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Inserter guide and driver system

Abstract

Disclosed herein is a guide device and a driver, which allows for the preparation of an anatomic cavity for screw fixation of an implant or spacer, including the guidance for hole preparation, and guidance for insertion of screws, and or anchors, while selecting the amount of rigidity, and selecting the amount of visibility.

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Background/Summary

BACKGROUND

(1) In procedures such as an anterior lumbar interbody fusion (ALIF), lateral lumbar interbody fusion (XLIF), and cervical spine surgery, for example, when a disc space has been cleared out, a metal, polymer, or bone implant/spacer is typically implanted between the two adjoining vertebrae. After these spacers or “cages” are inserted, surgeons often use metal screws, plates, and/or rods to further stabilize the spine. To insert the screws, a driver device having an articulating driver head may be used to deliver the screws to the spinal column and lock them and the spacer into place.

(2) In many fixation procedures, particularly those around the cervical spine, the surgeon has a very limited surgical approach and an especially small soft tissue opening. Additionally, typical attempts at screw hole preparation and driving of the bone screw require two hands, one to hold the guide and one to prepare the hole/drive the bone screw. During the fixation procedure, including drill guidance for hole preparation, the straight-line approach of the driver/driver structure further limits visibility. Accordingly, it is needed in the art to have an inserted guide and driver that are minimally invasive and provide improved functionality while increasing visibility of both the surgical tools and treatment area.

SUMMARY

(3) The present disclosure provides a driver for an inserter guide system. The driver may comprise a rotatable driver shaft. The driver may also comprise a rod disposed within the rotatable driver shaft, as well as a driver tip coupled to the rod at a rotatable and pivotable joint. The driver tip may include an interface extending therefrom adapted to engage a fastener. The driver may include a

housing that receives the rotatable driver shaft at a distal end thereof. There may be a control element disposed at a proximal end of the housing. The control element may receive a proximal end of the rod within the housing, wherein actuation of the control element engages the proximal end of the rod, causing a distal end of the rod to frictionally engage the rotatable joint.

(4) Also provided herein is an inserter guide system comprising an implant holder and guide device. The implant holder and guide device may comprise a rotatable driver shaft, a collar, and a guide. The collar may be coupled to the end of the rotatable driver. The guide may be sized and configured to mate with an implant. The guide may have an elongated neck including an engagement feature for coupling with a corresponding engagement feature of the collar. The implant holder and guide device may also comprise housing that receives the rotatable driver shaft at a distal end thereof. In accordance with some implementations, rotation of the housing may result in a corresponding rotation of the collar and coupling between the guide and collar engagement features.

(5) This summary is provided to introduce a selection of concepts in a simplified form that are further described below in the detailed description. This summary is not intended to identify key features or essential features of the claimed subject matter, nor is it intended to be used to limit the scope of the claimed subject matter.

Description

BRIEF DESCRIPTION OF THE DRAWINGS

(1) The foregoing summary, as well as the following detailed description of illustrative embodiments, is better understood when read in conjunction with the appended drawings. For the purpose of illustrating the embodiments, there are shown in the drawings example constructions of the embodiments; however, the embodiments are not limited to the specific methods and instrumentalities disclosed. In the drawings:

- (2) FIG. 1 illustrates a side view of a driver device;
- (3) FIG. 2 illustrates a sectional view of the driver device of FIG. 1;
- (4) FIG. 3 illustrates a partial sectional view of the driver device of FIG. 1;
- (5) FIGS. 4A-4B illustrate a perspective views of the driver tip of FIG. 1;
- (6) FIG. 5 illustrates a sectional view of the driver tip of FIGS. 4A and 4B;
- (7) FIGS. 6-9 illustrate top, side, and opposing end views of an implant holder and guide device;
- (8) FIG. 10 illustrates a top sectional view of the implant holder and guide device of FIG. 6;
- (9) FIG. 11 illustrates a top view of an implant holder and guide device;
- (10) FIG. 12 illustrates a side sectional view of the implant holder and guide device of FIG. 11;
- (11) FIG. 13 illustrates a partial side sectional view of the implant holder and guide device of FIG. 11;
- (12) FIGS. 14 and 15 illustrate perspective views of a guide and implant;
- (13) FIG. 16 illustrates a partial perspective view of the implant holder and guide device of FIG. 6;
- (14) FIG. 17 illustrates a perspective view of the implant holder and guide device of FIG. 6;
- (15) FIG. 18 illustrates a side view of the guide of FIG. 16;
- (16) FIG. 19 illustrates a top perspective view of the guide of FIG. 16;
- (17) FIG. 20 illustrates a bottom view of the guide of FIG. 16;
- (18) FIG. 21 illustrates a bottom perspective view of the guide and implant of FIG. 16;
- (19) FIG. 22 illustrates a perspective side view of a rod and collar;
- (20) FIG. 23 illustrates a sectional view of the rod and collar of FIG. 22;
- (21) FIG. 24 illustrates a perspective end view of the collar of FIG. 22; and
- (22) FIGS. 25-27 illustrate a side views of example housings.

