

US Patent & Trademark Office

Patent Public Search | Text View

United States Patent Application Publication

20250261763

Kind Code

A1

Publication Date

August 21, 2025

Inventor(s)

Higgins; Shawn P.

BED RAIL LOCKING SYSTEM AND METHOD

Abstract

A rail assembly comprising a locking assembly having a first body that defines a first body cavity and a pair of first body coupling holes, a second body that defines a second body cavity and a pair of second body tab holes, and a push pin disposed within the second body cavity. The push pin comprising a spring and tabs disposed within the second body cavity such that the tabs are configured to respectively extend through the first body coupling holes and through the second body tab holes. The locking assembly includes a stopper configured to be disposed proximate to or engaging the spring and/or tabs of the push pin such that the tabs of the push pin are physically prevented from being fully or partially pushable or retractable within the first body coupling holes and second body tab holes such that the first and second bodies are locked together and prevented from being disengaged, de-coupled or un-locked via the push pin.

Inventors: Higgins; Shawn P. (Cheyenne, WY)

Applicant: Cross Innovations LLC (Cheyenne, WY)

Family ID: 1000007698990

Appl. No.: 18/583601

Filed: February 21, 2024

Publication Classification

Int. Cl.: A47C19/22 (20060101); A47C21/08 (20060101)

U.S. Cl.:

CPC A47C19/22 (20130101); A47C21/08 (20130101);

Background/Summary

BRIEF DESCRIPTION OF THE DRAWINGS

[0001] FIG. **1** illustrates a first example embodiment of a rail assembly in an assembled configuration.

[0002] FIG. **2** illustrates the first example embodiment of the rail assembly in a disassembled configuration.

[0003] FIG. **3** illustrates a second example embodiment of a rail assembly in a disassembled configuration.

[0004] FIG. **4a** is an example cross-sectional view of a first and second portion of a locking assembly.

[0005] FIG. **4b** is an example cross-sectional view of the first and second portion of the locking assembly of FIG. **4a** engaged in a first configuration.

[0006] FIG. **4c** is an example cross-sectional view of the first and second portion of the locking assembly of FIGS. **4a** and **4b** engaged in a locked configuration.

[0007] FIG. **5a** is an example cross-sectional view of a locking assembly comprising a stopper **500**.

[0008] FIG. **5b** is an example cross-sectional view of the locking assembly of FIG. **5a** where the stopper is disposed within a cavity of first and second portions of the locking assembly.

[0009] FIG. **5c** is an example cross-sectional view of the locking assembly of FIGS. **5a** and **5b** where the stopper is disposed within a cavity of first and second portions of the locking assembly and the stopper is flush with a top of the first portion.

[0010] FIG. **5d** is an example cross-sectional view of the locking assembly of FIGS. **5a**, **5b** and **5c** illustrating how the stopper in this example can prevent movement of tabs of a push pin to lock the first and second portions of the locking assembly together.

[0011] FIG. **6a** illustrates a key slot in the top of a stopper in accordance with an embodiment.

[0012] FIG. **6b** illustrates a key in accordance with an embodiment.

[0013] FIG. **6c** illustrates a key in accordance with an embodiment being used to rotate a stopper of a locking assembly.

Description

[0014] It should be noted that the figures are not drawn to scale and that elements of similar structures or functions are generally represented by like reference numerals for illustrative purposes throughout the figures. It also should be noted that the figures are only intended to facilitate the description of the preferred embodiments. The figures do not illustrate every aspect of the described embodiments and do not limit the scope of the present disclosure.

DETAILED DESCRIPTION OF THE PREFERRED EMBODIMENTS

[0015] Turning to FIGS. **1-3**, FIG. **1** illustrates a first example embodiment **100A** of a rail assembly **100** in an assembled configuration, FIG. **2** illustrates the first example embodiment **100A** of the rail assembly **100** in a disassembled configuration, and FIG. **3** illustrates a second example embodiment **100B** of a rail assembly **100** in a disassembled configuration.

