

# US Patent & Trademark Office

## Patent Public Search | Text View

---

United States Patent Application Publication

20250262031

Kind Code

A1

Publication Date

August 21, 2025

Inventor(s)

CHAVEZ; Jennifer et al.

---

### MODULAR DENTAL DEVICES

---

#### Abstract

Modular dental devices and methods of forming the same. The dental devices may include a first region having a first joining surface and a second region having a second joining surface. The first joining surface may have one or more protrusions and the second joining surface may include one or more corresponding features configured to mate with the one or more protrusions. The first and second regions may be coupled together at the first and second joining surfaces, where the one or more protrusions of the first joining surface mate with the corresponding features of the second joining surface to align the first region with the second region and to interlock the first and second regions.

---

**Inventors:** CHAVEZ; Jennifer (Fremont, CA), WEBBER; Peter (Redwood City, CA), DORFINGER; Peter (Los Altos Hills, CA)

**Applicant:** Align Technology, Inc. (San Jose, CA)

**Family ID:** 1000008589779

**Appl. No.:** 19/204445

**Filed:** May 09, 2025

#### Related U.S. Application Data

parent US continuation 17498736 20211011 parent-grant-document US 12329602 child US 19204445

us-provisional-application US 63090092 20201009

---

#### Publication Classification

**Int. Cl.:** A61C7/10 (20060101); A61C7/00 (20060101); A61C7/08 (20060101); A61C7/16 (20060101); B29C64/386 (20170101); B29C65/48 (20060101); B29L31/00 (20060101);

**U.S. Cl.:**

**CPC**     **A61C7/10** (20130101); **A61C7/002** (20130101); **A61C7/08** (20130101); **A61C7/16** (20130101); **B29C65/48** (20130101); **B33Y40/20** (20200101); **B33Y80/00** (20141201); **G16H20/40** (20180101); **A61C2201/00** (20130101); **B29C64/386** (20170801); **B29L2031/753** (20130101); **B33Y50/00** (20141201)

---

**Background/Summary**

CLAIM OF PRIORITY [0001] This patent application is a continuation of U.S. patent application Ser. No. 17/498,736, titled “MODULAR FABRICATION OF DENTAL APPARATUSES,” filed on Oct. 11, 2021, now U.S. Patent Application Publication No. 2022/0110718, which claims priority to U.S. Provisional Patent Application No. 63/090,092, titled “MULTIPLE MATERIAL PALATAL EXPANDERS AND TECHNIQUES FOR MAKING THE SAME,” and filed on Oct. 9, 2020, each of which are herein incorporated by reference in its entirety.

INCORPORATION BY REFERENCE

[0002] All publications and patent applications mentioned in this specification are herein incorporated by reference in their entirety to the same extent as if each individual publication or patent application was specifically and individually indicated to be incorporated by reference.

FIELD

[0003] The technical field relates to dental appliances, such as palatal expanders, aligners, and dental attachment templates, and to the various methods for making and using these dental appliances.

BACKGROUND

[0004] Dental devices, such as palatal expanders, dental aligners and attachment formation templates, are used to perform particular functions in accordance with respective treatment plans. For example, incremental palatal expanders can include a set of dental appliances that fit into a palate of a patient and function to expand a patient's palate according to a treatment plan. Aligners can include polymeric dental appliances that include tooth-receiving cavities to receive and reposition a patient's teeth to correct malocclusions. Dental attachment templates can include dental appliances shaped to fit to a patient's dentition and allow for the placement of attachments, e.g., bonded attachments, prefabricated attachments, etc. to the patient's dentition.

[0005] It is often desirable for dental appliances to be easy to use (e.g., easy to insert/remove), comfortable, and effective in administering treatment. As an example, it may be desirable for some regions of a dental appliance to be more rigid than other more compliant regions of the dental appliance.

SUMMARY

[0006] Described herein are dental devices and methods of making and using them. For example, described herein are palatal expanders with relatively rigid structures for exerting an expansion force for expanding the palate and relatively flexible structures that aid in the insertion and removal within the oral cavity.

[0007] The dental devices and methods described herein address the problem of fabricating dental appliances, such as incremental palatal expanders (and aligners with mandibular advancement features and attachment formation templates) where it is desirable to have competing properties. The methods may involve using multiple polymer materials in different regions of a dental appliance.

[0008] Different materials can be chosen based on physical properties for accomplishing different functions. For example, incremental palatal expanders, aligners (e.g., aligners with or without mandibular advancement structures and/or other structures), dental attachment templates, and/or other dental appliances made according to the techniques described herein can include different regions with different stiffnesses. In the case of incremental palatal expanders, for instance, a dental appliance may include a palatal region having a first stiffness that provides necessary forces to expand the patient's palate and tooth engagement region(s) that contact and engage with the patient's teeth to support the palatal region. The tooth engagement region(s) may be less stiff than the palatal region and may be relatively compliant (compared to the palatal region) for easy insertion and removal from the oral cavity.

[0009] For an example of a dental appliance (e.g., an aligner) with mandibular advancement structures, mandibular advancement structures on a dental appliance may include a first region (or regions) that are stiff enough to exert forces on a patient's mandible to move the patient's mandible toward a corrected position for, e.g., orthodontic treatment, correction of obstructive sleep apnea (OSA), etc. A dental appliance with mandibular advancement structures may also include a second region or regions that are less stiff than the first regions; the second region(s) may perform other functions and may be relatively compliant compared to the first regions. The second regions of a dental appliance with mandibular advancement structures may facilitate, e.g., insertion and/or removal, may include tooth-receiving cavities that are configured to move a patient's teeth in order to correct malocclusions, align the patient's teeth, etc.

[0010] For yet another example relating to attachment formation templates (e.g., appliances used to place attachments that engage with attachment wells and/or other structures in aligners to exert repositioning forces on a patient's dentition) may include first regions that comprise pre-fabricated (e.g., 3D printed) attachments that break off the attachment template to be bonded on a patient's teeth; these appliances may include second regions used to, e.g., engage the patient's teeth, locate the pre-fabricated attachments on the parts of the patient's dentition where the pre-fabricated attachments can be broken off from the dental attachment template and bonded to the patient's teeth, etc. For attachment formation templates, it may be desirable for regions corresponding to pre-fabricated attachment regions to have a stiffness that approximates or exceeds the stiffness of a bonded attachment. It may be further desirable for support regions to be relatively compliant/less-stiff (than the pre-fabricated attachment regions) so the support regions can be inserted into/removed from a patient's teeth and/or place pre-fabricated attachment regions appropriately. As a result, for many attachment formation templates, it may be desirable for support regions that engage with teeth and/or position attachments to have different properties than the pre-fabricated attachment regions corresponding to pre-fabricated dental attachments.

[0011] Various methods may be used to form dental devices. In some embodiments, separate parts of a dental appliance are formed and then coupled together to form the dental appliance. For instance, separate parts may be formed independently and made from different materials, then pieced together to make a single multi-material dental appliance. In various embodiments, different materials can be coupled to form a single dental appliance via adhesion (e.g., with or without accompanying design features), mechanically (e.g., with or without inter-locking mechanical features), and/or using one or more fasteners.

[0012] In some embodiments, two or more materials are used as part of a photopolymer-based additive manufacturing method to form a first part with a first set of properties (rigidity, expansion-force-exerting properties, etc.) out of a first material, form a second part with a second set of properties (rigidity, expansion-force-exerting properties, etc.) out of a second material, optionally form interface areas (referred to as transition regions) between the first and second portions, and optionally form other portions as needed. An example of a process to make a dental appliance from two or more materials involves using an inkjet printing process. In some cases, this could occur as part of a single additive manufacturing process where different materials are added to a vat and

used to additive manufacture different parts from different materials, interfaces, and/or other regions. In some embodiments, this could occur as part of a scalable industrial manufacturing process that is used for volume production of dental appliances for patients.

[0013] Any of the techniques described herein can be applied toward fabrication of any of a number of dental devices, such as to incremental palatal expanders, aligners, dental appliances with mandibular advancement portions, attachment formation templates, etc. Incremental palatal expanders formed according to the techniques described herein may include a tooth engagement region for engaging at least a portion of the teeth in the patient's upper jaw, e.g., the molars, and a palatal region extending between the tooth engaging region that is configured to be positioned adjacent and opposite from the patient's palate when the device is worn by the patient. For example, an incremental palatal expander may include a pair of tooth engagement regions on either side of the device and connected by a palatal region. The tooth engagement regions of any of the incremental palatal expanders described herein may include one or more removal features to allow the patient to remove the apparatus once attached to the patient's dentition. As noted herein, the removal features may be more compliant (e.g., less stiff) than the palatal regions so that the dental appliance can be inserted into/removed from a patient's mouth conveniently. In some implementations, the palatal region of the palatal expander provides a force ranging from about 8 N and 120 N against either side of the upper palate and/or lingual side of the teeth. In various implementations, an incremental palatal expander can be one of a series of incremental palatal expanders used to expand a patient's palate from an initial size/configuration toward a target size/configuration. A series of incremental palatal expanders (IPEs) may be sequentially worn over time to expand a subject's palate as part of a treatment plan. All or some of these IPEs may be fabricated as described herein. Each IPE may be worn for a predetermined time period, such as one day, two days, three days, etc. and then removed (including removed by the patient or parent/guardian) and replaced with next IPE in the series.

[0014] According to some aspects, an incremental palatal expander includes: a palatal region shaped to fit in a patient's upper jaw and apply a translational force across a patient's palate, wherein the palatal region is made of a first polymer material having a rigidity sufficient to apply a translation force in accordance with a palatal expansion treatment plan; a tooth engagement region having one or more cavities shaped to accommodate one or more corresponding teeth, wherein the tooth engagement region is made of a second polymer material that is less rigid than the first polymer material; and a junction coupling the tooth engagement region and the palatal region. One or both of the first and second materials may be composite materials that include fillers, fibers, and the like. The junction can include an adhesive to bond the palatal region with the tooth engagement region. The adhesive may chemically bond the palatal region with the tooth engagement region. One or both of the palatal region and the tooth engagement region may include a textured joining surface that enhances the bond between the palatal region and the tooth engagement region. One or both of the palatal region and the tooth engagement region may include a joining mechanism that mechanically couples the tooth engagement region and the palatal region, the joining mechanism include one or more of a spring-type fastener, a press-fit fastening system, an interlocking system, a V-shaped press fit system, and a slotted feature system. The palatal expander can include two tooth engagement regions each coupled to opposing sides of the palatal region. The palatal expander can be adapted to provide a force ranging from about 8 N and 120 N against either side of the upper palate and/or lingual side of the teeth. In some implementations, the palatal region of the palatal expander provides a force ranging from about 8 N and 120 N against either side of the upper palate and/or lingual side of the teeth. In various implementations, an incremental palatal expander can be one of a series of incremental palatal expanders used to expand a patient's palate from an initial size/configuration toward a target size/configuration.

[0015] According to some aspects, a method of forming a palatal expander includes: forming a palatal region of the palatal expander using a first polymer material having a rigidity sufficient to

apply the translation force in accordance with a palatal expansion treatment plan; forming tooth engagement regions using a second polymer material that is less rigid than the first polymer material, wherein the tooth engagement regions include one or more cavities shaped to accommodate one or more corresponding teeth; and forming the palatal expander by coupling the tooth engagement regions to opposing sides of the palatal region. The method may further include determining a relative shrinkage factor associated with the first and second polymer materials, and adjusting at least one three-dimensional model for forming the palatal region or the tooth engagement regions based on the shrinkage factor. The first polymer material may be a composite polymer material including fibers or metal material integrated therein. Coupling the tooth engagement regions to opposing sides of the palatal region includes applying an adhesive to joining surfaces of the palatal region and the tooth engagement regions. Forming the palatal region may include forming a texture on the joining surfaces of the palatal region and the tooth engagement regions, wherein the adhesive is applied on the textured joining surfaces.

[0016] According to some aspects, a dental device includes: a first region made of a first polymer material having a first rigidity; a second region made of a second polymer material having a second rigidity that is less than the first rigidity; and a transition region coupling the first region and the second region, the transition region including a mixture of the first polymer material and the second polymer material. In some cases, the transition region has a sharp transition between the first and second polymer materials. The first region may be shaped to fit in a patient's upper jaw and apply a translational force across a patient's palate. The second region may include one or more cavities shaped to accommodate one or more corresponding teeth. The mixture may be a homogenous mixture of the first and second polymer materials. The first polymer material may be a composite polymer material including fibers or metal material integrated therein. The transition region may include multiple portions each having different relative amounts of the first and second polymer materials. The multiple portions may provide a gradual gradient of material change within the transition region. The palatal expander can be adapted to provide a force ranging from about 8 N and 120 N against either side of the upper palate and/or lingual side of the teeth. In some implementations, the palatal region of the palatal expander provides a force ranging from about 8 N and 120 N against either side of the upper palate and/or lingual side of the teeth. In various implementations, an incremental palatal expander can be one of a series of incremental palatal expanders used to expand a patient's palate from an initial size/configuration toward a target size/configuration.

[0017] According to some aspects, a method of forming a dental device includes: forming a first region of the dental device using a first polymer material having a first rigidity; forming a second region of the dental device using a second polymer material having a second rigidity that is less than the first rigidity; and forming a transition region coupling the first region and the second region, the transition region including a homogenous mixture of the first polymer material and the second polymer material. Forming the transition region may include forming a liquid of a mixture of monomer/oligomer forms of the first and second polymer materials and incrementally curing the liquid. The liquid may be cured using any of a number of techniques. For example, the liquid may be cured layer by layer (e.g., using one or more beams of electromagnetic radiation) and/or using a light projection process. Forming the transition region may include forming multiple portions of the transition region having different relative amounts of the first and second polymer materials.

Forming the multiple portions may include changing a first material to second material ratio such that each portion has a different first material to second material ratio. Examples of dental devices that may be created according to these implementations include: incremental palatal expanders, attachment formation templates, dental appliances with mandibular advancement features, etc.

[0018] According to some aspects, a method of forming a dental device includes: forming a first region of the dental device using a first polymer material having a first rigidity; forming a second region of the dental device using a second polymer material having a second rigidity that is less

than the first rigidity; and forming a transition region coupling the first region and the second region, the transition region including a homogenous mixture of the first polymer material and the second polymer material. Forming the transition region may include forming a liquid of a mixture of monomer/oligomer forms of the first and second polymer materials and incrementally curing the liquid layer by layer using a laser beam. Forming the transition region may include forming multiple portions of the transition region having different relative amounts of the first and second polymer materials. Forming the multiple portions may include changing a first material to second material ratio such that each portion has a different first material to second material ratio. Examples of dental devices that may be created according to these implementations include: incremental palatal expanders, attachment formation templates, dental appliances with mandibular advancement features, etc.

