| **Method** | **Parameters** | **Description** |
| --- | --- | --- |
| **upper** | none | Returns a string in all uppercase |
| **lower** | none | Returns a string in all lowercase |
| **capitalize** | none | Returns a string with first character capitalized, the rest lower |
| **strip** | none | Returns a string with the leading and trailing whitespace removed |
| **lstrip** | none | Returns a string with the leading whitespace removed |
| **rstrip** | none | Returns a string with the trailing whitespace removed |
| **count** | item | Returns the number of occurrences of item |
| **replace** | old, new | Replaces all occurrences of old substring with new |
| **center** | width | Returns a string centered in a field of width spaces |
| **ljust** | width | Returns a string left justified in a field of width spaces |
| **rjust** | width | Returns a string right justified in a field of width spaces |
| **find** | item | Returns the leftmost index where the substring item is found |
| **rfind** | item | Returns the rightmost index where the substring item is found |
| **index** | item | Like find except causes a runtime error if item is not found |
| **rindex** | item | Like rfind except causes a runtime error if item is not found |