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## CogniPredictAD

Student:

**Francesco Panattoni**

GitHub Repository: <https://github.com/Tenshin000/CogniPredictAD/tree/main>

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## Abstract

This report introduces CogniPredictAD, a *Data Mining and Machine Learning* project designed to analyze clinical and biological parameters from the ADNI dataset, with the goal of predicting final clinical diagnoses (CN, EMCI, LMCI, AD) based on baseline data.

The analysis includes a detailed examination of preprocessing techniques: missing data management, normalizations, and feature engineering. We assess the models based on their Macro F1 Score and present the results through various evaluations.

The modeling phase includes Decision Tree, Random Forest, Extra Trees, Adaptive Boosting and Multinomial Logistic Regression (with and without sampling on the dataset). Hybrid Sampling techniques, Grid Search for hyperparameter tuning, and cross-validation are applied. In the end the best performance is obtained by Extra Trees (without Hybrid Sampling) with Accuracy  $\approx 0.9442$ , Macro F1 Score  $\approx 0.9376$ , and ROC-AUC  $\approx 0.9867$ .

We decided, for improving explainability, to also keep Decision Tree (it proved better with Hybrid Sampling) which has Accuracy  $\approx 0.9153$ , Macro F1 Score  $\approx 0.9055$ , and ROC-AUC  $\approx 0.9773$ .

Due to the ambiguity of the high predictivity of three attributes (CDRSB, LDELTOTAL, mPACCdigit), I built two alternative models with the same pipeline as the main ones, but without those features.

The conclusions indicate strong predictive performance on the ADNIMERGE dataset but emphasize that potential sample bias and the absence of external validation limit clinical applicability. Additional patients to the dataset or through data integration with comparable datasets are required before any clinical use.

## 1 Introduction

Early and accurate diagnosis of **Alzheimer's disease** (AD) is a clinical and societal priority, enabling intervention before severe cognitive decline and supporting the timely planning of therapies, treatments, care strategies, and the evaluation of interventions aimed at slowing disease progression. However, the disease is complex and multifactorial: clinical signs, cognitive tests, cerebrospinal fluid (CSF) biomarkers, genetics (e.g. APOE4), and neuroimaging measures interact in a nontrivial way. For this reason, **Machine Learning** (ML) techniques are particularly well-suited: they can integrate multimodal information, model non-linear relationships, and identify combinations of features that improve the discrimination between **cognitively normal** (CN), **mild cognitive impairment** (MCI), and full-blown **Alzheimer's subjects** (AD).

A dataset widely used in the literature for these purposes is **ADNI**<sup>1</sup> (**Alzheimer's Disease Neuroimaging Initiative**), a multicenter longitudinal study that collects clinical, cognitive, genetic, CSF, and imaging data from USA and Canada. In this project, I

worked with the **ADNIMERGE.csv** tabular file, which is the merged version of the ADNI data and contains repeated visits over time, many clinical variables, biomarkers, and metadata. The notebooks show the entire process of building classification models and their employment.

In this project, baseline visits were selected (from 16,421 rows to 2,419 rows), extensive cleaning and imputation of missing features was performed, MRI volumes were normalized for ICV, and derived features (biological ratios and cognitive scores) were constructed. Outlier Detection with IQR Method was used to spot errors.

The modeling compared trees and ensembles, using hyperparameter optimization and sampling strategies. The **Extra Trees** (without hybrid sampling) model was chosen as **Model**. The **Adaptive Boosting** (without hybrid sampling) model, chosen as **AltModel**, maintained good performance even when excluding the dominant features.

Furthermore, **XAIModel** and **AltX-AIModel** represent the explainable Decision Trees for the dataset with and without the dominant features.

<sup>1</sup>The Alzheimer's Disease Neuroimaging Initiative is a longitudinal, multicenter, observational study involving over 60 clinical sites in the United States and Canada. Launched in 2004 by the National Institute on Aging (NIA) in collaboration with the pharmaceutical industry, the initiative aims to develop and validate biomarkers to improve the diagnosis and monitoring of Alzheimer's disease.

## 2 Dataset

**ADNIMERGE.csv** is the **ADNI** merged table used as the main input in the notebooks: the copy used by the project contains 16,421 rows (representing visits) and 116 columns before any cleaning and selection, and incorporates repeat visits for each subject (VISCODE, EXAMDATE), identifiers (RID, PTID), and both the initial screening diagnosis (DX.\_bl) and the more complete diagnosis assigned at the visit (DX).

The structure is mixed but rich: there are demographics (AGE, PTGENDER, PT-EDUCAT, PTETHCAT, PTRACCAT, PT-MARRY), genetics (APOE4), numerous cognitive and clinical scores (MMSE, CDRSB, ADAS11/13, LDELTOTAL, FAQ, MOCA, TRABSCOR, RAVLT..., mPACC...), CSF and PET biomarkers (ABETA, TAU, PTAU, FDG, also columns such as PIB and AV45), and MRI volumetric measures (Ventricles, Hippocampus, Entorhinal, Fusiform, MidTemp, WholeBrain, ICV). Some features are related to a single visit, while others are repeated but refer to measurements taken during the baseline visit and end with the suffix ”\_bl”.

*ADNIMERGE.csv*, however, is not simply a concatenation: many variables are derived from source files. For example, the variable Hippocampus is derived from the sum of the left/right components (ST29SV + ST88SV) taken from the original *FreeSurfer*<sup>2</sup> files.

## 3 Multiclass Problem

I have observed that the class distribution differs between DX.\_bl and DX

- **DX.\_bl** can be ”CN”, ”SMC”, ”EMCI”, ”LMCI”, and ”AD”. It indicates the screening diagnosis, i.e. the preliminary clinical judgment assigned during the first evaluation visit. It is a Screening diagnosis.
- **DX** can be ”CN”, ”MCI”, and ”Dementia”. It is instead the diagnosis assigned during the baseline visit (denoted

by *VISCODE* equal to ”bl”), after a more in-depth clinical evaluation.

