

**5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following (AY 2023-24)**

**1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills**

Name of the capability enhancement program	Date of Implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Soft Skill Training Session (MCA)	31-08-2023	47	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	21-09-2023	42	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	5-10-2023	55	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	12-10-2023	51	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	19-10-2023	51	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	26-10-2023	41	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	2-11-2023	38	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	23-8-2023	14	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	20-9-2023	6	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	27-09-2023	9	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	4-10-2023	36	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	11-10-2023	18	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	18-10-2023	6	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	4-1-2024	28	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	10-1-2024	40	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	11-1-2024	35	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	28-01-2024	24	Grayphon Academy( 7875895160)
Soft Skill Training Session (MCA)	1-2-2024	30	Grayphon Academy( 7875895160)





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Soft Skill Training Session (MCA)	15-2-2024	29	Grayphon Academy(7875895160)
Soft Skill Training Session (MCA)	21-03-2024	14	Grayphon Academy(7875895160)
Soft Skill Training Session (MCA)	22-03-2024	7	Grayphon Academy(7875895160)
Soft skill Training Program (MBA)	11-01-2024	34	Grayphon Academy(7875895160)
Soft skill Training Program (MBA)	25-01-2024	25	Grayphon Academy(7875895160)
Soft skill Training Program (MBA)	15-02-2024	40	Grayphon Academy(7875895160)
English Communication Session	21-03-2024	13	Grayphon Academy(7875895160)
IT Skills (AI & DS Students)	23-04-2024	18	Mrs Sheetal Arjunwadkar (8411900676)
Life Skill Session (Yoga & Mediation Session for AI -DS Students )	5-04-2024	18	Mr. Atul Gore Sir(9922980399)





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Ref. No: ICEM/MCA/AY 2023-2024 / 56/Hu

Date: 08/08/2023

### DEPARTMENT OF MCA

# NOTICE

This is to inform all **MCA** students that SEM I and SEM III for AY 2023-2024 **Soft Skill** lectures are commencing from 16<sup>th</sup> August 2023.

**Reporting Time:** As per Time Table

**Venue:** MCA Classrooms, 4<sup>th</sup> Floor, ICEM-MCA

Attendance is compulsory for all the students.

**Prof. Tejas Pawar**  
Session Coordinator (MCA),  
ICEM (MCA), Pune



**Dr. Darshana Desai**  
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## Department of MCA

### Syllabus of "Soft Skill"

<b>Lecture Duration: 2hrs each</b>			
<b>Day</b>	<b>Topic Theory</b>	<b>Topic Practical</b>	<b>Date</b>
1	Brief Introduction , setting up of the aim of training, listing desirable qualities for increasing employability, meaning of communication, meaning of business communication	Class/PPT	31-Aug-23
2	Internal Communication, external communication, oral comm, written comm, non verbal comm, para verbal comm, Mehrabian's principle, factors affecting comm, obstacles in comm,	Class/PPT	21-Sep-23
3	Psychological obstacles in comm, 7 C's of comm, Flowchart of comm, levels of non verbal comm, non verbal comm by Allan Pease,	Class/PPT	05-Oct-23
4	Body language ..Allan Pease, blocks of body lang, body lang via appearance, facial expressions, eye contact, facial expressions and interpretations, postures and meanings, gestures ICEM and meanings, handshakes, handshakes activity, permissible area of gaze, listening basics	Class/PPT	12-Oct-23
5	CV building	Class/PPT	13-Oct-23
6	CV building	Class/PPT	19-Oct-23
7	Questioning techniques for better communication, open qustions closed qustions, positive questions, thought process, emotional intelligence, Three types of peopl, assertive speaking, courageous conversations	Class/PPT	26-Oct-23
8	MOCK Interview	Class/PPT	02-Nov-23

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## Department of MCA

Report on  
“Soft Skill”

**Date:** 31/08/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Brief Introduction, setting up of the aim of training, listing desirable qualities for increasing employability, meaning of communication, meaning of business communication

### Brief Description:

On August 31, 2023, a dynamic session commenced with a comprehensive introduction, laying the groundwork for the training ahead. The session focused on delineating the aims of the training, clarifying the objectives to be achieved by participants. Students were guided through an exploration of desirable qualities essential for bolstering employability in today's competitive job market.

Moreover, the session delved into the fundamental concepts of communication, elucidating its broader significance and relevance in personal and professional spheres. Special emphasis was placed on elucidating the nuances of business communication, highlighting its distinct purpose and principles in organizational contexts.

This foundational knowledge equipped participants with a solid understanding of the multifaceted aspects of effective communication, laying a strong groundwork for subsequent learning and skill development.

  
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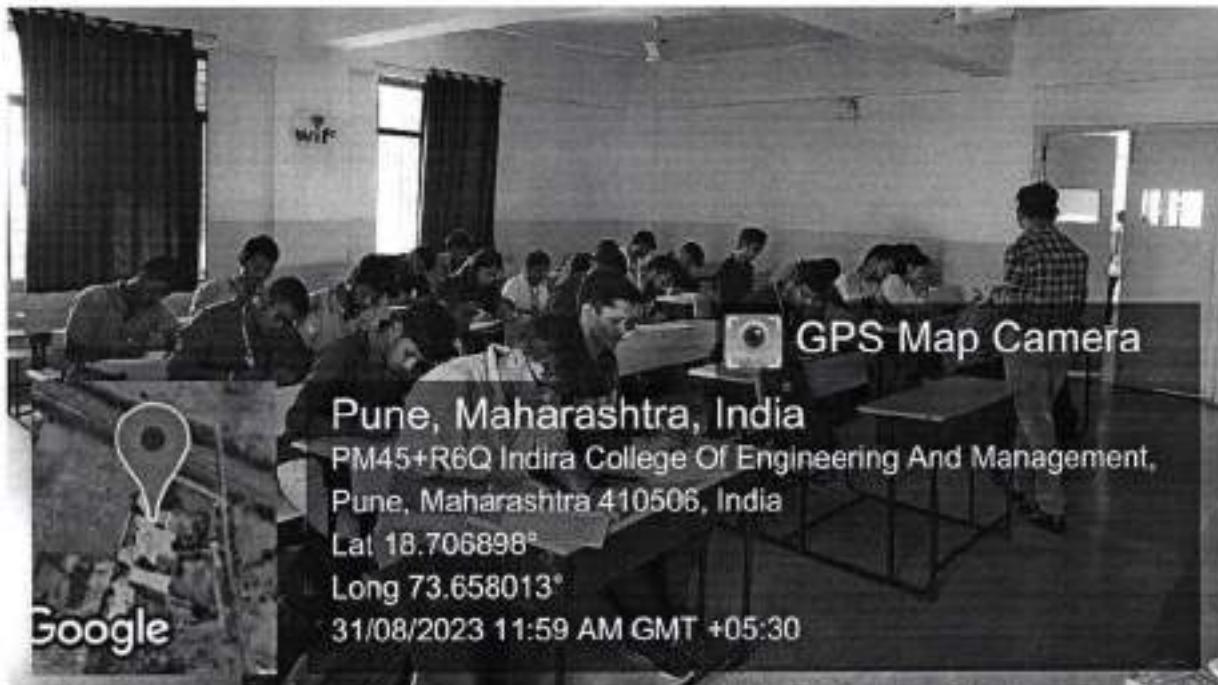
  
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## Department of MCA

Report on  
“Soft Skill”

**Date:** 21/09/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Internal Communication, external communication, oral Communication, written Communication, non verbal Communication, para verbal Communication, Mehrabian's principle, factors affecting Communication, obstacles in Communication

### Brief Description:

On September 21, 2023, an enlightening session unfolded, focusing on the diverse dimensions of communication. Participants delved into an exploration of internal and external communication dynamics, discerning their respective roles within organizational frameworks. The session dissected various modes of communication, including oral, written, non-verbal, and paraverbal channels, illuminating their distinct characteristics and applications.

Moreover, attendees delved into Mehrabian's principle, gaining valuable insights into the interplay of verbal and non-verbal cues in communication. Factors influencing communication effectiveness were meticulously examined, shedding light on the complexities shaping interpersonal exchanges. Additionally, the session addressed common obstacles encountered in communication processes, empowering participants with strategies to mitigate challenges and foster clearer, more effective interactions.

Through this comprehensive exploration, participants gained a deeper understanding of the intricacies of communication dynamics, equipping them with invaluable skills for navigating diverse communication contexts with confidence and proficiency.

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Report on  
“Soft Skill”

**Date:** 05/10/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Psychological obstacles in comm, 7 C's of comm, Flowchart of comm, levels of non verbal comm, non verbal comm by Allan Pease,

### Brief Description:

On October 5, 2023, participants explored key barriers to effective communication, including psychological hurdles, and learned strategies to overcome them. They also delved into the "7 C's of communication" for crafting clear and compelling messages. Through a visual flowchart, attendees gained insights into the sequential stages of communication, aiding them in navigating interactions with clarity.

Additionally, they examined the nuanced levels of non-verbal communication, drawing from Allan Pease's expertise to understand its impact on relationships and organizational dynamics.

This session equipped participants with essential tools to enhance communication efficacy across various contexts, fostering stronger connections both personally and professionally.

  
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## Department of MCA

Report on  
“Soft Skill”

**Date:** 12/10/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Body language ..Allan Pease, blocks of body lang, body lang via appearance, facial expressions, eye contact, facial expressions and interpretations, postures and meanings, gestures ICEM and meanings, handshakes, handshakes activity, permissible area of gaze, listening basics

**Brief Description:**

On October 12, 2023, participants engaged in an illuminating session focused on decoding the intricacies of body language, guided by the expertise of Allan Pease. Attendees explored the various blocks of body language, including its manifestation through appearance, facial expressions, and eye contact. Through a detailed examination, participants gained insights into the subtle nuances of facial expressions and their interpretations, as well as the meanings conveyed through postures and gestures, including the renowned ICEM method.

Moreover, the session delved into the significance of handshakes, with participants actively engaging in a handshake activity to understand its implications in interpersonal communication. Attendees also explored the permissible areas of gaze and the fundamentals of active listening, rounding out their understanding of effective communication beyond verbal exchanges.

This comprehensive exploration of body language equipped participants with invaluable skills to decipher non-verbal cues, fostering stronger connections and enhancing communication proficiency in diverse social and professional settings.

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## **Department of MCA**

Report on  
**“Soft Skill”**

**Date:** 13/10/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** CV building

**Brief Description:**

On October 13, 2023, participants delved into the crucial art of crafting compelling curriculum vitae (CVs) during an insightful session. With a focus on enhancing employability and making a strong first impression, attendees learned the essential components and formatting guidelines for effective CV building. Through practical examples and hands-on exercises, participants gained valuable insights into tailoring CVs to highlight their skills, experiences, and achievements in alignment with industry standards and job requirements.

Moreover, the session provided guidance on structuring CVs to effectively showcase qualifications, professional background, and key accomplishments. Attendees also learned strategies for optimizing CV content to capture recruiters' attention and stand out in competitive job markets. By the end of the session, participants were equipped with the knowledge and tools necessary to create impactful CVs that enhance their prospects and open doors to new career opportunities.

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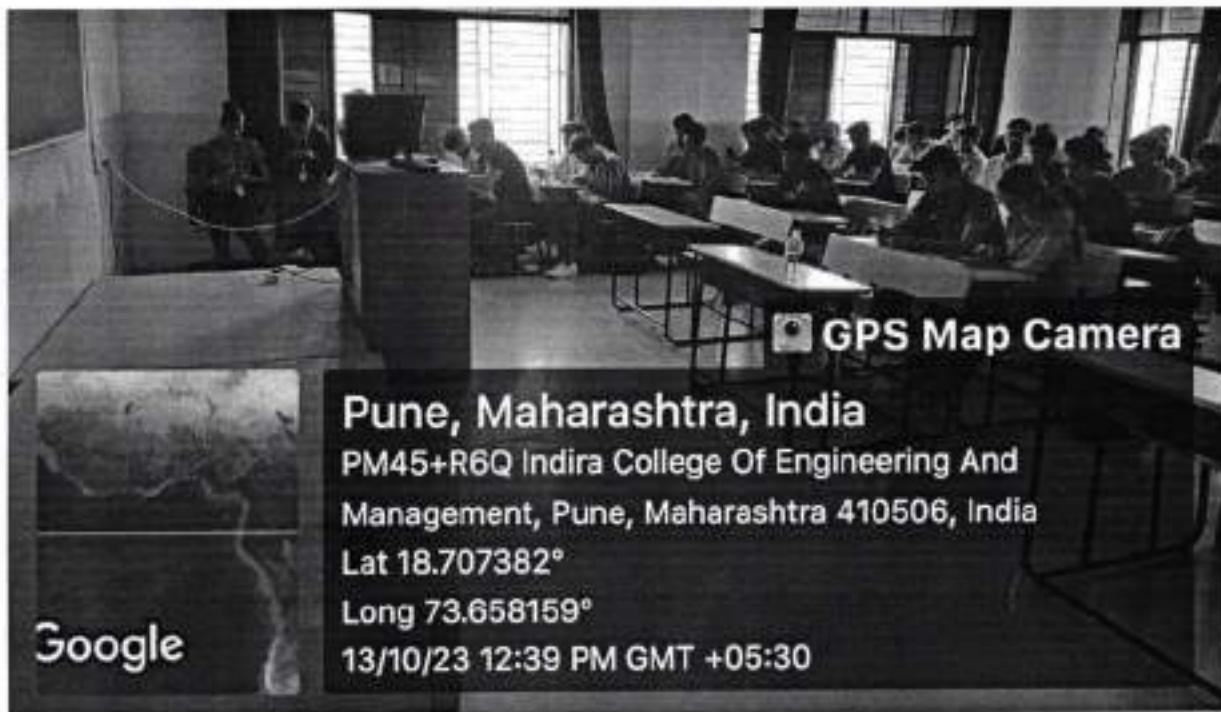
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## Department of MCA

Report on  
“Soft Skill”

**Date:** 19/10/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** CV Building

### Brief Description:

On October 13, 2023, participants delved into the crucial art of crafting compelling curriculum vitae (CVs) during an insightful session. With a focus on enhancing employability and making a strong first impression, attendees learned the essential components and formatting guidelines for effective CV building. Through practical examples and hands-on exercises, participants gained valuable insights into tailoring CVs to highlight their skills, experiences, and achievements in alignment with industry standards and job requirements.

