

# Emergency Disaster Safety Kit Guide

**This guide includes the essential items every household should have in case of emergency:**

1. Water - one gallon per person per day (3-day supply)
2. Non-perishable food (3-day supply)
3. Flashlight with extra batteries
4. First aid kit
5. Whistle (to signal for help)
6. Dust mask (to filter contaminated air)
7. Moist towelettes and garbage bags for sanitation
8. Wrench or pliers to turn off utilities
9. Manual can opener
10. Local maps and emergency contact list

Keep this kit in a designated place and make sure all family members know where it is.