



# ZICAM® Extreme Congestion Relief (US GHS)

## Safety Data Sheet

According To Federal Register / Vol. 77, No. 58 / Monday, March 26, 2012 / Rules And Regulations

Revision Date: 11/02/2023 Date of Issue: 08/02/2021

Version: 1.1

### SECTION 1: IDENTIFICATION

#### 1.1. Product Identifier

**Product Form:** Mixture

**Product Name:** ZICAM® Extreme Congestion Relief (US GHS)

**Product Code:** 42016147, 42016359

#### 1.2. Intended Use of the Product

**Use of the Substance/Mixture:** Nasal Congestion Relief

#### 1.3. Name, Address, and Telephone of the Responsible Party

##### Company

Church & Dwight

500 Charles Ewing Blvd

Ewing Township, NJ 08628

T 1-800-524-1328

[www.churchdwight.com](http://www.churchdwight.com)

#### 1.4. Emergency Telephone Number

##### Emergency Number

: For Medical Emergency: 1-888-234-1828 (USA and Canada), 952-853-1925 (Outside USA and Canada)

For Chemical Emergency: VelocityEHS (800)255-3924 (North America) +1 (813)248-0585 (International)

### SECTION 2: HAZARDS IDENTIFICATION

This product is labeled in accordance with regulations administered by the Consumer Product Safety Commission (CPSC) and the Food and Drug Administration (FDA). The use pattern and exposure in the workplace are generally not consistent with those experienced by consumers. The requirements of the Occupational Safety and Health Administration applicable to this SDS differ from the labeling requirements of the CPSC and FDA and, as a result, this SDS may contain additional health hazard information not pertinent to consumer use and not found on the product label.

#### 2.1. Classification of the Substance or Mixture

Not classified

#### 2.2. Label Elements

##### GHS-US Labeling

No labeling applicable according to 29 CFR 1910.1200.

#### 2.3. Other Hazards

Exposure may aggravate pre-existing eye, skin, or respiratory conditions.

#### 2.4. Unknown Acute Toxicity (GHS-US)

No data available

### SECTION 3: COMPOSITION/INFORMATION ON INGREDIENTS

#### 3.1. Substance

Not applicable

#### 3.2. Mixture

No ingredients are required to be disclosed according to 29 CFR 1910.1200.

### SECTION 4: FIRST AID MEASURES

#### 4.1. Description of First-aid Measures

**First-aid Measures General:** Never give anything by mouth to an unconscious person. If you feel unwell, seek medical advice (show the label where possible).

**First-aid Measures After Inhalation:** When symptoms occur: go into open air and ventilate suspected area. Obtain medical attention if breathing difficulty persists.

**First-aid Measures After Skin Contact:** Remove contaminated clothing. Drench affected area with water for at least 5 minutes. Obtain medical attention if irritation develops or persists.

**First-aid Measures After Eye Contact:** Rinse cautiously with water for at least 5 minutes. Remove contact lenses, if present and easy to do. Continue rinsing. Obtain medical attention.

**First-aid Measures After Ingestion:** Rinse mouth. Do NOT induce vomiting. Obtain medical attention.

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### 4.2. Most Important Symptoms and Effects Both Acute and Delayed

**Symptoms/Injuries:** Not expected to present a significant hazard under anticipated conditions of normal use.

**Symptoms/Injuries After Inhalation:** Prolonged exposure may cause irritation.

**Symptoms/Injuries After Skin Contact:** Prolonged exposure may cause skin irritation.

**Symptoms/Injuries After Eye Contact:** May cause slight irritation to eyes.

**Symptoms/Injuries After Ingestion:** Ingestion may cause adverse effects.

**Chronic Symptoms:** No data available

### 4.3. Indication of Any Immediate Medical Attention and Special Treatment Needed

If exposed or concerned, get medical advice and attention. If medical advice is needed, have product container or label at hand.

## SECTION 5: FIRE-FIGHTING MEASURES

### 5.1. Extinguishing Media

**Suitable Extinguishing Media:** Water spray, fog, carbon dioxide (CO<sub>2</sub>), alcohol-resistant foam, or dry chemical.

