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UCL PhD Upgrade Report

Qubit Coherence and Control

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Abstract

Scientific documents often use \LaTeX for typesetting. While numerous packages and templates exist, it makes sense to create a new one. Just because.

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1 Introduction

At midnight all the agents and superhuman crew come out and round up everyone that knows more than they do

Quantum computing has been an active field of research since the concept was first suggested by Richard Feynman in the early 1980s [12]. Originally proposed as an efficient method for simulating chemical processes (something that traditional computers find extremely taxing) the discovery of several algorithms offering significant speed increases over classical computers has further fueLled research [30, 31]. Strong initial scepticism abounded regarding the potential for quantum computers to exist in the real world, primarily due to the concerns that error correction with such a complex device would be impossible[26]. This pessimism gave way with the identification of an error threshold for quantum computation. Given an error rate below a critical threshold it was possible to perform an arbitrarily long computation with negligible possibility of significant error [1, 29]. Following these discoveries serious attention has been given to the development of error correcting codes that might be implemented to allow a physical quantum computer to be *fault tolerant*.

Gottesman identified the class of error correcting codes known as *stabilizer codes*, where codes are defined by the group of logical operators that leave the code unchanged [15]. This class of quantum error correcting codes have become the dominant form in theoretical research. Of these one in particular has become the focus of much of the ongoing research of quantum computing, *the surface code*, developed by Bravyi and Kitaev [6]. Although other quantum error correcting codes (such as colour codes [36]) exist, the surface code has become the focus for experimental implementations. This is due mainly to the relatively high error threshold that it is able to tolerate, $\sim 0.5\%$, and the simple architecture of a planar grid of qubits.

In recent years there has been rapid progress in the development of physical qubits. Groups in both the academic and private sectors have shown small numbers of qubits functioning with error rates above the fault tolerant threshold [4, 27]. The successful recent approaches

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have tended to focus on superconducting circuits to produce their qubits. Whilst these have proved excellent for the small numbers of qubits currently in use, it is likely that they will present significant additional challenges when scaling to numbers sufficient for useful, fault-tolerant quantum computation. With the numbers required likely to be close to 100×10^6 and the current size of these qubits close to 1mm^2 , it will likely be impossible to use these qubits in their current form in a fault-tolerant quantum computer.

Although there are many alternative systems that could provide a qubit, this paper will focus on the use of the spins of nuclei and electrons bound to donors in semiconductors, particularly silicon. A seminal paper by Kane [17] stimulated much of the research interest in this field. He proposed using the spin of phosphorus nuclei in silicon as qubits with the ability to mediate interactions between neighbouring donor nuclei using the interaction between the electrons bound to each. These types of qubit are attractive due to their exceptionally long coherence times, the time that the qubit reliably stores quantum information for. A long coherence time relative to qubit gate times is essential, as this determines the error rate of the qubits. Coherence times as long as several seconds have been reported for donor spin qubits in silicon, whilst gate times can be as low as several nanoseconds [40]. Despite these advantages, development of these types of qubits for quantum computers has lagged behind the superconducting and ion trap versions [2]. This is due to the difficulty of isolating and addressing single donors in a silicon lattice. Kane's proposal required sub nano-metre precision in qubit placement to facilitate inter-qubit interactions. Even if this precision were achieved there remains the issue of how the requisite control circuitry could be integrated into such a dense design. This has lead to the development of more modern proposals to both overcome these difficulties and also to implement surface code based error correction.

One such proposal is from O'Gormann et al [23]. This proposal takes a similar approach to Kane, with qubits being donor spins in a silicon lattice. Where it differs significantly is in its use of two lattices of qubits. One of these is for the storage of data, whilst the other performs measurements on these data qubits. This measurement stage is placed above the data stage and held close, within 40nm, and moved in a repeating cycle over the data qubits. This allows each measurement qubit to perform \hat{X} or \hat{Z} measurement on groups of four data qubits, the stabilizer measurements that make up the fundamental units of surface code. This architecture allows for data qubits to be placed much farther apart - since no direct interaction between them is required. Several key research questions remain:

- 1. What donor species should be used for both types of qubit?
- 2. How are the measurement qubits to be read out?

3. How are the qubits to be controlled?

Whilst donors in silicon make excellent choices for the data qubits due to the properties stated above, a different qubit species is required for the measurement qubits to avoid an unwanted exchange interaction between the two lattices. Optical qubit readout is suggested in the proposal by O'Gormann et al and is a well studied means of reading the state of spin qubits, particularly in nitrogen-vacancy (NV) centres in diamond [18]. A concern with optical readout is the impact that illumination can have on the coherence times of donors in silicon. Silicon has a band gap energy equivalent to approximately 1058nm or photon energy of 1.17eV. Illumination at shorter wavelengths than this will create free electrons in the silicon conduction band. These can scatter off the electrons bound to donors, causing them to relax and shortening the T_1 time of the qubits as a whole [Ross2017]. NV centres are read out at between 500nm and 600nm, illumination that would reduce data qubit coherence times and increase the qubit error rate. Alternative optically addressed spin qubits at higher wavelengths exist, such as the di-vacancy centre in silicon carbide [9], but a vital question is what wavelengths can be used for read-out without compromising data qubit coherence times. This report addresses this question by examining the effect of various laser wavelengths close to the silicon band gap on the coherence times of electrons bound to phosphorus donors in silicon.

Another key question presented by the O'Gormann proposal is how to control the data qubits. The frequencies traditionally used for electron spin resonance are between 8GHz and 10GHz. Electromagnetic radiation at these frequencies require large coaxial cables and cavities for transmission. This makes it almost impossible to individually address qubits using microwaves. Instead the solution proposed by Kane is to use global microwave pulses, addressing all qubits at once. To selectively control qubits the DC Stark shift can be employed - DC electric fields can be used to shift the electron spin transition frequency meaning that a global microwave field will not effect them. Unlike RF radiation, DC signals are easily multiplexed and the commercial electronics industry has achieved fabrication precision well within that required by the O'Gormann proposal. In addition to the potential control benefits provided by the Stark shift, it can bring problems. Inhomogeneous electric fields near spin qubits would alter the energy of their transition, potentially leading to decoherence. It is also beneficial, therefore, to identify systems that only experience a small Stark shift, as this would render them much more resistant to electric field noise and make them potentially ideal data qubits. One such system is explored in this report, the unpaired electron bound to a selenium+ donor in silicon. Among these is the hyperfine interaction between the donor electron and the silicon-29 nuclei present in natural silicon. The nuclear bath has been iden-

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tified as a potential quantum register and the ability to tune the interaction between data qubits and memory could be of use.