[0016] As shown in these examples, the rail assembly **100** comprises a first bar assembly **110** (e.g., an under-mattress bar assembly), which in this example includes a first U-bar **120** that is coupled to a first H-bar **130**, and a strap assembly **140** coupled to an end of the first U-bar **120**.

[0017] The rail assembly **100** further comprises a first and second L-bar **150A**, **150B** which are removably coupled to the first bar assembly **110** and removably coupled to a second bar assembly **160**. The first and second bar assemblies **110**, **160** can be generally planar along respective first and second bar assembly planes, with the first and second L-bar **150A**, **150B** holding the first and second bar assemblies **110**, **160** such that the first and second bar assembly planes are perpendicular to each other. The second bar assembly **160** comprises a second U-bar **170** that is coupled to a second H-bar **180**, a crossbar **190** and a device bar **192**.

[0018] Returning to the first bar assembly **110**, the first U-bar **120** comprises a first U-bar end **122** from which a pair of first U-bar sides **124** extend perpendicular to a central axis of the first U-bar end **122**. The first U-bar **120** can comprise a set of one or more grips **126** (e.g., disposed on the first U-bar end **122** and first U-bar sides **124**), which in some examples can comprise tubes of foam, rubber, silicone, plastic, or the like, that surround portions of the first U-bar **120**. In various embodiments, the grips **126** can be soft elements where a user or other elements can grasp or otherwise interact with or engage the first U-bar **120**. The first U-bar **120** can comprise a set of one or more pads **128** (e.g., disposed on the first U-bar sides **124**), which in some examples can comprise textured plastic plates that provide points of friction engagement or coupling to a mattress, pad, bed, or the like, as discussed in more detail herein.

[0019] The first H-bar **130** can comprise a first H-bar beam **132** with a pair of first H-bar locking tubes **134** coupled on opposing ends of the first H-bar beam **132**. A pair of first H-bar coupling tubes **136** can be respectively coupled to the first H-bar locking tubes **134** on an opposing side of where the first H-bar beam **132** is coupled to the first H-bar locking tubes **134**. The first H-bar locking tubes **134** and first H-bar coupling tubes **136** can be disposed in parallel to each other and perpendicular to a central axis of the first H-bar beam **132**. In various embodiments, the first H-bar coupling tubes **136** can couple with respective ends of the sides **124** of the first U-bar (e.g., via rivets, bolts, welding, or the like). In various embodiments, the first H-bar locking tubes **134** can be part of a locking assembly **195**, which is discussed in more detail herein.

[0020] Turning to the second bar assembly **160**, the second U-bar **170** comprises a second U-bar end **172** from which a pair of second U-bar sides **174** extend perpendicular to a central axis of the second U-bar end **172**. The second U-bar **170** can comprise a set of one or more grips **176** (e.g., disposed on the second U-bar end **172**), which in some examples can comprise one or more tubes of foam, rubber, silicone, plastic, or the like, which surround one or more portions of the second U-bar **170**. In various embodiments, the grips **176** can be soft elements where a user or other elements can grasp or otherwise interact with or engage the second U-bar **170**.

[0021] The second H-bar **180** can comprise a second H-bar beam **182** with a pair of second H-bar locking tubes **184** coupled on opposing ends of the second H-bar beam **182**. A pair of second H-bar coupling tubes **186** can be respectively coupled to the second H-bar locking tubes **184** on an opposing side of where the second H-bar beam **182** is coupled to the second H-bar locking tubes **184**. The second H-bar locking tubes **184** and second H-bar coupling tubes **186** can be disposed in parallel to each other and perpendicular to a central axis of the second H-bar beam **182**. In various embodiments, the second H-bar coupling tubes **186** can couple with respective ends of the sides **174** of the second U-bar **170** (e.g., via rivets, bolts, welding, or the like). In various embodiments, the second H-bar locking tubes **184** can be part of a locking assembly **195**, which is discussed in more detail herein.

[0022] In various embodiments, the crossbar **190** can be coupled with respective sides **174** of the second U-bar **170** (e.g., via rivets, bolts, welding, or the like). In various embodiments, the device bar **192** can be coupled with respective sides **174** of the second U-bar **170** (e.g., via rivets, bolts, welding, or the like) and can comprise various devices such as a light, alarm, computing device, or the like.

