

Avocado Toast

Author: Cookie and Kate Prep Time: 3 mins Cook Time: 2 mins Total Time: 5 minutes

Yield: 1 slice Category: Breakfast, Snack Method: Toasted Cuisine: American

★★★★★ 4.9 from 244 reviews

Avocado toast is creamy, crisp and so satisfying. It's a delicious and simple breakfast, snack or light meal! It's best consumed immediately, since the avocado browns over time. Recipe as written yields 1 slice of basic avocado toast; multiply as necessary.



SCALE

INGREDIENTS

- 1 slice of bread (I like thick-sliced whole-grain bread best)
- 1/2 ripe avocado
- Pinch of salt
- Optional: Any of the extra toppings suggested in this post

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INSTRUCTIONS

1. Toast your slice of bread until golden and firm.
2. Remove the pit from your avocado. Use a big spoon to scoop out the flesh. Put it in a bowl and mash it up with a fork until it's as smooth as you like it. Mix in a pinch of salt (about 1/8 teaspoon) and add more to taste, if desired.