

# Certificate of Completion

This certifies that

**SARAH THOMPSON**

Has earned 3.0 continuing education hours by successfully completing the AMTA online course:

## Culture of Self Care: Body Mechanics

The science of body mechanics helps the service provider be effective and efficient in their approach, helping reduce the impact in to their body while delivering therapeutic care. Learn 10 body position guidelines to help you minimize stress on your body.

MS #216, LCEU0001699

September 14, 2017

**Provider information:**

American Massage Therapy Association  
500 Davis Street, Suite 900  
Evanston, IL 60201  
877-905-0577 [education@amtamassage.org](mailto:education@amtamassage.org)  
NCBTMB Approved Provider Number: 024237-00  
Florida State Provider Number: 50-4255  
Louisiana State Provider Number: LAP0084

**Participant information:**

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**Instructor:** Sandra K. Anderson, BA



A handwritten signature in dark ink, reading 'Dolly Wallace'.

Dolly Wallace, 2017–2018 AMTA President