[0019] Any of these methods described herein may include forming the junction region (the junction) between the different materials of the palatal region and the tooth engagement region so that the forces applied by the palatal region and/or the tooth engagement region are distributed to the patient and/or across the device in a desired manner. In general the forces applied by the palatal expander may be lower than those applied by traditional palatal expanders, but may be distributed across a larger engagement region and may therefore be somewhat lower. The forces applied may be more constant and/or consistent. Thus, any of these methods and apparatuses for making them may be configured to determine the location and shape of the junction region. In some examples, described herein are apparatuses for forming a palatal expander having a palatal region and a tooth engagement region formed of different materials, as well as a junction region coupling the tooth engagement region and the palatal region, in which the apparatus includes a junction planning module that identifies the location and/or shape of the junction region so as to distribute the forces applied by the palatal region uniformly distributed at target application sites. The apparatus may include software, hardware and/or firmware. For example, the apparatus may be or may include a non-transitory computer-readable storage medium storing a set of instructions capable of being executed by a processor (e.g., computer, tablet, smartphone, etc.). In some examples, the apparatuses or methods described herein may define the junction region based on the material properties of the different materials forming the palatal region and the tooth engagement region, as well as the patient's dentition and may be configured to distribute the force(s) applied, e.g., transverse forces applied to expand the palate, so that the forces are constant.

[0020] As mentioned, also described herein are apparatuses (including systems, and software) for performing the methods described herein. For example, described herein are non-transitory computer-readable storage medium storing a set of instructions capable of being executed by a processor, that when executed by the processor causes the processor to perform the method of: forming a digital model of a palatal expander including a palatal region and a tooth engagement region; setting the material of the palatal region to a first polymer material having a rigidity sufficient to apply a translation force to expand a patient's palate in accordance with a palatal expansion treatment plan; setting the material of the tooth engagement regions to a second polymer material that is less rigid than the first polymer material, wherein the tooth engagement region includes one or more cavities shaped to accommodate one or more corresponding teeth; and outputting instructions for forming the palatal expander in which the tooth engagement region is joined to the palatal region at a junction.

[0021] The medium may also include instructions for determining a relative shrinkage factor associated with the first and second polymer materials, and adjusting one or both of the palatal region or the tooth engagement regions of the digital model of the palatal expander based on the shrinkage factor. In some examples setting the first polymer material comprises setting the first polymer material to a composite polymer material including fibers or metal material integrated therein.

[0022] The medium may also include instructions for determining the junction so that the

translation force is distributed over a region of the tooth engagement region.

[0023] The medium may also include instructions for setting a texture on the joining surfaces of the palatal region and the tooth engagement regions, so that an adhesive may be applied on the textured joining surfaces.

[0024] In general, the medium may also include instructions for forming the palatal expander from the instructions by an additive manufacturing technique.

[0025] For example, also described herein are non-transitory computer-readable storage medium storing a set of instructions capable of being executed by a processor, that when executed by the processor causes the processor to perform the method of: forming digital model of a palatal expander including a first region and a second region; setting a first polymer material having a first rigidity for the first region of the dental device; setting a second polymer material having a second rigidity that is less than the first rigidity for the second region of the dental device; specifying a transition region between the first region and the second region, the transition region including a homogenous mixture of the first polymer material and the second polymer material; and outputting instructions for forming the palatal expander using the digital model.

[0026] Specifying the transition region may comprise determining a size and shape of the transition region to distribute lateral forces from the first region when the first region is worn over a patient's palate and the second region is worn over the patient's teeth. In some examples specifying the transition region comprises specifying multiple portions of the transition region having different relative amounts of the first and second polymer materials. Specifying the multiple portions may include identifying a ratio of the first polymer material to the second polymer material such that different portions of the multiple portions have a different first material to second material ratio.

[0027] As mentioned above, the medium may also include instructions for forming the palatal expander from the instructions by an additive manufacturing technique.

[0028] Examples of dental appliances, including palatal expanders, having features that may be used with any of the features and methods described herein may be found, for example, in U.S. Patent Application Publication No. 2018/0153648A1, filed on Dec. 4, 2017, and entitled "PALATAL EXPANDERS AND METHODS OF EXPANDING A PALATE," which is incorporated herein by reference in its entirety.

[0029] For example, described herein are three-dimensionally (3D) printed dental devices comprising: a first 3D printed region is made of a first polymer resin material having a first rigidity; a second 3D printed region made of a second polymer resin material that is less rigid than the first polymer material; and a junction coupling the first region and the second region.

[0030] The dental device may be selected from the group consisting of: a palatal expander, an attachment template, an aligner including a mandibular repositioning block, and a variable property aligner. The first region may be configured to fit in a patient's upper jaw and apply a translational force across a patient's palate, as described above.

[0031] The junction may include an adhesive to bond the first region with the second region. The adhesive may chemically bond the first region with the second region. One or both of the first region and the second region may include a textured joining surface that enhances the bond between the first region with the second region. One or both of the first region and the second region may include a joining mechanism that mechanically couples the second region and the first region, the joining mechanism may include one or more of a spring-type fastener, a press-fit fastening system, an interlocking system, a V-shaped press fit system, and a slotted feature system.

[0032] Also described herein are methods of forming a three-dimensionally (3D) printed dental device, the method comprising: forming a first 3D printed region using a first polymer resin material having a first rigidity; forming a second 3D printed region using a second polymer resin material that is less rigid than the first polymer resin material; and forming the dental device by coupling the first region to second region.

[0033] As mentioned, the dental device may be selected from the group consisting of: a palatal

expander, an attachment template, an aligner including a mandibular repositioning block, and a variable property aligner. Any of these methods may include determining a relative shrinkage factor associated with the first and second polymer resin materials, and adjusting at least one 3D model for forming the first region or the second region based on the relative shrinkage factor.

[0034] The first polymer resin material may be a composite polymer material including fibers or metal material integrated therein. Coupling the first region to the second region may include applying an adhesive to joining surfaces of the first region and the second region.

[0035] Forming the first region may include forming a texture on the joining surfaces of the first region and the second region, wherein the adhesive is applied on the textured joining surfaces.

[0036] Also described herein are non-transitory computer-readable storage medium storing a set of instructions capable of being executed by a processor, that when executed by the processor causes the processor to perform a method of: forming a digital model of a dental device including a first region and a second region; setting a material of the first region to a first polymer resin material having a first rigidity in accordance with a treatment plan; setting a material of the second regions to a second polymer resin material that is less rigid than the first polymer resin material; and outputting instructions for forming the dental device in which the second region is joined to the first region at a junction.

[0037] These and other aspects are described herein.

---

## Description

### BRIEF DESCRIPTION OF THE DRAWINGS

[0038] Novel features of embodiments described herein are set forth with particularity in the appended claims. A better understanding of the features and advantages of the embodiments may be obtained by reference to the following detailed description that sets forth illustrative embodiments and the accompanying drawings.

[0039] FIGS. 1A and 1B illustrate an example of a palatal expander. FIG. 1A is a front perspective view of a bottom side (tongue-facing side) of the palatal expander, shown attached on a model of a patient's upper dental arch. FIG. 1B is a back-perspective view of the palatal expander of FIG. 1A.

[0040] FIG. 1C illustrates translational forces that may be applied by a palatal expander to a patient's palate (arrows) to expand the palate, for example, braking and separating the palatal midline suture.

[0041] FIG. 2 illustrates a perspective view of an example palatal expander.

[0042] FIG. 3A illustrates a lingual view of an example palatal expander on an upper jaw, showing junctions between a palatal region and tooth engagement regions.

[0043] FIG. 3B illustrates a lingual view of another example palatal expander on an upper jaw having a single junction between two regions of the palatal expander.

[0044] FIGS. 4A and 4B illustrate perspective views of separate regions of an example palatal expander. FIG. 4A illustrates an example of a tooth engagement region. FIG. 4B illustrates an example of a palatal region 402.

[0045] FIG. 5 illustrates a lingual view of an example palatal expander on an upper jaw, showing junctions with curved joining surfaces.

[0046] FIG. 6 illustrates an example joining surface of a tooth engagement region or a palatal region, where the joining surface has one or more textures.

[0047] FIG. 7 illustrates an example of a spring-type fastener for coupling a tooth engagement region or a palatal region.

[0048] FIG. 8 illustrates an example of a press-fit fastening system for coupling a tooth engagement region or a palatal region.

[0049] FIG. 9 illustrates an example of an interlocking system for coupling a tooth engagement



region or a palatal region.

[0050] FIG. **10** illustrates an example of a V-shaped press fit system for coupling a tooth engagement region or a palatal region.

[0051] FIG. **11** illustrates an example of a slotted feature system for coupling a tooth engagement region or a palatal region.

[0052] FIG. **12** illustrates a flowchart indicating an example process of forming a dental device from separately formed regions.

[0053] FIG. **13** illustrates a lingual view of an example palatal expander on an upper jaw, showing transitional regions between a palatal region and tooth engagement regions.

[0054] FIGS. **14A-14C** illustrate an example process for forming a dental device using a vat-based printing system.

[0055] FIG. **15** illustrates a flowchart indicating an example process of forming a dental device having one or more transition regions.

[0056] FIG. **16A** illustrates a series of palatal expanders that are configured to progressively expand the suture (e.g., the expanders shown in FIG. **16A** may be examples taken from an entire sequence, e.g., of 8 or more expanders, and do not necessarily represent three immediately sequential expanders).

[0057] FIG. **16B** illustrates a passive holder (e.g., retainer) that may be worn, for example, after the series of FIG. **16A** has completed expanding the patient's palate.

[0058] FIG. **17A** illustrates a front view of a dental attachment placement structure that includes a frame and may be fabricated or configured as described herein. FIG. **17B** illustrates a close-up view of a dental attachment of the attachment placement structure of FIG. **17A**. FIG. **17C** illustrates a perspective side view of the dental attachment placement structure of FIG. **17A**. FIG. **17D** illustrates an alternative perspective side view of the dental attachment placement structure of FIG. **17A**. FIG. **17E** illustrates a perspective side view of the dental attachment placement structure of FIG. **17A** without a dental arch. FIG. **17F** illustrates a close-up view of a contact portion of a retention support of the dental attachment placement structure of FIG. **17A**. FIG. **17G** illustrates a perspective side view of the frame and registration anchors of the dental attachment placement structure of FIG. **17A**. FIG. **17H** illustrates an alternative perspective side view of the frame and registration anchors of the dental attachment placement structure of FIG. **17A**. FIG. **17I** illustrates an overhead view of an alternative of the dental attachment placement structure of FIG. **17A** having a flexible frame portion. FIGS. **17J** and **17K** illustrate an overhead view and perspective side views of another alternative of the dental attachment placement structure of FIG. **17A** having a flexible frame portion. FIG. **17L** illustrates a perspective side view of an alternative of the dental attachment placement structure of FIG. **17A** having a flexible attachment support. FIGS. **17M** and **17N** illustrate various perspective side views of the dental attachment placement structure of FIG. **17A** showing aspects of the attachment supports.

[0059] FIGS. **18A-18C** illustrate one example of an aligner appliance including mandibular advancement blocks that may be configured as described herein. FIG. **18A** shows a side view of an upper jaw with a first mandibular repositioning jaw element and a lower jaw with a repositioning jaw element. FIG. **18B** illustrates a front view of an upper jaw with a first repositioning jaw element and a third repositioning jaw element and a lower jaw with a second repositioning jaw element and a fourth repositioning jaw element. FIG. **18C** illustrates a side view of a first aligner shell with a first repositioning jaw element (mandibular repositioning block) and a second shell with a second repositioning jaw element (mandibular repositioning block).

[0060] FIGS. **19A-19B** illustrate examples of an aligner appliance including mandibular advancement blocks that may be configured as described herein. FIG. **19A** is a side view of an upper jaw with a first repositioning jaw element (mandibular repositioning block) and a lower jaw with a second repositioning jaw element (mandibular repositioning block). FIG. **19B** shows a front view of an upper jaw with a first repositioning jaw element (mandibular repositioning block) and a

third repositioning jaw element (mandibular repositioning block) and a lower jaw with a second repositioning jaw element (mandibular repositioning block) and a fourth repositioning jaw element (mandibular repositioning block).

#### DETAILED DESCRIPTION

[0061] In general, the dental devices described herein are worn on a patient's teeth and are used in accordance with a treatment plan for treating a patient's dental needs. The methods described herein can be used to form a single dental device made of multiple materials arranged in different regions of the device to optimize performance and comfort. In some cases, a series of dental devices are formed using the methods describe herein, where each dental device is configured to achieve a particular goal as part of the treatment plan. It should be noted that the devices and methods described herein are not limited any particular type of dental device. Non-limiting examples of dental devices can include palatal expanders, palatal dental aligners (e.g., having mandibular advancement blocks) and/or attachment formation template devices.

[0062] All or portions of dental devices described herein may fabricated using any fabrication techniques, such as any of a number of additive manufacturing (e.g., 3D printing, binder jetting, etc.) techniques and/or molding techniques. In some embodiments all or portions of the dental devices are formed using an injection molding process whereby one or more thermosetting polymer materials, while in molten form, is injected into a mold. In some cases, light and/or heat is used to cure the resin. Once hardened, the device may be removed from the mold, trimmed, cleaned and polished. In some cases, all or portions of the dental devices are formed using additive manufacturing technology where layers are sequentially added on top of each other based on one or more three-dimensional computer models of a target device. Other fabrication techniques for forming all or portions of a dental devices may include thermal dispensing (“thermo-doodle”) methods, blow-molding, extrusion, pressure forming, casting and/or other manufacturing methods.

