MORNING AND EVENING PRAYER

BEING PRIME AND COMPLINE FROM THE

LITTLE OFFICE OF THE BLESSED VIRGIN MARY

PLUS THE (OSPEL (ANTICLES.

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2013 Veronica Brandt www.brandt.id.au

BENEDICTUS FROM LAUDS

Benedíctus # Dóminus, Deus Israël : * quia visitávit, et fecit redemptiónem plebis suæ :

Et eréxit cornu salútis nobis : * in domo David, púeri sui.

Sicut locútus est per os sanctórum, * qui a sæculo sunt, prophetárum ejus:

Salútem ex inimícis nostris, * et de manu ómnium, qui odérunt nos.

Ad faciéndam misericórdiam cum pátribus nostris : * et memorári testaménti sui sancti.

Jusjurándum, quod jurávit ad Abraham patrem nostrum, * datúrum se nobis:

Ut sine timóre, de manu inimicórum nostrórum liberáti, * serviámus illi.

In sanctitáte, et justítia coram ipso, * ómnibus diébus nostris.

Et tu, puer, Prophéta Altíssimi vocáberis : * præíbis enim ante fáciem Dómini, paráre vias ejus : Blessed be the Lord God of Israel: because he hath visited and wrought the redemption of his people.

And hath raised up an horn of salvation to us, in the house of David his servant.

As he spoke by the mouth of his holy prophets, who are from the beginning.

Salvation from our enemies and from the hand of all that hate us.

To perform mercy to our fathers and to remember his holy testament.

The oath, which he swore to Abraham our father, that he would grant to us.

That being delivered from the hand of our enemies, we may serve him without fear:

In holiness and justice before him, all our days.

And thou, child, shalt be called the prophet of the Highest: for thou shalt go before the face of the Lord to prepare his ways:

Ad dandam sciéntiam salútis plebi ejus : * in remissiónem peccatórum eórum :

Per víscera misericórdiæ Dei nostri: * in quibus visitávit nos, óriens ex alto:

Illumináre his, qui in ténebris, et in umbra mortis sedent : * ad dirigéndos pedes nostros in viam pacis.

Glória Pátri, et Fílio, * et Spirítui Sáncto.

Sicut érat in princípio, et núnc, et sémper, * et in sæcula sæculórum. Amen.

To give knowledge of salvation to his people, unto the remission of their sins.

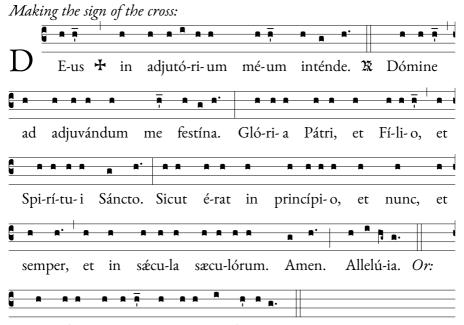
Through the bowels of the mercy of our God, in which the Orient from on high hath visited us:

To enlighten them that sit in darkness and in the shadow of death: to direct our feet into the way of peace.

Glory be to the Father and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

PRIME FROM THE LITTLE OFFICE OF THE BLESSED VIRGIN MARY



Laus tíbi Dómine Rex ætérnæ gló-ri-æ.

V. O God, come to my assistance.

Ry. O Lord, make haste to help me.

Glory be...

Hymn



I. Remember, O creator Lord, That in the Virgin's sacred womb Thou wast conceived, and of her flesh

Didst our mortality assume.

2. Mother of grace, O Mary blest, To thee, sweet fount of love, we fly;

Shield us through life, and take us hence
To thy dear bosom when we die.
3. O Jesu, born of Virgin bright,
Immortal glory be to thee;
Praise to the Father infinite,

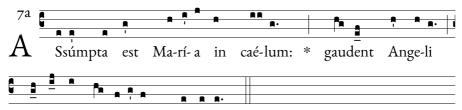
And Holy Ghost eternally. Amen.

Psalmody

Usually sit at the first asterisk for each psalm, rise at the asterisk for the last verse of the psalm ready to bow for the Gloria Patri, upright for Sicut erat, then remain standing until the first asterisk of the next psalm.

The antiphon varies for Advent (see page 10) and Christmas (see page 14.) Otherwise as below.

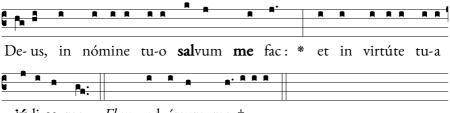
Per Annum.



laudántes be-nedícunt Dóminum.

Mary is assumed into heaven: the Angels rejoice and bless the Lord.

Psalm 53



júdi-ca me. Flex: advérsum me, †

Save me, O God, by thy name, and judge me in thy strength.

Deus, exáudi orati**ó**nem **me**am; * O God, hear my prayer: give ear to áuribus pércipe verba **o**ris **me**i. the words of my mouth.

Quóniam aliéni insurrexérunt advérsum me, † et fortes quaesiérunt ánimam meam: * et non proposuérunt Deum ante conspéctum suum.

For strangers have risen up against me; and the mighty have sought after my soul: and they have not set God before their eyes.

Ecce enim Deus **ád**ju**vat** me, * et Dóminus suscéptor est **á**nimae **me**ae.

For behold God is my helper: and the Lord is the protector of my soul.

Avérte mala ini**mí**cis **me**is; * et in veritáte tua dis**pér**de **il**los.

Turn back the evils upon my enemies; and cut them off in thy truth.

Voluntárie sacrifi**cá**bo **ti**bi, * et confitébor nómini tuo, Dómine, **quó**niam **bo**num est.

I will freely sacrifice to thee, and will give praise, O God, to thy name: because it is good:

Quóniam ex omni tribulatióne e**ri**pu**í**sti me, * et super inimícos meos despéxit **ó**culus **me**us.

For thou hast delivered me out of all trouble: and my eye hath looked down upon my enemies.

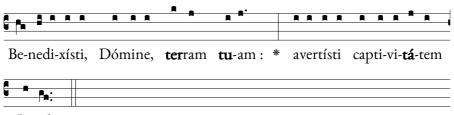
Glória **Pa**tri et **Fí**lio * et Spi**rí**tui **San**cto.

