


Sextam - Midday Prayer

Making the sign of the cross:



D E-us ✠ in adju-tó-ri-um mé-um inténde. ☩ Dómine ad adjuvándum me festína. Gló-ri-a Pátri, et Fí-li-o, et Spi-rí-tu-i Sáncto.
 O God, come to my assistance. O Lord, make haste to help me.
 Glory be to the Father and the Son and to the Holy Ghost.

Sic-ut é-rat in princí-pi-o, et nunc, et semper, et in sǣcu-la sǣcu-ló-rum. Amen. Allelú-ia. Or: Laus tí-bi Dómine Rex ætérnæ gló-ri-æ.
 As it was in the beginning is now, and ever shall be to ages of ages.
 Praise to thee Lord, King of eternal glory.

Hymn

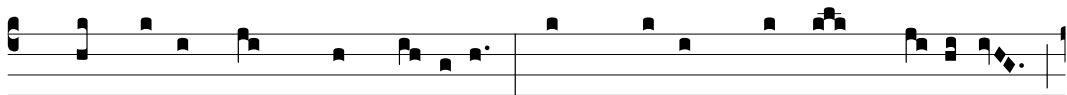


M Eménto re-rum Cóndi-tor, Nostri quod o-lim córpo-ris,
 Remember, Maker of all things, That once the form of our flesh

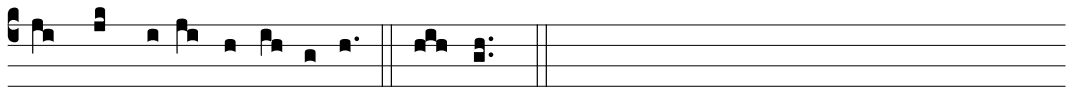
Sacrá-ta ab alvo Vírgi-nis Na-scéndo, formam sumpse-ris.
 From the Virgin's sacred womb Being born, thou didst take on.

2. Ma-rí-a ma-ter grá-ti-æ, Dulcis pa-rens clémenti-æ, Tu nos ab ho-
 Mary, Mother of grace, Sweet parent of clemency, Thou protect us from the enemy

ste pró-tege, Et mortis ho-ra súscipe. 3. Je-su tí-bi sit gló-ri-a,
 And receive us at the hour of death. Jesu, to Thee be glory,



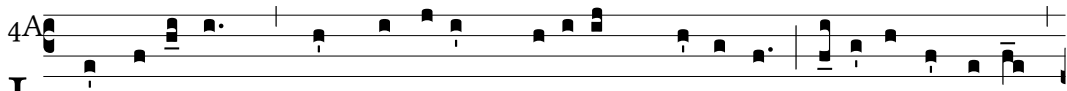
Qui na-tus est de Vírgine, Cum Patre et almo Spí-ri-tu,
Who wast born of the Virgin, With the Father and the loving Spirit,



in sempi-térna sæcu-la. A- men.
Unto sempiternal ages.

Psalmody

Usually sit at the first asterisk for each psalm, rise at the asterisk for the last verse of the psalm ready to bow for the Gloria Patri, upright for Sicut erat, then remain standing until the first asterisk of the next psalm.

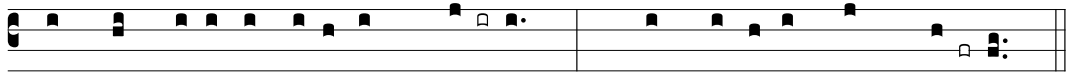


I N odó-rem * unguentórum tu-órum cúrrimus: ado-lescéntu-læ
In the odour of sweetness, we run after thee. The young maids love thee heartily.



di-le-xé-runt te ni-mis. T. P. Alle-lú-ia.

Psalm 122



Ad te levá-vi ócu-los me- os, * qui há-bi-tas in cæ- lis.
To thee have I lifted up my eyes, who dwellest in heaven.

