

Personal Development

I read Chapters 4 – 7 of “Twelve Pillars” by Jim Rohn and Chris Widener, and those chapters made me recall that our success in our business life and private life relies significantly on the people we surround ourselves with, precision of our objectives, the efficient management of our time and the mindset to be continuously learning.

Goals:

In this chapter the focus falls on the power of setting and striving for well-defined goals. They explain the importance of recording goals, breaking them down into accomplishable steps, and keeping track of progress from time to time. Although I have goals, I have not always written them down or broken them down into manageable steps. The advice to write and review goals regularly is practical. I will start by writing down my three key objectives for the next year, breaking them down into monthly and weekly steps, and tracking my progress.

Time Management:

Time management is the subject of this chapter. Rohn and Widener emphasize that the most precious thing we have is time, and how we use our time determines our success. They recommend setting priorities on significant work, not procrastinating, and being aware of potential distractions. The chapter encourages the reader to invest time in activities that they enjoy and that reflect their priorities. I battle with procrastination and distraction as well, particularly with technology. I liked the importance the chapter placed on doing the most critical task first and matching activity with values. I will establish a daily routine, place a time constraint on social media, and prioritize activity that moves me in the direction of my long-term objectives.

Social Circle:

The writers discuss the impact our social circle plays on our life. They mention that we become the company we keep the most, therefore we should surround ourselves with positive, motivated, and inspiring people. The chapter advocates for mentorship, learning from individuals, and being purposeful with the relationships that make us better. Reflecting on my own relationships, I see the truth of the saying that we become what we surround ourselves with. I would like to make an intentional choice to spend time with positive, growth-oriented people. I will seek out mentors and try to find ways to learn from those who inspire me.

Lifelong Learning:

Learning, according to Jim Rohn and Chris Widener, does not end once education is complete, but rather dynamically successful persons have a learning agenda for a whole lifetime. I resonated with this chapter because it reframed learning as a continuous process and not just something learners are accountable for. I acknowledge I must make learning a part of my day-to-day living to remain current and keep on growing. By embracing lifelong learning, I can adapt to new requirements, stay motivated, and continue developing at a personal and professional level. It will make me curious, open-minded, and prepared for whatever is next.