DETAILED DESCRIPTION

(23) With references FIGS. 1-5, there is illustrated an articulating driver **100** used when fixing a spinal implant between adjacent vertebra. The articulating driver **100** can be used to prepare an opening/hole in the vertebral body for a bone screw, pin, anchor or other fastener. The articulating driver **100** can also be used to drive and/or locate the fastener in the vertebral body. For example, the driver **100** can be used as a jointed awl, a punch, a screw driver or a drill, or any other device known art used for preparing an opening and inserting a fastener into/proximate a vertebral body.

(24) The driver **100** can include a rotatable driver shaft **110**, a rod **120** disposed within the rotatable driver shaft **110**, and a driver tip **130** for coupling to a screw/fixation element (or hole creating device such as a drill tip, punch, etc.) to the distal end of the rotatable driver shaft **110**. The articulating driver **100** can also comprise housing **140** that receives the rotatable driver shaft **110** at a distal end thereof for facilitating rotation of the driver shaft **110**/driver tip **130** to drive a bone screw. For example, the housing **140** can be coupled to the driver shaft **110** such that input torque received at the housing **140** is directly transferred to the driver shaft **110** and rotates, drives or otherwise actuates the driver tip **130**, including any screw or drill component coupled to the driver tip **130**. The housing **140** can also include a control element **150** disposed its proximal end. The control element **150** receives a proximal end of the rod **120** within the housing **140** for fixing the location of the rod **120** with respect to the housing and/or driver tip **130** components. The control element **150** can also be used to vary the amount of friction applied by the rod **120**.

(25) As shown in FIGS. 1 and 2, the driver **100** includes the rotatable driver shaft **110** capable of transmitting input torque to the driver tip **130**. The input torque can be applied to the housing **140** or driver shaft **110** by hand or use of a power tool directly or indirectly coupled to the housing **140**/driver shaft **110**. The rotatable driver shaft **110**, at its proximal end, can be connected to the housing **140**. It is contemplated that the driver shaft **110** is fixedly coupled to the housing **140** such that rotation/movement of the housing **140** results in a corresponding rotation/movement of the driver shaft **110**. The driver shaft **110** can be permanently and/or removably coupled to the housing **140**, e.g., at an interior surface of the housing **140**. The housing **140** can also include a mating sleeve **142**, shown in FIG. 3, for coupling the driver shaft **110** to the housing **140**. The driver shaft **110** can be permanently and/or removably coupled to the mating sleeve **142**. The mating sleeve **142** can be permanently and/or removably coupled to the mating housing **140**. For example, the mating sleeve **142** can be integrally formed with the housing **140** or a separate component from the housing **140**. As illustrated in FIG. 3, the mating sleeve **142** can be coupled to the housing **140** via threads provided on an interior surface of the housing **140**. As will be explained in further detail below, the control element **150** can also be coupled to the driver shaft **110** and/or the housing **140** directly or using a mating sleeve.

(26) At its distal end, the rotatable driver shaft **110** forms driver tip **130**. Components of the driver tip **130** can articulate with respect to the driver shaft **110** and/or rod **120** while transmitting input torque to a screw, fastener, drill, punch, etc. coupled to the driver tip **130**. The driver tip **130** can be integrally formed with the driver shaft **110** or constructed as a separate component(s) coupled to the driver shaft **110**. The driver tip **130** can include a ball-in-socket joint, a universal joint, or any other type of joint/connection known in the art that provides rotational and pivotal control between a drive shaft and drive interface.

(27) As illustrated in FIGS. 4A, 4B and 5, the driver tip **130** can include a ball-in-socket joint. The driver tip **130** can include a domed/spherical-shaped mating surface **131** for mating with the spherical head **132** of the ball-in-socket joint. The spherical head **132** can form the proximal end of the driver tip **130**. A pin **133** can extend through the spherical-shaped mating surface **131** and the spherical head **132**, guiding the pivoting movement of the head **132** with respect to the mating surface **131**. The pin **133** extends between opposite sides of the spherical mating surface **131** and through a slot **134** provided in the spherical head **132**. The pin **133** ensures torque/rotational force applied to the driver shaft **110** is transmitted to an interface **135** provided for engaging a fixation or drill component. In particular, engagement and/or interference between the pin **133**, spherical

mating surface **131**, and the head **132**/slot **134** ensures that rotation of the driver tip **130**/rotatable drive shaft **110** results in a corresponding rotation of the spherical head **132**/interface **135**. The pin **133** extends through a cross pin **136** provided in the spherical head **132**. Rotation of the spherical head **132** on the cross pin **136** allows the spherical head **132** to pivot with respect to the mating surface **131** and/or rotatable drive shaft **110**. It is contemplated that the pin **133** and cross pin **136** can be separately and/or integrally formed with respect to each other, the spherical head **132** and/or the mating surface **131** of the rotatable driver **110**.

(28) During operation, the user can rotate/pivot the head **132** with respect to the driver shaft **110**/housing **140**. Frictional engagement between the head **132** and the rod **120** fixes the location/rotation of the head **132** with respect to the driver shaft **110**. Engagement between the head **132** and the rod **120** allows the user to select, and fix, the angle of the rod **120** with respect to the driver tip **130**/interface **135**. Thus, the driver tip **130** of the present disclosure can be positioned stably in a multi-angle screwing/unscrewing operation. For example, a ball-in-socket-type joint at the driver tip **130** can provide for approximately 35-55° of angulation, and the driver **100** can maintain the driver tip **130** within a useful range of operation. It is contemplated that the driver tip **130** can provide for a range of +/-45° of angulation of the interface **135** in comparison to the center axis of the rod **120**. The angulation of the driver tip **130** can exist anywhere within a three dimensional plane based on the orientation of the spherical head **132** and mating surface **131**, thereby allowing for rotation of the driver tip **130** in a multidirectional manner.