[0023] In various embodiments, elements of the first and second U-bars **120**, **170**, first and second H-bars **130**, **180**, and the like, can be made of various suitable materials such as metal, plastic, wood, or the like. Also, in various embodiments, such elements can be defined by hollow tubes or elements having any suitable configuration, so the examples of tubes or cylinders discussed herein should not be construed as limiting.

[0024] In various embodiments a rail assembly **100** can be coupled with a bed to provide a handrail for a user getting in and out of bed. For example, the first bar assembly **110** can be inserted between a mattress and bed frame with the second bar assembly **160** pushed against or proximate to the mattress and extending perpendicular to the face of the bed. The second bar assembly **160** can

be sized in various embodiments to extend above the top face of the bed and provide a rail that a user can grasp to assist them in entering and exiting the bed or that can be used by assistants, doctors, nurses, caretakers, and the like.

[0025] In various embodiments, the weight of mattress can hold the first bar assembly **110** firmly in place such that the second bar assembly **160** provides a stable support rail. Additionally, various embodiments include a strap assembly **140** that can be used to secure the first bar assembly **110** to a mattress and/or bed. For example, the strap assembly **140** can comprise a strap **142** that loops through a slot **144** at the first U-bar end **122** of the U-bar **120**, with the strap being configured to be releasably opened and closed via a clip **146**. In some embodiments, the strap **142** can be looped around a bed frame and/or mattress, or the like, and secured via the clip **146** and tightened to secure the rail assembly **100** to the bed. In various embodiments, the pads **128** can engage the mattress to further secure the rail assembly **100** and prevent the rail assembly **100** from slipping out from under the mattress. While specific examples of a strap assembly **140**, pads **128**, and the like, are provided as elements for securing the rail assembly in various embodiments, these examples should not be construed to be limiting and various other suitable structures and elements can be employed to secure the rail assembly **100** such as rope, hook, adhesive, or the like.

[0026] Also, while some embodiments can be applicable to a bed with a mattress and a bed frame, it should be clear that various embodiments can be applicable to various types of beds, which may or may not have a mattress or bed frame, such as a mattress on the ground, a pad on a bed frame, or the like. For example, in some embodiments, the first bar assembly **110** can have a length such that the bar assembly will not extend out an opposing side of the bed where the rail assembly **100** is disposed between a mattress and bed frame (e.g., sized for a bed and/or mattress that is a twin, single, twin LX, full, double, queen, king, or the like, with a width such as 39, 54, 60, 66, 76, 80 inches, or the like, or a range between such example values). Additionally, in some embodiments, the second bar assembly **160** can be configured to extend above the face of a mattress or pad where the rail assembly **100** is disposed below a mattress or pad (e.g., a mattress or pad having a thickness of 4, 6, 8, 10, 12, 14, 16 inches or the like, or a range between such example values). The second bar assembly **160** can be configured to extend above the face of a mattress or pad various suitable amounts including 2, 4, 6, 8, 10, 12, 14, 16 inches or the like, or a range between such example values. The first and/or second bar assemblies **110**, **160** can have various suitable widths, including a maximum width of 10.0, 10.5, 11.0, 11.5, 12.0, 12.5, 13.0, 13.5, 14.0, 14.5, 15.0, 15.5, 16.0, 16.5, 17.0, 17.5, 18.0, 18.5, 19.0 inches, or the like or a range between such example values. Also in examples where the first and/or second bar assemblies **110**, **160** and L-bars **150** comprise cylindrical tubes, such cylindrical tubes can have a diameter of 0.5, 0.6, 0.7, 0.75, 0.8, 0.9, 1.0, 1.1, 1.2, 1.3, 1.4, 1.5, or the like or a range between such example values. Different parts of the first and/or second bar assemblies **110**, **160** and L-bars **150** can have different diameters such as discussed herein.

[0027] Also, while some embodiments can be applicable to a bed, further embodiments can be applicable to a wide variety of other objects, furniture, or the like, such as a couch, chair, bench, or the like. Additionally, embodiments can be used in various locations such as a home, hospital, care facility, office, factory, car, boat, airplane or the like.

