

# The easy way to Therapy

Finding a therapy place can be an arduous and lengthy process. This complicates mental health efforts for those who have managed to take the step of seeking therapy in the first place.

Get started with your search for a therapist



#### Search

Our filters will guide you in your search to find you a therapist according to your preferences



## Send

Use our prefill contact form and our select options to send an email to multiple therapists at once



### Relax

Track responses, confirmations, rejections and 'noresponses'



# Find your therapist

Now you have a therapist!