(29) Referring to FIGS. **4A**, **4B** and **5**, engagement of a screw or other fastener with the articulating driver **100**/driver tip **130** will be described. It is contemplated that similar components and features could be utilized for coupling the driver shaft **110**/driver tip **130** to a drill or other fixation tools. At its distal end, the driver tip **130** can include an interface **135** for engaging a screw/fixation element. The interface **135** can be, for example, threaded, keyed, or otherwise disposed to interact with a screw/fixation element. As provided in FIGS. **4A**, **4B** and **5**, the interface **135** can include a drive element **137** that extends/projects from an outer surface of the driver tip **130**. The drive element **137**/interface **135** can have a size and shape that is complementary with a corresponding drive surface included on the head of a screw or other fixation device. When torque is applied by the driver tip **130**, the drive element **137**/interface **135** engages the head of the screw thereby to drive the screw/fixation element.

(30) The interface **135** can comprise a self-retaining driver. For example, interface **135** can include a sleeve **138** extending over and/or around the drive element **137**. As the drive element **137** engages the corresponding drive surface of a screw, arms of the sleeve **138** flex around and compress against the head of the screw. As a result, the screw is retained between the sleeve **138** and the drive element **137** when coupled with the interface **135**. Once coupled, the user can rotate the driver shaft **110** in a manner which causes the interface **135** to interact with/drive the screw without worry that the screw will inadvertently disengage from the driver tip **130**.

(31) As illustrated in FIG. **2**, the driver **100** includes a rod **120**. The rod **120** extends from the housing **140**, through a central channel provided the body portion of the rotatable driver shaft **110** to the driver tip **130**. Illustrated in FIG. **5**, the distal end of the rod **120** extends from the opening at the end of the channel. The end of the rod **120** can engage certain components of the driver tip **130** to limit and/or prevent rotation and pivoting movement of the driver tip **130**/spherical head **132** with respect to the rod **120**. For example, the end of the rod **120** can include a friction surface **122** sized and configured to engage the spherical head **132** of the driver tip **130**. In another example, the rod **120** can include a mechanical engagement feature (e.g., key, recess, projection) that engages a corresponding feature on of the driver tip **130**/head **132**. Engagement between these corresponding features limit and/or prevent rotation of the driver tip **130** with respect to the rod **120** and allow the user to select the desired angle between rod **120** and the driver tip **130**.

(32) In use, longitudinal/axial force can be applied to at proximal end of the rod **120** through engagement with the control element **150** (alternatively referred to herein as the frictional control

element). In particular, the control element **150** may be used to operatively control the amount of friction/force with which the rod **120** engages the spherical head **132** of the driver tip **130**. The friction/force applied to the spherical head **132** can vary, or can be constant based on manipulation and design of the control element **150**. For example, the amount of friction/force exerted through the control element **150** can be a constant state of friction/force. Alternatively, the rod **120** can engage the spherical head **132** with variable friction/force. For example, the amount of friction/force exerted upon the spherical head **132** by the rod **120** can vary according to the amount of friction/force with which the user engages the control element **150**.

(33) Alternatively, various “set” positions can exist within the control element **150**, such that a user can select a predetermined amount of friction. In one example, the control element **150** can be “locked” into place via engagement with the housing **140**, such that the amount of friction with which the control element **150** engages the rod **120** and the amount of friction with which the rod **120** engages the driver tip **130**/spherical head **132**, is constant when the control element **150** is in the locked position. As illustrated in FIG. 3, the distal end of the control element **150** can include an engagement feature **151** (e.g., threads, projections, teeth, barbs) sized and configured to engage a corresponding feature **143** provided on an interior surface of the housing **140**. As the engagement feature **151** (e.g., threads) of the control element **150** engage the engagement feature **143** (e.g., threads) of the housing **140**, the rod **120** moves laterally within the driver shaft **110** causing the distal end/friction surface **122** to engage/disengage the driver tip **130**/spherical head **132**.

(34) As described above, the control element **150** can be translated axially, towards/away from the distal end of the driver **100** to increase/reduce the amount of pressure applied by the rod **120** to the driver tip **130**/head **132**. When the engagement features **151**/**143** are engaged, pressure applied by the rod **120** on the head **132** remains constant and the control element **150** is considered in a “locked” position. For example, when the engagement feature **151** and corresponding features **143** of the housing **140** comprise threads, as rotational force is applied to the control element **150** the control element **150** and rod **120** traverse the housing **140** causing a lateral force to be applied to the driver tip **130**/head **132**.

(35) In another example, the control element **150** can include a spring or other feature engaged between the control element **150** and the rod **120** that provides variable pressure/force to the rod **120**. The user can manipulate the control element **150** via axial movement, rotation, pushbutton, etc. to adjust the pressure/force applied to the rod **120**.