Glory be to the Father and to the Son, and to the Holy Ghost.

Sicut erat in princípio, et **nunc** et **sem**per * et in sáecula saecu**ló**rum. **A**men.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Psalm 84



Ja-cob.

Lord, thou hast blessed thy land: thou hast turned away the captivity of Jacob.

Remisísti iniquitátem **ple**bis **tu**æ : * operuísti ómnia pec**cá**ta e**ó**rum.

Thou hast forgiven the iniquity of thy people: thou hast covered all their sins.

Mitigásti omnem iram tuam : * avertísti ab ira indignatiónis tuæ.

Thou hast mitigated all thy anger: thou hast turned away from the wrath of thy indignation.

Convérte nos, Deus, salutáris noster: * et avérte iram tuam a nobis.

Convert us, O God our saviour: and turn off thy anger from us.

Numquid in ætérnum ira**scé**ris **no**bis? * aut exténdes iram tuam a generatióne in gene**ra**ti**ó**nem? Wilt thou be angry with us for ever: or wilt thou extend thy wrath from generation to generation?

Deus, tu convérsus vi**vi**fic**á**bis nos : * et plebs tua læ**tá**bitur **in** te.

Thou wilt turn, O God, and bring us to life: and thy people shall rejoice in thee.

Osténde nobis, Dómine, misericórdiam **tu**am : * et salutáre **tu**um da **no**bis.

Shew us, O Lord, thy mercy; and grant us thy salvation.

Audiam quid loquátur in me **Dó**minus **De**us : * quóniam loquétur pacem in **ple**bem **su**am. I will hear what the Lord God will speak in me: for he will speak peace unto his people:

Et super **san**ctos **su**os : * et in eos, qui conver**tún**tur **ad** cor.

And unto his saints: and unto them that are converted to the heart.

Verúmtamen prope timéntes eum salutáre ipsíus: * ut inhábitet glória in terra nostra.

Surely his salvation is near to them that fear him: that glory may dwell in our land.

Misericórdia, et véritas obvia**vé**runt **si**bi : * justítia, et pax **os**cu**lá**tæ sunt.

Mercy and truth have met each other: justice and peace have kissed.

Véritas de **ter**ra **or**ta est : * et justítia de **cæ**lo pro**spé**xit.

Truth is sprung out of the earth: and justice hath looked down from heaven.

Etenim Dóminus dabit be**ni**gni**tá**tem : * et terra nostra dabit **fru**ctum **su**um. For the Lord will give goodness: and our earth shall yield her fruit.

Justítia ante eum **am**bu**lá**bit : * et ponet in via **gres**sus **su**os.

Justice shall walk before him: and shall set his steps in the way.

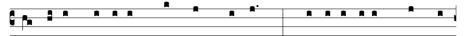
Glória **Pá**tri, et **Fí**lio, * et Spi**rí**tui **Sán**cto.

Glory be to the Father and to the Son, and to the Holy Ghost.

Sicut érat in princípio, et **núnc**, et **sém**per, * et in sæcula sæcul**ó**rum. **A**men.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Psalm 116



Laudá-te Dóminum, omnes Gentes: * laudá-te e-um, omnes



pópu-li:

[Laudáte Dóminum, omnes Gentes: * laudáte eum, omnes pópuli.]

O Praise the Lord, all ye nations: praise him, all ye people.

Quóniam confirmáta est super nos miseri**cór**dia **e**jus: * et véritas Dómini manet **in** æ**tér**num.

For his mercy is confirmed upon us: and the truth of the Lord remaineth for ever.

Glória **Pá**tri, et **Fí**lio, * et Spi**rí**tui **Sán**cto.

Glory be to the Father and to the Son, and to the Holy Ghost.

Sicut érat in princípio, et **núnc**, et **sém**per, * et in sæcula sæcul**ó**rum. **A**men.

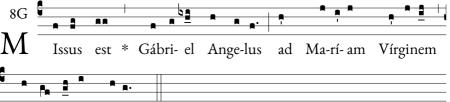
As it was in the beginning, is now, and ever shall be, world without end. Amen.

Repeat the antiphon Assumpta est (page 6) all together. Then proceed to the Capitulum, Quae est ista, page 18.

In Adventu

From the First Vespers of the First Sunday of Advent to None of Christmas





desponsá-tam Jóseph.

The Angel Gabriel was sent to Mary, a Virgin espoused to Joseph.

Psalm 53



De-us, in nómine tu-o salvum me fac: * et in virtúte tu-a júdica



me. Flex: advérsum me, †

[Deus, in nómine tuo sálvum me fac, * et in virtúte tua júdica me.]

Save me, O God, by thy name, and judge me in thy strength.

Deus, exáudi oratiónem **me**am : * áuribus pércipe verba o*ris* **me**i.

O God, hear my prayer: give ear to the words of my mouth.

Quóniam aliéni insurrexérunt advérsum me, † et fortes quæsiérunt ánimam **me**am : * et non proposuérunt Deum ante conspé*ctum* **su**um.

For strangers have risen up against me; and the mighty have sought after my soul: and they have not set God before their eyes.

Ecce enim Deus ádju**vat** me : * et Dóminus suscéptor est áni*ma* **me**æ.

For behold God is my helper: and the Lord is the protector of my soul.

Avérte mala inimícis **me**is : * et in veritáte tua dispér*de* **il**los.

Turn back the evils upon my enemies; and cut them off in thy truth.

Voluntárie sacrificábo **ti**bi, * et confitébor nómini tuo, Dómine : quóni*am* **bo**num est :

I will freely sacrifice to thee, and will give praise, O God, to thy name: because it is good:

Quóniam ex omni tribulatióne eripu**í**sti me : * et super inimícos meos despéxit ócu*lus* **me**us. For thou hast delivered me out of all trouble: and my eye hath looked down upon my enemies.

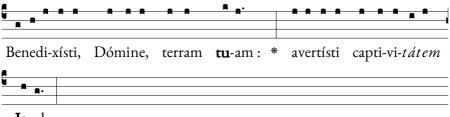
Glória Pátri, et **Fí**lio, * et Spirítu*i* **Sán**cto.

Glory be to the Father and to the Son, and to the Holy Ghost.

