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### Auricular peripheral nerve field stimulator and method of operating same

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#### Abstract

An auricular peripheral nerve field stimulator may include at least one therapy electrode configured for percutaneous insertion into an auricle of a human ear near at least one neurovascular bundle located therein, and an electrical stimulation device electrically coupled to the electrical stimulation device, the electrical stimulation device programmed to generate and deliver electrical stimulation signals, with defined stimulation parameters, to the at least one therapy electrode to stimulate, with the at least one therapy electrode percutaneously inserted, at least one auricular peripheral nerve field within the auricle, the defined stimulation parameters including a defined pulse frequency and at least one of a defined pulse width and a defined duty cycle.

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## **Background/Summary**

CROSS-REFERENCE TO RELATED APPLICATIONS (1) This patent application is a continuation of U.S. patent application Ser. No. 18/154,375, filed Jan. 13, 2023, which is a continuation of U.S. patent application Ser. No. 17/363,620, filed Jun. 30, 2021 and now U.S. Pat. No. 11,654,082, which is a continuation of U.S. patent application Ser. No. 16/408,004, filed May 9, 2019 and now U.S. Pat. No. 11,077,019, which is a continuation of U.S. patent application Ser. No. 16/014,169, filed Jun. 21, 2018 and now U.S. Pat. No. 10,322,062, which is a continuation of

U.S. patent application Ser. No. 15/811,278, filed Nov. 13, 2017 and now U.S. Pat. No. 10,010,479, which is a continuation of U.S. patent application Ser. No. 15/595,185, filed May 15, 2017 and now U.S. Pat. No. 9,839,577, which is a continuation of U.S. patent application Ser. No. 14/277,158, filed May 14, 2014 and now U.S. Pat. No. 9,662,269, which claims the benefit of, and priority to, U.S. Provisional Patent Application Ser. No. 61/894,270, the disclosures of which are all incorporated herein by reference in their entireties.

## BACKGROUND OF THE INVENTION

### 1. Field of the Invention

(1) The field of art disclosed herein pertains to an electrical stimulation device including a stimulator containing a generator for generating electrical stimulation pulses with defined stimulation parameters and a power supply for supplying the generator with electrical energy, and at least one needle electrode array for insertion into the skin surface of an area to be stimulated.

### 2. Description of the Related Art

(2) An electrical stimulation device of the present type is, for instance, known from AT 395 106 B and EP 1 335 774 B1. The electrical stimulation devices are used in the electrical acupuncture therapy of humans and animals. Often, the devices are suitable for using the electrical stimulation of acupuncture points in the region of the ear. Applications range from pain management to wound healing, to therapies of circulatory disorders, e.g. in diabetes.

(3) Placement of acupuncture needles, both electrically and non-electrically stimulated in the auricular (ear) anatomy has been used for pain control for decades. The theory for effectiveness of acupuncture has been based upon theories, which include energy flow (chi), application of heat or cold and the use of reflex points

(4) The actual location and determination of needle placement (called points) is based upon tradition and theory of acupuncture. While the ascribed “points” may vary, depending upon the type of acupuncture to which one prescribes, the rationale and needle placement varies little and the theory is the same.

(5) The addition of electrical stimulation to the individual, non-connected needles does not alter the rationale and the location of application is still based upon the original theory. The addition of electricity, while considered an enhancement, still falls within the realm of auricular acupuncture.

(6) Peripheral nerve field stimulation is an accepted procedure for the affecting of targeted nerves to alter pain transmission on a local (peripheral) and CNS (central nervous system) level. PNFS is commonly used in the occipital nerves (branches of the cervical nerves) for headache control, and the femoral nerve of the leg for control of phantom limb pain, stump pain, and other types of pain, including pre and post surgical pain and acute and chronic pain.

(7) The PNFS technique is based upon neuro-anatomy, blood vessel anatomy, the proximity of the electrodes to the actual nerves being stimulated and verification of electrode proximity

(8) Located within the ear are cranial nerves V, VII, IX, X which anastomose (connect) directly into the brain and branches of the greater and lesser occipital nerves anastomosing directly into the cervical spine. There are distinct areas of the auricle on both the dorsal and ventral aspect which carry a predominance/concentration of the cranial nerves, peripheral nerves, arterial branches, and neurovascular bundles.

(9) Branches of the superior temporal artery and the posterior auricular artery are found within the external ear, entering from the anterior (ventral) and posterior (dorsal) aspect of the ear. These arteries converge in the lobe, branching eventually into the cellular level forming a complex, interconnecting network branching according to Mandelbrot's set.

(10) The present invention provides for a system and methods not based upon acupuncture technique or “points” but rather peripheral nerve field stimulation, anatomical location of cranial nerves, peripheral nerves, arterial branches and/or neurovascular bundles, and energy transfer based upon accepted laws of energy transfer in human tissue. These physical entities can be selectively

targeted by percutaneous implantation of one or more electrode-needle complex either with a single needle or an array connected to a generator set at a selected frequency or modulating frequency range.

