[{"model": "ingredients.category", "pk": 1, "fields": {"name": "Dairy"}}, {"model": "ingredients.category", "pk": 2, "fields": {"name": "Meat"}}, {"model": "ingredients.ingredient", "pk": 1, "fields": {"name": "Eggs", "notes": "Good old eggs", "category": 1}}, {"model": "ingredients.ingredient", "pk": 2, "fields": {"name": "Milk", "notes": "Comes from a cow", "category": 1}}, {"model": "ingredients.ingredient", "pk": 3, "fields": {"name": "Beef", "notes": "Much like milk, this comes from a cow", "category": 2}}, {"model": "ingredients.ingredient", "pk": 4, "fields": {"name": "Chicken", "notes": "Definitely doesn't come from a cow", "category": 2}}]