[0028] In various embodiments, it can be desirable for the rail assembly **100** to be assembled and disassembled. For example, as discussed in more detail herein, a plurality of locking assemblies **195** can be configured to allow the first and second bar assemblies **110**, **160** to be disassembled from the first and second L-bars **150A**, **150B**. Note that while the examples of FIGS. 2 and 3 illustrate the first and second U-bars **120**, **170** being disassembled from the coupling tubes **136**, **186** of the first and second H-bars **130**, **180**, in some embodiments, the U-bars **120**, **170** can be permanently or semi-permanently coupled with the coupling tubes **136**, **186** of the first and second H-bars **130**, **180** such as via welding, rivets, bolts, adhesive, friction fit, or the like.

[0029] Turning to FIGS. 4a, 4b and 4c, three configurations of portions of a locking assembly **195**

are illustrated. In these examples, the locking assembly **195** comprises a first body **410**, which can be defined by, or be a part of, a first or second H-bar locking tube **134**, **184** in some embodiments. The first body **410** can be a cylindrical tube in various embodiments that extends between a first end **411** and second end **412** and defines a first body cavity **415** and a pair of first body coupling holes **420** on opposing sides of the first body **410**. The first body **410** can comprise first body threads **425** at the first end **411**.

[0030] The locking assembly **195** can further comprise a second body **450**, which can be defined by, or be a part of, an L-bar **150** in some embodiments. The second body **450** can be a cylindrical tube in various embodiments that extends between a first end **451** and second end **452** and defines a second body cavity **455** and a pair of second body tab holes **460** on opposing sides of the second body **450**.

[0031] The second body **450** can comprise a push pin **480** disposed within the second body cavity **455**, with the push pin **480** comprising a spring **482** and a pair of tabs **484** that include a base flange **486**. The spring **482** in various embodiments can be V-shaped with a pair of arms that have the tabs **484** coupled at the ends of the arms. The spring **482** can bias the tabs outward away from each other such that the tabs **484** respectively extend through the second body tab holes **460** and are stopped by the flanges **486** as shown in FIGS. **4a** and **4c**. While the spring **482** is shown as being V-shaped in this example, further embodiments can include a spring **482** of any suitable configuration or shape such as a U-shape, coil, or the like. Similarly, the tabs **484** can have any suitable configuration in further examples.

[0032] As shown in FIG. **4c**, in various embodiments the push pin **480** can allow the first and second bodies **410**, **450** to be locked together. For example, the second body **450** can have an external diameter that is equal to or slightly smaller than an internal diameter within the first body cavity **415** of the first body **410** such that the first end **451** of the second body **450** can be inserted into the first body cavity **415** at the second end **412** of the first body **410** with a close fit as shown in FIGS. **4b** and **4c**.

[0033] As shown in the example of FIG. **4b**, inserting the first end **451** of the second body **450** into the first body cavity **415** at the second end **412** of the first body **410** can cause the tabs **484** to engage an internal wall of the second body **450** such that the tabs **484** retract within the second body tab holes **460** and be biased by the spring **482**. The first end **451** of the second body **450** can be further extended within the first body cavity **415** at the second end **412** of the first body **410** until the tabs **484** align with the first body coupling holes **420** and the biasing of the tabs **484** via the spring **482** causes the tabs **484** to extend through the first body coupling holes **420** until the tabs **484** are stopped by the base flanges **486** of the tabs **484** as shown in FIG. **4c**. Accordingly, the first and second bodies **410**, **450** can be coupled or locked together via the tabs **484** extending through the aligned first body coupling holes **420** and second body tab holes **460** as shown in the example of FIG. **4c**.

[0034] To disengage, de-couple or un-lock the first and second bodies **410**, **450**, in various embodiments, a user can depress the tabs **484** by squeezing them with their fingers to cause the tabs **484** to retract within first body coupling holes **420** and second body tab holes **460** such that the second body can be removed from the first body cavity **415** at the second end **412** of the first body **410** such as shown in FIGS. **4b** and **4a** respectively. Accordingly, in various embodiments the spring **482** can bias the tabs with sufficient force to bias the tabs **484** outward as discussed herein and an amount of force that would allow a user to pinch the tabs **484** as discussed herein.