2 THEORY

2.1 ELECTRON SPIN RESONANCE

2.1.1 BACKGROUND THEORY

Electron spin resonance (EPR) functions by detecting the energy difference between the spin states of an electron. Normally degenerate, the presence of a magnetic field separates the two spin states parallel to it in energy - known as the Zeeman splitting [11]. The spin state parallel to the magnetic field has a lower energy whilst the anti-parallel state has a higher energy. These are described as the up, $|\uparrow\rangle$, and down, $|\downarrow\rangle$, spin states. For an electron in free space the energy difference is given by:

$$\Delta E = g_e \mu_b B,\tag{2.1}$$

where g_e is the free electron g-factor, μ_b is the Bohr magneton and B is the magnetic field strength. This results in an energy splitting as seen in figure 2.1.

In practice this energy splitting can be detected using continuous wave EPR. Transitions between the spin states will be driven by incident electromagnetic radiation of photon energy equal to the energy gap (i.e $h\nu=g_e\mu_bB$). The presence of an EPR transition in a sample can be detected either by applying a constant magnetic field and sweeping EM frequency

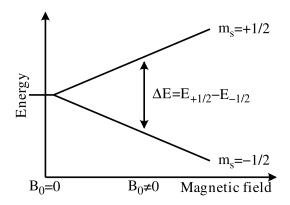


Figure 2.1: Spin state energy splitting for a free electron in a magnetic field.

incident on that sample or vice versa. In practice, it is the latter that is used for experimental simplicity. Measuring reflection of radiation from the sample whilst sweeping magnetic field will reveal a drop in reflection at the transition field - when photons are absorbed by spins moving from the lower to higher energy state.

2.1.2 Pulsed Electron Spin Resonance and Qubits

The description above details continuous wave (CW) ESR, a technique that has proven invaluable for studying the electronic structure of materials. Another ESR has proven more popular for the manipulation of spins for use of qubits: pulsed ESR. This uses short bursts of microwave radiation, on resonance with the spin transition, to control spin states and allows the spin to function as a qubit. This control is achieved by placing the spins at the centre of a cavity which produces a magnetic field when a pulse is applied. This magnetic field causes precession which can be used to rotate the spins. Pulses are described in terms of a rotation angle, with a π pulse taking the ensemble of spins from the down to up state or vice versa. A $\pi/2$ pulse takes the spins into the plane normal to the magnetic field, termed the x-y plane. This causes the spins to precess in the static magnetic field at the Lamor frequency given by:

$$\omega = \frac{eg}{2m}B_0 \tag{2.2}$$

HAHN ECHO AND DETECTION

In pulsed ESR the spins are detected via the electromagnetic radiation they emit when precessing in a magnetic field. This radiation is of the same frequency as the resonant control radiation (easily shown using equations 2.1 and 2.2). This emitted radiation can be demodulated with the control radiation giving a DC signal. In a perfectly homogeneous magnetic field all spins would precess at the same rate giving a constant DC signal. In reality however, all spins will precess at slightly different rates due to small, static differences in the magnetic field each experiences. So, following a $\pi/2$ pulse, the signal from the spins will rapidly decay as the ensemble of spins lose phase coherence. A technique, known as a spin or Hahn echo, to reverse this loss of phase was developed by Erwin Hahn in 1950 [16]. This follows a $\pi/2$ pulse with a π pulse after a set time interval, T. Static magnetic field differences now act to reverse the loss of phase coherence. This results in a brief re-phasing of the spins following another interval T, detected as a rise and fall of a DC signal or and 'Echo'. A cartoon of this sequence is shown in figure 2.2.

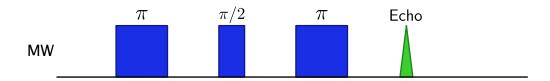


Figure 2.2: Cartoon showing a Hahn echo pulse sequence. A $\frac{\pi}{2}$ pulse causes the spins to precess in the x-y plane. Loss of phase coherence is reversed via a π pulse following time interval T and a signal is detected following another interval of T.

THE BLOCH SPHERE

The control pulses produce a magnetic field that rotates at the same rate as the spins, meaning a fixed coordinate system can be defined. The rotation axis of the control pulses can be changed by varying their phase, for example to a pulse of 0 phase is defined as a rotation about the x axis whilst a pulse of $\pi/2$ phase is a rotation about the y. This allows control of the direction of the spin vector in 3-D space, with the z-axis defined by the static magnetic field. A qubit, the basic unit of a quantum computer, can be described as a point within a unit sphere, known as a Bloch sphere and shown in figure 2.3 [21]. Clearly then, a single spin is an archetypal qubit: its eigenstates of $|\uparrow\rangle$ and $|\downarrow\rangle$ form the poles of the Bloch sphere. Microwave pulses of defined duration and phase enable the creation of an arbitrary linear superposition that allows the initialisation of any state on the surface of the Bloch sphere. In the case of ESR, however, a huge number (10^{10}) of spins is being addressed. Although this means that they do not represent a true qubit, measurements of ensemble properties give great insight into the behaviour of single spins. It is therefore prudent to establish the anticipated behaviour of the various potential spin qubit candidates using the comparatively simple experimental techniques of ESR before making the challenging step to single spin control and measurement.

2.2 Donor States in Silicon

2.2.1 THE HYPERFINE INTERACTION

Discussion so far has focussed on single electrons in a magnetic field. The spins discussed in this thesis will be those of the electrons and nuclei of donors in silicon. For these spin states the situation is a little more complicated than the case of a free electron. For all the donors discussed here, there is a nuclear as well as electron spin. This introduces first an additional term in the Hamiltonian of the system due to the nuclear spin's Zeeman interaction with the magnetic field. On top of the separate Zeeman interactions there is an additional interaction

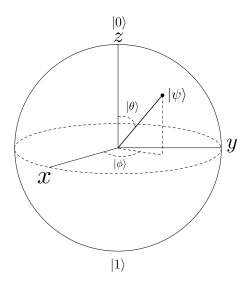


Figure 2.3: Diagram of the Bloch sphere - the most common representation of a qubit. The poles of the sphere at $\pm z$ represent the $|0\rangle$ and $|1\rangle$ or $|\uparrow\rangle$ and $|\downarrow\rangle$ states. Any point on the surface of the sphere represents some linear superposition of these two states. The state vector of any point is given by: $|\psi\rangle = \cos\theta/2\,|0\rangle + e^{i\phi}\sin\theta/2\,|1\rangle$

between the nucleus and the electron, known as the hyperfine interaction. This term is due to the magnetic field of the electron interacting with the magnetic dipole moment of the nucleus. This strength of this interaction is proportional to the overlap between the electron and nuclear wavefunctions. The result of this is that it is preferential energetically for the electron and nuclear spins to be anti-aligned. A further term in the Hamiltonian is due to the nuclear quadrupole but this effect is small enough to be neglected in this treatment. These effects leave a Hamiltonian of the following form:

$$\hat{H} = \mu_b g_e B_0 \hat{S}_z + \mu_n g_n B_0 \hat{I}_z + A \hat{S} \cdot \hat{I},$$
(2.3)

where $\mu_b \& \mu_n$ are the Bohr and nuclear magnetons, $g_e \& g_n$ are the electron and nuclear g-factors, $\hat{S} \& \hat{I}$ are the electron and nuclear spin operators, and A is the hyperfine interaction term. In general they hyperfine term is a tensor but due to the isotropic nature of silicon can be represented as a scalar here.

