

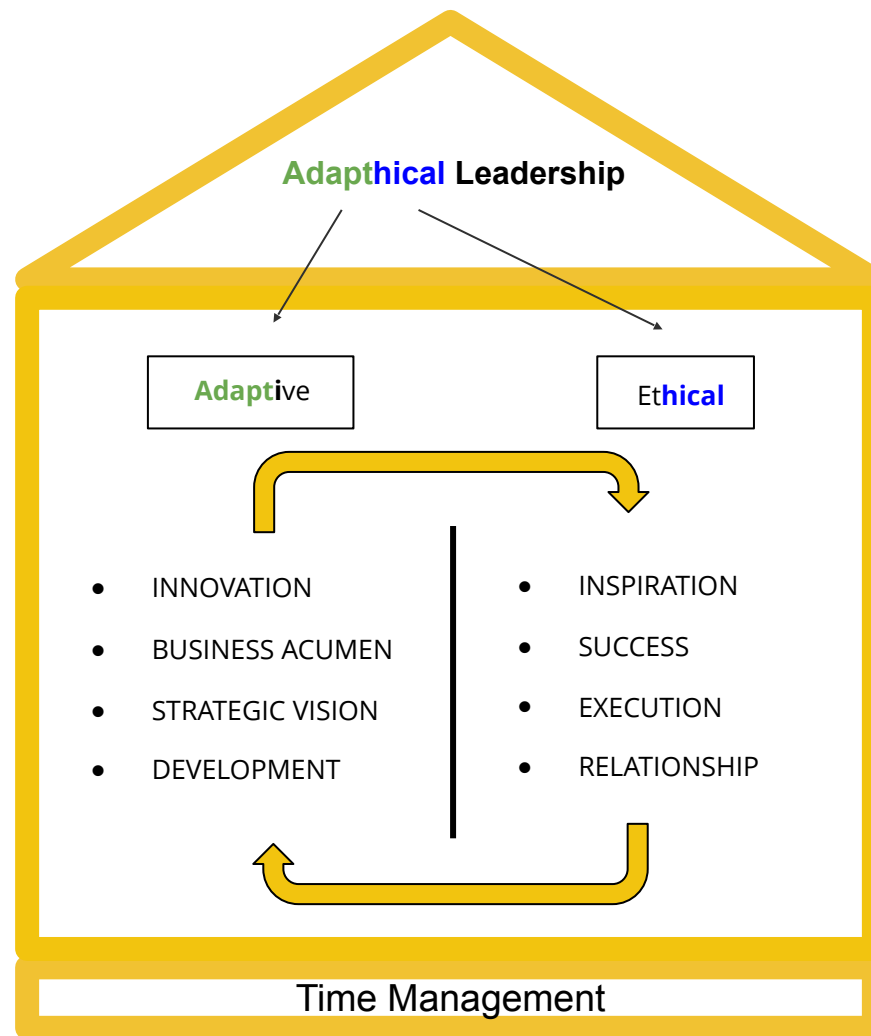
# Time Management

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7th June, 2018

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**Time Management**  
the foundation for a  
good leadership

# AGENDA

Chapter I Intro

Chapter II Future

Chapter III Approaches

Chapter IV Summary

# CHAPTER I: Intro

What is the most important asset  
in your life?

**TIME**

Ask yourself:  
Where do you invest most of your time in your daily life?

What is most important to you, is where you  
SHOULD spent most of your time - isn't it?

# CHAPTER II: Future

# Technology

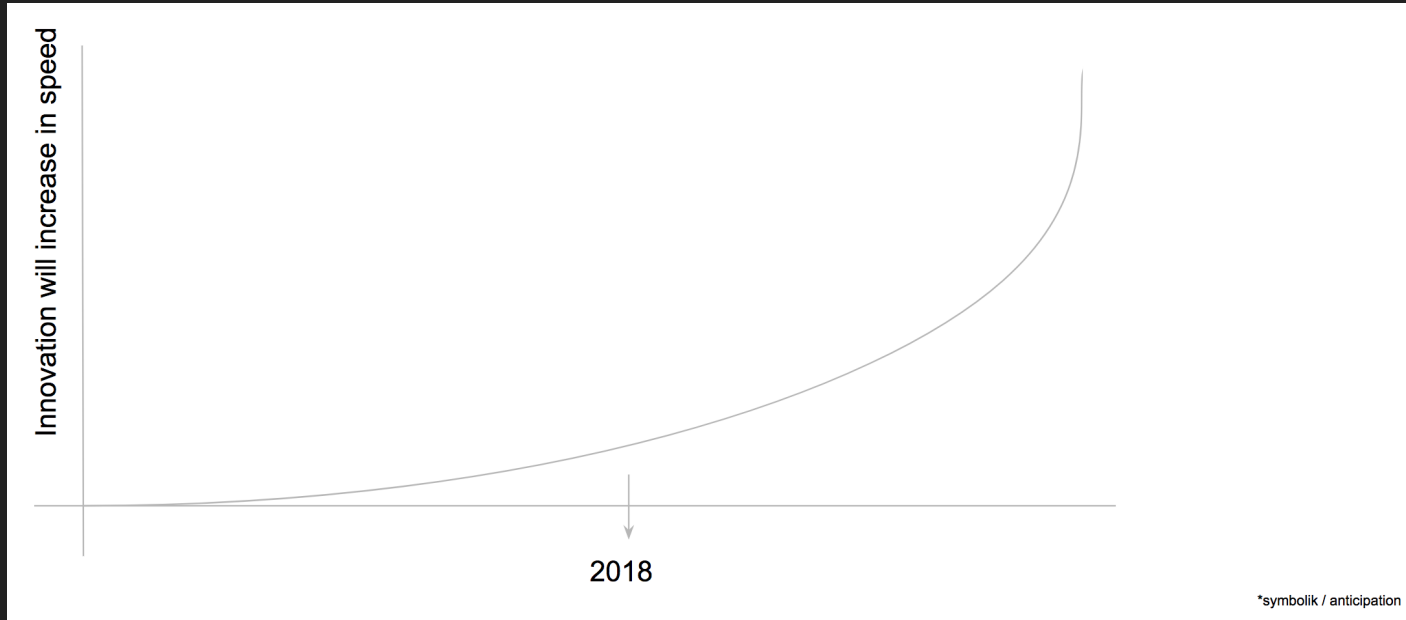
Futurist Ray Kurzweil predicts that AI would outsmart the human brain in computational capabilities by mid-21st century.





