



Storage:

Store in a cool & dry place in an airtight container.
Keep away from direct sunlight & moisture.
Do not introduce wet scoop in the powder.

Tamper Resistant:

Do not use if seal under cap is broken or missing.

No sugar, No starch, No artificial color, No artificial flavours,
No wheat, Gluten free, No dairy derivatives, Yeast free.

Manufactured and Marketed By:

Nutro Life Science

AN ISO 9001:2015, GMP HACCP CERTIFIED COMPANY
D173, Phase 8B, Industrial Area, Sahitzada Ajit Singh Nagar,
Punjab.

fssai LIC NO.: 12122999000378

For consumer complaints, contact our customer care executive
at above mentioned Marketed by address or contact on

Ph: +91

Email ID:

Batch No :
Mfg. Date :
Expiry Date :
MRP ₹ :
(Inclusive of all taxes)
Unit Sale Price ₹ :
(Per Gram)

Disclaimer: Images are used for illustrative purpose only.

Directions for use



Take 1 scoop
(3g approx)



Add in 200-220ml
of chilled water
or milk



N&C NUTRITION



CREATINE MONOHYDRATE

3000MG
Creatine Monohydrate

200 MESH
Ultra Filtered

83
Servings

Build Muscle
Increase Strength
Superior Absorption

250g
Net Wt.

Nutraceutical
Unflavoured



NUTRITIONAL INFORMATION

Serving Size: 1 Scoop (3g) Servings Per Container: 83

Nutrients	Amount Per Serving	% RDA*
Energy	0.0kcal	0.0%
Protein	0.0g	0.0%
Carbohydrate	0.0g	**
Total Fat	0.0g	0.0%
Added Sugar	0.0g	0.0%
Saturated Fat	0.0g	**
Creatine Monohydrate	3000mg	**

%RDA values established as per ICMR guidelines Men Sedentary Work.

** %RDA Values not established.

Ingredients:

Creatine monohydrate powder.

Recommended Usage:

"For Adults" consume one serving (approx. 3g) of CREATINE MONOHYDRATE once in a day or as recommended by physician or certified dietician or nutrition professional only.

NOT FOR MEDICINAL USE

Recommended duration is as per physician or certified dietician or nutrition professional before using the product.

If pregnant women, lactating or under any specific medication consult your nutrition professional before using the product.

This product should not be used as a substitute of a varied diet.

Keep out of reach of children.

Not to exceed the recommended daily usage.

This product is not intended to diagnose, treat, cure or prevent any disease.