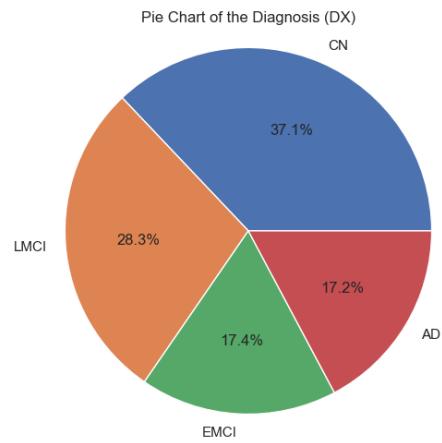
”AD” and ”Dementia” are the same thing despite the different names.

The acronym **SMC** refers to *Subjective Memory Concern*, i.e., cognitively normal (CN) subjects reporting perceived memory issues. Predicting a subjective perception from objective data is not meaningful. So I reassign it based on the value it has in DX.

Furthermore, I divided MCI into EMCI (Early MCI) and LMCI (Late MCI), assuming that DX.\_bl values accurately distinguish EMCI and LMCI when DX equals MCI. This is because the division into EMCI and LMCI reflects the degree of cognitive impairment and the risk of progression to dementia.

- **EMCI:** mild cognitive deficits, often detectable only with more sensitive tests. Lower or slower risk of progression to dementia.
- **LMCI:** more marked and evident impairment, greater impact on daily life. Higher risk of progression to Alzheimer’s or other dementias.

Therefore, I decided to keep them in the diagnostic prediction.



Ultimately, my target variable will be a modified version of the *DX* column, which can now take on four values: ”CN”, ”EMCI”, ”LMCI”, and ”AD.” This makes our problem a multiclass problem.

<sup>2</sup>FreeSurfer is an open-source software designed for the analysis and visualization of neuroimaging data, in particular structural (but also functional or diffusion) MRI scans, and provides a complete processing workflow.

## 4 Data Exploration

Explorations revealed that the dataset has 16,421 rows and 116 columns. However, these records represent the various visits, and I was only interested in the baseline ones. The dataset contains 2,419 useful patients (using "useful" means those who did not have a NULL baseline diagnosis) for the proposed problem.

Many columns contain significant percentages of missing cases. The diagnostic classes of the baseline sample are unbalanced, but not extremely unbalanced.

Demographic and risk analyses show bias in the ADNI sample. Ethnicity is heavily skewed toward white subjects, with high average levels of education, and many married individuals. There are more men than women, but overall the number is not disproportionate. All this, however, implies that models may perform worse on more heterogeneous clinical populations.

The *Data Exploration* was then divided into three parts:

1. the *preliminary data exploration* of the raw dataset;
2. the *data exploration* after splitting and preparing the actual learning set;
3. the *data exploration* after Preprocessing to select the classification models.

The *preliminary data exploration*'s descriptive summaries revealed extensive missing data, especially in key biomarker and imaging variables, prompting a structured missing-data plan. Review of baseline and visit fields confirmed usable *DX\_bl* labels and clarified visit patterns, motivating a restriction to baseline records for classification.

In the *data exploration*, the training set was inspected using a reduced set of clinically relevant variables and derived ratios. Summary statistics, boxplots, and correlation maps were used to assess distributions and multicollinearity. Clinical and biomarker distributions showed the expected disease gradient but with strong overlap, skewness, and outliers. Sex differences in MRI volumes confirmed the need for ICV normalization. Class counts showed *only mild imbalance* across CN, EMCI, LMCI, and AD.

After preprocessing on the training set, I performed a *new data exploration*. The final training file contained a compact multimodal set covering demographics, APOE4, cognition, Ecog, CSF ratios, and MRI/ICV ratios. Feature distributions were summarised using medians and IQRs. Outliers were assessed with **Local Outlier Factor** across clinical, CSF, MRI/ICV, and combined sets. Only a small number of high-anomaly cases emerged, many clinically plausible, supporting the use of models robust to skew and extreme values rather than broad exclusion.

## 5 Learning Set

The **preparation phase** focused on isolating a coherent baseline cohort, restructuring the heterogeneous *ADNIMERGE.csv* into an analyzable form, and enforcing clinically sound data standards. The raw dataset, originally **visit-centric** and affected by extensive missingness, redundant attributes, and inconsistencies across ADNI phases, was reduced to a strictly **baseline-oriented structure** in which each participant contributes a single, diagnostically reliable record.

A first objective was to ensure diagnostic consistency. Screening and baseline labels were reconciled to guarantee that each subject possesses a unique and clinically valid baseline diagnosis. This step was essential for framing the downstream problem as a cross-sectional classification task. Demographic attributes were then harmonized: ethnicity and race were merged into a compact demographic descriptor, marital status was simplified into an informative binary form, and sex was encoded to support normalization and group comparisons. These operations provided a unified representation while preserving clinically relevant distinctions.

Attributes with overwhelming missingness or with limited value for single-visit modelling were removed. The retained variables concentrated on demographics, genetic risk, cognition, CSF biomarkers, and structural MRI measurements. Biomarker fields containing detection-limit symbols were converted into usable quantitative values, ensuring numerical compatibility without distorting their clinical

meaning. Categorical labels exhibiting inconsistencies across ADNI phases were standardized to a homogeneous nomenclature.

A systematic assessment of numerical plausibility led to the identification of *outliers* that could not be justified clinically. Implausible values in cognitive tests and structural MRI volumes were marked for later imputation rather than corrected ad hoc, thereby avoiding data leakage.

After consolidation, the resulting dataset forms a compact learning set explicitly designed for multiclassification. The final structure is well aligned with the goals of diagnostic modelling: it is coherent, interpretable, statistically stable, and it supports principled pre-processing steps. At the end I used the **Hold-out Method** to split the data into 80% for the training set and 20% for the testing set.

## 6 Data Preprocessing

The Preprocessing phase reshaped the learning set into a modelling-ready multi-class table by applying structured imputation, biologically informed transformations, feature reduction, and controlled class balancing. The objective was to obtain a compact, coherent, and statistically stable representation suitable for diagnostic classification.

### 6.1 Cleaning and Imputation

Missingness was evaluated across modalities. Continuous and discrete gaps were imputed using a **KNN-based**<sup>3</sup> strategy that preserved local structure and maintained integer semantics where appropriate. This procedure ensured numerical coherence while avoiding distortions in clinically sensitive variables.