[0063] FIGS. 1A and 1B illustrate an example of a palatal expander **100**, shown from different perspectives. These or similar palatal expanders may include any of the features described herein, separately or collectively. In this example, the palatal expander **100** is configured as a removable, e.g., patient-removable (with or without the use of a removing tool) that may be formed of one or more materials, including, e.g., a biocompatible polymer material(s). In some cases, the polymers may include a mixture or combination of photocurable resins that includes oligomers and monomers. In some cases, the polymers may include a mixture or combination of hydrophobic, hydrophilic and/or amphiphilic components including telechelic radical, ionic, urethane and/or cyanide ester oligomers, including but not limited to methacrylates and/or acrylates, epoxies, thiols, oxetanyls with at least one linkage of urethane, carbonates, sulfones, siloxanes, thiols, amides, amines, esters, ethers saturated and/or unsaturated alkyl chains (e.g., all either aromatic, cyclic, or linear), while also being biocompatible. Examples of monomer precursors may include vinyl esters, vinyl ethers, methacrylate/acrylates, thiols, epoxies, oxctanyls, or any combination thereof, while being biocompatible. The polymers may also have fillers such as inorganic and organic particles, fibers, nanotubes and/or thermoplastics ranging from 0.1 micrometers (μm) to 200 μm in various shapes that can be reactive or non-reactive.

[0064] In some examples, some or all of the palatal expander **100** is formed using additive manufacturing (e.g., 3D printing) and/or molding processes. A series of palatal expanders may be used and incrementally staged to expand a patient's palate. In some cases, the palatal expanders may be configured for treatment of children and young adults. The palatal expander **100** includes a tooth engagement region **105** for engaging at least a portion of the teeth in the patient's upper jaw, in particular the molars, and a palatal region **103** extending between the tooth engaging regions **105** and **105'** and that is configured to be positioned adjacent the patient's palate when the device is worn by the patient. A surface of the palatal region **103** adjacent to the patent's palate may have a geometry adapted to fit against the shape of the patient's palate.

[0065] FIGS. 1A and 1B illustrate an example of a palatal expander **100**, shown from different

perspectives. These or similar palatal expanders may include any of the features described herein, separately or collectively. In this example, the palatal expander **100** is configured as a removable, e.g., patient-removable (with or without the use of a removing tool) that may be formed of one or more materials, including, e.g., a biocompatible polymer material(s). In some examples, some or all of the palatal expander **100** is formed using additive manufacturing (e.g., 3D printing or binder jetting) and/or molding processes. A series of palatal expanders may be used and incrementally staged to expand a patient's palate. In some cases, the palatal expanders may be configured for treatment of children and young adults. The palatal expander **100** includes a tooth engagement region **105** for engaging at least a portion of the teeth in the patient's upper jaw, in particular the molars, and a palatal region **103** extending between the tooth engaging regions **105** and **105'** and that is configured to be positioned adjacent the patient's palate when the device is worn by the patient. A surface of the palatal region **103** adjacent to the patient's palate may have a geometry adapted to fit against the shape of the patient's palate.

[0066] The palatal region **103** may provide force to stretch or expand the palate (e.g., including the palatal midline suture). The palatal region **103** may be configured to balance the load deflection for patient comfort. In some cases, the palatal region **103** may be configured to apply transverse forces distributed across teeth on either side of palate. For example, the forces may be distributed among three posterior teeth on each side, as shown in FIG. **1C**, and or on a lateral side of the palate. The forces may be applied to the lingual side of the teeth (e.g., molars) and/or to the lateral side of the palate. In some cases, the palatal region **103** may include energy-enhancing features (e.g., springs and thermally active materials) and/or one or more adaptations, such as struts, supports, cross-beams, ribs, gaps/windows and/or attachments, which may distribute the forces applied in a more nuanced manner. For example, these devices may be configured so that the forces applied are distributed in a predetermined and/or desired pattern by arranging one or more points of contact between the palatal expander and the patient's mouth (e.g., in the gingiva and/or preferably along an upper or lower lateral portion of the patient's teeth, including their molars). The curvature (e.g., concavity) of the device may also be adjusted, to distribute the forces applied, while allowing clearance between the palate and the device, and/or allowing clearance for the user's tongue.

[0067] FIG. **2** shows another example of a palatal expander **200**. A lingual side **210** of the device **200** can have a concave shape to allow space for the patient's tongue when wearing the device. All or a portion of a palatal side **212** of the device **200** may contact the patient's palate. The tooth engagement regions **204** and **204'** can each include one or more cavities **213** and **213'** for fitting on corresponding teeth of the patient. In some embodiments, the cavities **213** and **213'** are shaped in accordance with the corresponding teeth to provide accurate registration of the palatal expander **200** when on the patient's dentition.

[0068] In the example of FIG. **2**, the palatal expander **200** includes a removal feature **214** corresponding to an extension of the tooth engagement region **204'** that is adapted to facilitate removal of the palatal expander **200** from the patient's teeth. For example, the removal feature **214** can be adapted to facilitate hooking of a finger (or fingernail) to provide leverage when removing the palatal expander **200** from the patient's palate. The removal feature **214** may be configured to extend toward or past the gingiva line when the palatal expander **200** is positioned on the patient's dentition. In some embodiments, the opposing engagement region **204** also includes a removal feature. Additionally or alternatively, the palatal expander may include one or more attachment features **201** on one or both sides of the device (e.g., in one or both of the tooth engagement regions **204** and **204'**). The attachment features can correspond to cavities on one or both of the buccal sides of the tooth engagement regions **204** and **204'**, which are configured to couple with corresponding attachments bonded to the patient's teeth and to help retain the device **200** on the patient's teeth.

[0069] The dental devices described herein can include different regions that have different physical characteristics. For example, the tooth engagement regions **204** and **204'** may have

different properties than the palatal region **202**. In some cases, the tooth engagement regions **204** and **204'** may be made of a material(s) optimized for patient comfort while providing enough structural integrity to withstand occlusal forces. The material(s) of the tooth engagement regions **204** and **204'** should have sufficiently high flexibility to bend while the patient fits the device on the teeth and removes the device from the teeth, thereby allowing for casier placement and removal of the palatal expander **200**. The palatal region **202** may be made of a material(s) optimized for providing necessary forces across the palate to achieve a pre-determined extent of palate expansion. In some cases, the palatal region **202** is made of a first material and the tooth engagement regions **204** and **204'** are made of a second material different than the first material.

[0070] The dental devices can be made of any of a number of materials or composite materials. In some cases, at least a portion of the palatal expander is made of a polymer material, such as a thermoset polymer and/or an elastomeric polymer. The polymer material(s) may be biocompatible and suitable for use in the patient's mouth. A composite material may include a polymer base material with a reinforcing material, such as a fibers (e.g., polymer fibers and/or natural fibers) and/or metal material, integrated therein. In some cases, the palatal region **202** is made of a first material, a first tooth engagement region **204** is made of a second material different than the first material, and a second tooth engagement region **204'** is made of a third material different than the first and second materials. In some embodiments, the palatal region **202** are made of a more rigid material (e.g., polymer) than the material(s) of tooth engagement regions **204** and **204'**. This can allow the palatal region **202** to be sufficiently rigid (stiffness) to provide the required expansion force while allowing the tooth engagement regions **204** and **204'** to be flexible for optimal fitting on the patient's teeth and/or for patient comfort.

[0071] In some embodiments, the transition between the different regions of the palatal expander are defined by one or more junctions for joining the different regions. FIG. 3A shows a lingual side **310** of an example palatal expander **300** illustrating junctions **316** and **316'** between the palatal region **302** (having an anterior portion **303**) and the tooth engagement regions **304** and **304'**. A first junction **316** corresponds to the region of the device **300** where a first tooth engagement regions **304** is connected to the palatal region **302**. Likewise, a second junction **316'** corresponds to the region of the device **300** where a second tooth engagement regions **304'** is connected to the palatal region **302**. In some examples, the first tooth engagement region **304**, the palatal region **302** and the second tooth engagement region **304'** are formed (e.g., printed) separately and then joined. The junction **316** shown in this example may be straight (e.g., shown by the dashed line) or it may be curved, including sinusoidal and/or non-straight. In some examples the junction (junction region) may be configured to distribute the forces (lateral forces) expanding the palate over regions of the tooth engagement region, and in particular over the lingual portion of the tooth engagement region **308** that may contact the gums or region more distal from the occlusal surface of the teeth. This may allow for smaller magnitude forces to be used while still achieving a significant palatal expansion.

[0072] The junctions **316** and **316'** may include adhesive (e.g., epoxy), a weld (e.g., by molding), mechanical features (e.g., interference fit, locking features, etc.) and/or other type of connecting agents. The adhesive and/or weld may provide a chemical bond between the palatal region **302** and the tooth engagement regions **304** and **304'**. The mechanical features may provide a physical connection between the palatal region **302** and the tooth engagement regions **304** and **304'**. In some cases, the junctions **316** and **316'** provide both chemical bonding and mechanical connection between the palatal region **302** and the tooth engagement regions **304** and **304'**.

[0073] The modular design of the palatal expander **300** can allow the different regions (e.g., palatal region **302** and tooth engagement regions **304** and **304'**) to be fabricated separately, thereby allowing for greater manufacturing flexibility. For example, a palate expansion treatment typically involves providing a series of palatal expanders that progressive expand the patient's palate. Modular fabrication can allow for separate and customized modifications of the palatal region **302**

and/or tooth engagement regions **304** and **304'** when fabricating the series of palatal expanders. Once fabricated, the customized palatal region **302** can be coupled with customized tooth engagement regions **304** and **304'**. In some instances, the tooth engagement regions **304/304'** and the palatal region **302** are fixedly connected when the patient receives the device **300**. In other instances, one or both of the tooth engagement regions **304/304'** are separated from the palatal region **302** when the patient receives the device **300**, and the patient is given instructions for connecting them.

[0074] The dental device may include any number of junctions that join separately formed regions. For example, referring to FIG. **3B**, a palatal expander **360** can include a first region **368** and a second region **368'** joined by a junction **366**. The first region **368** can include a first tooth engagement portion **364** and first palatal portion **322**. Likewise, the second region **368'** can include a second tooth engagement portion **364'** and second palatal portion **322'**. The first region **368** and the second region **368'** may be multi-material parts. For instance, the first and second palatal portions **322/322'** may be made of a first material (e.g., more rigid material), and the first and second tooth engagement portions **364/364'** may be made of a second material (e.g., less rigid material). The first and second materials may be integrally formed with each other using any of the techniques described herein such as the photopolymer-based and ink jetting additive techniques. After the first region **368** and the second region **368'** are formed, they can be joined at the junction **366** using any of the techniques described herein (e.g., adhesive, weld and/or mechanical coupling). The junction(s) may be anywhere within the dental device. For example, the junction **366** may be in the middle of the palatal expander **360** or closer to one of the first tooth engagement portion **364** and the second tooth engagement portion **364'**. The dental device can include any number of junctions, e.g., 1, 2, 3, 4, 5, 6, or more. The junction(s) may run lengthwise, crosswise and/or along any axis of the dental device.

[0075] FIGS. **4A** and **4B** show examples of a tooth engagement region **404** and a palatal region **402**, respectively. In this example, the tooth engagement region **404** includes an angled joining surface **420** configured to mate with a corresponding angled joining surface **422** of the palatal region **402**. This angled joining surface configuration allows for a more robust junction between the regions once the regions are joined together (e.g., via adhesive, weld, and/or other type of connecting agent) compared to flat joining surface.

[0076] FIG. **5** shows another example palatal expander **500** (shown on the lingual side **510**) that includes junctions **516** and **516'** (junction region) having curved joining surfaces. In FIG. **5**, the junction regions is sinusoidal and curves back and forth as it extends from the distal to the anterior **503** region of the palatal expander. This configuration can allow for a more robust junction between the regions once the regions are joined together (e.g., via adhesive, weld, and/or other type of connecting agent) compared to flat joining surface. In some cases, the curved joining surfaces have unique curvatures that allow for excluding fitting between matching palatal region **502** and tooth engagement regions **504** and **504'**.

[0077] The joining surface of a tooth engagement region and/or a palatal region of a palatal expander may include a surface texture to enhance the coupling between the different regions of the palatal expander. FIG. **6** shows examples of joining surfaces **620** of a tooth engagement region or a joining surface **622** a palatal region. The joining surface **620/622** can have one or more surface textures to increase mechanical coupling between the tooth engagement region and palatal region. In this example, the joining surface **620/622** may include a cross-hatch surface pattern **630** (e.g., including a series of crossed raised or indented lines) and/or a geometric pattern **632** (e.g., including raised or indented polygonal, oval, circular shaped surfaces). In some instances, the surface textures form undercut features. In some cases, a raised pattern on a joining surface of a tooth engagement region may correspond to an indented pattern on a joining surface of a palatal region, or vice versa, thereby forming secure engagement between the parts. In some cases, an adhesive (e.g., adhesive resin) is used in conjunction with the surface texture to fixedly couple the

tooth engagement region and palatal regions together. For example, indentations within the textured surface may be filled with an adhesive before coupling with the corresponding part. The patterning/texturing can add a mechanical component that helps chemical adhesion. This can be used during printing (or molding) of multiple materials, or different prints (or molds) of various material.

[0078] FIG. 7 shows another example of a joining mechanism, in this case, a spring-type fastener **740**. The spring-type fastener **740** can be on a joining surface **720** of a tooth engagement region **704** or a joining surface **722** a palatal region **702** of the palatal expander. The spring-type fastener **740** is adapted to be pressed within an opening of the corresponding part (tooth engagement region or palatal region) and be retained within the opening. For example, the center **742** of the fastener **740** can be hollow such that the fastener **740** can compress while entering the opening. Once within the opening, a lip **744** of the fastener **740** retains the fastener **740** within the opening, thereby locking the respective parts together. This configuration may not require an adhesive.

[0079] FIG. 8 shows an example of a press-fit fastening system **840**. In some embodiments, a joining surface of the tooth engagement region **804** includes one or more pins **842/844/846** configured to press fit into corresponding holes **852/854/856** of the palatal region **802**. In other embodiments, a joining surface of the palatal region **802** includes one or more pins **842** configured to press fit into corresponding holes **844** of the tooth engagement region **804**. The pins **842/844/846** and holes **852/854/856** are shaped and sized such that when the pins **842** are pushed within corresponding holes **852/854/856**, the corresponding parts **802/804** are held together by friction (interference fit). In some cases, the pins **842/844/846** have different diameters such that they are configured to press fit with holes **852/854/856** having corresponding diameters. This can assure that the parts **802/804** are accurately aligned and oriented with respect to each other when coupled together.

[0080] FIG. 9 shows an example of an interlocking system **900** in which joining surfaces **920/922** of the tooth engagement region **904** and the palatal region **902** have corresponding three-dimensional shapes. Different mechanical features can be fabricated to join IPE sections. Control over the shape of the joining surfaces **920/922** in three dimensions can allow for accurate placement and tight mechanical interlocking of the regions **904/902**. In some cases, adhesive is used in conjunction with the interlocking system **900** to couple the regions **904/902**.