[0035] Turning to FIGS. **5a-d**, in various embodiments a locking assembly **195** can comprise a stopper **500** that can be configured to lock the push pin **480** such that the tabs **484** of the push pin **480** are physically prevented from being pushable or retractable within the first body coupling holes **420** and second body tab holes **460** such that the first and second bodies **410**, **450** are prevented from being disengaged, de-coupled or un-locked.

[0036] For example, FIGS. **5a-d** illustrate stopper **500** comprising a head portion **520** that includes

stopper threads **524** and a cap **526**. The stopper **500** further comprises a nose **530**, which in this example has a truncated conical shape. As shown in FIG. **5b**, the stopper **500** can be inserted into the engaged, coupled or locked configuration of the first and second bodies **410**, **450** via the stopper being inserted into the first body cavity **415** at the first end **411** of the first body **410** and into the second body cavity **455** at the first end **451** of the second body **450**. The stopper threads **524** can engage the first body threads **425** and the stopper **500** can be rotated to further extend the stopper into the first and second body cavities **415**, **455** as shown in FIGS. **5b** and **5c**.

[0037] As shown in FIGS. **5c** and **5d**, in various embodiments the stopper **500** can be rotated until at least flush with the first end **411** of the first body **410** such that the cap **526** is at least flush with the first end **411** of the first body **410**. In various embodiments, the stopper **500**, stopper threads **524** and/or first body threads **425** can be configured such that the stopper **500** ceases to be further rotatable once the stopper **500** is at least flush with the first end **411** of the first body **410**.

[0038] As shown in FIGS. **5c** and **5d**, in various embodiments the nose **530** of the stopper **500** can be configured to be disposed proximate to or engaging the spring **482** and/or tabs **484** of the push pin **480** such that the tabs **484** of the push pin **480** are physically prevented by the nose **530** from being fully pushable or retractable within the first body coupling holes **420** and second body tab holes **460**. For example, as shown in the examples of FIGS. **5c** and **5d**, when the stopper **500** is screwed flush with the first end **411** of the first body **410**, the nose **530** of the stopper **500** is positioned such that if the tabs **484** are squeezed by a user, the tabs **484** may move a bit as shown in FIG. **5d**, but are physically prevented by the nose **530** from being fully pushable or retractable within the first body coupling holes **420** and second body tab holes **460** such that the first and second bodies **410**, **450** are locked together and prevented from being disengaged, de-coupled or un-locked.

[0039] While one example of a stopper **500** is shown herein, it should be clear that a stopper **500** of various embodiments can have any suitable configuration. For example, the nose **530** may or may not be truncated and may or may not be flat at the end. Also, in some examples, the peripheral edges of the cap **526** can share a plane with the stopper threads **524** of the stopper **500**, but in some examples can be greater or smaller in size. Also, while the stopper **500** in some embodiments can be configured to be rotated flush with, or below flush with the first end **411** of the first body **410**, in some embodiments, the stopper **500** can be configured to engage the top of the first end **411** of the first body **410**. Additionally, the stopper **500** can be suitably configured based on different configurations or types of push pins **480** or other locking mechanisms.

[0040] Turning to FIGS. **6a**, **6b** and **6c**, in some embodiments a key **620** can be used to screw the stopper **500** into the first end **411** of the first body **410**. For example, a key **620** as shown in FIG. **6b** can comprise a bow **622** and a blade **624**, with the blade **624** being configured to removably couple with a key slot **640** on the top of the stopper **500** as shown in FIGS. **6a** and **6c**. In some examples, the key slot **640** and blade **624** can have a corresponding rectangular shape, which can allow a user to turn the key **620** via the bow **622** to rotate the stopper **500** into the first end **411** of the first body **410**. In various embodiments, a key **620** can be necessary or desirable to rotate the stopper **500** at least flush with top of the first end **411** of the first body **410** because a user may not be able to grasp edges of the stopper **500** to rotate it and it can be desirable in various embodiments to not have elements extending from the top of the stopper **500**. Also, it should be clear that the key slot **640** and blade **624** of the key **620** can have any suitable shape(s) that allow for rotation of the stopper **500** via the key **620**, so the specific examples of FIGS. **6a**, **6b** and **6c** should not be construed as limiting.