### 6.2 Transformations and Normalizations

Two families of transformations were central:

- CSF biomarkers were expressed as the ratios **TAU/ABETA** and **PTAU/A-BETA**, which were calculated to enhance biological interpretability and

provide more diagnostically meaningful measures than the raw values;

- Structural **MRI measures** were normalized by **intracranial volume (ICV)**, yielding relative regional volumes that are comparable across individuals and less affected by head-size confounds.

Furthermore, **demographic and categorical predictors** were encoded into low-cardinality representations to enhance interpretability and compatibility with tabular models.

### 6.3 Feature Reduction and Selection

Redundant or low-information variables were removed through a combination of statistical and conceptual criteria. Highly overlapping cognitive scales were consolidated: **ADAS11** and **ADASQ4** were discarded in favour of **ADAS13**, which subsumes their information almost entirely. **Global Ecog scores** were removed, while the domain-specific components were retained for their finer discriminative value. When two composite scores were strongly correlated, the version with greater mutual information regarding diagnosis was preferred. Demographic attributes with negligible variability were excluded to avoid noise and spurious effects.

### 6.4 Class Balancing

To address the residual **class imbalance**, a **hybrid sampling pipeline** was implemented. **Majority classes** were modestly **under-sampled** with **Random Undersampler**, while **minority classes** were synthetically **oversampled** using **SMOTENC**, which preserves mixed continuous–categorical structure. All diagnostic groups (**DX**) were brought to comparable sample sizes, producing a balanced dataset suitable for unbiased model comparison.

<sup>3</sup>K-Nearest Neighbors

## 6.5 Some Considerations

### 6.5.1 Correlation

The dataset contains groups of highly correlated variables (e.g., different neuropsychological scores, ECG components, and MRI volumetric measurements). Rather than eliminating them through aggressive reduction, I decided to retain them and rely on models that are intrinsically robust to correlation. This choice was motivated by two main reasons:

1. **Clinical interpretability:** Correlated variables can describe different facets of the same function or biomarker. Removing them would impoverish medical interpretation;
2. **Complementary predictive value:** Even correlated measures may contain specific variance useful for distinguishing clinical subgroups.

### 6.5.2 Normalization

During the data preprocessing process, no global normalization or standardization was applied to all variables.

This choice was driven by one reason: I wanted to **preserve the clinical interpretability**. Maintaining variables in their original units facilitates the medical interpretation of the results and comparability with clinical reference values. Normalization would have made it more difficult to attribute direct clinical significance to the transformed values.

### 6.5.3 Binning

Binning was not applied because it would have reduced the useful information and discriminatory power of continuous variables. The models used already capture nonlinearities and thresholds, so prior discretization is unnecessary and could introduce artifacts.

## 6.6 Final Dataset

The resulting dataset contains a focused and interpretable feature set spanning demographic characteristics, genetic risk, cognitive performance, functional assessments, CSF ratios, and ICV-normalized MRI measures. Its structure is explicitly tailored for multiclass diagnostic modelling, reducing redundancy while retaining clinically meaningful variability.

The preprocessing decisions emphasise interpretability, biological plausibility, robustness to noise, and balanced class representation. These principles ensure that the subsequent modelling pipeline operates on data that are both statistically reliable and clinically coherent.

Table 1: Description of the final dataset attributes

Attribute	Description	Category
DX	Clinical diagnosis at the time of visit: CN, EMCI, LMCI, AD	Diagnosis
AGE	Participant's age at time of visit	Demographics
PTGENDER	Participant's gender (Male/Female)	Demographics
PTEDUCAT	Years of formal education completed	Demographics
APOE4	Number of APOE $\varepsilon 4$ alleles (0, 1, or 2), a genetic risk factor for Alzheimer's	Demographics
MMSE	Mini-Mental State Examination score (0–30, higher = better)	Clinical Scores
CDRSB	Clinical Dementia Rating - Sum of Boxes (0–18, higher = worse)	Clinical Scores
ADAS13	ADAS-Cog 13-item total score (higher = worse)	Clinical Scores
LDELTOTAL	Logical Memory II delayed recall total score	Clinical Scores
FAQ	Functional Activities Questionnaire – functional impairment score	Clinical Scores
MOCA	Montreal Cognitive Assessment – global cognitive function (0–30)	Clinical Scores
TRABSCOR	Trail Making Test Part B – time in seconds (higher = worse)	Clinical Scores
RAVLT_immediate	RAVLT total immediate recall score (sum over 5 trials)	Clinical Scores
RAVLT_learning	Learning score (Trial 5 minus Trial 1 of RAVLT)	Clinical Scores
RAVLT_perc_forgetting	Percent forgetting from RAVLT (higher = worse)	Clinical Scores
mPACCdigit	Modified Preclinical Alzheimer's Cognitive Composite – Digit Symbol test	Composite Scores
EcogPtMem	Subject self-reported memory complaints (ECog)	ECogPT
EcogPtLang	Subject self-reported language difficulties (ECog)	ECogPT
EcogPtVisspat	Subject self-reported visuospatial difficulties (ECog)	ECogPT
EcogPtPlan	Subject self-reported planning difficulties (ECog)	ECogPT
EcogPtOrgan	Subject self-reported organizational issues (ECog)	ECogPT
EcogPtDivatt	Subject self-reported divided attention issues (ECog)	ECogPT
EcogSPMem	Informant-reported memory complaints (ECog)	ECogSP
EcogSPLang	Informant-reported language issues (ECog)	ECogSP
EcogSPVisspat	Informant-reported visuospatial issues (ECog)	ECogSP
EcogSPPlan	Informant-reported planning problems (ECog)	ECogSP
EcogSPOrgan	Informant-reported organization issues (ECog)	ECogSP
EcogSPDivatt	Informant-reported divided attention issues (ECog)	ECogSP
FDG	FDG PET SUVR – brain glucose metabolism	Biomarkers
TAU/ABETA	CSF tau protein/A $\beta$ 42 ratio	Biomarkers
PTAU/ABETA	CSF phosphorylated tau protein/A $\beta$ 42 ratio	Biomarkers
Hippocampus/ICV	Volume of hippocampus/Intracranial volume ratio from MRI	MRI
Entorhinal/ICV	Volume of the entorhinal cortex/Intracranial volume ratio from MRI	MRI
Fusiform/ICV	Fusiform gyrus volume/Intracranial volume ratio from MRI	MRI
MidTemp/ICV	Middle temporal gyrus volume/Intracranial volume ratio from MRI	MRI
Ventricles/ICV	Volume of ventricles/Intracranial volume ratio from MRI	MRI
WholeBrain/ICV	Whole brain volume/Intracranial volume ratio from MRI	MRI