[0081] FIG. 10 shows an example of a V-shaped press fit system **1000** in which a joining surface of the tooth engagement region **1004** or palatal region **1002** includes a V-shaped opening **1060**, and the corresponding tooth engagement region **1004** or palatal region **1002** include a corresponding V-shaped protrusion **1062**. The V-shaped opening **1060** and protrusion **1062** can be sized and shaped to create a press-fit (interference fit) coupling, and can assure accurate alignment between the parts **1004/1002**. In some cases, the palatal expander includes multiple V-shaped openings **1060** and protrusions **1062**.

[0082] FIG. 11 shows an example of a slotted feature system **1100** includes a joining surface of the tooth engagement region **1104** or palatal region **1102** includes a slot **1170**, and the corresponding tooth engagement region **1104** or palatal region **1102** include a correspondingly shaped protrusion **1172**. The slot **1170**/protrusion **1172** may have corresponding dove-tailed shapes and be adapted to slide and lock together.

[0083] When forming the various regions of the dental devices, factors such as material shrinkage may be accounted for. For example, polymer materials may shrink once they are cured and/or cooled/hardened. Different types of polymers and/or polymer composites may shrink to different extents based on the chemical composition and/or the method of fabrication. Thus, the dimensions of parts made of different materials may change to different extents based on these shrinkage differences. To account for such differences, the dimensions of the part during fabrication (e.g., printing and/or molding) can factor in an expected amount of shrinkage. In some additive manufacturing fabrication processes, the dimensions of the computer model of a first part made of

a first material may be adjusted to account for a higher or lower expected shrinkage relative to a second part made of a second material to which the first part is to be coupled with. In some molding processes, the dimensions of the mold for a first part made of a first material may be adjusted to account for a higher or lower expected shrinkage relative to a second part made of a second material. The relative degree of shrinkage of a first material and a second material can be determined by fabricating a first test part using the first material and a second test part (having the same dimensions as the first part) using the second materials, then measuring dimensional changes in each of the test parts. A relative shrinkage factor can be calculated based on whether one of the test parts shrinks more than the other. In some cases, the relative shrinkage factor may depend at least in part on the fabrication method. For example, a first part formed using a first fabrication process (e.g., additive manufacturing or molding) may shrink more or less than a second part formed using a second fabrication process (e.g., additive manufacturing or molding) that is different than the first fabrication process. Once the relative shrinkage factor is determined, the dimensions of the computer model or mold can be adjusted accordingly.

[0084] FIG. 12 shows a flowchart indicating an example process of forming a dental device from separately formed parts. At **1261**, optionally, a relative shrinkage factor for a first material relative to a second material is determined. The relative shrinkage factor can be determined based on different degrees of expected shrinkage for the different materials. The dimensions of computer model and/or mold used to form a first region (e.g., palatal region) and a second region (e.g., tooth engagement region) may take into account the relative shrinkage factor.

[0085] At **1263**, one or more first regions (e.g., palatal region) of the dental device (e.g., palatal expander) is formed using a first material. Any fabrication techniques may be used. In some cases, an additive manufacturing process and/or a molding process is used. The first material may be chosen based at least in part on rigidity. In the case of a palatal expander, the first material should have a sufficiently high rigidity to provide a desired force to expand the patient's palate according to palate expanding treatment plan. The first material may also have some compliance to balance the load deflection for patient comfort. The rigidity and flexibility of the first and second materials may be chosen based on a combination of initial flexural modulus and remaining flexural modulus of the first and second materials.

[0086] At **1265**, one or more second regions (e.g., tooth engagement region) of the dental device (e.g., palatal expander) is formed using a second material. Any fabrication techniques may be used. In some cases, an additive manufacturing process and/or a molding process is used. In the case of palatal expanders, aligners and attachment template devices, the second region may correspond to tooth engagement regions that includes cavities shaped and sized in accordance with corresponding teeth so that the device registers with the patient's teeth, thereby correctly aligning the device with respect to the patient's dentition and/or jaw. The second material may be less rigid than the first material. The second material may be chosen based at least in part on flexibility. For example, the second material should have a sufficiently high flexibility to bend while the patient fits the device on the teeth and removes the device from the teeth. This can allow for easier placement and removal of the device. In some cases, the second material has an elongation at break measurement (ratio between changed length and initial length after breakage) of greater than 10%. In some embodiments, each of the tooth engagement regions are formed using a different material (e.g., a second material and a third material). Note that forming the palatal region **1263** and forming the tooth engagement regions **1265** may be performed sequentially in any order, or in parallel.

[0087] At **1267**, the first region is coupled to the second region. In some embodiments, the coupling involves using one or more adhesive materials, such as one or more polymer adhesives. Joining surfaces of the first and/or second regions of the device may include indentations, protrusions and/or a textured surface to increase the adhesion force and/or to assure proper alignment of the different regions. In some embodiments, the coupling involves using one or more fastening features of the first and/or second regions. Examples of fastening features may include a

spring-type fastening system, a press-fit fastening system, an interlocking system, a V-shaped press-fit fastening system and/or other fastening systems. The fastening features may or may not be used with adhesive.

[0088] In some embodiments, the transition between the different regions of the palatal expander is graduated such that a transition region between the different regions has combined materials of the different regions. FIG. 13 shows a lingual side **1310** of an example palatal expander **1300** that includes two transition regions **1316** and **1316'** extending roughly posteriorly to anteriorly **1303**. A first transition region **1316** is between a first tooth engagement region **1304** and a palatal region **1302**. A second transition region **1316'** is between a second tooth engagement region **1304'** and the palatal region **1302**. In some embodiments, the palatal region **1302** is made of a first material (e.g., first type of polymer or mixture of polymers) and the first and second tooth engagement regions **1304** and **1304'** are made of a second material (e.g., second type of polymer or mixture of polymers) different than the first material. In some embodiments, the palatal region **1302** is made of a first material, the first tooth engagement region **1304** is made of a second material, and the second tooth engagement region **1304'** is made of a third material, where the first, second and third materials are different from each other.

[0089] The transition regions **1316** and **1316'** correspond to regions that includes a mixture of materials to provide a smooth material transition between the different regions of the palatal expander **1300**. For example, the first transition region **1316** can include a combination of the material of the palatal region **1302** (e.g., first material) and a material of the first tooth engagement region **1304** (e.g., second material). Likewise, the second transition region **1316'** can include a combination of the material of the palatal region **1302** (e.g., first material) and a material of the second tooth engagement region **1304'** (e.g., second material or third material). The first and second materials may be integrated with each other. Since the transition regions **1316** and **1316'** includes a mixture of materials from adjacent regions, the transition regions **1316** and **1316'** can provide robust adhesion of the adjacent regions. The mixture may be a homogenous mixture of the multiple polymers.

[0090] A width (w) of each of a transition region may vary depending on desired physical characteristics of the palatal expander **1300**. In some embodiments, the width (w) ranges from about 0.05 millimeters (mm) to about 10 mm.

[0091] In some embodiments, the material change within the transition regions **1316** and **1316'** is gradual. For example, if the palatal region **1302** is made of a first material and the first tooth engagement region **1304** is made of a second material, the transition region **1316** may have a gradually decreasing amount of the first material and increasing amount of the second material traveling along a path within the transition region **1316** toward the tooth engagement region **1304** and away from the palatal region **1302**.

[0092] Methods of forming a dental device having transition regions with mixed materials may vary. In some embodiments, an additive manufacturing technology is used, such as those based on vat-based additive manufacturing techniques or jet printing (ink jet printing) techniques. FIGS. 14A-14C shows an example process for forming a dental device using a vat-based printing system **1441**. The system **1441** includes vat **1451** (or tank) that contains a first photo-curable material **1450** in liquid form, which includes a monomer and/or oligomer for forming a first polymer prior to polymerization. At FIG. 14A, electromagnetic radiation **1496** (e.g., laser beam) from a source **1494** (e.g., laser) selectively cures a region of the photo-curable material **1450** to form a first region **1402** (e.g., palatal region) of a part additively on a platform **1492**. The additive process may include any type of additive process, such as one similar to a continuous liquid interface production (CLIP) process. Alternatively or additionally, a mask projection process can be used to form the first region **1402**. At FIG. 14B, the first polymer material **1450** is replaced with a second photo-curable material **1452**, which includes a monomer and/or oligomer for forming a second polymer, within the vat **1451**. The electromagnetic radiation **1496** is used to cure the second photo-curable material



**1452** to form a second region **1404** (e.g., tooth engagement region) made of the second polymer material. At FIG. **14C**, the vat **1451** is filled with a mixture **1454** of the first and second photo-curable materials to form a transition region **1416** (e.g., transition region) of the part. In this case, forming the transition region **1416** joins the first region **1402** and the second region **1404**. The order of forming the different regions **1402**, **1404** and **1416** of the part may vary. For example, any of the regions **1402**, **1404** and **1416** may be formed first, second or last. In some embodiments, the transition region **1416** is formed using multiple steps where the vat **1451** is changed multiple times with different ratios of the first and second polymer materials to create a more refined gradient transition in the transition region **1416**. This can be part of an industrial process, particularly a mass-scalable industrial process.

[0093] The choice of polymers will be based on physical characteristics such as rigidity, flexibility and/or expansion-force-exerting properties as described herein. In some cases, the polymers are based on the miscibility of the photo-polymer precursors with each other in the mixture for forming the transition regions. Table 1 shows various example polymers used to make different portions of a transition region. In some cases, the polymers/polymer precursors are custom made and not commercially available.

TABLE-US-00001 TABLE 1 Polymer Percentage Mixture A Urethane-based cross 60% linker with a high Tg Elastomeric like 40% photopolymer with a high elongation at break photo-initiator +1% Mixture B Urethane-based cross 70% linker with a high Tg Elastomeric like 30% photopolymer with a high elongation at break photo-initiator +1% Mixture C and D Elastomeric like 35% photopolymer with a high elongation at break Urethane-based cross 15% linker with a high Tg Mono-functional 50% reactive diluent photo-initiator +1%

[0094] FIG. **15** shows a flowchart indicating an example process of forming a dental device having one or more transition regions. The dental device may be any of a number of types of dental devices, such as a palatal expander, dental aligner (e.g., with a mandibular advancement block) or dental attachment template for placement and bonding of attachments to the patient's teeth. At **1501**, one or more first regions of the dental device is formed using a first material. For a palatal expander, the first material may be a relatively rigid material for forming a palatal region of the device. For a dental aligner, the first material may be a relatively rigid material for structures where relatively high forces are needed to move teeth (such as a mandibular advancement block). For a dental attachment template, the first material may be a relatively rigid material for the attachment itself and the second material may be a remaining portion of the dental attachment template (e.g., for easier handling and/or shipping safety). In the case of dental attachment templates, the dental attachment template may include tooth engagement regions with cavities that are shaped and sized in accordance with corresponding teeth to position support one or more attachments attached thereto in desired position(s) with respect to one or more teeth. Alternatively or additionally, the one or more attachments are attached to and hang from a frame that positions the attachments with respect to the desired position(s). The first material may include one or more types of materials. For example, the first material may include one type of polymer or multiple types of polymers.

[0095] At **1503**, one or more second regions of the dental device is formed using a second material having different physical characteristics than the first material. For example, the second material may be (less rigid) than the first material. For a palatal expander, dental aligner, or dental attachment template, the second less rigid material may be used to form one or more tooth engagement regions of the device so that the device is easier to remove from teeth by the patient and/or be more comfortable to wear. The second material may include one or more types of materials. For example, the second material may include one type of polymer or multiple types of polymers.

[0096] At **1505**, one or more transition regions of the dental device includes a mixture of the first and second materials. The transition region(s) may be formed between the first region(s) and second region(s) to couple the first and second regions together. The mixture may have pre-

determined relative amounts of the first and second materials. The mixture may include a predetermined ratio of the first material relative to the second material (e.g., by weight). For example, the mixture may include a first material to second material ratio by weight ranging from about 0.99 to about 0.01 (e.g., 0.99, 0.95, 0.90, 0.85, 0.80, 0.75, 0.70, 0.65, 0.60, 0.55, 0.50, 0.45, 0.40, 0.35, 0.30, 0.25, 0.20, 0.15, 0.10, 0.05 or 0.01). In some cases, the mixture may include one or more additional materials to stabilize the mixture. In some cases, forming the transition region includes forming different portions of the transition region using different relative amounts of the first and second materials. For example, a first portion of the transition region closest to the first region of the device may have a higher first material to second material ratio than a second portion of the transition region closest to the second region of the device. The transition region may include any number of portions having different relative amounts of the first and second materials. For example, the transition region may include from about 1 to 20 (e.g., 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19 or 20) portions having different relative amounts of the first and second materials. The number of portions having different relative amounts of the first and second materials can be chosen based on how well the transition region(s) can couple the first and second regions of the device together and/or desired performance. For instance, more portions of the transition region can be used to provide a more gradual gradient of material change and less of a sharp contrast of material change.

[0097] The devices described herein may be configured as a system including a series of palatal expanders that progressively expand the patient's palate and/or a passive holder (e.g., retainer) to be worn after the series has widened the palate. For example, FIGS. **16A** and **16B** illustrate example components of such system. FIG. **16A** shows an example of a series of palatal expanders that get progressively broader. For example, an initial upper palatal expander **1658** may have narrower palatal region than the intermediate palatal expander **1659** and a final palatal expander **1660**. FIG. **16C** illustrate an example of a passive holder (e.g., retainer) **1661** that may be worn after the series has completed expanding the patient's palate. In this example, the palatal expander retainer **1661** is similar or identical to the last of the palatal expanders in the sequence, although it may have a different configuration.

[0098] As mentioned above, a palatal expander as described herein can be one of a series of palatal expanders (incremental palatal expanders) that may be used to expand a subject's palate from an initial size/shape toward a target size/shape. For example, the methods and improvements described herein may be incorporated into a palatal expander or series of palatal expander as described, for example, in US20190314119A1, herein incorporated by reference in its entirety. A series of palatal expanders may be configured to expand the patient's palate by a predetermined distance (e.g., the distance between the molar regions of one expander may differ from the distance between the molar regions of the prior expander by not more than 2 mm, by between 0.1 and 2 mm, by between 0.25 and 1 mm, etc.) and/or by a predetermined force (e.g., limiting the force applied to less than 180 Newtons (N), to between 8-200 N, between 8-90 N, between 8-80 N, between 8-70 N, between 8-60 N, between 8-50 N, between 8-40 N, between 8-30 N, between 30-60 N, between 30-70 N, between 40-60 N, between 40-70 N, between 60-200 N, between 70-180 N, between 70-160 N, etc., including any range there between).