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## Description

### BRIEF DESCRIPTION OF THE DRAWINGS

- (1) The various exemplary embodiments of the present invention, which will become more apparent as the description proceeds, are described in the following detailed description in conjunction with the accompanying drawings, in which:
- (2) FIG. 1A is a side view of a head of a human being with an electrical stimulation device in an auricular application, according to one embodiment;
- (3) FIG. 1B is a block diagram of the electrical stimulation device of FIG. 1A, according to one embodiment;
- (4) FIG. 2 is a perspective view of an electrode needle array of the electrical stimulation device of FIG. 1;
- (5) FIG. 3 is a perspective view of a single therapy electrode and line of the electrode needle array of FIG. 2, according to one embodiment;
- (6) FIG. 4 is a front side view of the electrode needle array of FIG. 2, according to one embodiment;
- (7) FIG. 5 is a back side view of the electrode needle array of FIG. 2, according to one embodiment;
- (8) FIG. 6 is a front side view of the single therapy electrode and line of FIG. 3, according to one embodiment;
- (9) FIG. 7 is a right side view of the single therapy electrode and line in a cross section view along lines A-A of FIG. 3, according to one embodiment;
- (10) FIG. 8 is a front side view of the single therapy electrode and line of FIG. 3, according to one embodiment;
- (11) FIG. 9 is a right side view of the single therapy electrode and line in a cross section view taken along lines B-B of FIG. 8, according to one embodiment;
- (12) FIG. 10 is a right side detail view of the single therapy electrode of FIG. 9, according to one embodiment;
- (13) FIG. 11 is a top view of the single therapy electrode of FIG. 8 in cross section view taken along lines C-C, according to one embodiment;
- (14) FIG. 12 is a perspective view of the single therapy electrode of FIG. 3, according to one embodiment;
- (15) FIG. 13 is a side view of the single therapy electrode of FIG. 3 with a line port illustrated in phantom, according to one embodiment;
- (16) FIG. 14 is a side view of the single therapy electrode of FIG. 13 in cross section view taken along lines D-D, according to one embodiment;
- (17) FIG. 15 is a side view of the single therapy electrode of FIG. 13 in cross section view taken along lines E-E, according to one embodiment;
- (18) FIG. 16 is a side view of the single therapy electrode of FIG. 13 from a perspective of line F, according to one embodiment; and
- (19) FIG. 17 is a flow diagram of a method of electrical stimulation using the electrical stimulation device of FIG. 1, according to one embodiment.

### DETAILED DESCRIPTION

- (20) The present invention relates to methods and systems for electrode placement for auricular peripheral nerve field stimulation (PNFS) using a unique method of anatomical visualization and

percutaneous implantation of an electrode complex(s) designed as a needle array.

(21) In one embodiment, the invention provides for a single use device that is physician applied for ambulatory, continuous, home based therapy. In one embodiment, the stimulator is percutaneously implanted into the cranial and/or peripheral nerves and corresponding neural vascular bundles of the auricular and periauricular areas as ascertained by the method of evaluating and implanting of the electrode/needle array provided in the present invention. This includes transillumination of the auricular and periauricular tissues and surrounding neurovascular anatomy. The auricular peripheral nerve stimulator system allows for continuous, intermittent neural stimulation.

(22) In one embodiment, the auricular peripheral nerve stimulator system is a battery-operated, single-use device that has a preprogrammed frequency, pulse and duration for the stimulation of selected cranial and/or peripheral nerves and corresponding neural vascular bundles of auricular and periauricular areas. In one embodiment, the device power supply connects via three or more electrical conduit wires, sheathed in electrically insulating material, to one or more therapy electrode arrays comprised of multiple needles each and one reference electrode.

(23) In another embodiment, the device comprises two or more needle arrays comprised of multiple needles each. In another embodiment, the device comprises three or more needle arrays comprised of multiple needles each. In another embodiment, the device comprises four or more needle arrays comprised of multiple needles each. In another embodiment, the needle arrays are comprised of two or more needles each. In another embodiment, the needle arrays are comprised of three or more needles each. In another embodiment, the needle arrays are comprised of four or more needles each. In another embodiment, the needle arrays are comprised of five or more needles each. In another embodiment, the needle arrays are comprised of six or more needles each.

(24) Turning to the drawings, FIGS. 1A-1B depict an electrical stimulation device **10** for, in particular, an electrical acupuncture therapy in the region of an ear **12** of a human being **14**. The stimulation device **10** includes a stimulator **18** containing a generator **20** for generating stimulation pulses with defined stimulation parameters, i.e. a defined voltage or a defined current, a defined duration, a defined repetition frequency and a defined duty cycle etc. In one embodiment, the electrical stimulation device **10** comprises an electrical signal generator **20** configured to generate electrical stimulation pulses having a repetition frequency of 0.5 to 100 Hz, preferably 1-10 Hz, and a duty cycle of 10 to 90%, preferably 40-60%. In one embodiment, the stimulation pulses are generated at a constant current amplitude.

