



# Managing Stress for Positive Change

Course completed by Aena Khichi

Jan 06, 2024 at 01:38PM UTC

Top skills covered

Stress Management

Head of Content Strategy, Learning



Instructional Delivery Method: QAS Self Study  
In accordance with the standards of the National Registry of CPE Sponsors, CPE credits have been granted based on a 50-minute hour.  
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Field of Study: Personal Development  
Program: National Association of State Boards of Accountancy (NASBA)  
Registry ID: #140940  
Continuing Professional Education Credit (CPE): 1.40  
Certificate ID: f72f6c419fe43049a043eb35db5b406184bbeec1f3293768a7b576ed014d6319