Moreover, the session provided guidance on structuring CVs to effectively showcase qualifications, professional background, and key accomplishments. Attendees also learned strategies for optimizing CV content to capture recruiters' attention and stand out in competitive job markets.

By the end of the session, participants were equipped with the knowledge and tools necessary to create impactful CVs that enhance their prospects and open doors to new career opportunities.

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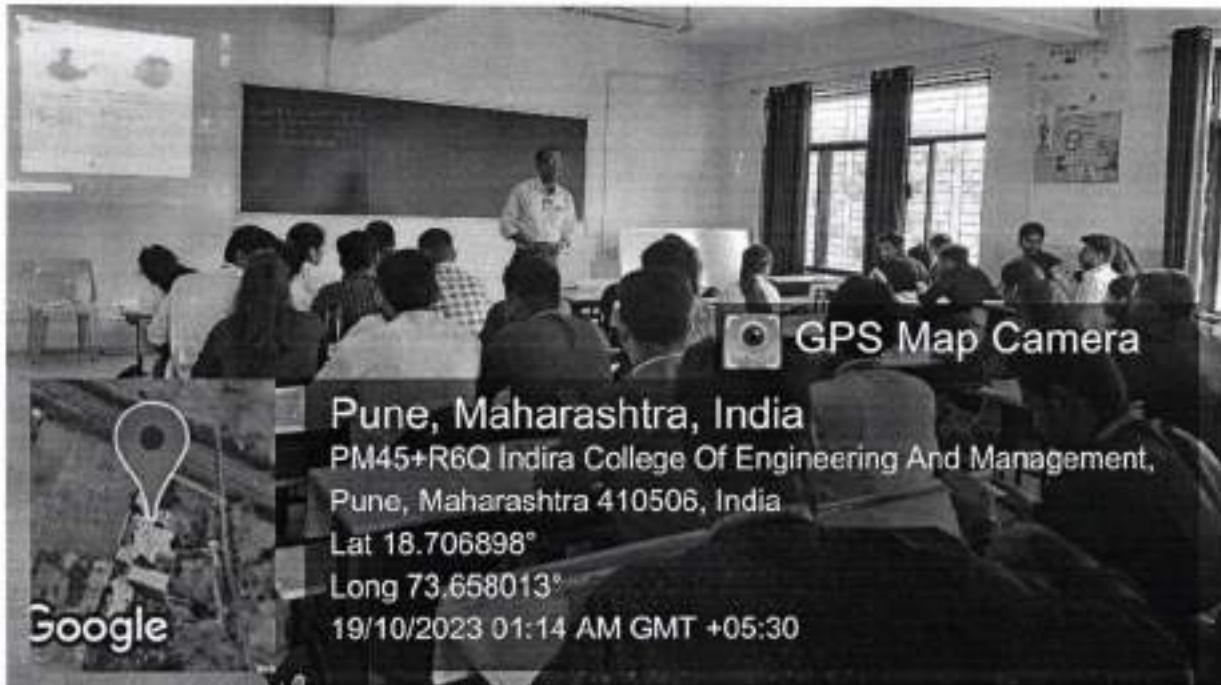
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## Department of MCA

Report on  
“Soft Skill”

**Date:** 26/10/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Questioning techniques for better communication, open questions closed questions, positive questions, thought process, emotional intelligence, Three types of people, assertive speaking, courageous conversations

### Brief Description:

On October 26, 2023, participants engaged in a dynamic session focusing on questioning techniques to enhance communication efficacy. Through an exploration of open and closed questions, attendees learned how to craft inquiries that foster deeper understanding and engagement. The session emphasized the importance of positive questioning, encouraging participants to frame queries constructively to elicit productive responses.

Moreover, participants delved into the intricacies of thought processes and emotional intelligence, gaining insights into how these factors influence communication dynamics. The session also explored the three types of people in communication scenarios, empowering attendees to adapt their communication styles accordingly. Additionally, participants learned strategies for assertive speaking and navigating courageous conversations with confidence and diplomacy.

By the end of the session, participants were equipped with a comprehensive toolkit of questioning techniques and communication strategies to foster clearer, more effective interactions in both personal and professional contexts.

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## **Department of MCA**

Report on  
**“Soft Skill”**

**Date:** 02/11/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** MOCK Interview

### **Brief Description:**

On November 2, 2023, participants engaged in a valuable mock interview session aimed at honing their interview skills and boosting their confidence in professional settings. Through simulated interview scenarios, attendees had the opportunity to practice articulating their qualifications, experiences, and career goals in a structured and compelling manner.

Guided by experienced facilitators, participants received constructive feedback and personalized tips to enhance their interview performance. The session covered various aspects of the interview process, including body language, communication style, and responding to common interview questions.

By actively participating in mock interviews, attendees gained practical experience and invaluable insights into refining their interview techniques, ultimately increasing their readiness for real-world job interviews and improving their prospects in the competitive job market.

  
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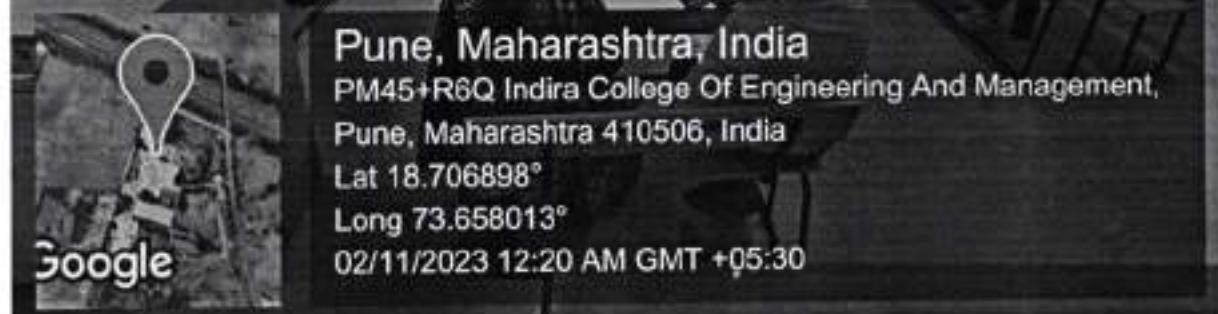
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Indira College of Engineering and Management

Department of MCA

EWG's Skin Deep®

FIMCA SEMI I JUNE 23-25 AM 23-24

Subject: Soft Skills

Attendance Sheet Month \_\_\_\_\_ Year \_\_\_\_\_ 2023

POLY(1,4-DAT) 31

81127	JADHAV MAYUR KAILAS
81128	JAIROD VIJAYKUNAR VISHWAMBHAR
81129	KAMDI HEMANT SURESH
81130	KANKALE DNYANESHWAR MANIKRAO
81131	KOTHAWADE SAURABH MADHUKAR
81132	LAWAND GANESH SADASHIV
81133	MANKAR MRUNAL PRADEEP
81134	MARATHE Hitesh Dnyaneshwar
81135	MESHRAM HIMANSHU PRASHANT
81136	MORE PRATIK YOGENDRA
81137	NAYAGAVE SNEHAL PRABHAKAR
81138	NERKAR CHETAN VIJAYKUMAR
81139	NETALE TUSHAR HARIDAS
81140	OM NILESH VAKHARIYA
81141	OVHAL SUMEDH SIDHARTH
81142	PATARE PRIYANKA VISHNU
81143	PATIL ANIKET NARSU
81144	PATIL KEDAR BHAUZO
81145	PATIL SAURAV VINAYAK
81146	PHADATE SHREYASH RAMAKANT
81147	POL OMKAR DATTA TRAY
81148	PRANALI SHRIKRUSHNA DHONE
81149	PRATHAMESH MAHENDRA KAMBLE
81150	PUSHPAK GANESH SAKHARKAR
81151	RAIBOLE APURWA DHAMANJAY
81152	RUGVED SUNIL GHIRNIKAR
81153	SAGAR Hitesh MAHENDRA
81154	SAGAR SHIVAM SHASHIKANT
81155	SAKSHI PRASHANT PAWAR
81156	SALVI ANIKET RAMDAS
81157	SAURABH SAMBHAI DHONUKSHE
81158	SHAHANE ABHISHEK AJIT
81159	SHELAR ADITYA DNYANDEV
81160	SHINDE VAISHNAVI SUNIL

81161	SHIVAM GIRI
81162	SHRIVARDHAN DILIP KUMBHAR
81163	SHWETA KASHISH
81164	SONAWANE ANIRUDDHA BABAN
81165	TEMBARE SHIVAM SURESH
81166	VARPE AKSHAY KISHOR
81167	VIVEK SUNILBHAI CHANDAK
81168	YASHNAVANAND M

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## Department of MCA

### Syllabus of "Soft Skill"

<b>Lecture Duration: 2hrs each</b>			
<b>Day</b>	<b>Topic Theory</b>	<b>Topic Practical</b>	<b>Date</b>
1	Setting up of aim, Personal Effectiveness, introduction, key skills of personal effectiveness	Class/PPT	16-Aug-23
2	Personal Effectiveness, key skills of personal effectiveness, Purpose.. Tony Robbins, Charles Haanel	Class/PPT	23-Aug-23
3	Charles Haanel method of achievement	Class/PPT	20-Sep-23
4	Daily timetable formation, power of saying no, Energy and time budgeting for top performance, Abraham Hicks method for thought shift,	Class/PPT	27-Sep-23
5	Abraham Hicks method for thought shift, Pomodoro technique for working stamina, Charles Haanel method of achievement, Maslow Pyramid, 7 aspects of life, fixing up Purpose of life	Class/PPT	04-Oct-23
6	fixing up Purpose of life, SMART purpose, Peer pressure, rat race, be a better version of yourself daily, 1 % improvement daily, 21 days rule of habit forming, 6Months rule of lifestyle change	Class/PPT	11 Oct 2023
7	Brief Recap of communication skills, overcoming fear of rejection, use of AI, redirecting Energies towards your Ikigai.	Class/PPT	18-Oct-23

  
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## Department of MCA

Report on  
“Soft Skill”

**Date:** 16/08/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Setting up of aim, Personal Effectiveness, introduction, key skills of personal effectiveness

### Brief Description:

On August 16, 2023, participants embarked on a journey towards personal effectiveness, commencing with the establishment of clear aims and objectives for self-improvement. The session began with a comprehensive introduction, setting the stage for exploration and growth in personal development.

Attendees delved into the essence of personal effectiveness, gaining insights into key skills essential for maximizing their potential and achieving success in various aspects of life. Through interactive discussions and activities, participants identified and honed skills such as time management, goal setting, communication, adaptability, and resilience.

By the end of the session, participants were equipped with a solid understanding of personal effectiveness and armed with practical strategies to enhance their skills, enabling them to navigate challenges and seize opportunities with confidence and competence.