## 7 Model Selection

The following classification algorithms were chosen:

1. **Decision Tree:** This model constructs a series of "if → then" rules (split on individual features) to separate classes using a binary tree. Each leaf of the tree corresponds to a prediction. It was chosen because it is immediately interpretable (*XAI*<sup>4</sup>);
2. **Random Forest:** Builds many different decision trees on subsamples of the data and averages their predictions. This reduces variance compared to a single tree and improves robustness to noise, outliers, and collinearity;
3. **Extra Trees**<sup>5</sup>: Similar to Random Forest but chooses more random splits, increasing diversity among trees and often reducing overfitting on noisy features. It was tested to compare with Random Forest and evaluate whether increased randomness improved generalization across the dataset;
4. **Adaptive Boosting:** A boosting algorithm (AdaBoost) that builds a strong classifier by combining many weak learners (decision trees). It iteratively reweights training samples, increasing the weight of those misclassified by previous learners so that subsequent models focus on harder examples. Each weak learner is also given a weight based on its accuracy, and the final prediction is a weighted vote (or sum) of all learners. It tends to reduce bias and can generalize well, though it may be sensitive to noisy data and outliers;
5. **Multinomial Logistic Regression:** A linear model that estimates the probabilities of membership in each class using a linear combination of features. It requires feature standardization to function properly, which was ensured with a Standard Scaler in the pipeline. It was

included as a simple and interpretable statistical baseline, useful for comparing whether the gain from complex models is consistent with a linear solution.

## 8 Hyperparameter Tuning

Each **classification algorithm** is embedded in a **pipeline** that handles **preprocessing**. We have created an additional pipeline with a **rebalancing strategy** combining **Random Under Sampler** for **majority classes** and **SMOTENC** for **minority ones**. Categorical indices for SMOTENC are explicitly computed relative to *PTGENDER* and *APOE4*.

To optimize the performance of the classifiers, the **hyperparameter tuning** is carried out through exhaustive **Grid Search** with **5-fold cross-validation**. The chosen metric is the **macro-averaged F1 score**, an appropriate criterion when class imbalance is present. *Macro F1* is a stable metric that directly exposes failures on minority classes while avoiding dominance by majority-class performance.

The **parameter grids** explore regularisation strength for logistic regression, depth and leaf-size constraints for tree-based models, and learning-rate and estimator settings for boosting. The grid search function returns, for each classifier, the optimal configuration and the corresponding cross-validated scores.

*Without sampling*, the preferred configurations include: entropy-based decision trees with pruning (`ccp_alpha = 0.005`), random forests with moderate depth (`max_depth = 6`) and a relatively small leaf size, and extra-trees models with unrestricted depth but non-trivial leaf constraints. Logistic regression settles on an  $\ell_1$  penalty with smaller  $C$  values, confirming the advantage of sparsity for this dataset.

When *sampling* is introduced, the resulting configurations remain close to the unsampled ones, showing robustness of the underlying modelling assumptions. Random forests and extra-trees select nearly identical depths and feature constraints, whereas logistic regression increases  $C$  slightly to account for the

<sup>4</sup>Explainable Artificial Intelligence

<sup>5</sup>Extremely Randomized Trees

modified class distribution.

At the end of the Grid Search, the optimal parameters found for each model were used to instantiate the "final" versions of the classifiers and produce subsequent evaluations.

## 9 Classification

### 9.1 Building Models

From the **Grid Search** the saved best estimators were evaluated with repeated stratified cross-validation and aggregated metrics (confusion matrices, per-class scores, macro F1, accuracy, ROC-AUC). Cross-validated rankings place ensemble methods at the top: adaptive boosting achieved the highest macro F1 ( $\approx 0.9118$ ), followed closely by random forest ( $\approx 0.9105$ ) and extra trees ( $\approx 0.9083$ ).

Pairwise comparisons using the **Wilcoxon signed-rank test** on **outer-fold  $F1_{macro}$**  show that many comparisons involving **Multinomial Logistic Regression** versus ensemble methods yield highly significant p-values ( $p \approx 5.96 \times 10^{-8}$  in the table), indicating consistent CV superiority of the ensembles over logistic regression. **By contrast, many ensemble–ensemble comparisons do not reach statistical significance** ( $p \geq 0.05$ ), so those classifiers cannot be reliably distinguished on the CV folds alone.

Importantly, where the Wilcoxon test does indicate significance, the observed macro-F1 differences are very small. Thus the results point to negligible practical effect sizes despite statistical significance in some pairs. Consequently, cross-validation ranking alone is insufficient to declare a single "best" model. **An unbiased final choice should be made and reported on an independent hold-out testing set.**

### 9.2 Explainability

SHAP<sup>6</sup> summary plots were generated for each model.

**CDRSB, LDELTOTAL, and mPAC-Cdigit dominate the feature explanations.** SHAP plots reveal these variables as

the most important in absolute terms, far above other features. The plots also show that the direction of effect is consistent: worse values for these scores bias predictions toward more severe classes, whereas higher LDELTOTAL and mPACCdigit push predictions toward cognitively normal status.

SHAP point-clouds demonstrate consistent sign and concentration across ensemble and tree models, producing clear decision rules in unambiguous cases but fragility when these variables are missing, noisy, or cohort-specific.

Sampling distributes importance to secondary predictors (e.g., hippocampus/ICV ratios and Ecog measures), generating deeper trees with lower node purity, which tend to generalize better under class-balancing interventions.