[0041] Additionally, while various embodiments relate to one or more locking assemblies **195** being part of a rail assembly **100** that can be disposed in or about a bed to be used as a hand rail, it should be clear that further embodiments can employ one or more locking assemblies **195** in any suitable rail assembly used for various purposes and in various locations. Also, in some embodiments a locking assembly **195** can be employed in various suitable systems that comprise

cylindrical components that mate. Accordingly, the specific examples herein should not be construed as limiting on the wide variety of further embodiments in which a locking assembly 195 can be employed.

[0042] The described embodiments are susceptible to various modifications and alternative forms, and specific examples thereof have been shown by way of example in the drawings and are herein described in detail. It should be understood, however, that the described embodiments are not to be limited to the particular forms or methods disclosed, but to the contrary, the present disclosure is to cover all modifications, equivalents, and alternatives. Additionally, elements of a given embodiment should not be construed to be applicable to only that example embodiment and therefore elements of one example embodiment can be applicable to other embodiments. Additionally, elements that are specifically shown in example embodiments should be construed to cover embodiments that comprise, consist essentially of, or consist of such elements, or such elements can be explicitly absent from further embodiments. Accordingly, the recitation of an element being present in one example should be construed to support some embodiments where such an element is explicitly absent.

Claims

1. A rail assembly configured to be disposed between a mattress and a bed frame of a bed to provide a handrail for a user of the bed, the rail assembly comprising: a first bar assembly that is planar along a first bar assembly plane, the first bar assembly including: a first U-bar that includes a first U-bar end from which a pair of first U-bar sides extend perpendicular to a central axis of the first U-bar end, a first H-bar that includes: a first H-bar beam with a pair of first H-bar locking tubes coupled on opposing ends of the first H-bar beam, and a pair of first H-bar coupling tubes respectively coupled to the first H-bar locking tubes on an opposing side of where the first H-bar beam is coupled to the first H-bar locking tubes, the first H-bar locking tubes and first H-bar coupling tubes disposed in parallel to each other and perpendicular to a central axis of the first H-bar beam, the first H-bar coupling tubes coupled with respective ends of sides of the first U-bar; a second bar assembly that is planar along a second bar assembly plane, the second bar assembly including: a second U-bar comprising a second U-bar end from which a pair of second U-bar sides extend perpendicular to a central axis of the second U-bar end of the second U-bar, a second H-bar that includes: a second H-bar beam with a pair of second H-bar locking tubes coupled on opposing ends of the second H-bar beam, and a pair of second H-bar coupling tubes respectively coupled to the second H-bar locking tubes on an opposing side of where the second H-bar beam is coupled to the second H-bar locking tubes, the second H-bar locking tubes and second H-bar coupling tubes disposed in parallel to each other and perpendicular to a central axis of the second H-bar beam, the second H-bar coupling tubes coupled with respective ends of sides of the second U-bar; a first and second L-bar which are removably coupled to the first bar assembly and removably coupled to a second bar assembly, with the first and second L-bar holding the first and second bar assemblies such that the first and second bar assembly planes are perpendicular to each other; and four locking assemblies defined at least in part by the first and second L-bars and the first and second bar assemblies, with each locking assembly comprising: a first body that is defined by or is part of, one of the first or second H-bar locking tubes, the first body being a cylindrical tube that extends between a first end and second end and defines a first body cavity and a pair of first body coupling holes on opposing sides of the first body, the first body comprising first body threads at the first end, a second body that is defined by or is part of one of the first or second L-bars, the second body being a cylindrical tube that extends between a first end and second end and defines a second body cavity and a pair of second body tab holes on opposing sides of the second body, the second body having an external diameter that is equal to or slightly smaller than an internal diameter within the first body cavity of the first body such that the first end of the second body can be inserted into the

