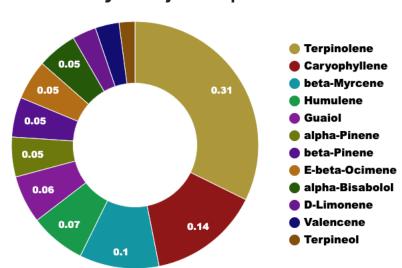


KIKUYA Arroyo Dominant Terpenes

Terpene	Aroma	Effects*
Terpinolene	Smoky, woody	 Antibacterial¹⁹ Anti-inflammatory²⁰ Anti-fungal²¹ Sedative (inhaled)²² Anti-proliferative²³ Antioxidant²³
Caryophllene	Spicy	 Analgesic⁵ Antidepressant⁶ Anti-inflammatory^{5,7} Anti-proliferative⁸ Antioxidant⁸ Anxiolytic⁹ Neuroprotective⁷ Gastro/cytoprotective¹⁰
Myrcene	Earthy, fruity, clove like	 Analgesic^{1,2} Antioxidant³ Antibacterial³ Anti-inflammatory^{2,4}
Humulene	"Норру"	 Analgesic²⁴ Antibacterial²⁵ Anti-inflammatory²⁴ Anti-proliferative²⁶
Guaiol	Rose-like aroma	 Anti-inflammatory²⁷ Antioxidant²⁷ Antirheumatic²⁷ Antiseptic²⁷ Weak 5-alpha reductase inhibitory effects²⁷ Inhibition of non small-cell lung cancer cells in vitro, and in vivo (mice)²⁷

^{*}Evidence from animal models or cultured human cells

KIKUYA Arroyo Major Terpene Profile %W/W





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