Sicut érat in princípio, et núnc, et sémper, * et in sæcula sæculó*rum*. **A**men.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Psalm 84



Jacob.

[Benedixísti, Dómine, terram tuam: * avertísti captivitátem Jacob.]

Remisísti iniquitátem plebis **tu**æ: * operuísti ómnia peccá*ta e***ó**rum.

Mitigásti omnem iram **tu**am : * avertísti ab ira indignati*ónis* **tu**æ.

Convérte nos, Deus, salutáris **no**ster: * et avérte iram tu*am a* **no**bis.

Numquid in ætérnum irascéris **no**-bis? * aut exténdes iram tuam a generatióne in generatiónem?

Deus, tu convérsus vivificábis nos:* et plebs tua lætábitur in te.

Osténde nobis, Dómine, misericórdiam **tu**am : * et salutáre tu*um da* **no**bis.

Audiam quid loquátur in me Dóminus **De**us : * quóniam loquétur pacem in *plebem* **su**am.

Et super sanctos **su**os : * et in eos, qui convertúntur **ad** cor.

Verúmtamen prope timéntes eum salutáre i**psí**us: * ut inhábitet glória in *terra* **no**stra.

Misericórdia, et véritas obviavérunt

Lord, thou hast blessed thy land: thou hast turned away the captivity of Jacob.

Thou hast forgiven the iniquity of thy people: thou hast covered all their sins.

Thou hast mitigated all thy anger: thou hast turned away from the wrath of thy indignation.

Convert us, O God our saviour: and turn off thy anger from us.

Wilt thou be angry with us for ever: or wilt thou extend thy wrath from generation to generation?

Thou wilt turn, O God, and bring us to life: and thy people shall rejoice in thee.

Shew us, O Lord, thy mercy; and grant us thy salvation.

I will hear what the Lord God will speak in me: for he will speak peace unto his people:

And unto his saints: and unto them that are converted to the heart.

Surely his salvation is near to them that fear him: that glory may dwell in our land.

Mercy and truth have met each

sibi: * justítia, et pax osculátæ sunt.

Véritas de terra **or**ta est : * et justítia de c*ælo pro***spé**xit.

Etenim Dóminus dabit benigni**tá**tem : * et terra nostra dabit *fructum* **su**um.

Justítia ante eum ambu**lá**bit : * et ponet in via *gressus* **su**os.

Glória Pátri, et **Fí**lio, * et Spirí*tui* **Sán**cto.

Sicut érat in princípio, et núnc, et sémper, * et in sæcula sæcu*lórum*. **A**men.

other: justice and peace have kissed.

Truth is sprung out of the earth: and justice hath looked down from heaven.

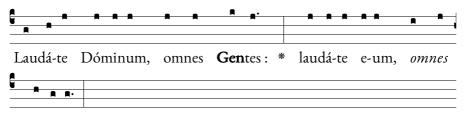
For the Lord will give goodness: and our earth shall yield her fruit.

Justice shall walk before him: and shall set his steps in the way.

Glory be to the Father and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Psalm 116



pópu-li:

[Laudáte Dóminum, omnes Gentes: * laudáte eum, omnes pópuli.]

Quóniam confirmáta est super nos misericórdia **e**jus: * et véritas Dómini manet in **atér**num.

Glória Pátri, et **Fí**lio, * et Spirítu*i* **Sán**cto.

O Praise the Lord, all ye nations: praise him, all ye people.

For his mercy is confirmed upon us: and the truth of the Lord remaineth for ever.

Glory be to the Father and to the Son, and to the Holy Ghost.

Sicut érat in princípio, et núnc, et sémper, * et in sæcula sæculó*rum*. **A**men.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Repeat the antiphon Missus est (page 10) all together. Then proceed to the Capitulum, Ecce Virgo, page 19.

Post Nativitatem

of admi-rábi-le commérci- um! * Cre-átor gené-ris humáni, animá- tum córpus sumens, de Vírgine nasci digná- tus
est: et procédens homo si-ne sémine, largí-tus est nobis su-am

de- i-tá-tem.

How wonderful is the dealing here.
The Maker of man hath taken to Himself a living body, and hath been pleased to be born of the Virgin
He is come forth conceived without seed, and hath made us partakers of His Divine nature.

Psalm 53



De-us, in nómine tu-o salvum me fac: * et in virtúte tu-a júdica



me. *Flex*: advérsum me, † [Deus, in nómine tuo sálvum me fac, * et in virtúte tua júdica me.]

Deus, exáudi oratiónem **me**am : * áuribus pércipe verba *oris* **me**i.

Quóniam aliéni insurrexérunt advérsum me, † et fortes quæsiérunt áni*mam* meam : * et non proposuérunt Deum ante con*spéctum* suum.

Ecce enim Deus ád*juvat* me : * et Dóminus suscéptor est á*nima* meæ.

Avérte mala inimí*cis* **me**is : * et in veritáte tua di*spérde* **il**los.

Voluntárie sacrificá*bo* **ti**bi, * et confitébor nómini tuo, Dómine : quóniam **bo**num est :

Quóniam ex omni tribulatióne eripu**í**sti me : * et super inimícos meos despéxit óculus **me**us.

Glória Pátri, et **Fí**lio, * et Spirítui **Sán**cto.

Sicut érat in princípio, et núnc, *et* **sém**per, * et in sæcula sæcu*lórum*.

Save me, O God, by thy name, and judge me in thy strength.

O God, hear my prayer: give ear to the words of my mouth.

For strangers have risen up against me; and the mighty have sought after my soul: and they have not set God before their eyes.

For behold God is my helper: and the Lord is the protector of my soul.

Turn back the evils upon my enemies; and cut them off in thy truth.

I will freely sacrifice to thee, and will give praise, O God, to thy name: because it is good:

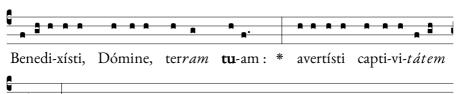
For thou hast delivered me out of all trouble: and my eye hath looked down upon my enemies.

Glory be to the Father and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without

Amen. end. Amen.

Psalm 84



Jacob.

[Benedixísti, Dómine, terram tuam: * avertísti captivitátem Jacob.]