(36) As illustrated in FIG. 3, the control element **150** can include a knob **152**. The knob **152** can function as a dial, pushbutton, or other means to enable the user to control force/pressure on the rod **120**. The knob **152** can be removably or permanently coupled to the control element **150**. Likewise, the knob **152** can be removably or permanently coupled to the rod **120**. As provided in FIG. 3, the knob **152** can be coupled to a rod engagement sleeve **123** that is fixedly or removably coupled to the rod **120**. The engagement features **151** for engaging the housing **140** can be provided on the sleeve **123**.

(37) In another example, the engagement features **143** can be provided on a sleeve **144** that is, in turn, fixed to/with respect to the housing **140**. The sleeve **144** can extend within the housing **140** at a fixed position such that the knob **152**/engagement features **151**/rod engagement sleeve **123** move laterally with respect to both the sleeve **144** and the housing **140**.

(38) In some implementations, the various components of the driver **100** may have the following dimensions. The radius of curvature of the spherical mating surface **131** may be approximately 3.6 mm and may have a depth of 1.8 mm. The spherical head **132** portion may have a diameter approximately 6.5 mm. The retention cap portion **139** of the driver tip **130** may have a total height (h) of 3.0 mm (i.e., height difference between the outer radius/surface of the driver shaft **110** and the outermost radius/surface of the retention cap portion **139**). The driver tip **130** may have a length of 15 mm. The interface **135** may have a depth of 3.5 mm.

(39) Referring now to FIGS. 6-9, illustrated herein is an example implant holder and guide device

200 with a detachable guide **230**. A vertebral spacer **205**, bone graft, or other interbody fusion device can be coupled to the implant **232**/guide **230** for insertion between adjacent vertebral bodies. Openings included in the guide **230** provide access for bone screw placement and insertion. To improve visibility and access to the surgical site, various components of the guide device **200** can be removed. For example, the guide **230** can be detached from the implant **232** before the user fixes the implant/spacer in place via insertion of a bone screw into the implant **232**, spacer **205**, and associated vertebral body. The shaft **210** of the holder and guide device **200** can also be detached from the guide **230**, with the guide **230** remaining coupled to the implant **232**, before insertion of the bone screw into the associated vertebral body. In another example, the shaft **210** and the collar **233** can be removed. Finally, the housing **240** can be removed from the shaft **210**, leaving the shaft **210**, collar **233** and guide **230** in place during the fixation procedure.

(40) FIG. **6** provides a top view and FIG. **7** provides a side view of the implant holder and guide device **200** with a detachable guide **230**, implant **232** and spacer **205** attached. FIGS. **8** and **9** provide opposite end views of the implant holder and guide device **200**. As illustrated in FIGS. **6** and **7**, the detachable guide **230** can be disposed at the distal end of the implant holder and guide device **200**. The detachable guide **230** includes an inner guide body **231** and an implant **232** (illustrated in FIG. **14**). A spacer **205**, bone graft, or other interbody fusion device can be coupled to the distal end of the guide **230**, at the implant **232**, for insertion and placement in the vertebral disc space. A collar **233** engages the distal end of the rotatable driver shaft **210** and provides a coupling between the driver shaft **210** and the main guide body **231**.

(41) Similar to the housing **140** described above with respect to the driver **100** (illustrated in FIG. **3**), FIGS. **6**, **7**, and **10** provide a housing **240** for use with the implant holder and guide device **200**. By manipulating the location of the housing **240**, the user is able to locate/plate the guide **230**, implant **232** and spacer **205** within the patient. The driver shaft **210** can be fixedly coupled to the housing **240** such that rotation, tension, compression, or any other movement of the housing **240** results in a corresponding movement of the driver shaft **210**/guide **230**. The guide device **200** can include a coupling **245**, e.g., quick connect coupling, for joining the driver shaft **210** to the housing **240**. The coupling **245** can include an opening to receive a proximal end of the driver shaft **210**. Rotational and axial movement of the driver shaft **210** can be fixed with respect to the housing **240** at the coupling **245**. As described with respect to FIG. **22**, coupling **245** can include one or more engagement features for engaging corresponding key feature or recess **214** of the driver shaft **210** to fix the rotational and/or axial movement of the driver shaft **210**. The coupling **245** can be fixedly or removably coupled to the housing **240**. For example, as illustrated in FIG. **10**, the coupling **245** can be threaded into the housing **240**.

(42) FIG. **10** provides a cross-sectional view of the guide **230**. The driver shaft **210** interacts with the detachable guide **230** at the distal end of the implant holder and guide device **200**. For example, the driver shaft **210** can be permanently or removably coupled to the collar **233** which is, in turn, coupled to the guide body **231**. As illustrated in FIG. **10**, the driver shaft **210** can threadably engage a threaded interface **234** provided on the collar **233**. The driver shaft **210** can be detached from the guide **230** during the implantation procedure to allow for increased visibility and access.