2.2.2 SPIN TRANSITIONS

The electron spin is restricted to be $\pm \frac{1}{2}$, but the nuclear spin can take a much greater range of values. The nuclear spin of a phosphorus donor in silicon is $\pm \frac{1}{2}$, by contrast for a bismuth

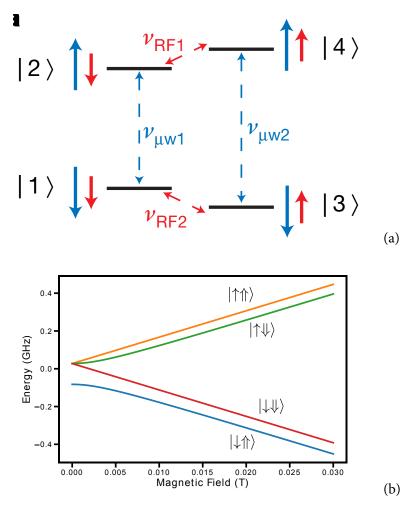


Figure 2.4: Cartoon in a shows the relative energy levels for the different spin states of phosphorus in a high field environment. Note that in this case the electron Zeeman interaction dominates the hyperfine term which dominates the nuclear Zeeman term. b shows the simulated energies for each of the four possible states of the system.

spin it can take the values $-\frac{9}{2}, -\frac{7}{2}, ... \frac{7}{2}, \frac{9}{2}$. In the simple case of phosphorus this results in the four energy levels seen in figure 2.4.

For the more complex case of bismuth, instead of 4 possible energy levels there are 20. Not all transitions are possible - spins are changed by the absorption or emission of a photon, leaving only transitions where the total spin changes by ± 1 as allowed. This means that only nuclear or electron spin can be flipped at once, not both. It should be clear that the transitions that involve an electron spin flip (e.g. $|\uparrow\uparrow\rangle \longrightarrow |\downarrow\uparrow\rangle$) are significantly higher in energy than those involving a nuclear spin flip (e.g. $|\uparrow\uparrow\uparrow\rangle \longrightarrow |\uparrow\downarrow\rangle$). At typical experimental magnetic fields (≈ 0.3 Tesla), the nuclear transitions are at frequencies of 10s of MHz, whilst

the electron transitions are at ≈ 9.7 GHz. In addition to their different energies electron and nuclear transitions have different strengths or Rabi frequencies. The electron spin transition is much stronger and occurs on the order of nanoseconds at typical pulse powers, with the nuclear transition being on the order of microseconds.

2.2.3 RELAXATION PROCESSES

For spins in silicon, three main relaxation or decoherence processes occur, causing the loss of information.

Dephasing

The first of these was briefly discussed above - dephasing - the time scale for the process is termed T_2^* This is the process by which an ensemble of spins loses phase coherence due to each spin experiencing a different static magnetic field. As was described above, this loss of information can be reversed by a Hahn echo sequence.

Relaxation

The second process is known as relaxation and its time scale is termed T_1 . A spin ensemble at a given temperature and magnetic field will have a Boltzmann distributed population across the available spin states defined by the magnetic field axis (i.e. across the eigenstates of the \hat{Z} operator). The difference between higher and lower energy states is known as the polarisation of the ensemble. If this polarisation is reversed by a π pulse, then on a time scale T_1 it will relax back to thermal equilibrium. As this process almost always involves interaction with the silicon crystal lattice it is also termed *spin-lattice* relaxation. This process is strongly correlated with temperature and exact mechanisms will be discussed in the literature review section.

Decoherence

The third process, decoherence, occurs on the time scale T_2 . This is similar to the dephasing process described above but is irreversible. Irreversible phase differences are caused by by inhomogeneous and *time dependent* magnetic fields. Additional phase acquired due to a time varying magnetic field will not be reversed by a Hahn echo sequence as the field will act differently on the spin in the second half of the sequence.

2.2.4 SUMMARY

The theory discussed above gives a background to the topics that will be discussed in detail during the literature review section of this report.

3 LITERATURE REVIEW

Having introduced the background theory to the work discussed in this report, I turn to a more detailed examination of the literature surrounding this work. I begin with the various relaxation and decoherence processes for spins bound to donors in silicon. First discussing the mechanisms by which these processes occur I shall then move on to the effect of illumination on these mechanisms. Following this I shall move on the the stark shift of donor spins in silicon, including a brief introduction to the principle before an examination of previous work performed to characterise this effect in the various species of donor in silicon.

3.1 MECHANISMS OF RELAXATION AND DECOHERENCE

The concept of T_1 , T_2 and T_2^* time was introduced in section 2.2.3 as the characteristic relaxation, decoherence and dephasing respectively. I shall now focus on the established mechanisms by which these occur, looking mainly at relaxation and decoherence as these represent a permanent loss of information.

3.1.1 RELAXATION

The relaxation time, T_1 , determines the rate at which the polarisation of an ensemble of spins returns to Boltzmann equilibrium after being disturbed. The first method of relaxation that should be considered is spontaneous emission: the emission of a photon into free space as the spin relaxes from excited to ground state. For a magnetic dipole this rate is slow in normal circumstances - thousands of seconds or more [3, 28]. Given that above millikelyin temperatures the rate of transverse relaxation for donor spins in silicon is significantly greater than this it can be neglected as a dominant mechanism.

Spin-lattice relaxation occurs instead via the interaction with of the spin system with vibrations in the silicon lattice - phonons. There are three different phonon-mediated processes that affect the relaxation rate of spin systems with transition frequency ω_s , all of which are well described in a 1961 paper by Orbach [24, 35].

Direct Process

The first of these is a **direct process**, whereby a single phonon with frequency equal to that of the spin transition (as given by equation 2.3) is emitted into the lattice. This rate ($\propto 1/T_1$) is proportional to the phonon density at ω_s and varies with spin transition frequency and temperature as: $\omega_s^4 T^{-1}$.

Raman Process

Whilst this rate dominates at lower temperatures, < 10k, at temperatures with $k_BT\gg\hbar\omega_s$, a two phonon Raman transition becomes more efficient. As the maximum phonon density is at much higher frequencies than ω_s , the spin first absorbs a phonon at $\omega_{\rm max}$ before emitting a phonon with $\omega=\omega_{\rm max}+\omega_s$. This corresponds to the spin transitioning to a virtual energy level before rapidly transitioning back to the spin ground state. For non-integer spin systems the rate due to this effect scales with temperature as: T^7 .

