

To: MEDIC FIRST AID Approved Training Centers

Date: January 19, 2010

Re: Release and Hold Harmless Agreement

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The attached agreement is provided as a service to our Training Centers.

The purpose of this agreement is to inform class participants of the risks of participating in an emergency care training program. It is a voluntarily release by the participant to hold ASHI and the Training Center harmless from any and all liability or costs from injury associated with or arising from my participation in this class, including from negligence.

Use of this agreement is optional.

## RELEASE AND HOLD HARMLESS AGREEMENT

There are risks and dangers inherent when participating in emergency care training classes. These risks include, but are not limited to, injuries during skills practices; back injuries from moving a simulated victim; acquiring communicable diseases; or performing skills on fellow students.

Neither MEDIC FIRST AID International, Inc. ("MEDIC FIRST AID") nor \_\_\_\_\_ ("Training Center") can guarantee the safety of participants, but Training Center's authorized and affiliated instructors are trained to take reasonable precautions to minimize risks and safeguard participants' health and safety during training, including:

- Providing each class participant with sanitary personal protective equipment, including, but not limited to, breathing barriers (face shields/masks) and gloves; and
- Providing training manikins to practice skills such as chest compressions, abdominal thrusts, and rescue breathing that are not appropriate for student-on-student practice.

In addition, instructors and participants should avoid awkward or extreme body positions to avoid back or other injuries from improper lifting and moving. Instructors and participants should not practice moving simulated victims if they have a history of back problems because such practice may aggravate previous back injuries.

Knowing this, I assume the risks inherent in this class and:

- I hereby voluntarily release and hold MEDIC FIRST AID and Training Center, and each of their officers, agents, employees and volunteers, harmless from any and all liability or costs from injury associated with or arising from my participation in this class, including from negligence.
- I understand and agree that this Release applies to personal injury, including death, and property damage which I may suffer.
- I understand and agree that this Release will be binding on me, my spouse, my heirs, my personal representatives, my assigns, my children, and any guardian appointed by the court for said children.
- I have read this Release and I understand it.

Some states may not allow a release of liability, so this Release or parts of it may not apply to you.

Participant Signature: \_\_\_\_\_ Dated: \_\_\_\_\_

Print Participant Name: \_\_\_\_\_

Signature of Parent/Legal Guardian (if participant is under age of 18): \_\_\_\_\_