  
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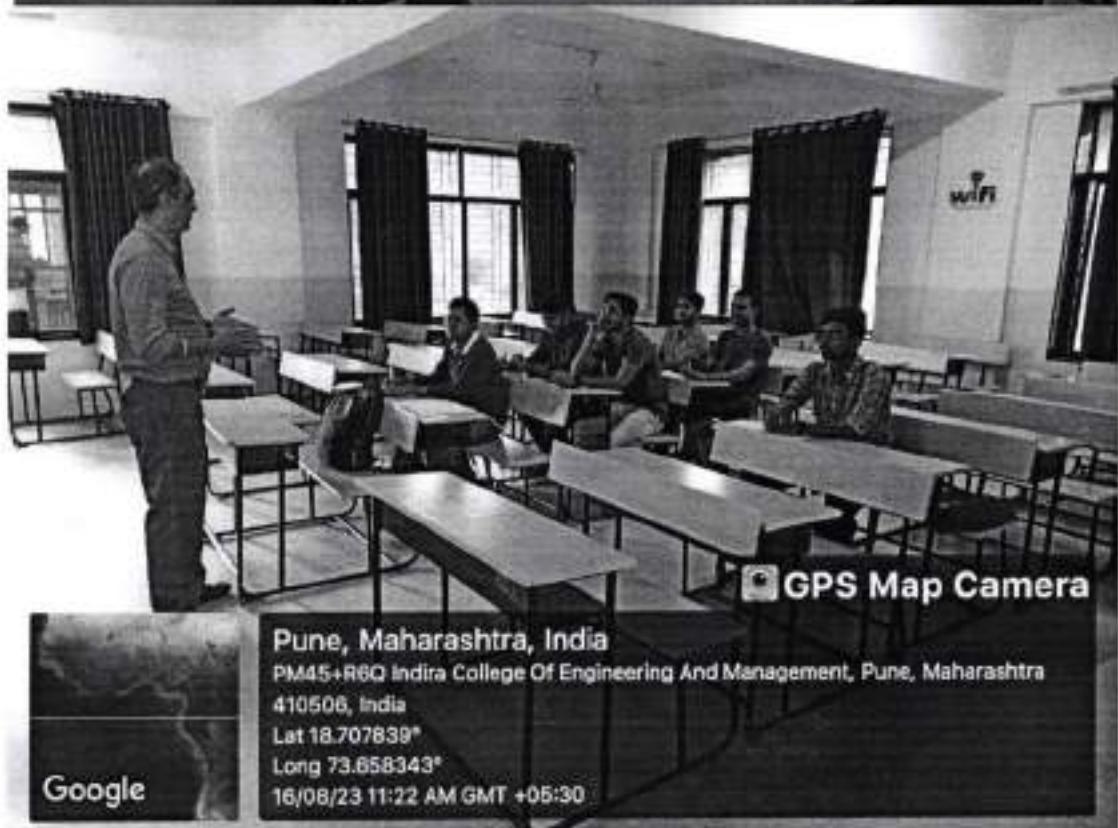
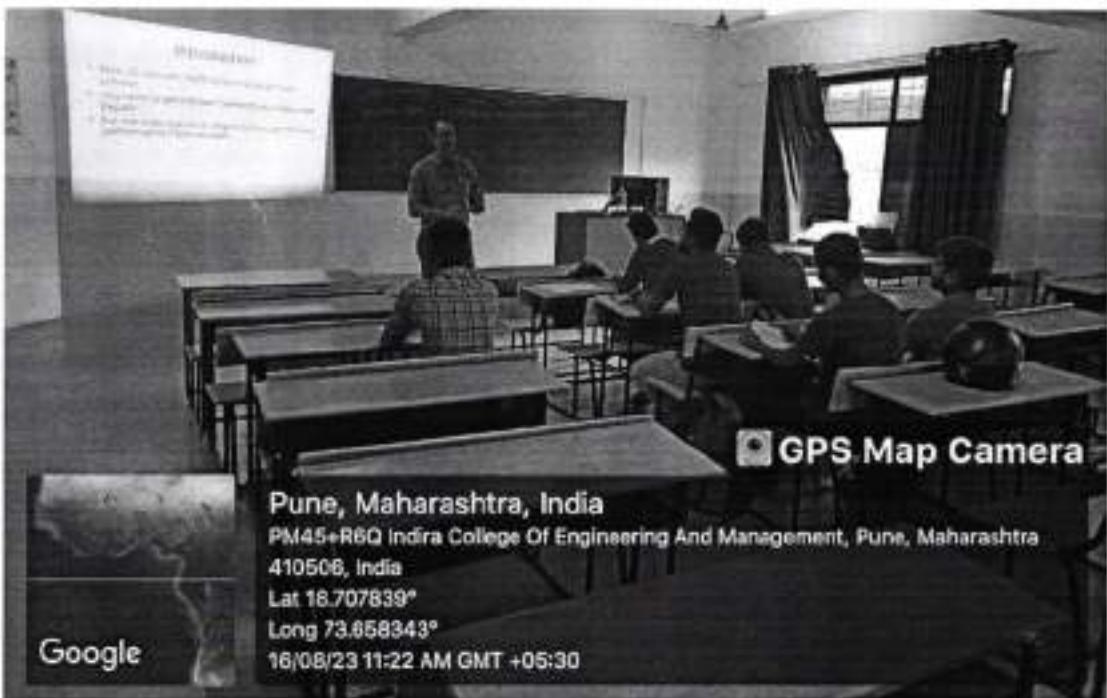
  
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**Date:** 23/08/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Personal Effectiveness, key skills of personal effectiveness, Purpose..Tony Robbins, Charles Haanel

### Brief Description:

On August 23, 2023, participants delved deeper into the realm of personal effectiveness, focusing on essential skills crucial for self-mastery and success. The session began with an exploration of purpose, drawing inspiration from renowned figures such as Tony Robbins and Charles Haanel. Attendees gained insights into the significance of clarifying their purpose and aligning their actions with their long-term goals and aspirations.

Moreover, participants further honed their understanding of key skills essential for personal effectiveness, including time management, emotional intelligence, decision-making, and resilience. Through interactive discussions and practical exercises, attendees developed actionable strategies to cultivate these skills and optimize their personal and professional growth.

By integrating insights from inspirational leaders and practical techniques for skill development, participants left the session empowered to embark on their journey towards personal effectiveness with clarity, purpose, and determination.

  
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## Department of MCA

Report on  
**“Soft Skill”**

**Date:** 20/09/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Charles Haanel Method Of Achievement

### Brief Description:

On September 20, 2023, participants delved into the transformative Charles Haanel Method of Achievement, a profound approach to personal and professional success. This session centered on exploring Haanel's principles and methodologies, which emphasize the power of the subconscious mind and the importance of aligning thoughts, beliefs, and actions with desired outcomes.

Attendees gained insights into the intricacies of Haanel's method, which advocates for visualization, affirmation, and deliberate focus as tools for manifesting goals and aspirations. Through engaging discussions and practical exercises, participants learned how to harness the subconscious mind's immense potential to overcome obstacles, cultivate resilience, and achieve their highest aspirations.

By immersing themselves in the teachings of Charles Haanel, participants left the session equipped with practical tools and a renewed sense of purpose, ready to embark on their journey towards personal and professional fulfillment with clarity, confidence, and intentionality.

  
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## Department of MCA

Report on  
**“Soft Skill”**

**Date:** 27/09/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Daily timetable formation, power of saying no, Energy and time budgeting for top performance, Abraham Hicks method for thought shift

### Brief Description:

On September 27, 2023, participants engaged in a transformative session focused on optimizing daily productivity and well-being. The session commenced with the creation of effective daily timetables, empowering attendees to prioritize tasks and allocate time efficiently to achieve their goals.

Moreover, participants explored the power of setting boundaries and saying no, recognizing its significance in preserving energy and maintaining focus on high-priority activities. Through practical exercises, attendees learned strategies for assertive communication and boundary-setting, enhancing their ability to safeguard their time and resources.

Additionally, the session delved into energy and time budgeting for peak performance, guiding participants in aligning their activities with their personal and professional aspirations. Drawing inspiration from the Abraham Hicks method, attendees learned techniques for shifting thought patterns and cultivating a positive mindset conducive to success and fulfillment.

By integrating practical time-management strategies with insights into energy optimization and mindset shifts, participants left the session equipped with the tools and mindset necessary to enhance their productivity, well-being, and overall performance in both personal and professional domains.

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## Department of MCA

Report on  
“Soft Skill”

**Date:** 04/10/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Abraham Hicks method for thought shift, Pomodoro technique for working stamina, Charles Haanel method of achievement, Maslow Pyramid, 7 aspects of life, fixing up Purpose of life

### Brief Description:

On October 4, 2023, participants immersed themselves in a comprehensive session aimed at enhancing personal growth and fulfillment. The session commenced with an exploration of the transformative Abraham Hicks method for thought shift, empowering attendees to harness the power of positive thinking and alignment with their desires.

Participants then delved into practical techniques such as the Pomodoro technique, designed to bolster working stamina and productivity through structured time management. By incorporating this method, attendees learned to maximize focus and efficiency in their daily tasks.

Moreover, the session introduced the profound Charles Haanel method of achievement, emphasizing the importance of aligning thoughts and actions with one's goals to manifest success. Attendees gained insights into leveraging the principles of the Haanel method to cultivate resilience and achieve their aspirations. Participants explored the Maslow Pyramid and the seven aspects of life, providing a holistic framework for personal development and self-actualization. Through introspective exercises, attendees identified areas for growth and devised strategies for attaining balance and fulfillment across various domains.

The session concluded with a reflection on fixing up the purpose of life, guiding participants in clarifying their values, passions, and long-term objectives. By integrating these diverse teachings and practices, participants left the session equipped with a comprehensive toolkit for personal growth, empowerment, and purposeful living.

  
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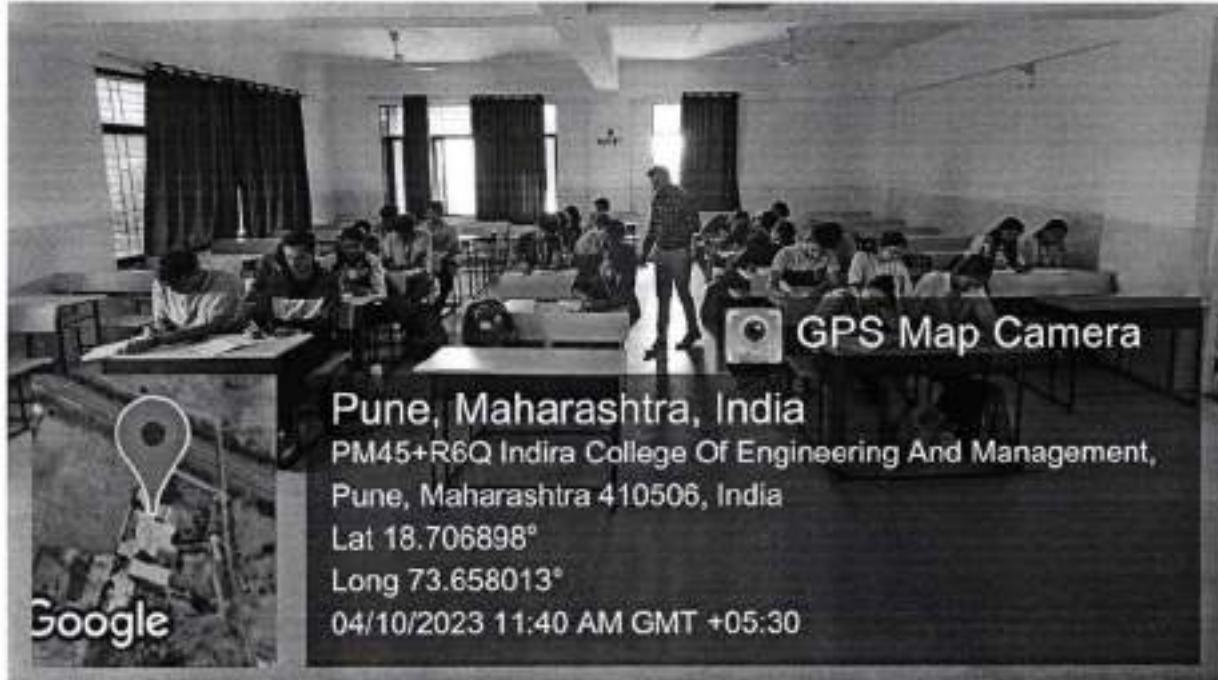
  
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## Department of MCA

Report on

### “Soft Skill”

**Date:** 11/10/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Fixing Up Purpose Of Life, SMART Purpose, Peer Pressure, Rat Race, Be A Better Version Of Yourself Daily, 1 % Improvement Daily, 21 Days Rule Of Habit Forming, 6Months Rule Of Lifestyle Change

#### **Brief Description:**

On October 11, 2023, participants embarked on a profound exploration of life's purpose and personal development. The session began with a focus on fixing up one's purpose in life, emphasizing the importance of aligning goals with values and passions.

Attendees then delved into the concept of setting SMART (Specific, Measurable, Achievable, Relevant, Time-bound) purposes, providing a structured framework for goal setting and attainment. The discussion extended to navigating peer pressure and transcending the confines of the rat race, empowering individuals to prioritize personal growth over external validation.

Moreover, participants were introduced to strategies for continuous self-improvement, including the pursuit of becoming a better version of oneself daily and embracing the philosophy of 1% improvement daily. They also explored the 21-day rule of habit formation and the six-month rule of lifestyle change, gaining insights into effective strategies for cultivating positive habits and sustaining long-term transformation.

By integrating these principles and practices, participants left the session equipped with actionable tools and a renewed sense of purpose, ready to embark on a journey of personal growth, resilience, and fulfillment.

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## Department of MCA

Report on  
“Soft Skill”

**Date:** 18/10/2023

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Brief Recap Of Communication Skills, Overcoming Fear Of Rejection, Use Of AI, Redirecting Energies Towards Your Ikigai.

### Brief Description:

On October 18, 2023, participants engaged in a comprehensive session focusing on various aspects of personal and professional development. The session commenced with a brief recap of communication skills, reinforcing the importance of effective communication in fostering meaningful connections and achieving success in diverse contexts.

