Links

Sider som siger, at det er vigtigt at have en korrekt indstillet skærm:

<http://www.healthycomputing.com/office/setup/monitor/>

<http://www.safecomputingtips.com/blog/healthy-computing/how-to-minimize-neck-pain-at-your-desk/>

<http://www.backexercisedoctor.com/journal/2010/3/2/neck-pain-and-monitor-height.html>

<http://www.yorku.ca/dohs/ergonomics/neck.htm>

<http://www.ergonomicsmadeeasy.com/pages/shoulder-and-back-pain/neck-shoulder-pain/>

<http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Computer_related_injuries>

Statistik om nakkesmerter hos arbejdere

<http://www.123chiropractors.com/articles/the-statistics-regarding-neck-pain/>

Statistik om nakkesmerter

<http://backandneck.about.com/od/conditions/a/backpainovervie.htm>

75% har forkert indstillet kontorudstyr:

<http://wjst.wu.ac.th/index.php/wjst/article/view/40>

Artikler om smerter i nakke og ryg

<http://www.spine-health.com/>

wikipedia:

<http://en.wikipedia.org/wiki/Neck_pain>

Videnskabelig statisktik (måske):

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1819511/?tool=pmcentrez>