first body cavity at the second end of the first body with a close fit, a push pin disposed within the second body cavity, with the push pin comprising: a spring, the spring being V-shaped with a pair of arms, and a pair of tabs that include a base flange, the tabs respectively coupled at ends of the arms of the spring, the spring biasing the tabs outward away from each other and disposed within the second body cavity such that the tabs are configured to respectively extend through the first body coupling holes and through the second body tab holes and are stopped by the base flanges, which causes the first and second bodies to be locked together, and a stopper configured to lock the push pin such that the tabs of the push pin are physically prevented from being fully pushable or retractable within the first body coupling holes and second body tab holes such that the first and second bodies are prevented from being disengaged, de-coupled or un-locked via actuating the tabs of the push pin, the stopper comprising a head portion that includes stopper threads, and a cap, the stopper further comprising a conical nose, the stopper configured to be inserted into the first body cavity at the first end of the first body and into the second body cavity at the first end of the second body with the stopper threads engaging the first body threads such that the stopper can be rotated to further extend the stopper into the first and second body cavities, the stopper configured to be disposed proximate to or engaging the spring and/or tabs of the push pin such that the tabs of the push pin are physically prevented by the conical nose from being fully pushable or retractable within the first body coupling holes and second body tab holes such that the first and second bodies are locked together and prevented from being disengaged, de-coupled or un-locked via actuating the push pin.

2. The rail assembly of claim 1, wherein the stopper is configured to be rotated until the stopper is at least flush with a top of the first end of the first body such that the cap is at least flush with or within the first end of the first body, and wherein the stopper, stopper threads and/or first body threads are configured such that the stopper ceases to be further rotatable once the stopper is at least flush with or within the first end of the first body.

3. The rail assembly of claim 1, wherein the first U-bar comprises a set of one or more pads disposed on the first U-bar sides that comprise textured plates that provide points of friction engagement or coupling to a mattress or pad that the first U-bar is disposed under.

4. The rail assembly of claim 1, further comprising a strap assembly coupled to the first U-bar end of the first U-bar.

5. A rail assembly, the rail assembly comprising: a first bar assembly that is planar along a first bar assembly plane; a second bar assembly that is planar along a second bar assembly plane; a first and second L-bar which are removably coupled to the first bar assembly and removably coupled to a second bar assembly, with the first and second L-bar holding the first and second bar assemblies such that the first and second bar assembly planes are perpendicular to each other; and a plurality of locking assemblies defined at least in part by two or more of the first and second L-bars and the first and second bar assemblies, with each locking assembly comprising: a first body, the first body being a cylindrical tube that extends between a first end and second end and defines a first body cavity and a pair of first body coupling holes, the first body comprising first body threads at the first end, a second body, the second body being a cylindrical tube that extends between a first end and second end and defines a second body cavity and a pair of second body tab holes, a push pin disposed within the second body cavity, with the push pin comprising: a spring with a pair of arms, and a pair of tabs, the tabs respectively coupled at ends of the arms of the spring, the spring biasing the tabs outward away from each other and disposed within the second body cavity such that the tabs are configured to respectively extend through the first body coupling holes and through the second body tab holes, which causes the first and second bodies to be locked together, and a stopper configured to lock the push pin such that the tabs of the push pin are physically prevented from being fully pushable or retractable within the first body coupling holes and second body tab holes such that the first and second bodies are prevented from being disengaged, de-coupled or un-locked via actuating the tabs of the push pin, the stopper comprising a head portion that includes

stopper threads, and a cap, the stopper further comprising a nose, the stopper configured to be inserted into the first body cavity at the first end of the first body and into the second body cavity at the first end of the second body with the stopper threads engaging the first body threads such that the stopper can be rotated to further extend the stopper into the first and second body cavities, the stopper configured to be disposed proximate to or engaging the spring and/or tabs of the push pin such that the tabs of the push pin are physically prevented by the nose from being fully pushable or retractable within the first body coupling holes and second body tab holes such that the first and second bodies are locked together and prevented from being disengaged, de-coupled or un-locked via actuating the push pin.