(25) With particular reference to FIG. 1B, electronic aspects of the electrical stimulation device **10** may be implemented by means of an analogue circuit, a digital circuit or a computer arrangement with a processor instructed by a suitable computer program, or any combination thereof. In one embodiment, a program **22** for performing stimulation is resident in memory **24** and executed by a microprocessor **26** to control the stimulator **18**. The memory **24** may be implemented as several memory units of different types (RAM, ROM, etc.). The memory **24** stores instructions of a program **22** to allow a microprocessor **26** to perform one or more functions. Optionally, memory **24** stores a number of detected parameter values as obtained from detection devices **28**, such as incorporated in an electrode needle array **30**. The memory **24** may be any suitable memory **24** for storing a predetermined function such as a computer readable memory **24**. The predetermined function may be a mathematical function or correlation. Suitable functions may be functions that are suitable for determining whether a determined parameter value is equal to, greater than or smaller than a predetermined threshold value. Based on his knowledge the skilled person will be able to determine suitable functions on the basis of which a response is required as a function of the determined parameter values. For example, the function may relate the absence of certain parameter values below a certain threshold value to a certain time frame. Such a function may be determined to detect the absence of breathing during a certain time period e.g. 1 second and longer, 2 seconds and longer or 5 seconds and longer.



(26) Based on the program **22** as stored in the memory **24**, the microprocessor **26** is able to process the number of detected parameter values as obtained from the detection device in said function. For this, the detected parameter values are loaded into the microprocessor **26** either directly from the detection devices **28** or alternatively from the memory **24** into which the detected parameter values were previously loaded. The function is loaded in the microprocessor **26** from the memory **24** or in an alternative embodiment the predetermined function may be embedded in said microprocessor **26**. In the latter embodiment at least one memory **24** is (partially) integrated in the microprocessor **26**. In one embodiment, the memory **24** records the stimulation parameters as a function of time as data **25** to enable the performance of a quality control check or check of the proper operation by a remote control device **27** that is periodically or permanently in communication with the stimulation device **10** via wireless or wired connection **29**.

(27) The detection device **28** may be any suitable device for detecting a number of parameter values. In the present specification, a “number” shall mean one or more unless explicitly stated otherwise. Parameters suitable for determining whether a subject is in need of resuscitation include but are not limited to parameters corresponding to muscle activity, parameters corresponding to breathing, or parameters corresponding to cerebral activity, such as electrical activity of neural cells including brain cells, or electrical activity recorded from the ear or any other suitable point on the body of a human being **14**. Other sensors may be applied as well, like a sensor to measure body temperature, a sensor to measure pressure, and a sound sensor, like a microphone.

(28) A power supply **32** is provided in order to supply the components of the stimulator **18** with electrical energy. In one embodiment, the power supply **32** is formed by a suitable battery **34** or an accumulator. The electrical pulses generated in the generator **20** of the stimulator **18** are delivered via at least one needle electrode array **30** comprising at least two therapy electrode arrays **36** and at least one ground or reference electrode **38**.

(29) Each therapy electrode **36** has two or more needle electrodes **40**, which in an exemplary embodiment is four (4) in number. In one embodiment, the number of therapy electrodes **36** is selected from the group consisting of 2, 3, 4, 5, 6, 7, 8, 9, 10, or more. In another embodiment, the number of needle electrodes **40** per therapy electrode **36** is selected from the group consisting of 2, 3, 4, 5, 6, 7, 8, 9, 10, or more. In one embodiment, the number of needle electrodes **40** per therapy electrode **36** is 2-10. In one embodiment, the number of needle electrodes **40** per therapy electrode **36** is 3-9. In one embodiment, the number of needle electrodes **40** per therapy electrode **36** is 4-8. As seen in FIG. **1B**, the array may include one or more therapy electrode **36'** and **36''**, alone or in combination, with five (5) and six (6) needle electrodes **40**, respectively.

(30) The present invention has shown that the use of therapy electrode **36** having a plurality of two or more needle electrodes **40**—and preferably 3 or more and more preferably 4 or more—provides for the unexpected result of a synergistic field effect and not merely an additive electrical stimulation for pain reduction.

(31) Each reference electrode **38** includes at least at least one needle electrode **40**. The therapy electrodes **36** and reference electrode **38** are inserted into the skin surface in the area to be stimulated. The reference electrode **38** provides a ground connection for electronic circuit located within the stimulator **18**.

(32) In one embodiment, the needle electrodes are made of an electrically conductive material, in particular a metal such as titanium, stainless steel or the like. In addition to metals, conductive synthetics are also conceivable for the production of the needle electrodes.

(33) In one embodiment, the at least two needle electrodes **40** of the therapy electrode **36** are arranged in a common electrode housing **42** with a detection device **28** and connected to the stimulator **18** by an appropriate line **44**. A circuit board **45** (FIG. **1B**) on which the one or more needle electrodes **40** are mounted is arranged in the common electrode housing **42**. The therapy electrodes **36** can, for instance, be simply connected to the circuit board **45** by a conductive adhesive. The line **44** is likewise connected to the circuit board **45**, either by a solder joint or by a

screw connection, the conductive tracks of the circuit board **45** safeguarding the electrical connection to the therapy electrodes **36**. The arrangement of each therapy electrode **36** in a common electrode housing **42** provides for a defined distance between the individual needle electrodes **40**. The line **44** for connecting the therapy electrodes **36** to the stimulator **18** can be fixedly, i.e. inseparably, or even detachably configured. Each line **44** can be fixedly connected respectively to the corresponding therapy electrode **36** or reference electrode **38**. Each line **44** can also be fixedly connected to the stimulator **18**. In the illustrative embodiment, each line **44** terminates at a plug **46** that is physically and electrically connected to a socket **48** mounted on an electronic housing **50** that contains the stimulator **18**.