Attendees then delved into strategies for overcoming the fear of rejection, recognizing its impact on personal growth and resilience. Through insightful discussions and practical exercises, participants learned techniques to reframe their mindset and embrace rejection as an opportunity for learning and growth.

Moreover, the session explored the use of artificial intelligence (AI) in modern society, highlighting its potential to streamline processes, enhance productivity, and create new opportunities for innovation and advancement. Participants redirected their energies towards their Ikigai, a Japanese concept representing one's reason for being or sense of purpose. By aligning their passions, talents, and values, attendees gained clarity and inspiration to pursue meaningful goals and lead fulfilling lives.

Through this enriching session, participants left with valuable insights and practical tools to navigate challenges, embrace opportunities, and cultivate a sense of purpose and fulfillment in both personal and professional endeavors.

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Indira College of Engineering and Management  
 Department of MCA

SYMCA Sem III Batch 22-24

Subject: Aptitude 506+ 51615

Attendance sheet: Month:- 2023

Roll No.	Name	Date	Date	Date	Date	Date	Date	Date	Date
81101	ADSULE PRAGATI JEETENDRA	23/09/23	26/09/23	27/09/23	4/10/23	11/10/23	18/10/23	1/11/23	8/11/23
81102	AMRUTA VIJAY BANSODE								
81103	ANURADHA TIWARI								
81104	BARDE GOPAL BHASKAR								
81105	BHARTI PREMNA KISHOR								
81106	BHASME AKASH VINAYAK								
81107	BHOYE ATUL ASHOK								
81108	BHURE PRITAM RAJESH								
81109	BISWAS SHUBHAM								
81110	CHIGANI PRATIK GOPAL								
81111	DESHMUKH MAYURI								
81112	FULEY PRARTHANA VIVEK								
81113	GITE RINKU JAGDISH								
81114	GURAV AKANKSHA SHAMRAO								
81115	GIRASE YOUNGEN BHARAT SINGH								
81116	GOVARDHANE VEDIKA RAJESH								
81117	GURJAR PRANJAL DIPAK								
81118	INGLE ANIKET SHIVSHANKAR								
81119	JADHAV ADITYA SUNIL								
81120	JADHAV GAYATRI AJABSING								
81121	JADHAV NITISH SHANKAR								
81122	JADHAV VAIBHAV VITTHAL								
81123	JAFKAR VISHAL BALASAHEB								
81124	JOSHI BHUSHAN JITENDRA								
81125	JOSHI SIDDHIVINAYAK SUDHAKAR								
81126	JUNGHARE SIMESH SHIRAM								

81127	KADU PRATHAMESH SUBHASH
81128	KADAM ANKITA NARAYAN
81129	KARBHARI EKNATH BALAJIRAO
81130	KARDEKAR SARVESH PRANAY
81131	KEDIA SAKET PRAVIN
81132	KHAIRNAR DHANASHREE VIJAYKUMAR
81133	KOKATE AKASH MOHAN
81134	KUMAWAT VIKRAM SANWARMAL
81135	KUMRE SHRIKANT PRABHAKAR
81136	LANGOTE MAHESH MARUTI
81137	MALI TEJAL VIJAY
81138	MALLICK ADARSH DIPANKAR
81139	MARALE DIPAK SUNIL
81140	MASULKAR PANDURANG SURESH
81141	NAGARE RUSHIKESH GANESH
81142	NARAYANE PRATHAMESH SANJAY
81143	NAWALI KUNAL SANJAY
81144	NAMDE RUSHIKESH BABAN
81145	PANDHARKAR SAURABH BALU
81146	PATIL ADITI SANJAY
81147	PATIL ANIKET DHANRAJ
81148	PATIL JANHAVI PRASAD
81149	PATIL MANASI SUDHIR
81150	PATIL SAYUYU VITHAL
81151	PATIL SHANTANU HEMANT
81152	PAWAR JAYESH SANJAY
81153	PAWAR SAYALI CHETAN
81154	PUJARI DNYANESHWAR BALU
81155	SRIVASTAVA DEVESH
81156	SARATE LOKESH DEOLAL
81157	SANGALE NILESH BHARAT
81158	SHARMA UMESH KULDEEP
81159	SHELKE GANESH CHANDRABHAN
81160	SHINDE ASHISH SURESH

81161	SHINDE VISHWAS
81162	SINGH ABHISHEK RAVINDRA
81163	SOLANKAR MRUDUL SURYAKANT
81164	SOMVANSI SIDDHESH DEVADATTA
81165	SURVE SRUSHTI DEEPAK
81166	TAYADE SHEETAL SHYAM
81167	WAIBLE ESHANI GORAKH
81168	WAGH SUYOG SURYAKANT

  
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 Session Coordinator (MCA)  
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## Department of MCA

### Syllabus of "Soft Skill"

Lecture Duration: 2hrs each			
Day	Topic Theory	Topic Practical	Date
1	Communication skills recap, Value addition to the world, cause and effects, precise methodology	Class/PPT	04-01-2024
2	Correct thinking pattern, swot analysis	Class/PPT	10-01-2024
3	Correct thinking pattern, swot analysis	Class/PPT	11-01-2024
4	Recap of SWOT, KAIZEN, Abraham Hicks Method of thought transformation, Pomodoro technique for increasing work stamina	Class/PPT	25-01-2024
5	Pomodoro technique for increasing work stamina	Class/PPT	01-02-2024
6	English Language	Class/PPT	15-02-2024
7	English Sentence structures 1,2,3 with practice	Class/PPT	21-03-2024
8	English Sentence structures 4,5,6,7,8,10 with practice	Class/PPT	22-03-2024

  
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## Department of MCA

Report on  
“Soft Skill”

**Date:** 25/01/2024

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Recap of SWOT, KAIZEN, Abraham Hicks Method of thought transformation, Pomodoro technique for increasing work stamina

### Brief Description:

On January 25, 2024, participants engaged in a comprehensive session focused on reinforcing key concepts such as SWOT analysis, KAIZEN, the Abraham Hicks Method of thought transformation, and the Pomodoro technique for increasing work stamina. The session began with a recap of SWOT analysis, highlighting its role in strategic planning by identifying strengths, weaknesses, opportunities, and threats. Participants revisited the importance of leveraging strengths and opportunities while addressing weaknesses and threats to achieve their objectives effectively.

Attendees then explored KAIZEN, the Japanese philosophy of continuous improvement, emphasizing the incremental approach to personal and professional development. Through practical examples and discussions, participants learned how small, consistent changes can lead to significant progress over time. Next, participants delved into the Abraham Hicks Method, which focuses on shifting thought patterns to align with desired outcomes. Through guided exercises, attendees learned techniques for cultivating positive thinking and manifesting their goals with clarity and intention.

Finally, the session introduced the Pomodoro technique, a time management method designed to enhance work stamina and productivity through structured intervals of focused work and rest. Participants learned how to apply this technique to maintain concentration, manage distractions, and optimize productivity in their daily tasks.

By integrating these powerful techniques, participants left the session equipped with practical tools and strategies to enhance their personal effectiveness, achieve their goals, and maximize their potential for success.

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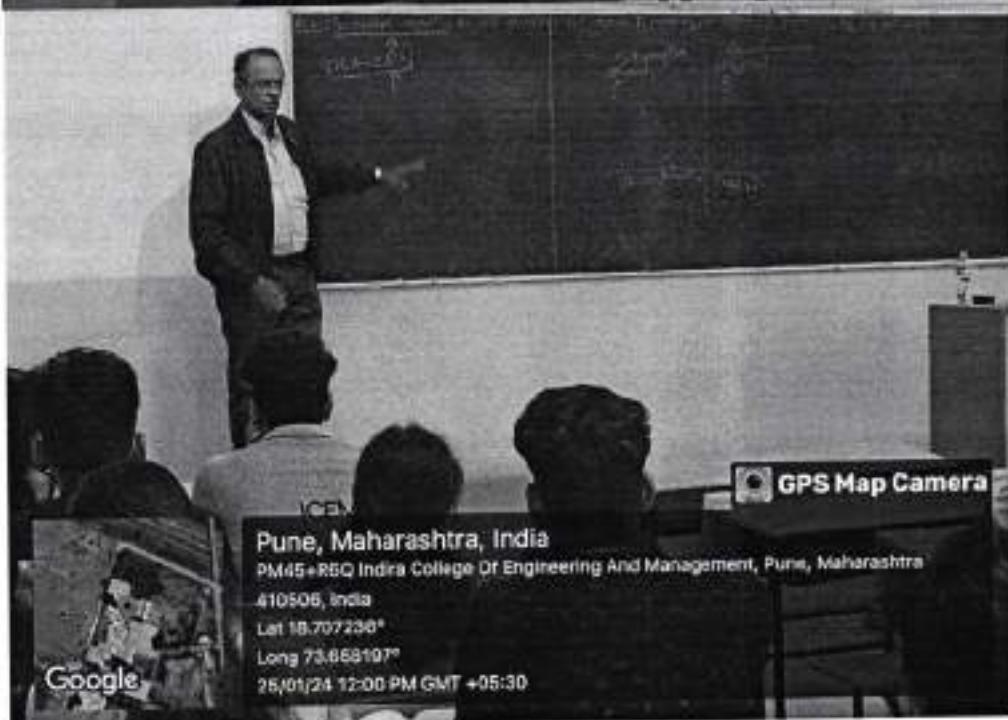
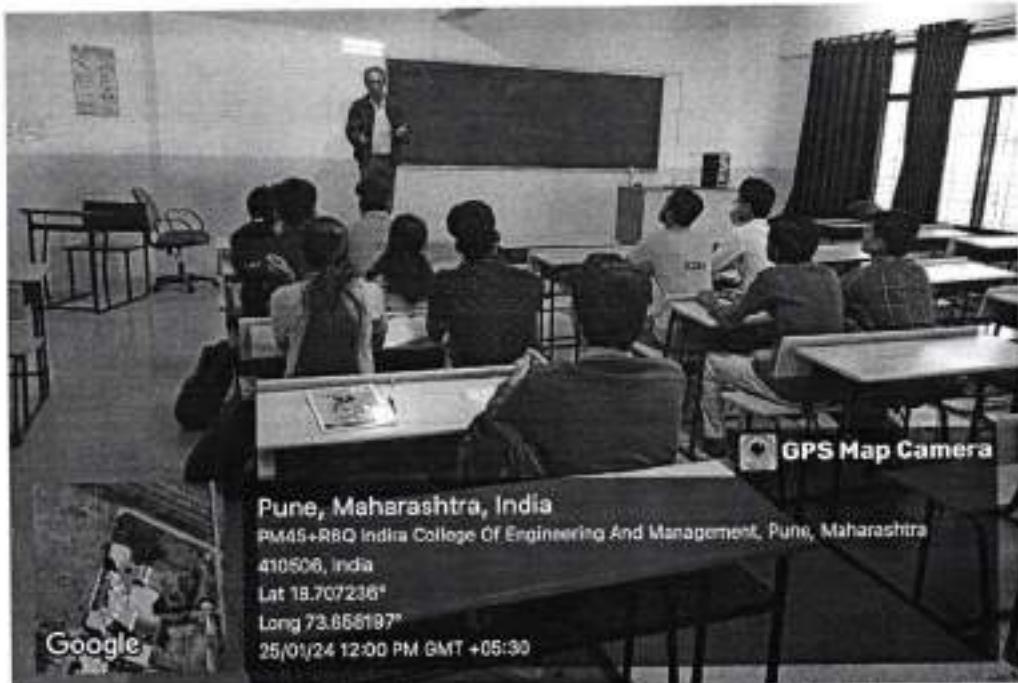
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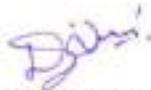
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## Department of MCA

Report on  
“Soft Skill”

**Date:** 22/03/2024

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** English Sentence structures 4,5,6,7,8,10 with practice

### Brief Description:

On March 22, 2024, participants delved deeper into English sentence structures, expanding their knowledge beyond the basics. The session focused on more advanced sentence constructions, covering structures 4 through 8, as well as 10, with ample opportunities for practice.

Attendees explored complex sentence structures such as compound-complex sentences, passive voice constructions, and conditional sentences. Through interactive exercises and guided practice, participants honed their ability to construct sentences with precision and clarity.

Moreover, the session provided practice activities tailored to each structure, allowing participants to reinforce their understanding and application of the concepts covered. Attendees engaged in hands-on exercises designed to challenge their comprehension and foster mastery of advanced sentence structures.

By the conclusion of the session, participants emerged with enhanced proficiency in constructing complex and varied sentences in English. Equipped with a deeper understanding of advanced sentence structures and ample practice opportunities, they were well-prepared to apply their newfound skills in both written and spoken communication contexts.

  
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## Department of MCA

Report on  
“Soft Skill”

**Date:** 21/03/2024

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** English Sentence structures 1,2,3 with practice

### Brief Description:

On March 21, 2024, participants embarked on a focused session dedicated to English sentence structures. The session provided a comprehensive overview of the fundamental components of English grammar, catering to learners at different proficiency levels.

Attendees were guided through the exploration of three basic sentence structures: simple, compound, and complex sentences. Through interactive exercises and practical examples, participants gained a deeper understanding of how to construct sentences using these structures effectively.