**Unsuitable Extinguishing Media:** Do not use a heavy water stream. Use of heavy stream of water may spread fire.

### 5.2. Special Hazards Arising From the Substance or Mixture

**Fire Hazard:** Not considered flammable but may burn at high temperatures.

**Explosion Hazard:** Product is not explosive.

**Reactivity:** Hazardous reactions will not occur under normal conditions.

### 5.3. Advice for Firefighters

**Precautionary Measures Fire:** Exercise caution when fighting any chemical fire.

**Firefighting Instructions:** Use water spray or fog for cooling exposed containers.

**Protection During Firefighting:** Do not enter fire area without proper protective equipment, including respiratory protection.

**Hazardous Combustion Products:** Carbon oxides (CO, CO<sub>2</sub>). Phosphorous oxides. Nitrogen oxides.

## SECTION 6: ACCIDENTAL RELEASE MEASURES

### 6.1. Personal Precautions, Protective Equipment and Emergency Procedures

**General Measures:** Avoid prolonged contact with eyes, skin and clothing. Avoid breathing (vapor, mist, spray).

#### 6.1.1. For Non-Emergency Personnel

**Protective Equipment:** Use appropriate personal protective equipment (PPE).

**Emergency Procedures:** Evacuate unnecessary personnel.

#### 6.1.2. For Emergency Personnel

**Protective Equipment:** Equip cleanup crew with proper protection.

**Emergency Procedures:** Upon arrival at the scene, a first responder is expected to recognize the presence of dangerous goods, protect oneself and the public, secure the area, and call for the assistance of trained personnel as soon as conditions permit. Ventilate area.

### 6.2. Environmental Precautions

Prevent entry to sewers and public waters.

### 6.3. Methods and Materials for Containment and Cleaning Up

**For Containment:** Contain any spills with dikes or absorbents to prevent migration and entry into sewers or streams.

**Methods for Cleaning Up:** Clean up spills immediately and dispose of waste safely. Transfer spilled material to a suitable container for disposal. Contact competent authorities after a spill.

### 6.4. Reference to Other Sections

See Section 8 for exposure controls and personal protection and Section 13 for disposal considerations.

## SECTION 7: HANDLING AND STORAGE

### 7.1. Precautions for Safe Handling

**Precautions for Safe Handling:** Wash hands and other exposed areas with mild soap and water before eating, drinking or smoking and when leaving work. Avoid prolonged contact with eyes, skin and clothing. Avoid breathing vapors, mist, spray.

**Hygiene Measures:** Handle in accordance with good industrial hygiene and safety procedures.

### 7.2. Conditions for Safe Storage, Including Any Incompatibilities

**Technical Measures:** Comply with applicable regulations.

**Storage Conditions:** Keep container closed when not in use. Store in a dry, cool place. Keep/Store away from direct sunlight, extremely high or low temperatures and incompatible materials.

**Incompatible Materials:** Strong acids, strong bases, strong oxidizers.

### 7.3. Specific End Use(s)

Nasal Congestion Relief

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### SECTION 8: EXPOSURE CONTROLS/PERSONAL PROTECTION

#### 8.1. Control Parameters

For substances listed in section 3 that are not listed here, there are no established exposure limits from the manufacturer, supplier, importer, or the appropriate advisory agency including: ACGIH (TLV), AIHA (WEEL), NIOSH (REL), or OSHA (PEL).

#### 8.2. Exposure Controls

##### Appropriate Engineering Controls

: For occupational/workplace settings: Suitable eye/body wash equipment should be available in the vicinity of any potential exposure. Ensure adequate ventilation, especially in confined areas. Ensure all national/local regulations are observed.

##### Personal Protective Equipment

: For occupational/workplace settings and bulk quantities: Gloves. Protective clothing. Protective goggles.



##### Materials for Protective Clothing

: For occupational/workplace settings: Chemically resistant materials and fabrics.

##### Hand Protection

: For occupational/workplace settings: Wear protective gloves.

##### Eye and Face Protection

: For occupational/workplace settings: Chemical safety goggles.

##### Skin and Body Protection

: For occupational/workplace settings: Wear suitable protective clothing.

##### Respiratory Protection

: For occupational/workplace settings: If exposure limits are exceeded or irritation is experienced, approved respiratory protection should be worn. In case of inadequate ventilation, oxygen deficient atmosphere, or where exposure levels are not known wear approved respiratory protection.