(34) In order to attach the electronic housing **50** to the skin surface, a fastening element **54** (FIG. **1B**), such as an adhesive element, may be provided. Besides the adhesive element, other fastening methods, e.g. via magnets, elastic bands or the like can be used. The fastening element can be integrated in the electrode housing. For example, the electronic housing **50** can adhesively mount behind the ear **12** of the human being **14** (FIG. **1A**). The electronic housing **50**, which may be made of a synthetic material and is preferably designed to be water-proof. The components depicted in FIG. **1A** can be arranged in a preferably sterile package (not illustrated) so as to prevent any contamination of the needle electrode array **30**.

(35) The present invention provides an electrical stimulation system that provides unexpected results in terms of performance and efficacy. In one aspect, the present disclosure provides an electrical stimulation device **10** with a stimulator **18** containing a generator **20** for generating electrical stimulation impulses with defined stimulation parameters, and a power supply **32** for supplying the generator **20** with electrical energy, and with at least two needle electrodes **40** for insertion into the skin surface of an area that is to be stimulated.

(36) In another aspect, the present disclosure provides an apparatus for stimulating auricular points on the human ear is provided using low voltage pulses that are generated and delivered by portions of the apparatus, particularly by percutaneously implanted needle electrodes into the cranial and/or peripheral nerves and corresponding neural vascular bundles of the auricular and periauricular areas.

(37) In another aspect, methods of evaluating and implanting of the electrode/needle array include transillumination of the auricular and periauricular tissues and surrounding neurovascular anatomy.

(38) Where the control device is coupled to operating elements for changing the stimulation parameters, manual adjustment and change of the stimulation parameters may be provided. Where no operating elements are provided, the respective adjustment of the stimulation parameters can be performed by programming the control device. To this end, the stimulator preferably comprises a suitable interface for connecting to a control computer.

(39) An actuator or switch can be provided to activate the stimulator. Alternatively, the activation can, for instance, also be realized by removing an insulator on the battery **34** constituting the power supply **32**.

(40) In order to give a feedback on the operation of the stimulation device to the patient or the physician, an operation indicator **52**, e.g. a light-emitting diode, can be provided in the stimulator. In addition to an optical operation indicator, an acoustic indicator of the proper operation or proper start-up can also be provided.

(41) In another embodiment, the auricular peripheral nerve stimulator system is a battery-operated, single-use device that has a pre-programmed frequency, pulse and duration for the stimulation of selected cranial and/or peripheral nerves and corresponding neural vascular bundles of auricular and periauricular areas. The power supply **32** connects via four lines **44** of stainless steel wires, sheathed in a plastic overmolding, to three therapy electrodes **36** comprised of four (4) needle electrodes **40** each and one reference electrode **38** comprised of only one (1) needle electrode **40**.

(42) In another embodiment, the auricular peripheral nerve stimulator is a single use device that is physician applied for ambulatory, continuous, home based therapy. It is to be percutaneously

implanted into the cranial and/or peripheral nerves and corresponding neural vascular bundles of the auricular and periauricular areas as ascertained by the disclosed method of evaluating and implanting of the electrode/needle array. This includes transillumination of the auricular and periauricular tissues and surrounding neurovascular anatomy. The auricular peripheral nerve stimulator system allows for continuous, intermittent neural stimulation for up to five days.

(43) In another embodiment, the device is an ambulatory, physician applied, minimally invasive application of electrical neural stimulation implanted directed into the neurovascular bundles of the external ear verified by transillumination co joined with skin impedance measurement. In another embodiment, a generator located behind the ear, produces electrical stimulation impulses, which are transferred via an electrode/needle array to branches of cranial and/or occipital nerves and sympathetic fibers of the arterial branches.

(44) In another embodiment, electrode/needle array implantation into the skin of the ear allows for direct access to branches of cranial nerves V, VII, IX, and X as well as branches of the occipital nerves. Direct access to the arterial branches of the head and neck are accessible and reduction of sympathetic stimulation results in an increase of vascular flow rate, reduction of vascular resistance and increase of perfusion. The arterial branches of the superficial temporal artery and the posterior auricular artery form a rich interconnecting complex network the terminal branches of which anastomose throughout the ear.

(45) In another embodiment, the auricular peripheral nerve stimulator alters production and utilization of serotonin via vagal stimulation, and meningovascular dilation secondary to decreased sympathetic (or increased parasympathetic) tone.