Moreover, the session included dedicated practice sessions aimed at reinforcing comprehension and application of the learned concepts. Participants engaged in hands-on activities and exercises designed to enhance their ability to identify and create sentences using various structures.

By the end of the session, participants emerged with improved proficiency in English sentence construction, equipped with the knowledge and skills to create clear, coherent, and grammatically correct sentences in their written and spoken communication.

  
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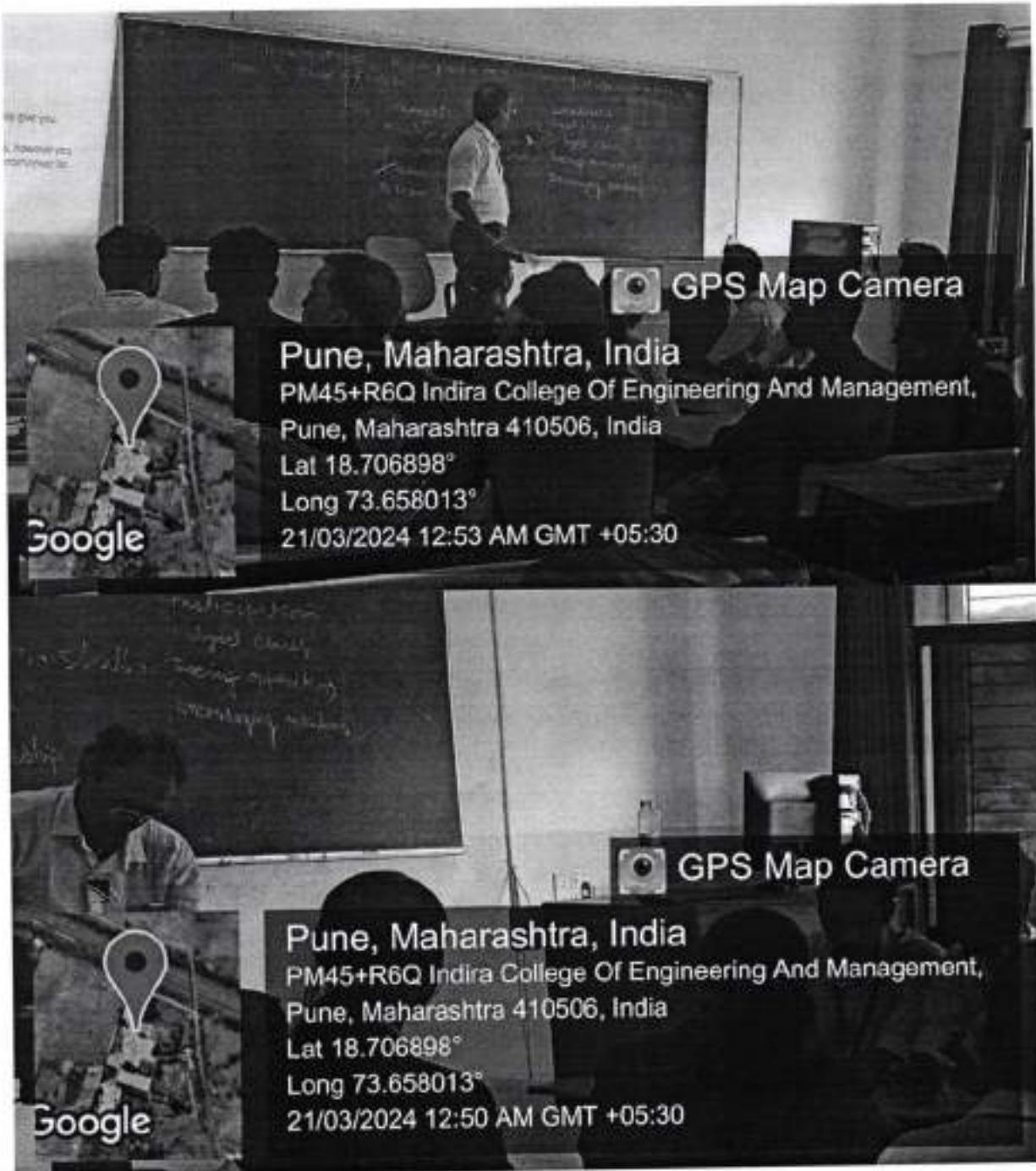
  
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## Department of MCA

Report on  
“Soft Skill”

**Date:** 15/02/2024

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** English Language

### Brief Description:

On February 15, 2024, participants delved into an enriching session focused on English language proficiency. The session encompassed various facets of the English language, catering to both verbal and written communication skills.

Attendees embarked on a journey to enhance their grasp of English grammar, syntax, and vocabulary, laying a solid foundation for effective verbal expression and comprehension. Through interactive exercises and engaging discussions, participants honed their listening and speaking abilities, refining pronunciation and fluency.

Moreover, the session emphasized the importance of written communication, guiding participants in crafting clear, coherent, and compelling written messages. Attendees learned strategies for structuring sentences, paragraphs, and essays, empowering them to convey their ideas with precision and impact.

Additionally, participants explored the nuances of English language usage in diverse contexts, including formal and informal settings, business communication, and academic writing. Through practical examples and real-world scenarios, attendees gained insights into navigating language barriers and adapting their communication style to suit various audiences and purposes.

By the end of the session, participants emerged with newfound confidence and competence in the English language, equipped with essential skills to excel in both personal and professional communication endeavors.

  
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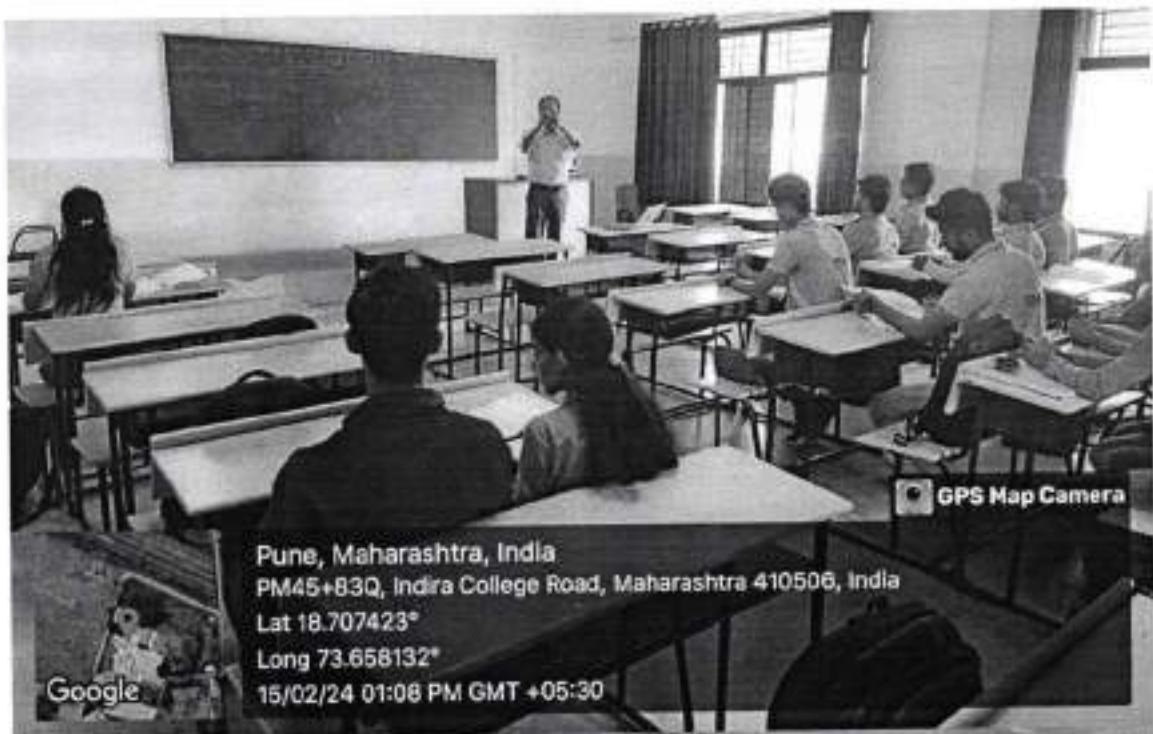
  
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## Department of MCA

Report on  
“Soft Skill”

**Date:** 11/01/2024

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Correct thinking pattern, swot analysis

**Brief Description:**

On January 11, 2024, participants embarked on a transformative session focused on cultivating correct thinking patterns and conducting SWOT analysis for personal and professional growth. The session began with an exploration of the power of positive thinking and the importance of nurturing constructive thought patterns to overcome challenges and achieve success.

Attendees then delved into the SWOT analysis framework, a strategic tool used to assess strengths, weaknesses, opportunities, and threats in various contexts. Through interactive exercises and guided discussions, participants learned how to conduct a thorough analysis of internal and external factors impacting their goals and decision-making processes.

Moreover, the session emphasized the importance of leveraging strengths and opportunities while mitigating weaknesses and threats to maximize personal and professional effectiveness. Participants gained practical insights into how SWOT analysis can inform strategic planning, goal setting, and decision-making in both personal and professional endeavors.

By integrating correct thinking patterns with strategic analysis techniques like SWOT analysis, attendees left the session equipped with valuable tools and a renewed sense of clarity and purpose, ready to navigate challenges and capitalize on opportunities for growth and success.

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## Department of MCA

Report on  
“Soft Skill”

**Date:** 10/01/2024

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Correct thinking pattern, swot analysis

### Brief Description:

On January 10, 2024, participants embarked on a transformative session focused on cultivating correct thinking patterns and conducting SWOT analysis for personal and professional growth. The session began with an exploration of the power of positive thinking and the importance of nurturing constructive thought patterns to overcome challenges and achieve success.

Attendees then delved into the SWOT analysis framework, a strategic tool used to assess strengths, weaknesses, opportunities, and threats in various contexts. Through interactive exercises and guided discussions, participants learned how to conduct a thorough analysis of internal and external factors impacting their goals and decision-making processes.

Moreover, the session emphasized the importance of leveraging strengths and opportunities while mitigating weaknesses and threats to maximize personal and professional effectiveness. Participants gained practical insights into how SWOT analysis can inform strategic planning, goal setting, and decision-making in both personal and professional endeavors.

By integrating correct thinking patterns with strategic analysis techniques like SWOT analysis, attendees left the session equipped with valuable tools and a renewed sense of clarity and purpose, ready to navigate challenges and capitalize on opportunities for growth and success.

  
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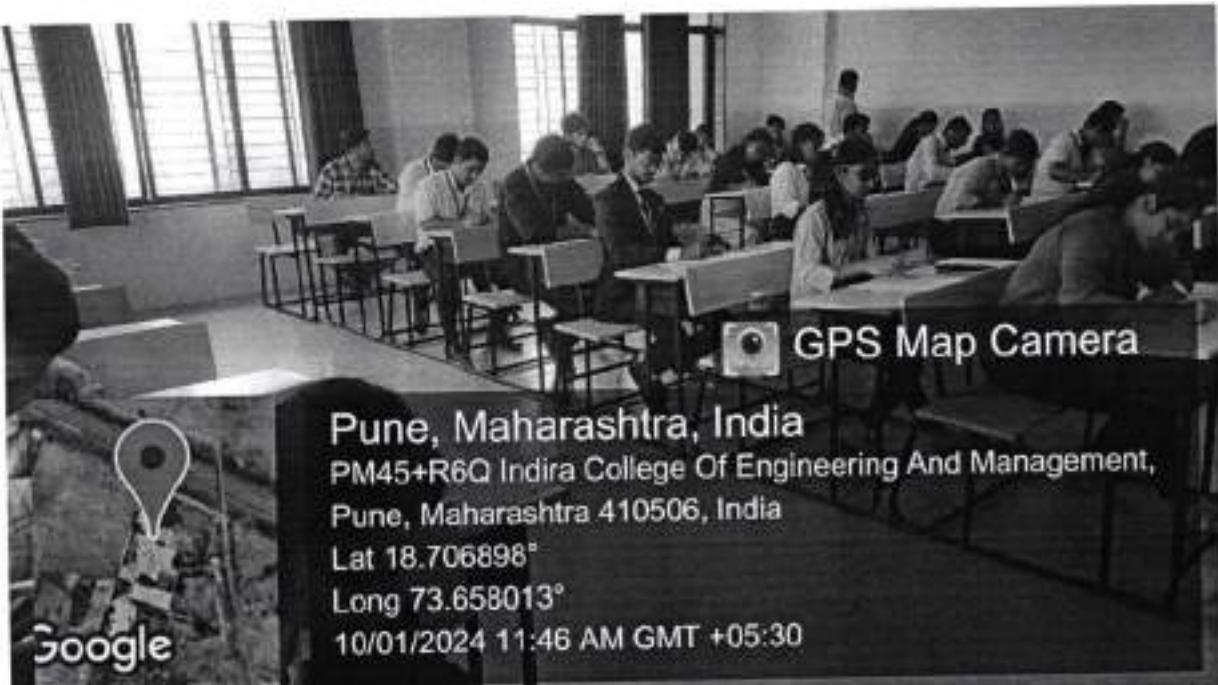
  
**Dr. Darshana Desai,**  
HOD  
ICEM(MCA), Pune.



## INDIRA COLLEGE OF ENGINEERING AND MANAGEMENT

Parandwadi, Pune – 410506, Ph. 02114 661500, [www.indraicem.ac.in](http://www.indraicem.ac.in)

001



  
Mr. Tejas Pawar  
Session - Coordinator (MCA),  
ICEM(MCA), Pune



  
Dr. Darshana Desai,  
HOD  
ICEM(MCA), Pune.