Remisísti iniquitátem ple*bis* **tu**æ : * operuísti ómnia peccá*ta* e**ó**rum.

Mitigásti omnem i*ram* **tu**am : * avertísti ab ira indignati*ónis* **tu**æ.

Convérte nos, Deus, salutáris **no**ster: * et avérte iram tu*am a* **no**bis.

Numquid in ætérnum irascéris **no**bis? * aut exténdes iram tuam a generatióne in generatiónem?

Deus, tu convérsus vivificábis nos:* et plebs tua lætábitur in te.

Osténde nobis, Dómine, misericórdi*am* tuam : * et salutáre tu*um da* **no**bis. Lord, thou hast blessed thy land: thou hast turned away the captivity of Jacob.

Thou hast forgiven the iniquity of thy people: thou hast covered all their sins.

Thou hast mitigated all thy anger: thou hast turned away from the wrath of thy indignation.

Convert us, O God our saviour: and turn off thy anger from us.

Wilt thou be angry with us for ever: or wilt thou extend thy wrath from generation to generation?

Thou wilt turn, O God, and bring us to life: and thy people shall rejoice in thee.

Shew us, O Lord, thy mercy; and grant us thy salvation.

Audiam quid loquátur in me Dómi*nus* **De**us : * quóniam loquétur pacem in *plebem* **su**am.

Et super sanctos **su**os: * et in eos, qui convertúntur **ad** cor.

Verúmtamen prope timéntes eum salutáre *i***psí**us: * ut inhábitet glória in *terra* **no**stra.

Misericórdia, et véritas obviavé*runt* sibi : * justítia, et pax *oscul*átæ sunt.

Véritas de ter*ra* **or**ta est : * et justítia de c*ælo pro***spé**xit.

Etenim Dóminus dabit beni*gnit*átem: * et terra nostra dabit *fructum* suum.

Justítia ante eum am*bulá*bit : * et ponet in via *gressus* **su**os.

Glória Pátri, et **Fí**lio, * et Spirítui **Sán**cto.

Sicut érat in princípio, et núnc, *et* **sém**per, * et in sæcula sæcu*lórum*. **A**men.

I will hear what the Lord God will speak in me: for he will speak peace unto his people:

And unto his saints: and unto them that are converted to the heart.

Surely his salvation is near to them that fear him: that glory may dwell in our land.

Mercy and truth have met each other: justice and peace have kissed.

Truth is sprung out of the earth: and justice hath looked down from heaven.

For the Lord will give goodness: and our earth shall yield her fruit.

Justice shall walk before him: and shall set his steps in the way.

Glory be to the Father and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Psalm 116



Laudá-te Dóminum, omnes Gentes: * laudá-te e-um, omnes



pópu-li:

[Laudáte Dóminum, omnes Gentes: * laudáte eum, omnes pópuli.]

Quóniam confirmáta est super nos misericórdia **e**jus: * et véritas Dómini manet *in a***tér**num.

Glória Pátri, et **Fí**lio, * et Spirítui **Sán**cto.

Sicut érat in princípio, et núnc, *et* **sém**per, * et in sæcula sæcu*lórum*. **A**men.

O Praise the Lord, all ye nations: praise him, all ye people.

For his mercy is confirmed upon us: and the truth of the Lord remaineth for ever.

Glory be to the Father and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Repeat the antiphon O admirabile (page 14) all together. Then proceed to the Capitulum, Quae est ista below.

Capitulum

Outside Advent:

Quae est ista, quae progréditur quasi auróra consúrgens, † pulchra ut luna, elécta ut sol, * terríbilis ut castrórum ácies ordináta.

R7. Deo gratias.

V. Dignáre me laudáre te, Virgo sacráta.

Cant. 6: 9.

Who is she that cometh forth like the rising dawn, fair as the moon, clear as the sun, terrible as a fenced camp set in battle array?

Thanks be to God.

Vouchsafe that I may praise thee, O sacred Virgin.

Ry. Da mihi virtútem contra hostes tuos.

Give me strength against thine enemies.

In Advent:

Ecce Virgo concípiet, et páriet fílium, † et vocábitur nomen ejus Emmánuel. * Butýrum et mel cómedet, ut sciat reprobáre malum, et elígere bonum.

R7. Deo gratias.

V. Angelus Dómini nuntiávit Maríae.

R7. Et concépit de Spíritu Sancto.

Isaiae 7: 14, 15.

Behold, a Virgin shall conceive and bear a son, and his name shall be called Emmanuel. Butter and honey shall he eat, that he may know to refuse the evil, and choose the good. Thanks be to God.

The angel of the Lord declared unto Mary.

And she conceived by the Holy Spirit.

Collect

V. Dómine exáudi oratiónem meam.R. Et clamor meus ad te véniat.Orémus.

O Lord, hear my prayer. And let my cry come unto thee Let us pray.

Most of the year:

Deus, qui virginálem aulam beátae Maríae, in qua habitáres, elígere dignátus es: † da, quaésumus; ut sua nos defensióne munítos, jucúndos fácias suae interésse commemoratióni. Qui vivis et regnas cum Deo Patre in unitáte Spíritus Sancti Deus, per ómnia saécula saeculórum.

R7. Amen.

O God, Who wast pleased to choose for thy dwelling-place the maiden palace of Blessed Mary, grant, we beseech thee, that her protection may shield us, and make us glad in her commemoration. Who lives and reigns with God the Father in the unity of the Holy Spirit, one God, world without end.

Amen.

In Advent:

Deus, qui de beátae Maríae Vírginis útero Verbum tuum, Angelo nuntiánte, carnem suscípere voluísti: † praesta supplícibus tuis; ut, qui vere eam Genetrícem Dei crédimus, * ejus apud te intercessiónibus adjuvémur. Per eúmdem Dóminum nostrum Jesum Christum, Fílium tuum, † qui tecum vivit et regnat in unitáte Spíritus Sancti Deus, * per ómnia saécula saeculórum.

R7. Amen.