2. Ecce sicut óculi **servórum**, * in mánibus dominórum **suórum**.

Behold as the eyes of the servants are on the hands of their masters,

3. Sicut óculi ancillæ in mánibus dómínæ **suæ** : * ita óculi nostri ad Dóminum, Deum nostrum, donec misereátur **nostri**.

As the eyes of the handmaid are on the hands of her mistress: so are our eyes unto the Lord our God, until he have mercy on us.

4. Miserére nostri, Dómine, miserére **nostri** : * quia multum repléti sumus **despectióne** :

Have mercy on us, O Lord, have mercy on us: for we are greatly filled with contempt.

5. Quia multum repléta est **ánima nostra** : * oppróbrium abundántibus, et despécio **supérbis**.

For our soul is greatly filled: we are a reproach to the rich, and contempt to the proud.

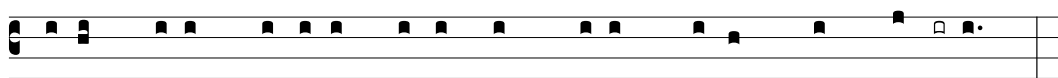
6. Glória Pátri, et Fílio, * et Spirítui Sáncto.

Glory be to the Father and to the Son, and to the Holy Ghost.

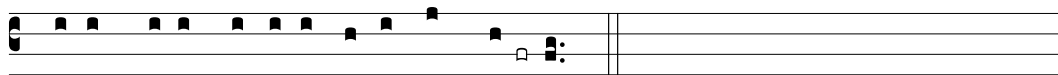
7. Sicut érat in princípio, et nún-c, et sém-per, * et in sæcula sæculórum. Amen.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Psalm 123



Ni-si qui-a Dóminus e-rat in nobis, di-cat nunc Isra-ël : *
If it had not been that the Lord was with us, let Israel now say:



ni-si qui-a Dóminus *e-rat in no-* bis,
If it had not been that the Lord was with us,

2. Cum exsúrgerent hómines **in** nos, * forte vivos *deglutí*ssent nos :

When men rose up against us, perhaps they had swallowed us up alive.

3. Cum irascerétur furor eórum **in** nos, * fórsitan aqua *absorbuí*ssent nos.

When their fury was enkindled against us, perhaps the waters had swallowed us up.

4. Torrénthem pertransívit *ánima* **nostra** : * fórsitan pertransísset *ánima* nostra aquam *intolerábilem*.

Our soul hath passed through a torrent: perhaps our soul had passed through a water insupportable.

5. *Benedíctus* Dóminus * qui non dedit nos, in captiónem *déntibus* eórum.

Blessed be the Lord, who hath not given us to be a prey to their teeth.

6. *Anima* nostra sicut passer *erépta* est * de *láqueo* *venántium*.

Our soul hath been delivered as a sparrow out of the snare of the fowlers.

7. *Láqueus* *contrítus* est, * et nos *liberáti* sumus.

The snare is broken, and we are delivered.

8. *Adjutórium* nostrum in *nómine* Dómini, * qui fecit *cælum et terram*.

Our help is in the name of the Lord, who made heaven and earth.

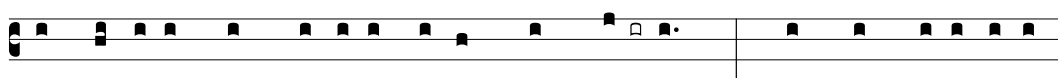
9. Glória *Pátri, et Fílio*, * et *Spirítui Sáncto*.

Glory be to the Father and to the Son, and to the Holy Ghost.