(43) The guide **230**/guide body **231** can be threadably coupled to the collar **233**. For example, the guide body **231** can include a threaded interface **247** provided on the neck **243** of the guide body **231** for engaging the threaded interface **234** provided on the collar **233**. The guide body **231** can be formed to include spaced apart opposing halves (**231a**, **231b**) joined together at their proximal end (see e.g., FIG. **18**). During operation, as the driver shaft **210** is rotated (via rotation of housing **240**) torque is transmitted to the collar **233** causing the collar **233** to engage the guide **230**. As the collar **233** is translated towards the distal end of the holder and guide device **200** (e.g., by rotation of the collar **233** and engagement with the guide body **231**), opposing halves (**231a**, **231b**) of the guide body **231** move together. In moving opposing halves of the guide body **231** together/towards each other, the guide body **231** compresses against the associated implant **232** and secures the implant

232 to the guide **230**. Likewise, the guide **230** can be removed from the implant **232** by disengagement between the collar **233** and the inner guide body **231** and the corresponding movement/separation of the guide body halves (**231a**, **231b**).

(44) FIG. **11** provides a top view of an example implant holder and guide device **200** and detachable guide **230** without either an implant or spacer attached. FIG. **12** provides a side cross-section view of the implant holder and guide device **200** of FIG. **11**. The implant holder and guide device **200** can include a housing and shaft structure similar to the driver **100** described above. For example, the implant holder and guide device **200** can include a rotatable driver shaft **210**, a rod **220** disposed within the rotatable driver shaft **210**, housing **240** that receives the driver shaft **210**, and a control element **250**.

(45) As illustrated in FIG. **13**, the driver shaft **210** can be threadably coupled to the collar **233** at a threaded interface **234** provided on the collar **233**. The rod **220** extends within the driver shaft **210** and can be received within a recess provided in the proximal end of the guide **230**. The driver shaft **210** and rod **220** can be detached from the guide **230** during the implantation procedure to allow for increased visibility and access.

(46) The guide **230**/guide body **231** can also be threadably or otherwise coupled to the collar **233**. The guide body **231** can include spaced apart opposing halves (**231a**, **231b**) joined together at their proximal end. As the driver shaft **210** is rotated (via rotation of housing **240**) torque is transmitted to the collar **233** causing the collar **233** to engage the guide **230**. As the collar **233** is rotated and translated towards the distal end of the holder and guide device **200**, an angled cam surface of the collar **233** engages a corresponding angled cam surface of the opposing guide body halves **231a**, **231b**. As a result, the opposing halves **231a**, **231b** of the guide body **231** move together and the guide body **231** compresses against the associated implant **232**.

(47) Referring FIGS. **14** and **15**, the detachable guide **230** can include an implant **232**. The implant **232** can be removably or permanently coupled to a spacer **205**, bone graft, or other interbody fusion device. To increase stability of the spacer, the implant **232** remains coupled to the spacer following insertion and removal of the guide body **231** from the patient. That is, the implant **232** can remain coupled to the spacer/bone graft and permanently remain in the patient as part of the implant.

(48) The implant **232** can include arms **235** extending from the distal end and/or sides of the implant **232**. The arms **235** can be expanded/flexed in a direction away from the centerline of the holder and guide device **200** and around a spacer. Pressure applied by the arms **235** secure the spacer to the implant **232**. The arms **235** can include engagement features (e.g., projecting teeth) that engage the implant. The implant **232** can include stops **236** extending from a side surface of the implant **232** to control insertion of the spacer/implant **232** into the vertebral disc space. Stops **236** can be sized and configured to interfere/contact various anatomical structure to control the depth and location of spacer/implant **232** placement. For example, stops **236** can be used to prevent insertion of the inner guide body **231** into the disc space. The coupling between the spacer, implant **232** and inner guide body **231** secure the guide **230** in place when it is detached from shaft portions of the implant holder and guide device **200**.

(49) As illustrated in FIGS. **14** and **15**, the inner guide body **231** can include a number of openings **237**. The openings **237** provide access for and guide bone screw placement and insertion into the implant **232**/spacer/vertebral body. An operator may couple the spacer to the vertebral body by inserting the screw into an appropriate one of the openings **237**. The screw will pass through the opening **237** and out of the guide **230**. The screw may engage the implant **232** and secure the implant **232** in the patient and permanently couple the implant **232** to the spacer.

(50) In some examples, as illustrated in FIGS. **14** and **16**, the implant holder and guide device **200** can include blocks **341** extending over the guide body **231**. Opposing blocks **341** can be provided to fit over the opposing halves **231a**, **231b** of the guide body **231**. The blocks **341** can extend between the shoulder **242** (see FIG. **18**) extending from the neck **243** of the opposing halves **231a**, **231b** to the bottom surface **244** of the guide body **231**. All or a portion of the shoulder **242** may be

received within the blocks 341.

(51) FIGS. 16 and 17 provide perspective views of the distal end of the example implant holder and guide device 200 of FIG. 6. As illustrated in FIG. 16, the guide body 231 can include sleeves 238 projecting from around the openings 237. These sleeves 238 provide guidance and support for a screw or other instrument inserted into the opening 237. Likewise, projections 239 extending from the bottom surface of the guide body 231 are sized and configured to engage a corresponding opening in the implant 232. As illustrated in the guide 230 depicted in FIGS. 18-20, the projections 239 can include a conical-shaped end to facilitate advancement into openings provided in the implant 232. The projections 239 can extend at an angle from the bottom surface 244 of the guide 230 such that as the opposing halves 231a, 231b of the guide body 231 are brought together, an implant 232 coupled to the guide 230 at projections 239 is drawn up the projections 239 toward/in contact with the bottom surface 244 of the guide 230. The projections 239 can also include a central opening extending therethrough. The central opening can provide access for awl, punch, drill, driver, or any other device known art used for preparing an opening and/or guiding and inserting a fastener through the guide 230 and into/proximate a vertebral body.