## Department of MCA

Report on  
“Soft Skill”

**Date:** 04/01/2024

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Communication skills recap, Value addition to the world, cause and effects, precise methodology

### Brief Description:

On January 4, 2024, participants engaged in a reflective session aimed at reinforcing communication skills and exploring avenues for value addition to the world. The session began with a comprehensive recap of essential communication skills, emphasizing the importance of clarity, empathy, and active listening in fostering effective interpersonal connections.

Attendees then delved into the concept of value addition, examining how individuals can contribute meaningfully to the world around them. Through thoughtful discussions on cause and effect relationships, participants gained insights into the ripple effects of their actions and choices, highlighting the potential for positive impact on others and society as a whole.

Moreover, the session introduced a precise methodology for identifying opportunities for value addition and implementing impactful initiatives. Participants learned practical strategies for assessing needs, setting clear objectives, and executing plans with efficiency and precision.

By integrating communication skills with a focus on value creation, attendees left the session empowered to leverage their strengths and talents to make meaningful contributions to the world, driving positive change and leaving a lasting legacy of impact and significance.

**Mr. Tejas Pawar**  
Session - Coordinator (MCA),  
ICEM(MCA), Pune



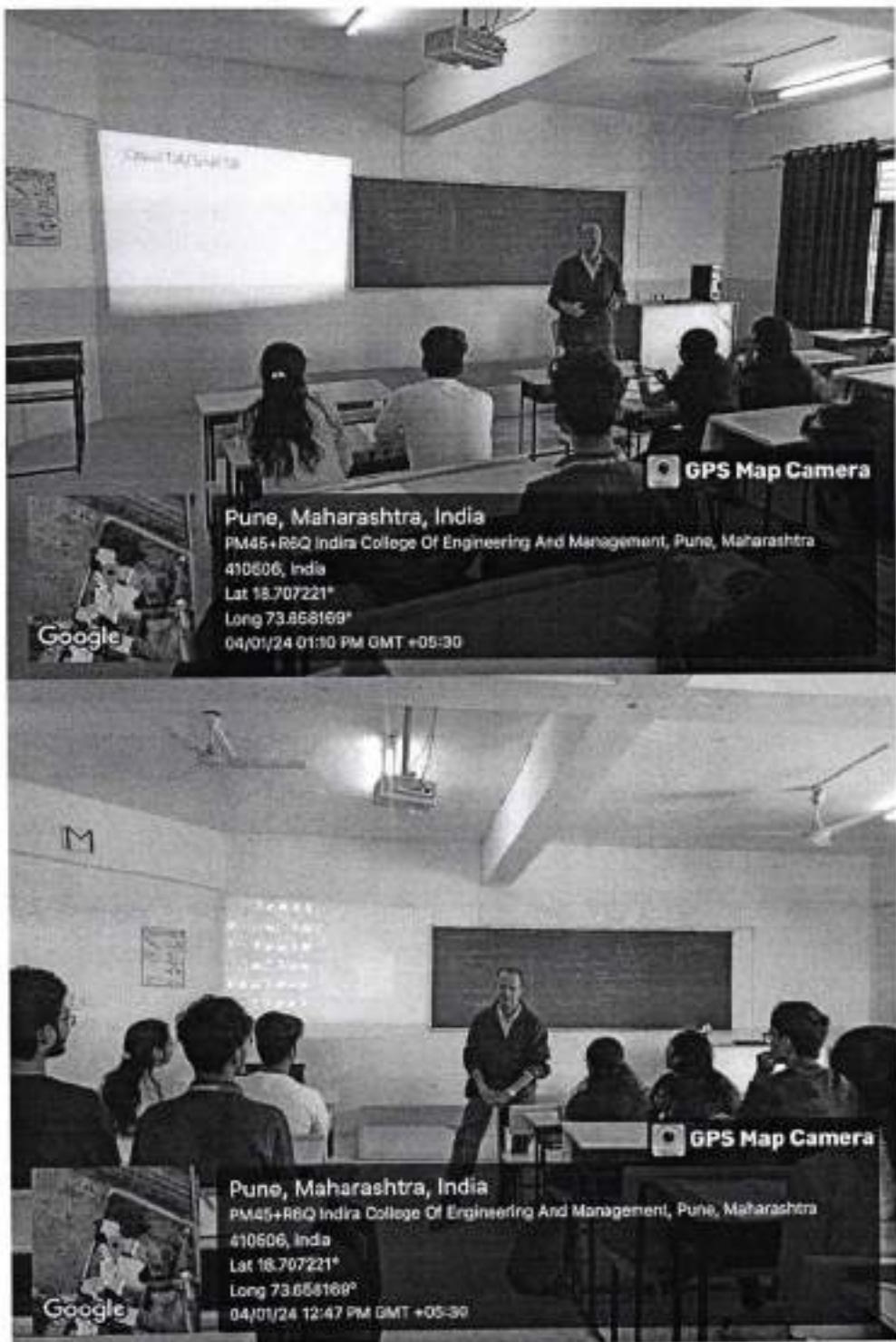
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**Dr. Darshana Desai,**  
HOD  
ICEM(MCA), Pune.



## Department of MCA

Report on  
“Soft Skill”

**Date:** 01/02/2024

**Time:** 11:30 am - 1:30 pm

**Venue:** Department of MCA

**Topics Covered:** Pomodoro technique for increasing work stamina

### Brief Description:

On February 1, 2024, participants delved into an immersive session focused on the Pomodoro technique, a renowned method for increasing work stamina and productivity. The session commenced with an in-depth exploration of the principles behind the Pomodoro technique, emphasizing its effectiveness in managing time and optimizing focus during work sessions.

Attendees learned how to implement the Pomodoro technique by breaking their work into intervals, typically 25 minutes in duration, followed by short breaks. Through practical demonstrations and guided exercises, participants gained insights into maintaining sustained focus and motivation while minimizing distractions.

Moreover, the session provided tips and strategies for adapting the Pomodoro technique to individual preferences and work styles, empowering participants to tailor the method to suit their specific needs and goals. Attendees also learned how to utilize tools and apps designed to facilitate Pomodoro sessions, further enhancing their productivity and efficiency.

By the end of the session, participants emerged with a deep understanding of the Pomodoro technique and its potential to boost work stamina, improve concentration, and achieve greater productivity in their professional and personal endeavors. Armed with practical skills and insights, they were prepared to implement this powerful time management tool to enhance their daily work routines.

  
**Mr. Tejas Pawar**  
Session - Coordinator (MCA),  
ICEM(MCA), Pune



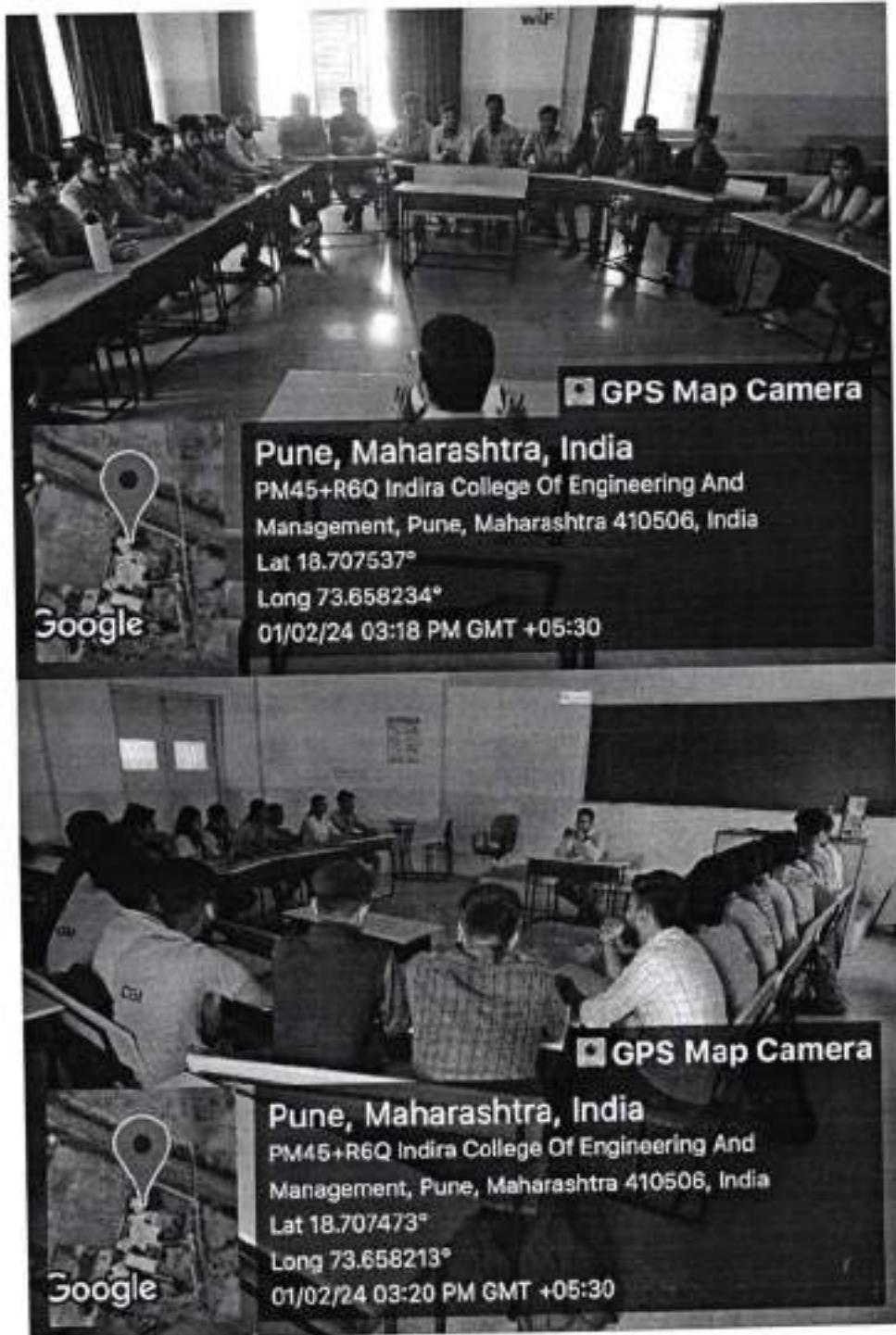
  
**Dr. Darshana Desai,**  
HOD  
ICEM(MCA), Pune.



## INDIRA COLLEGE OF ENGINEERING AND MANAGEMENT

Parandwadi, Pune – 410506, Ph. 02114 661500, [www.indiracem.ac.in](http://www.indiracem.ac.in)

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Mr. Tejas Pawar  
Session - Coordinator (MCA),  
ICEM(MCA), Pune



  
Dr. Darshana Desai,  
HOD  
ICEM(MCA), Pune.





21/3 22/3

81159	SHELAR ADITYA DNYANDEV							
81160	SHINDE VAISHNAVI SUNIL							
81161	SHIVAM GIRI							
81162	SHRIVARDHAN DILIP KUMBHAR							
81163	SHWETTA KASHISH							
81164	SONAWANE ANIRUDDHA BABAN							
81165	TEMBARE SHIVAM SURESH							
81166	VARPE AKSHAY KUSHOR							
81167	VIVEK SUNILBHAI CHANDAK							
81168	VYSHNAVANAND M							

100

Prof. Tejas Pawar  
Session Coordinator (MCB),  
IITG (MCB), Pune



Dr. Ranjana Desai  
400  
ICIM (CmH), Pune.

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INDIRA COLLEGE OF ENGINEERING AND MANAGEMENT

Parandwadi, Pune - 410506, Ph. 02114 661500, www.Indiracem.ac.in

## Soft Skills

Branch	Class	Date	Count	Topic Covered	Time
MBA (SEM II) Batch 23-25	FY	11.01.24	34	Overview of Banking sector	9.45 to 11.30
		18.01.24		Session cancelled	
		25.01.24	25	Communication Skills, Eye contact	9.45 to 11.30
		15-02-2024	40	Facial Expressions, Listening Ability	9.45 to 11.30
		21/3/24	13	English Communication	9.45 to 11.30



## One Page Report

### Soft Skills

**VENUE:** INDIRA COLLEGE OF ENGINEERING AND MANAGEMENT

**DATE:** 21<sup>st</sup> March 2024

**Speaker:** Abhijit Chandra

The soft skills session was conducted on "English Language"

The session on English language was conducted. Enhancing English Communication Skills: Strategies for Improvement was the title.

Following points were covered during the session.

#### Introduction:

English is a global language widely used for communication in various contexts, including business, education, and social interactions. This report explores the importance of English communication skills and provides strategies for individuals to enhance their proficiency in this area.

