



My First Million

Weight Lifting Tracking Application





Kevin McMahon

USAF veteran, geek of geeks and father of two crazy little boys.





Overview

I have had this idea a couple times and this was finally my opportunity to try and build a weightlifting application. Some things proved to be harder than expected, but the following will show some of my planning steps as well as my current iteration of the project.





User Stories

1

As a new user I need to be able to register and have access to the tracking aspects of the application.

3

As a user I would like to be able to add new exercises to the available list in the workout form.

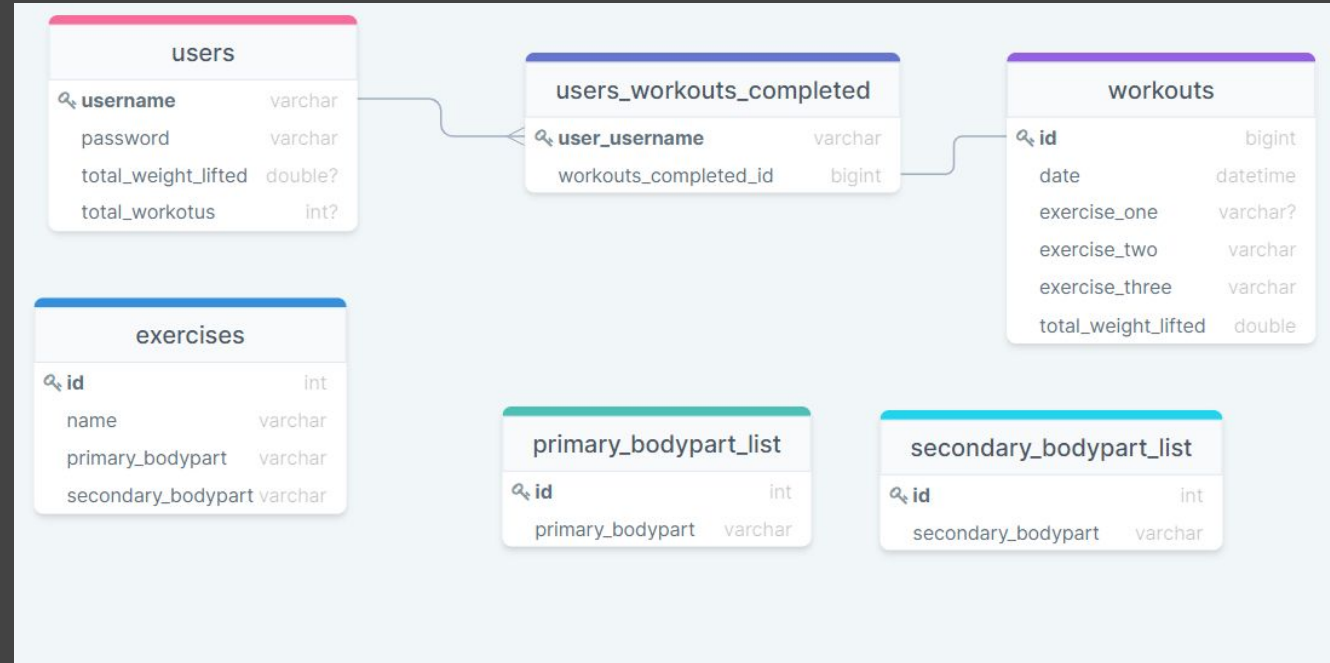
2

As a user I need to be able to add new workouts as I complete them and see my past workouts and totals.

4

As a user I may need to delete previous workouts. I should be able to do that and have my profile still exist correctly.

Database relationships





On to the Demo!!!