(52) FIG. 21 illustrates a bottom perspective view of the implant holder and guide device of FIG. 16 with an implant 232 attached. As described above, the projections 239 extend from the bottom surface 244 of the guide body 231 are sized and configured to engage a corresponding opening 246 in the implant 232. Likewise, as the implant 232 is intended to remain in the patient and permanently coupled to the spacer, the bone screw may engage threads 248 (or other fastener feature) provided in the corresponding opening 246 of the implant 232. The implant 232 includes arms 235 for coupling to an implant. The arms 235 can include projects/recesses for engaging and retaining the implant on the implant 232. Likewise, the arms 235 can include one or more grooves on the outer surface of the arm 235 for engaging the spacer.

(53) FIG. 22 illustrates a perspective side view of a driver shaft 210 and collar 233. The collar 233 may be fixedly or removably coupled to the driver shaft 210. Likewise, the collar 233 may have a fixed position with respect to the driver shaft 210 or the collar 233 may be move (rotate, translate longitudinally) with respect to the driver shaft 210. As illustrated in FIG. 22, the proximal end of the driver shaft 210 can include a key feature 312 sized and configured to couple with the corresponding housing and/or control element. The key 312 can ensure rotational movement of the driver shaft 210 corresponds to similar movement of the housing/control element. Likewise, the proximal end of the driver shaft 210 can include a recess 314 sized and configured to engage a corresponding engagement feature of the housing. Coupling between the recess 314 and the housing can be used to fix longitudinal/axial movement of the driver shaft 210 with respect to the housing.

(54) FIG. 24 provides a perspective view of the distal end of the collar 233 and driver shaft 210. As described above, the collar 233 can include a threaded interface 234 for engaging the rod and/or guide. For example, the threaded interface 234 can engage a corresponding threaded interface 247 provided on the guide 230. As illustrated in FIG. 23, the driver shaft 210 and collar 233 can have unitary construction. Accordingly, rotational movement of the driver shaft 210 results in corresponding rotational movement of the collar 233. As a result, the collar 233 can engage/disengage the guide 230 and can draw the opposing halves 231a, 231b of the guide body 231 together/apart. The threaded interface 234 can be recessed within the collar 233. The opening 251 at the distal end of the collar 233 can be sized to accommodate the neck 243 of the guide body 231, including all or a portion of the shoulder 242. The opening 251 can also be sized such that all, or a portion of, the shoulder 242 is prevented from extending within the opening. For example, as illustrated in FIGS. 10 and 12, the opening 251 can include a cam/tapered surface 252 corresponding to a taper of the shoulder 242 or other portion of the guide body 231.

Interaction/contact between the tapered surface 252 and the shoulder 242 can cause the opposing halves 231a, 231b of the guide body 231 to draw together/move apart.

(55) As described above, the driver **100** and implant holder/guide device **200, 300** include housings **140, 240** at their proximal end. The housings **140, 240** can include a control element **150** for controlling driver tip **130**/guide **230** functionality. While the control element **150** has been depicted as extending from the proximal end of the housing **140, 240** it is contemplated that the control element **150**, may have different shape, location and interaction with the housing **140, 240**. For example, the control element **150** may be disposed laterally along housing **140, 240**, or at the distal end of housing **140, 240**. Actuation of the control element **150** can engage the proximal end of the rod **120, 220**, moving the driver tip **130**/inner guide body **231** laterally with respect to the shaft **110, 210**.

(56) Various examples of control elements and their relationship to the housing are shown in FIGS. **25-27**. FIGS. **25-27** provide a housing **340** similar in size and function to the housings **140, 240**. The housing **340** can be coupled to the proximal end of the driver and the implant holder and guide device in any of the disclosed examples.

(57) FIG. **25** shows an example housing **340** having a control element **350** including a dial **351** and a lever lock **352** mechanism. In an example housing **340**, the dial **351** can be rotatably disposed along the distal end of the housing **340** and the lever lock **352** can be provided proximal the dial **351**. The dial **351** and lever lock **352** allow the user to set the desired angle of the driver tip/implant holder/guide device. For example, the user can move the housing **340** to the desired angle (manually) and set the desired tension/drag between the driver tip/guide and the driver shaft/rod using dial **351**. The dial **351** can also be used to lock the angle of the driver tip/implant holder/guide device with respect to the driver shaft/rod. The housing **340** can include a lever lock **352** used to release the housing **340** from the driver or implant holder/guide device **200** (e.g., release the housing from the driver shaft/rod).