Orbach Process

The Raman process involves a virtual energy level so is an inherently off-resonant effect. It is possible for the spin to transition to an actual excited state during the two phonon process. This is known as an Orbach process and is more efficient than either process above. It scales with temperature as: $\exp(-\Delta E/K_BT)-1$.

3.1.2 DECOHERENCE

At high temperatures the spin-lattice relaxation rate tends to be the dominant process for spins in silicon. However, at temperatures below $\approx 10 \mathrm{k}$ other factors become limiting. In particular the decoherence or T_2 time becomes important. This is the process by which the spins lose phase coherence irreversibly. There are several mechanisms that contribute to T_2 , detailed here.

Spectral Diffusion

The first of these is spectral diffusion and its impact is largely dependent on the sample used. In natural silicon samples there is a relatively high concentration of Spin- $\frac{1}{2}$ ²⁹Si nuclear spins (4.7%4). Due to the large extent of the donor electron wavefunction, it is highly probable that a given donor will experience a hyperfine interaction with one or more of these nuclei. Although the large difference between the electron and nuclear gyromagnetic ratios prevents a state exchange or 'flip-flop' interaction, nearby pairs of ²⁹Si nuclei do have this interaction. The rate of exchange is slow, ($\approx 100 \text{Hz}$) and will cause a change in the hyperfine interaction with any nearby donor electrons. This will cause the acquisition of phase differences between electrons over time. As these changes are time dependent they are *not* refocused by a Hahn

echo sequence [38]. In purified silicon samples this effect is reduced to the point that it is no longer the limiting factor in spin coherence.

Instantaneous Diffusion

In the first experiments on spin coherence times on purified silicon, the increase in coherence time was found to be on the order 2 fold [14]. The reason behind this limited increase was the high donor concentrations, leading to interaction between donors. Spins close enough to interact with one another will experience slightly different magnetic fields and the random nature of donor distribution leads to this effect being inhomogeneous. Once again, this will not be reversed by a Hahn echo sequence as two donors interacting with one another will both be flipped, meaning that the phase acquisition is unchanged. This effect is dependent on the concentration of donors in a sample according to:

$$\frac{1}{T_2^{\text{ID}}} = C(2\pi\gamma_e)^2 \frac{\pi}{9\sqrt{3}} \mu_0 \hbar, \tag{3.1}$$

where C is the donor concentration.

At concentrations useful for ESR techniques and at sufficiently low temperatures instantaneous diffusion will be a limiting factor in spin coherence times in almost all cases. One technique employed by Tyryshkin et~al, open to ensemble based approaches such as ESR but not to single qubit control, is to use refocussing pulses of angle $<\pi$ in the Hahn echo sequence [33]. This effectively refocuses fewer spins during the Hahn echo sequence. This reduces the signal but increases T_2 time as the effect of instantaneous diffusion is suppressed by addressed spins being on average much further apart. At this point three further effects become limiting:

- Direct T_1 Flips: only relevant at higher temperatures when T_1 is close to the intrinsic T_2 , > 10k. This is the process of a single donor flipping to its ground state, thereby destroying its coherence.
- Spectral Diffusion from donors: the limiting factor at low temperatures < 4k, this process is similar to the spectral diffusion for ²⁹Si spins. Nearby pairs of donors undergo spin exchange, causing any other nearby donors to experience a phase shift as their hyperfine coupling changes.
- T_1 of Neighbouring Donors: this process is important at intermediate temperatures, between 4k and 10k. At these temperatures direct T_1 flips are yet to dominate but T_1 flips of neighbouring donors can affect the magnetic field experienced by a central donor. This effect is known as T_1 -type spectral diffusion. This process was identified by Tyryshkin *et al* as producing lower than expected T_2 times when T_1 ap-

peared to no longer be a limiting factor [33]. The decoherence rate as a function of T_1 induced spectral diffusion has a characteristic, stretched exponential of the form $\exp(-(2\tau/T_{SD})^2)$, with $T_2^{SD} = \sqrt{T_1}$.

The five key contributors to decoherence are shown in figure 3.1. The key contributors to decoherence times are then:

- Temperature: when T_1 is sufficiently short at high temperatures the T_1 of the donors will restrict T_2 . At intermediate temperatures T_1 flips of neighbouring donors induces spectral diffusion, reducing T_2 .
- Sample Purity: the concentration of 29 Si spins in the silicon has a significant impact on T_2 due to spectral diffusion via nuclear spin flip-flop.
- *Donor Concentration*: the concentration of donors increases the rate of instantaneous diffusion, indirect flip-flop, direct flip-flop and T_1 type spectral diffusion.

With the mechanisms of decoherence addressed, we now turn to examine the effect of illumination on donor relaxation and coherence rates.

3.2 Illumination and Decoherence

3.2.1 Free Carriers and Decoherence

The discussion above centred on the typical factors that affect coherence and relaxation times: temperature, donor concentration and silicon purity. One of the key questions addressed in this report is the impact of another factor on relaxation times: illumination. Feher and Gere were among the first to examine this impact in their 1959 paper [13], analysed using CW ESR of phosphorus donors in silicon. The key question that they examined is the impact of illumination wavelength on relaxation time, the results of which can be seen in figure 3.2. The important result here is the sharp increase in relaxation rate as the photon energies exceed that of the silicon band gap, $\approx 1.12 \text{eV}$. As this energy is exceeded by the photons, free carriers are created in the silicon conduction band as electrons are promoted from the valence band. These free carriers can scatter off the electrons bound to the phosphorus donors, causing them to relax via a state exchange. Feher and Gere postulate two possible processes that could cause this relaxation: the first is direct scattering of a donor electron by a free electron, whilst the second is a two stage process. They identify the second of these as dominant, due in the main to the low number of free electrons relative to donors in their experiments

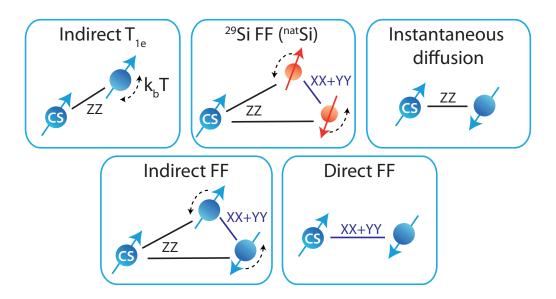


Figure 3.1: Cartoon showing the five key types of decoherence mechanisms for donor electrons in silicon. Indirect T_1 is the relaxation of a neighbouring donor modulating the magnetic field at a central donor. Flip-flops of 29 Si nuclear pairs modulating the magnetic field at the donor. Instantaneous diffusion is the inhomogeneous phase acquisition of donors due to different inter-donor spacings. Indirect flip-flop mechanism is similar to that involving 29 Si nuclei but with pairs of donors. Direct flip-flop is state exchange between a central donor and a neighbour. Figure is taken from [38].