# Innovation

will expand rapidly and exponentially \*



# Leaders will be confused



# Children will ask different questions

# DIY Bacterial Gene Engineering CRISPR Kit



\$159.00

**Shipping:** Calculated at checkout



★★★★★ 7 product reviews

Quantity:

1

Add To Cart 

Add to Wishlist

## Product Description

There is currently ~1 week time till shipment.

Due to the overwhelming number of emails we will not respond to emails asking when your item will be shipped. Understand we are doing our best to get it to you.

Comes with an example experiment that teaches you many molecular biology and gene engineering techniques.

Want to really know what this whole CRISPR thing is about? Why it could revolutionize genetic engineering? This kit includes everything you need to make precision genome edits in bacteria at home including Cas9, tracrRNA, crRNA and Template DNA template for an example experiment.

# Competition will expand and spring up like mushrooms



Your time as a leader will “feel” shorter  
because you are busy keeping up with  
ongoing changes

ATTENTION on the right things matters more  
than ever

# CHAPTER III: Approaches

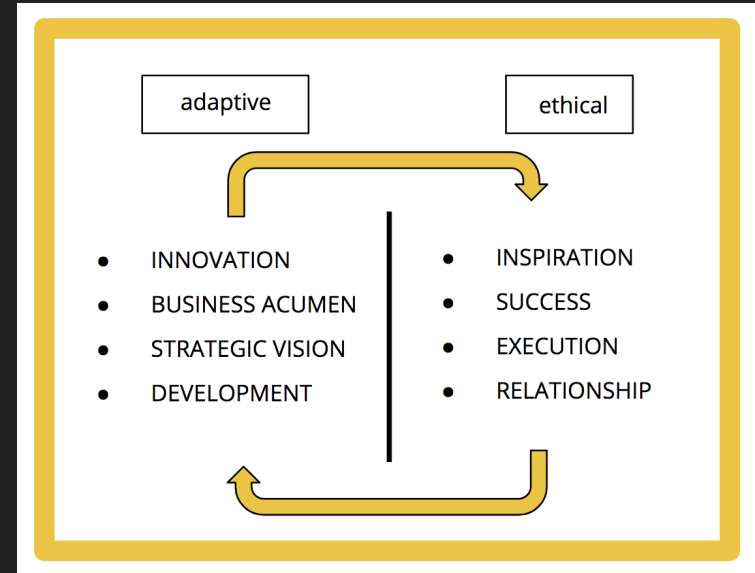
# Build your Vision and Mission

Vision:  
who would I like to  
become?

Mission:  
why am I doing that?

# What is important for time management?

- Planning and reflection
- Positive feedback loop





# Prioritization

- Focus on your most important task
- How priorities affect you and other people
- Assign time slots for each task

# Your day has 1440 Minutes

What can you do in a couple of minutes?

# ATTENTION

Getting Attention means POWER

# Who has the biggest attention online?

Rank ①	Website ①	Category ①	Change ①	Avg. Visit Duration ①	Pages / Visit ①	Bounce Rate ①
1	 google.com	Internet and Telecom > Search Engine	=	00:08:51	8.98	33.50%
2	 facebook.com	Internet and Telecom > Social Network	=	00:12:26	11.62	26.96%
3	 youtube.com	Arts and Entertainment > TV and Video	=	00:21:22	9.63	26.63%
4	 baidu.com	Internet and Telecom > Search Engine	=	00:07:43	8.60	37.50%
5	 yahoo.com	News and Media	=	00:06:27	6.26	38.35%
6	 xvideos.com	Adult	=	00:12:58	11.24	24.66%
7	 twitter.com	Internet and Telecom > Social Network	+1	00:09:06	7.27	31.10%
8	 vk.com	Internet and Telecom > Social Network	-1	00:16:38	21.67	24.87%
9	 instagram.com	Internet and Telecom > Social Network	+2	00:06:34	15.03	36.71%
10	 wikipedia.org	Reference > Dictionaries and Encyclopedias	-1	00:03:47	2.91	58.28%

# What did we just discuss in the approaches?

From the big picture  
*your vision*  
to the smallest time unit  
*your attention*

# CHAPTER IV: Summary

## Approaches:

V	Vision & Mission
P	Planning and Reflection
F	Feedback loops
P	Priorities
M	Minutes
A	Attention

Your lifetime is the most unique miracle in  
this universe.

Use your time wisely  
by putting approaches into action.



Being rich is having  
money.  
Being WEALTHY is having  
TIME.

# Starting tomorrow:

How do you want to invest your time from  
now on?

# Leadership questions?

Join our free leadership Q&A  
adaptive + ethical leadership  
[adapthicalleadership.com](https://adapthicalleadership.com)