(58) FIG. **26** shows an optional housing **340** having a control element **350** that includes a rotatable knob **353**. The desired angle of the device can be set by manually moving the housing **340** with respect to the driver tip/guide. The angle is held using the control element **350** mechanism and controlled by rotation of the knob **353**. For example, tension between the rod and the driver tip/guide is controlled by rotation of the knob **353** and can be released by rotation of the knob **353** in the opposite direction. Optionally, the amount of tension can be set/fixed by a locking mechanism used in conjunction with the knob **353**.

(59) FIG. **27** shows an optional housing **340** having a control element **350** including a push button **354**. The desired angle can be set by manually moving the housing **340** with respect to the driver tip/guide. The push button **354** can be compressed/released to set a pre-defined tension between the rod and the driver tip/guide. For example, the push button **354** can control multiple tension settings, wherein each depression of the push button **354** increases tension, and final push of the push button **354** completely releases tension.

(60) Disclosed herein are methods for using the implant holder and guide device **200** and the driver **100**, both individually and/or together. After the surgical site is prepared and disc material removed, the implant holder and guide device **200** can be used to insert the implant/spacer in the disc space. As outlined above, the detachable guide **230** is coupled to the rotatable driver shaft **210**. For example, the proximal end/neck **243** of the guide **230** can be brought into contact with the collar **233**. Rotation of the housing **240** causes the threaded interface **234** of the collar **233** to engage the corresponding interface **247** on the guide **230**.

(61) The implant **232** can then be coupled to the guide **230** (it is also contemplated that the implant **232** can be coupled to the guide **230** before the guide **230** is coupled to the driver shaft **210**). As described above, projections **239** extending from the guide **230** are sized and configured to engage a corresponding opening in the implant **232**. The implant **232** is secured to the guide **230** by further engagement between the driver shaft **210** and the guide **230**/collar **233**. As the driver shaft **210** engages the guide **230**/collar **233**, opposing halves of the guide body **231a, 231b** move together/towards each other. As a result, the projection **239** and/or guide **230** compresses against

the associated implant **232** and secures the implant **232** to the guide **230**.

(62) Just as the implant **232** can be coupled to the guide **230** before/after coupling with the driver shaft **210**, likewise, a spacer/bone graft can be coupled to the implant **232** before or after the implant **232** is coupled to the guide **230**. As illustrated in FIG. **14**, for example, the implant **232** includes arms **235** that can expand/flex around the spacer/bone graft. Pressure applied by the arms **235** secures the spacer to the implant **232** and guide **230**. Likewise, engagement features (teeth, grooves, barbs, etc.) included on the arms **235** can be included to secure the spacer to the arms **235**.

(63) With the spacer coupled to the implant holder and guide device **200**, the spacer can be inserted into the disc space. Once the implant is fixed in a desired location within the patient, the detachable guide **230** can be removed from the implant **232**. Removing the guide **230** from the patient, improves visibility and access to the surgical site for the fixation portion of the procedure. The guide **230** is removed from the implant **232** by manipulating/rotating the housing **240** (according to the various examples outlined herein). In one example, the detachable guide **230** is threadably engaged with the collar **233**, and can be released by unscrewing the guide **230**/collar **233** and allowing the opposing halves **231a**, **231b** of the guide **230** to release from the implant **232**. It is also contemplated that the guide **230** (with or without the collar **233**) will remain attached to the implant **232** during the fixation procedure. For example, the shaft **210** and housing **240** can be detached from the guide **230**/collar **233** to improve visibility and access to the surgical site. It is further contemplated, that the guide **230**, collar **233** and driver shaft **210** will remain coupled to the implant **232**, only removing the housing **240**, prior to the fixation procedure.

(64) Once the user has removed the desired components from the implant holder and guide device **200** (e.g., only housing **240**; housing **240** and driver shaft **210**; housing **240**, driver shaft **210** and collar **233**; or housing **240**, driver shaft **210**, collar **233** and guide **230**), the driver **100** can be used to place a screw or other fixation device into the spacer/implant **232**, or directly into bone.

Optionally, a screw is attached to the driver **100** through the interface **135** of the driver tip **130**. As outlined above, the angle of the driver tip **130** with respect to the driver shaft **110** can be adjusted to accommodate the location of the implant and patient anatomy. For example, the user can (manually) adjust the angle of the driver tip **130** before coupling the interface **135**/screw with the implant **232**/guide **230**. In another example, the user can insert the driver **100** into the surgical opening, couple the interface **135**/screw with the implant **232**/guide **230**, and adjust the angle of the driver tip **130** by adjusting the angle of the driver shaft **110**. Once the desired angle is achieved, the user can release the rod **120** and cause the rod **120** to engage the rotatable joint of the driver tip **130** thereby “locking” the angle of the driver tip **130** and preventing any further movement/change in angle between the driver tip **130** and the driver shaft **110**. For example, as described above, where the rotatable joint comprises a ball-in-socket joint, the friction surface **122** of the rod **120** can engage the spherical head **132** of the driver tip **130**. Frictional engagement between the friction surface **122** and the head **132** prevents any movement/change in angle between the driver tip **130** and the rod **120**/driver shaft **110**.