Post Nativitatem:

Deus, qui salutis ætérnæ, beátae Maríæ virginitáte fecúnda, humáno géneri præmia præstitísti: † tríbue, quæsumus; ut ipsam pro nobis intercédere sentiámus, * per quam merúimus auctórem vitæ suscípere, Dóminum nostrum Jesum Christum Fílium tuum, † qui tecum vivit et regnat in unitáte Spíritus Sancti Deus, * per ómnia saécula saeculórum.

R7. Amen.

Ending with:

V. Dómine exáudi oratiónem meam.

R7. Et clamor meus ad te véniat.

V. Benedicámus Dómino.

R7. Deo grátias.

O God, who didst please that Thy Word should take flesh at the message of an Angel in the womb of the Blessed Virgin Mary, grant to us Thy suppliants, that we, who believe her to be truly the Mother of God, may be helped by her intercession with Thee. Through the same our Lord Jesus Christ, Thy Son, who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end.

Amen.

O God, Who by the fruitful virginity of blessed Mary, hast given to mankind the rewards of eternal salvation: grant, we beseech You, that we may experience her intercession for us, by whom we deserved to receive the Author of life, our Lord Jesus Christ, Your Son, who with Thee lives and reigns in the unity of the Holy Spirit, one God, world without end.

Amen.

O Lord, hear my prayer. And let my cry come unto thee Let us bless the Lord. Thanks be to God. V. Fidélium ánimae per misericórdiam Dei requiéscant in pace.

R7. Amen.

May the souls of the faithful departed through the mercy of God rest in peace.

Amen.

MAGNIFICAT FROM VESPERS

Magníficat ★ * ánima méa Dóminum.

My soul doth magnify the Lord.

Et exsultávit spíritus méus * in Déo salutári méo.

And my spirit hath rejoiced in God my Saviour.

Quia respéxit humilitátem ancíllae súæ: * ecce enim ex hoc beátam me dícent ómnes generatiónes.

Because he hath regarded the humility of his handmaid: for behold from henceforth all generations shall call me blessed.

Quia fécit míhi mágna qui pótens est: * et sánctum nómen éjus.

Because he that is mighty hath done great things to me: and holy is his name.

Et misericórdia éjus a progénie in progénies * timéntibus éum.

And his mercy is from generation unto generations, to them that fear him.

Fécit poténtiam in bráchio súo: * dispérsit supérbos ménte córdis súi.

He hath shewed might in his arm: he hath scattered the proud in the conceit of their heart.

Depósuit poténtes de séde, * et exaltávit húmiles.

He hath put down the mighty from their seat and hath exalted the humble

Esuriéntes implévit bónis: * et dívites dimísit inánes.

He hath filled the hungry with good things: and the rich he hath sent empty away.

Suscépit Israel púerum súum, * recordátus misericórdiæ súæ.

He hath received Israel his servant, being mindful of his mercy.

Sicut locútus est ad pátres nóstros, * Abraham et sémini éjus in saécula.

Glória Pátri, et Fílio, * et Spirítui Sáncto.

Sicut érat in princípio, et núnc, et sémper, * et in sæcula sæculórum. Amen.

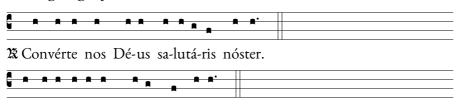
As he spoke to our fathers: to Abraham and to his seed for ever.

Glory be to the Father and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

COMPLINE FROM THE LITTLE OFFICE OF THE BLESSED VIRGIN MARY

Making a sign of the cross with the thumb over the heart:



🕱 Et avérte í-ram tú-am a nóbis.

V. Convert us, O God, our Saviour. R7. And turn away thy wrath from us. *Making the sign of the cross:*



Laus tíbi Dómine Rex ætérnæ gló-ri-æ.

♥. O God, come to my assistance. R7. O Lord, make haste to help me. Glory be...

Psalmody

Usually sit at the first asterisk for each psalm, rise at the asterisk for the last verse of the psalm ready to bow for the Gloria Patri, upright for Sicut erat, then remain standing until the first asterisk of the next psalm.

Psalm 128



Sæpe expugnavérunt me a juventúte me-a, * di-cat nunc Isra-ël:

[Saepe expugnaverunt me a juventute mea * dicat nunc Israel.]

Sæpe expugnavérunt me a juven*túte* **me**a: * étenim non potuérunt mihi.

Supra dorsum meum fabricavérunt peccatóres: * prolongavérunt iniquitátem suam.

Dóminus justus concídit cervíces *peccat*órum : * confundántur et convertántur retrórsum omnes, qui odérunt Sion.

Fiant sicut fæ*num te***ctó**rum : * quod priúsquam evellátur exáruit :

De quo non implévit manum su*am qui* **me**tit : * et sinum suum qui manípulos cólligit.

Often have they fought against me from my youth, let Israel now say.

Often have they fought against me from my youth: but they could not prevail over me.

The wicked have wrought upon my back: they have lengthened their iniquity.

The Lord who is just will cut the necks of sinners: Let them all be confounded and turned back that hate Sion.

Let them be as grass upon the tops of houses: which withereth before it be plucked up:

Who with the mower filleth not his hand: nor he that gathereth sheaves his bosom.

Et non dixérunt qui præteríbant : Benedíctio Dómini **su**per vos : * benedíximus vobis in nómine Dómini.

Glória Pá*tri*, *et* **Fí**lio, * et Spirítui Sáncto.

Sicut érat in princípio, et *núnc*, *et* **sém**per, * et in sæcula sæculórum. Amen.

And they that passed by have not said: The blessing of the Lord be upon you: we have blessed you in the name of the Lord.

Glory be to the Father and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Psalm 129



De profúndis clamávi ad te, Dómine: * Dómine, exáudi vocem



me-am:

[De profundis clamavi ad te, Domine: * Domine, exáudi vocem meam.]

Fiant aures tuæ *inten*déntes : * in vocem deprecatiónis meæ.

Si iniquitátes observá*veris*, **D6**mine: *Dómine, quis sustinébit?

Quia apud te propiti*áti* est : * et propter legem tuam sustínui te, Dómine.

Sustinuit ánima mea in *verbo* **e**jus : * sperávit ánima mea in Dómino.

Out of the depths I have cried to thee, O Lord: Lord, hear my voice.

Let thy ears be attentive to the voice of my supplication.

If thou, O Lord, wilt mark iniquities: Lord, who shall stand it.