3 Literature Review

 $5 \times 10^6 \ \mathrm{vs}\ 7 \times 10^{15}$ - with each interaction requiring the subsequent relaxation of the conduction electron to the lattice. The double spin exchange process does not involve the free electron changing spin, instead both the nuclear spin of the donor and the electron bound to it change spin state. This removes the requirement that the conduction electron subsequently relax to the valence band, significantly increasing the rate of the process.

The work done by Feher and Gere was performed using only CW ESR, because of this their work addresses only the impact of laser illumination on T_1 . The key timescale for quantum computing is the coherence time, T_2 , which must be examined using pulsed ESR. Whilst T_2 time will ultimately be limited by T_1 a concern is that free carriers in the silicon conduction band will have an impact beyond this. It seems obvious that the presence of these free carriers could alter the magnetic environment of the donors in a time-dependent and inhomogeneous fashion, potentially having a drastic impact on the coherence time of donors. Examining the impact of illumination on decoherence times will be an important goal of this report.

FREE CARRIER LIFETIMES

One question that is of importance is the time that free carriers will persist for following a laser pulse, as this will determine how long their effects influence relaxation and coherence times.

3.2.2 HEATING AND DECOHERENCE

A potential factor not addressed by Feher and Gere is the potential impact that heating could have on relaxation and by extension coherence times. Although the number of free carriers produced by laser illumination will be significantly reduced as photon energies drop below the band gap, it is possible that heating could still have a significant impact. Of particular note is the reduced heat capacity of silicon at low temperatures. At room temperature heat capacity (C_p^o) is 19.1 J.mol $^{-1}$ k $^{-1}$, but at cryogenic temperatures this is reduced by several orders of magnitude to approximately 0.004 J.mol $^{-1}$ k $^{-1}$ at 8k [10, 22]. Clearly then the potential impact of infra-red illumination is obvious - only a small conversion of incident photons to phonons in the lattice could potentially have a significant impact on the relaxation rates for donor spins. Exploring this potential impact will be a central goal of this report.

Having looked at some of the literature surrounding the questions of relaxation and decoherence of donors in silicon, I now move on to the stark shift of donors in silicon.

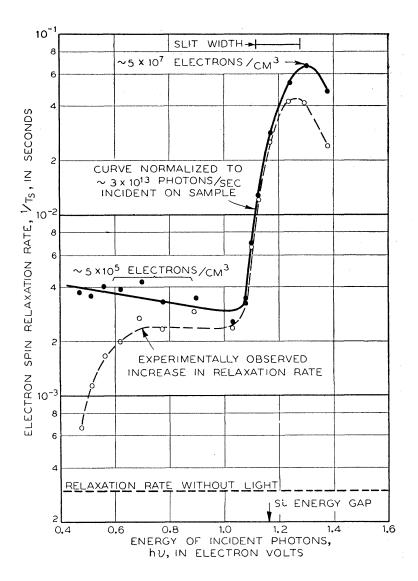


Figure 3.2: Graph from [13] showing the measured dependence of relaxation time on photon energy. Notable is the sharp increase in relaxation rate for photon energies in excess of 1.10eV. The main cause of this is that this is the energy of the photon band gap, meaning that free electrons are created in the silicon conduction band. These free electrons can then scatter off the electrons bound to donors in silicon, causing them to relax.

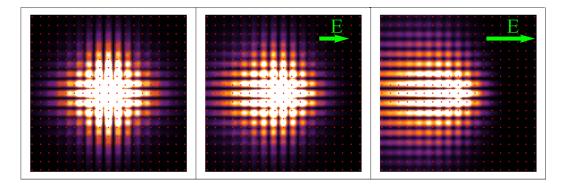


Figure 3.3: Simulation showing the density of the electron wavefunction around a donor atom. Red dots represent lattice sites. As an electric field is applied the electron wavefunction is pulled off the central site, changing the strength of its interaction with the donor nucleus and therefore its hyperfine coupling. This shifts the frequency of the electron's spin transition and its precession rate in the magnetic field. Figure reproduced from [25].

3.3 THE STARK SHIFT

3.3.1 Introduction

The Stark shift, at its simplest, is the modulation of the hyperfine coupling between electron and nuclear spins via electric fields. The Stark shift was employed in Kane's original proposal as a means to control which qubits interact with an applied control pulse [17]. As well as the potential application for control of donor spins, the Stark shift presents a problem in the potential for electric field noise to cause decoherence of donor spins. This impact may become particularly important for single donors close to electrical contacts where distances are short and so fields high. Clearly then an understanding of the stark shift and its impact on donors is useful both from control and decoherence perspectives.

An intuitive understanding of the stark shift is easily grasped: the electron's wavefunction extends over space and is concentrated at the donor nucleus. This concentration determines the hyperfine coupling of the spin to the donor. An electric field changes this wavefunction, effectively pulling it off the nucleus and changing the hyperfine coupling, as seen in figure 3.3. This in turn changes the energy difference between the two spin states of the electron and modulates its precession frequency in a static magnetic field.

3.3.2 Theory

A technical description of the Stark shift in most cases employs effective mass theory and here I follow the approach taken by Pica *et al* [25]. This treats the donor system as if it were a hydrogen atom with a different mass embedded in a silicon lattice as opposed to a vacuum.

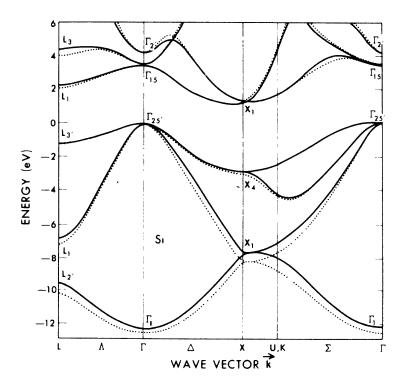


Figure 3.4: Figure from [8], showing the band structure of silicon. The top of the valence band is at Γ , the centre of the Brillouin zone, whilst the minimum of the conduction band is at X, towards the edge of the zone.

This is done by replacing the electron's vacuum mass with its effective mass in the silicon and modifying the vacuum permittivity with the dielectric constant of silicon [38]. The conduction band of silicon has 6 minima - usually termed 'valleys' - situated in the $\pm x, \pm y, \pm z$ directions and close to the edge of the Brillouin zone, as seen in figure 3.4.