(46) In one embodiment, the device is powered by three lithium batteries, each with a voltage of 3 volts. In another embodiment, the device modulates a duty cycle between 2 hours on, 2 hours at rest. In another embodiment, the maximum performance time frame is 5 days or 120 hours (5 days×24 hours).

(47) In another embodiment, the auricular peripheral nerve stimulator is a single use device that is physician applied for ambulatory, continuous, home based therapy. In another embodiment, it is to be percutaneously implanted into the cranial and/or peripheral nerves and corresponding neural vascular bundles of the auricular and periauricular areas as ascertained by the disclosed methods of evaluating and implanting of the electrode/needle array. The methods include transillumination of the auricular and periauricular tissues and surrounding neurovascular anatomy. In another embodiment, the auricular peripheral nerve stimulator system allows for continuous, intermittent neural stimulation for up to five days.

(48) In one embodiment, the generator **20** for generating electrical stimulation pulses is comprised of a digital/analog converter (DAC) **56** and a voltage/current converter (VCC) **58**. The therapy electrodes **36** are connected to the stimulator **18** via lines **44**. The power supply **32** is preferably formed by a battery **34**. The actuation of the generator **20**, and the fixation of the stimulation parameters and control of the stimulation procedure, are effected via a control device, such as the microprocessor **26**. The microprocessor **26** can be programmed, and its parameters can be changed, via an interface **60**. A change in the stimulation parameters can also be effected manually by the aid of appropriate operating elements **62** coupled to the microprocessor **26** either on the electronic housing **50** or in the remote control device **27**. The current amplitude of the stimulation pulses can, for instance, be adjusted and changed via operating elements **62**, e.g. buttons. Activation of the stimulator **18** and the power supply **32** provided therein can be effected via a switch **64**. In accordance with the invention, stimulation pulses are delivered to the lines **44** connected to the therapy electrodes **36** at constant current amplitudes in order to be more independent of the strongly varying impedance of the skin.

(49) The stimulator **18** can store the stimulation parameters as data **25** in memory **24** as a function of time for subsequent examinations or for quality control. The memory **24** can be read out by an appropriate computer such as the remote control device **27** via the interface **60**. To indicate the

proper functioning of the electrical stimulation device **10** and the stimulator **18**, respectively, an appropriate operation indicator **52** can be provided, which may, for instance, be formed by a light-emitting diode.

(50) In some embodiments of the invention, the electrical stimulation device **10** comprises controls for the ability to adjust the voltage output to the therapy electrodes **36** by manipulation of controls. It is contemplated that in some instances the healthcare professional may wish to make changes to the voltage output to the devices of the present invention, such as the pulse frequency, the pulse width, the provision of sequential pulses, the output of more than one pulse at a time and the like. In one embodiment, variations in the operation of device are made using a serial interface. The term “serial interface” as used herein refers to device that may be coupled to the electronic circuit via an electrical port and to a computer or the like having software capable of being downloaded to the microprocessor **26** of the circuit. Once downloaded to the microprocessor **26**, such software, such as program **22**, would control the voltage output to the therapy electrodes **36**, as desired.

(51) The electrical stimulation device **10** can be operated for auricular use as follows. Initially, auricular points on the outer part of the ear **12** are identified depending upon the symptoms or other conditions of a particular patient. It should be appreciated that one skilled in the art can identify auricular points and/or their correlation with different health. Once such points are identified by a health care professional, the device of this invention is employed to deliver a pulsed voltage to such points.

(52) FIG. 2 illustrates the electrode needle array **30** of the electrical stimulation device **10** of FIG. 1.

(53) FIG. 3 illustrates a single therapy electrode **36** and line **44** of the electrode needle array **36** of FIG. 2.

(54) FIG. 4 illustrates the electrode needle array **30**.

(55) FIG. 5 illustrates a back side view of the single therapy electrode **36**.

(56) FIG. 6 illustrates front side view of the single therapy electrode **36** and line **44**.

(57) FIG. 7 illustrates a right side view of the single therapy electrode **36** and line **44** in a cross section view along lines A-A of FIG. 3.

(58) FIG. 8 illustrates a front side view of the single therapy electrode **36** and line **44**.

(59) FIG. 9 illustrates a right side view of the single therapy electrode **36** and line **44** in a cross section view taken along lines B-B of FIG. 8.

(60) FIG. 10 illustrates a right side detail view of the single therapy electrode **36** of FIG. 9.

(61) FIG. 11 illustrates a top view of the single therapy electrode **36** of FIG. 8 in cross section view taken along lines C-C, according to one embodiment;

(62) FIG. 12 illustrates a perspective view of the single therapy electrode **36** of FIG. 3, according to one embodiment;

(63) FIG. 13 illustrates a side view of the single therapy electrode **36** of FIG. 3 with a line port **66** illustrated in phantom, according to one embodiment.

(64) FIG. 14 illustrates a side view of the single therapy electrode **36** of FIG. 13 in cross section view taken along lines D-D, according to one embodiment.

(65) FIG. 15 illustrates a side view of the single therapy electrode **36** of FIG. 13 in cross section view taken along lines E-E, according to one embodiment.