For with thee there is merciful forgiveness: and by reason of thy law, I have waited for thee, O Lord.

My soul hath relied on his word: my soul hath hoped in the Lord.

A custódia matutína us*que ad* **no**ctem: * speret Israël in Dómino.

Quia apud Dóminum misericórdia: * et copiósa apud eum redémptio.

Et ipse réd*imet* **Is**raël : * ex ómnibus iniquitátibus ejus.

Glória Pá*tri*, *et* **Fí**lio, * et Spirítui Sáncto.

Sicut érat in princípio, et *núnc*, *et* **sém**per, * et in sæcula sæculórum. Amen.

From the morning watch even until night, let Israel hope in the Lord.

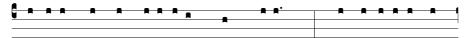
Because with the Lord there is mercy: and with him plentiful redemption.

And he shall redeem Israel from all his iniquities.

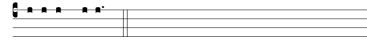
Glory be to the Father and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Psalm 130



Dómine, non est exaltátum cor me-um: * neque e-lá-ti sunt



ócu-li me-i.

[Domine, non est exaltátum cor meum: neque eláti sunt óculi mei.]

Neque ambulávi in **ma**gnis : * neque in mirabílibus super me.

Si non humíliter *sentié*bam : * sed exaltávi ánimam meam.

Lord, my heart is not exalted: nor are my eyes lofty.

Neither have I walked in great matters, nor in wonderful things above me.

If I was not humbly minded, but exalted my soul:

Sicut ablactátus est super *matre* **su**a: * ita retribútio in ánima mea.

Speret Isra*ël in* **D6**mino : * ex hoc nunc et usque in sáculum.

Glória Pá*tri*, *et* **Fí**lio, * et Spirítui Sáncto.

Sicut érat in princípio, et *núnc*, *et* **sém**per, * et in sæcula sæculórum. Amen.

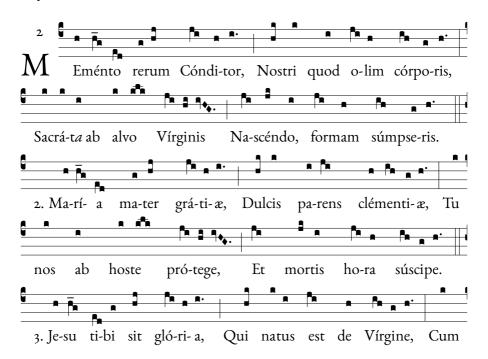
As a child that is weaned is towards his mother, so reward in my soul.

Let Israel hope in the Lord, from henceforth now and for ever.

Glory be to the Father and to the Son, and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Hymn





Patre et almo Spí-ri-tu, in sempi-térna sæcu-la. A-men.

I. Remember, O creator Lord,That in the Virgin's sacred wombThou wast conceived, and of her flesh

Didst our mortality assume.

2. Mother of grace, O Mary blest, To thee, sweet fount of love, we fly; Shield us through life, and take us hence

To thy dear bosom when we die.

3. O Jesu, born of Virgin bright, Immortal glory be to thee; Praise to the Father infinite, And Holy Ghost eternally. Amen.

Little Chapter

Outside Advent:

Ego mater pulchrae dilectiónis, † et timóris, et agnitiónis, * et sanctae spei.

R7. Deo gratias.

V. Ora pro nobis, sancta Dei Génitrix

Ry. Ut digni efficiámur promissiónibus Christi

Eccli. 24: 24.

I am the mother of fair love, and of fear, and of knowledge and of holy hope.

Thanks be to God.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ

In Advent:

Ecce Virgo concípiet, et páriet fílium, † et vocábitur nomen ejus Emmánuel. * Butýrum et mel cómedet, ut sciat reprobáre malum, et elígere bonum.

R7. Deo gratias.

Isaiae 7: 14, 15.

Behold, a Virgin shall conceive and bear a son, and his name shall be called Emmanuel. Butter and honey shall he eat, that he may know to refuse the evil, and choose the good. Thanks be to God.

V. Angelus Dómini nuntiávit Maríae.

R7. Et concépit de Spíritu Sancto.

The angel of the Lord declared unto Mary.

And she conceived by the Holy Spirit.

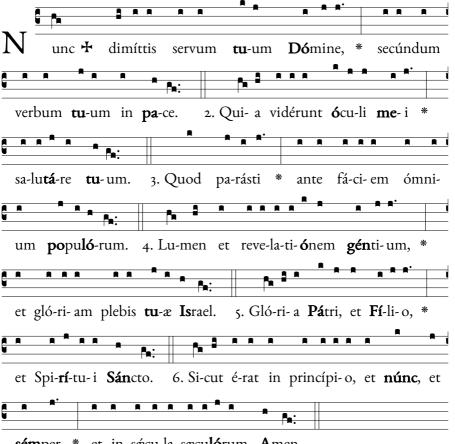
Canticle

During the year:



be- ne-dícta

We take refuge * under thy protection, O holy Mother of God! Despise not our supplications in our need, But deliver us alway from all dangers, O Virgin, glorious and blessed!



sémper, * et in sæcu-la sæculórum. Amen.

Now thou dost dismiss thy servant, O Lord, * according to thy word in peace;

Because my eyes have seen * thy salvation,

Which thou hast prepared * before the face of all peoples:

A light to the revelation of the Gentiles, * and the glory of thy people Israel.

Glory be to the Father, and to the Son, * and to the Holy Ghost.

As it was in the beginning, is now, * and ever shall be, world without end. Amen.

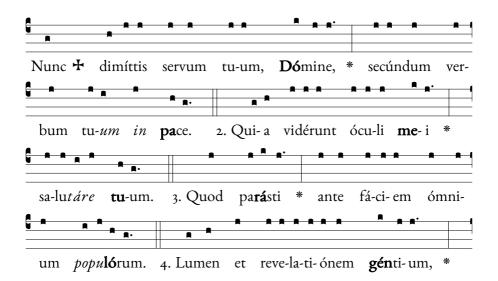
Repeat the antiphon Sub tuum all together.

Now go to the collect on page 36.