6. The rail assembly of claim 5, wherein the first bar assembly comprises: a first U-bar that includes a first U-bar end from which a pair of first U-bar sides extend perpendicular to a central axis of the first U-bar end, a first H-bar that includes: a first H-bar beam with a pair of first H-bar locking tubes coupled on opposing ends of the first H-bar beam, and a pair of first H-bar coupling tubes respectively coupled to the first H-bar locking tubes on an opposing side of where the first H-bar beam is coupled to the first H-bar locking tubes, the first H-bar locking tubes and first H-bar coupling tubes disposed in parallel to each other and perpendicular to a central axis of the first H-bar beam, the first H-bar coupling tubes coupled with respective ends of sides of the first U-bar.

7. The rail assembly of claim 5, wherein the second bar assembly includes: a second U-bar comprising a second U-bar end from which a pair of second U-bar sides extend perpendicular to a central axis of the second U-bar end of the second U-bar, a second H-bar that includes: a second H-bar beam with a pair of second H-bar locking tubes coupled on opposing ends of the second H-bar beam, and a pair of second H-bar coupling tubes respectively coupled to the second H-bar locking tubes on an opposing side of where the second H-bar beam is coupled to the second H-bar locking tubes, the second H-bar locking tubes and second H-bar coupling tubes disposed in parallel to each other and perpendicular to a central axis of the second H-bar beam, the second H-bar coupling tubes coupled with respective ends of sides of the second U-bar.

8. The rail assembly of claim 5, wherein the second body has an external diameter that is equal to or slightly smaller than an internal diameter within the first body cavity of the first body such that the first end of the second body can be inserted into the first body cavity at the second end of the first body with a close fit.

9. The rail assembly of claim 5, wherein the spring is V-shaped.

10. A rail assembly, the rail assembly comprising: one or more locking assemblies, with each locking assembly comprising: a first body that defines a first body cavity and a pair of first body coupling holes, the first body comprising first body threads, a second body that defines a second body cavity and a pair of second body tab holes, a push pin disposed within the second body cavity, with the push pin comprising: a spring, and a pair of tabs, the tabs disposed within the second body cavity such that the tabs are configured to respectively extend through the first body coupling holes and through the second body tab holes, which causes the first and second bodies to be locked together, and a stopper configured to be disposed proximate to or engaging the spring and/or tabs of the push pin such that the tabs of the push pin are physically prevented from being fully or partially pushable or retractable within the first body coupling holes and second body tab holes such that the first and second bodies are locked together and prevented from being disengaged, de-coupled or un-locked via the push pin.

11. The rail assembly of claim 10, further comprising: a first bar assembly that is planar along a first bar assembly plane; a second bar assembly that is planar along a second bar assembly plane; and a first and second L-bar which are removably coupled to the first bar assembly and removably coupled to a second bar assembly, with the first and second L-bar holding the first and second bar assemblies such that the first and second bar assembly planes are perpendicular to each other, wherein the one or more locking assemblies are defined at least in part by one or more of the first and second L-bars and the first and second bar assemblies.

- 12.** The rail assembly of claim 10, wherein the first body comprises a cylindrical tube that extends between a first end and second end.
- 13.** The rail assembly of claim 10, wherein the second body comprises a cylindrical tube that extends between a first end and second end.
- 14.** The rail assembly of claim 10, wherein the spring comprises a pair of arms and wherein the tabs are respectively coupled at ends of the arms of the spring.
- 15.** The rail assembly of claim 10, wherein the spring biases the tabs outward away from each other.
- 16.** The rail assembly of claim 10, wherein the stopper comprises: a head portion that includes stopper threads and a cap, and a nose.
- 17.** The rail assembly of claim 16, wherein tabs of the push pin are physically prevented by the nose from being fully pushable or retractable within the first body coupling holes and second body tab holes such that the first and second bodies are locked together.
- 18.** The rail assembly of claim 10, wherein the stopper is configured to be inserted into the first body cavity at a first end of the first body with stopper threads engaging the first body threads such that the stopper can be rotated to further extend the stopper into the first body cavity.
- 19.** The rail assembly of claim 10, wherein the stopper is configured to be inserted into the first body cavity at a first end of the first body and into the second body cavity at a first end of the second body.
-