(66) FIG. 16 illustrates a side view of the single therapy electrode **36** of FIG. 13 from a perspective of line F, according to one embodiment.

(67) FIG. 17 illustrates a method **1700** of electrical stimulation using the electrical stimulation device **10** (FIG. 1). In one embodiment, the method **1700** includes the processor of the electrical stimulation device being awoken by a timer interrupt (block **1702**). The processor checks a total run time (block **1704**). As discussed below, the processor determines what state is appropriate for the current run time by checking state in block **1706**. For example, the processor can prompt the generator to produce a 1 Hz positive pulse (block **1708**). The processor can prompt the generator to

produce a 10 Hz positive pulse (block **1710**). The processor can prompt the generator to produce a 1 Hz negative pulse (block **1712**). The processor can prompt the generator to produce a 10 Hz negative pulse (block **1714**). The processor can determine that a delay timer has expired and restart time (block **1716**) or the processor can delay of two hours is warranted (block **1718**). Then the processor can increment an EEPROM counter if necessary (block **1720**).

(68) In one embodiment, the auricular peripheral nerve stimulator placement method comprises the steps: a) In some embodiments, the electrode/needle harness will be attached to the generator activating the device. Confirmation of successful activation may be tested by use of the provided ohmmeter to assure the circuit is complete. b) The subject's external ear will be chosen for application c) The chosen external ear and the anatomical location of the generator placement distal to the ear will be cleaned with an astringent to remove any surface oils or debris. Furthermore, the subject's external ear and the generator location may be disinfected by alcohol pads. d) The location of the auricular neurovascular bundles will be first visualized by the clinician using the transilluminator per protocol. e) The electrode/needle array connected to the lead wires are percutaneously implanted into the proper anatomical location being sure to penetrate the skin so implantation is percutaneous within 1 mm of the chosen neurovascular bundles. f) The duration of treatment is 120 hours.

(69) In one embodiment, the electrically erasable programmable read-only memory (EEPROM) is updated each minute to ensure the unit repeats the pulse train for 2 hours, follows with a 2 hour low power delay cycle with no pulse output, then repeats the pulse and delays for a total of 120 hours regardless. EEPROM ensures run time data and the current action of the state machine are saved even if power is removed from the board. After 120 hours, all interrupts and timers are disabled and unit is allowed to go into an endless sleep state-effectively disabling the unit permanently.

(70) The actual location and determination of needle placement (called points) is based upon tradition and theory of acupuncture. While the ascribed "points" may vary, depending upon the type of acupuncture to which one prescribes, the rationale and needle placement varies little and the theory is the same.

(71) The addition of electrical stimulation to the individual, non-connected needles does not alter the rationale and the location of application is still based upon the original theory. The addition of electricity, while considered an enhancement, still falls within the realm of auricular acupuncture.

(72) The present invention provides methods not based upon acupuncture technique or "points" but rather peripheral nerve field stimulation, anatomical location of cranial nerves, peripheral nerves, arterial branches and/or neurovascular bundles, and energy transfer based upon accepted laws of energy transfer in human tissue. Peripheral nerve field stimulation is an accepted procedure for the affecting of targeted nerves to alter pain transmission on a local (peripheral) and CNS (central nervous system) level. PNFS is commonly used in the occipital nerves (branches of the cervical nerves) for headache control, and the femoral nerve of the leg for control of phantom limb pain, stump pain, and other types of peripheral pain. The PNFS technique is based upon neuro-anatomy, blood vessel anatomy, proximity of the electrodes to the actual nerves being stimulated, and verification of electrode proximity.

(73) Without wishing to be bound by theory, the method of auricular application of PNFS relies on the fact that located within the ear are cranial nerves V, VII, IX, X which anastomose (connect) directly into the brain and branches of the greater and lesser occipital nerves anastomosing directly into the cervical spine. There are distinct areas of the auricle on both the dorsal and ventral aspect which carry a predominance/concentration of the cranial nerves, peripheral nerves, arterial branches, and neurovascular bundles.

(74) Branches of the superior temporal artery and the posterior auricular artery are found within the external ear, entering from the anterior (ventral) and posterior (dorsal) aspect of the ear. These arteries converge in the lobe, branching eventually into the cellular level forming a complex, interconnecting network branching according to Mandelbrot's set.

(75) These physical entities can be selectively targeted by percutaneous implantation of one or more electrode/needle complex(s) either with a single needle or an array connected to a generator set at a selected frequency or modulating frequency range.

(76) The nerves and arteries converge into neurovascular bundles. Visualization of the bundles can be achieved by transillumination of the ear, ultrasonic imaging or other techniques used to visualize or infer these particular kinds of anatomy.

(77) Application of these procedures, its rationale, and verification are unique to our technique and varies from the previously held concepts of auricular acupuncture in the following manner: a) The verification of the bundles is ascertained by physical anatomy and visualization. b) There are anatomical areas, which have concentrations of the cranial nerves and arterial branches but no set “points” to learn and follow. Location of placement of the electrode/needle complex must be individualized and is not “pre set”. c) The theory is based on neurovascular stimulation and targeted stimulation of the cranial nerves or peripheral nerves, not acupuncture points (chi, hot/cold, or reflex points).