[0099] The palatal region may be between about 1-5 mm thick (e.g., between 1.5 to 3 mm, between 2 and 2.5 mm thick, etc.). The occlusal side may have a thickness of between about 0.5-2 mm (e.g., between 0.5 to 1.75 mm, between 0.75 to 1.7 mm, etc.). The buccal side may have a thickness of between about 0.25-1 mm (e.g., between 0.35 and 0.85 mm, between about 0.4 and 0.8 mm, etc.).

[0100] The dental devices described herein can include any of a number of features to facilitate the expansion process, improve patient comfort, and/or aid in insertion/retention of the dental devices in the patient's dentition. Examples of some features of dental devices are described in U.S. Patent Application Publication No. 2018/0153648A1, filed on Dec. 4, 2017, which is incorporated herein by reference in its entirety. For example, any of the dental devices described herein may include

any number attachment features that are configured to couple with corresponding attachments bonded to the patient's teeth. The dental devices may have regions of varying thickness. In any of the dental devices described herein can have varied thicknesses. For example, the thickness of a palatal region may be thicker or thinner than the thickness of tooth engagement regions. The palatal region of any of the palatal expanders may include one or more cut-out regions, which may enhance comfort and/or prevent problems with speech.

[0101] Any of the methods (including user interfaces) described herein may be implemented as software, hardware or firmware, and may be described as a non-transitory computer-readable storage medium storing a set of instructions capable of being executed by a processor (e.g., computer, tablet, smartphone, etc.), that when executed by the processor causes the processor to control perform any of the steps, including but not limited to: displaying, communicating with the user, analyzing, modifying parameters (including timing, frequency, intensity, etc.), determining, alerting, or the like. For example, computer models (e.g., for additive manufacturing) and instructions related to forming a dental device may be stored on a non-transitory computer-readable storage medium.

[0102] The methods and apparatuses described herein may use different material, and in particular, may use different photopolymers with different material behaviors within the same device or region of a device. For example, as described above, in some variations the region of a device that engages with the subject's teeth (e.g., the "wings") may be different from the region of the device that engages with the palate (e.g., the center, central, or palatal region); in some variations these different regions may be formed of different photopolymers that may have different properties.

[0103] By using different material properties within a single device, all of the material property requirements for a dental appliance may be achieved. For a single, e.g., printed, appliance. FIG. 17 illustrates one example of an appliance (a palatal expander) having flexible wing (tooth-engaging) regions **1701** that may permit low insertion forces, and may have a high modulus and a high remaining stress for the apparatus, and in particular the palatal region **1703** to achieve palatal movement. This could be achieved by changing the material during additive manufacturing (e.g., for a vat-based 3D printing process) or by changing the resin composition (e.g., for jetting-based additive manufacturing processes).

[0104] In some variations the direction of printing may be selected. For example, the printing direction for a vat-based additive manufacturing process maybe from the wing region to the palatal region and back again, so that the wing region (more flexible tooth engaging region) has a higher elongate. The modulus and the remaining stress in the wings may be lower than that for the palatal region as the wing may have less impact on the required palatal movement. The increase flexibility of the wings may allow them to be applied to the teeth with lower insertion forces. In some variation the device may be printed so that the left wing portion is printed first (from the left-to-right) direction, and once the printing has extended to a height (e.g.,  $h_1$  in FIG. 17) that extends into the palatal region **1703**, the resin may be changed and printed with a higher modulus material to a second height of  $h_2$  forming the palatal region. A second transition may be made to form the second (e.g., left) wing region printing in the first, lower modulus material, to the third height  $h_3$ . Thus, any of the apparatuses described herein may include material transition regions or boundaries between lower modulus (more flexible) material and higher modulus (less flexible) material that extend in parallel lines from the front (anterior) of the device to the back (posterior) of the device; these boundaries may overlap with both wing (tooth-engaging) and palatal regions of the appliance. A second region of the device formed of a higher modulus material may extend a constant height (diameter) between the wing regions formed of a lower modulus material and may include the palatal region.

[0105] The method and features described herein may also include or be included as part of an attachment template (dental attachment template) for placing one or more dental attachments onto a subject's teeth, e.g., to help assist in securing a dental appliance to the subject's teeth. For example,

described herein are attachment templates in which the dental attachment template includes stiffer (more rigid) regions that are configured to break away or separate from more compliant regions configured as tooth-engagement (e.g., support) regions that may position the one or more attachments at predetermined and appropriate locations on the teeth. For example, the methods and features described herein may be used to modify a dental attachment structure as described in US20190298494A1, herein incorporated by reference in its entirety.

[0106] For example, the apparatuses and methods described herein may include dental attachment templates and methods of making and using them that include forming the attachment portions from a stiffer material, such as a material having a stiffness (e.g., Young's modulus) that is higher than more compliant region. For example the Young's modulus of the attachment portions may be formed of a material, as described herein, having a Young's modulus of 5 GPa or greater (e.g., 7 GPa or greater, 8 GPa or greater, 9 GPa or greater, 10 GPa or greater, 11 GPa or greater, 12 GPa or greater, 13 GPa or greater, 14 GPa or greater, 15 GPa or greater, 20 GPa or greater, 25 GPa or greater, between 5 GPa and 1000 GPa, etc.). Thus, this may result in stiffer regions for the attachments. The more compliant regions, such as the tooth-engagement regions may have a Young's modulus of less than the Young's modulus of the attachment(s), such as a Young's modulus of 10 GPa or less, 9 GPa or less, 8 GPa or less, 7 GPa or less, 6 GPa or less, 5 GPa or less, 4 GPa or less, 3 GPa or less, 2 GPa or less, 1 GPa or less, 0.5 GPa or less, 0.1 GPa or less, etc.). Thus, the tooth-engagement and attachment positioning portions of the apparatus may generally have a lower Young's modulus as compared to the attachment(s).

[0107] Any of these apparatuses may include a junction region between the attachment(s) and the tooth-engaging region, as described above. In some examples, the apparatus may include one or more interface printing areas. In general, these apparatuses may be formed as part of a single 3D printing process (e.g., in a single vat).

[0108] For example, FIGS. 17A-17N illustrate examples of attachments and dental attachment templates that may be formed as described herein. For example, FIG. 17A illustrates a front view of a dental attachment placement structure according to a number of embodiments of the present disclosure. The structure illustrated includes several components that when used together can be beneficial in the accurate placement and orientation of one or more attachments on one or more buccal tooth surfaces of a dental arch **1240**. The features illustrated in this figure are a frame **1210** configured to extend over at least a portion of the dental arch. The frame may be a solid structure that follows the shape of the dental arch of the patient, or a portion of the dental arch. The frame can support one or more extending structures that cooperate with the frame to register the one or more dental attachments (examples of which are identified as **1202-1**, **1202-2**, **1202-3**, and **1202-4**) to predetermined tooth surface position(s). The dental attachment(s) may be attached to the frame via one or more attachment supports (examples of which are identified as **1203-1** and **1203-4**). This can allow the dental attachment to extend a distance from the frame and to access the predetermined position on a corresponding tooth surface. If multiple attachments are used, the attachment supports may extend in the same direction with respect to the frame. For instance, attachment supports may extend in a downward (or upward) direction from the frame to position the supports below (or above) the frame.

[0109] The dental attachment may be removably attached to the attachment support such that the attachment can be detached from the dental attachment placement structure, for example, after the attachment is affixed to the tooth surface. An attachment may be attached to an attachment support at an interface region between the attachment and attachment support. This interface region may be configured for easy detachment. For example, the attachment support may have a thicker end close to the frame that tapers to a lesser thickness at the interface region for easier detachment. In some embodiments, detachment is accomplished using a detachment tool, as described herein. In a number of embodiments, the interface region is sufficiently frangible to allow the attachment to break away from the attachment support without the use of detachment tool. In some cases, a user

may be able to detach the attachment by applying a compressive, tensile or pressing force on the attachment (e.g., by the user's hand).

[0110] The frame may also include one or more registration anchors (examples of which are identified as **1201-2**, **1201-3**, and **1201-4**) that extend from the frame and that include contact surfaces that register with corresponding one or more teeth. When the contact surfaces of the registration anchor(s) register with corresponding teeth, the dental attachments can also register with the corresponding tooth surfaces. In some cases, the registration anchor contact surface is contoured to complement the undulations and/or grooves of a corresponding surface of one or more teeth. The contoured surface may be adapted to complement the surfaces of any type of one or more teeth, such as one or more incisors, canines, premolars, and molars. The contoured surface may be adapted to complement any side of a tooth, such as one or more lingual, occlusal, buccal, and distal tooth surfaces. In some embodiments, the registration anchor may at least partially encapsulate an incisal edge of a tooth. The registration anchor may extend over more than one side of a tooth, such as portions of the top (e.g., crown), buccal and/or lingual sides of the corresponding tooth. In the example shown in FIG. 17A, the registration anchors extend over the top and buccal sides of corresponding teeth.

[0111] In some cases, the dental attachment is configured to attach to the same tooth as the tooth that the registration anchor is configured to contact. For instance, attachment **1202-4** is aligned with a surface of tooth **1211-4**, which is the same tooth that registration anchor **1201-4** is registered with. In some cases, the registration anchor is configured to registered with a different tooth than the tooth that the dental attachment is configured to attach to. For instance, attachment **1202-1** is aligned with a surface of tooth **1211-1**, which is different than tooth **1211-2** that registration anchor **1201-3** is registered with. The registration anchor may be configured to registered with multiple teeth. For instance, registration anchor **1201-3** can adapted to registered with surfaces of tooth **1211-2** and tooth **1211-3**. When the one or more registration anchors are correctly placed on and registered with corresponding tooth surface(s), the dental attachment placement structure can be properly aligned with the dental arch, and the attachment(s) can be precisely positioned with respect to the tooth surface(s).

[0112] FIG. 17B illustrates a close-up view of an attachment portion of the dental attachment placement structure of FIG. 17A. In this example, the attachment support **1203** extends indirectly from the frame **1210** via registration the anchor **1201**. This configuration can allow the attachment **1202** to be connected to the same tooth that the registration anchor **1201** is registered with. In the example shown, the registration anchor **1201** includes a clearance **1215** to provide proper positioning of the attachment **1202** without interference from the registration anchor **1201** and/or attachment support **1203**. The shape and depth of the clearance **1214** may vary depending on the desired tooth position for the attachment **1202**. The thickness and height **1214** of the registration anchor **1201**, as well as its offset from the tooth, may also vary depending on the desired placement of attachment **1202**. In some cases, the clearance **1215** provides access for the treatment professional around the attachment **1202** during, for example, the process of affixing the attachment **1202** to the tooth.

[0113] In addition to extending the attachment in a downward or upward direction away from the frame and toward the tooth, the attachment support may also align an attachment surface (e.g., **1230**) of the attachment with respect to the tooth surface. In some cases, the attachment support points the attachment surface (e.g., **1230**) in a direction toward the midline of the frame. For example, the attachment support may have an arched shape that orients the attachment such that the attachment surface is substantially parallel to the target tooth surface. In other embodiments, the attachment support has an angled shape. This arched or angled shape may also provide room for the user's hand or a detachment tool to access the attachment for detachment as the arched shape can bow outward. The shape and size of the dental attachment **1202** can vary depending on desired force characteristics and the shape and type of corresponding dental appliance (e.g., aligner), as

described herein.

[0114] In some embodiments, the dental attachment placement structure includes one or more retention supports that extends from the frame and is configured to maintain the dental attachment(s) at the predetermined position(s). FIGS. **17C** and **17D** illustrate top and bottom perspective views of the dental attachment placement structure of FIG. **17A** on a dental arch, showing exemplary retention supports, examples of which are identified as **1206-1**, **1206-2** and **1206-3**. A retention support can include a contact portion **1212** that is configured to contact one or more teeth and/or gums of the dental arch. In the example shown, the contact portion **1212** is shaped and sized to contact an interproximal region between the teeth. The contact portion can have any shape. In some cases, the contact portion has a substantially spherical shape, as shown. Other non-limiting examples shapes can include a polyhedron (e.g., tetrahedron or cube), cone, cylinder and ovoid shapes. The retention support may include an arched or angled portion that extends the dental contact portion a distance from the frame. For example, the retention support may include a horizontal portion **1209** that extends in a horizontal direction with respect to the frame **1210**, and a vertical portion **1207** that extends in a vertical direction with respect to the frame **1210**, which position the dental contact portion **1212** on a surface (e.g., lingual surface) of the dental arch.

[0115] In some cases, the retention support extends from a different side of the frame than the attachment support. For example, the retention support can extend from a first side of the frame and the attachment support may extend from a second side of the frame. In the example shown in FIGS. **17C** and **17D**, the retention supports extend from a lingual side of the frame such that the retention supports can contact a lingual portion of the dental arch, and the attachment supports (e.g., **1203**) extend from a buccal side of the frame such that the attachments (e.g., **1202**) can register at positions on buccal surfaces of the teeth. The retention support can support the lingual side of the frame to stabilize the position of the dental attachment placement structure on the dental arch in three-dimensions.

[0116] The frame (e.g., **1210**) can be shaped and sized for following at least a portion of the dental arch. In some instances, the frame has an arched shape (e.g., U-shaped) in accordance with the dental arch. In other embodiments, the frame covers only a portion of the dental arch. The frame may be one continuous piece or may include multiple pieces that are joined together. Such sections may have a curved (e.g., arched) shape or be straight and joined together to provide a generally curved (e.g., arched) shape. Although the example shown shows frame **1210** that is adapted to follow along occlusal sides of the teeth (e.g., top of the dental arch), other variations are encompassed by the instant disclosure. For example, the frame may be adapted to follow along the lingual and/or buccal sides of the teeth (e.g. inside of the dental arch and/or outside of the dental arch). In some embodiments the frame is adapted to follow along multiple sides of the teeth (e.g., two or more of the occlusal, lingual and buccal sides). In some cases, the dental attachment placement structure includes more than one frame. For example, two or more frames may be adapted to follow along one or more of the occlusal, lingual and buccal sides of the teeth. Such variations may be included in any of the dental attachment placement structures described herein.

