Including Any Incompatibilities

Technical Measures: Comply with applicable regulations.

Storage Conditions: Keep container closed when not in use. Store in a dry, cool place. Keep/Store away from direct sunlight, extremely high or low temperatures and incompatible materials.

Incompatible Materials: Strong acids, strong bases, strong oxidizers.

7.3. Specific End Use(s)

Oral Cold Remedy

SECTION 8: EXPOSURE CONTROLS/PERSONAL PROTECTION

8.1. Control Parameters

For substances listed in section 3 that are not listed here, there are no established exposure limits from the manufacturer, supplier, importer, or the appropriate advisory agency including: ACGIH (TLV), AIHA (WEEL), NIOSH (REL), or OSHA (PEL).

Menthol (1490-04-6)		
USA AIHA	WEEL TWA [ppm]	1 ppm
USA AIHA	WEEL STEL [ppm]	3 ppm (15-min. STEL)
Ethyl alcohol (64-17-5)		
USA ACGIH	ACGIH OEL STEL [ppm]	1000 ppm
USA ACGIH	ACGIH chemical category	Confirmed Animal Carcinogen with Unknown Relevance to Humans
USA NIOSH	NIOSH REL (TWA)	1900 mg/m ³
USA NIOSH	NIOSH REL TWA [ppm]	1000 ppm
USA IDLH	IDLH [ppm]	3300 ppm (10% LEL)
USA OSHA	OSHA PEL (TWA) [1]	1900 mg/m ³
USA OSHA	OSHA PEL (TWA) [2]	1000 ppm

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8.2. Exposure Controls

Appropriate Engineering Controls

: For occupational/workplace settings: Ensure adequate ventilation, especially in confined areas. Ensure all national/local regulations are observed. Emergency eye wash fountains and safety showers should be available in the immediate vicinity of any potential exposure.

Personal Protective Equipment

: For occupational/workplace settings and bulk quantities: Gloves. Protective clothing. Protective goggles.



Materials for Protective Clothing

: For occupational/workplace settings: Chemically resistant materials and fabrics.

Hand Protection

: For occupational/workplace settings: Wear protective gloves.

Eye and Face Protection

: For occupational/workplace settings: Chemical safety goggles.

Skin and Body Protection

: For occupational/workplace settings: Wear suitable protective clothing.

Respiratory Protection

: For occupational/workplace settings: If exposure limits are exceeded or irritation is experienced, approved respiratory protection should be worn. In case of inadequate ventilation, oxygen deficient atmosphere, or where exposure levels are not known wear approved respiratory protection.

Other Information

: When using, do not eat, drink or smoke.

SECTION 9: PHYSICAL AND CHEMICAL PROPERTIES

9.1. Information on Basic Physical and Chemical Properties

Physical State	: Liquid
Appearance	: Clear
Odor	: Mint
Odor Threshold	: No data available
pH	: 5.7
Evaporation Rate	: No data available
Melting Point	: No data available
Freezing Point	: No data available
Boiling Point	: No data available
Flash Point	: No data available
Auto-ignition Temperature	: No data available
Decomposition Temperature	: No data available
Flammability (solid, gas)	: Not applicable
Vapor Pressure	: No data available
Relative Vapor Density at 20°C	: No data available
Relative Density	: 1.03 (Water=1)
Solubility	: Water: Soluble
Partition Coefficient: N-Octanol/Water	: No data available
Viscosity	: No data available

9.2. Other Information

No additional information available

SECTION 10: STABILITY AND REACTIVITY

- 10.1. Reactivity:** Hazardous reactions will not occur under normal conditions.
- 10.2. Chemical Stability:** Stable under recommended handling and storage conditions (see section 7).
- 10.3. Possibility of Hazardous Reactions:** Hazardous polymerization will not occur.
- 10.4. Conditions to Avoid:** Direct sunlight, extremely high or low temperatures, and incompatible materials.
- 10.5. Incompatible Materials:** Strong acids, strong bases, strong oxidizers.
- 10.6. Hazardous Decomposition Products:** Not expected to decompose under ambient conditions.