Decision tree diagrams and exported rule files show that class separation typically relies on thresholds of a few key features (often one of the three clinical scores, or combinations of biomarkers and cognitive tests). The resulting rules are easily interpretable and suitable for communicating "if → then" statements to clinical staff.

### 9.3 Results

Models were evaluated on the training set, 5-fold CV, and the testing set. The final evaluation focused primarily on explainability and test set results, including: *F1 Score (macro)*, *Accuracy*, *Balanced Accuracy*, *Precision (weighted)*, *Recall (weighted)*, *F1 Score (weighted)*, and *ROC AUC (macro)*. Evaluation plots and confusion matrices are included in the following section (*Tables and Images*) alongside evaluation tables for the test set.

An Extra Trees classifier trained without hybrid sampling (`Extra_Trees`) achieved the best test performance: a **macro F1 ≈ 0.9376**, **accuracy ≈ 0.9442**, and **ROC AUC ≈ 0.9867**.

As a complementary explainable model (`XAIModel`), a decision tree trained with sampling (`Decision_Tree_Sampled`) was selected for improved generalization and concise rule-based outputs. Both primary and XAI models,

<sup>6</sup>SHapley Additive exPlanations: A Python library for the explainability of Machine Learning models

including exported rules and tree diagrams, are available in the results directory.

#### 9.4 The Problem with CDRSB, LDELTOTAL, and mPACCdigit

As shown in the explainability section, the cognitive scores *CDRSB*<sup>7</sup>, *LDELTOTAL*<sup>8</sup>, and *mPACCdigit*<sup>9</sup> exhibit exceptionally high predictive power.

While this improves model accuracy, it raises a concern of feature dominance: **a small number of features may disproportionately drive predictions, while many others contribute minimally**, potentially leading to local overfitting. Models may appear highly effective on the ADNI dataset but lose performance on more heterogeneous populations or external data.

**However, these three features may genuinely be strong predictors of Alzheimer’s diagnosis.** The issue may reflect dataset bias rather than a flaw in the cognitive measures themselves.

To test this, classifiers were retrained with leakage-free preprocessing and CV, omitting CDRSB, LDELTOTAL, and mPACCdigit. Both unsampled and hybrid-sampled variants were evaluated via exhaustive grid search. The removal reduced discriminative power but retained sufficient signal for meaningful model comparison.

Feature-attribution analyses (permutation importance and SHAP) showed a reconfiguration of the predictive hierarchy: ADAS13, MMSE, FAQ, and RAVLT scores became leading predictors, while structural MRI ratios (Hippocampus/ICV, Entorhinal/ICV, Fusiform/ICV, Ventricles/ICV), CSF ratios (TAU/A-BETA, PTAU/ABETA), and FDG PET measures assumed secondary roles. Sampling mitigated single-feature dominance and produced deeper, lower-purity trees, enhancing interpretability of non-dominant signals but reducing overall predictive ceiling.

Performance metrics reflect the expected drop: the best alternative model was an

Adaptive Boosting ensemble (macro F1  $\approx$  0.7303, accuracy  $\approx$  0.7459, macro ROC AUC  $\approx$  0.9037). Pairwise Wilcoxon tests showed few significant differences, and effect sizes were small, highlighting that statistical significance does not always indicate practical superiority.

- The system remains usable without the dominant cognitive measures if remaining cognitive and functional assessments are reliably collected.
- Ensemble models continue to offer the best discrimination, while sampled shallow trees provide a defensible, interpretable fallback.

#### 9.5 Final Decision

*Extra\_Trees* (trained without hybrid sampling) was chosen as the main model, and *Decision\_Tree\_Sampled* (trained with sampling) as the XAI reference. This selection is based on superior test metrics, balancing class sensitivity.

**Model.pkl and XAIModel.pkl correspond to Extra\_Trees and Decision\_Tree\_Sampled, respectively.**

For the dataset excluding the three cognitive scores, the best-performing model was *Adaptive\_Boosting* (unsampled), with *Decision\_Tree* as the XAI reference.

**AltModel.pkl and AltXAIModel.pkl correspond to Adaptive\_Boosting and Decision\_Tree in the alternative folder.**

#### 9.6 Comparison with the State of the Art

The ADNIMERGE.csv file is widely used in the scientific literature, with hundreds of studies explicitly citing it as the source of ADNI tabular data. Despite this, I have not come across many studies that have formulated the problem as a multiclass classification with the four labels CN, EMCI, LMCI, and AD. Most machine learning models proposed in the literature focus on binary tasks, such as CN vs. AD, CN vs. MCI, or MCI vs. AD. However, it is still possible to propose a comparison with

<sup>7</sup>Clinical Dementia Rating - Sum of Boxes

<sup>8</sup>Logical Memory II delayed recall total score

<sup>9</sup>Modified Preclinical Alzheimer’s Cognitive Composite – Digit Symbol test

the state of the art starting from these experimental settings.

Our results in short:

Model Name	F1 Score (macro)	Accuracy	ROC AUC (macro)
Model	0.9376	0.9442	0.9867
XAIModel	0.9131	0.9236	0.9804
AltModel	0.7303	0.7459	0.9037
AltXAIModel	0.6602	0.6632	0.8467

- [Kauppi et al. \(medRxiv, 2020\)](#): Deep-learning risk-scoring pipeline using selected neurocognitive tests, achieving multiclass  $AUC \approx 0.984$ .
- [Alatrany et al. \(Scientific Reports, 2024\)](#): Multimodal, explainability-oriented approach on NACC. SVM reaches multiclass  $F1 \approx 90.7\%$ . **Note that the data source (NACC vs. ADNI) and feature set are not directly comparable.**
- [Cuingnet et al. \(NeuroImage, 2010\)](#): Historical ADNI benchmark (MRI-based). Multiclass performance typically 70–90% accuracy, lower than binary tasks.

**Model** is competitive with these works, **AltModel** favors robustness over dominant features, and **XAIModels** illustrate the trade-off between interpretability and accuracy. **Model** cannot be claimed superior without identical splits/preprocessing or formal statistical tests.