(65) The “locked” screw/driver tip **130** is then inserted into the patient towards the guide **230**. Fixing the angle of the driver tip **130** prior to insertion into the patient allows the user to identify a beneficial approach angle and minimize incision size and tissue trauma. Once the “locked” screw/driver tip **130** is positioned within the guide **230**, the friction surface **122** of the rod **120** can be released from the head **132**, i.e., the driver tip **130** can be “unlocked.” The housing **140**/rotatable driver shaft **110** can then be rotated to cause the screw to engage the implant **232**/guide **230** and fix the implant **232**/guide **230** to the spacer **205** and corresponding vertebral bodies. The guide **230** can be used to guide the screw into the proper location within the patient. Once the screw or other fixation device is properly affixed, the driver **100** can be removed from the patient.

(66) As outlined above, the guide **230** can remain in the patient during the fixation procedure. Once the driver **100** has been used to fix the spacer/implant **232** in the disc space, the guide **230** can be removed from the patient by reattaching the shaft **210** of the implant holder and guide device **200**

to the guide **230**. Once the guide **230** is reattached to the implant holder and guide device **200**, the user can release the guide **230** from the implant **232** as described above and remove the guide **230** from the patient by lifting the guide **230** through the surgical opening.

(67) As outlined above, it is also contemplated that the driver **100** can act as a drill to prepare an opening for a corresponding bone screw. The angle of the driver tip **130**/drill can be adjusted as described above with respect to insertion of a bone screw.

(68) The various components above may be made from PEEK, stainless steel, titanium, titanium alloy, ceramic, polyethylene, or any metallic or polymeric material. The various components may also include a TiN coating to limit wear and galling.

(69) Although the subject matter has been described in language specific to structural features and/or methodological acts, it is to be understood that the subject matter defined in the appended claims is not necessarily limited to the specific features or acts described above. Rather, the specific features and acts described above are disclosed as example forms of implementing the claims.

Claims

1. A driver comprising: a driver shaft; a rod disposed within the driver shaft; a driver tip at a distal end of the driver shaft, the driver tip having a head that is coupled to a mating surface of the driver shaft at a ball-in-socket joint, wherein an angle of the driver tip relative to a longitudinal axis of the driver shaft is adjustable in at least two planes of direction to achieve an adjusted angle when the driver shaft is not rotating; a cross pin disposed in the head, and a second pin that extends through the cross pin, between opposite sides of the mating surface, and through a slot of the head, wherein the second pin guides movement between the head and the driver shaft; a housing that receives the driver shaft at a distal end thereof; and a control element disposed at a proximal end of the housing, the control element receiving a proximal end of the rod, wherein actuation of the control element engages the proximal end of the rod, causing a distal end of the rod to frictionally engage the joint, and secure the driver tip at the adjusted angle.

2. The driver of claim 1, wherein the head includes an interface extending therefrom adapted to engage a fastener.

3. The driver of claim 2, wherein the rod is adapted to frictionally engage the head, wherein the angle of the driver tip relative to a longitudinal axis of the driver shaft can be adjusted to a present angle and held at the preset angle through the frictional engagement of between the head and the rod.

4. The driver of claim 1, wherein an axial force is applied to the proximal end of the rod through engagement between the control element with the rod.

5. The driver of claim 1, wherein the housing is coupled to the driver shaft such that movement of the housing causes corresponding movement of the driver shaft and a resulting pivoting movement of the joint, thereby allowing the angle of the driver tip to change with respect to the driver shaft.

6. The driver of claim 1, wherein engagement between the rod and the control element fixes a position of the rod within the housing.

7. The driver of claim 1, wherein the rod is spring loaded within the housing.

8. The driver of claim 1, wherein the driver tip includes an interface extending therefrom adapted to engage a fastener, wherein the angle of the interface with respect to the rod can vary by up to about 180°.

9. The driver of claim 1, wherein the driver tip includes an interface extending therefrom adapted to engage a fastener, wherein the angle of the interface with respect to the rod can vary by about 45°.

10. The driver of claim 1, further comprising a mating sleeve coupling the driver shaft to the housing, the mating sleeve fixedly coupled to a proximal end of the driver shaft, wherein the driver shaft extends into a central channel of the mating sleeve, the proximal end of the driver shaft not extending beyond a proximal end of the mating sleeve.

11. The driver of claim 10, wherein the mating sleeve is disposed within an opening provided at the distal end of the housing, and the mating sleeve is removably coupled to the housing via engagement between threads provided on an interior surface of the housing and corresponding threads provided on an exterior surface of the mating sleeve.
 12. The driver of claim 11, wherein the rod extends through the central channel of the mating sleeve and into the housing and is fixedly coupled to the control element.
 13. The driver of claim 1, wherein the cross pin extends in a direction transverse to a longitudinal axis of the slot.
 14. The driver of claim 1, wherein the driver tip includes an interface extending therefrom adapted to engage a fastener, wherein a sleeve extends over and around the interface, the sleeve including flexible arms sized and configured to flex and compress against the fastener as the interface engages a corresponding drive surface of the fastener.
 15. The driver of claim 14, wherein the sleeve comprises a cylindrically-shaped band with a plurality of flexible arms extending from a proximal end of the band and a plurality of flexible arms extending from a distal end of the band.
 16. The driver of claim 1, wherein the driver tip has a spherical head that is coupled to a domed mating surface of the driver shaft.
 17. The driver of claim 1, wherein the driver shaft is rotatable.
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