SECTION 11: TOXICOLOGICAL INFORMATION

11.1. Information on Toxicological Effects

Acute Toxicity (Oral): Not classified

Acute Toxicity (Dermal): Not classified

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Acute Toxicity (Inhalation): Not classified

Menthol (1490-04-6)	
LD50 Dermal Rabbit	> 5000 mg/kg
LC50 Inhalation Rat	5289 mg/m ³ (Exposure time: 4 h)
Ethyl alcohol (64-17-5)	
LD50 Oral Rat	10470 mg/kg
LD50 Dermal Rat	20 ml/kg
LC50 Inhalation Rat	124.7 mg/l/4h
Zinc acetate dihydrate (5970-45-6)	
LD50 Oral Rat	794 mg/kg

Skin Corrosion/Irritation: Not classified

pH: 5.7

Serious Eye Damage/Irritation: Causes serious eye damage.

pH: 5.7

Respiratory or Skin Sensitization: Not classified

Germ Cell Mutagenicity: Not classified

Carcinogenicity: Not classified

Reproductive Toxicity: Not classified

Specific Target Organ Toxicity (Single Exposure): Not classified

Specific Target Organ Toxicity (Repeated Exposure): Not classified

Aspiration Hazard: Not classified

Symptoms/Injuries After Inhalation: Prolonged exposure may cause irritation.

Symptoms/Injuries After Skin Contact: Prolonged exposure may cause skin irritation.

Symptoms/Injuries After Eye Contact: Causes permanent damage to the cornea, iris, or conjunctiva.

Symptoms/Injuries After Ingestion: Ingestion is not likely to be harmful or have adverse effects.

Chronic Symptoms: None expected under normal conditions of use.

SECTION 12: ECOLOGICAL INFORMATION

12.1. Toxicity

Ecology - General : Toxic to aquatic life with long lasting effects.

Menthol (1490-04-6)	
LC50 Fish 1	22.3 mg/l (Exposure time: 96 h - Species: Brachydanio rerio [static])
Ethyl alcohol (64-17-5)	
LC50 Fish 1	11200 mg/l
EC50 - Crustacea [1]	9268 – 14221 mg/l (Exposure time: 48 h - Species: Daphnia magna)
LC50 Fish 2	> 100 mg/l (Exposure time: 96 h - Species: Pimephales promelas [static])
ErC50 (Algae)	1000 mg/l
NOEC Chronic Crustacea	9.6 mg/l

12.2. Persistence and Degradability

ZICAM® Cold Remedy Oral Mist – Arctic Mint	
Persistence and Degradability	May cause long-term adverse effects in the environment.

12.3. Bioaccumulative Potential

ZICAM® Cold Remedy Oral Mist – Arctic Mint	
Bioaccumulative Potential	Not established.
Menthol (1490-04-6)	
Partition coefficient n-octanol/water (Log Pow)	3.2
Ethyl alcohol (64-17-5)	
Partition coefficient n-octanol/water (Log Pow)	-0.32

12.4. Mobility in Soil No additional information available

12.5. Other Adverse Effects

Other Information : Avoid release to the environment.

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SECTION 13: DISPOSAL CONSIDERATIONS

13.1. Waste Treatment Methods

Waste Disposal Recommendations: Dispose of contents/container in accordance with local, regional, national, and international regulations.

Additional Information: Container may remain hazardous when empty. Continue to observe all precautions.

Ecology - Waste Materials: Avoid release to the environment. This material is hazardous to the aquatic environment. Keep out of sewers and waterways.

SECTION 14: TRANSPORT INFORMATION

The shipping description(s) stated herein were prepared in accordance with certain assumptions at the time the SDS was authored, and can vary based on a number of variables that may or may not have been known at the time the SDS was issued.