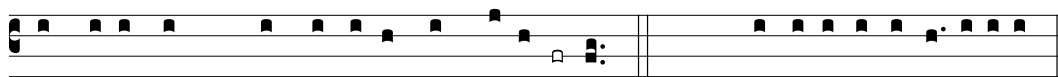
10. Sicut érat in *princípio*, et *núnc, et sémp*er, * et in *sæcula sæculórum*. Amen.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

Psalm 124



Qui confidunt in Dómino, si-cut mons Si- on : * non commové-bi-tur
They that trust in the Lord shall be as mount Sion: he shall not be moved



in ætérnum, qui há-bi-tat in Jerúsa-lem. *Flex* : circú-i-tu e-jus : †
for ever that dwelleth in Jerusalem.

2. Montes in circúitu ejus : † et Dóminus in circúitu *pópuli sui*, * ex hoc nunc et *usque in sæculum*.

Mountains are round about it: so the Lord is round about his people from henceforth now and for ever.

3. Quia non relínquet Dóminus virgam peccatórum super sortem *justórum* : * ut non exténdant *justi* ad *iniquitátem manus suas*.

For the Lord will not leave the rod of sinners upon the lot of the just: that the just may not stretch forth their hands to iniquity.

4. **Bénéfac, Dómine, bonis, * et rectis corde.**

Do good, O Lord, to those that are good, and to the upright of heart.

5. **Declinántes autem in obligatiónes addúcet Dóminus cum operántibus iniquitátem : * pax super Israël.**


But such as turn aside into bonds, the Lord shall lead out with the workers of iniquity: peace upon Israel.

6. **Glória Pátri, et Fílio, * et Spirítui Sáncto.**

Glory be to the Father and to the Son, and to the Holy Ghost.

7. **Sicut érat in princípío, et núnc, et sémpér, * et in sæcula sæculórum. Amen.**

As it was in the beginning, is now, and ever shall be, world without end. Amen.




I N odó-rem unguentórum tu-órum cúrrimus: ado-lescéntu-læ
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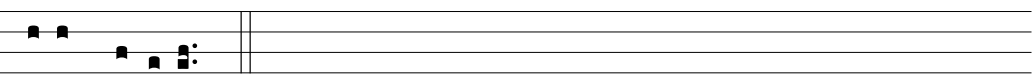
Chapter



E t radi-cá-vi in pópu-lo hono-ri-fi-cá-to, † et in parte De-i me-i
And I took root among the honourable people; even in the portion of my God,



he-rédi-tas il-lí-us * et in pleni-tú-dine sanctórum de-ténti-o me-a.
as His own inheritance, and mine abiding was in the full assembly of the Saints.



De-o grá-ti-as.
Thanks be to God.

Ÿ. **Benedicta tu in mulieribus.**

Blessed art thou among women.

Ŕ. **Et benedictus fructus ventris tui.**

And blessed is the fruit of thy womb.

Collect

℣. Dómine, exaudi oratióem meam.

O Lord, hear my prayer.

℟. Et clamor meus ad te véniat.

And let my cry come unto Thee.

Orémus.

Let us pray.

Concéde, miséricors Deus, fragilitáti nostræ præsidium : † ut qui sanctæ Dei Genitrícis memóriam ágimus, * intercessiόνis ejus auxílio, a nostris iniquitátibus resurgámus. Per eúndem Dóminum nostrum Iesum Christum Filium tuum, qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus, per ómnia sæcula sæculórum.

We beseech thee, O Lord, mercifully to assist our infirmity: that like as we do now commemorate Blessed Mary Ever-Virgin, Mother of God; so by the help of her intercession we may die to our former sins and rise again to newness of life. Through the same Jesus Christ, thy Son, Our Lord, Who liveth and reigneth with thee in the unity of the Holy Ghost, God, world without end.

℟. Amen.

Amen.

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O Lord, hear my prayer.

℟. Et clamor meus ad te véniat.

And let my cry come unto Thee.

℣. Benedicámus Dómino.

Let us bless the Lord.

℟. Deo grátias.

Thanks be to God.

℣. Fidélium ánimæ per misericórdiam Dei requiészant in pace.

May the souls of the faithful departed through the mercy of God rest in peace.

℟. Amen.

Amen.