##### Other Information

: When using, do not eat, drink or smoke.

### SECTION 9: PHYSICAL AND CHEMICAL PROPERTIES

#### 9.1. Information on Basic Physical and Chemical Properties

Physical State	: Liquid
Appearance	: Clear gel
Odor	: Neutral
Odor Threshold	: No data available
pH	: 6
Evaporation Rate	: No data available
Melting Point	: No data available
Freezing Point	: No data available
Boiling Point	: 102 °C (215.6 °F)
Flash Point	: No data available
Auto-ignition Temperature	: No data available
Decomposition Temperature	: No data available
Flammability (solid, gas)	: Not applicable
Vapor Pressure	: No data available
Relative Vapor Density at 20°C	: No data available
Relative Density	: 1.03 (Water=1)
Solubility	: No data available
Partition Coefficient: N-Octanol/Water	: No data available
Viscosity	: No data available

#### 9.2. Other Information No additional information available

### SECTION 10: STABILITY AND REACTIVITY

- 10.1. Reactivity:** Hazardous reactions will not occur under normal conditions.
- 10.2. Chemical Stability:** Stable under recommended handling and storage conditions (see section 7).
- 10.3. Possibility of Hazardous Reactions:** Hazardous polymerization will not occur.
- 10.4. Conditions to Avoid:** Direct sunlight, extremely high or low temperatures, and incompatible materials.
- 10.5. Incompatible Materials:** Strong acids, strong bases, strong oxidizers.
- 10.6. Hazardous Decomposition Products:** Not expected to decompose under ambient conditions.

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### SECTION 11: TOXICOLOGICAL INFORMATION

#### 11.1. Information on Toxicological Effects

Acute Toxicity (Oral): Not classified

Acute Toxicity (Dermal): Not classified

Acute Toxicity (Inhalation): Not classified

Skin Corrosion/Irritation: Not classified

pH: 6

Serious Eye Damage/Irritation: Not classified

pH: 6

Respiratory or Skin Sensitization: Not classified

Germ Cell Mutagenicity: Not classified

Carcinogenicity: Not classified

Reproductive Toxicity: Not classified

Specific Target Organ Toxicity (Single Exposure): Not classified

Specific Target Organ Toxicity (Repeated Exposure): Not classified

Aspiration Hazard: Not classified

Symptoms/Injuries After Inhalation: Prolonged exposure may cause irritation.

Symptoms/Injuries After Skin Contact: Prolonged exposure may cause skin irritation.

Symptoms/Injuries After Eye Contact: May cause slight irritation to eyes.

Symptoms/Injuries After Ingestion: Ingestion may cause adverse effects.

### SECTION 12: ECOLOGICAL INFORMATION

#### 12.1. Toxicity

Ecology - General : Not classified.

#### 12.2. Persistence and Degradability

ZICAM® Extreme Congestion Relief (US GHS)	
Persistence and Degradability	Not established.

#### 12.3. Bioaccumulative Potential

ZICAM® Extreme Congestion Relief (US GHS)	
Bioaccumulative Potential	Not established.

12.4. Mobility in Soil No additional information available

#### 12.5. Other Adverse Effects

Other Information : Avoid release to the environment.

### SECTION 13: DISPOSAL CONSIDERATIONS

#### 13.1. Waste Treatment Methods

Waste Disposal Recommendations: Dispose of contents/container in accordance with local, regional, national, and international regulations.

Ecology - Waste Materials: Avoid release to the environment.

### SECTION 14: TRANSPORT INFORMATION

The shipping description(s) stated herein were prepared in accordance with certain assumptions at the time the SDS was authored, and can vary based on a number of variables that may or may not have been known at the time the SDS was issued.

14.1. In Accordance with DOT Not regulated for transport

14.2. In Accordance with IMDG Not regulated for transport

14.3. In Accordance with IATA Not regulated for transport

### SECTION 15: REGULATORY INFORMATION

#### 15.1. US Federal Regulations

#### 15.2. US State Regulations

### SECTION 16: OTHER INFORMATION, INCLUDING DATE OF PREPARATION OR LAST REVISION

Date of Preparation or Latest Revision : 11/02/2023

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### Other Information

: This document has been prepared in accordance with the SDS requirements of the OSHA Hazard Communication Standard 29 CFR 1910.1200

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