(78) This is accomplished due to the thickness of the tissue of the external ear is thin enough that a focused light (transilluminator) can pass through the tissue (transillumination). Also, there is a difference in density between the auricular tissues and the auricular neurovascular bundles allowing the bundles to be visualized and outlined. Finally, both measurement of the rate of arterial blood flow and the vessel anatomy can be visualized and isolated using ultra sonic imaging and other techniques used to directly visualize neurovascular or vascular tissues.

(79) The electrode/needle complex(s) are implanted percutaneously to stimulate the arterial branches, the cranial nerves, peripheral nerves and the neurovascular bundles. There is a natural tissue resistance to electricity. The implantation must be within 2 mm of the nerve and vascular tissue to have an effect. The implanted needle cannot be directly into an arterial branch.

Percutaneous implantation of one or more needle/electrode complex(s) or an array beyond the capability of the tissue to transfer the electricity will cause tissue damage and pain with little or no energy transfer to the neurovascular bundles, arterial branches, peripheral or cranial nerves.

Percutaneous implantation of a needle or needle/array directly into a main arterial branch will cause pain and bleeding. This application technique/method and energy transfer is based on both Coulomb's law and Ohm's law.

(80) The verification of the cranial nerves, peripheral nerves, arterial branches, and neurovascular bundles are ascertained by anatomy and visualization. There are anatomical areas (zones), which have predictable and reproducible concentrations of the cranial nerves, peripheral nerves, arterial branches, and neurovascular bundles but no set “points” to learn and follow. Electrode/needle implantation must be within parameters of the electrode design, generator design, and tissue resistance as determined by Coulomb's and Ohm's laws. The combination of the understanding of anatomy, visualization, and proper percutaneous implantation of the needle/electrode array will determine proper transfer of the electricity into the neurovascular bundles. Without using this unique method, the electrode/needle implantation into the auricle is not accurate.

(81) In one embodiment, the application method can be performed as follows:

(82) Clean off the skin of the dorsal and ventral of the ear with an astringent. This removes surface oils, make up, etc. which may interfere with implantation and energy transfer from the generator.

(83) Using a transilluminator, ultrasonic imaging, or other visualization techniques, the area (zone) into which there is a concentration of cranial nerves, occipital nerves, neurovascular bundles, and branches of the superficial temporal and posterior auricular arteries are targeted as per our guidelines. Choose the area that corresponds to the neuroanatomy, which is to be targeted.

(84) In one embodiment, transillumination technique can be performed as follows: a) Place the lighted, optic tip of the transillumination device directly against the skin on the ventral or dorsal aspect of the ear at 90 degrees so the concentrated light passes through the tissue. The light can be a direct, focused light or an array of lights of any color spectrum. Since the light passes through the

tissue and the auricular tissue has a different density than the neurovascular bundles, this will in essence outline the arterial branches and the neurovascular vascular bundles so they can be seen. b) Implant the needle/electrode complex(s) percutaneously within 2 mm of the neurovascular bundles (as visualized) but not directly into an arterial branch by placing the needle into the skin at 90 degrees from either the dorsal or ventral aspect of the ear depending upon which of the cranial nerves, occipital nerves, neurovascular bundles, or arterial branches are to be targeted. The needle should not be inserted directly into a main arterial branch. The needle must pass through the outer dermis to be classified as percutaneous. Placing any type of stimulation to the outer skin without complete skin penetration is considered transcutaneous. c) Verification of correct placement is by determined by patients noting the pulsing of the electricity, and/or enlarging of the associated arteries by unaided visual inspection. In one embodiment, the method further comprises following up with transillumination as per described protocol to help verify arterial reaction. In another embodiment, the method further comprises measurement of an increase in blood flow, as measured or determined by any method or device

(85) All publications, patents and patent applications cited herein, whether supra or infra, are hereby incorporated by reference in their entirety to the same extent as if each individual publication, patent or patent application was specifically and individually indicated as incorporated by reference. It should be appreciated that any patent, publication, or other disclosure material, in whole or in part, that is said to be incorporated by reference herein is incorporated herein only to the extent that the incorporated material does not conflict with existing definitions, statements, or other disclosure material set forth in this disclosure. As such, and to the extent necessary, the disclosure as explicitly set forth herein supersedes any conflicting material incorporated herein by reference. Any material, or portion thereof, that is said to be incorporated by reference herein, but which conflicts with existing definitions, statements, or other disclosure material set forth herein, will only be incorporated to the extent that no conflict arises between that incorporated material and the existing disclosure material.

(86) It must be noted that, as used in this specification and the appended claims, the singular forms “a,” “an” and “the” include plural referents unless the content clearly dictates otherwise. Thus, for example, reference to a “colorant agent” includes two or more such agents.

(87) Unless defined otherwise, all technical and scientific terms used herein have the same meaning as commonly understood by one of ordinary skill in the art to which the invention pertains. Although a number of methods and materials similar or equivalent to those described herein can be used in the practice of the present invention, the preferred materials and methods are described herein.