## 9.7 Tables and Images

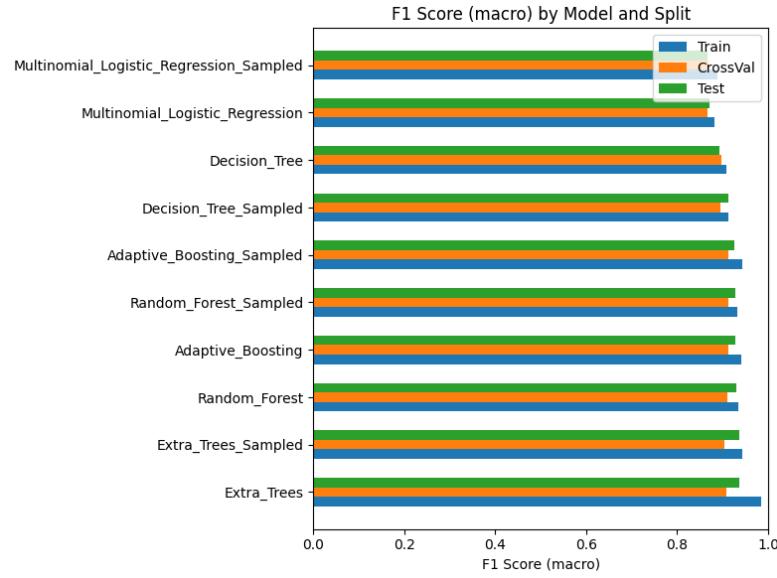


Figure 1: Evaluation of F1 Macro Scores with CDRSB, LDELTOTAL, and mPACCdigit (from folder results/all\_models)

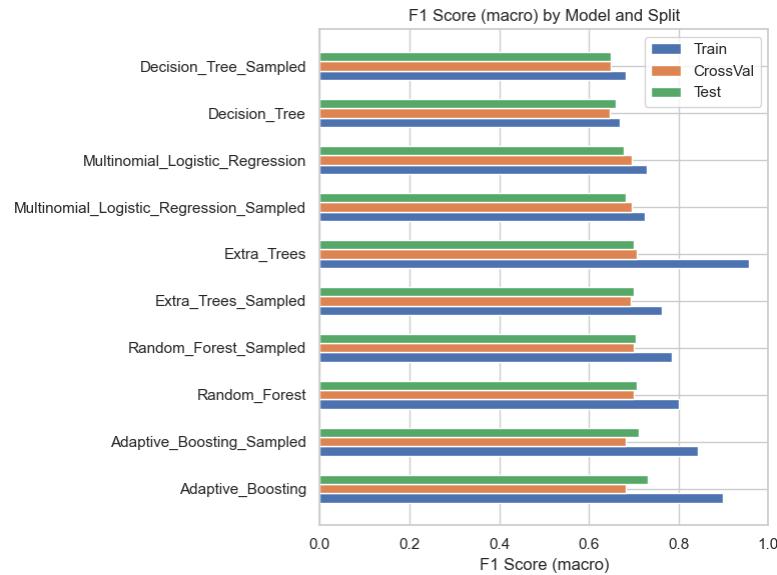


Figure 2: Evaluation of F1 Macro Scores without CDRSB, LDELTOTAL, and mPACCdigit (from folder results/all\_models/alternative)



Figure 3: Confusion Matrix with CDRSB, LDELTOTAL, and mPACCdigit (from folder results/all\_models)

