

COURSE CERTIFICATE

May 15, 2021

Adithya Hrishikesh

has successfully completed

Foundations of Mindfulness

an online non-credit course authorized by Rice University and offered through Coursera



Uppet Store

Dr. Elizabeth Slator Associate Director, Gibbs Recreation and Wellness Department Director and Lecturer, Lifetime Physical Activity Program

Verify at coursera.org/verify/MYCASYJB3JV8

Coursera has confirmed the identity of this individual and their participation in the course.