#### Importance of English Communication Skills:

**Global Communication:** English is the most widely spoken language in the world, facilitating communication across cultures and borders.

**Career Advancement:** Proficiency in English is often a requirement for many jobs and can enhance career opportunities and advancement.

**Academic Success:** English proficiency is crucial for academic success, especially in fields where English is the medium of instruction or research.

**Cultural Exchange:** English proficiency enables individuals to engage in cultural exchange and better understand diverse perspectives.

#### Strategies for Improving English Communication Skills:

**Practice Regularly:** Engage in regular practice through conversations, reading, writing, and listening to English media.

**Expand Vocabulary:** Learn new words and phrases regularly to improve vocabulary and express ideas more effectively.

**Focus on Pronunciation:** Pay attention to pronunciation and practice speaking clearly to enhance communication clarity.

**Improve Grammar:** Brush up on grammar rules and seek feedback to improve grammatical accuracy in speech and writing.

**Engage in Conversations:** Participate in conversations with native speakers or other English learners to improve fluency and confidence.

**Use Language Learning Apps:** Utilize language learning apps and online resources to practice and improve English skills.

#### **Challenges and Solutions:**

**Fear of Making Mistakes:** Overcome the fear of making mistakes by focusing on improvement rather than perfection.

**Limited Exposure:** Increase exposure to English through movies, music, and other media to improve language skills.

**Lack of Confidence:** Build confidence through regular practice and by setting achievable goals.

#### **Conclusion:**

Enhancing English communication skills is beneficial for personal, academic, and professional growth. By implementing the strategies outlined in this report and overcoming common challenges, individuals can improve their proficiency in English communication and enhance their overall communication effectiveness. A total 40 students were present for the session.

Following were the Highlights of the Event given by Sir.

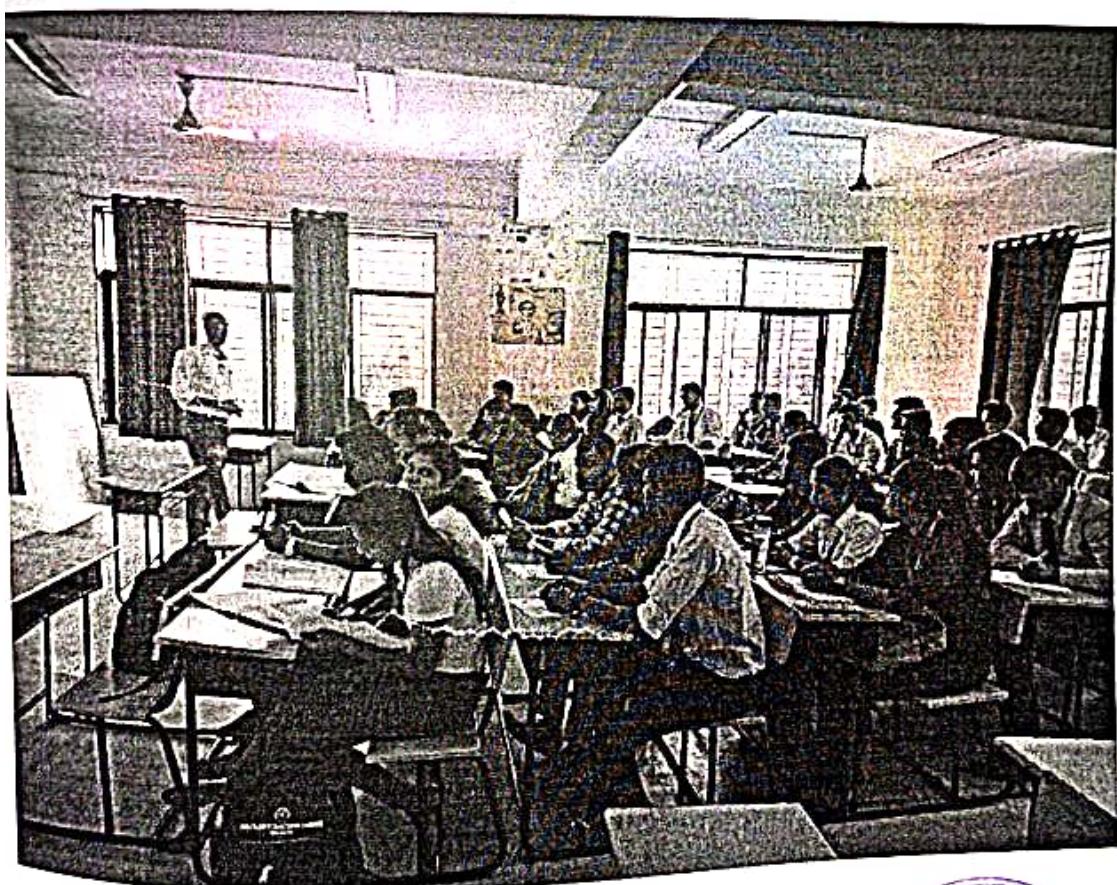
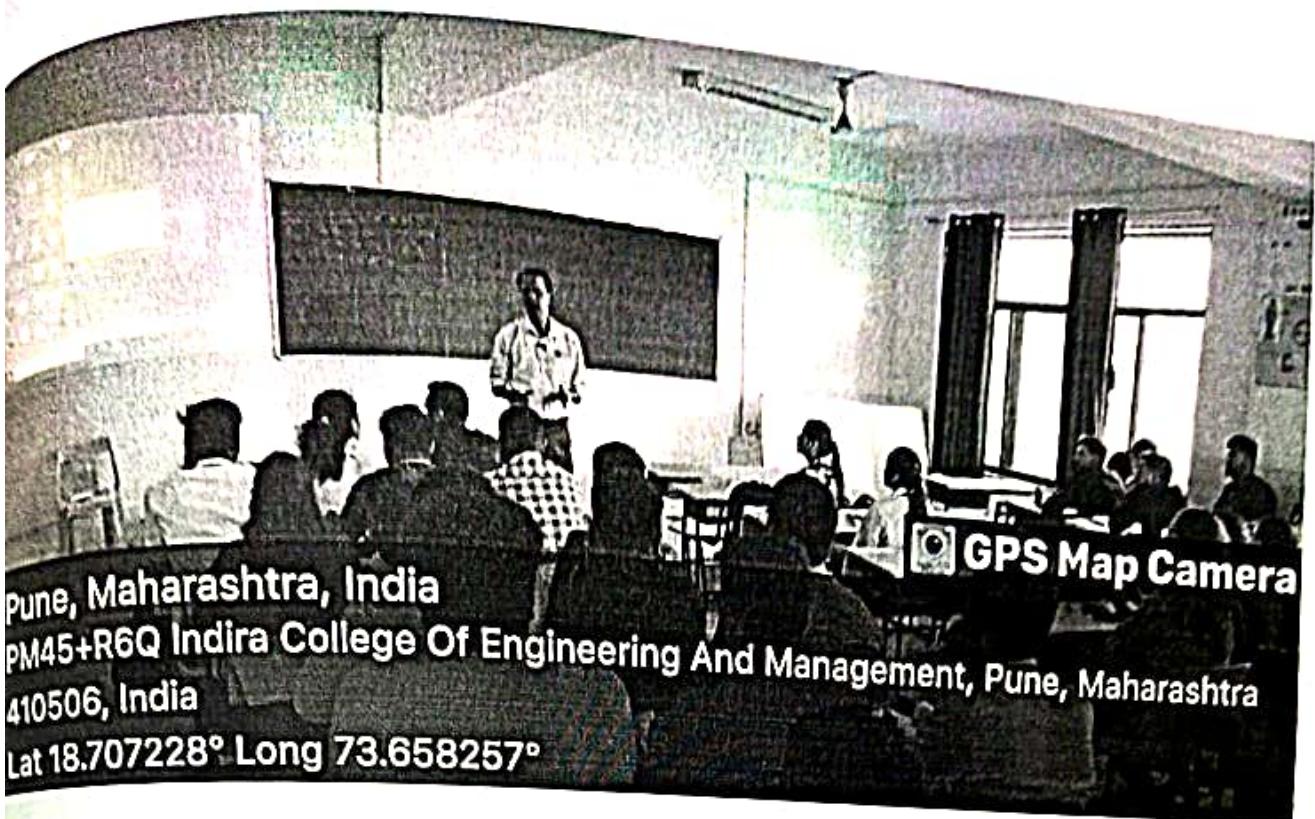
#### **Submitted by:**

Prof:Aditee Huparikar  
Training Coordinator

Photos:

Dr. Archana Salve,  
HOD,MBA







**INDIAS POLYTECHNIC OF ENGINEERING & MANAGEMENT**  
**DEPARTMENT OF MBA**  
**ATTENDANCE (AN 2023-24, SEMESTER ONE YEAR)**

#### **Section Nine**

100%

### **Soft Skills**

Time = 30 sec

Sr. No.	Roll Number	Name of The Student				
1	71101	AKAY MANE PATH				
2	71102	ANIRUDHDEEP ANURIK PATH				
3	71103	ANIL GUJARANI	B.L.			
4	71104	BAKAR NIKHIL NEEN				
5	71105	BAGDILAV NIKHIL SUNIL	J. H. Hoss			
6	71106	BAWANKAR SHIVAM DHANRAJ				
7	71107	BIHARDI AV ANKALI SHI SINDHAMWAR	B.S.			
8	71108	BURENDI BHUSHAN ANANTRAO				
9	71109	CHAUDHARI YASH VILASRAO				
10	71110	CHIRAG BHUYAR				
11	71111	CHODUGULE SAKSHEE PRAKASH				
12	71112	DEKATE ANSHULI SHANTARAM				
13	71113	DUSHMANE SANTOSH RAJABIAJI				
14	71114	FULE CHAITANYA RAMCHANDRA				
15	71115	GENGAJE SHUBHANGI SANTOSH	J. H. Hoss			
16	71116	GHAJU SAKSHI SUBHASHI				
17	71117	GHYAR VIVEK PRAKASH	Vivek			
18	71118	GOOSE NILESH KRUSHNA				
19	71119	GONARKAR RUTURAJ JAGANRAO				
20	71120	JADEHAV PRATIK JAYAWANT				
21	71121	JADHAV SAURABH JAIKISHAN				
22	71122	JAIN MALASBREE KIRAN				
23	71123	KALE ADITYA GALTAM				
24	71124	KAMDI HITESH HEMANT				
25	71125	KANKALE ABHISHEK ANANTRAO				
26	71126	KAPSE BHUMIKA SANJAY				
27	71127	KHADE SANKET SHAILAJI	P. L. A.			
28	71128	KHAERNAR MANISH PRAJHAD	S.P.			
29	71129	KIDNEY ROHIT MILIND	R.K.Y.			
30	71130	KOTHAWADE SUYASHI SATISH				



31	71131	KRITIKA RAINA							
32	71132	MAHABARE SHUBHAM RAVINDRA	<i>S</i>						
33	71133	MAJHAJAN KUNDAN MANOJ							
34	71134	MEHUL JITENDRA RAUT							
35	71135	NAVEEN KUMAR JHA	<i>Naveen</i>						
36	71136	PAL ROHIT TULCHAND	<i>Rohit</i>						
37	71137	PALEKAR YENGESH SURENDRA	<i>Yesh</i>						
38	71138	PATIL GAURAV PANDURANG							
39	71139	PATIL NISHANT CHANDRAKANT							
40	71140	PATIL RAJ-SHEWAR SUDHAKAR	<i>Raj</i>						
41	71141	PATIL RUPESHESUKADEO	<i>Rupesh</i>						
42	71142	PATNE AKANKSHA BAJIRAO							
43	71143	PATRE VEDIKA HARIKESAN							
44	71144	PAWAR ADITYA BALIRAM							
45	71145	POKALE MANOJ SURYABHAN							
46	71146	PRINCE KUMAR							
47	71147	ROHAN RAJESH BHOSSE							
48	71148	RUTIK DILIP DHORAJIAR	<i>Rutik</i>						
49	71149	RUTIK SANDIP BORADE	<i>Rutik</i>						
50	71150	SHIVALKAR NEHA MAHENDRA	<i>Neha</i>						
51	71151	SHIVAM KOUL	<i>Shivam</i>						
52	71152	SHRADDDHA CHETAN SHinde	<i>Shradddha</i>						
53	71153	SHRUTI SHUKLA							
54	71154	SIMRAN KOUL	<i>Simran</i>						
55	71155	SONTAKKE RUTURAJ SUBHASHRAO	<i>Ruturaj</i> <i>Subhashrao</i>						
56	71156	SUDRIK OMKAR NANASAHEB							
57	71157	TANAY DILIP DHOOTE	<i>Tanay</i>						
58	71158	UGADE KALYANI KAKASAHEB	<i>Kalyani</i>						
59	71159	VARMA RUSHIKESH RAMNAYAN	<i>Rushikesh</i>						
60	71160	WAGH UTKARSH ANIL							
61	71161	WAGHMARE ARJUN SHIVAJI							
62	71162	WARADE ABHIShek PRAFULLA							
63	71163	YASHASWEIKUL	<i>Yashasweikul</i>						
64	71164	YEWALE SANGRAM MARUTI	<i>Sangram</i>						

Sign Subject Incharge





**INDIRA COLLEGE OF ENGINEERING AND MANAGEMENT**  
Purandwadi, Pune - 411050, Ph. 02114661580, www.icem.edu.in

Ref. No: ICEM/AI and DS /2023-2024 Sem IV /31

001

Date: 01/04/2024

**Department of Artificial Intelligence and Data Science**

**NOTICE**

All the students of SE (AI and DS) are hereby informed that, a guest for Audit Course- "Stress Relief: Yoga and Meditation" is arranged on 5<sup>th</sup> April 2024 Friday at 3:30pm. Attendance is mandatory.