The approach of effective mass theory is to decompose the electron wavefunction into six along these conduction band valleys, giving the equation:

$$\psi(r) = \sum_{i=1}^{6} \alpha_i \phi_i(r) F_i(r),$$
 (3.2)

here $\phi_i(r) = u_i e^{i \mathbf{k}_i \cdot \mathbf{r}}$, the Bloch wavefunction such that $u_i(r)$ has the periodicity of the lattice and $\mathbf{k}_i = k_0 i$ with k_0 the momentum value at the valley minimum. In the electron ground state these valleys are six-fold degenerate, giving the singlet state [32]:

Singlet
$$(1sA_1)$$
 $\left\{ \alpha_g = \frac{1}{\sqrt{6}}(1, 1, 1, 1, 1, 1) \right\}$ (3.3)

This ground state is the only state with a component of the electron wavefunction at the nucleus and therefore the only one that experiences a hyperfine coupling. The excited states are as follows:

Doublet
$$(1sE)$$

$$\begin{cases} \alpha_{r} = \frac{1}{\sqrt{12}}(-1, -1, -1, -1, 2, 2) \\ \alpha_{s} = \frac{1}{2}(1, 1, -1, -1, 0, 0) \end{cases}$$
(3.4)

Triplet
$$(1sT_2)$$

$$\begin{cases} \boldsymbol{\alpha}_{x} = \frac{1}{\sqrt{2}}(1, -1, 0, 0, 0, 0) \\ \boldsymbol{\alpha}_{y} = \frac{1}{\sqrt{2}}(0, 0, 1, -1, 0, 0) \\ \boldsymbol{\alpha}_{z} = \frac{1}{\sqrt{12}}(0, 0, 0, 0, 1, -1) \end{cases}$$
(3.5)

When an electric field is applied the symmetry of the valleys is broken leading to the mixing of the various states. The states interact via the electric dipole moment $e \boldsymbol{E.r}$, allowing estimation of the impact via perturbation theory. The first order perturbation to the singlet state, $\int \langle \psi_g(r) | e \boldsymbol{E.r} | \psi_g(r) \rangle d\boldsymbol{r}$ is zero by symmetry [25]. The second order perturbation, given by $\sum_{i \neq g} \int \frac{|\langle \psi_g(r) | e \boldsymbol{E.r} | \psi_g(r) \rangle|^2}{E_g - E_i} d\boldsymbol{r}$ is non-zero however, giving a to the ground state eigenfunction of:

$$|\psi_g(r)\rangle \longrightarrow |\psi_g(r)\rangle \left(1 + \frac{1}{2}\eta_A E^2\right) + \dots$$
 (3.6)

The strength of the hyperfine interaction, A, is given by the probability density of the electron wavefunction at the nucleus: $||\psi_g(r=0)\rangle|^2$. Thus the change in the hyperfine is given by:

$$\frac{\Delta A}{A} = \frac{||\psi_g(r=0, E \neq 0)\rangle|^2}{||\psi_g(r=0, E=0)\rangle|^2} - 1 = \eta_A E^2 + O(E^4)$$
(3.7)

giving a quadratic shift in E. η_A gives the strength of the shift and is always negative - the mixing with the excited states always reduces the population at the nucleus and thus the hyperfine coupling with it.

In addition to the modulation of the hyperfine coupling there is an effect on the electron g-factor. The g-factor is determined by the spin-orbit coupling and in general depends on the orientation of the applied magnetic field. Due to the valley symmetry of the silicon conduction band this anisotropy is normally averaged out but with the application of an electric field this symmetry is broken, changing the electron's orbit and thus its g-factor. The strength of the effect depends on the axis of electric field. If this axis is along one of the valley axes ([100] crystal axis) then the effect is maximised. If it is along the [111] crystal axis then the effect is equal for all valleys, leaving g-factor unchanged. The g-factor change is given by:

$$\frac{\Delta g_e}{g_e} - 1 = \eta_g(\theta_{BE}, \theta_{BC})E^2 \tag{3.8}$$

where η_g is the Stark g-factor parameter, θ_{BE} is the angle between magnetic and electric fields and θ_{BC} is the angle between the magnetic field and the crystal axis.

Having discussed the theory and background of the Stark shift, I now turn to experimental progress on the subject.

3.3.3 STARK SHIFT MEASUREMENT TECHNIQUES

The first approach to measuring the Stark shift would be to take a field sweep. A field sweep is a standard ESR procedure to determine the magnetic field at which a spin transition occurs for a given microwave frequency. A standard Hahn echo sequence is performed and the intensity of the echo measured for a given before a new magnetic field is set and the procedure repeated. At the correct magnetic field for a spin transition an echo will be recorded, with its intensity diminishing to 0 as the magnetic field moves off resonance. A typical magnetic field sweep for phosphorus doped natural silicon is shown in figure 3.5.

This experiment could be undertaken twice, once with electric field on and once with it off. The Stark shift would produce a change in spin transition frequency which would be observed as a shift in the peaks of the graph. Unfortunately the Stark shift of the spin transition frequency is typically much smaller than the inhomogeneously broadened linewidth of the spin transition, meaning that no shift is visible [5]. Instead Bradbury *et al* used a more subtle technique, harnessing the ability of Hahn echo sequence to refocus inhomogeneous broadening. An electric pulse applied during only one half of a Hahn echo sequence would cause the spins to precess in the magnetic field at different rates when dephasing and rephasing. This shift can then be detected as a phase shift in the echo intensity from the real to the imaginary channel. Changing the length of the applied pulse and recording the echo intensity will introduce an oscillation. The frequency of this oscillation can then be determined using a Fourier transform, thereby giving the Stark shift.

A further effect that must be taken into consideration is the impact of local electric fields. These are present due to local deformations of the crystal lattice, creating different electric environments at each donor. In the presence of an external electric field, the total Stark shift of a given donor is given by:

$$(E_{\text{local}} + E_{\text{ext}})^2 = E_{\text{local}}^2 + E_{\text{ext}}^2 + E_{\text{local}}E_{\text{ext}}$$
 (3.9)

The inhomogeneity of the local fields would usually provide a simple offset in the phase shift, but the term that is linear in both E_{local} and E_{ext} causes the inhomogeneity to get larger

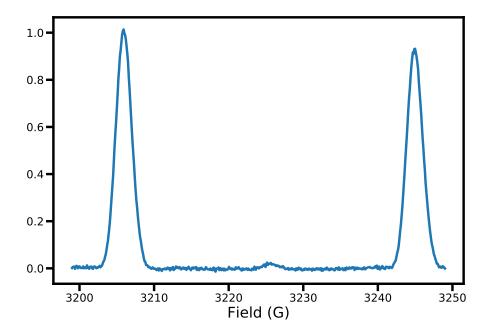


Figure 3.5: Graph showing a standard field sweep to locate spin transitions for electrons bound to phosphorus donors in silicon. Hahn echo intensity is recorded for each magnetic field, with the two large peaks corresponding to electrons bound to the two different phosphorus nuclear spins: $\pm \frac{1}{2}$

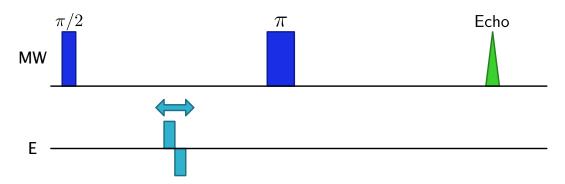


Figure 3.6: The simplest sequence used to measure a Stark shift on an electron. As the pulse length is increased the electron ensemble acquires a different phase during the first half of the echo compared with the second half, seen as a phase shift in the echo from the real to the imaginary channel.