14.1. In Accordance with DOT Not regulated for transport

14.2. In Accordance with IMDG

Proper Shipping Name : ENVIRONMENTALLY HAZARDOUS SUBSTANCE, LIQUID, N.O.S. (CONTAINS : Zinc, bis(D-gluconato-O1,O2)- ; Zinc acetate dihydrate)

Hazard Class : 9

Identification Number : UN3082

Packing Group : III

Label Codes : 9

EmS-No. (Fire) : F-A

EmS-No. (Spillage) : S-F



14.3. In Accordance with IATA

Proper Shipping Name : ENVIRONMENTALLY HAZARDOUS SUBSTANCE, LIQUID, N.O.S. (CONTAINS : Zinc, bis(D-gluconato-O1,O2)- ; Zinc acetate dihydrate)

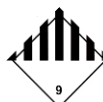
Packing Group : III

Identification Number : UN3082

Hazard Class : 9

Label Codes : 9

ERG Code (IATA) : 9L



This product meets the limited quantity exceptions as specified in the 49 CFR as Not Regulated as dangerous goods when shipped in accordance with any applicable subparts that may apply. The above applies only if it does not meet the exemption.

SECTION 15: REGULATORY INFORMATION

15.1. US Federal Regulations

ZICAM® Cold Remedy Oral Mist – Arctic Mint	
SARA Section 311/312 Hazard Classes	Health hazard - Serious eye damage or eye irritation
Menthol (1490-04-6)	
Listed on the United States TSCA (Toxic Substances Control Act) inventory	
Ethyl alcohol (64-17-5)	
Listed on the United States TSCA (Toxic Substances Control Act) inventory	
Zinc, bis(D-gluconato-O1,O2)- (4468-02-4)	
Listed on the United States TSCA (Toxic Substances Control Act) inventory	

15.2. US State Regulations

Ethyl alcohol (64-17-5)
U.S. - New Jersey - Right to Know Hazardous Substance List
U.S. - Pennsylvania - RTK (Right to Know) List
U.S. - Massachusetts - Right To Know List

SECTION 16: OTHER INFORMATION, INCLUDING DATE OF PREPARATION OR LAST REVISION

Date of Preparation or Latest Revision : 07/10/2022

Other Information : This document has been prepared in accordance with the SDS requirements of the OSHA Hazard Communication Standard 29 CFR 1910.1200

GHS Full Text Phrases:

Acute Tox. 4 (Oral)	Acute toxicity (oral) Category 4
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Aquatic Acute 1	Hazardous to the aquatic environment - Acute Hazard Category 1
Aquatic Acute 2	Hazardous to the aquatic environment - Acute Hazard Category 2
Aquatic Acute 3	Hazardous to the aquatic environment - Acute Hazard Category 3
Aquatic Chronic 1	Hazardous to the aquatic environment - Chronic Hazard Category 1
Aquatic Chronic 2	Hazardous to the aquatic environment - Chronic Hazard Category 2
Eye Dam. 1	Serious eye damage/eye irritation Category 1
Eye Irrit. 2A	Serious eye damage/eye irritation Category 2A
Flam. Liq. 2	Flammable liquids Category 2
Flam. Liq. 3	Flammable liquids Category 3
Skin Irrit. 2	Skin corrosion/irritation Category 2
H225	Highly flammable liquid and vapor
H226	Flammable liquid and vapor
H302	Harmful if swallowed
H315	Causes skin irritation
H318	Causes serious eye damage
H319	Causes serious eye irritation
H400	Very toxic to aquatic life
H401	Toxic to aquatic life
H402	Harmful to aquatic life
H410	Very toxic to aquatic life with long lasting effects
H411	Toxic to aquatic life with long lasting effects

This Product Safety Data Sheet is offered solely for your information, consideration and investigation. Church & Dwight Co., Inc. provides no warranties; either expressed or implied, and assumes no responsibility for the accuracy or completeness of data contained herein. Church & Dwight Co., Inc. urges persons receiving this information to make their own determination as to the information suitability for their particular application.

SDS US (GHS HazCom)