In Advent:



The Holy Spirit shall descend upon thee O Mary: fear not, thou shalt have in thy womb the Son of God, alleluia.





sémper, * et in sæcu-la sæcu*lórum*. **A**men.

Repeat the antiphon Spiritus sanctus all together.

Now go to the collect on page 36.

In Christmas:

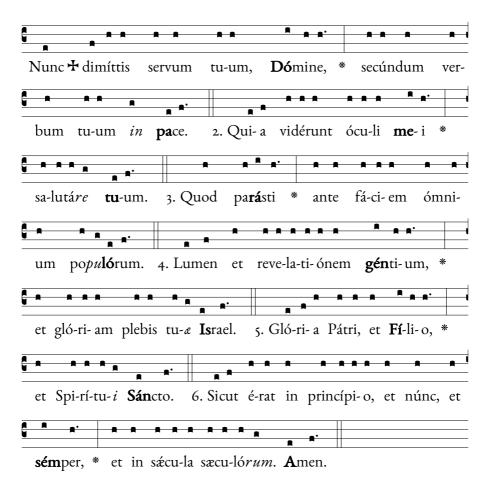


A great mystery of heritage,

The womb that never knew man, is made the temple of the Holy Ghost:

He is not polluted by taking flesh of her:

All nations shall come, saying: Glory be to Thee o Lord.



Repeat the antiphon Magnum haereditatis mysterium all together.

Now go to the collect on page 36.

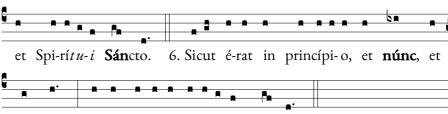
In Easter:



O Queen of heaven, rejoice, alleluia. For He whom thou didst merit to bear, alleluia. Is risen as He said, alleluia.

Pray for us to God, alleluia.





sémper, * et in sæcu-la sæcu*lórum*. **A**men.

Repeat the antiphon Regina caeli all together.

Collect

Ø. Dómine exáudi oratiónem meam.
R. Et clamor meus ad te véniat.
Orémus.

O Lord, hear my prayer. And let my cry come unto thee Let us pray.

Outside Advent:

Beátae et gloriásae semper Vírginis Maríae, quaésumus Dómine, intercéssio gloriósa nos prótegat, et ad vitam perdúcat aetérnam. Per Dóminum nostrum Iesum Christum, Filium tuum: qui tecum vivit et regnat in unitáte Spíritus Sancti Deus, per ómnia sæcula sæculórum.

R7. Amen.

In Advent:

Deus, qui de beátae Maríae Vírginis útero Verbum tuum, Angelo nuntiánte, carnem suscípere voluísti: † praesta supplícibus tuis; ut, qui vere eam Genetrícem Dei crédimus, Lord pray thee, that the glorious intercession of Mary, blessed, and glorious, and everlastingly Virgin, may shield us and bring us on toward eternal life. Through Jesus Christ, thy Son our Lord, Who liveth and reigneth with thee, in the unity of the Holy Ghost, ever one God, world without end.

O God, who didst please that Thy Word should take flesh at the message of an Angel in the womb of the Blessed Virgin Mary, grant to us Thy suppliants, that we, who be-

Amen.

* ejus apud te intercessiónibus adjuvémur. Per eúmdem Dóminum nostrum Jesum Christum, Fílium tuum, † qui tecum vivit et regnat in unitáte Spíritus Sancti Deus, * per ómnia saécula saeculórum.

Rz. Amen.

Ending with:

V. Dómine exáudi oratiónem meam.

Ry. Et clamor meus ad te véniat.

V. Benedicámus Dómino.

R7. Deo grátias.

Benedícat et custódiat nos omnípotens et miséricors Dóminus, Pater, † et Fílius et Spíritus Sanctus.

R7. Amen.

lieve her to be truly the Mother of God, may be helped by her intercession with Thee. Through the same our Lord Jesus Christ, Thy Son, who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end.

Amen.

O Lord, hear my prayer.

And let my cry come unto thee

Let us bless the Lord. Thanks be to God.

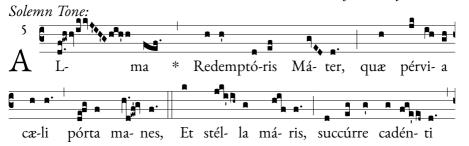
May the almighty and merciful Lord bless us, Father, Son and Holy Ghost.

Amen.

The appropriate Marian Antiphon is sung, standing in Paschal time and from Saturday Vespers to Sunday Compline, otherwise kneeling.

Marian Antiphons

From Vespers of Saturday before the First Sunday in Advent until the 1st of February inclusive.





Loving Mother of our Saviour, hear thou thy people's cry

Star of the deep and Portal of the sky!

Mother of Him who thee made from nothing made.

Sinking we strive and call to thee for aid:

Oh, by what joy which Gabriel brought to thee,

Thou Virgin first and last, let us thy mercy see.

In Advent:

V. Angelus Dómini nuntiávit Maríæ.

R7. Et concépit de Spíritu Sancto.

Orémus.

Grátiam tuam, quæsumus Dómine, méntibus nostris infúnde: † ut qui, Angelo nuntiánte, Christi Fílii tui Incarnatiónem cognóvimus, * per passiónem ejus et crucem ad resurrectiónis glóriam perducámur. Per éumdem Christum Dóminum nostrum. R. Amen.

The angel of the Lord declared unto Mary.

And she conceived by the Holy Spirit.

Let us pray.

Pour forth, we beseech thee, O Lord, thy grace into our hearts, that we to whom the incarnation of Christ thy Son was made known by the message of an angel, may by his Passion and Cross be brought to the glory of his resurrection. Through the same Christ our Lord. Amen.

From the first Vespers of Christmas onwards:

V. Post partum Virgo invioláta permansísti.

Ry. Dei Génitrix, intercéde pro nobis.

Orémus.

Deus, qui salutis ætérnæ, beátae Maríæ virginitáte fecúnda, humáno géneri præmia præstitísti : † tríbue, quæsumus; ut ipsam pro nobis intercédere sentiámus, * per quam merúimus auctórem vitæ su-

After childbirth, O Virgin, thou didst remain inviolate.

O Mother of God, plead for us.