[0117] In some embodiments, the registration anchors register with only a subset of the teeth of the dental arch. In some examples, two or more registration anchors are used to span the frame over one or more teeth. For instance, registration anchors **1201-4** and **1201-5** extend from the frame **1210** such that they are separated by a gap portion **1210-1** of the frame. The registration anchors **1201-4** and **1201-5** are configured to register with non-adjacent teeth such that the gap portion **1210-1** of the frame spans teeth **1211-5** and **1211-6**. This can allow the gap portion **1210-1** of the frame to suspend over the dental arch and allow dental attachments **1202-5**, **1202-6** and retention supports **1206-2**, **1206-3**, **1206-4** to be positioned over their respective target teeth. This allows the dental attachment placement structure to occlude less of the dental arch than a dental attachment placement structure that covers more tooth surfaces. For instance, the treatment professional can

more easily access regions around the intervening teeth **1211-5** and **1211-6** for attaching the attachments **1202-5** and **1202-6**.

[0118] As described herein, the dental attachment placement structure can be formed using additive manufacturing techniques. In some cases, this involves printing portions of the dental attachment placement structure on a build plate (sometimes referred to as a build platform or base plate) of an additive manufacturing machine without the use of supports. As known, manufacturing supports are often used in 3D printing to support the 3D object on a build plate during the printing process. Such manufacturing supports are typically used to support portions of the 3D object, such as overhangs, that tend to deform during the printing process and are generally removed from the 3D object after the printing process is complete. Such manufacturing supports adds extra material, and adds extra manufacturing time and expense for removing the supports. In some embodiments, the dental attachment placement structure is printed without the use of manufacturing supports, thereby saving material, time and money. In the example shown in FIG. **17C**, the frame **1210** can have a surface **1250** (e.g., top or bottom surface) that can be formed on a build plate without the use of manufacturing supports to provide the advantages described above. The surface **1250** may be a substantially flat surface in accordance with a flat build plate surface. The flat surface **1250** may correspond to a top (or bottom) surface of the dental attachment placement structure, where the attachment support(s) (e.g., **1203**) and/or retention support(s) (e.g., **1206-1**, **1206-2**, **1206-3**, **1206-4**) extend with respect to a bottom (or top) surface of the frame. In some cases, portions of the attachment support(s) and/or retention support(s) can also be built on the build plate and have a correspondingly flat surface.

[0119] To use the dental attachment placement apparatus, a treatment professional can position the one or more registration anchors on corresponding tooth surfaces. In the embodiment shown in FIGS. **17A-17D**, the registration anchors start at the frame and extend until the anchors encapsulate at least a portion of an incisal edge and extend over one or more sides of corresponding teeth. This positions the one or more dental attachments against corresponding tooth surfaces at predetermined positions. The one or more retention supports can also be positioned on (and in some cases, registered with) surfaces of one or more teeth (e.g., on a lingual side of the dental arch) to maintain the position of the dental attachments. The dental attachment can be affixed to the predetermined position on the tooth surface using, for example, one or more adhesives, as described herein. The dental attachments can be detached from the dental supports such that only the dental attachments from the structure remain coupled to the patient's dental arch.

[0120] FIG. **17E** illustrate a perspective view of the dental attachment placement structure of FIG. **17A** without a dental arch, showing aspects of various contact portions (e.g., **1212-1** and **1212-2**) of retention supports. **17F** shows a close-up view of a contact portion **1212-3**. The contact portion can be configured to be placed in the interproximal region **1255** between adjacent teeth. The contact portion can include one or more conforming surfaces (e.g., **1256-1** and **1256-2**) that is configured to conform to the shape of teeth and/or gums. The conformed shape may allow the contact portion to grip onto a surface of the dental arch (e.g., on the lingual side). The shape of the contact portion **1212** can be determined based on virtual model. For instance, a virtual sphere (or cone, tetrahedron, etc.) can be placed in a virtual model of the interproximal region (based on a scan of the patient's dentition) and subtracting regions from the virtual sphere where the teeth would be. In this process, in some embodiments, the gingiva is also taken into account. In some instances, the virtual model of the gingiva can be enlarged by a scaling factor (e.g., making the gingiva 10% larger), and thus any portions of the virtual sphere that are contacting the scaled up gingiva are subtracted from the sphere. In this manner, the contact portion of the retention feature can be formed such that its surfaces will match those of the teeth that it will be in contact with and without interfering with (e.g., contacting) the gingiva, which may cause discomfort to the patient. In some embodiments, the contact portion of the retention feature includes one or more chamfered surfaces (e.g., **1257**), e.g., to reduce the amount of protrusion of the contact portion from the dental arch, which may also

increase the comfort to the patient.

[0121] FIGS. 17G and 17H show alternative views of the dental attachment placement structure of FIG. 17A without the dental attachments and retention supports to allow certain features to be examined and discussed more closely and to aid the reader's understanding. One or more registration anchors (e.g., 1201-1, 1201-2, 1201-3, 1201-4 and 1201-5) can be configured to register with one or more corresponding anchor teeth (e.g., 1215-1, 1215-2, 1215-3, 1215-4, 1215-5 and 1215-6). According to some embodiments, the buccal aspect 1213 (i.e., the tallest point of the buccal surfaces of a tooth) of the one or more anchor teeth can be used as the outermost limit of the dental attachment placement structure. A thickness (e.g., 1280) and width (e.g., 1282) of the frame (or portions of the frame) can be varied such that distance between the frame and the buccal aspect 1213 is as small as practical, thereby minimizing the distance between the frame and the dental arch.

[0122] In some embodiments, one or more portions of the dental attachment placement structure is flexible in order to reduce stress concentrations in portions of the structure. Since the dental attachment placement structure may be made of brittle material (e.g., some composite materials), such flexible features can allow the structure to be more resilient and less prone to breakage while still being made of material(s) having desirable properties such as stiffness. The flexible features can reduce the occurrence of breakage during handling (e.g., during manufacture and shipping) of the structure. Having flexible features may allow more structures to be printed (e.g., on a build plate) per 3D printing run. The flexible features may also allow the structures to bend in ways that reduce the dimensions of the structures for more efficient packaging. The flexible features may also provide some tolerance so that the structure can fit on the patient's dental arch more easily. FIGS. 17G-17K show variations of the dental attachment placement structure 17A with various flexible features, in accordance with some embodiments. FIGS. 17G-17K do not show certain features, such as dental attachments and retention supports for simplicity; however, such features can be included.

[0123] FIG. 17G illustrates an overhead view of the dental attachment placement structure where a portion 1210-1 of the frame is modified to have a zig-zag or “Z” shape as an alternative to an arch shape. In other variations, the flexible portion can have a sinusoidal or “S” shaped pattern. Such geometries may allow the flexible portion 1210-1 to bend or twist in response to forces (e.g., pushing, pulling, twisting) that may be applied to the frame, thereby distributing the stress and reducing stress concentrations. One or more of portions 1210-1, 1210-2, 1210-3 and 1210-4 of the frame may include such modified curved geometry, depending on particular needs. These types of changes in geometry of the frame allow the frame (or portions thereof) to be flexible without changing the material of the frame. That is, flexible portion 1210-1 may be made of the same material as one or more of portions 1210-2, 1210-3 and 1210-4 of the frame, attachment supports, attachment supports and retention anchors. This solution may be more cost effective than manufacturing the structure with different materials having different degrees of flexibility.

[0124] FIGS. 17J and 17K illustrate a link joint alternative to the arch-shaped frame portions of FIG. 17A. The link joint can include interlocking links, such as a first link 1270 and second link 1272 denoted in FIG. 17K. The link joint can include any number of interlocking links (e.g., 2, 3, 4, 5, 6, 10, 20). The interlocking nature of the link joint may allow the links to move with respect to each other while remaining connected with each other. As with a zig-zag or sinusoidal geometry, the link joint geometry can give the frame portion 1210-3 flexibility for resisting breakage when a force (e.g., pushing, pulling, twisting) are applied to the frame. The link joint can be placed anywhere along the frame as needed, including one or more of portions 1210-1, 1210-2, 1210-3 and 1210-4 of the frame. It should be noted that the linked link joint geometry may efficiently be formed using a 3D printing process, whereby the interlocking links can be formed intact (i.e., linked).

[0125] The dental attachment placement structure may have flexible portions other than the frame.



FIG. 17L illustrates an alternative variation of the structure of FIG. 17A having flexible attachment supports **1203-4**, **1203-5** and **1203-6**. As opposed an attachment support which tapers from a thicker diameter near the frame to a thinner diameter near the attachment (e.g., **1203-3**), the flexible attachment supports may be thinner in diameter and have a sinusoidal or zig-zag shape that provides increased flexibility and resilience in response to an applied force (e.g., pushing, pulling, twisting). Having a more flexible attachment support can also allow for more maneuverability of the attachment (e.g., **1203-4**) by the treatment specialist during placement and affixing of the attachment, and may reduce the risk of the attachment support being accidentally adhered to the tooth surface. The flexible attachment support can have any shape and is not limited to the sinusoidal or zig-zag shape shown in FIG. 17K. For example, a spring (e.g., spiral), arc, bow or hook shape may also provide a desired amount of flexibility. The dental attachment placement structure can have any number of flexible attachment supports (e.g., 1, 2, 3, 4, 5, 8, 10). In some cases, one or more of the retention supports (e.g., **1206-1**) may have a flexible geometry (e.g., sinusoidal or zig-zag shape).

[0126] According to some embodiments, the material forming the one or more features of the dental attachment placement structure provides flexibility. FIG. 18 illustrates a perspective view of an example of a lattice structure that can be incorporated into one or more portions of any of the dental attachment placement structures described herein. The lattice structure can include cavities that can increase the flexibility and/or reduces material consumption and weight of the structure. The lattice structure is incorporated into one or more of the frame, registration anchors, attachments, attachment supports, retention supports, or other portion of a dental attachment placement structure. As such, the rigidity or flexibility of the elements can be adjusted based upon the desired implementation.

[0127] A dental attachment placement structure may include any combination of the flexible features of FIGS. 17G-17L and 18. For example, the structure can include one or more flexible frame portions **1219** (e.g., FIG. 17I), one or more flexible attachment supports **1221** (e.g., FIG. 17L) and/or one or more flexible retention supports. The number of flexible features can vary depending on particular needs. Generally, the structure may have some flexibility to resist breakage and rigid enough to support and maintain the attachment(s) when placed on a patient's dental arch. In some embodiments, the flexible features are made of the same material as other portions of the structure, as described above. The flexibility may arise, at least in part, due to the shape; e.g., sinusoidal, zig-zag, etc. shapes may be used. In some embodiments, the flexible features are made of a different material (e.g., more flexible) than other portion of the structure.

[0128] As described herein, the dental attachment placement structure can be formed based on a virtual model. According to some embodiments, the location and orientation of the frame and other features of the structure are determined based on the location of the dental attachments in the virtual model. FIGS. 17M and 17N illustrate one example of how features of the dental attachment placement structure of FIG. 17A can be formed from a virtual model. The side perspective view of FIG. 17M illustrates a side perspective view of the structure showing how the attachment support **1204-5** that supports attachment **1202-05** can include a base portion **1209-5** and a bridge portion **1209-5**. Although not necessary in all embodiments, the base portion **1209-5** can be a solid, extruded, circular structure. The diameter and thickness of the attachment support may vary. The base portion **1209-5** may have a greater thickness (e.g., diameter) than the bridge portion **1208-5**.

[0129] To determine the location and orientation of the frame **1210**, a center of the attachment **1202-3** can be located and projected vertically until it intersects with the plane of the frame **1210**. This point can be used as a reference (e.g., correspond to the center of a circle) used to create the base portion **1209-5**, thereby informing the location and orientation of the frame **1210**. The bridge portion **1209-5** can be formed to connect the base portion **1209-5** to the frame or registration anchor. The dental attachments **1202-4** and **1202-5** can likewise be used to create corresponding base portions and bridge portions for connecting the attachment supports **1204-4** and **1204-5** to the

frame or a registration anchor, as well as the remaining dental attachments and attachment supports, until the location and orientation of the entire frame **2101** is determined. During, for example a 3D printing process, the attachment support may be centered under the dental attachment. FIG. **17N** illustrates a different view of a base portion **1209** of an attachment support (without the bridge portion) with respect to a corresponding attachment **1202**.

[0130] Also described herein are dental appliances, e.g., aligners, including one or more mandibular advancement elements. Any of the aligners described herein may include one or more mandibular advancement elements (e.g., mandibular advancement blocks). In some examples, the mandibular advancement element/block may have a stiffness (e.g., Young's modulus) that is greater than that of the more compliant tooth-engagement regions of the aligner. In general, in any of the apparatuses described herein the Young's modulus of the stiffer portion (e.g., the mandibular advancement block) may be formed of a material, as described herein, having a Young's modulus of 5 GPa or greater (e.g., 7 GPa or greater, 8 GPa or greater, 9 GPa or greater, 10 GPa or greater, 11 GPa or greater, 12 GPa or greater, 13 GPa or greater, 14 GPa or greater, 15 GPa or greater, 20 GPa or greater, 25 GPa or greater, between 5 GPa and 1000 GPa, etc.). The more compliant regions, such as the tooth-engagement regions, may have a Young's modulus of less than the Young's modulus of the attachment(s), such as a Young's modulus of 10 GPa or less, 9 GPa or less, 8 GPa or less, 7 GPa or less, 6 GPa or less, 5 GPa or less, 4 GPa or less, 3 GPa or less, 2 GPa or less, 1 GPa or less, 0.5 GPa or less, 0.1 GPa or less, etc.). Thus, the tooth-engagement regions of the apparatus may generally have a lower Young's modulus as compared to the stiffer portions (e.g., attachment(s), mandibular advancement block(s), etc.).

[0131] Examples of mandibular advancement blocks and appliances including them may be found, for example, in US20180132975A1, herein incorporated by reference in its entirety. FIG. **18A** illustrates a side view of an upper jaw **102** with a first repositioning jaw element **106** and a lower jaw **104** with a second repositioning jaw element **108** according to a number of embodiments of the present disclosure. The upper jaw **102**, the first repositioning jaw element **106**, the lower jaw **104**, and the second repositioning jaw element **108** illustrated in FIG. **18A** include virtual images of jaws and repositioning jaw elements, respectively (e.g., virtual jaws and/or virtual repositioning jaw elements), as discussed further herein. The upper jaw **102** can include a maxilla, its related soft and hard tissues, and can include a number of teeth of a patient's upper dentition. The lower jaw **104** can include a mandible, its related soft and hard tissues, and can include a number of teeth of the patient's lower dentition.