(88) As will be appreciated by one having ordinary skill in the art, the methods and compositions of the invention substantially reduce or eliminate the disadvantages and drawbacks associated with prior art methods and compositions.

(89) It should be noted that, when employed in the present disclosure, the terms “comprises,” “comprising,” and other derivatives from the root term “comprise” are intended to be open-ended terms that specify the presence of any stated features, elements, integers, steps, or components, and are not intended to preclude the presence or addition of one or more other features, elements, integers, steps, components, or groups thereof.

(90) As required, detailed embodiments of the present invention are disclosed herein; however, it is to be understood that the disclosed embodiments are merely exemplary of the invention, which may be embodied in various forms. Therefore, specific structural and functional details disclosed herein are not to be interpreted as limiting, but merely as a basis for the claims and as a representative basis for teaching one skilled in the art to variously employ the present invention in virtually any appropriately detailed structure.

(91) While it is apparent that the illustrative embodiments of the invention herein disclosed fulfill the objectives stated above, it will be appreciated that numerous modifications and other

embodiments may be devised by one of ordinary skill in the art. Accordingly, it will be understood that the appended claims are intended to cover all such modifications and embodiments, which come within the spirit and scope of the present invention.

## Claims

1. An auricular peripheral nerve stimulator comprising: a housing; a battery inside the housing; an electrical stimulation generator in the housing, the electrical stimulation generator configured to generate one or more pulses of electrical stimulation in use; a connector; four electrodes configured to be adhesively attached to four different nerve bundles in, on, or around an ear of a user; and four leads connecting each of the four electrodes to the electrical stimulation generator via the connector, wherein the electrical stimulation generator is configured to generate the one or more pulses of electrical stimulation at a defined voltage, a defined current, a defined duration, a defined repetition frequency, or a defined duty cycle.
2. The auricular peripheral nerve stimulator of claim 1, wherein the electrical stimulation generator is user adjustable to cause generation of one or more altered pulses of electrical stimulation.
3. The auricular peripheral nerve stimulator of claim 1, wherein the housing is adhesively attached to skin of the user.
4. The auricular peripheral nerve stimulator of claim 1, wherein the electrodes are percutaneous electrodes.
5. The auricular peripheral nerve stimulator of claim 4, wherein at least one of the electrodes comprises an array of needles.
6. The auricular peripheral nerve stimulator of claim 1, wherein the electrical stimulation generator is set at a selected frequency or modulating frequency range.
7. The auricular peripheral nerve stimulator of claim 1, further comprising a remote control device that is at least periodically in communication with the electrical stimulation generator.
8. The auricular peripheral nerve stimulator of claim 7, wherein the remote control device is in communication with the electrical stimulation generator via a wired connection.
9. The auricular peripheral nerve stimulator of claim 7, wherein the remote control device is in communication with the electrical stimulation generator via a wireless connection.
10. The auricular peripheral nerve stimulator of claim 1, wherein the four leads connecting each of the four electrodes to the electrical stimulation generator via the connector are detachably connected to the electrical stimulation generator.
11. The auricular peripheral nerve stimulator of claim 1, wherein the four leads are inseparable.
12. The auricular peripheral nerve stimulator of claim 1, wherein the electrodes are configured to stimulate branches of cranial nerves V, VII, IX, and X or branches of occipital nerves.
13. An auricular peripheral nerve stimulator comprising: a housing; a battery inside the housing; an electrical stimulation generator in the housing, the electrical stimulation generator configured to generate one or more pulses of electrical stimulation in use; four electrodes configured to be adhesively attached to four different nerve bundles in, on, or around an ear of a user; and four leads connecting each of the four electrodes to the electrical stimulation generator through the housing; wherein each of the four electrodes and four leads are disconnectable from the housing.
14. The auricular peripheral nerve stimulator of claim 13, wherein the electrical stimulation generator is user adjustable to cause generation of one or more altered pulses of electrical stimulation.
15. The auricular peripheral nerve stimulator of claim 13, wherein the electrodes are percutaneous electrodes.
16. The auricular peripheral nerve stimulator of claim 13, wherein the electrical stimulation generator is set at a selected frequency or modulating frequency range.
17. The auricular peripheral nerve stimulator of claim 13, wherein the electrical stimulation



generator is configured to generate the one or more pulses of electrical stimulation at a defined voltage, a defined current, a defined duration, a defined repetition frequency, or a defined duty cycle.

18. The auricular peripheral nerve stimulator of claim 13, further comprising a remote control device that is at least periodically in communication with the electrical stimulation generator.

19. The auricular peripheral nerve stimulator of claim 18, wherein the remote control device is in communication with the electrical stimulation generator via a wired connection.

20. The auricular peripheral nerve stimulator of claim 18, wherein the remote control device is in communication with the electrical stimulation generator via a wireless connection.

21. The auricular peripheral nerve stimulator of claim 13, wherein the four leads are inseparable.

22. The auricular peripheral nerve stimulator of claim 13, wherein the electrodes are configured to stimulate branches of cranial nerves V, VII, IX, and X or branches of occipital nerves.

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