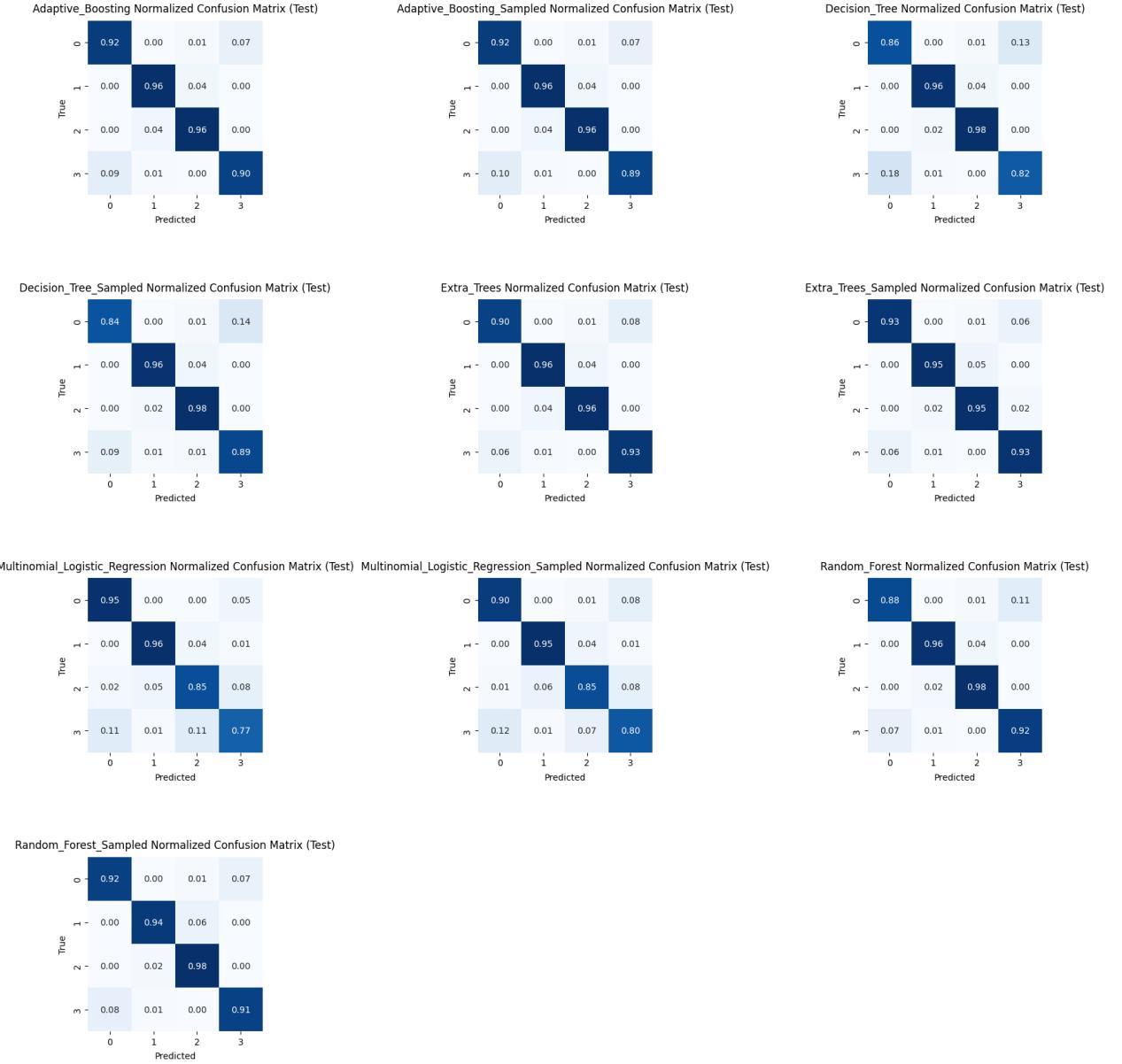


Figure 4: Normalized Confusion Matrix with CDRSB, LDELTOTAL, and mPACCdigit (from folder results/all\_models)

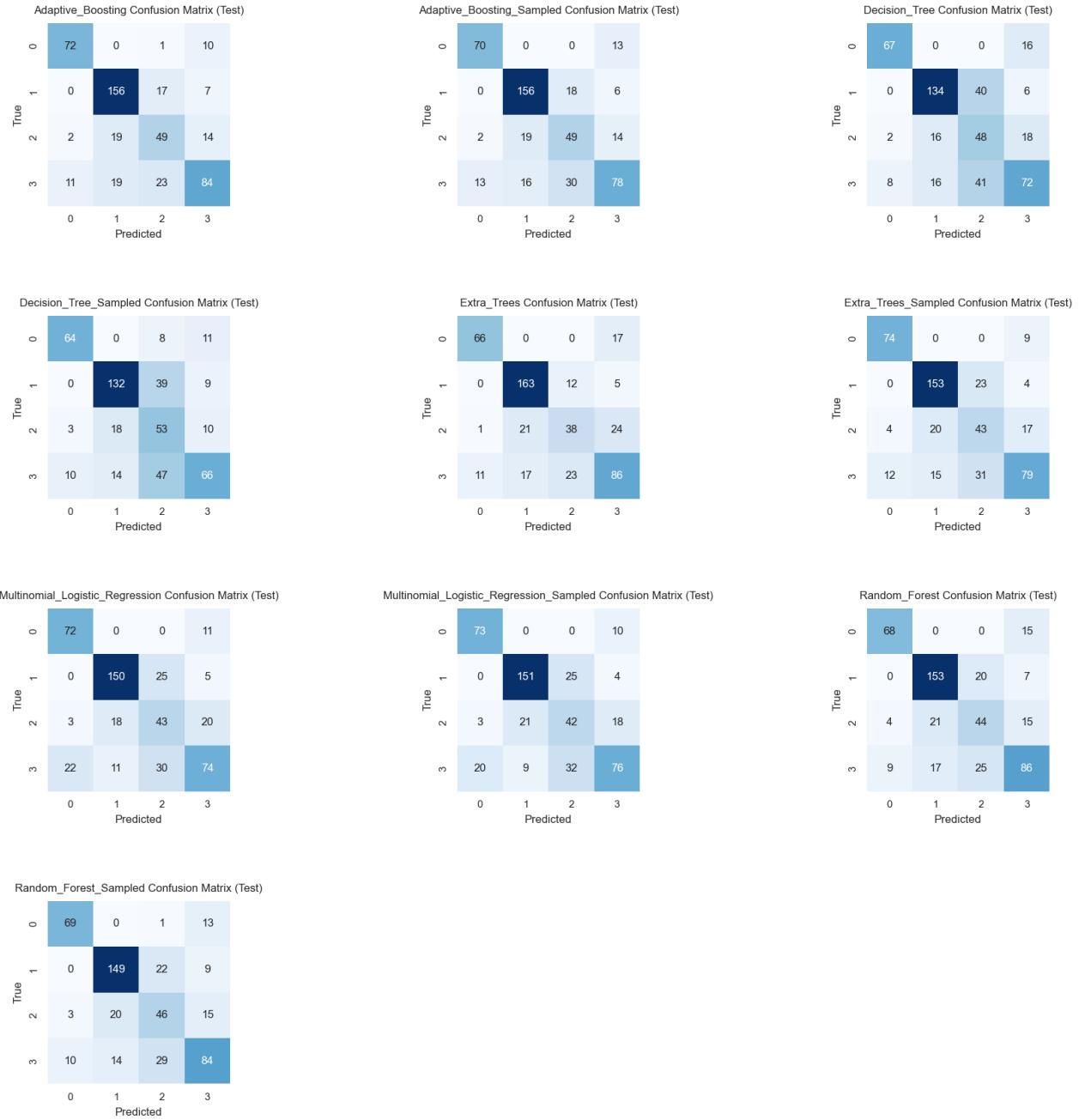


Figure 5: Confusion Matrix without CDRSB, LDELTOTAL, and mPACCdigit (from folder results/all\_models/alternative)



Figure 6: Normalized Confusion Matrix without CDRSB, LDELTOTAL, and mPACCdigit (from folder results/all\_models/alternative)

*M\_L\_R* stands for *Multinomial\_Logistic\_Regression*.