[0132] In some instances, the patient may exhibit abnormal occlusion or malocclusion. For instance, this may include a jaw (or both) that is protrusive, retrusive, or laterally displaced. As an example, positioning of the number of teeth of the patient's upper dentition and the number of teeth of the patient's lower dentition can be such that the best fit of the upper dentition with the lower dentition results in a misalignment of the lower jaw **104** relative to the upper jaw **102** either in positional relations or at the level of the jaw joint which connects the lower jaw **104** to the upper jaw **102**. The lower jaw **104** can be in a retruded position, for instance, resulting in a distance (e.g., space) between the front teeth of the upper dentition and the front teeth of the lower dentition (e.g., an increased overjet). Correction of the malocclusion can be beneficial to the patient in terms of improved chewing ability, reduced premature wear of the teeth, and/or improved facial aesthetics.

[0133] In some embodiments, the upper jaw **102** and lower jaw **104** illustrated in FIG. **18A** can include a virtual model of the patient's upper jaw and lower jaw. A virtual model of one or more dental appliances (e.g., an appliance for the upper dentition and an appliance for the lower dentition which may also be connected together) each having a shell configured to reposition a number of teeth of the patient can be provided. The virtual model of the dental appliance can include a virtual model of a dental appliance configured to reposition the number of teeth of the patient.

[0134] Repositioning jaw elements can be positioned on occlusal, buccal, and/or lingual surfaces of a dental appliance to be placed over the patient's teeth. A repositioning jaw element, as used herein,

can include a portion of material (e.g., a geometric shaped element, such as a block shape) extending from a surface of the shell of the appliance, as discussed further herein. For instance, a virtual repositioning jaw element can be positioned on the shell of the virtual model of the dental appliance parallel to a bite plane of the patient. A bite plane, as used herein, can include a surface from the incisal edges of the incisors and the tips of the occluding surfaces of the posterior teeth that is a mean of the curvature of the surface.

[0135] In some embodiments, the position of the virtual repositioning jaw element can be revised to align with a midline (e.g., middle) of at least one tooth of the number of teeth wherein the virtual repositioning jaw element extends from a surface of the shell of the virtual model of the dental appliance. However, embodiments in accordance with the present disclosure are not so limited and the virtual repositioning jaw elements may not be aligned with a midline of the at least one tooth in various embodiments. The virtual model of the dental appliance, including the virtual repositioning jaw element, can be used to determine a treatment plan for the patient and/or to form a physical dental appliance and/or physical repositioning jaw element (e.g., as discussed further herein).

[0136] The physical repositioning jaw element can be formed of a variety of material types. In some embodiments, the physical repositioning jaw element can be formed of the same material as the shell of the dental appliance (e.g., a polymeric material). For instance, the physical repositioning jaw element can be formed integrally with the shell and/or formed of a same material as the shell.

[0137] The repositioning jaw elements can also be positioned in different places, in some embodiments. For example, the first repositioning jaw element **106** and the second repositioning jaw element **108** can be positioned near occlusal surfaces of the teeth of the patient to advance the placement of the lower jaw **104** in a forward direction (e.g., in an anterior direction and/or toward a patient's lips) or in a backward direction (e.g., in a posterior direction and/or towards the back of the patient's head). For instance, occlusal surfaces of teeth of the upper jaw **102** and lower jaw **104** can be separated using the first repositioning jaw element **106** and the second repositioning jaw element **108** to move (e.g., to move sagittally) the lower jaw **104** of the patient from an articulation path during opening (e.g., the path that the jaw currently follows when opening) to a desired range of jaw opening extending from an advanced or forward position of occlusion, as described further herein. As an example, the first repositioning jaw element **106** can include a first surface **128** and the second repositioning jaw element **108** can include a second surface **130** to interface, interact, and/or otherwise engage with the first surface **128** of the first repositioning jaw element **106**, as discussed further herein. By moving the lower jaw **104**, muscles associated with movement of the lower jaw **104** can be retrained to a new position (generally in a forward and/or downward direction, or in a backward direction) or the lower jaw may be permitted to grow more fully if the patient has not fully developed skeletally.

[0138] FIG. **18B** illustrates a front view of an upper jaw **102** with a first repositioning jaw element **106** and a third repositioning jaw element **110** and a lower jaw **104** with a second repositioning jaw element **108** and a fourth repositioning jaw element **112** according to a number of embodiments of the present disclosure. A front view, as used herein, can include an anterior view and/or a more anterior view of the jaws as compared to a side view. The upper jaw **102**, the first repositioning jaw element **106**, the third repositioning jaw element **110**, the lower jaw **104**, the second repositioning jaw element **108**, and the fourth repositioning jaw element **112** illustrated in FIG. **18B** can include virtual images of jaws and repositioning jaw elements, respectively (e.g., virtual jaws and/or virtual repositioning jaw elements), as discussed further herein. As illustrated by FIG. **18B**, two repositioning jaw elements (e.g., the first repositioning jaw element **106** and the third repositioning jaw element **110**) can be positioned near (e.g., adjacent to) occlusal surfaces of the upper jaw **102** and two repositioning jaw elements (e.g., the second repositioning jaw element **108** and the fourth repositioning jaw element **112**) can be positioned near occlusal surfaces of the lower jaw **104**.

[0139] The first repositioning jaw element **106** can be positioned near the occlusal surfaces of the

posterior teeth (in the embodiment illustrated by FIG. 18B, the molars and/or bicuspid(s) of the upper jaw **102** and the second repositioning element **108** can be positioned near the occlusal surfaces of the posterior teeth (in the embodiment illustrated by FIG. 18B, the bicuspid(s) of the lower jaw **104**. The first repositioning jaw element **106** and second repositioning jaw element **108** can be located near a first posterior side of the patient's dentition.

[0140] The first repositioning jaw element **106** and the second repositioning jaw element **108** can include surfaces that can interface, interact, and/or engage with a surface of a repositioning jaw element on a shell of an opposing jaw. For instance, a first surface of the first repositioning jaw element **106** can interface, interact, and/or engage with a second surface of the second repositioning jaw element **108**. A surface, as used herein, can include a side and/or end surface of a repositioning jaw element. In some embodiments, the first surface can include a slanted surface on a mesial-facing surface of the first repositioning jaw element **106** and/or the second surface can include a slanted surface on a distal-facing surface of the second repositioning jaw element **108**, for instance. For example, a mesial-facing surface can include a surface of a repositioning jaw element that is in a direction toward the anterior midline of the teeth. A distal-facing surface can include a surface of a repositioning jaw element that is in a direction toward the last tooth in each quadrant of a dental arch. However, embodiments in accordance with the present disclosure are not so limited. A mesial-facing surface, in some embodiments, can be facing toward the facial plane (e.g., normal to the facial plane), whereas a distal-facing surface can be facing away from the facial plane (e.g., normal to the facial plane but in the opposite direction). The surfaces of the repositioning jaw elements, in accordance with embodiments of the present disclosure, can be oriented in a variety of directions.

[0141] The third repositioning jaw element **110** can be positioned near the occlusal surfaces of the posterior teeth (in embodiment illustrated by FIG. 18B, molars and/or bicuspid(s) of the upper jaw **102** and the fourth repositioning jaw element **112** can be positioned near the occlusal surfaces of the posterior teeth (in the embodiment illustrated by FIG. 18B, bicuspid(s) of the lower jaw **104**. The third repositioning jaw element **110** and the fourth repositioning jaw element **112** can be located near a second posterior side of the patient's dentition. The third repositioning jaw element **110** and the fourth repositioning jaw element **112** can include surfaces that can interface, interact, and/or engage with a surface of a repositioning jaw element on an opposite jaw. For instance, a third surface of the third repositioning jaw element **110** can interface, interact, and/or engage with a fourth surface of the fourth repositioning jaw element **112**. The third surface can include a slanted surface on a mesial-facing surface of the third repositioning jaw element **110** and the fourth surface can include a slanted surface on a distal-facing surface of the fourth repositioning jaw element **112**, for instance.

[0142] However, embodiments in accordance with the present disclosure are not so limited. For instance, the surfaces of the repositioning jaw elements **106**, **108**, **110**, **112** can be oriented in a variety of directions. For instance, the first surface of the first repositioning jaw element **106** and the third surface of the third repositioning jaw element **110** can include distal-facing slanted surfaces and/or the second surface of the second repositioning jaw element **108** and the fourth surface of the fourth repositioning jaw element **112** can include mesial-facing slanted surfaces, among other orientations.

[0143] The surfaces (e.g., that interact and/or interface) of the repositioning jaw elements **106**, **108**, **110**, **112** can be angled, in various embodiments, to guide the lower jaw **104** into position and gain desired lateral or prevent unwanted lateral movement. The surfaces can be angled in buccal-lingual and/or mesial-distal direction, for example. The angle of interacting and/or interfacing surfaces (e.g., two surfaces that are designed to interface, interact, and/or engage with each other either actively or passively) can have the same degree and/or slant or a different degree and/or slant (e.g., as illustrated by the embodiment of FIGS. 14A-14B).

[0144] For example, the first surface of the first repositioning jaw element **106** and the second

surface of the second repositioning jaw element **108** can interface at a first slant. The slant can include, for instance, a degree of angle of the repositioning jaw elements. The third surface of the third repositioning jaw element **110** and the fourth surface of the fourth repositioning jaw element **112** can interface at a second slant.

[0145] The first slant and the second slant, in accordance with a number of embodiments, can include opposing angles. The opposing angles of slants on opposing posterior sides of the patient's dentition can facilitate desired lateral movement or limit and/or prevent unwanted lateral movement. In some embodiments, the sum of the opposing angles can include 180 degrees. As an example, if the first slant is 70 degrees then the second slant can include 110 degrees.

[0146] In accordance with some embodiments, the repositioning jaw elements **106, 108, 110, 112** extending from surfaces of a shell can be used to generate distalizing force on at least some of the teeth that are located within the shell. For example, when the repositioning jaw elements **106, 108, 110, 112** interface, the distalizing forces can be isolated to posterior teeth of the upper jaw. The distalizing forces can, in some embodiments, cause tooth movement of the upper jaw posterior teeth in a distal direction. As such, the repositioning jaw elements **106, 108, 110, 112** in various embodiments can be a substitute for Class II elastics.

[0147] In some embodiments, the repositioning jaw elements **106, 108, 110, 112** can include geometric features to engage with a repositioning jaw element on an opposing jaw. Geometric features, as used herein, can include a variety of protruding geometric shapes (e.g., cylinder, rectangular, etc.) and/or receding geometric shapes (e.g., negative space that matches the protruding geometric shape on a repositioning jaw element on an opposing jaw, as illustrated in the embodiment of FIG. **8A**). For example, a geometric feature on the first surface of the first repositioning jaw element **106** can include a convex cylindrical shaped feature and a geometric feature on the second surface of the second repositioning jaw element **108** can include a concave cylindrical shaped feature shaped to mate with the geometric feature on the first surface of the first repositioning jaw element **106**

[0148] FIG. **19A** illustrates a side view of an upper jaw **252** with a first repositioning jaw element **256** and a lower jaw **254** with a second repositioning jaw element **258** according to a number of embodiments of the present disclosure. The upper jaw **252**, the first repositioning jaw element **256**, the lower jaw **254**, and the second repositioning jaw element **258** illustrated in FIG. **19A** can include virtual images of jaws and repositioning jaw elements, respectively (e.g., virtual jaws and/or virtual repositioning jaw elements), as discussed further herein. As illustrated in the embodiment of FIG. **19A**, the first repositioning jaw element **256** can be positioned near a buccal surface of the posterior teeth (e.g., molars and bicuspid) of the upper jaw **252** of the patient to move the position (e.g., to move sagittally) of the lower jaw **254** in a forward direction or backward direction.

[0149] Although not illustrated in FIG. **19A**, the first repositioning jaw element **256** can extend from a buccal surface of a first shell of a dental appliance. A buccal surface of a shell, as used herein, can include an exterior surface of a shell near the buccal surface of the teeth therein. Further, in various embodiments, the first repositioning jaw element **256** can be positioned near a lingual surface of the first shell. A lingual surface of a shell can include an exterior surface of the shell near the lingual surface of the teeth therein.

[0150] The second repositioning jaw element **258** can be positioned near a buccal surface of the posterior teeth (e.g., bicuspid) of the lower jaw **254** of the patient to move the position of the lower jaw **254** in a forward direction or backward direction. Although not illustrated in FIG. **19A**, the second repositioning jaw element **258** can extend from a buccal surface of a second shell of a dental appliance.

[0151] The first repositioning jaw element **256** and the second repositioning jaw element **258** can interface. For instance, a first surface **278** of the first repositioning jaw element **256** can interface with a second surface **280** of the second repositioning jaw element **258**. The first repositioning jaw

element **256** and the second repositioning jaw element **258** can be positioned to interface in a presence of a temporary bite (e.g., a fully engaged sagittal jaw position of the patient's upper dentition and the patient's lower dentition) in a manner to reposition the patient's jaw. A fully engaged sagittal jaw position, as previously discussed, can include a relationship of the mandible and the maxilla when the upper and lower jaw are closed as far as the dental appliance with the repositioning jaw elements will allow (e.g., a partial occlusal jaw position).

[0152] For example, the first surface **278** of the first repositioning jaw element **256** interfacing with the second surface **280** of the second repositioning jaw element **258** can place a force on the patient's jaw to reposition the patient's jaw. The force can, for instance, sagittally move the patient's lower jaw **254**.

[0153] In various embodiments, at least one of the repositioning jaw elements **256**, **258** can extend past an occlusal plane of the upper jaw **252** and/or lower jaw **254** of the patient. For example, the first repositioning jaw element **256** can extend past the occlusal plane of the upper jaw **252** to interface with the second repositioning jaw element **258**. The second repositioning jaw element **258** may not extend past the occlusal plane of the lower jaw **254**, for instance. Alternatively, the second repositioning jaw element **258** can extend past the occlusal plane of the lower jaw **254** to interface with the first repositioning jaw element **256** and the first repositioning jaw element **256** may not extend past the occlusal plane of the upper jaw **252**. Further, in some embodiments, both the first repositioning jaw element **256** and the second repositioning jaw element **258** can extend past the occlusal plane of the upper jaw **252** and the lower jaw **254**, respectively, to interface with one another.