Note:- Audit course Marks will be evaluated on bases  
of guest Lecture and Daily Yoga & Meditation  
activity.

Prof. Pallavi Chavan  
Subject Coordinator

Dr. Manjusha Tatiya  
HoD



## Department of Artificial Intelligence and Data Science

Date: 5<sup>th</sup> April 2024

### "Guest Lecture on Yoga and Meditation"

Date: 5<sup>th</sup> April 2024

Venue: AI and DS Hall

Time: 3:30 pm to 5:00 pm



#### Introduction:

The second-year engineering students of AI and DS had the privilege of attending a guest lecture on yoga and meditation as part of their audit course curriculum. The guest lecturer, Mr. Autl Gore Physical Director, an esteemed authority in the fields of mindfulness and holistic well-being, shared his knowledge with the students. The session aimed to introduce students to the principles and practices of yoga and meditation and explore their relevance in the context of audit procedures and personal well-being.

#### Purpose:

The primary purpose of the guest lecture was to deepen students' understanding of the synergies between yoga, meditation practices. By exploring the principles and techniques of these practices, students were expected to gain insights into how mindfulness can optimize their performance as auditors.

#### Objectives:

- Introduce students to the fundamental principles of yoga and meditation.
- Engage students in experiential exercises to cultivate mindfulness and self-awareness.
- Foster dialogue and reflection on the integration of mindfulness practices into academic and professional life.

#### Activity Description:

- Mr. Autl Gore provided an overview of the historical origins and philosophical foundations of yoga and meditation. He emphasized their relevance in promoting mental clarity, emotional resilience, and overall well-being.
- Students participated in guided mindfulness exercises, including breath awareness, body scans, and seated meditation. Mr. Gore demonstrated how these techniques can enhance concentration, reduce stress, and improve decision-making.
- The guest lecture was conducted using a combination of lecture-style presentation, experiential exercises, and interactive discussions. Mr. Autl Gore utilized storytelling, visual aids, and guided practices to engage students and facilitate learning. Students were encouraged to actively



- participate, fostering a collaborative and inclusive learning environment.
- The lecture concluded with a question-and-answer session, allowing students to seek clarification on concepts discussed and explore practical strategies for incorporating mindfulness into their daily routines.

**Outcome:**

- Increased awareness and understanding of the principles and benefits of yoga and meditation among students.
- Recognition of the practical applications of mindfulness techniques in audit practices, leading to enhanced focus, decision-making, and stress management.
- Development of mindfulness skills and strategies that students can integrate into their academic and professional lives to promote well-being and performance.
- Enhanced appreciation for the importance of self-care and mental resilience in the demanding field of auditing, laying the foundation for a balanced and sustainable approach to personal and professional development.

Prepared by:

Prof. Pallavi Chavan

Coordinator

Submitted to

Dr. Manjusha Tatiya  
**HOD AI And DS**





# Indira College of Engineering and Management, Pune.

Dept: AJ &amp; DS

A.Y.: 2023 - 24

Date: 5/4/2024

Event Name: Stress Relief : Yoga & Meditation (Guest Int) Time: 3:30 - 5:00  
 Event Coordinator Name: Pallavi Chavhan  
 Subject/Agenda: Audit Course -

Sr.No.	ID/Roll No.	Name	Sign	Remark
1	12	Akshay Jadhav	Akshay	
2	06	Priya Adya	Priya	
3	04	Haryan Borde	Haryan	
4	21	Isha Borole	Isha	
5	10	Naziya Sayyad	Naziya	
6	25	Shruti Tamhankar	Shruti	
7	23	Shreaddha Grade	Shreaddha	
8	24	Ayesha Sheikh	Ayesha	
9	34	Mohamedra Ganju X	Ganju	
10	33	Adityabodhi Gaikwad	Adityabodhi	
11	02	Nilay Sharma	Nilay	
12	18	Samruddhi Bagal	Samruddhi	
13	11	Kunal Kene	Kunal	
14	19	Shivam Yadav.	Shivam	
15	03	Yash Patnare	Yash	
16	07	Vaishnavi Katikar	Vaishnavi	
17	30	Pranali More	Pranali	
18	08	Aniket Bhambe	Aniket	
19				
20				

Event Coordinator / Meeting Head

HOD / Principal





### Department of Artificial Intelligence and Data Science

#### Invitation Letter

Prof. Atul Gore,  
Director of Physical Education

Subject: Invitation as a Speaker/ Guest lecturer for the "Audit Course- Stress Relief: Yoga and Meditation" on 5th April 2024.

Dear Sir,

Greetings for the day!

Indira College of Engineering and Management was established in the year 2007 under visionary leadership of Dr. Tarita Shankar with the aim of achieving academic excellence by providing professional education to develop competent Engineers & Entrepreneurs to the corporate. We are happy to be able to invite you to the yoga session event organized by Department of Artificial Intelligence and Data Science.

As we all know that health is the greatest wealth, therefore the main intention of our program is to make each and everyone aware of the importance of good health. We are hosting this event on our Hall of AI & DS on 5<sup>th</sup> April 2024 Friday at 3:30pm.

We sincerely request you to accept our Invitation and share your valuable experience and guidance to our SE studentss. We look forward to a positive confirmation and it would be honor for us.

Anticipating your kind consent.

Regards,

Prof. Pallavi Chavan  
Subject Coordinator

Dr. Manjusha Tatiya  
HOD





### Department of Artificial Intelligence and Data Science

#### Thanking Letter

Prof. Atul Gore,  
Director of Physical Education

Greetings for the day!

Institute and Department is grateful for the time & efforts taken by Prof. Atul Gore to share your prominence as a guest lecture for audit course " Stress Relief: Yoga and Meditation " on 5<sup>th</sup> April 2024.

Your expertise and passion for yoga and meditation shone through during the session, and your guidance left a lasting impression on all. Your ability to create a serene and nurturing environment allowed participants to deepen their practice and connect with their inner selves in profound ways.

The feedback we received from our attendees has been overwhelmingly positive, with many expressing gratitude for the transformative experience you facilitated. Your wisdom, compassion, and dedication to holistic well-being have left an indelible mark on our community, inspiring individuals to continue their journey towards health and self-discovery. Your contribution has been invaluable, and we are immensely grateful for the time and effort you invested in making it a meaningful and enriching experience for all.

Once again, thank you for sharing your knowledge, expertise, and positive energy with us. Your presence brought light and inspiration to our session, and we are deeply appreciative of the impact you had on our community.

With warm regards,

*Chavan*

Prof. Pallavi Chavan  
Subject Coordinator

*Received  
P.K.Govt*

*Tatiya*

Dr. Manjusha Tatiya  
HOD





Ref: ICM/AI and DS/2023-24/

22/4/2024

## Department of Artificial Intelligence and Data Science

## Notice

All Students of Second Year are hereby informed that, an expert session for all Second Year Students is arranged for Internet of Things. The details are as follows:

**Topic:** "Expert Session on IoT"

**Date:** 23<sup>rd</sup> April 2024

**Time:** 9:30 am – 12:00 p.m.

**Venue:** CKP Hall at computer department

**Note:**

- All the students are requested to attend.
- Dress code is strictly followed.
- No mobile phones.

Prof. Pallavi Chavan  
Course in charge

22/4/2024

Dr. Manjusha Tatiya  
HOD





## Department of Artificial Intelligence and Data Science

Date: 23<sup>rd</sup> April 2024**"Expert Session on IoT by Industrial Expert "****Date:** 23<sup>rd</sup> April 2024**Venue:** CKP Hall**Time:** 10:00 am to 12:15 pm**Introduction:**

The expert session on the Internet of Things (IoT) conducted by an industrial expert aimed to provide practical insights and real-world perspectives on IoT implementation in industrial settings. IoT technology has transformed industrial operations by enabling the connectivity of machines, sensors, and devices, leading to improved efficiency, productivity, and decision-making. The session by the industrial expert delved into the challenges, opportunities, and best practices for implementing IoT solutions in industrial environments.

**Purpose:**

The purpose of the expert session was to bridge the gap between theoretical understanding and practical implementation of IoT in industrial settings. It aimed to equip participants with the knowledge and tools necessary to leverage IoT technology to optimize processes, monitor equipment health, and enhance overall operational performance. The session also aimed to foster collaboration and knowledge sharing among participants from various industries interested in adopting IoT solutions.

**Objectives:**

- To provide insights into the role of IoT in industrial automation and digital transformation.
- To discuss the key components and technologies involved in implementing IoT solutions in industrial environments.
- To explore real-world case studies and success stories of IoT implementation in industrial settings.
- To address common challenges and barriers faced during the deployment of IoT solutions in industries.
- To empower participants with practical strategies and best practices for designing, deploying, and managing IoT projects in industrial contexts.





#### Activity Description:

The expert session on IoT by the industrial expert was structured to offer a blend of theoretical concepts, practical insights, and industry-specific examples. The session began with an overview of the importance of IoT in driving industrial automation and enabling the Industry 4.0 revolution. The industrial expert shared real-world case studies highlighting successful IoT implementations in manufacturing, energy, logistics, and other industrial sectors.

Participants engaged in interactive discussions and knowledge-sharing sessions, where they had the opportunity to ask questions, share their experiences, and learn from each other's challenges and successes. The industrial expert provided practical guidance on selecting suitable IoT technologies, integrating legacy systems, ensuring data security, and scaling IoT deployments for maximum impact. Additionally, the session covered topics such as predictive maintenance, asset tracking, and supply chain optimization through IoT-enabled solutions.

#### Outcome:

The expert session on IoT by the industrial expert resulted in several key outcomes for participants:

- Enhanced understanding of the practical applications and benefits of IoT in industrial settings.
- Insights into the challenges and considerations involved in implementing IoT solutions in industrial environments.
- Practical strategies and best practices for designing, deploying, and managing IoT projects in industries.
- Inspiration to explore innovative use cases and opportunities for leveraging IoT to drive operational excellence and business transformation.
- Strengthened connections and networking opportunities among participants interested in adopting IoT solutions in their respective industries.

#### Prepared by:

Prof. Pallavi Chavhan  
Coordinator



#### Submitted to

Dr. Manjusha Tatiya  
**HOD AI and DS**



# Indira College of Engineering and Management , Puno.

A.Y.: 2023-24

Dept: A.I.T.B.S.

Event Name: Guest Lecture

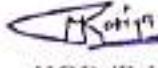
Event Coordinator Name:

Subject/Agenda: Internet of things.

Date: 23/11/23  
Time: 10:00 AM - 1:00 PM  
12:00 PM

Sr. No.	ID/Roll No.	Name	Sign	Remark
1	26	Habiba Gunjore	Habiba	
2	37	Gajendra Makar	Gajendra	
3	33	Adityashree Gaikwad	Adityashree	
4	25	Shruti Tamhankar	Shruti	
5	23	Shradha Jado	Shradha	
6	24	Ayesha Sheikh	Ayesha	
7	10	Naziya Sayyad	Naziya Sayyad	
8	28	Ajali Ghangurde	Ajali Ghangurde	
9	29	Nikita Patil	Nikita	
10	30	Pranali More	Pranali	
11	07	Omkar Bhamre	Omkar	
12	07	Vaishnavi Kalikar	Vaishnavi	
13	31	Anurag Sandbhos	Anurag	
14	18	Sumruddhi Bagal	Sumruddhi	
15	12	Akshay Jain	Akshay	
16	04	Aaryan Borse	Aaryan	
17	052	Niloy Sharma	Niloy	
18	03	Yann Patnayak	Yann Patnayak	
19				
20				

  
Event Coordinator / Meeting Head

  
HOD / Principal  
Dr. Marjwaha Totija





**Department of Artificial Intelligence and Data Science**

Date: 23<sup>rd</sup> April 2024

**Feedback & Action Taken Report**

Half day expert session was organized for Second Year students on "IoT Perspective in Industry 5.0". The session was conducted by Ms. Sheetal Atjunwadkar Co-Founder and Director Techpanacea Private Limited.

The Feedback is taken from all participants at the end of the day. In hybrid mode feedback was collected and analyzed. We have received from all the participants are as mention below:

- The content provided valuable insights and practical applications.
- The facilitator was knowledgeable and engaging
- Use of real life examples

**Suggestions received from all the participants are**

Some topics could have been covered in more depth.  
Participants requested more follow-up sessions or resources to deepen understanding.

**Suggestion received from Expert:**

Process Optimization: Experts identified areas in operational processes that could be streamlined.

**Action Taken:**

Scheduling follow-up sessions and providing additional resources for continued learning. Creating a forum or platform for ongoing discussion and networking.

Prof. Pallavi Chavan

**Coordinator**