Table 2: With CDRSB, LDELTOTAL, and mPACCdigit (from folder results/all\_models)

Model	F1 Score (macro)	Accuracy	Balanced Accuracy	Precision (w)	Recall (w)	F1 Score (w)	ROC AUC
Extra_Trees	0.9376	0.9442	0.9408	0.9448	0.9442	0.9443	0.9867
Extra_Trees_Sampled	0.9359	0.9421	0.9411	0.9435	0.9421	0.9425	0.9890
Random_Forest	0.9301	0.9380	0.9341	0.9387	0.9380	0.9381	0.9886
Adaptive_Boosting	0.9285	0.9360	0.9347	0.9378	0.9360	0.9363	0.9878
Random_Forest_Sampled	0.9271	0.9339	0.9358	0.9367	0.9339	0.9344	0.9863
Adaptive_Boosting_Sampled	0.9262	0.9339	0.9329	0.9361	0.9339	0.9343	0.9890
Decision_Tree_Sampled	0.9131	0.9236	0.9178	0.9244	0.9236	0.9235	0.9804
Decision_Tree	0.8934	0.9050	0.9026	0.9096	0.9050	0.9057	0.9824
M_L_R	0.8700	0.8843	0.8816	0.8893	0.8843	0.8843	0.9825
M_L_R_Sampled	0.8677	0.8822	0.8754	0.8851	0.8822	0.8826	0.9827

Table 3: Without CDRSB, LDELTOTAL, and mPACCdigit (from folder results/all\_models/alternative)

Model	F1 Score (macro)	Accuracy	Balanced Accuracy	Precision (w)	Recall (w)	F1 Score (w)	ROC AUC
Adaptive_Boosting	0.7303	0.7459	0.7327	0.7456	0.7459	0.7437	0.9037
Adaptive_Boosting_Sampled	0.7112	0.7293	0.7157	0.7316	0.7293	0.7277	0.9001
Random_Forest	0.7061	0.7252	0.7052	0.7256	0.7252	0.7245	0.9022
Random_Forest_Sampled	0.7035	0.7190	0.7050	0.7251	0.7190	0.7208	0.9041
Extra_Trees_Sampled	0.7011	0.7211	0.7075	0.7258	0.7211	0.7202	0.9003
Extra_Trees	0.6998	0.7293	0.6952	0.7215	0.7293	0.7238	0.9105
M_L_R_Sampled	0.6829	0.7066	0.6933	0.7135	0.7066	0.7063	0.8921
M_L_R	0.6768	0.7004	0.6882	0.7055	0.7004	0.6996	0.8952
Decision_Tree	0.6603	0.6632	0.6622	0.6960	0.6632	0.6736	0.8467
Decision_Tree_Sampled	0.6482	0.6508	0.6543	0.6990	0.6508	0.6626	0.8445

## 10 Conclusions

### 10.1 Real World Applications

A CogniPredictAD application (in `app.py`) has been developed with `customtkinter` that allows you to select one of four previously saved models (**Model.pkl**, **XAIModel.pkl**, **AltModel.pkl**, and **AltXAIModel.pkl**), manually enter a set of clinical and cognitive measures, obtain a diagnostic prediction (labels CN, EMCI, LMCI, and AD), and display it. The user can confirm or dispute the diagnosis: both actions add a line to the data/NEWADNIMERGE.csv file (creating a folder/file if necessary), while an “Undo Last” command cancels the last saved entry. This application can be used by clinicians to collect data, evaluate prediction models, and ultimately help establish a diagnosis.

### 10.2 Final Considerations

One of the main limitations of the dataset is that, after filtering for baseline visits with non-zero diagnoses, only 2,419 patients remain, a size that limits the ability to generalize the results to external populations. While these metrics showed very high performance on the test set (for **Model.pkl**: Accuracy = 0.9442, F1 macro = 0.9376, ROC AUC (macro) = 0.9867), these metrics should be interpreted with caution.

Furthermore, three cognitive scores (CDRSB, LDELTOTAL, and mPACCdigit) provide a very strong diagnostic signal in this dataset: their presence largely explains the high effectiveness of **Model.pkl** (Extra Trees), while their removal leads to significantly lower metrics and a different distribution of important features, with AdaBoost proving to be the best classifier in the pipeline without these variables. For these reasons, interpretable models (XAIModel and AltXAIModel) and an alternative pipeline (AltModel and AltXAIModel) that exclude the three scores were developed to assess the robustness and clinical plausibility of the predictions.

Many columns have missing values, and the missingness pattern is often not *MCAR*<sup>10</sup>. In fact, CSF and PET values are more often missing in healthy subjects or at certain visits. For example, *ABETA*, *TAU*, and *PTAU* have many missing values and are not so irrelevant in the diagnosis of Alzheimer’s disease. This forces us to impute *NULL* values and potentially increases noise in the dataset.

Despite size limitations, reliance on a few highly predictive cognitive scores, and the large amount of *NULL* values, the study retains methodological value and potential for application. The models can be useful as support tools (for example, risk stratification, imputation of missing diagnoses, or prioritized screening), not as a substitute for clinical assessment. Their use must be subject to external validation, calibration of the operating thresholds and post-deploy monitoring.

### 10.3 Improvements for Future Works

To improve the study, increasing the size and variability of the data is a priority: integrating future ADNI4<sup>11</sup> entries into ADNIMERGE and, if possible, compatible external cohorts would increase statistical power and generalizability.

In this context, we could also introduce a new feature that identifies patients based on their geographic area of origin. Since ADNI participants are from the United States and Canada, their area would be classified as North America. If, for example, we were able to integrate a European dataset compatible with ADNI for predicting Alzheimer’s disease, we could analyze whether geographic area affects the likelihood of developing the disease. This approach could open the way to new and interesting lines of research.

It is also essential to harmonize the variables (mapping and units for imaging) and enrich the database with complementary modalities (genetics, PET, blood biomarkers) and longitudinal information, thus reducing reliance on a few cognitive scores.

<sup>10</sup>Missing Completely At Random

<sup>11</sup>ADNI4 is the most recent phase of the ADNI study and was initiated in 2022. Previous phases were ADNI1 (2004–2009), ADNIGO (2009–2010), ADNI2 (2011–2016), and ADNI3 (2016–2022).

Additionally, implementing a **Neural-Network pipeline** would provide a valuable benchmark against the traditional algorithms used here. A practical approach is to start with a fully connected network for tabular inputs (standardized features, embedding layers for categoricals, dropout and batch-normalization) and to extend to modality-specific architectures where appropriate (CNN backbones for imaging, LSTM/GRU or Transformer encoders for longitudinal series) with a late fusion layer for multimodal integration. Train with class-weighted loss or focal loss and balanced/stratified minibatches to address label imbalance, use nested cross-validation, early stopping and learning-rate schedulers for robust model selection, and apply calibration (e.g. temperature scaling) before clinical use.

*However, CogniPredictAD is already a good support tool for doctors in helping with the diagnosis of Alzheimer's.*