[0154] FIG. **19B** illustrates a front view of an upper jaw **252** with a first repositioning jaw element **256** and a third repositioning jaw element **260** and a lower jaw **254** with a second repositioning jaw element **258** and a fourth repositioning jaw element **262** according to a number of embodiments of the present disclosure. The upper jaw **252**, the first repositioning jaw element **256**, the third repositioning jaw element **260**, the lower jaw **254**, the second repositioning jaw element **258**, and the fourth repositioning jaw element **262** illustrated in FIG. **19B** can include virtual images of jaws and repositioning jaw elements, respectively (e.g., virtual jaws and/or virtual repositioning jaw elements), as discussed further herein. As illustrated by FIG. **19B**, two repositioning jaw elements (e.g., the first repositioning jaw element **256** and the third repositioning jaw element **260**) can be positioned near buccal surfaces of the upper jaw **252** and two repositioning jaw elements (e.g., the second repositioning jaw element **258** and the fourth repositioning jaw element **262**) can be positioned near buccal surfaces of the lower jaw **254**.

[0155] For example, the first repositioning jaw element **256** can be positioned near the buccal surfaces of posterior teeth (e.g., molars and/or bicuspid) of the upper jaw **252** and the second repositioning jaw element **258** can be positioned near the buccal surfaces of posterior teeth (e.g., bicuspid) of the lower jaw **254**. The first repositioning jaw element **256** and the second repositioning jaw element **258** can be located near a first posterior side of the patient's dentition (e.g., positioned on a first posterior side of a first shell and a second shell).

[0156] The first repositioning jaw element **256** and the second repositioning jaw element **258** can include surfaces designed to interact, interface, and/or otherwise engage with one another. For instance, a first surface of the first repositioning jaw element **256** can interface with a second surface of a second repositioning jaw element **258**. The first surface can include a slanted surface on a mesial-facing surface of the first repositioning jaw element **256** and the second surface can include a slanted surface on a distal-facing surface of the first repositioning jaw element **258**, for example.

[0157] The third repositioning jaw element **260** can be positioned near the buccal surfaces of posterior teeth (e.g., molars and/or bicuspid) of the upper jaw **252** and the fourth repositioning jaw element **262** can be positioned near the buccal surfaces of posterior teeth (e.g., bicuspid) of the lower jaw **254**. The third repositioning jaw element **260** and the fourth repositioning jaw element

**262** can be located near a second posterior side of the patient's dentition (e.g., positioned on a second posterior side of a shell of a first shell and a second shell).

[0158] The third repositioning jaw element **260** and the fourth repositioning jaw element **262** can include surfaces designed to interact, interface, and/or otherwise engage with one another. For instance, a third surface of the third repositioning jaw element **260** can interface with a fourth surface of the fourth repositioning jaw element **262**. The third surface can include a slanted surface on a mesial-facing surface of the third repositioning jaw element **260** and the fourth surface can include a slanted surface on a distal-facing surface of the fourth repositioning jaw element **262**, for example.

[0159] The surfaces of the repositioning jaw elements **256**, **258**, **260**, **262** can be angled, in various embodiments, to guide the lower jaw **254** into the intended and/or final jaw position and/or prevent unwanted lateral movement. The surfaces can be angled in buccal-lingual and/or mesial-distal direction. The angle of the surfaces (e.g., two surfaces that are designed to interface) can be comprised of supplemental angles (e.g., have the same slants at the interface).

[0160] For example, the first surface of the first repositioning jaw element **256** and the second surface of the second repositioning jaw element **258** can interface at a first slant. The third surface of the third repositioning jaw element **260** and the fourth surface of the fourth repositioning jaw element **262** can interface at a second slant.

[0161] Although not illustrated by the embodiments of FIG. **19B**, the first repositioning jaw element **256** can extend from a buccal surface of a first shell of a dental appliance and/or the second repositioning jaw element **258** can extend from a buccal surface of a second shell of the dental appliance. The first repositioning jaw element **256** and the second repositioning jaw element **258** can be located near a first side of the patient's dentition (e.g., the right side of the patient's dentition). The third repositioning jaw element **260** can extend from a buccal surface of the first shell of the dental appliance and the fourth repositioning jaw element **262** can extend from a buccal surface of the second shell of the dental appliance. The third repositioning jaw element **260** and the fourth repositioning jaw element **262** can be located near a second side of the patient's dentition (e.g., a left side of the patient's dentition).

[0162] FIG. **18C** illustrates a side view of a first shell **114** with a first repositioning jaw element **106** and a second shell **116** with a second repositioning jaw element **108** according to a number of embodiments of the present disclosure. The side view can, for instance, include a profile view of the first shell **114** and the second shell **116**. The first shell **114** and the second shell **116**, in some embodiments, can include a removable dental appliance.

[0163] Other examples of aligners including features that may be formed to be more rigid than tooth-engagement regions may include apparatuses with an occlusal block, such as those described in US20210169617, incorporated herein by reference in its entirety.

[0164] In general, any of the aligners described herein may have variable properties, including a mix of regions of different stiffness/compliances (e.g., Young's modulus). For example, the methods and features described herein may be used with and/or may modify the apparatuses shown and described in US20170007359A1, herein incorporated by reference in its entirety. For example, the methods described herein may be used to make any of the dental appliances shown and described in the in US20170007359A1.

[0165] Typically, the example described above may be implemented by changing the resin partway during the manufacturing process (additive manufacturing process) as mentioned. Alternatively, a hybrid polymer may be used, in which different components or compositions within a layer may be used.

[0166] When a feature or element is herein referred to as being “on” another feature or element, it can be directly on the other feature or element or intervening features and/or elements may also be present. In contrast, when a feature or element is referred to as being “directly on” another feature or element, there are no intervening features or elements present. It will also be understood that,

when a feature or element is referred to as being “connected”, “attached” or “coupled” to another feature or element, it can be directly connected, attached or coupled to the other feature or element or intervening features or elements may be present. In contrast, when a feature or element is referred to as being “directly connected”, “directly attached” or “directly coupled” to another feature or element, there are no intervening features or elements present. Although described or shown with respect to one embodiment, the features and elements so described or shown can apply to other embodiments. It will also be appreciated by those of skill in the art that references to a structure or feature that is disposed “adjacent” another feature may have portions that overlap or underlie the adjacent feature.

[0167] Terminology used herein is for the purpose of describing particular embodiments only and is not intended to be limiting of the invention. For example, as used herein, the singular forms “a”, “an” and “the” are intended to include the plural forms as well, unless the context clearly indicates otherwise. It will be further understood that the terms “comprises” and/or “comprising,” when used in this specification, specify the presence of stated features, steps, operations, elements, and/or components, but do not preclude the presence or addition of one or more other features, steps, operations, elements, components, and/or groups thereof. As used herein, the term “and/or” includes any and all combinations of one or more of the associated listed items and may be abbreviated as “/”.

[0168] Spatially relative terms, such as “under”, “below”, “lower”, “over”, “upper” and the like, may be used herein for ease of description to describe one element or feature's relationship to another element(s) or feature(s) as illustrated in the figures. It will be understood that the spatially relative terms are intended to encompass different orientations of the device in use or operation in addition to the orientation depicted in the figures. For example, if a device in the figures is inverted, elements described as “under” or “beneath” other elements or features would then be oriented “over” the other elements or features. Thus, the exemplary term “under” can encompass both an orientation of over and under. The device may be otherwise oriented (rotated 90 degrees or at other orientations) and the spatially relative descriptors used herein interpreted accordingly. Similarly, the terms “upwardly”, “downwardly”, “vertical”, “horizontal” and the like are used herein for the purpose of explanation only unless specifically indicated otherwise.

[0169] Although the terms “first” and “second” may be used herein to describe various features/elements (including steps), these features/elements should not be limited by these terms, unless the context indicates otherwise. These terms may be used to distinguish one feature/element from another feature/element. Thus, a first feature/element discussed below could be termed a second feature/element, and similarly, a second feature/element discussed below could be termed a first feature/element without departing from the teachings of the present invention.

[0170] Throughout this specification and the claims which follow, unless the context requires otherwise, the word “comprise”, and variations such as “comprises” and “comprising” means various components can be co-junctionally employed in the methods and articles (e.g., compositions and apparatuses including device and methods). For example, the term “comprising” will be understood to imply the inclusion of any stated elements or steps but not the exclusion of any other elements or steps.

[0171] In general, any of the apparatuses and methods described herein should be understood to be inclusive, but all or a sub-set of the components and/or steps may alternatively be exclusive, and may be expressed as “consisting of” or alternatively “consisting essentially of” the various components, steps, sub-components or sub-steps.

[0172] As used herein in the specification and claims, including as used in the examples and unless otherwise expressly specified, all numbers may be read as if prefaced by the word “about” or “approximately,” even if the term does not expressly appear. The phrase “about” or “approximately” may be used when describing magnitude and/or position to indicate that the value and/or position described is within a reasonable expected range of values and/or positions. For



example, a numeric value may have a value that is  $\pm 0.1\%$  of the stated value (or range of values),  $\pm 1\%$  of the stated value (or range of values),  $\pm 2\%$  of the stated value (or range of values),  $\pm 5\%$  of the stated value (or range of values),  $\pm 10\%$  of the stated value (or range of values), etc. Any numerical values given herein should also be understood to include about or approximately that value, unless the context indicates otherwise. For example, if the value “10” is disclosed, then “about 10” is also disclosed. Any numerical range recited herein is intended to include all sub-ranges subsumed therein. It is also understood that when a value is disclosed that “less than or equal to” the value, “greater than or equal to the value” and possible ranges between values are also disclosed, as appropriately understood by the skilled artisan. For example, if the value “X” is disclosed the “less than or equal to X” as well as “greater than or equal to X” (e.g., where X is a numerical value) is also disclosed. It is also understood that the throughout the application, data is provided in a number of different formats, and that this data, represents endpoints and starting points, and ranges for any combination of the data points. For example, if a particular data point “10” and a particular data point “15” are disclosed, it is understood that greater than, greater than or equal to, less than, less than or equal to, and equal to 10 and 15 are considered disclosed as well as between 10 and 15. It is also understood that each unit between two particular units are also disclosed. For example, if **10** and **15** are disclosed, then 11, 12, 13, and 14 are also disclosed.

[0173] Although various illustrative embodiments are described above, any of a number of changes may be made to various embodiments without departing from the scope of the invention as described by the claims. For example, the order in which various described method steps are performed may often be changed in alternative embodiments, and in other alternative embodiments one or more method steps may be skipped altogether. Optional features of various device and system embodiments may be included in some embodiments and not in others. Therefore, the foregoing description is provided primarily for exemplary purposes and should not be interpreted to limit the scope of the invention as it is set forth in the claims.

[0174] The examples and illustrations included herein show, by way of illustration and not of limitation, specific embodiments in which the subject matter may be practiced. As mentioned, other embodiments may be utilized and derived there from, such that structural and logical substitutions and changes may be made without departing from the scope of this disclosure. Such embodiments of the inventive subject matter may be referred to herein individually or collectively by the term “invention” merely for convenience and without intending to voluntarily limit the scope of this application to any single invention or inventive concept, if more than one is, in fact, disclosed. Thus, although specific embodiments have been illustrated and described herein, any arrangement calculated to achieve the same purpose may be substituted for the specific embodiments shown. This disclosure is intended to cover any and all adaptations or variations of various embodiments. Combinations of the above embodiments, and other embodiments not specifically described herein, will be apparent to those of skill in the art upon reviewing the above description.

## Claims

1. A dental device, comprising: a first region having a first joining surface, the first joining surface having one or more protrusions; a second region having a second joining surface, the second joining surface having one or more corresponding features configured to mate with the one or more protrusions of the first joining surface; and wherein the first and second regions are coupled together at the first and second joining surfaces, wherein the one or more protrusions of the first joining surface mate with the corresponding features of the second joining surface to align the first region with the second region and to interlock the first and second regions.
2. The dental device of claim 1, wherein the dental device is a palatal expander, wherein the first region is a palatal region that is shaped to extend across a dental arch and the second region is a tooth engagement region that includes one or more cavities shaped to accommodate one or more

corresponding teeth.

**3.** The dental device of claim 2, wherein the palatal region has a varied thickness.

**4.** The dental device of claim 2, wherein the tooth engagement region is a first tooth engagement region, wherein the dental device further comprises a second tooth engagement region that is coupled with the palatal region.

**5.** The dental device of claim 1, where the first region has a least one material property that is different than the second region.

**6.** The dental device of claim 5, wherein the first region made of a different material than the second region.

**7.** The dental device of claim 5, wherein the first region and the second region have different ratios of materials.

**8.** The dental device of claim 5, wherein the first region is made of a first material and the second region is made of a second material, wherein the first and second materials have different rigidities.

**9.** The dental device of claim 1, wherein the first region is fabricated separately from the second region.

**10.** The dental device of claim 1, wherein the one or more protrusions and the one or more corresponding features include: a spring-type fastener system, a press-fit fastener system, an interlocking system, a V-shaped press fit system and/or slotted feature system.

**11.** A method of forming a dental device, the method comprising: forming a first region of the dental device, the first region having a first joining surface having one or more protrusions; forming a second region of the dental device, the second region having a second joining surface having one or more corresponding features configured to mate with the one or more protrusions of the first joining surface; and coupling the first and second regions at the first and second joining surface, wherein the one or more protrusions of the first joining surface mate with the corresponding features of the second joining surface to align the first region with the second region and to interlock the first and second regions.

**12.** The method of claim 11, wherein forming the first region and the second region separately fabricating the first and second regions.

**13.** The method of claim 11, wherein each of the first and second regions are formed using three-dimensional printing processes.

**14.** The method of claim 11, wherein the dental device is a palatal expander, wherein the first region is a palatal region that is shaped to extend across a dental arch and the second region is a tooth engagement region that includes one or more cavities shaped to accommodate one or more corresponding teeth.

**15.** The method of claim 14, wherein the palatal region comprising is formed to have a varied thickness.

**16.** The method of claim 11, wherein the first region is formed of a first material and the second region is formed of a second material, wherein the first and second material have different material properties.

**17.** The method of claim 16, wherein the first material is different than the second material.

**18.** The method of claim 17, wherein the first and second materials have different rigidities.

**19.** The method of claim 11, wherein the first region and the second region are formed of different ratios of materials.

**20.** The method of claim 11, wherein forming the one or more protrusions and the one or more corresponding features include forming: a spring-type fastener system, a press-fit fastener system, an interlocking system, a V-shaped press fit system and/or slotted feature system.

---