Let us pray.

O God, Who by the fruitful virginity of blessed Mary, hast given to mankind the rewards of eternal salvation: grant, we beseech You, that we may experience her intercession for us, by whom we deserved to re-

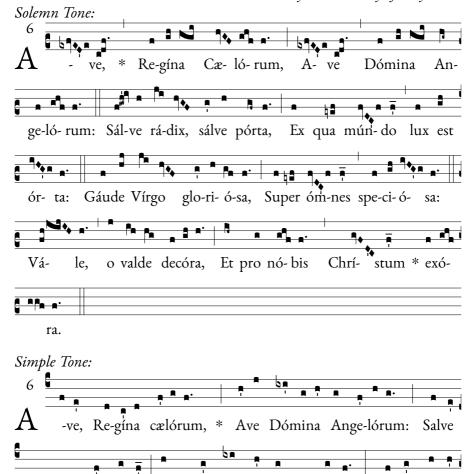
scípere, Dóminum nostrum Jesum Christum Fílium tuum. Ry. Amen W. Divínum auxílium máneat semper nobíscum. Ry. Amen.

ceive the Author of life, our Lord Jesus Christ, Your Son. Amen.

May the divine assistance remain always with us.

Amen.

From 2nd February to Wednesday of Holy Week.



radix, salve porta, Ex qua mundo lux est orta: Gaude Virgo



pro no-bis Christum exó-ra.

Hail, Queen of heaven;

Hail, Mistress of the Angels;

Hail, root of Jesse;

Hail, the gate through which the Light rose over the earth.

Rejoice, Virgin most renowned and of unsurpassed beauty.

Farewell, O most beautiful one, and pray for us to Christ.

V. Dignáre me laudáre te, Virgo sacráta.

R7. Da mihi virtútem contra hostes

Orémus

Concéde, miséricors Deus, fragilitáti nostræ præsídium: † ut qui sanctæ Dei Genitrícis memóriam ágimus, * intercessiónis ejus auxílio, a nostris iniquitátibus resurgámus. Per eúmdem Christum Dóminum nostrum. Ry. Amen

V. Divínum auxílium máneat semper nobíscum.

R. Amen.

Vouchsafe that I may praise thee, O sacred Virgin.

Give me strength against thine enemies.

Let us pray.

We beseech thee, O Lord, mercifully to assist our infirmity: that like as we do now commemorate Blessed Mary Ever-Virgin, Mother of God; so by the help of her intercession we may die to our former sins and rise again to newness of life. Through the same Christ our Lord. Amen.

May the divine assistance remain always with us.

Amen.

From Easter Sunday through Friday in the octave of Pentecost inclusive.





nobis De-um, alle-lú- ia.

Queen of heaven, rejoice, alleluia. For He whom thou didst merit to bear, alleluia, has risen as he said, alleluia. Pray to God for us, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia.

For the Lord has truly risen, alleluia.

V. Gaude et lætáre Virgo María, allelúia.

Ry. Quia surréxit Dóminus vere, allelúia.

Orémus.

Deus, qui per resurrectiónem Fílii tui Dómini nostri Jesu Christi mundum lætificáre dignatus es: † præsta, quæsumus; ut per ejus Genitrícem Vírginem Maríam, * perpétuæ capíamus gáudia vitæ. Per eúmdem Christum Dóminum nostrum. Ry. Amen.

V. Divínum auxílium máneat semper nobíscum.

R7. Amen.

Rejoice and be glad O Virgin Mary, alleluia.

For the Lord has risen indeed, alleluia

Let us pray.

O God, who through the resurrection of Thy Son our Lord Jesus Christ didst vouchsafe to give joy to the world: grant, we beseech thee, that through His Mother, the Virgin Mary, we may obtain the joys of everlasting life. Through Christ our Lord. Amen.

May the divine assistance remain always with us.

Amen.

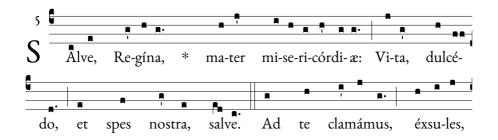
From Saturday after the Octave of Pentecost through Friday before the first Saturday of Advent inclusive.

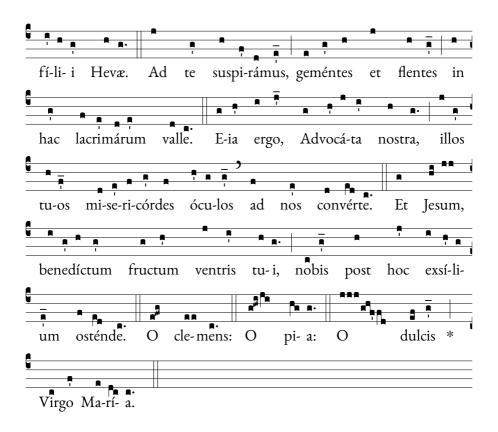


dulcé- do, et spes nóstra, sal-ve. Ad te clamá- mus, éxsu-



Simple Tone:





Hail, holy Queen, Mother of mercy, hail, our life, our sweetness, and our hope. To thee do we cry, the children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus: O clement, O loving, O sweet Virgin Mary.

V. Ora pro nobis sancta Dei Génitrix.

Ry. Ut digni efficiámur promissiónibus Christi.

Orémus.

Omnípotens sempitérne Deus, qui gloriósae Vírginis Matris Maríæ corpus et ánimam, ut dignum Fílii tui habitáculum éffici mererétur, Spíritu Sancto cooperánte præparásti: † da, ut cujus commemoratióne lætámur, * ejus pia intercessióne ab instántibus malis et a mortis perpétua liberémur. Per eúmdem Christum Dóminum nostrum. Ry. Amen.

V. Divínum auxílium máneat semper nobíscum.

Rz. Amen.

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

Let us pray.

Almighty, everlasting God, who by the co-operation of the Holy Spirit didst prepare the body and soul of the glorious Virgin-Mother Mary to become a dwelling-place meet for thy Son: grant that as we rejoice in her commemoration; so by her fervent intercession we may be delivered from present evils and from everlasting death. Through the same Christ our Lord. Amen.

May the divine assistance remain always with us.

Amen.

Original Hymn