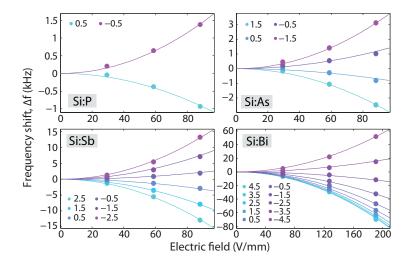


Figure 3.7: These figures demonstrate the frequency shift in the spin transition as a result of the Stark shift, as measured by Wolfowicz *et al* [41]. Notable is the increased rate for higher nuclear spin numbers - this is due to the shift being proportional to the hyperfine coupling, which is in turn proportional to nuclear spin.

as the applied field gets larger. This would result in a rapid decay of the echo signal, but can be avoided by applying a bipolar electric field pulse (i.e. half negative, half positive), a technique implemented by Bradbury *et al* when measuring the Stark shift of antimony donors in silicon [5]. This cancels the linear term but has no impact on the quadratic term. This sequence can be seen in figure 3.6.

3.3.4 STARK SHIFT EXPERIMENTAL RESULTS

Measurements of the Stark shift on all group V donors in silicon were undertaken by Wolfowicz *et al* [25, 41]. The experiment was performed using bulk doped samples of silicon, placed between copper plates. The copper plates were connected to an operational amplifier with an amplification factor of 126. Pulses were generated using an arbitrary wave generator. Results of their measurements are shown in figure 3.7.

These measurements determined the following Stark shift parameter for η_A , with η_g being smaller than the measurement sensitivity:

	³¹ P	⁷⁵ As	¹²¹ Sb	²⁰⁹ Bi
$\eta_A(\times 10^{-3} \mu m^2/V^2)$	-2.5 ± 0.5	-1.2 ± 0.1	-3.5 ± 0.05	-0.26 ± 0.05

Wolfowicz *et al* also performed experiments to test conditional control of the spins using Stark shifts. The aim of such an experiment is to shift the transition frequency of the selected

spin by several times its linewidth. This was not possible for the electron due to its broad linewidth even in purified silicon. Instead the experiment was performed on the nuclear transition, which has a much narrower linewidth due to its smaller dipole moment. By applying an electric field at the same time as nuclear spin π pulse, Wolfowicz *et al*, the process is measured as an identity with fidelity 93.3 \pm 2.6%. This indicates that it is possible to control the application of pulses to nuclear spin qubits using electric fields as required by the Kane proposal. What is less clear is whether these spin qubits will be sufficiently resistant to any stray electric fields in a scalable quantum computing architecture.

3.3.5 THE NUCLEAR SPIN BATH IN NATURAL SILICON

The presence of ²⁹Si nuclei in natural silicon has been discussed earlier as one of the chief factors impacting qubit coherence times in that medium. Inhomogeneous hyperfine interactions between these spins and addressed electron spins leads to spectral diffusion and reductions in coherence times for qubits in natural silicon. Although most proposals for silicon donor qubit architectures have involved purified silicon to avoid these issues, a proposal has been put forward to use these impurity spins as a quantum register with applications for error correction [39]. From the perspective of the O'Gormann proposal, these spins could present a potential quantum register for data qubits, providing storage for their spin states during long computations. In order to control the interaction between data qubits and the ²⁹Si nuclear spins the Stark shift will be necessary to control the transition frequency of a given spin relative to an external control pulse. Attempting to characterise the Stark shift of the hyperfine coupling between the electron and the ²⁹ nuclei will be a goal of this report.

3.4 SUMMARY

We have detailed above the theory and current experimental progress for the two main subjects addressed in this report: the impact of laser illumination on spin coherence times in silicon and the Stark shift for Selenium donors and for the coupling to the Si-29 bath. We now move on to the experimental methods

4 Experimental Methods

4.1 EQUIPMENT

4.1.1 CRYOGENIC AND MICROWAVE INSTRUMENTATION

The experiments in this report were performed in an Oxford Instruments CF935 Helium flow cryostat. A dewar of Helium is connected to this cryostat via a vacuum-insulated transfer arm and kept at approximately 500mBar overpressure, to facilitate cooling without an external pump. Flow into the cryostat is controlled via a valve for coarse temperature control and a heater at the bottom of the cryostat is used along with a PID controller for fine-grained temperature control. A Bruker electromagnet provides a static field of up to 1.5 Tesla for ESR measurements.

For ESR measurements a Bruker E500 X-Band spectrometer is used, with the pulses generated amplified via a travelling wave tube amplifier. The time resolution on this spectrometer is 4ns. Pulses generated enter a Bruker resonator, placed in the cryostat, which has a split ring cavity at the base with the sample at the centre. Microwave pulses entering this cavity generate an oscillating magnetic field at the sample for electron spin control. The resonant frequency of this cavity is fixed at a given temperature but some tuning of its q-factor is possible. This is necessary to ensure that the bandwidth of the cavity is broad enough to admit all control pulses (bandwidth of a pulse is approximates 1/(pulse length)) and to ensure an appropriate cavity ring-down time. The spectrometer also provides an RF output for nuclear spin control, this is amplified separately and then input into the same resonator.

The electron spin signal is detected through the same channel, the oscillating magnetic field generated by the precessing electrons is demodulated with the same frequency as the control pulse. When the control signal is on resonance this provides two DC signals, one from the in phase (real) component of the demodulation and one from the out of phase (imaginary). This signal decays according to the T_2^* time to provide the characteristic spin echo. This is captured using Bruker's Xepr software, which can integrate under the echo to record changes in intensity.

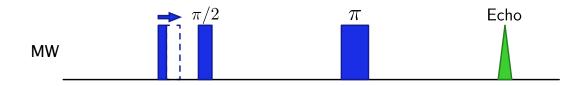


Figure 4.1: The Rabi pulse sequence, used to determine ideal π pulse length at a given power. Creates an oscillation in echo signal as initial pulse length is changed with the rate of oscillation giving the ideal pulse length

4.1.2 LASER

The main laser used in this report is a Toptica DL Pro - a tunable diode laser with a range from approximately 1060nm to 1080nm. This laser can be tuned in two ways: the first is a coarse tuning which is achieved by manually changing the cavity size via a control knob. The second is a fine tuning achieved electronically, this is useful for extremely precise wavelength tuning such as is necessary for bound-exciton experiments or spectroscopy but is not used in this report. The laser has a linewidth of 100kHz and an output power of up to 130mW.

