## UNIVERSAL CHILD HEALTH RECORD

Endorsed by:

American Academy of Pediatrics, New Jersey Chapter New Jersey Academy of Family Physicians New Jersey Department of Health

| SECTION I - TO BE COMPLETED BY PARENT(S)                                                                                                                                                                                                                            |                                |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|-------------------------------------------------------------------|------------------------------------------|-------------------------------------------|--------------------|--------------------------------------------------|-------|------------------|--|
| Child's Name (Last)                                                                                                                                                                                                                                                 | (First)                        |                                                                   | Gender                                   |                                           |                    | Date of Birth                                    |       |                  |  |
|                                                                                                                                                                                                                                                                     |                                |                                                                   | ☐ Male ☐ Fema                            |                                           | ale                | /                                                | /     |                  |  |
| Does Child Have Health Insurance? If Yes, Name of Child's Health Insurance Carrier  Yes No                                                                                                                                                                          |                                |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |
| Parent/Guardian Name Home Tel                                                                                                                                                                                                                                       |                                |                                                                   | Home Teleph                              | none Number Work Telephone/Cell Phone Num |                    |                                                  |       | none Number      |  |
| Parent/Guardian Name                                                                                                                                                                                                                                                |                                |                                                                   | Home Teleph                              | one Numbei                                | Number Work Teleph |                                                  |       | one Number       |  |
| I give my consent for my child's Health Care Provider and Child Care Provider/School Nurse to discuss the information on this form.                                                                                                                                 |                                |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |
| Signature/Date This form may be released to WIC.                                                                                                                                                                                                                    |                                |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |
|                                                                                                                                                                                                                                                                     |                                |                                                                   |                                          | ☐Yes ☐No                                  |                    |                                                  |       |                  |  |
| SECTION II - TO BE COMPLETED BY HEALTH CARE PROVIDER                                                                                                                                                                                                                |                                |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |
| Date of Physical Examination:  Results of physical examination normal?   Yes   No                                                                                                                                                                                   |                                |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |
| Abnormalities Noted:                                                                                                                                                                                                                                                |                                |                                                                   |                                          | Weight (must be taken                     |                    |                                                  |       |                  |  |
|                                                                                                                                                                                                                                                                     |                                |                                                                   | within 30 days for WIC)                  |                                           |                    |                                                  |       |                  |  |
|                                                                                                                                                                                                                                                                     |                                |                                                                   |                                          |                                           |                    | leight (must be taken<br>vithin 30 days for WIC) |       |                  |  |
|                                                                                                                                                                                                                                                                     |                                |                                                                   |                                          | Head Circumf                              |                    |                                                  |       |                  |  |
|                                                                                                                                                                                                                                                                     |                                |                                                                   |                                          | (if <2 Years)                             |                    |                                                  |       |                  |  |
|                                                                                                                                                                                                                                                                     |                                |                                                                   |                                          | Blood Pressur (if ≥3 Years)               | re                 |                                                  |       |                  |  |
| IMMUNIZATIONS                                                                                                                                                                                                                                                       | ☐ Immunization Record Attached |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |
| Date Next Immunization Due:                                                                                                                                                                                                                                         |                                |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |
| Observice Marking I Completions / Deletes                                                                                                                                                                                                                           | EDICAL CO                      | CONDITIONS                                                        |                                          |                                           |                    |                                                  |       |                  |  |
| Chronic Medical Conditions/Related Surgeries     List medical conditions/ongoing surgical concerns:                                                                                                                                                                 |                                | <ul><li>None</li><li>Special Care Plan</li><li>Attached</li></ul> |                                          | Comments                                  |                    |                                                  |       |                  |  |
| Medications/Treatments                                                                                                                                                                                                                                              |                                | None                                                              |                                          | Comments                                  | 6                  |                                                  |       |                  |  |
| List medications/treatments:                                                                                                                                                                                                                                        |                                |                                                                   | Special Care Plan Attached               |                                           |                    |                                                  |       |                  |  |
| Limitations to Physical Activity                                                                                                                                                                                                                                    |                                | None                                                              |                                          | Comments                                  | 3                  |                                                  |       |                  |  |
| List limitations/special considerations:                                                                                                                                                                                                                            |                                |                                                                   | Special Care Plan Attached               |                                           |                    |                                                  |       |                  |  |
| Special Equipment Needs  List items necessary for daily activities                                                                                                                                                                                                  |                                |                                                                   | ☐ None (<br>☐ Special Care Plan Attached |                                           | Comments           |                                                  |       |                  |  |
| Allergies/Sensitivities  • List allergies:                                                                                                                                                                                                                          |                                |                                                                   |                                          | Comments                                  | Comments           |                                                  |       |                  |  |
| Special Diet/Vitamin & Mineral Supplements                                                                                                                                                                                                                          |                                | None                                                              | -                                        |                                           | Comments           |                                                  |       |                  |  |
| List dietary specifications:                                                                                                                                                                                                                                        |                                | Attach                                                            | Special Care Plan<br>Attached            |                                           |                    |                                                  |       |                  |  |
| Behavioral Issues/Mental Health Diagnosis  List behavioral/mental health issues/concerns:                                                                                                                                                                           |                                | ☐ None ☐ Special Care Plan Attached                               |                                          | Comments                                  | Comments           |                                                  |       |                  |  |
| Emergency Plans     List emergency plan that might be needed and the sign/aumsterne to watch for:                                                                                                                                                                   |                                |                                                                   | Il Care Plan                             | Comments                                  | 3                  |                                                  |       |                  |  |
| the sign/symptoms to watch for:  Attached  PREVENTIVE HEALTH SCREENINGS                                                                                                                                                                                             |                                |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |
| Type Screening                                                                                                                                                                                                                                                      | Date Performed                 |                                                                   | cord Value                               |                                           | pe Screening       | Date Perfor                                      | med N | lote if Abnormal |  |
| Hgb/Hct                                                                                                                                                                                                                                                             |                                |                                                                   |                                          | Hearing                                   |                    |                                                  |       |                  |  |
| Lead: Capillary Venous                                                                                                                                                                                                                                              |                                |                                                                   |                                          | Vision                                    |                    |                                                  |       |                  |  |
| TB (mm of Induration)                                                                                                                                                                                                                                               |                                |                                                                   |                                          | Dental                                    |                    |                                                  |       |                  |  |
| Other:                                                                                                                                                                                                                                                              |                                |                                                                   |                                          |                                           | pmental            |                                                  |       |                  |  |
| Other:                                                                                                                                                                                                                                                              |                                |                                                                   |                                          | Scoliosis                                 |                    |                                                  |       |                  |  |
| I have examined the above student and reviewed his/her health history. It is my opinion that he/she is medically cleared to participate fully in all child care/school activities, including physical education and competitive contact sports, unless noted above. |                                |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |
| Name of Health Care Provider (Print)                                                                                                                                                                                                                                |                                |                                                                   |                                          |                                           | Provider Stamp:    |                                                  |       |                  |  |
| Signature/Date                                                                                                                                                                                                                                                      |                                |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |
|                                                                                                                                                                                                                                                                     |                                |                                                                   |                                          |                                           |                    |                                                  |       |                  |  |