

LESSON 7: GOALS – BUCKET LIST

I. VOCABULARY

1. **Goal** /gəʊl/ (n): a purpose, or something that you want to achieve: MỤC TIÊU
Example: I am trying to achieve my goal of being a super star.
2. **Bucket list** /'bʌk.ɪt ,lɪst/: a list of the things that a person would like to do or achieve before they die: DANH SÁCH VIỆC VIỆC CẦN LÀM TRƯỚC KHI CHẾT
Example: I have so many things on my bucket list yet to do.
3. **Ambition** /æm'biʃ.ən/ (n): a strong wish to achieve something: HOÀI BẢO
Example: He has already achieved his main ambition in life - to become wealthy.
4. **Difficulty** /'dɪf.ɪ.kəl.ti/ (n): the fact of not being easy to do or understand: SỰ KHÓ KHĂN
Example: She had great difficulty finding a job.
5. **Achieve** (v) /ə'tʃi:v/: to succeed in finishing something or reaching an aim, especially after a lot of work or effort: ĐẠT ĐƯỢC
Example: I've been working all day, but I feel as if I've achieved nothing.
6. **Encourage** (v) /ɪn'kɜː.ɪdʒ/: to make someone more likely to do something, or to make something more likely to happen: KHUYẾN KHÍCH
Example: We were encouraged to learn foreign languages at school.
7. **Desire** (v, n) /dɪ'zaɪər/: to want something, especially strongly: KHAO KHÁT
Example: One of my friends certainly has no desire to have children.
8. **Persistent** (adj) /pə'sɪs.tənt/: lasting for a long time or difficult to get rid of: KIÊN TRÌ
Example: Be persistent - don't give up

9. Patient (adj) /'peɪ.ʃənt/: having patience: KIÊN NHÃN

Example: Be patient with her - she's very young.

10. In order to: with the aim or purpose of doing something: ĐỂ

Example: He came home early in order to see the children before they went to bed.

II. HOW TO TALK ABOUT YOUR GOALS AND DREAMS

The first 3 phrases you can start all of your sentences with “someday” to talk about something that you want to do in the future, one of your dreams, or one of your goals.

1. Someday...I plan to...

Ex: I'm an English speaker, but I've never been to English countries, so someday I plan to go to America.

2. Someday...I hope to...

Ex: Someday, I hope to become a marketing expert

3. Someday...I would like to (I'd like to) ...

Ex: Someday, I'd like to visit Croatia

Another way to talk about your dreams and goals is to state your dream or goal

4. One of my dreams is/ One of my goals is ...

Ex: One of my goals is to become fluent in English

Other ways:

5. I dream of a day...: talk about something we really want to happen

Ex: I dream of a day when I can own my own house

Ex2: I dream of a day when I can become a powerful woman who can motivate young people and inspire them.

6. I am looking forward to ...: talk about something that's going to happen in the future that you're excited about

Ex1: I am looking forward to the summer holiday in Croatia with my boyfriend

Ex2: I am looking forward to the meeting with my clients

7. I can't wait...

Practice makes perfect

Ex1: I can't wait to become a rich person

Ex2: I can't wait to have the best version of myself

8. I'm going to ...:

Ex1: This year, I'm definitely going to learn a new language

Ex2: From now on, I'm not going to eat fast food

9. I'm determined (not) to ...

Ex1: I'm determined to grow my career path this year

Ex2: I'm determined not to lose my temper with people who are not important in my life.

10. I might/ I'm thinking about ...

Ex1: I might get a dog before giving birth in order to learn how to look after kids, although I'm not sure if I'll have enough time to care for both my pet.

Ex2: I am thinking about buying a land with my boyfriend in Nghe An province next year.

11. I'm counting down the days...

Ex1: I'm counting down the days until the end of this year.

12. I'm psyched /saɪkt/ / pumped /pʌmpt/ ...

Ex1: I'm psyched about the opportunity to go travel abroad

Ex2: I'm pumped to start my new career path

III. IDIOMS RELATED TO BUCKET LIST

1. **Practice makes perfect:** Có công mài sắt, có ngày nên kim
2. **What will be will be:** Cái gì đến sẽ đến
3. **Easier said than done:** Nói thì dễ hơn làm
4. **Laughter is the best medicine:** Một nụ cười bằng mười thang thuốc bổ
5. **The failure is the mother of success:** Thất bại là mẹ thành công
6. **While there's life, there's hope:** Còn nước còn tát
7. **A miss is as good as a mile:** Sai một ly đi một dặm

8. **To kill two birds with one stone:** Nhất cử lưỡng tiện/ Một mũi tên trúng hai đích
9. **Never put off tomorrow what you can do today:** Việc hôm nay chớ để ngày mai
10. **Travel broadens the mind:** Đi một ngày đàng, học một sàng khôn

IV. QUESTIONS

1. What is your biggest goal in life?
2. How do you plan to achieve that goal?
3. What are your short term & long term goals?
4. Should parents help their children set goals?
5. What will encourage children to learn more?
6. Who do you think has the greater influence on the goal-setting of children? Teachers or parents?
7. What are your financial goals?
8. If you could change one thing about your personality, what would it be and why?
9. What does success mean to you?
10. What does failure mean to you?