4.2 Pulse Sequences

4.2.1 ESR Pulse Sequences

All experiments in this report are performed using various ESR pulse sequences. The simplest of these is the Hahn echo sequence, described above and depicted in figure 2.2. Several steps are involved to optimise an ESR experiment, the first of which is determining the magnetic field required to excite a spin transition. The microwave frequency is fixed by the cavity so magnetic field must be changed - this is done via a field sweep as described above, the results of which are shown in 3.5. Another critical factor is determining the required length of a π pulse at a chosen power. This is achieved via a Rabi sequence, this involves a regular Hahn echo sequence with an additional pulse before the first $\pi/2$ pulse. The length of this pulse is changed and the echo intensity recorded. As this length changes the echo intensity will oscillate, with the frequency of the oscillation giving the correct π pulse length. This sequence is shown in figure 4.1.

Two vital pulse sequences are those that determine the T_1 and T_2 times of a given sample and under given conditions. The pulse sequence to determine T_1 is the *inversion recovery*

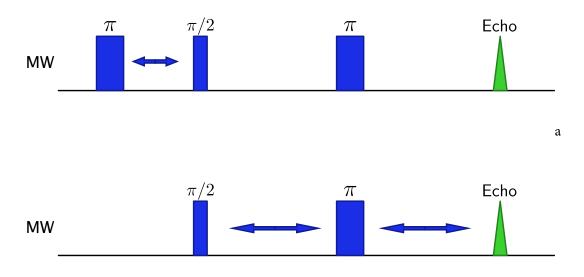


Figure 4.2: Cartoons depicting pulse sequences for measurement of T_1 , a, and T_2 , b. Inversion recovery measures T_1 by inverting the typical spin polarisation with an initial π pulse and increasing the time between this and a Hahn echo sequence. As the time is increased the polarisation has longer to relax to thermal equilibrium, meaning it slowly recovers from fully negative to fully positive in an inverted exponential decay whose time constant is T_1 . T_2 is measured using b, which increases the τ value of the Hahn echo sequence, meaning spins precess in the magnetic field for longer. As they do so they acquire irreversible phase differences leading to the decay of the Hahn echo signal with an exponential decay constant T_2 .

sequence. This consists of a Hahn echo sequence preceded by a π pulse, which inverts the echo signal. The time between the initial π pulse and the Hahn echo sequence is increase, resulting in an inverted exponential decay as the echo recovers from fully inverted to fully positive. This occurs as the polarisation reverts to thermal equilibrium between the initial π pulse and the Hahn echo sequence, with the time constant of the decay giving T_1 .

To determine T_2 the standard experiment is a regular Hahn echo sequence with τ , the time between $\pi/2$ and π , and between π and echo increased. This measures the rate at which spin decoherence occurs - as the spins precess for longer in the magnetic field they gradually acquire irreversible phase differences. As these build up the echo signal decreases exponentially, with the time constant of this decay giving T_2 .

b



Figure 4.3: (The CPMG dynamical decoupling sequence, which uses successive π pulses to reduce the bandwidth of noise that the donor spins are exposed to, thereby increasing effective decoherence time.)

DYNAMICAL DECOUPLING

A set of pulse sequences all of which attempt to increase coherence times are known collectively as dynamical decoupling sequences. At their simplest these add a number of extra π pulses between the initial $\pi/2$ pulse and the echo. Although a full theoretical treatment is complex and well beyond the scope of this work, a physical intuition is relatively simply gained. These pulses reduce the impact of time varying magnetic fields, by effectively narrowing the bandwidth of magnetic noise frequencies that the donor spin is sensitive to [37]. This is done by shortening the time that the electrons precess before they are flipped by a π pulse. Doing this means that slower changing magnetic fields have less of an impact on decoherence - between each reversal of phase acquisition there will have been little field change, meaning that any phase acquired is reversed.

Although more complex sequences exist than simple repetition of π pulses, such as Uhrig Dynamical Decoupling [34], the only one used in this report is the CPMG pulse, a cartoon of which is shown in figure 4.3. Important to note is that the π pulses are applied along an orthogonal rotation axis to the $\pi/2$ pulse as this renders the sequence less susceptible to pulse errors [7, 19].

4.2.2 Nuclear Pulse Sequences

Measurements of nuclear spins can be undertaken directly, as is performed in NMR studies, but their significantly weaker signal relative to the electron (due to their much smaller polarisation) makes this technique troublesome. The process undertaken when a couple electron-nucleus system exists is based around ENDOR (Electron Nuclear Double Resonance) sequences. These sequences are based around transferring the electron polarisation

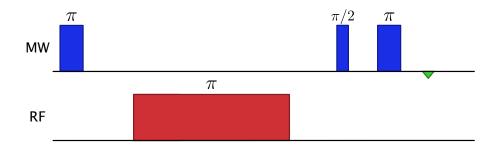


Figure 4.4: This is the simplest sequence with which to identify nuclear spin transitions. The electron spin polarisation is inverted before nuclear π pulse transfers it to the opposite nuclear spin state. This renders the population between the two electron spin states equal, reducing the echo intensity to 0 in the case of a perfect nuclear π pulse.

to the nuclear spin, thereby magnifying the signal to the same level as the electron. The first and simplest of these is the Davies ENDOR sequence, shown in figure 4.4. This sequence first inverts the electron polarisation on one nuclear spin transition before using a nuclear π pulse to transfer it to the opposite nuclear spin transition. This results in an equal polarisation between the two electron spin states so the echo intensity is reduced to 0 in the case of a perfect π pulse.

One potential problem is the long nuclear T_1 time, which can prevent the usual approach to resetting the sample between experiments of waiting for all spins to relax to thermal equilibrium. Continued experiment without relaxation rapidly reduces the signal as the spin transition is saturated. To avoid this a second π pulse (Tidy pulse) is usually added after the echo detection to reset the nuclear spin polarisation to its thermal equilibrium value [20]. This sequence can be used to find nuclear transitions by sweeping the RF frequency of the nuclear π pulse and also to measure the nuclear Rabi frequency by sweeping the pulse length when a transition has been located.

Another useful nuclear sequence is the nuclear echo, which can be used to measure the T_2^* time of the nuclear spins and a variant is used in this report as a means of measuring the Stark shift. This uses a sequence of two nuclear π pulses with a nuclear $\pi/2$ pulse in between. The time between the initial π and $\pi/2$ pulses is kept constant, whilst the time to the final π pulse is swept. This produces a nuclear signal that increases and decays according to the nuclear T_2^* time, with its maximum signal when the pulses are equidistant in time. This is shown in figure 4.5.

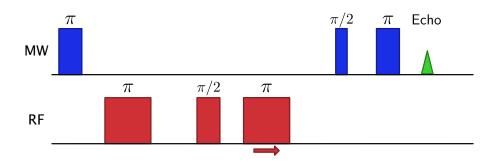


Figure 4.5: Cartoon showing the pulse sequence for a nuclear spin echo

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